The GayZette



Published by the Rainbow Outreach Metro Omaha GLBT Community Center

Minnesota Gov. Signs Marriage Equality Into Law

By Sunnivie Brydum

On the front steps of the state capitol in St. Paul, Minnesota governor Mark Dayton signed a marriage equality bill into law Tuesday at 5 p.m. Central time, just one day after the state House approved the legislation with one Republican joining the entire Democratic caucus in supporting the bill.



When same-sex couples in Minnesota begin marrying August 1, Minnesota will officially become the 12th state — in addition to Washington, D.C. — in the U.S. to enact marriage equality. With the governor's signature, Minnesota also becomes the first Midwestern state to legalize same-sex marriage through the legislature, since marriage equality came to Iowa as the result of a unanimous ruling by the state Supreme Court in 2009.

The Minnesota House of Representatives approved House File 1054, the marriage equality bill, by a bipartisan vote of 75-59 last Thursday. Four House Republicans joined Democrats voting in favor of the bill.

In November 2012, Minnesota voters rejected a proposed state constitutional amendment that would have banned marriage for same-sex couples, only the second time an electorate had rejected such an antigay proposal.

Gallup: Support for Same-Sex Marriage Not Faltering

By Neal Broverman

For the third consecutive time, a public opinion poll by Gallup found support for same-sex marriage over the 50% threshold.

The latest study, conducted in the first week of May, found that 53% of 1,535 respondents believe same-sex marriage should be legal nationwide, with 45% stating the opposite. Those numbers tied Gallup's poll in May 2011, while a poll in November 2012 found 50% supported marriage equality and 48% reported opposition. The question asked of respondents was, "Do you think marriages between same-sex couples should or should not be recognized by the law as valid, with the same rights as traditional marriages?"

Lawsuit Filed Over Unnecessary Surgery on Intersex Baby

By Michelle Garcia

A South Carolina hospital is being sued for performing an irreversible and medically unnecessary surgery on a baby, reportedly aiming to change the child's intersex genitalia, the child's attorneys claim.

The 16-month-old child, identified as M.C., was born with an intersex condition, where the child's reproductive or sexual anatomy does not fit typical male or female classification. Most children with these conditions eventually develop as male or female, but M.C.'s phallus was removed in an attempt to make the child a girl, according to the Southern Poverty Law Center and Advocates for Informed Choice.

M.C., now age 8, has shown signs of developing a male gender and identifies as a boy.

The SPLC, Advocates for Informed Choice, and pro bono counsel for the private law firms of Janet, Jenner & Suggs and Steptoe & Johnson LLP filed a lawsuit Tuesday on the child's behalf against the South Carolina Department of Social Services, Greenville Hospital System, Medical University of South Caro-

(Continued on page 13)

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Deadlines: Tuesday, May 28th for Publication May 31st Tuesday, June 11th for Publication June

Center Movie Night

Come visit the Rainbow Outreach Center for a fun evening of entertainment, conversation, snacks and beverages. Movie begins every Friday night starting at 8pm. We have a large collection of gay themed movies. Center opens at 6 PM and closes at 11 PM every Friday. 3620 Leavenworth St. Off street parking. Look for the Rainbow signs above the Windows.













Email it to us: gayzette@cox.net



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Monthly Meetings: Second Thursday 6:30 P.M.
Countryside Community Church
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Web Site: www.pflag-omaha.org

P.O. Box 390064 Omaha, NE 68139-0064 HELPLINE (402) 291-6781



Second Saturday Social at Six

Rainbow Outreach



GLBT Resource Center

Potluck-Games-Movies

3620 Leavenworth info@inclusivelife.org

Life Beyond Therapy

By Michael Kimmel

Too Much Texting; Not Enough Love

As a psychotherapist, I've been noticing more-and-more relationships end by texting. In all too many situations, texting is winning out over love.



It's not hard to see the appeal of texting. In an effort not to feel lonely, we text, email or call on our smartphones (or have Siri do it for us). We have access to amazing amounts of information, and this is a good thing.

But knowledge is not happiness, and texting is not love; indeed, for some of us, it's a poor substitute for love.

How else does texting mess us up? When we send angry or hurtful texts, we're taking the coward's way out: we don't have to be there with the person to deliver our bad news. We can send it and not deal with the consequences...until they text us back.

With less face-to-face contact and more texting/emailing, I wonder if we're losing the ability to cultivate high-quality loving relationships, with others and with ourselves.

In the BSE (Before Smartphone Era), we had to learn how to talk with people, face-to-face. We also had to learn skills like: how to be alone; how to talk to ourselves when things went wrong, how to comfort ourselves when we were scared. These were valuable skills, albeit difficult to acquire.

Now, it's so easy to whip out our phone and text/call/email someone if we're bored or alone. Some of us get anxious if we don't have our phones with us at all times. A client told me, "Take my phone away and I'd die." On some level, a lot of us feel that way. We are so used to having information and people at our fingertips.

But what about love? Smartphones are good at helping us hook up, but not very helpful with learning and mastering difficult emotions. Love, you may be shocked to know, has to happen in person. You need to see your lover, touch him, hear her voice, notice how his eyes look away or how her lips begin to tremble during a heavy conversation.

Love is more than words: it is seeing your lover's face, hearing her voice, touching him. The less face-to-face a communication is, the more it loses its power. If you want loving relationships: face-to-face communication is the best. Over the phone is #2. An email is a distant #3, and texting is #4.

I'm not saying that texting doesn't have its value. For short, quick communications, it's fine. But, when you have something important to say, say it in person. I know it's harder to talk

about difficult things in person, but this is about being a grownup, not an 8th grader who breaks up with someone in a text message.

People continually tell me that they feel lonely, unloved and disconnected from friends and possible lovers. Anxiety and panic attacks are on-the-rise nationally, if not internationally.

There are plenty of studies in psychological journals decrying texting as the end of intimacy. Let's not get crazy about this. Every time a new technology appears, some PhD. Candidate in psychology uses it as an excuse to say we're all becoming more alienated from each other.

Technology isn't the enemy. Technology is neutral; it's a tool. Our SmartPhones can be wonderful, but if we're using them to avoid intimacy and become more isolated, let's admit that. If we're using them to let those that we love know that we're thinking of them throughout the day, let's be clear on that.

I encourage you to see what mode of communication works best for you in specific situations. If you want love: the more personally you can communicate, the better. If you're just up for a quick, "Hey, thinking of U." then a text is fine.

We are living in an age of rapidly changing technology; let's use texting, emails, Skypeing, Smartphones and whatever else is out there for our benefit. We can use technology to bring more love into our lives or to become more isolated, the choice is ours. Let's make it consciously.

GLBTA Youth event — and it's FREE!!!

River City Mixed Chorus is Omaha's GLBTA Chorus! We are a chorus of all shapes, sizes, genders, identities and personalities brought together by the uniting force of music. As one of the longest running and most respected GLBTA Mixed choruses in the country, RCMC performs locally, regionally, and nationally. Please feel free to check out our webpage or Facebook pages!

The River City Mixed Chorus is sponsoring a FREE Youth Night during the final dress rehearsal for our summer concert Not the Same Old Song and Dance on Thursday, June 6th at 6:30 p.m. at UNO's Strauss Performing Arts Center. All youth 23 and under* are invited to attend. *One adult, when accompanying youth under 18, is also welcome to attend (tickets usually cost \$15 for students and \$20 for adults, so this is a big savings!)

Please share this information with students who may be interested.

(Continued on next page)

Finally, we will have a resource table set up in the lobby for GLBTA groups to distribute information to youth in the area about potential resources in the community. If your group would like us to set out brochures, flyers, or information for students, please email Laura Finken with details.

Thank you very much for helping us spread the word about the FREE Youth Night - we would love for this to become a tradition for RCMC!

Omaha's First Miss Smokeless Diva - Miss Tygra Slaríí

Tobacco is dangerous. Yes we know, and? There are those who don't know how dangerous tobacco really is and that it not only affects the person who smokes, but those around them. In addition, many non-smokers don't understand the power of addiction and how difficult it really is to quit once you start.

The Metro Omaha tobacco Action Coalition (MOTAC) was formed in 1992 to strengthen tobacco control and prevention efforts in Douglas County and was essential in making both Omaha and the state of Nebraska's Clean Indoor Air Act a reality. In an effort to continue making all environments safer, increase awareness on tobacco dangers, and develop capacity within our communities to fight tobacco, MOTAC is doing all it can to change the norm of tobacco usage. As a member of MOTAC, UNMC Center for Reducing Health Disparities (UNMC CRHD) and Latinas, Tabaco, y Cáncer (LTC) reached out to Flixx Show Lounge in hopes to work on a pageant that would encapsulate beauty while promoting tobacco-free lifestyles. And that was the birth of the first tobacco awareness pageant named "Smokeless Diva Pageant: Taking the Diva out of Smoke."

Latinas, Tabaco y Cáncer is an educational group comprised of Latina women that focus on increasing awareness about tobacco dangers, exposure to secondhand smoke, and cancer related issues. Out of this group an LGBT subgroup was formed to focus on LGBT tobacco prevention efforts. These handful of women want to create change and understand the fact that LGBT individuals are as much a part of our overall community as anyone else, but that their smoking rates are more than double. A serious outreach effort needed to be made. What better way to inform people about the dangers of tobacco use than an animated and creative pageant? In order to afford an appealing prize for the winner, the LTC LGBT subgroup held a tamale sale where they sold close to 35 dozen tamales. And so, our Diva took home a sash and crown, roses, and a cash price of \$150. Although these are humble beginnings for a pageant, it brought forth a most stunning contestant and now winner, Tygra Slaríí.

Everyone involved in the planning of the pageant could not imagine what type of Diva this pageant would bring and how comfortable she would be in talking about tobacco when smoking is so ingrained into the LGBT community, but we were pleasantly surprised when Tygra took to the stage. There were four categories within the pageant, two of which are not necessarily often done, an interview and a creative costume wear. During the creative costume, contestants were asked to design

an outfit that reflected the insides of a smoker. Tygra appeared in a beautifully fitted wedding dress, and on her hands she held a bouquet. Some people were a bit confused and frankly did not understand her outfit, but then she blew into her bouquet and a bunch of material floated in the air which appeared like smoke. Tygra made an elegant turn and there it was...the back of the dress was black and tarred with cigarette boxes attached to it. The dress was backless, where black lungs were drawn on and patched with white tape to resemble sick lungs. What creativity! We thought that the highlight of the night, that is until she spoke to the audience during the interview. When asked why she was competing, Tygra revealed that she desired the title of 'Smokeless Diva' because she wanted to make a difference for people in her community; she did not want others to suffer the fate of her father who had died of lung cancer a few years prior. With the support of her family, Tygra had entered the drag queen world and has a great appreciation of them; she wants to do her part to bring awareness to the community on the silent killer that took one of her champions.

The night was filled with laughter, witty banter from the Emcees, and wonderful performers and rock star drag queens. Most of all it was full of useful information regarding tobacco. Miss Smokeless Diva accepted her title with such elegance and glamour and will soon be celebrating her victory show June 1, 2013 at Flixx Lounge at 10pm. During her victory show, Tygra and other performers will be choosing a substance that is commonly abused and promoting its dangers through the depiction of an outfit and talent; of course Miss Smokeless Diva will be sticking to tobacco awareness. If you would like to support this show and other projects/events like it, please visit https://www.facebook.com/Motac

HERE WE GROW AGAIN

By Chaplain Royal, Inclusive Life

Inclusive Life. What is it? Incorporated in 2010, it is an independent, multi faith based-religious organization in the State of Nebraska. We are a "church" without a congregation, offering care and service to all without exception; both non-denominational and non-religious.

Inclusive Life has ordained 4 clergy: two in Omaha, one in Lincoln and one in Arizona. Since we don't have members who contribute as a "traditional" congregation does, we depend on donations, corporate contributions and the revenue from the services we provide; weddings (kiss and go's, elopements, vow renewals, chapel weddings, same sex weddings, and full-custom ceremonies), premarital, relationship, and grief coaching, End of Life (funerals, memorials, life celebrations, documenting end of life decisions and plans), Pastoral Care (Baptisms, Blessings, Dedications, Hospital Visits, Naming Ceremonies.)

Inclusive Life is now a Young Living Distributor. Essential Oils offer a safe, organic, and now Kosher alternative to traditional therapies, products, and cleaners you have used that may contain harmful chemicals.

And we are adding Classes (meditation, aromatherapy, essential oils, and relationship), and Retail Sales (Essential Oils, Aromatherapy products, and some wedding ceremony items (sand for sand ceremonies, cake knives, and ring pillows.)

(Continued from page 8)

We are pleased to offer meeting space for most non-profit groups. Sharing resources with the Rainbow Outreach Center allows us to continue our important work of being a good steward of our resources.

NEW: SSSS (Second Saturday Socials at Six!!!) Potluck meal, games, a movie and time to socialize with your friends. Join us each month at the Rainbow Outreach Center on the Second Saturday, for a Social at Six.

Please visit our many resources (Community resources, blog, wedding, grief, and many others) at inclusivelife.org

NAP NEWS

Because NAP has been around for a long time everyone knows NAP tests for HIV as well as offers a urine screening with treatment for Chlamydia and Gonorrhea if needed. Everyone also knows that we continue to educate the community, link people that are HIV+ to medical care, and provide case management services when needed. Let's look at how we go about doing all of the above in a little more detail, a sort of a behind the scenes on why we do what we do.

In the March 2011 edition of the journal Clinical Infection Diseases Dr. Edward Gardner and colleagues provided a simple model of why services like ours continue to exist as found in the Treatment Cascade. As previously stated in a recent submission, this model gained quick attention regarding how people who were HIV+ were falling out of care along several steps of care, starting at testing and cascading through the steps of treatment all the way through to adherence with sustainable undetectable viral loads.

In the July 19, 2012 blog.AIDS.gov article by Dr. Ronald Valdiserri, he provides the following information to capture the Treatment Cascade:

For every 100 individuals living with HIV in the United States, it is estimated that:

- 80 are aware of their HIV status.
- 62 have been linked to HIV care.
 - 41 stay in HIV care.
- 36 get antiretroviral therapy (ART).
- 28 are able to adhere to their treatment and sustain undetectable viral loads.

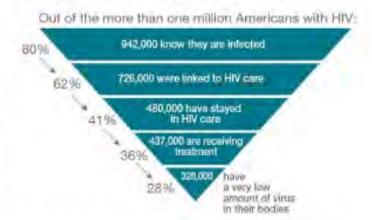
In short, CDC estimated that only 28 percent of the more than 1 million individuals in the U.S. who are living with HIV/AIDS are getting the full benefits of the treatment they need to manage their disease and keep the virus under control. Put another way, nearly 3 out of 4 people living with HIV in the U.S. have failed to successfully navigate the treatment cascade.

Since a picture "is worth a thousand words," consider this representation from a new CDC fact sheet on Today's HIV Epidemic in the U.S.:

NAP continues to find innovative ways to increase the fact that only 80% of people know they are HIV+ by outreach and testing. NAP also focuses on increasing the 62% of people who know they are HIV+ and are linked to medical care by providing education, counseling, and supportive services for those

people who newly test positive. Additionally NAP works with the local medical providers to help in increasing the 41% of people who have stayed in care by working with clients in identifying barriers to staying in care and helping them to overcome them. NAP also lends a hand to medical providers as they work on raising the bar of the 36% of people who are receiving medical treatment, to include antiretroviral medications. Lastly, NAP collaborates with all levels of agencies and providers to find best practices and individual preferences that help clients/patients keep their viral loads at a very low amount; present but undetectable.

As the map shows you, at each step along the way to knowing



one's status, to being linked to a medical provider, keeping appointments, taking medications, and adhering to treatment for best health successes is a trickle down pyramid of many challenges. While we here at NAP are known for our outreach, education, testing, counseling, and case management we want to express our deepest of convictions in facing this Cascade together with the community. The first step in helping accomplish us to accomplish this is to come and get tested and, if needed, we can help you through the rest.

Want to know more about NAP? Please visit our website at www.nap.org and join us on Facebook.

Source: http://blog.aids.gov/2012/07/hivaids-treatment-cascade -helps-identify-gaps-in-care-retention.html

GAYZETTE EVENTS

Rainbow Outreach
Metro Omaha GLBT Center
3620 Leavenworth, Omaha
(mail address: PO Box 8583 Omaha NE 68108)

NEW WALK-IN HOURS

 Saturdays
 4:00PM - 8:00PM

 Sundays
 4:00PM - 6:00PM

 Thursdays
 7:30PM - 9:00PM

 Fridays
 6:00PM - 11:00PM

*Closed Most Major Holidays (402) 341-0330 www.rainbowoutreach.org

The GLBT Center welcomes gay, lesbian, bisexual, transgender, and allied persons; we encourage all to attend GLBT Center events and activities. We celebrate unity and diversity - sexual orientation, gender identity, sex, race, religion, age, ability, ethnic and national origin.

WEEKLY EVENTS

Every Sunday
WORSHIP SERVICES:
AUGUSTANA LUTHERAN CHURCH,
ELCA, 3647 LaFayette Ave., Omaha GLBT
friendly, www.augustanalutheran.com

DIETZ METHODIST 1423 S.10, Coffeehouse casual downstairs at 9am, Traditional Worship at 11am

EPISCOPAL GLBT FELLOWSHIP, St. Andrews Church, 84th & Pacific, 6-7PM, email: EpiscopalGLBT@yahoo.com

FIRST CENTRAL CONGREGATIONAL CHURCH, UNITED CHURCH of CHRIST, info at: www.firstcentral.org

FIRST UNITED METHODIST 7020 Cass, 8:30 & 10:45am services

FIRST UNITARIAN 3114 Harney, 9:30 a.m. "eclectic service" and 11:15 a.m. "traditional service"

GAY MEN'S ALCOHOLICS ANONY-MOUS 4pm , Augustana Lutheran Church 3647 Lafayette Ave., Info call Mark 639-3055

HASTINGS COLLEGE GSA 8PM FFI: Judy Sandeen (402) 461-7372

HIV+ SUPPORT GROUP 7-8:30 pm at the NAP office located at 1921 South 17th Street in Lincoln, NE.

METROPOLITAN COMMUNITY

CHURCH OF OMAHA 819 S. 22nd St., 345-2563 Sunday Worship 9:30am and 11:15am & Wednesday Worship at 7pm

ONE PROMISE GROUP, Narcotics Anonymous, every Sunday at 6PM, MCC-Omaha, 819 South 22nd St., for info contact Tamara B. at 714-8552

RIVER CITY MIXED BOWLING LEAGUE, 3pm. Maplewood Lanes, at 402-572-9393

SECOND UNITARIAN, Sunday morning services, 3012 S 119th St., Omaha, info@2uomaha.org, 402-334-0537

UNITY CHURCH OF OMAHA, 3424 N. 90, Omaha, 10:30am service and Wednesday meditation service at 7pm

WIMMIN'S SHOW, KZUM 89.3 12:30pm

Every Monday
A A GLBT "RAINBOW GROUP"
Meeting Place, 28 & S, Lincoln, 7:30 pm

GAY/BI/STRAIGHT SUPPORT GROUP HIV+ MEN 7pm every Monday, NAP, 2147 S. 15th St., Lincoln NE, contact Nick or Rick at 402 -476-3144

NA RAINBOW GROUP, Narcotics Anonymous, meets Fridays thru Mondays at 10pm, MCC-Omaha Church, 819 South 22nd St

RIVER CITY MIXED CHORUS RE-HEARSALS, 6: 45PM—9:15PM, First United Methodist Church, 7020 Cass St.

Every Tuesday
HASTINGS COLLEGE ALLIANCE, meet
Tuesdays at 7PM (when college is in session),
Please contact Dr Antje Anderson at aanderson@hastings.edu or Judy Sandeen at
jsandeen@hastings.edu for further information.

UNL LESBIAN/BI/QUESTIONING SUP-PORT GROUP, 7-8:30PM, Women's Center, Nebraska Union, Lincoln, 472-5644

Every Wednesday AA FOURTH DIMENSION, 7pm, Open to men and women, 219 North 48th Street

FRONTRUNNERS RUN/WALK 6:30pm, Elmwood Park Parking Lot by softball field, Omaha (402-804-8720)

HIV TESTING LINCOLN, 4-7 pm, results in 20 minutes, 1921 So. 17th St. 402-476-7000

KARAOKE W/ STACY 9:00 pm, at DC's Saloon

LGBT A A 7:30pm, Alcohol Ctrl., 2116 W. Faidley, Grand Island. Peggy (308) 226-8286, Center (308) 398-5427

NAP HIV TESTING, 250 South 77th St., by appointment only on Wednesdays from 1:30 to 3:30pm, Walkin from 5pm to 8pm

WORSHIP SERVICES

MCC OMAHA, Bible Study, 7pm

Every Thursday
KARAOKE W/ STACY
DC's Saloon
9:00 pm, at

NAP HIV TESTING 250 So. 77th., by appointment from 1:30pm to 3:30pm and Walk-In from 5pm to 8pm

LIVE & LET LIVE AA Meeting, 8:15pm to 9:15pm, Open to men and women,

8:15pm to 9:15pm, Open to men and women, at Underwood Hills Presbyterian Church, 851 North 74th Street

LIVE & LET LIVE AL-ANON, a group focused on support and recovery for the friends and relatives of alcoholics, 7pm to 8pm at the Underwood Hills Presbyterian Church, 851 North 74th Street

OUT & ABOUT SOCIAL CLUB
Open to everyone 21 and over, every Friday
6:30pm (time may vary), for more info email
outandaboutsocialclub@gmail.com

GLBT CENTER MOVIE NIGHT, 8PM, for all ages. Every Friday, excluding major holidays. 3620 Leavenworth Street, snacks, water and soda's provided for free.

Every Saturday

AA SATURDAY AFTERNOON, 1:30pm,
Open to men and women, 219 North 48th
Street, call 402-558-0733 for more info

PROUD HORIZON YOUTH GROUP 4-6pm, First United Methodist Church, 291-6781 proudhorizons@yahoo.com

Every Other Friday
CBCA SOCIAL GET-TOGETHER at
Barley's, 114 West Broadway in CB)
starting at 5:00-7:00pm every other Friday

MONTHLY EVENTS

1st Wednesday

FREE RAPID HIV TESTING, 8pm to 10pm at Flixx Show Bar, STD testing also available for \$10, call 552-9260 ext. 113 or 142 or visit www.nap.org for more info

1st Thursday GLBT PROFESSIONALS, meeting at 5:30pm in various locations. Email at: GOglbt@cfep-ne.org or see www.GOglbt.org for info

1st Friday FIRST FRIDAY COFFEE HOUSE 8pm. Musicians, poets, open mic, First Unitarian Church, 3114 Hamey, Omaha

1st Saturday <u>RIVER CITY GENDER ALLIANCE</u>, at 7:00 pm . See www.rivercitygenderalliance,org

1st Sunday

SPIRITUAL FRIENDS OF LINCOLN

12-1pm Fellowship and 1p-2p worship Meets Lincoln at Bennett Martin Library info@inclusivelife.org and on Facebook

2nd Monday NAP HIV TESTING

Respect Clinic, walk-in from 5:00pm to 7pm —50th & Ames Ave.

2nd Thursday HEARTLAND PRIDE, Board Meeting- at D Dale Clark Library, 215 S. 15th St. 6:30pm-8pm, Email: info@heartlandpride.org, or find us on Facebook

PFLAG- OMAHA, 6:30pm to 9pm, Countryside Community Church, 8787 Pacific Street Omaha, Nebraska

2nd Saturday

Ecumenical Catholics of Omaha, 5pm – 6:30pm, A progressive community in the Catholic tradition, Meets in the MCC sanctuary Phone: 402.953.7656

Email: ecuomaha@live.com Web: www.ecuomaha.org

3rd Monday

IMPERIAL COURT OF NE, Board of Governors meeting, 6:30pm, meeting at the MCC-Omaha, www.imperialcourtofnebraska.org

3rd Saturday

Ecumenical Catholics of Omaha, 5pm – 6:30pm, A progressive community in the Catholic tradition, Meets in the MCC sanctuary, Phone: 402.953.7656

Email: ecuomaha@live.com Web: www.ecuomaha.org

3rd Sunday

CBCA MEETING 5 PM until about 6:30 PM is our monthly meeting with potluck. We meet at St Paul's Episcopal Church in Council Bluffs

4th Monday NAP HIV TESTING

Respect Clinic, walk-in from 5:00pm to 7pm— 50th & Ames Ave.

4th Tuesday

PFLAG-CORNHUSKER Unitarian Church, 6300 & A. Lincoln, 7 p.m.

6300 & A, Lincoln, 7 p.m. YOUTH HIV TEST Lighthouse, 2530 N, Lincoln, ages 13 to 18, FFI: 475-3220, 3-5;30 pm

4th Friday

LEO - LEATHER ENGINEERS OF OMA-HA, Not currently meeting. 2nd Saturday

Ecumenical Catholics of Omaha, 5pm – 6:30pm, A progressive community in the

Little Johnny's black eye ...

Little Johnny walked into class every morning with a black eye. After a while his teacher got worried and asked him about it.

Johnny's answer was: "Our house is very small Miss. Me, my mother and my father, we sleep on the same bed. Every night my father asks, 'Johnny are you sleeping?' Then I say 'No' and then he slaps my face and gives me a black eye."

So the teacher says to him, "Tonight when your father asks again, keep dead quiet and don't answer".

The following morning Little Johnny comes to school and his eye is fine, so the teacher breathes a sigh of relief, but the day after that Johnny comes back with a severe black eye again.

"My goodness Johnny, why the black eye again?"

He tells her: "Miss, Dad asked me again, 'Johnny are you sleeping?.... and I shut up and kept dead still. Then my father and my mother started moving, you know at the same time, Mum was breathing erratically, kicking her legs up frantically and squealing like a demented hyena on the bed"....

Then my father asks my mother: 'Are you coming?' Then my mum says, 'Yes I'm coming, are you coming too?' and my dad answered 'Yes'.

They don't usually go anywhere without me so I said 'Wait for me!'

Fart Football

An old married couple no sooner hit the pillows when the old man passes gas and says, 'Seven Points.'

His wife rolls over and says, 'What in the world was that?' The old man replied, 'its fart football.'

A few minutes later his wife lets one go and says, 'Touchdown, tie score...'

After about five minutes the old man lets another one go and says, 'Aha. I'm ahead 14 to 7'

Not to be outdone the wife rips out another one and says, 'Touchdown, tie score.'

Five seconds go by and she lets out a little squeaker and says, Field goal, I lead 17 to 14. Now the pressure is on for the old man.

He refuses to get beaten by a woman, so he strains real hard.

Since defeat is totally unacceptable, he gives it everything he's got, and accidentally poops in the bed.

The wife says, 'What the hell was that?'

The old man says, 'Half time, switch sides

"Dogs Welcome"

A man wrote a letter to a small hotel in a Midwest town he planned to visit on his vacation. He wrote: I would very much like to bring my dog with me. He is well-groomed and very well behaved. Would you be willing to permit me to keep him in my room with me at night?"

An immediate reply came from the hotel owner, who wrote: SIR: "I've been operating this hotel for many years. In all that time, I've never had a dog steal towels, bedclothes, silverware or pictures off the walls. I've never had to evict a dog in the middle of the night for being drunk and disorderly. And I've never had a dog run out on a hotel bill.

Yes, indeed, your dog is welcome at my hotel. And, if your dog will vouch for you, you're welcome to stay here, too

An old man lay sprawled across three entire seats in the movie theater. When the usher came by and noticed this, he whispered to the old man, "Sorry sir, but you're only allowed one seat."

The old man just groaned but didn't budge.
The usher became more impatient. "Sir, if you don't get up from there I'm going to have to call the manager."

Once again, the old man just groaned.

The usher marched briskly back up the aisle, and in a moment he returned with the manager. Together the two of them tried repeatedly to move the old disheveled man, but with no success. Finally they summoned the police.

The officer surveyed the situation briefly then asked, "All right buddy what's your name?"

"Fred," the old man moaned.

"Where ya from, Fred?" asked the police officer.

With terrible pain in his voice, and without moving a muscle, Fred replied, The balcony."

GLBT RESOURCE LIST

OMAHA BASED

BiMenNebraska, Social Support for Bi and BiCurious Men http://groups.yahoo.com/ group/BiMenNebraska and http:// groups.yahoo.com/group/Bi-MEN-MIDWEST

Camp Kindle, Nebraska based summer camp for kids affected by HIV/AIDS, 877,800.CAMP, www.CampKindle.org

877.800.CAMP, www.CampKindle.org Citizens for Equal Protection 1105 Howard St. Suite 2, Omaha NE 68102, 398-3027 www.cfep-ne.org, email to: Michael@cfep-ne.org

Family Foundations Therapy for individuals, couples or families, for info call 558-

3856

First Central Congregational Church UCC, 421 South 36th St., 402-345-1533, www.firstcentral.org, GLBT-affirming

First Lutheran Church, 542 So. 31st St., 402-345-7506, GLBT Friendly www.firstlutheranomaha.org

First Unitarian Church, 3114 Harney Street, 402-345-3039, www.firstuuomaha.org, GLBT Welcoming Congregation

First United Methodist Church, 7020 Cass St., 402-556-6262, www.fumcomaha.org, GLBT-affirming

Flat Water Bears, (group disbanded) Front Runners/Walkers, Wednesdays at 6:30pm, Elmwood Park Parking Lot by softball field, Omaha (402-804-8720)

Gay Lesbian Straight Education Network -Omaha, Box 641676, Omaha 68164, 712-325-0117 http://www.glsenomaha.org GayLibrary.com, World Wide Resources GOglbt Professionals, meeting at 5:30PM. Email at: GOglbt@cfep-ne.org or see

www.GOglbt.org for info

Greater Omaha LGBT Democrats
http://omahalgbtdemocrats.wordpress.com contact Ken @ 402-686-6389 See also http://
ProgressiveOasis.com

Heartland Pride

Www.heartlandpride.org, email: info@heartlandpride.org, meets on the 2nd Thursday of each month from 6:30pm to 8pm. @ D. Dale Clark Library

Ice Bowl Invitational Bowling Tournament (IBIT) P.O. Box 31838, Omaha, 68131 R. Hollendieck (402) 556-5556

Imperial Court of Nebraska, Box 3772, Omaha 68103, Board Meets 3rd Monday, Rainbow Outreach GLBT Center at 6;30pm, www.imperialcourtofnebraska.org

Inclusive Life 402-575-7006 www.inclusivelife.org
Offering religious and non-religious care and services to all without exception. Weddings, Funerals, Coaching and Pastoral Care.

Learning to Exchange Power, no current info available

Leather Engineers of Omaha (LEO) not currently meeting

LinOma Bares, for more Info email

linomabares@yahoo.com or mail to P.O. Box 24547, Omaha NE 68124

Metropolitan Community Church of Omaha, 819 S. 22 St., Omaha 68108 345-2563, mccomaha@mccomaha.org Website: www.mccomaha.org Sunday Worship 9:30am and 11:15am, Wed. Worship at 7pm

NA Rainbow Group, Narcotics Anonymous, meets Friday thru Monday at 10pm, MCC-Omaha Church, 819 South 22nd St

Nebraska AIDS Project, 250 So. 77th St., testing Wed from 1:30-4PM by appointment only, Thurs & Fri 5PM-9PM with 20 minute results Call 402-552-9255 for info

NebraskaEquality.org, Find out everything about Nebraska and the GLBT Community

Nebraska Pride IDOL, PO Box 241733, Omaha NE 68124, 866-4-NE-IDOL, www.NebraskaPrideIDOL.com

Nebraska Zen Center, Soto Zen Buddhist, 3625 Lafayette Ave., 402-551-9035, www.prairiewindzen.org GLBT inclusive

North Side Christian Church 5555 Larimore Ave., Sunday service at 9:30am, see www.NorthSideOmaha.org

The 'Ohana Group, (GLBT / Nontraditional Family group), email to: Theohanagroup@msn.com

Omaha NE Gay Pride Web Page http://ONGP.com; email to; omahanegaypride@cox.net or ongp1@cox.net

Omaha Metro GLBT Sports League, See www.oglbtsports.com for more information

Onyx Images, Box 31026, 68131-0026 Social/Support Organization for African American Males age 21 and over

Out and About in Nebraska, website: www.travel.to/outabout Email: NeOutAbout@yahoo.com

OUTLine, a nonprofit organization that engages in and fosters the well-being and advancement of the LGBT community, www.outline.org, Lincoln NE

OUUT (Omaha Unitarian Universalists for Tolerance) First Unitarian Church, 3114 Harney, 68131, 345-3039, www.ouut.org

Parents and Friends of Lesbians And Gays (PFLAG) Omaha Chapter, For confidential information or support, call: 402-291-6781, meeting at Countryside Community Church, 8787 Pacific Street Omaha, Nebraska

Proud Horizons Youth Group, Sat Afternoon, info: (402) 291-6781 or email proudhorizons@yahoo.com

Rainbow Outreach GLBT Resource Ctr, 3620 Leavenworth, Omaha, 341-0330 Rainbow Pride/Rainbow Celebrations PO Box 8273 Omaha, NE 68108, See www.rainbowpride.org for info River City Gender Alliance, for info see www.rcga.org or call 402-291-6781 River City Mixed Bowling Sundays, Maplewood Lanes Omaha, at 3PM call 402-572-9393 for details

River City Mixed Chorus, Box 3267. Omaha, NE 68103, 402-341-SING Website; www.rcmc.org

Second Unitarian Church, 3012 S 119th St., Omaha, www.2uomaha.org, 402-334-0537, LGBTQ Welcoming Congregation

SNAP Productions, Box 8464, Omaha, NE 68108 www.snapproductions.com

Temple Israel Synagogue, 7023 Cass St., 402-556-6536, member of the Union for Reform Judaism, GLBT inclusive

Unity Church of Omaha 3424 N. 90, Omaha, Sunday worship: 10:30am Wednesday meditation service 7pm; 571-1344; www.unityomaha.org

Youth Emergency Services, Inc. (Y.E.S.) Offices: 2679 Farnam Street, Suite. 205 Omaha, NE 68131, 402-345-5187, email to info@yesomaha.org

Y.E.S. Drop-in Center, 2057 Harney Street Omaha, NE 68102, 402-505-6922

LINCOLN BASED

LGBTQ and Ally Programs and Services Resource Center, Pat Tetreault, LGBTQ Resource Center Director,

http://involved.unl.edu/lgbtqa - 402.472.1752 or 402-472-1652

http://www.unl.edu/health/sexuality

Queer Student Alliance, UNL, contact unlqsa@yahoo.com for info

GLBT and Allies coffee house, 3rd Fridays, Unitarian Church, 6300 A, 7;30 to 10;30pm Lincoln Women's Center, Lincoln 402/472-2597.

Nebraska AIDS Project, Lincoln, 1921 S. 17th St. (402) 476-7000

Omaha Women's Riverboat Cruise, 4949 N. 73rd, Lincoln, 68507 467-5737

Parents, Friends of Lesbians & Gays, Cornhusker Chapter; Box 30128, Lincoln 68508, Meet 4th Tues, Unitarian Church, 6300 A, email to Barbara Kimberly, jbkiber@hotmail.com. Website: http:// pflagcornhusker.org/

Planned Parenthood, F2M and Questioning Support group & Partners of FTM Support Group, meet monthly at 10am Saturday, for info call Ryan Sallans at 441-3321 or email sindu.s@gmail.com

SAGE, Box 22043, Lincoln 68542 Coffee House 2nd Sat, 6 – 9pm, Lesbian Videos 7:15pm, 3319 S. 46

Spiritual Friends of Lincoln

Offering fellowship and worship for those seeking radical hospitality, openess, and inclusiveness. Meets the 1st and 3rd Sunday in Lincoln

info@inclusivelife.org and on FaceBook

Straight Spouse Support Grp 402-429-6094 TriCity GLBT, serving Central Nebraska, web site at http://www.tri-city-glbt.com/ UNL Committee on GLBT Concerns, Contact Pat Tetreault, (402) 472-1752 or email: ptetreault1@unl.edu/www.unl.edu/cglbtc

Women In Trades/YWCA, 1432 N St., Lincoln 68508; 434-3494, Youth Support Group, (402) 434-9880

Iowa Based

Council Bluffs Health Department/Free STD Clinic

209 Pearl Street, Council Bluffs, Iowa 51503, 712-328-4666 – ask for Rachel, Monday – Friday by appointment, call to inquire about extended hours, FREE testing for HIV, Syphilis, Gonorrhea and Chlamydia Council Bluffs Community Alliance

www.councilbluffscommunityalliance.org

Council Bluffs Pride, www.councilbluffspride.org

First Congregational Church, United Church of Christ. GLBT friendly. 611 First Avenue, Council Bluffs, IA 51501, 712-322-5324 - http://www.cbfirstcongregational.org/

Iowa Equality, GLBT –allied against change to the state and federal Constitutions, http://www.IowaEquality.org

Sioux City, Iowa Resource Web Site: www.siouxlandpride.net

Nationally Based

Trevor-24-hour National Suicide Hotline for GLBT and Questioning Youth 1-800-850-8078 or see web site at http://www.thetrevorproject.org/helpline.html

(Lawsuit Filed Over Unnecessary Surgery on Intersex Baby, continued from page 1)

lina and individual employees involved with the surgery.

At the time of the surgery, M.C. was under the state's care but living with guardians. The lawsuit charges that the doctors performed medical malpractice by failing to provide adequate information before proceeding with the surgery. M.C.'s guardians reportedly were not made aware of the significant risks of the surgery or the alternative of not having surgery at all. Currently, doctors and advocates recommend that intersex children be assigned a gender at birth, but are encouraged to hold off on any unnecessary surgery until they are old enough to self-identify with a gender.

"God made M.C. the way he is, but with one unnecessary surgery, the state of South Carolina irreparably injured him," said Anne Tamar-Mattis, executive director of Advocates for Informed Choice. "The state made a decision that robbed him of his freedom to decide what should happen to his own body. Sadly, no one advocated for M.C.'s rights when this decision was made. It is time the state and all those involved be held accountable."

Where Can You Find The Gayzette?

Omaha:

DC's Saloon. 610 South 14th Street 402-344-3103 Dixie Quick's Restaurant, 157 West Broadway 402-346-3549 Flixx, 1015 South 10th Street Omaha 402-408-1020 Lover Luxuries, 6065 Maple St. 402-932-3377 The Max. 1417 Jackson St. 402-346-4110 Metropolitan Community Church, 819 South 22nd Street Mystery Bookstore, 1414 South 13th St. 402-342-7343 Nebraska AIDS Project, 250 South 77th St 402-552-9260 Omaha Mining Co., 1715 Leavenworth 402-449-8703 Rainbow Outreach Metro Omaha GLBT Resource Center. 3620 Leavenworth St. (home of The Gayzette) 402-341-0330

Would you like to have the Gayzette at your Place of business? Email your request to: Gayzette@cox.net

NOM Wants IRS Probed for Released Donor Information

By Michelle Garcia

Originally published on Advocate.com May 14 2013 1:27 PM ET

Leaders behind the antigay National Organization for Marriage say there needs to be an official investigation after the Internal Revenue Service was revealed to be targeting conservative groups claiming tax-exempt status.

Lois G. Lerner said Friday that the IRS's tax-exempt division did scrutinize about 75 groups with "tea party," "patriot," "9/12," or other terms popular with conservatives in their names. The extra scrutiny, occurring mostly between 2010 and 2012, delayed tax-exempt status for some groups. IRS officials in El Monte and Laguna Niguel, Calif., and Cincinnati as well as its Washington, D.C., headquarters were involved in sending probing questionnaires to the organizations.

Information about NOM was initially released last year by The Huffington Post and the Human Rights Campaign, showing that Mitt Romney had donated at least \$10,000 to the organization in 2008. Upon last week's revelation, NOM called for the Treasury Inspector General for Tax Administration to investigate whether IRS employees leaked the information.

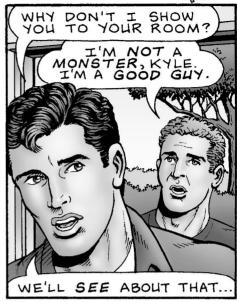
"This is what happens in the Soviet Union," NOM president Brian Brown told Politico on Monday. "This is not what happens in the United States of America."

Kyle's Bed & Breakfast by Greg Fox







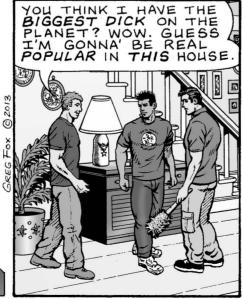














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E-Mail - KylesBnB@aol.com

Fitness Corner

By Ron Blake

STRESS AND THE DEATHLY HALLOWS



You're going to die before you want to and there's nothing you can do about it! Stop the presses; I've slapped an injunction on that notion! That is only true if you keep letting stress bind you with manacles each day. Stress can lead to alcohol and drug abuse in addition to anxiety and depression. It is also responsible for as much as 70% of all illnesses. Enough already! I found you in time and I can get you to greener pastures.

Most stress is caused by inadequate time management. Time in a day is limited and you need to decide what you will accomplish each day. Write it all down on paper. You can't do everything so you will need to leave some of the items on the editing floor. There's your graduate school coursework, the crime scene TV shows, the exercise routine, the workday, and there are plenty of other things vying for your attention. Prioritize and then stick to your manageable schedule like a dutiful liege

When you try to squeeze 48 hours into a day the first item up for auction is your sleep. The big cats in Africa get about twenty hours of sleep each day. You are chasing taxicabs and not zebras so you can get by on much less than that. Your forty winks only need to be about seven to eight hours daily.

The suggestions for pleasant dreams are as follows: 1) Go to bed at the same time each night. 2) Don't exercise right before bedtime. 3) Avoid eating meals shortly before lights out. A simple snack is fine. 4) Don't watch TV in the bedroom. 5) Sleep in a cooler than normal room. 6) Avoid excessive alcohol. It causes restless sleep.

All work and no play make Jack a dull boy! Have some fun in life. It really does not matter that you saved millions of dollars and can retire at fifty if you spent all those years with your nose to the grindstone. The accumulation of stress from those years of abundant toil might just give you a one way ticket to your plot of land in Boot Hill. Recreation and leisure should be important components of your daily schedule. Find time to read a Harry Potter book or to run around in a rainstorm. Have fun while you are here!

There are several relaxation techniques that might help you show stress to the nearest exit. The methods for outstanding relief are the quick fix, prayer, and positive thinking. The quick fix means taking a five minute timeout from the rat race. Go to a quiet spot, loosen your clothing, remove your shoes, and shut your eyes. Inhale deeply for about five seconds and then exhale slowly for about ten seconds. Repeat this several times. Now mentally picture something pleasant like a lake, a cloud, or a waterfall. Keep relaxing and breathe deeply. After five minutes, stretch briefly and head back to the real world with renewed vigor.

The next technique is prayer. Studies have indicated that prayer can decrease blood pressure and can be a tremendous source of comfort. Prayer can provide confidence to function more effectively and thus reduce stress from your difficulties of life. Try embracing the power of prayer with any religion you choose.

Finally there remains positive thinking. Do whatever it takes to create a positive mood when you have excessive stress. You do not want to dwell on any negative feelings. Always picture the positive side of life. Those that do are those who prosper.

You use a lot of six letter words in your life everyday; don't let stress be one of them.

This health and fitness article is brought to you by that guy with fluffy finesse and peaceful panache. That guy of relaxed rigor is Ron Blake and he can be happily heard at SmallTown-BigCityRadio.com.

Free anonymous or confidential rapid HIV testing.
Chlamydia & Gonorrhea testing also available for \$10.00

NAP:

Wednesday

77th & Dodge St.

1:30 to 3:30 pm (appointment only)

5:00 to 8:00 pm (walk-in)

Thursday

1:30 to 3:30 pm (appointment only)

5:00 to 8:00 pm (walk-in)

Flixx Lounge: 10th & Pacific St. 1st & 3rd Mondays of each month

Tour & Pacific St.

8:00 to 10:00 pm (walk-in)

RESPECT Clinic

2nd & 4th Mondays of each month

5:00 to 7:00 pm (walk-in)

50th & Ames Ave. (Located in Baker Square Plaza)

Know your status. GET TESTED!

Call 402-552-9260 to schedule an appointment or with any questions.

www.nap.org



250 South 77th Street, Suite A Omaha, NE 68114

(Located behind McDonald's at 77th & Dodge Street)

www.nap.org

402-552-9260

