The GayZette



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Majority of Americans Oppose 'License to Discriminate'

By Trudy Ring

The majority of Americans believe businesses should not be able to deny services to LGBT people because of faith-based objections, nor should they be allowed to discriminate in

employment, according to a new Reuters/ Ipsos poll.

In the poll, conducted last week after outcry over recent moves to enact "license to discriminate" laws in Arkansas and Indi-



ana, 54 percent of respondents said businesses shouldn't have the right to deny services, with 28 percent saying they should, and 55 percent saying an employer's religious beliefs don't justify antigay discrimination, while 27 percent thought employers should be able to discriminate in hiring, Reuters reports.

The poll also found 52 percent of respondents supporting marriage equality, with only 32 percent opposed, and 55 percent saying states that don't allow same-sex marriages should nonetheless recognize those performed elsewhere.

Those surveyed differ on how best to make laws on samesex marriage, however. Thirty-four percent said the U.S. Supreme Court should declare a nationwide constitutional right to marry, 22 percent said states should decide in voter referenda, 11 percent thought state legislatures were the proper venue, and 8 percent chose Congress to decide whether same-sex couples should be able to wed. About 24 percent were unsure how to handle the issue.

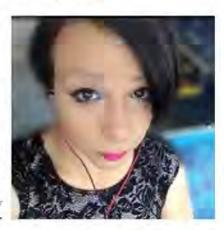
The pollsters conducted the survey online, getting responses from 892 people age 18 and older. It has a "credibility interval," similar to a margin of error, of plus or minus 3.7 percentage points.

Transgender Teen Who Spoke on YouTube of Bullying Takes Her Own Life

By Hailey Branson-Potts, Los Angeles Times

A 16-year-old transgender girl from northern San Diego County who spoke on YouTube about being bullied at school has reportedly taken her own life.

Taylor Alesana, a student at Fallbrook High School, committed suicide last week, according to the North County LGBTQ Resource Center in Oceanside.



Taylor made a name for herself on YouTube, where she posted makeup tutorials and spoke of intense cyberbullying and the loneliness she experienced because of her gender identity.

"I've lost tons of friends, tons," she said in a video posted in November. "And it's been hell. I go to school every day, and I get my lunch and I sit down alone."

Taylor is the second teenager who attended youth support groups at the North County LGBTQ Resource Center to commit suicide in recent weeks, said the center's executive director, Max Disposti. Letters and artwork mourning the loss of a teenager named Sage - who killed himself in early March - are still displayed in the center, Disposti said.

"We're devastated," Disposti said.

Disposti said he has been in close contact with Taylor's family and was planning a candlelight vigil for her. Taylor spoke openly about her struggles at school - which continued after she told school staff - and Disposti worried about her, he said.

(Continued on page 2)

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"She was happy to be who she was but was struggling with the fact that people didn't accept her," Disposti said. He hoped other students would learn that "it's not OK to make fun of someone because their gender identity is different from what they were assigned at birth."

"Transgender kids know who they are," Disposti said. "They are not confused. They are not struggling with their gender identity."



In a statement released Wednesday, Fallbrook High School referred to a student who "tragically passed away during the spring break" on April 2. The statement did not name Taylor.

"We are attempting to honor the family's request for privacy while also helping our students and staff who have been impacted by this sad event," the school said, adding that it had counselors on site and "a continuum of appropriate services ... to ensure every student is supported and successful."

Taylor Alesana on her YouTube account. © YouTube Taylor Alesana on her YouTube account.

Taylor spoke on YouTube about wearing headphones when she walked through the hallway and about bouncing between friend groups.

In her first video posted in October, in which she spoke straight into a camera with a poster of Marilyn Monroe taped on the wall behind her, Taylor said she had recently moved to Fallbrook with her family and was starting her transition. She showed off a pink button on her purse that said "She Her Hers" - her preferred pronouns, she said.

"I feel for anyone that's even just a little bit different," she said, nodding. "They know what bullying is like."

In a later video, she was defiant: "My biggest advice to anyone who's transgender and struggling? You're becoming yourself."

On Thursday, Twitter users mourned Taylor's death using the hashtag #HerNameWasTaylor.

"Taylor was a beautiful and courageous girl, and all she wanted was acceptance," the North County LGBTQ Resource Center said in a statement, urging schools to "teach inclusiveness

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and acceptance" and to "get educated on gender identity and sexual orientation."

If you want to do something to help LGBTQ kids and their families in California, please email and/or phone State Superintendent Tom Torlakson's office and let him know that ignoring the situation at California Department of Education Office of Equal Opportunity is dangerous and must stop. Please join me in demanding that California Department of Education Office of Equal Opportunity be restructured, appropriately resourced and that it become computerized now...before we lose one more young person. Torlakson can be reached at 916-319-0800?and EHughes@cde.ca.gov.

If you or a young LGBTQ person you know is thinking about suicide, please call The Trevor Lifeline at 1-866-488-7386. For adults over the age of 24, call the National Suicide Prevention Lifeline at 1-800-273-8255.

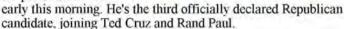
Marco Rubio Might Be the Most Antigay Presidential Candidate Yet

By Matt Baume

Whether the issue is marriage equality, immigration, adoption, or ex-gay "therapy," Marco Rubio has made his position on LGBT people clear: He doesn't like them.

Rubio informed his donors of his plans to run for president in 2016

situation to raise children.'



When it comes to marriage, Rubio said in 2011 that the Defense of Marriage Act "protects one of our most sacred institutions," and said that same-sex couples from marriage was the "ideal ...

A year later, he even went so far as to correct a report that he was "open" to marriage equality as "not accurate." Later that same year, he lent his voice to the antigay National Organization for Marriage's robocalls against marriage equality and said that the Supreme Court should defer to voters when it comes to marriage.

In a recent blog post, NOM referred to Rubio as a "real marriage champion."

Rubio's hostility to protections for LGBT families doesn't end there. In 2013, Rubio opposed the Employment Non-Discrimination Act, saying "I'm not for any special protections based on orientation."

He even threatened to vote against his own immigration bill if it extended any rights to binational same-sex couples. "It kills the bill," he said of a possible amendment seeking to protect LGBT immigrants. "I'm gone. I'm off it."

Earlier this year, Rubio told Meet the Press and Fox News that businesses should be exempted from nondiscrimination requirements when serving gay and lesbian couples.

Among his other positions, Rubio opposed allowing LGBT parents to adopt children, calling parenting by them "a social experiment," according to the Human Rights Campaign. Amid the congressional debate over ending the military policy known as "don't ask, don't tell," a spokesperson for then-candidate Rubio said he "doesn't see any reason for [DADT] to change," despite the forced ouster of more than 13,000 qualified gay, lesbian, and bisexual service members under the now-defunct law

Rubio also helped raise funds for the Florida Family Policy Council, a right-wing organization that promotes abusive "exgay therapy," which has been condemned by every major medical and mental health organization in the country. "We are not going to tolerate someone who is 'here and queer; loud and proud,' all of that nonsense," said the group's president John Stemberger, in a video address before Rubio delivered a keynote speech at the event's fall 2013 gathering. "That is completely inappropriate."

Counterintuitively, mainstream media reports that Rubio is seeking to be a uniter of various Republican ideological factions. But his policy positions are at odds with a growing consensus within the Republican Party that LGBT Americans should be entitled to equal treatment.

At the very least, the broader GOP constituency seems to be coming to terms with the reality that marriage equality will not bring about the end times, as a March poll found that 71 percent of Florida Republicans said the arrival of marriage equality in the Sunshine State had either "no impact" or a "positive impact" on their lives. Earlier this month, more than 300 conservatives and Republicans submitted a pro-equality brief to the U.S. Supreme Court.

POLL: Hoosiers Reject Business Discrimination, As Indiana Spends Millions on Damage Control

By Trudy Ring

Enacting a "license to discriminate" law, since altered, cost Indiana some goodwill — and now it's going to cost the state at least \$2 million to have a prominent public relations firm do damage control.

The Indiana Economic Development Corp. and the Indiana Office of Tourism Development, both state agencies, announced Monday that they were hiring Porter Novelli to

strengthen Indiana's reputation "as a welcoming place to live, visit and do business," the Associated Press reports. The state



(Continued on page 4)

will pay the firm \$2 million for its services and is expected to spend additional funds on whatever advertising the firm recommends it buy, according to The Indianapolis Star.

"The recent controversy has advanced the thinking of just a lot of people, that you can't take for granted that people know what Indiana is," Chris Cotterill, general counsel for the Indiana Economic Development Corp., told the Star.

That controversy involved the passage of a bill, the Religious Freedom Restoration Act, signed into law by Gov. Mike Pence late last month, that many feared would allow businesses and individuals to cite religious objections as legal cover to discriminate against, say, LGBT people, members of different faiths, and others who might offend their religious sensibilities. After extensive national outcry against the law, legislators passed and Pence signed an amendment saying it could not be used to justify discrimination. A similar process took place about the same time in Arkansas.

Meeting with reporters today, Pence said "the difficult time" relating to the bill "is behind us," and defended the hiring of the PR firm, the Star reports. "We've got a great story to tell," he said. "I really do believe that we are through the storm, that now's the time to heal."

The Human Rights Campaign offered Pence some free advice on how to repair the state's image. "'Hoosier hospitality' is on life support, and Gov. Mike Pence has only himself to blame, but now he's passing the bill on to Indiana's taxpayers by forcing them to pay for high-dollar public relations advice to fix the damage," said HRC vice president for communications Fred Sainz in a press release. "But I've got good news for the governor — this 20-year PR flack is happy to pass along some tips for free. Pledge to support and sign nondiscrimination legislation early next legislative session that protects all Hoosiers — it's quick, cheap, easy, and a surefire way to end up on the right side of history."

State Rep. Ed DeLaney planned to propose legislation today that would do just that, the Star notes. Indiana law does not currently ban discrimination based on sexual orientation or gender identity; some cities in the state have such laws, but there is no statewide protection, DeLaney was to introduce his measure as an amendment to an unrelated bill.

Meanwhile, a poll commissioned by the HRC indicates most Hoosiers did not support the intent of the original RFRA and that the legislation made Pence's approval rating drop precipitously. The poll, conducted last week by Greenberg Quinlan Rosner Research, found 62 percent of respondents saying a business should not be able to refuse service because of a customer's sexual orientation or gender identity; 59 percent said that should be the case even if providing the service would violate the operator's religious beliefs.

Some 53 percent of respondents said that Pence's signing of the original bill gave them an unfavorable impression of him. The poll also found that only 43 percent of those surveyed rated Pence's performance in office as "excellent" or "good," while a February poll by a different organization found 62 percent of respondents approving of the governor.

Op-ed: My Gay Mormon Life Is Not 'Counterfeit'

By Brian Andersen

I'm a gay Mormon. And my life is anything but "counterfeit," even though the Mormon Church has said otherwise.

I'm actually a convert to the Church of Jesus Christ of Latterday Saints (a.k.a. the Mormons, a.k.a. the LDS Church). I joined the LDS Church when I was 18, served a two-year mission in Guatemala from the ages of 19 to 21, and attended Brigham Young University, graduating at age 27.

As a young adult I loved the LDS Church. As soon as I was baptized I strove to be the perfect Mormon. I did everything that was asked of me. The church was my life. Perfection was my goal.

But perfection was never meant to be. I spent a decade in the church trying and failing time and again at being what the LDS Church told me, instructed me, and admonished me to be: straight.

To be a good member in faith I needed to be attracted to women. I needed to be married to a woman. I needed to have a family. I needed to be anything other than who I actually am.

I dated women. It never felt right. I prayed and fasted countless times, hoping that I could change. I begged God, pleaded with him, that I would be blessed to have the core of my very



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being altered. I yearned to be something, someone that I was not meant to be. That I was not created to be.

I went to group therapy for what the church refers to as "same sex attraction," or SSA. As though calling my homosexuality something less threatening such as SSA — a coded acronym meant to somehow make my gayness seem more of a condition, a state of being that could be easily overcome — would make the gay go away.

Ironically, it was while I was attending a group SSA therapy meeting that I had a personal revelation that I needed to embrace my true, gay self.

I sat in the tiny, cold meeting room one winter night in Utah and listened as two older gentlemen, both married to women, both with many children, rent themselves and emotionally bled out. They recounted how they had failed because they both engaged in a homosexual act a few days prior to our meeting. These strong, proud men broke in front of me as they promised to "do better" this upcoming week.

I gazed at these desperate men and realized I could not, I would not, live my life struggling each and every day trying to "do better." I knew that I could no longer deny who I was. In that moment I stopped fighting my homosexuality. And in that instant a warmth washed over me. I was free, truly free, for the first time in my life.

I am now 40 and I'm still a Mormon. But that's mainly a formality. My bishop refused my request to remove my name

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from the records of the church. So though I no longer attend weekly services I am technically still a member. I'm what the members of the church colorfully call a "Jack Mormon" — an inactive member of the church.

If anyone asks me, and it comes up often, I say I'm a gay Mormon. I also say that I am happily married to another gay Mormon man.

That we have a beautiful, wonderful, fantastic daughter, and that my joy is more profound than at any other time in my life, including my decade spent as a devout member of the LDS Church.

Recently, the Church of Jesus Christ of Latter-day Saints declared that my family is counterfeit. Or in other words, my family is without value because it lacks the "traditional" family standard of a father and a mother.

I'm not sorry to say that I whole heartily disagree. The words used by the speaker, Elder L. Tom Perry, a member of the Quorum of the Twelve Apostles, are as harmful and damaging as his position that gay Mormons are welcome in the church as long as they remain celibate. Forcing someone to reject who they are can only bring pain and heartache. I know this first hand.

Calling an entire group of people and their families counterfeit is not only dangerous and destructive to the LGBT community but just as hurtful to the active and stalwart members of the church. These amazing members love their LGBT children, family members, and friends.

I know my own mother, who joined the church soon after I did, feels awful whenever someone makes disparaging remarks about gays. My mother loves my family. She supports and treasures us.

She does not need to have her love for us called into question because she is supporting a so-called counterfeit and therefore unworthy life.

Elder Perry also cautioned the members of the church against being "swayed by" a vocal "minority masquerading as the majority." I'd like to clarify, as a member of this minority group he is singling out, that he has it all wrong. Only by standing up, coming out of the shadows, and living an out, true life will we, LGBT people, gain our deserved equal rights. We're not just in the minority. We're human beings. We are entitled to all the rights of all human beings.

I am not masquerading. I am living. I am thriving. I am loving. I deserve the same respect and treatment as anyone else. The LDS Church strives to keep homosexuals quiet, sexless, second class citizens, devoid of a voice. I reject these efforts. Homophobia is a learned form of hatred. It is taught to us, most often at the pulpit.

To be homophobic is a choice someone makes. To join and be religious, to be a Mormon, is a choice someone makes.

Being homosexual, bisexual, or trans is who you are. You can never be living a counterfeit life, never be masquerading, if you are being true to yourself.

(Continued on page 6)

My life is wonderful. I'm still not perfect. I'm far from it. But I know that I am finally living an authentic life. I'm living the life I was created to live. And to me, that is it's own kind of perfect.

BRIAN ANDERSEN is a writer and indie comic book creator who lives in San Francisco with his husband and gorgeous baby daughter.

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NOM Wants SCOTUS to Ignore National Support for Marriage Equality

By Matt Baume

Last week saw a flurry of amicus briefs submitted to the U.S. Supreme Court in the pending marriage equality cases, originating from various law firms, politicians, civil rights groups, faith groups, businesses, and more. But the National Organization for Marriage's brief might be the strangest.



Judging by the arguments in NOM's brief, one might think

the organization is unfamiliar with the way the arguments are structured for the April 28 Supreme Court hearing. While the consolidated cases originated from four states, the high court will only be considering two questions — whether the Constitution requires states to issue marriage licenses to same-sex couples, and whether it requires states to recognize licenses issued to those couples by other states. NOM's brief barely acknowledges either query.

Instead, NOM presents an argument that is irrelevant and untrue. "Recent national surveys show that the American people remain closely divided over same sex marriage," the organization writes.

But that's just flat-out false: The most recent surveys from The Wall Street Journal, CNN, Rand, and The New York Times show the percentage supporting marriage equality in the upper 50s or lower 60s nationwide. Opposition is generally in the 30 percent range and hasn't polled above 50 percent in a major national survey at any time in the last five years.

Naturally, NOM has an explanation for this: flawed surveys. In other words, NOM is hoping the Supreme Court believes that nobody's been able to conduct a proper opinion poll since 2010.

The only surveys that NOM says are accurate are the select few that recently showed a majority opposes the freedom to



marry — but that's not particularly surprising, given that NOM paid for those surveys.

And even if NOM's claims about polling were true, it doesn't matter. The Supreme Court's questions in the marriage cases aren't about public opinion; they're about the Constitution.

Then again, it's not totally unexpected that NOM fumbled its Supreme Court brief — no major law firms were willing to take the anti-equality side in amicus briefs.

Fired for Refusing to Wear 'Women's Clothes,' Louisiana Trans Man Files Suit

By Mitch Kellaway

Tristan Broussard, a 21-year-old transgender man living in Hathaway, La., has filed a federal lawsuit against his former

employer, First Tower Loan, LLC, alleging that the company's management fired him for being transgender and refusing to wear "women's clothes" to work, reports Lake Charles, La., TV station KPLC.

In his suit, filed on his behalf by the National Center for Lesbian Rights, the Southern Poverty Law Center, and two other law firms, Broussard describes how, after his first week working as a manager trainee at Tower Loan's Lake



Charles Branch in March 2014, he was called into the company vice president's office to discuss his work attire after his supervisor informed management that Broussard was a transgender man.

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Broussard says he had explained to the supervisor he was trans when she asked why his gender was listed as "female" on his driver's license. "She was very nice to me and told me she didn't have a problem with it and nobody at the office should care." Broussard told KPLC.

But the vice president had a different reaction. When Broussard joined him in his office, the vice president handed Broussard a list of the "female dress code" guidelines and informed him that the Mississippi-based company's corporate headquarters had decided to "draw a line" about Broussard's gender expression.

"If you can comply that you're female and you choose to dress as a female, then you can continue to work for Tower Loan," Broussard recalled the vice president telling him in the NCLR video below. "And if not, we're going to have to ask you to give your key back and go clean up your desk."

When Broussard then refused to sign the document stating that his "preference to act and dress as male" was not "in compliance with Tower Loan's personnel policies," he was fired. His suit claims that he faced sex discrimination under Title VII of the Civil Rights Act of 1964. In December, the Department of Justice clarified that employer discrimination against gender identity is, indeed, a form of "sex discrimination" prohibited by Title VII.

Tower Loan, meanwhile, has argued that trans employees are not protected under this federal provision, according to NCLR. When Saks Fifth Avenue made the same claim in January when facing a wokplace discrimination suit from Texas trans employee Leyth O. Jamal, they were ultimately forced to withdraw that claim.

In addition to Jamal and Broussard's cases, several recent lawsuits by trans employees have made headlines, including a win this week for Army employee Tamara Lusardi, suits against Forever 21 and Lakeland Eye Clinic, and a suit against Southern Oklahoma State University — the first lawsuit filed by the Department of Justice against an employer for antitrans discrimination.

Broussard is now seeking a permanent injunction against Tower Loan, back pay and reinstatement, or front pay with interest and benefits, to have his legal fees associated with the case paid for by the company, and several other judgements, notes KPLC. Tower Loan has declined to publicly comment about the ongoing litigation.



HIV-Positive Prisoner Forced in to Solitary for Three Months After Being Abused

By Michelle Garcia

An HIV-positive Toronto man is suing the superjail where he was held in solitary confinement for a total of three months after other inmates objected to him being jailed with the general population. Jamie Simpson is seeking \$200,000 for the alleged mistreatment, saying he endured "deplorable and filthy conditions" in solitary confinement, The Toronto Star reports.

Simpson was arrested in February 2014, charged with theft, breaking and entering, mischief, and breach of probation. Simpson spent three months at the Toronto West Detention Centre, and then transferred to the superjail, the Toronto South



Detention Centre, where he was to remain until his trial. He told the Star that an immate declared he and other men did not want him there because he was "sick." Soon after, an officer told him he would be placed in solitary confinement overnight. His stay there ended up lasting about 75 consecutive nights.

Ontario law states that an immate's placement in solitary confinement must be reviewed by a superintendent every five days. Simpson says he consistently asked guards when he would be released, but he was given no solid answers. He was locked in his cell for up to 24 hours a day, he told the Star, and denied access to basic hygiene, such as showering. He attempted to transfer to a medical unit, but the state-of -the-art Etobicoke jail infirmary had been closed, which has led to multiple sick inmates being placed in solitary confinement instead.

After he was found guilty of the charges he faced, Simpson learned he would likely be sentenced to another 60 days at Central North Correctional Centre in Penetanguishene, where he had previously served and had been abused and harassed by fellow inmates because of his HIV status. He wrote a request to the Toronto South superintendent asking not to be sent to Penetanguishene, but the letter went unanswered. He was told he would indeed be sent to Penetanguishene, and when he complained, he was taken to solitary confinement at Toronto South yet again.

Simpson said he was subjected to additional harsh conditions, including his mattress being taken away for day-long periods and not being able to shower for days at a time, leading to him to developing a staph infection. Eventually, his mother orchestrated a transfer to St.

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Joseph's Health Centre, where his infection was treated. He spent a week in the hospital, and then requested to be sent to an infirmary at another institution. His request was denied, and he spent the remaining eight days of his sentence in solitary at Toronto South.

Transgender Homecoming King Dies From Apparent Suicide

A year after Blake Brockington was voted homecoming king at East Mecklenburg High School in Charlotte, North Carolina, the transgender teen died from an apparent suicide, The Charlotte Observer reported. Brockington, 18, was the school's first transgender homecoming king.



When he was voted king, he told local LGBT newspaper QNotes: "I honestly feel like this is something I have to do. Nobody should be scared to be themselves, and everybody should have an equal opportunity to have an enjoyable high school experience."

The transgender youth activist became open about his identity when he was a sophomore. He explained to the Charlotte Observer in January that he never felt comfortable wearing dresses, even though he but was still forced to wear them. "It didn't make sense. I felt like a boy," he said.

Brockington chose the name "Blake" because it sounded masculine and came to him in a dream. But his family didn't take his transition well and he moved in with a foster family after he became open about his identity.

"My family feels like this is a decision I made," Brockington told the Charlotte Observer. "They think, 'You're already black, why would you want to draw more attention to yourself?" But it's not a decision. It is who I am. I wouldn't wish this on my worst enemy."

Telling his family about being transgender was the hardest part of the transition. "That was single-handedly the hardest part of my trans journey," Brockington said. "Really hateful things were said on the Internet. It was hard. I saw how narrow-minded the world really is."

Brockington's untimely death echoes the passing of Leelah Alcorn, the Ohio teen who scheduled her suicide note to appear on Tumblr hours after she committed suicide. Like Brockington, her parents did not accept her and her mother told her "it was a phase, that I would never truly be a girl, that God doesn't make mistakes, that I am wrong."

Suicidal teens who are in need of help are urged to call the National Suicide Prevention Hotline 1 (800) 273-8255. They are open 24 hours, 7 days a week.

Life Beyond Therapy

By Michael Kimmel

website: www.lifebeyondtherapy.com

Coming Out As Mental Health

Dear Michael: I've been married for 5 years and it's a sham.

I want to come out, but, I'm scared to death that everyone I know will turn against me. I have two young kids – a 6-month-old baby girl and a 3-year-old boy - who I love more than anything.



and I'm afraid my wife would keep me from ever seeing them again. I read in your column last year that it's mentally healthy to come out, but is it really worth all the pain it causes? Please help me make my decision.

Thanks, Tortured in suburban San Diego

Dear Tortured:

I have great respect for the gravity of your problem and your commitment to your children.

Let's look at your situation: you probably grew up in a family and community where being gay rarely received support. On the contrary, gay children are usually subjected to intense pressure (indirect and direct) NOT to come out. The "hiding" activities we learned in childhood often persist into young adulthood. Many of my married gay/bi/lesbian clients felt too much pressure NOT to marry and saw no way possible to resist the heterosexual role. "It was so much easier just to get married," one of my lesbian clients recently told me, "the alternative was too horrible to imagine."

When we're closeted, we often can't even tell ourselves, let alone others, about our homoerotic feelings, attractions and fantasies. We're split: we have our public and private selves. When we come out: we can integrate all the parts of ourselves together, probably for the first time. Telling lies and hiding takes an immense amount of energy. It's very tiring to be closeted!

In the professional journal Psychiatric Times, Psychiatrist Jack Drescher wrote a terrific article: "The Closet: Psychological Issues of Being In and Coming Out". He writes that to identify as gay is to be "homosexually self-aware, to claim a normative identity...defining oneself as gay usually requires some measure of self-acceptance." Identifying as gay (even if only to yourself) is the beginning of coming out.

So, Congratulations! You've already taken steps out of the closet. What Dr.Drescher calls a "normative identity" means feeling good about who you are and seeing it as truly OK. For us LGBT people, it is "normative" to be gay/lesbian/bisexual/

transgendered...because it is who we really are.

Before he died, Reverend Charles Lanier - the pastor of Unity Fellowship Church - told me, "God doesn't make mistakes, your sexual identity is perfect for you. Rejoice in it: it's a gift, a blessing from God."

You may not (yet) be ready for Reverend Lanier's rejoicing, but you're on your way. It's rough on your self-esteem to hide the truth about a crucial part of yourself: who you are physically attracted to. Years of lying about who you are chips away at your self-esteem until, as one of my clients told me, "There's virtually nothing left of the real me...it's all fake, phony lies."

Constantly hiding makes it impossible to know what people really think of you and impossible to know your own strengths and accomplishments. You're so busy being "straight" that you don't know who the hell you really are. Praise is meaningless and avoiding blame or censure is everything. Most closeted people feel cowardly and ashamed of themselves. How could self-esteem flourish in such a mind? You become invisible, lose your true voice, feel trapped and stuck behind false fronts that YOU put up. In general, you hate yourself and who you're pretending to be.

Okay, I'll ease up a bit. But not much: as a therapist to the LGBT community for many years, I've seen the pain and damage that being closeted creates for us all. A recent study of formerly closeted gay men (Herdt and Boxer) stated that "many gay men, before they came out, were either gay-baiters or gay bashers".

Attacking other men perceived to be gay is a way to control other people's perceptions, e.g., "If I attack gay people, no one will think I'm gay". A recent study saw a relationship between gay bashing and homosexual arousal, finding that "men with strong antihomosexual beliefs actually had significant homosexual arousal patterns". The bottom line (pun intended) is what Shakespeare said eons ago: "Me thinks he doth protest too much".

Such is the degree of our self-hatred that we may resort to violence towards our fellow LGBTers in order to "beat" the queerness out of ourselves. This self-hatred can also manifest in feeling suicidal. Many of my clients (and indeed, myself) had suicidal thoughts during the years before we came out. I had such strong internalized homophobia that I didn't come out until I was 33. I have great respect for the pain involved in the process.

As a therapist, I can tell you that there is no single way to come out, a fact sometimes overlooked by well-intentioned heterosexual therapists trying to "help" us with our process. Coming out brings a unique mixture of anxiety and relief, joy and pain, freedom and responsibility.

And speaking of responsibility, I strongly recommend that you speak with an LGBT-friendly lawyer regarding your children and your legal rights should you decide to come out and/or leave your marriage. Go to the Internet (or the LGBT center nearest you) to find 2-3 lawyers and interview them over the phone to make sure they're gay-friendly.

I wish you much inner strength as you make some very difficult decisions. Please know you are not alone; while many of us endured considerable pain coming out of the closet, the VAST majority of us are so glad we did.

GAYZETTE EVENTS

Rainbow Outreach
Metro Omaha GLBT Center
(mail address: PO Box 8583 Omaha NE 68108)

We closed the Center as of December 2nd, 2013.

The Gayzette will continue to be published and our hotline and web site will continue.

We appreciate the past support for the Center but it became clear that it was time to close and become a virtual Center. We feel we can accomplish much more for the GLBT community in this way.

Thanks, George Broadway Board Chair and Gayzette editor Email: Gayzette@cox.net Www.rainbowoutreach.org

WEEKLY EVENTS

Every Sunday
WORSHIP SERVICES:
AUGUSTANA LUTHERAN CHURCH,
ELCA, 3647 Lafayette Ave., Omaha GLBT
friendly, www.augustanalutheran.com

<u>DIETZ METHODIST</u> 1423 S.10, Coffeehouse casual downstairs at 9am, Traditional Worship at 11am

EPISCOPAL GLBT FELLOWSHIP, St. Andrews Church, 84th & Pacific, 6-7PM, email: EpiscopalGLBT@yahoo.com

FIRST CENTRAL CONGREGATIONAL CHURCH, UNITED CHURCH of CHRIST, info at: www.firstcentral.org

FIRST UNITED METHODIST 7020 Cass, 8:30 & 10:45am services

FIRST UNITARIAN_3114 Harney, 9:30 a.m. "eclectic service" and 11:15 a.m. "traditional service"

GAY MEN'S ALCOHOLICS ANONY-MOUS 4pm , Augustana Lutheran Church 3647 Lafayette Ave., Info call Mark 639-3055HASTINGS COLLEGE GSA 8PM FFI: Judy Sandeen (402) 461-7372

HIV+ SUPPORT GROUP 7-8:30 pm at the NAP office located at 1921 South 17th Street in Lincoln, NE.

METROPOLITAN COMMUNITY CHURCH OF OMAHA 819 S. 22nd St., 345-2563 Sunday Worship 9:30am and 11:15am

ONE PROMISE GROUP, Narcotics Anonymous, every Sunday at 6PM, MCC-Omaha, 819 South 22nd St., for info contact Tamara B. at 714-8552

RIVER CITY MIXED BOWLING LEAGUE, 3pm, Maplewood Lanes, at 402-572-9393

SECOND UNITARIAN, Sunday morning services, 3012 S 119th St., Omaha, info@2uomaha.org, 402-334-0537

UNITY CHURCH OF OMAHA.
3424 N. 90, Omaha, 10:30am service and
Wednesday meditation service at 7pm

WIMMIN'S SHOW, KZUM 89.3 12:30pm

Every Monday
A A GLBT "RAINBOW GROUP"
Meeting Place, 28 & S. Lincoln, 7:30 pm

GAY/BI/STRAIGHT SUPPORT GROUP HIV+ MEN 7pm every Monday, NAP, 2147 S. 15th St., Lincoln NE, contact Nick or Rick at 402 -476-3144

NA RAINBOW GROUP, Narcotics Anonymous, meets Fridays thru Mondays at 10pm, MCC-Omaha Church, 819 South 22nd St

RIVER CITY MIXED CHORUS RE-HEARSALS, 6:45PM—9:15PM, First United Methodist Church, 7020 Cass St.

Every Tuesday
HASTINGS COLLEGE ALLIANCE, meet
Tuesdays at 7PM (when college is in session),
Please contact Dr Antje Anderson at aanderson@hastings.edu or Judy Sandeen at
jsandeen@hastings.edu for further information.

METROPOLITAN COMMUNITY CHURCH OF OMAHA 819 S. 22nd St., 345-2563— Bible Study at 7pm

UNL LESBIAN/BI/QUESTIONING SUP-PORT GROUP, 7-8:30PM, Women's Center, Nebraska Union, Lincoln, 472-5644

Every Wednesday AA FOURTH DIMENSION, 7pm, Open to men and women, 219 North 48th Street

FRONTRUNNERS RUN/WALK 6:30pm, Elmwood Park Parking Lot by softball field, Omaha (402-804-8720)

<u>HIV TESTING LINCOLN</u>, 4-7 pm, results in 20 minutes, 1921 So. 17th St. 402-476-7000

LGBT A A 7:30pm, Alcohol Ctrl., 2116 W. Faidley, Grand Island. Peggy (308) 226-8286, Center (308) 398-5427

Metro Omaha Prime Timers, 4:30-6:30pm Coffee with the Boys at Howlin' Hounds Café, 712 South 16th St. Meet up for coffee and conversation. Many of the guys go out for dinner afterwards.

NAP HIV TESTING, 250 South 77th St., by appointment only on Wednesdays from 1:30 to 3:30pm

UNITY CHURCH OF OMAHA, 7pm

Every Thursday NAP HIV TESTING 250 So. 77th., by appointment from 1:30pm to 3:30pm and Walk-In from 5pm to 8pm

Every Friday
LIVE & LET LIVE AA Meeting,
8:15pm to 9:15pm, Open to men and women,
at Underwood Hills Presbyterian Church, 851
North 74th Street

LIVE & LET LIVE AL-ANON, a group focused on support and recovery for the friends and relatives of alcoholics, 7pm to 8pm at the Underwood Hills Presbyterian Church, 851 North 74th Street

OUT & ABOUT SOCIAL CLUB
Open to everyone 21 and over, every Friday
6:30pm (time may vary), for more info email
outandaboutsocialclub@gmail.com

Every Saturday AA SATURDAY AFTERNOON, 1:30pm,
Open to men and women, 219 North 48th
Street, call 402-558-0733 for more info

PROUD HORIZON YOUTH GROUP 4-6pm, First United Methodist Church, 291-6781 proudhorizons@yahoo.com

MONTHLY EVENTS

1st Monday FREE RAPID HIV TESTING, 8pm to 10pm at Flixx Show Bar, STD testing also available for \$10, call 552-9260 ext. 113 or 142 or visit www.nap.org for more info

1st Thursday GLBT PROFESSIONALS, meeting at 5:30pm in various locations. Email at: GOglbt@cfep-ne.org or see www.GOglbt.org for info

1st Friday FIRST FRIDAY COFFEE HOUSE 8pm, Musicians, poets, open mic, First Unitarian Church, 3114 Harney, Omaha

1st Sunday
Soka Gakkai International (SGI-USA),
Lay Buddhist organization based on Nichiren
Buddhism, World Peace Prayer the First Sun
day of each month, 10am-11:30am,
LGBTQIA Friendly, 1021 N 46th Street,
Omaha, NE 68132, call 402-558-6148

SPIRITUAL FRIENDS OF LINCOLN

12-1pm Fellowship and 1p-2p worship Meets Lincoln at Bennett Martin Library info@inclusivelife.org and on Facebook

2nd Monday

NAP HIV TESTING

Respect Clinic, walk-in from 5:00pm to 7pm —50th & Ames Ave.

2nd Thursday

HEARTLAND PRIDE, Board Meeting- at D Dale Clark Library, 215 S. 15th St. 6:30pm-8pm, Email: info@heartlandpride.org, or find us on Facebook

PFLAG- OMAHA, 6:30pm to 9pm, Countryside Community Church, 8787 Pacific Street *Omaha, Nebraska*

2nd Sunday

Metro Omaha Prime Timers, Monthly Meeting, Abrahams Library, 5111 North 90th St, Stop by our monthly get-together to hear about the great upcoming events, and spend time with good friends. 3pm to 4:30pm. Snacks and beverages provided.

3rd Monday

FREE RAPID HIV TESTING, 8pm to 10pm at Flixx Show Bar, STD testing also available for \$10, call 552-9260 ext. 113 or 142 or visit www.nap.org for more info

IMPERIAL COURT OF NE, Board of Governors meeting, 6:30pm, meeting at the MCC-Omaha, www.imperialcourtofnebraska.org

3rd Sunday

CBCA MEETING 5 PM until about 6:30 PM is our monthly meeting with potluck. We meet at St Paul's Episcopal Church in Council Bluffs – see website for more information at www.councilbluffscommunityalliance.org

4th Monday NAP HIV TESTING

Respect Clinic, walk-in from 5:00pm to 7pm—50th & Ames Ave.

4th Tuesday

PFLAG-CORNHUSKER Unitarian Church, 6300 & A, Lincoln, 7 p.m.

YOUTH HIV TEST Lighthouse, 2530 N, Lincoln, ages 13 to 18, FFI: 475-3220. 3-5:30 pm

Email Your Event to: GAYZETTE@COX.NET

True Friendship

A man brings his best buddy home for dinner unannounced at 5:30 after work. His wife begins screaming at him and his friend just sits and listens in.

"My hair & makeup are not done, the house is a mess, the dishes are not done, I'm still in my pajamas and I can't be bothered with cooking tonight! What the hell did you bring him home for?"

"Because he's thinking of getting married."

UNDERWEAR IS IMPORTANT!!!

From the Northwest Florida Daily News comes this story of a Crestview couple who drove their car to Wal-Mart, only to have their car break down in the parking lot.

The man told his wife to carry on with the shopping while he fixed the car in the lot. The wife returned later to see a small group of people near the car.

On closer inspection, she saw a pair of male legs protruding from under the chassis. Although the man was in shorts, his lack of underpants turned private parts into glaringly public ones. Unable to stand the embarrassment, she dutifully stepped forward, quickly put her hand UP his shorts, and tucked everything back into place.

On regaining to her feet, she looked across the hood and found herself staring at her husband who was standing idly by.

The mechanic, however, had to have three stitches in his forehead!

Natural Born Citizens

In a Purdue University classroom, they were discussing the qualifications to be President of the United States .. It was pretty simple. The candidate must be a natural born citizen of at least 35 years of age.

However, one girl in the class immediately started in on how unfair was the requirement to be a natural born citizen. In short, her opinion was that this requirement prevented many capable individuals from becoming president.

The class was taking it in and letting her rant, and not many jaws hit the floor when she wrapped up her argument by stating, "What makes a natural born citizen any more qualified to lead this country than one born by C-section?"

Yes, these are the same kinds of 18-year-olds that are now voting in our elections! They

breed, and they walk among US... Lord -- we need more help than we thought we did!

Cyanide

A nice, calm and respectable lady went into the pharmacy, walked up to the pharmacist, looked straight into his eyes, and said, "I'd like to buy some cyanide."

The pharmacist asked, "Why in the world do you need cyanide?"

The lady replied, "I need it to poison my husband."

The pharmacist's eyes got big and he explained, "Lord have mercy! I can't give you cyanide to kill your husband, that's against the law!

I'll lose my license! They'll throw both of us in jail! All kinds of bad things will happen.

Absolutely not! You CANNOT have any cyanide!"

The lady reached into her purse and pulled out a picture of her husband in bed with the pharmacist's wife.

The pharmacist looked at the picture and said, "You didn't tell me you had a prescription."

How is Norma?

A sweet grandmother telephoned the Hospital. She timidly asked, "Is it possible to speak to someone who can tell me how a patient is doing?

The operator said, "I'll be glad to help, dear. What's the name and room number of the patient?"

The grandmother in her weak, tremulous voice said, "Norma Findlay, Room 302."

The operator replied, "Let me put you on hold while I check with the nurse's station for that room." After a few minutes, the operator returned to the phone and said, "I have good news. Her nurse just told me that Norma is doing well. Her blood pressure is fine; her blood work just came back normal and her physician, Dr. Cohen, has scheduled her to be discharged tomorrow."

The grandmother said, "Thank you. That's wonderful. I was so worried. God bless you for the good news."

The operator replied, "You're more than welcome. Is Norma your daughter?"

The grandmother said, "No, I'm Norma Findlay in Room 302. No one ever tells me shit.

GLBT RESOURCE LIST

OMAHA BASED

BiMenNebraska, Social Support for Bi and BiCurious Men http://groups.yahoo.com/ group/BiMenNebraska and http:// groups.yahoo.com/group/Bi-MEN-MIDWEST

Camp Kindle, Nebraska based summer camp for kids affected by HIV/AIDS, 877,800.CAMP, www.CampKindle.org

877.800.CAMP, www.CampKindle.org
Citizens for Equal Protection 1105 Howard St. Suite 2, Omaha NE 68102, 3983027 www.cfep-ne.org, email to:
Michael@cfep-ne.org

Family Foundations Therapy for individuals, couples or families, for info call 558-

3856

First Central Congregational Church UCC, 421 South 36th St., 402-345-1533, www.firstcentral.org, GLBT-affirming

First Lutheran Church, 542 So. 31st St., 402-345-7506, GLBT Friendly www.firstlutheranomaha.org

First Unitarian Church, 3114 Harney Street, 402-345-3039, www.firstuuomaha.org, GLBT Welcoming Congregation

First United Methodist Church, 7020 Cass St., 402-556-6262, www.fumcomaha.org, GLBT-affirming

Flat Water Bears, (group disbanded) Front Runners/Walkers, Wednesdays at 6:30pm, Elmwood Park Parking Lot by softball field, Omaha (402-804-8720)

Gay Lesbian Straight Education Network -Omaha, Box 641676, Omaha 68164, 712-325-0117 http://www.glsenomaha.org GayLibrary.com, World Wide Resources GOglbt Professionals, meeting at 5:30PM.

Email at: GOglbt@cfep-ne.org or see www.GOglbt.org for info

Greater Omaha LGBT Democrats

http://omahalgbtdemocrats.wordpress.com contact Ken @ 402-686-6389 See also http:// ProgressiveOasis.com

Heartland Pride
Www.heartlandpride.org, email: into@heartlandpride.org, meets on the 2nd
Thursday of each month from 6:30pm to 8pm.

D. Dale Clark Library

Ice Bowl Invitational Bowling Tournament (IBIT) P.O. Box 31838,Omaha, 68131 R. Hollendieck (402) 556-5556

Imperial Court of Nebraska, Box 3772, Omaha 68103.

www.imperialcourtofnebraska.org

Inclusive Life
402-575-7006 www.inclusivelife.org

Offering religious and non-religious care and services to all without exception. Weddings, Funerals, Coaching and Pastoral Care.

Learning to Exchange Power, no current info available

Leather Engineers of Omaha (LEO) not currently meeting

Metro Omaha Prime Timers, provides a welcoming and supportive environment to

mature gay and bi men and their fans to encourage participation in fun, cultural, educational or social activities. Email PrimeTimersEvents@gmail.com for more information & schedule. Also on Facebook as Metro Omaha Prime Timers Also see the Events list on page 10

Metropolitan Community Church of Omaha, 819 S. 22 St., Omaha 68108 345-2563, mccomaha@mccomaha.org Website: www.mccomaha.org Sunday Worship 9:30am and 11:15am

NAMI - Community Mental Health Support for the LGBTIQ community 415 South 25th Ave, Omaha, NE 402-345-8101 or 877-463-6264

NA Rainbow Group, Narcotics Anonymous, meets Friday thru Monday at 10pm, MCC-Omaha Church, 819 South 22nd St

Nebraska AIDS Project, 250 So. 77th St., HIV testing and counseling

Nebraska Equality.org, Find out everything about Nebraska and the GLBT Community

www.NebraskaPrideIDOL.com

Nebraska Zen Center, Soto Zen Buddhist, 3625 Lafayette Ave., 402-551-9035, www.prairiewindzen.org GLBT inclusive

North Side Christian Church 5555 Larimore Ave., Sunday service at 9:30am, see www.NorthSideOmaha.org

The 'Ohana Group, (GLBT / Nontraditional Family group), email to: Theohanagroup@msn.com

Omaha NE Gay Pride Web Page http://ONGP.com; email to; omahanegaypride@cox.net or ongp1@cox.net

Omaha Metro GLBT Sports League, See www.oglbtsports.com for more information

Onyx Images, Box 31026, 68131-0026 Social/Support Organization for African American Males age 21 and over

Out and About in Nebraska, website: www.travel.to/outabout Email: NeOutAbout@yahoo.com

OUUT (Omaha Unitarian Universalists for Tolerance) First Unitarian Church, 3114 Harney, 68131, 345-3039, www.ouut.org

PFLAG Omaha Chapter, For confidential information or support, call: 402-291-6781, meeting at Countryside Community Church, 8787 Pacific Street *Omaha*, Nebraska

Proud Horizons Youth Group, Sat Afternoon 4pm to 6pm, for info: email proudhorizons@yahoo.com

River City Gender Alliance, PO Box 284, Boys Town, NE 68010, email president@rcga.co or call 402-541-5792, web site www.rcga.co

River City Mixed Bowling Sundays, Maplewood Lanes Omaha, at 3PM call 402 -572-9393 for details

River City Mixed Chorus, Box 3267.

Omaha, NE 68103, 402-341-SING Website: www.rcmc.org

Second Unitarian Church, 3012 S 119th St., Omaha, www.2uomaha.org, 402-334-0537, LGBTQ Welcoming Congregation

SNAP Productions, Box 8464, Omaha, NE 68108 www.snapproductions.com

Temple Israel Synagogue, 7023 Cass St., 402-556-6536, member of the Union for Reform Judaism, GLBT inclusive

Unity Church of Omaha 3424 N. 90, Omaha, Sunday worship: 10:30am Wednesday meditation service 7pm; 571-1344; www.unityomaha.org

Youth Emergency Services, Inc. (Y.E.S.) Offices: 2679 Farnam Street, Suite. 205 Omaha, NE 68131, 402-345-5187, email to info@yesomaha.org

Y.E.S. Drop-in Center, 2057 Harney Street Omaha, NE 68102, 402-505-6922

LINCOLN BASED

GLBT and Allies coffee house, 3rd Fridays, Unitarian Church, 6300 A, 7:30 to 10:30pm

LGBTQ and Ally Programs and Services Resource Center, Pat Tetreault, LGBTQ Resource Center Director.

http://involved.unl.edu/lgbtqa - 402.472.1752 or 402-472-1652

http://www.unl.edu/health/sexuality Lincoln Women's Center, Lincoln 402/472-2597.

Nebraska AIDS Project, 1120 K Street Suite 100, Lincoln, NE 68508, (402) 476-

Nebraska Trans* Community

This group is for individuals that identify with a nontraditional masculine or feminine sense of self (MtF, FtM and anywhere in between) and their Partners. Contact info can be found at: NebraskaTransCommunity.com

OUTLine, a nonprofit organization that engages in and fosters the well-being and advancement of the LGBT community, www.outlinc.org, Lincoln NE

PFLAG Cornhusker Chapter, Box 30128, Lincoln 68508, Meet 4th Tues, Unitarian Church, 6300 A, email to Barbara Kimberly, jbkiber@hotmail.com. Website: http:// pflagcornhusker.org/

Queer Student Alliance, UNL, contact unlqsa@yahoo.com for info

SAGE, Box 22043, Lincoln 68542 Coffee House 2nd Sat, 6 – 9pm, Lesbian Videos 7:15pm, 3319 S. 46

Spiritual Friends of Lincoln

Offering fellowship and worship for those seeking radical hospitality, openess, and inclusiveness. Meets the 1st and 3rd Sunday in Lincoln

info@inclusivelife.org and on FaceBook

Straight Spouse Support Grp 402-429-6094 TriCity GLBT, serving Central Nebraska, web site at http://www.tri-city-glbt.com/

UNL Committee on GLBT Concerns, Contact Pat Tetreault, (402) 472-1752 or

email: ptetreault1@unl.edu/www.unl.edu/cglbtc Women In Trades/YWCA, 1432 N St., Lincoln 68508; 434-3494, Youth Support Group, (402) 434-9880

Iowa Based

Council Bluffs Health Department/Free STD Clinic

209 Pearl Street, Council Bluffs, Iowa 51503, 712-328-4666 – ask for Rachel, Monday – Friday by appointment, call to inquire about extended hours, FREE testing for HIV, Syphilis, Gonorrhea and Chlamydia Council Bluffs Community Alliance

www.councilbluffscommunityalliance.org

Council Bluffs Pride, www.councilbluffspride.org

First Congregational Church, United Church of Christ. GLBT friendly. 611 First Avenue, Council Bluffs, IA 51501, 712-322-5324 - http://www.cbfirstcongregational.org/

Iowa Equality, GLBT –allied against change to the state and federal Constitutions, http://www.IowaEquality.org

Sioux City, Iowa Resource Web Site: www.siouxlandpride.net

Nationally Based

Trevor-24-hour National Suicide Hotline for GLBT and Questioning Youth 1-800-850-8078 or see web site at http://www.thetrevorproject.org/helpline.html

Where Can You Find The Gayzette?

Omaha:

Dixie Quick's Restaurant, 157 West Broadway 712-256-4140 Flixx , 1015 South 10th Street Omaha 402-408-1020 Lover Luxuries, 6065 Maple St. 402-932-3377 The Max, 1417 Jackson St. 402-346-4110 Metropolitan Community Church, 819 South 22nd Street Mystery Bookstore, 1414 South 13th St. 402-342-7343 Nebraska AIDS Project, 250 South 77th St 402-552-9260 Omaha Mining Co., 1715 Leavenworth 402-449-8703 Rodeo Saloon & BBQ 164 W Broadway 712-256-0510

Would you like to have the Gayzette at your Place of business? Email your request to: Gayzette@cox.net

The Hungry Homo

Ham and Potato Soup

Ingredients

2 potatoes, diced, skin on

1 onion, diced fine

1 cup ham stock (or a cup of low sodium chicken broth) 1/2 cup low fat milk

1 cup water

1 can Campbell's condensed Pepper Jack Soup

1 can Campbell's Healthy Request Cream of Celery Soup

1 to 2 cups cubed ham

1/2 cup low-fat sour cream

Methods/Steps

 Put all ingredients, except sour cream, in slow cooker in morning and mix well. If it looks like you need a little more liquid, add a little more water.

2. Turn the cooker on low and forget about it until suppertime.

3. Fifteen minutes before serving, while still in slow cooker, stir in half a cup of sour cream.

Additional Tips Makes 8 servings



Baked Omelet Casserole

Ingredients

10 eggs

1/3 cup milk

1/2 tsp. salt

4 dashes hot pepper sauce

1/2 lb. bacon - cooked, and chopped into bite-size pieces

1 (4 oz.) can black olives, drained

2 Roma (plum) tomatoes, chopped

1/4 cup green onions, chopped

1/3 cup mushrooms, sliced

3/4 cup Colby-Monterey Jack cheese, shredded

Methods/Steps

Preheat oven to 350 degrees. Coat an 8 in. square baking dish

with non-stick cooking spray.

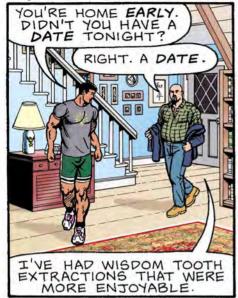
In a large bowl, combine eggs and milk. With an electric mixer, beat until foamy. Blend in salt and hot pepper sauce. Stir in bacon, olives, tomatoes, green onions, mushrooms and cheese. Pour into prepared pan and cover with lid or aluminum foil. Bake in preheated oven for 40 to 50 minutes, or until eggs are set in the center.

Makes 6 servings



Kyle's Bed & Breakfast by Greg Fox

















Website - www.kylecomics.com



E-Mail - gregfox727@gmail.com



Facebook - www.facebook.com/kylecomics







Free HIV Testing*

Free Testing for Chlamydia, Gonorrhea and Syphilis KNOW YOUR STATUS

Council Bluffs Health Dept. 209 Pearl Street Council Bluffs, Iowa



Open Monday—Friday, call for an appointment at 712-328-4666—ask for Rachel

*for those who qualify



250 South 77th Street, Suite A Omaha, NE 68114

(Located behind McDonald's at 77th & Dodge Street)

www.nap.org

402-552-9260

