

# The GayZette



Published by the Rainbow Outreach Metro Omaha GLBT Community Center

## RCMC Board of Directors Appoints New Artistic Director

The River City Mixed Chorus (RCMC) Board of Directors announced this week that it has appointed its new Artistic Director, Dr. A. Barron Breland.



Dr. Breland is scheduled to begin his new role of Artistic Director after RCMC's "Our Family Tree" concert on January 22 and 23, 2011. Current Interim Artistic Director, Wayne Moore, will direct the January concert jointly with Dr. Breland. Dr. Breland's first official performance will be directing the summer concert, "American Pie", on June 11 and 12, 2011.

"We are pleased to have found such a talented and versatile Artistic Director for RCMC", says Board President Travis Wilcox. "We are looking forward to the fresh vision and direction Dr. Breland will bring to our already talented and dedicated group of performers."

Dr. Breland holds a Doctorate in Choral Conducting from the Indiana University Jacobs School of Music, and degrees in Music Theory and Choral Conducting from the University of Georgia and Indiana University. He is currently an Assistant Professor of Music at Creighton University and brings with him a diverse background in many different fields of music, including the piano and saxophone.

About RCMC: RCMC - River City Mixed Chorus - Omaha's GLBTA Chorus, believes in their mission: to build community and enrich the lives of their members and audiences through their passion for music. RCMC's concerts are ASL interpreted and are held in handicap accessible performance spaces. RCMC is a non-profit 501(c)(3) organization funded through membership dues, contributions from individuals, program advertising and grants. For more information on RCMC, visit [www.rcmc.org](http://www.rcmc.org).

Contact: Victor Hahn: 670-1078

## Iowa Supreme Court Judges Booted

By Michelle Garcia

All three Iowa supreme court justices who ruled in favor of legalizing marriage equality for gay and lesbian couples have been voted out of office.



Groups including the National Organization for Marriage, the Family Research Council, and the American Family Association launched a successful \$1 million campaign against the justices.

The campaign was led by Bob Vander Plaats of Iowa for Freedom. Vander Plaats originally ran for governor of Iowa on the

*(Continued on page 4)*

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All ads should be emailed to [Gayzette@cox.net](mailto:Gayzette@cox.net). Checks should be made payable to Rainbow Outreach GLBT Resource Center. 10% Discount for on-going ads of any size. Payment and ads may also be delivered to the Rainbow Outreach GLBT Resource Center, P.O. Box 8583, Omaha NE 68108 on or before the deadline. We reserve the right to refuse any ad which we deem to be inappropriate.

**Ad Deadlines: Friday, Nov 12th, for Publication Nov 19th Friday, Nov 26th for Publication Dec 3rd**

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*(Iowa Supreme Court Judges Booted..... Continued from page 1)*  
platform of eliminating marriage equality, but lost the primary.

An average of 54% of the electorate decided not to retain Supreme Court Chief Justice Marsha Ternus and associate justices Michael J. Streit and David L. Baker according to the Iowa Independent.

The seats can be reappointed by current Governor Chet Culver or incoming Governor Terry Branstad when his term begins in 2011, according to WHO News.

## GOglt Holiday Social

Mark your calendars for the annual GOglt holiday social on December 2nd at Crane Coffee & Cafe (14th & Farnam). If you haven't visited this new Crane Coffee location, this will be a great opportunity to see their latest full-service location that includes breakfast, lunch and dinner! This will be a fantastic event and a time to celebrate this year's accomplishments. For more information visit [www.GOglt.org](http://www.GOglt.org).

## 2010 Best Of Gay Omaha Awards Show Ballots

The ballots are out and it's time for you to vote! Starting Monday, November 1st until Monday, November 15th, ballots for the public vote of the 2010 Best of Gay Omaha Awards will be out so you can cast your vote. Ballot boxes will be available at The MAX and Flixx Lounge.

For those of you who were unable to attend the 2010 Best of Gay Omaha Nominee Show, here is the list of categories and nominees:

Best NewComer: Sashae SaMoore, Sadie, Bubbles, Tharin Chrase

Best Bartender: JD, Nick, Courtney, Vicki

Best Male Performer: DeJay, Joe DeSanti, Josiah, Mark Ledbetter

Best Live Vocalist: DeJay, Jeff Peck, Susie Brenner, Mark Ledbetter

Best EmCee: Derrick, Thomas, Teagan, Domonique Divamore

Best Drag Performer: Anna Roxia, Faleasha Savage, Macy Riley, Fanta Cee

Rising Star: Regina Putana, Tharin Chrase, Nicolette NuVogue, Dr. Gay

Best Talent Performance: Anna Roxia – Miss Max, Marti Gras – Miss DC's Saloon, Joe DeSanti – Mr. Max, Sashae SaMoore – Miss Gay Omaha

Entertainer of the Year: Domonique Divamore, Joyce Symone, Anna Roxia, DeJay

Again this year, each nominee will be watched over the next few weeks by an independent panel of judges who will each cast a vote for their favorites in each category. The remaining vote will be cast by members of the community.

Make sure to mark your calendar and see who the winners are at the 2010 Best of Gay Omaha Awards Show on Sunday, November 21st starting at 10:00PM at The MAX.

## True Colors

By Community Chaplain Royal Bush  
Facebook: Inclusive Life

Yay, nay, nay, yay, yay, abstain. That is how the votes were tallied for City of Omaha Councilmen Ben Gray's proposed ordinance to prevent discrimination city wide based on Sexual Orientation, Gender Expression and Gender Identity. It failed. Cyndi Lauper sings "You with the sad eyes don't be discouraged oh I realize it's hard to take courage in a world full of people you can lose sight of it all. And the darkness inside you can make you feel so small." For those who were there and for those of us who watched the council meeting on TV we heard some hurtful words. We watch person after person (some proclaiming to be people of God) attack our lives, us as people for simply loving, breathing and existing.

Jean and Franklin said that they are concerned that passing this ordinance would have unwanted affects on local businesses. The question we may have is, what business or business owner would take profit or joy in discriminating against the GLBT community?

Franklin said he may need 5 more years to think about it and process it all as he is a part of the "ing" group (the third group affected. (Pro GLBT, Anti Gltb and the ones who are leanING, listenING, waitING, etc.) We didn't have 5 more years to wait for slavery to end, for women to get voting rights, for blacks to have full civil rights, and we should not have to wait five more years to show our true colors.

Many of our families, friends, co-workers and neighbors think that we already have protection. We need to educate them all, each other and let them know that Hate is not a Nebraska value! I lived in Omaha most of my life. Since coming out in the mid 80's I proudly volunteer and promote social justice. I can say with a clear conscious that I have not seen this GLBT commu-

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## Cicilline Becomes Fourth Gay Rep

By Kerry Eleveld

David Cicilline will become the fourth openly gay member of the House of Representatives, joining Tammy Baldwin, Barney Frank, and Jared Polis in the 112th congressional session.



The 49-year-old mayor of Providence, R.I., survived a last-minute attack on his sexual orientation in the form of a flier reading, "Alert!!! Before you vote for U.S. Congress, you should know that ... John Loughlin is a husband and father and believes in traditional family values. ... Cicilline is an openly gay man who supports same sex marriage."

Chuck Wolfe, president and CEO of the Gay and Lesbian Victory Fund, welcomed the news.

"Mayor Cicilline will be a strong advocate for all Rhode Islanders, but he will also be an authentic voice for the millions of gay, lesbian, bisexual and transgender Americans who long for the day when we will be treated equally under law," said Wolfe. "We are enormously proud of him and grateful to Rhode Island voters."

Cicilline won the Democratic nomination in September after collecting 37% of the vote to edge out two opponents. At the time, political observers assumed that winning the Democratic primary in a true blue state like Rhode Island would make his ascension to Congress a lock. But in recent weeks analysts began to worry that a red wave could potentially overtake even solid Democratic candidates.

## No Legal Marijuana in California

By Advocate.com Editors

California voters look to have rejected Prop. 19, an effort to legalize marijuana and allow local governments to tax the sale of the drug.

Few issues have received as much attention around the state, though relatively little money was spent on the campaign. The measure was opposed by law enforcement groups and elected officials from both political parties.



If Prop. 19 has been passed in California, U.S. Atty. Gen. Eric

*(Continued on page 8)*

*(True Colors, Continued from page 4)*

nity ever fully disturbed about something, so passionate about something, on fire to the point that EVERY SINGLE gay, lesbian, bi-sexual, transgender and allies wakes up, stands up, shouts loud, long and proud...

I have never seen the sleeping giant woke. I have never seen our community stand together, putting most all of our eggs in one basket and move forward making change, not being held hostage by lies, deception and hate from those who live here and those whom they bring in.

There is a color in the rainbow flag that probably resonates with each person who is reading this. I hope you own that color. I hope you show that color. I hope that we don't wait another 5 years to help make Omaha, to help make Nebraska a place to live for all regardless of what color they choose.

What say you Nebraska? Are you ok living as a 2nd class citizen or are you ready to demand what is right? It is time to show are True Colors?

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(No Legal Marijuana in California , Continued from page 6)

Holder said the Obama administration would "vigorously enforce" federal drug laws against Californians who grow or sell marijuana for recreational use.

## Gay Mayor for Lexington Kentucky

By Andrew Harmon

As Kentucky voters ushered in a major senate victory for the Tea Party on Tuesday night, the state's second-largest city also elected its first openly gay mayor.

In a heated race, Lexington vice mayor Jim Gray declared victory over incumbent mayor Jim Newberry with a 6-point margin, first reported by the Lexington Herald-Leader.

Although Gray's sexual orientation was reportedly a hot-button issue on local talk radio shows in recent days, the mayor-elect told The Advocate that boilerplate economic concerns were the



overriding focus in the election.

"This campaign was about pocketbook issues. Sexual orientation was not on the radar," said Gray, CEO of a family construction company headquartered in Lexington for 28 years.

Of his mayoral election, Gray added that he hoped his election "will illustrate that this is a city that is welcoming to everyone."

In the Kentucky senate race, Rand Paul declared victory early in the evening over Democratic challenger Jack Conway. Paul has previously asserted that "don't ask, don't tell" has "worked relatively well" and suggested that the 1964 Civil Rights Act was overly broad and should not apply to private businesses.

Gray declined to comment on Paul's stance on LGBT issues, saying that, "As the mayor of Lexington, I will work closely with the senator to do what's best for the state."

Gray received support from the Victory Fund, whose president and CEO, Chuck Wolfe, called the election "a tremendous victory for Lexington, for Kentucky's LGBT community, and for fairness."





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## Gays Reassess After GOP Gains

As Republicans reclaimed the House and gained seats in the Senate, LGBT advocates radically reconsidered what advances might be possible for equality in the next Congress.

By Kerry Eleveld

Democrats and progressive LGBT advocates were in for a long night Tuesday when news organizations began predicting around 9 p.m. Eastern that Republicans would take control of the House.

The wave of red, fueled by independents who gave President Barack Obama only a 32% approval rating, according to an NBC/Wall Street Journal poll on the eve of the election, meant the formula for equality gains would change considerably over the course of the next two years.

"This is going to be a real test of the leadership of the gay community," said Christopher Barron, chairman of the Board of GOProud, a conservative gay group. "This will be a test of whether partisanship will come first or if there will be a recognition that the leadership is actually interested in delivering for their constituency."

Advocates on both sides of the aisle almost uniformly agreed that the large agenda items such as the Employment Non-Discrimination Act, Defense of Marriage Act repeal, and passing domestic partner benefits for government employees would be nonstarters in the 112th Congress. But most also agreed that "don't ask, don't tell" repeal might still garner bipartisan sup-

port.

Barron said new opportunities to work with the Republican majority in the House would not be "sexy" but might be promising nonetheless, as he ticked through a list that included reworking Social Security, encouraging health insurance competition, and altering the tax code.

As Republicans revisit taxes and the federal deficit, Barron saw an opportunity for LGBT activists to push for optional personal savings accounts that move toward privatizing Social Security. From his perspective, this would help level the playing field for LGBT Americans, who are currently locked into a Social Security system that does not allow them to pass their survivor benefits along to their partners.

"You'd be able to take a portion of your Social Security tax dollars and put it into a personal savings account that you could leave to your partner or really anyone that you wanted to — something you're barred from doing today," Barron said.

He also said that LGBT groups could support opening up competition among insurers across state lines so that, no matter where you live in the country, people could purchase plans from insurance companies that provide domestic-partner coverage.

R. Clarke Cooper, executive director of the Log Cabin Republicans, said he could see a stand-alone tax equity bill that would equalize tax treatment for same-sex couples drawing support from GOP members who have not traditionally supported

*(Continued on page 12)*

## GETTING ALONG WITH DIFFICULT PEOPLE

Michael Kimmel  
[beyondtherapy@cox.net]



No matter how wonderful your life is, it's impossible to avoid difficult people. These unpleasant folks may be your neighbors, coworkers, family, clients, boss or even your partner. Regardless of who they are, how are you going to get along with them? You can't just blow them off and run away (they have a way of finding you). You need to find ways to make peace with them, no matter how stupid, obnoxious or unpleasant they are. Here are some ways to start:

**Know Yourself:** Take some time and figure out what kind of people drive you "crazy", e.g., who in your life can really push your buttons? These pain-in-the-ass people (I call them "PITAs") are your triggers. When you notice one of your PITAs is triggering you, what can you do? How can you avoid being a "victim" of someone else's lousy unhappiness?

**Watch Your Body:** Most of us feel stress/tension/worry when we're around our PITAs. Notice what happens to your body when you're around them. Where does the stress and tension show up? Imagine that you're talking with your least favorite person in the world: notice what's going on in your body. Where do you feel physical sensations? Many of us, when we're around difficult people, feel our shoulders and necks get rigid. Often we "stuff" our anger/frustration in our stomach. Some of us lock our jaws or tighten up our eyes. We all have our own ways of how our bodies react to the PITAs in our life. We can use this to change how we habitually respond to them.

**PITAs at Work:** Our private lives are usually easier to control, but what about our work life? At work, we're often stuck dealing with difficult people, whether they're customers, coworkers or supervisors. While you're at work, what can you do to help yourself handle your PITAs more easily?

Get some physical exercise before you come to work, during breaks or at lunch. Hit the gym on the way to work, take a walk around the building during a break or go for a brisk stroll at lunch. After a challenging day at work, when you get home, do something fun and/or relaxing, e.g., play with your pets or your kids, do a little yoga, meditation, prayer, hang out in nature, listen to music you like, enjoy some gardening or reading.

While at work, limit your caffeine and sugar intake and you'll have fewer emotional ups and downs. When not at work, limit alcohol: it messes up deep sleep patterns so that - the next day - your PITAs can easily irritate you.

At lunchtime, notice what foods make you sleepy or groggy and which ones leave you alert and energized when you're back at your desk. Before you leave for work, eat something for breakfast. It's not good to go to work on an empty stomach: you're more likely to be moody and let a difficult person get to you. All day long: drink lots of water: it gets electrolytes to your brain and helps you think more clearly: a good skill to have when dealing with your PITAs.

**Watch your Self-Talk:** What do you tell yourself when someone obnoxious starts to piss you off? Imagine a situation where you've been insulted by a difficult client. Got it? Now try these 3 steps to change your self-talk:

- Notice what you're thinking ("All my clients are morons".)
- Stop thinking that thought (think "Delete" or "Erase")

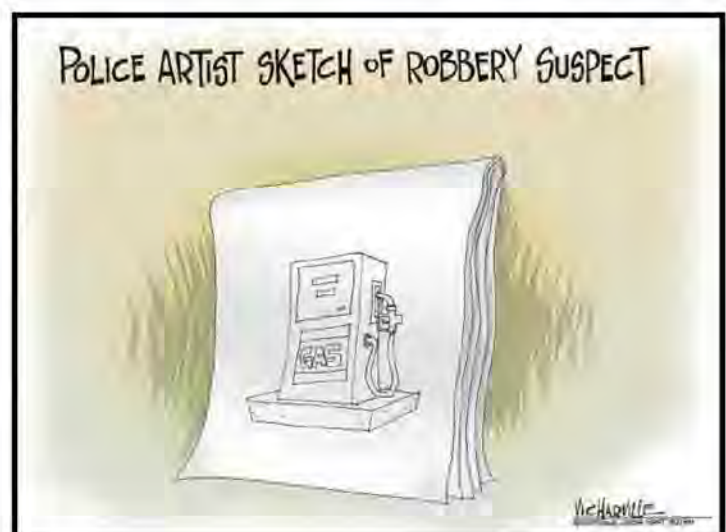
- Substitute another thought in the same vein that is positive or at least neutral ("I can handle a few difficult clients". Or "Most of my clients are good people. This too will pass.")

**Your Ideal Relaxation Place (IRP):** Here's a secret weapon in the war against the PITAs: Close your eyes and visualize the most peaceful place you've ever been. What it was like? Really experience it with all your senses; feel as if you're really there. This place - your Ideal Relaxation Place (IRP) - is your secret weapon against difficult people. Your IRP is always there when you need it, because it's all in your mind. You can go there any time you need to escape from those evil PITAs. If you have 10 seconds, you can go there quickly. If you have 20-30 seconds, even better.

**Problems with sleeping:** If you don't sleep well, you're more vulnerable to people pushing your buttons. Here are some suggestions for getting a good night's sleep: Avoid intense exercise or eating within 3 hours of sleep time. Don't watch the news or read newspapers at this time either: you don't want to take those "death, doom & disaster" thoughts to sleep with you. If you're physically tense, a hot bath with Epsom salts helps your muscles relax.

**Take good care of yourself:** We really do have a choice in how we respond to difficult people; we're not helpless little victims. Knowing yourself and taking good care of yourself minimizes how much your PITAs will be able to push your buttons and piss you off. By watching how your body reacts to difficult people and being aware of the food and drink you put in it, you'll have more control over what you used to think were "automatic" or "gut" reactions to all those annoying people in your life. Try the IRP visualization when someone annoys you and do your best to minimize negative self-talk.

**Aim for improvement, not perfection:** No one's perfect: we all lose it now and then. Don't beat yourself up if you get irritated at one of your PITAs. Instead, forgive yourself, apologize (if necessary) and get back on track. Eventually, fewer and fewer people will be able to drive you "crazy" and those pain-in-the-ass people will start to leave you alone because they'll no longer get a reaction out of you. They'll start to bother other people instead, and you'll no longer feel like a "victim" of anyone else's lousy mood/day/life. Some people call this "happiness". Check it out.





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**Contact [Posha\\_Towers@yahoo.com](mailto:Posha_Towers@yahoo.com) or [Jodi\\_p07@yahoo.com](mailto:Jodi_p07@yahoo.com)**

*(Gays Reassess GOP Gains, Continued from page 9)*  
LGBT causes.

"We've had initial positive feedback from a number of Republican members of Congress who have never had their name associated with anything that could be seen as an equality measure," Cooper said.

Cooper added that he believed "don't ask, don't tell" repeal could get new life once the pressure of election is over and the Pentagon's working group study is released in early December.

"A number of Republican senators have said that they wanted to have the review process completed before being openly supportive of repeal," he said. "It would look really horrible to have all those things lined up and to miss the opportunity to be on the right side of history." But overall, because the election centered around jobs and economy, Denis Dison of the Gay and Lesbian Victory Fund anticipated that many LGBT Americans would be in for a surprise.

"I think a lot of people will wake up on Wednesday morning and say, 'Oh, my God, we're going to be in the desert for a little while,'" said Dison, director of communications.

Dison said it was tactically brilliant for the Tea Party movement and Republicans to steer clear of social-issue discussions such as gay rights and abortion because many of their candidates trend so far to the right of the nation as a whole.

"I think there will be a rude awakening at some point," Dison said. "I understand that people are so fed up with unemployment and joblessness, but a lot of candidates will have been

elected that do not reflect mainstream American values when it come to LGBT equality."

Progressive groups said they would turn their attention from legislation to initiatives that can be achieved at the federal agency level.

"Federal policy changes will be one of the few ways that we can exact change for LGBT people at federal level," said Fred Sainz, director of communications for the Human Rights Campaign. Sainz said that could include "close to 100 different policy changes" that are "completely the purview of the president," most of which don't require an executive order.

In health care, for instance, as the Department of Health and Human Services implements regulations for the newly passed Affordable Care Act, Sainz said HRC will push for state health insurance exchanges to make coverage available to same-sex partners and their children; for the new health disparity and data collection efforts to include sexual orientation and gender identity; and for the benefits package offered by insurance plans to cover gender transition treatments.

Sainz added that he was concerned about having to combat some "insidious" antigay attacks from conservatives.

"The new form of homophobia may not be as blatant at the Federal Marriage Amendment," he said of the 2004 and 2006 efforts to amend the U.S. Constitution to ban same-sex marriage. "It will be more like McCain saying he's not opposed to 'don't ask, don't tell' but he wants hearings on the Pentagon study." Richard Socarides, who was working in the Clinton White House during the 1994 election when Democrats took a big hit in the midterms, said he didn't see the night so much in ideo-



Monthly Meetings: Second Thursday 7:00 P.M.  
Location: First United Methodist Church  
7020 Cass, Omaha, Nebraska  
Web Site: [www.pflag-omaha.org](http://www.pflag-omaha.org)

P.O. Box 390064  
Omaha, NE 68139-0064

HELPLINE  
(402) 291-6781

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## FRIDAY YOUTH NIGHT

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1719 LEAVENWORTH, OMAHA

EVERY FRIDAY EXCLUDING MAJOR HOLIDAYS  
(402) 341-0330 [WWW.RAINBOWOUTREACH.ORG](http://WWW.RAINBOWOUTREACH.ORG)

logical terms.

"I think people too often make the mistake of looking to previous administrations for lessons in how to deal with present-day problems," he said, adding that the '94 comparison wasn't particularly instructive to him.

"The voters sent several messages tonight, but one is clearly that they are tired of the highly politicized partisan battles that go on nonstop in Washington," he said. "The important thing for Obama to do now is to say, 'I got the message loud and clear, and I'm ready to work with others in governing.'"

Socarides said the Democrats' "big strategic mistake" on

LGBT issues was failing to push through DADT repeal and maybe even ENDA in 2009 while they were taking an entire year to shepherd health care reform.

But from a broader perspective, he added that White House insiders had been too insular, even with people in their own party.

"If you were not part of the Chicago group and there from the beginning, they weren't really interested in your ideas; it didn't matter what party you were from," he said.

But he said the LGBT movement also had some takeaways from the last two years.

"We have to press our enemies and press our friends harder," he said, "and also we all need to work together. This snarky infighting that goes on amongst our side just does not do us any good."



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**SOLD**

## New Yorkers Hail Cuomo Win

By Julie Bolcer

While LGBT New Yorkers anxiously awaited state senate election results, leaders and activists celebrated the gubernatorial win of Andrew Cuomo, who called his victory a repudiation of divisive politics.

"They thought that they could take our diversity and make it a weakness, but they can't," said Cuomo in his victory speech to Democrats gathered in Midtown Manhattan. As he often did throughout the campaign, he did not mention his chief opponent, Republican Carl Paladino, by name.

"Yes, we are gay and we are straight," he continued. "But we are one state because we are New York."

Cuomo, the projected winner over Republican Carl Paladino, has pledged to make marriage equality a pillar of his reform-minded program for New York. Last week, his running mate, lieutenant governor candidate Robert Duffy, said that a Cuomo administration would approach the bill without hesitation.

The marriage equality bill failed by a 38-24 margin in the state senate last year. As 11 p.m. approached on Tuesday, it remained unclear whether Democrats would be able to maintain and expand their slim 32-30 majority in the chamber, generally considered to be the best scenario for the future of the marriage equality bill in 2011. However, last month Republican leader Dean Skelos said he would recommend that the bill be brought to the floor for an up or down vote should his party win back the majority they held for four decades until 2008.

At the state Democratic Party's election night celebration at the Sheraton New York Hotel and Towers in Midtown Manhattan, where rainbow flags were interspersed with Cuomo-Duffy campaign signs in the ballroom, gay leaders and activists responded with enthusiasm to the news of the Cuomo win.

"It's really exciting," said New York city council speaker Christine Quinn. "To have a governor who not just supports marriage equality but says he is going to sign a marriage equality bill sends a message to the legislators that they need to get the job done and get it done soon."

The Cuomo victory encompassed all sections of the state except for the

*(Continued on page 17)*

# GAYZETTE EVENTS

**Rainbow Outreach**  
**Metro Omaha GLBT Center**  
**1719 Leavenworth, Omaha**  
 (mail address: PO Box 8583 Omaha NE 68108)

## NEW WALK-IN HOURS

Saturdays 4:00PM - 11:00PM  
 Sundays 4:00PM - 6:00PM  
 Thursdays 7:30PM - 9:00PM  
 Fridays 6:00PM - 11:00PM

**\*Closed Most Major Holidays**  
**(402) 341-0330**  
**www.rainbowoutreach.org**

**The GLBT Center welcomes gay, lesbian, bisexual, transgender, and allied persons; we encourage all to attend GLBT Center events and activities. We celebrate unity and diversity - sexual orientation, gender identity, sex, race, religion, age, ability, ethnic and national origin.**

## WEEKLY EVENTS

### Every Sunday

**WORSHIP SERVICES:**  
**AUGUSTANA LUTHERAN CHURCH,** ELCA, 3647 LaFayette Ave., Omaha GLBT friendly, www.augustanalutheran.com

**DIETZ METHODIST** 1423 S.10, Coffee-house casual downstairs at 9am, Traditional Worship at 11am

**EPISCOPAL GLBT FELLOWSHIP,** St. Andrews Church, 84th & Pacific, 6-7PM, email: EpiscopalGLBT@yahoo.com

**FIRST CENTRAL CONGREGATIONAL CHURCH, UNITED CHURCH of CHRIST,** info at: www.firstcentral.org

**FIRST UNITED METHODIST** 7020 Cass, 8:30 & 10:45am services

**FIRST UNITARIAN** 3114 Harney, 9:30 a.m. "eclectic service" and 11:15 a.m. "traditional service"

**GAY MEN'S ALCOHOLICS ANONYMOUS** 4pm, Augustana Lutheran Church 3647 Lafayette Ave., Info call Mark 639-3055

**HASTINGS COLLEGE GSA** 8PM FFI: Judy Sandeen (402) 461-7372

**HIV+ SUPPORT GROUP** 7-8:30 pm at the NAP office located at 1921 South 17<sup>th</sup> Street in Lincoln, NE.

**METROPOLITAN COMMUNITY**

**CHURCH OF OMAHA** 819 S. 22nd St., 345-2563 Sunday Worship 9am and 11am & Wednesday Worship at 7pm

**ONE PROMISE GROUP,** Narcotics Anonymous, every Sunday at 6PM, MCC-Omaha, 819 South 22nd St., for info contact Tamara B. at 714-8552

**RIVER CITY II MIXED BOWLING,** 3pm, Maplewood Lanes, starting again after Labor Day

**SECOND UNITARIAN,** 10:30am Sunday service, 3012 South 119th St., Omaha NE

**UNITY CHURCH OF OMAHA,** 3424 N. 90, Omaha, 10:30am service and Wednesday meditation service at 7pm

**WIMMIN'S SHOW,** KZUM 89.3 12:30pm

**Every Monday**  
**A A GLBT "RAINBOW GROUP"**  
 Meeting Place, 28 & S, Lincoln, 7:30 pm

**GAY/BI/STRAIGHT SUPPORT GROUP**  
**HIV+ MEN** 7pm every Monday, NAP, 2147 S. 15th St., Lincoln NE, contact Nick or Rick at 402-476-3144

**NA RAINBOW GROUP,** Narcotics Anonymous, meets Fridays thru Mondays at 10pm, MCC-Omaha Church, 819 South 22nd St

**RIVER CITY MIXED CHORUS REHEARSALS,** 6:45PM—9:15PM, First United Methodist Church, 7020 Cass St.

**Every Tuesday**  
**HASTINGS COLLEGE ALLIANCE,** meet Tuesdays at 7PM (when college is in session), Please contact Dr Antje Anderson at [anderson@hastings.edu](mailto:anderson@hastings.edu) or Judy Sandeen at [jsandeen@hastings.edu](mailto:jsandeen@hastings.edu) for further information.

**UNL LESBIAN/BI/QUESTIONING SUPPORT GROUP,** 7-8:30PM, Women's Center, Nebraska Union, Lincoln, 472-5644

**Every Wednesday**  
**AA FOURTH DIMENSION,** 7pm, Open to men and women, 219 North 48th Street

**FRONTRUNNERS RUN/WALK** 6:30pm, Elmwood Park Parking Lot by softball field, Omaha

**HIV TESTING LINCOLN,** 4-7 pm, results in 20 minutes, 1921 So. 17th St. 402-476-7000

**KARAOKE W/ STACY** 9:00 pm, at DC's Saloon

**LGBT A A** 7:30pm, Alcohol Ctrl., 2116 W. Faidley, Grand Island. Peggy (308) 226-8286, Center (308) 398-5427

**NAP HIV TESTING,** 250 South 77th St., by appointment only on Wednesdays from 1:30 to 4:00pm, Thursday and Friday Walk-In from 5pm to 9pm, & at the Respect Clinic walk-in from 5:30pm to 7pm

**UNITY CHURCH OF OMAHA,** 7pm

## WORSHIP SERVICES

**MCC OMAHA,** Bible Study, 7pm

**Every Thursday**  
**CONNECTIONS THIRSTY THURSDAYS**  
 Club Passion Party

**DANCE LESSONS WITH GORDON** 7pm, free, DC's Saloon, Classes run from Sept 9th thru May 20th annually

**KARAOKE W/ STACY** 9:00 pm, at DC's Saloon

**NAP HIV TESTING** 5pm- 9pm walk-in, 250 So. 77th, Same day results

**OMAHA GLBT SPORTS LEAGUE,** playing Softball every Thursday 6-10pm, at Churchich park (50th and C). Games will be played through August 12th

**Every Friday**  
**LIVE & LET LIVE AA Meeting,** 8:15pm to 9:15pm, Open to men and women, at Underwood Hills Presbyterian Church, 851 North 74th Street

**LIVE & LET LIVE AL-ANON,** a group focused on support and recovery for the friends and relatives of alcoholics, 7pm to 8pm at the Underwood Hills Presbyterian Church, 851 North 74th Street

## OUT & ABOUT SOCIAL CLUB

Open to everyone 21 and over, every Friday 6:30pm (time may vary), for more information call 402-384-8014

**DJ & LIVE ENTERTAINMENT** at Connections Bar, theme nights and shows

**GLBT CENTER YOUTH NIGHT,** 6PM to 11PM, for ages 13 to 23. Youth sponsored and organized activities, under adult supervision. Every Friday, excluding holidays. 1719 Leavenworth Street, snacks, soda's provided

**NAP HIV TESTING** 5pm- 9pm walk-in, 250 So. 77th, Same day results

**Every Saturday**  
**AA SATURDAY AFTERNOON,** 1:30pm, Open to men and women, 219 North 48th Street, call 402-558-0733 for more info

**DIXIE AFTER DARK,** Enjoy Breakfast at Dixie Quicks Restaurant, 12AM to 4AM, every Saturday night, 1915 Leavenworth St., Proceeds benefit local GLBT organizations

**DJ MUSIC AND DANCING** 10PM, Connections Bar (open Thurs., Fri., Sat. nights from 6PM to 2AM)

**PROUD HORIZON YOUTH GROUP** 4-6pm, First United Methodist Church, 291-6781 proudhorizons@yahoo.com

**Every Other Friday**

**CBCA SOCIAL GET-TOGETHER** at  
Broadway Joe's (34th & Broadway in CB)  
starting at 5:15pm every other Friday

## **MONTHLY EVENTS**

### **1<sup>st</sup> Tuesday**

**LINCOLN MIXED CHORUS** 6:30pm,  
Unitarian Church, 6300 A, Lincoln

### **1<sup>st</sup> Wednesday**

**FREE RAPID HIV TESTING**, 8pm to 10pm  
at Flixx Show Bar, STD testing also available  
for \$10, call 552-9260 ext. 113 or 142 or visit  
www.nap.org for more info

### **1<sup>st</sup> Thursday**

**GLBT PROFESSIONALS**, meeting at  
5:30pm in various locations. Email at: [GOglbt@cfep-ne.org](mailto:GOglbt@cfep-ne.org) or see [www.GOglbt.org](http://www.GOglbt.org) for  
info

### **1<sup>st</sup> Friday**

**FIRST FRIDAY COFFEE HOUSE** 8pm,  
Musicians, poets, open mic, First Unitarian  
Church, 3114 Harney, Omaha

### **1<sup>st</sup> Saturday**

**HEARTLAND GAY RODEO ASSOCIA-  
TION**, Meeting days and times may vary,  
call 402-505-3331 for info or see [www.hgra.us](http://www.hgra.us)  
for meeting schedules etc.

**RIVER CITY GENDER LLIANCE**, at 7:00  
pm . See [www.rivercitygenderalliance.org](http://www.rivercitygenderalliance.org)

### **2<sup>nd</sup> Thursday**

**PFLAG- OMAHA**, 7pm to 9pm, First United  
Methodist Church

### **2<sup>nd</sup> Saturday**

**LEARNING TO EXCHANGE POWER**  
[L2EP@aol.com](mailto:L2EP@aol.com) 2pm; DC's Saloon

**TOP TRANSGENDER DROP-IN**, 6 to 9pm  
at Rainbow Outreach GLBT Center, 1719 Leav-  
enworth St.

### **3<sup>rd</sup> Monday**

**IMPERIAL COURT OF NE**, Board of Gov-  
ernors meeting, 6pm, meeting at the Rainbow  
Outreach GLBT Community Center,  
[www.imperialcourtofnebraska.org](http://www.imperialcourtofnebraska.org)

**PFLAG SOUTH CENTRAL (HASTINGS,  
NE)**, Meeting on 3rd Mondays at First Con-  
gregational United Church of Christ, 7th and  
Marian St., 7PM, email to  
[jsandeen@inebraska.com](mailto:jsandeen@inebraska.com) or call 402.462.2961  
or 402.460.8696

### **3<sup>rd</sup> Thursday**

**COFFEE HOUSE** Unitarian Church, 6300 A,  
Lincoln

**LINCOLN MIXED CHORUS** 6:30pm,  
Unitarian Church, 6300 A, Lincoln

### **3<sup>rd</sup> Sunday**

**CBCA MEETING** 5 PM until about 6:30 PM  
is our monthly meeting with potluck. We meet  
at St Paul's Episcopal Church in Council Bluffs

### **4<sup>th</sup> Tuesday**

**PFLAG-CORNHUSKER** Unitarian Church,  
6300 & A, Lincoln, 7 p.m.

**YOUTH HIV TEST** Lighthouse, 2530 N, Lin-

coln, ages 13 to 18, FFI: 475-3220. 3-  
5:30 pm

### **4<sup>th</sup> Friday**

**LEO - LEATHER ENGINEERS OF  
OMAHA**, Not currently meeting.

**Email Your Event to:  
GAYZETTE@COX.NET**

## **AN ATHEIST IN THE WOODS**

An atheist was walking through the  
woods.

'What majestic trees!'  
'What powerful rivers!'  
'What beautiful animals!'  
He said to himself.

As he was walking alongside the river, he  
heard a rustling in the bushes behind him.

He turned to look. He saw a 7-foot  
grizzly bear charge towards him.

He ran as fast as he could up the path. He  
looked over his shoulder & saw that the  
bear was closing in on him.

He looked over his shoulder again, & the  
bear was even closer.

He tripped & fell on the ground.

He rolled over to pick himself up but saw  
that the bear was right on top of him,  
reaching for him with his left paw &  
raising his right paw to strike him.

At that instant moment, the Atheist cried  
out: **'Oh my God!'**

Time stopped.  
The bear froze.  
The forest was silent.....

As a bright light shone upon the man, a  
voice came out of the sky.

'You deny my existence for all these  
years, teach others I don't exist and even

credit creation to cosmic accident.' 'Do you  
expect me to help you out of this predicam-  
ent?' 'Am I to count you as a believer?'

The atheist looked directly into the light, and  
said: 'It would be hypocritical of me to sud-  
denly ask you to treat me as a Christian now,  
but perhaps you could make the BEAR a  
Christian?'

'Very well', said the voice.

The light went out. The sounds of the forest  
resumed. And the bear dropped his right paw,  
brought both paws together, bowed his head &  
spoke:

'Lord bless this food, which I am about to  
receive from Thy bounty through Christ our  
Lord, Amen.'

## **Repairs**

An Amish woman was pulled over by a cop.  
"Ma'am," said the cop, "I'm not going to ticket  
you, but I do have to issue you a warning. You  
have a broken reflector on your buggy."

"Oh, I'll let my husband, Jacob, know as soon  
as I get home," responded the Amish lady.

"That's fine. Another thing, ma'am. I don't like  
the way that one rein loops across the horse's  
back and around one of his testicles. I consider  
that animal abuse. Have your husband take  
care of that right away!", instructed the cop.

Later that day, the lady is at home telling her  
husband about her encounter with the cop.

"Well, dear, what exactly did he say?" asked  
Jacob.

"He said the reflector is broken," replied the  
lady.

"I can fix that in two minutes. What else?,"  
wondered Jacob.

"I'm not sure, Jacob... something about the  
emergency brake..."

No bears, God, little old ladies or their hus-  
bands, cops nor horses were harmed by these  
jokes. A buggy got it's reflector fixed, the cop  
went home to a nice dinner with his family and  
the bear..... Well, he ate well that day too.

# GLBT RESOURCE LIST

## OMAHA BASED

**Alphabet (ABC) Soup at UNO**,  
[http://groups.yahoo.com/group/uno\\_abcoup](http://groups.yahoo.com/group/uno_abcoup),  
Phone Student Organizations at 554-2711.

**BiMenNebraska**, Social Support for Bi and BiCurious Men <http://groups.yahoo.com/group/BiMenNebraska> and <http://groups.yahoo.com/group/Bi-MEN-MIDWEST>

**Camp Kindle**, Nebraska based summer camp for kids affected by HIV/AIDS, 877.800.CAMP, [www.CampKindle.org](http://www.CampKindle.org)

**Citizens for Equal Protection** 1105 Howard St. Suite 2, Omaha NE 68102, 398-3027 [www.cfep-ne.org](http://www.cfep-ne.org), email to: [Michael@cfep-ne.org](mailto:Michael@cfep-ne.org)

**Diamond Foundation**, making a difference through music and education, call 877-87-DIAMOND/[www.diamond-foundation.org](http://www.diamond-foundation.org)

**Family Foundations** Therapy for individuals, couples or families, for info call 558-3856

**First Central Congregational Church UCC**, 421 South 36th St., 402-345-1533, [www.firstcentral.org](http://www.firstcentral.org), GLBT-affirming

**First Lutheran Church**, 542 So. 31st St., 402-345-7506, GLBT Friendly [www.firstlutheranomaha.org](http://www.firstlutheranomaha.org)

**First Unitarian Church**, 3114 Harney Street, 402-345-3039, [www.firstuomaha.org](http://www.firstuomaha.org), GLBT Welcoming Congregation

**First United Methodist Church**, 7020 Cass St., 402-556-6262, [www.fumcomaha.org](http://www.fumcomaha.org), GLBT-affirming

**Flat Water Bears**, (group disbanded)

**Front Runners/Walkers**, Wednesdays at 6:30pm, Elmwood Park Parking Lot by softball field, Omaha

**Gay Lesbian Straight Education Network - Omaha**, Box 641676, Omaha 68164, 712-325-0117 <http://www.glsenomaha.org>

**GayLibrary.com**, World Wide Resources

**GLBT Professionals**, meeting at 5:30PM. Email at: [GOglbt@cfep-ne.org](mailto:GOglbt@cfep-ne.org) or see [www.GOglbt.org](http://www.GOglbt.org) for info

**Heartland Gay Rodeo Association**, see [www.hgra.us](http://www.hgra.us) for information

**Ice Bowl Invitational Bowling Tournament (IBIT)** P.O. Box 31838, Omaha, 68131 R. Hollendieck (402) 556-5556

**Imperial Court of Nebraska**, Box 3772, Omaha 68103 556-9907, Board Meets 3<sup>rd</sup> Monday, Rainbow Outreach GLBT Center, [www.icon.impcourt.org](http://www.icon.impcourt.org)

**Inclusive Life Care & Service Group** 105 S. 49th Street Omaha 68132  
Spiritual-Interfaith-Secular Care & Service for all Individuals, Couples and Families [www.inclusivelife.org](http://www.inclusivelife.org) 402-516-8475

**Learning to Exchange Power**, [L2EP@aol.com](mailto:L2EP@aol.com); Social, educational group novices in Leather, S/M, B/D Lifestyle

**Leather Engineers of Omaha (LEO)** Box 8101, Omaha, 68108-8101 Gay men in leather lifestyle, not currently meeting

**LinOma Bares**, for more Info email [linomabares@yahoo.com](mailto:linomabares@yahoo.com) or mail to P.O. Box 24547, Omaha NE 68124

**Metropolitan Community Church of Omaha**, 819 S. 22 St., Omaha 68108 345-2563, [mccomaha@mccomaha.org](mailto:mccomaha@mccomaha.org)  
Website: [www.mccomaha.org](http://www.mccomaha.org) Sunday Worship 9am and 11am, Wed. Worship at 7pm

**NA Rainbow Group**, Narcotics Anonymous, meets Friday thru Monday at 10pm, MCC-Omaha Church, 819 South 22nd St

**Nebraska AIDS Project**, 250 So. 77th St., testing Wed from 1:30-4PM by appointment only, Thurs & Fri 5PM-9PM with 20 minute results Call 402-552-9255 for info

**NebraskaEquality.org**, Find out everything about Nebraska and the GLBT Community

**Nebraska GLBT Events**, Community Events Calendar web site, see [www.NebraskaGLBTEvents.com](http://www.NebraskaGLBTEvents.com)

**Nebraska Pride IDOL**, PO Box 241733, Omaha NE 68124, 866-4-NE-IDOL, [www.NebraskaPrideIDOL.com](http://www.NebraskaPrideIDOL.com)

**Nebraska Zen Center**, Soto Zen Buddhist, 3625 Lafayette Ave., 402-551-9035, [www.prairiewindzen.org](http://www.prairiewindzen.org) GLBT inclusive

**North Side Christian Church** 5555 Larimore Ave., Contemporary service Saturday night at 5:30pm

**The 'Ohana Group**, (GLBT / Non-traditional Family group), email to: [Theohanagroup@msn.com](mailto:Theohanagroup@msn.com)

**Omaha Bi Married Men** Yahoo Group <http://groups.yahoo.com/group/OmahaBiMarriedMen>

**Omaha NE Gay Pride Web Page** <http://ONGP.com>; email to: [omahanegaypride@cox.net](mailto:omahanegaypride@cox.net) or [ongp1@cox.net](mailto:ongp1@cox.net)

**Omaha GLBT Professionals**, Contact [omahaglbtprofessionals@cox.net](mailto:omahaglbtprofessionals@cox.net) for more info.

**Omaha Metro GLBT Sports League**, See [www.omahaglbtsportsleague.org](http://www.omahaglbtsportsleague.org) for more information

**Onyx Images**, Box 31026, 68131-0026  
Social/Support Organization for African American Males age 21 and over

**Out and About in Nebraska**, website: [www.travel.to/outabout](http://www.travel.to/outabout)  
Email: [NeOutAbout@yahoo.com](mailto:NeOutAbout@yahoo.com)

**OUUT (Omaha Unitarian Universalists for Tolerance)** First Unitarian Church, 3114 Harney, 68131, 345-3039, [www.ouut.org](http://www.ouut.org)

**Parents and Friends of Lesbians and Gays (PFLAG) Omaha Chapter** Box 390064, Omaha, 68139-0064 291-6781 Website: [www.pflag-omaha.org](http://www.pflag-omaha.org), email [info@pflag-omaha.org](mailto:info@pflag-omaha.org), meet at 7pm, 1st United Methodist Church, 7020 Cass

**Proud Horizons Youth Group**, Sat Afternoon, info: (402) 291-6781 or email [proudhorizons@yahoo.com](mailto:proudhorizons@yahoo.com)

**Rainbow Outreach GLBT Resource Ctr**, 1719 Leavenworth, Omaha, 341-0330

**Rainbow Celebrations**, PO Box 8488, Omaha, 68108, call 866-NE-PRIDE toll free, sponsors of annual Gay Pride & National Coming Out Day, for complete info see [www.rainbowcelebrations.org](http://www.rainbowcelebrations.org)

**River City Gender Alliance**, for info see [www.rivercitygenderalliance.org](http://www.rivercitygenderalliance.org)

**River City Mixed Bowling II** 3pm, Sundays, Maplewood Lanes, Omaha Norma Harrison (402) 731-5706

**River City Mixed Chorus**, Box 3267, Omaha, NE 68103, 402-341-SING Website: [www.rcmc.org](http://www.rcmc.org)

**SECOND UNITARIAN CHURCH**, 3012 South 119th Street, 402-334-0537, [www.secondunitarianomaha.org](http://www.secondunitarianomaha.org), GLBT Welcoming Congregation

**SNAP Productions**, Box 8464, Omaha, NE 68108 [www.snapproductions.com](http://www.snapproductions.com)

**Temple Israel Synagogue**, 7023 Cass St., 402-556-6536, member of the Union for Reform Judaism, GLBT inclusive

**TOP, Taking Our Places**, meets 2nd Saturdays at 6pm at Rainbow Outreach Center

**Unity Church of Omaha** 3424 N. 90, Omaha, Sunday worship: 10:30am Wednesday meditation service 7pm; 571-1344; [www.unityomaha.org](http://www.unityomaha.org)

**WomenSpace**, no current info is available

**Youth Emergency Services, Inc. (Y.E.S.)** Offices: 2679 Farnam Street, Suite. 205 Omaha, NE 68131, 402-345-5187, email to [info@yesomaha.org](mailto:info@yesomaha.org)

**Y.E.S. Drop-in Center**, 2057 Harney Street Omaha, NE 68102, 402-505-6922

## LINCOLN BASED

**LGBTQ and Ally Programs and Services Resource Center**, Pat Tetreault, LGBTQ Resource Center Director, <http://involved.unl.edu/lgbtqa> - 402.472.1752 or 402-472-1652

<http://www.unl.edu/health/sexuality>

**Queer Student Alliance, UNL**, contact [unlqsa@yahoo.com](mailto:unlqsa@yahoo.com) for info

**GLBT and Allies coffee house**, 3rd Fridays, Unitarian Church, 6300 A, 7:30 to 10:30pm

**Lincoln Women's Center**, Lincoln 402/472-2597.

**Nebraska AIDS Project**, Lincoln, 1921 S. 17th St. (402) 476-7000

**Omaha Women's Riverboat Cruise**, 4949 N. 73rd, Lincoln, 68507 467-5737

**Parents, Friends of Lesbians & Gays, Cornhusker Chapter**; Box 30128, Lincoln 68508, Meet 4<sup>th</sup> Tues, Unitarian Church, 6300 A, email to Barbara Kimberly, [jbkiber@hotmail.com](mailto:jbkiber@hotmail.com). Website: <http://pflag.ineb.org/>

**Planned Parenthood, F2M and Questioning Support group & Partners of FTM Support Group**, meet monthly at 10am Saturday, for info call Ryan Sallans at 441-3321 or email [sindu.s@gmail.com](mailto:sindu.s@gmail.com)

**SAGE**, Box 22043, Lincoln 68542 Coffee House 2<sup>nd</sup> Sat, 6 - 9pm, Lesbian Videos



7:15pm, 3319 S. 46

**Straight Spouse Support Grp** 402-429-6094

**TriCity GLBT**, serving Central Nebraska, web site at <http://www.tri-city-glbtc.com/>

**UNL Committee on GLBT Concerns**, Contact Pat Tetreault, (402) 472-1752 or email: [ptetreault1@unl.edu](mailto:ptetreault1@unl.edu) / [www.unl.edu/cglbtc](http://www.unl.edu/cglbtc)

**Women In Trades/YWCA**, 1432 N St., Lincoln 68508; 434-3494,

**Youth Support Group**, (402) 434-9880

## Iowa Based

**Council Bluffs Community Alliance**

[www.councilbluffscommunityalliance.org](http://www.councilbluffscommunityalliance.org)

**Council Bluffs Pride**, [www.councilbluffspride.org](http://www.councilbluffspride.org)

**Iowa Equality**, GLBT -allied against change to the state and federal Constitutions, <http://www.IowaEquality.org>

**Sioux City, Iowa Resource Web Site:** [www.siouxlandpride.net](http://www.siouxlandpride.net)

## Nationally Based

**Trevor-24-hour National Suicide Hotline for GLBT and**

**Questioning Youth** 1-800-850-8078 or see web site at

<http://www.thetrevorproject.org/helpline.html>

*(New Yorkers Hail Cuomo Win, Continued from page 13)*

rural upstate, which Paladino, a businessman from Buffalo, won. Activists greeted the Cuomo win as repudiation of the Republican's highly publicized antigay remarks last month to ultra-Orthodox Jewish leaders in Brooklyn.

"New Yorkers and particularly LGBT New Yorkers made a resounding statement that we reject the hate that has been spewed throughout this election," said Jeffrey Campagna, the founder of The Power.

Meanwhile, strategists looked ahead to results in the senate races, with confidence enhanced by the Cuomo win.

Brian Ellner, the senior strategist for the HRC Campaign for New York Marriage, welcomed Cuomo as "a strong pro-equality governor-elect who pledged to deliver marriage equality."

## SNAP! Productions Presents Valley Of The Dolls

Valley Of The Dolls, the nation's most startling and hotly discussed 1960's best-seller, is now on stage at SNAP! Productions with every shock and sensation intact.

Valley of the Dolls was an instant success when it was first published in 1966. Since then it has sold more than 30 million copies. It went from best selling book to a cinematic blockbuster and now... a comedic parody of cult proportions. Yes, SNAP! Productions brings Jacqueline Susann's Valley of the Dolls to the stage with all the sexcapades, tantrums, defeats, triumphs, wig flushing and pill popping you remember from the original.

The story spans a 20-year period of three young hopefuls - naive New Englander Anne Welles, aspiring singer/actress Neely O'Hara, and buxom beauty Jennifer North - who meet and become friends while they try mightily to conquer Broadway and Hollywood. As friends - and enemies - they learn the hard way that fame, fortune, beauty and stardom don't always equal happiness. Neither do massive amounts of prescription drugs.

Buy your tickets now for this trashy 60's pill poppin' parody. Valley Of The Dolls will run from November 12 - December 12, 2010 at 3225 California Street. Curtain times are 8:00 pm, Thursday, Friday and Saturday; 6:00 pm on Sundays. The Sunday, December 12th show will start at 2:00 pm. There will be no performance on Thanksgiving. Saturday, December 13th will be a Private Party. There will be a TNO/Preview performance on Thursday, November 11, 2010. There will also be a special signed performance for the hearing impaired on November 21, 2010.

The theater opens a half hour before curtain time. Reservations may be made on the SNAP! Productions' website: [www.snapproductions.com](http://www.snapproductions.com). Tickets are \$20.00 per person for all performances. Special Thursday Night Pricing does not apply for this production. Any questions about tickets call 402-341-2757.

## Where Can You Find The Gayzette?

### Omaha:

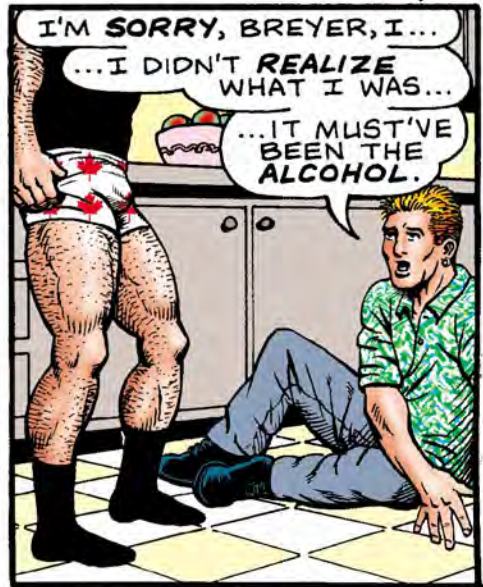
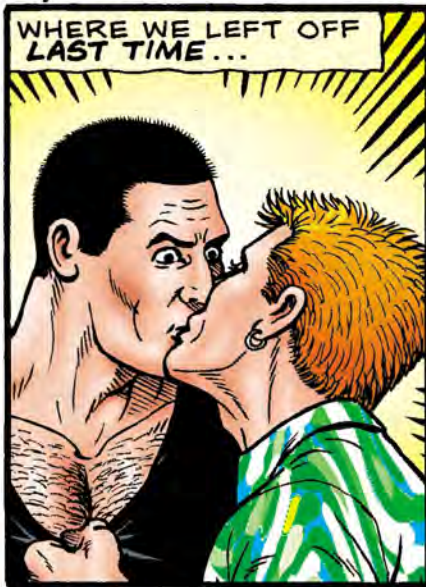
Broadway Joe's Bar, 35th & Broadway	Council Bluffs IA
Connections, 1901 Leavenworth	933-3033
DC's Saloon, 610 South 14th Street	344-3103
Dixie Quick's Restaurant, 1915 Leavenworth	346-3549
Flixx, 1015 South 10th Street Omaha	408-1020
The Max, 1417 Jackson St.	346-4110
Metropolitan Community Church, 819 South 22nd Street	
Mystery Bookstore, 1414 South 13th St.	342-7343
Nebraska AIDS Project, 250 South 77th St	552-9260
Omaha Mining Co., 1715 Leavenworth	449-8703
Rainbow Outreach Metro Omaha GLBT Resource Center, 1719 Leavenworth St. (home of The Gayzette)	341-0330

### Lincoln:

Panic Bar, 200 South 18th Street (as available)	435-8764
Q Bar, 226 South 9th Street (as available)	475-2269

**Would you like to have the Gayzette at your  
Place of business? Email your request to:  
[Gayzette@cox.net](mailto:Gayzette@cox.net)**

# Kyle's Bed & Breakfast by Greg Fox



# Fitness Corner

By Ron Blake



There are moments in your life that can serve as great catalysts for action. They can but they often don't. Life is all too eager to give you the chance to change your level of health and fitness. Sooner or later you need to grab the baton and run your leg of that relay race. Let me introduce a few of those "straws that almost broke the camel's back."

You walked into the office holiday party and began chewing the fat with all your favorite colleagues. You grabbed a plate of food and found a seat with all your friends at one of the tables in the ballroom. It was the perfect setting for a great time. Then it happened; your chair cracked and you tumbled to the floor. Everyone was staring at you. Your friends helped you to your feet. The damage was done. You were mortified and you knew that everyone was keenly aware that you were 100 pounds overweight. That chair wouldn't have crumbled had you been a respectable weight. You swore you would begin a fitness program the next day and lose all that excess baggage. It should have been that last straw, but it wasn't.

You were enjoying beers with all the classmates from the class of 1990. It's was a long time since the ole gang got together to wax nostalgic. A game of basketball became the focal piece of the afternoon at the park on that summer Saturday in June. Ten minutes into the game you were feeling winded and dizzy. You requested a break and there were no objections to a timeout for a few pulls off of those cans of Bud Light. However, you were finished for the day. Your buddies continued to play while you watched from the lawn chair. You fully intended to quit smoking after that weekend. It should have been the last straw, but it wasn't.

It was the grand opening of the new boutique hotel in downtown. It was the big kickoff party to the summer too. The boys spent plenty of time and money finding the perfect swimsuits for the new season of water sports. It proved to be a wild time. It looked like a cover shoot for Model Magazine. You didn't dare to even take off your shirt that day. You informed the boys of some lame excuse so you weren't chastised too badly for keeping your body covered that day. You were simply too embarrassed to show off your physique that lacked any tone. You even made an appointment for the following week with a fitness counselor to discuss a program. You never made that appointment. It should have been the last straw, but it wasn't.

Over and over this scenario repeats itself in towns and hamlets across this great land. These moments are all too willing to serve as stepping stones to improvements in our health and fitness. Howard Beale came upon his straw that broke the camel's back in the mid 1970s. It's your turn to exclaim "I'm mad as hell and I'm not going to take this anymore!"

This health and fitness article is brought to you by that guy who votes nay to any more political ads. That guy is Ron Blake and he approves this article. You can cast you vote for Ron at [rblake5551@hotmail.com](mailto:rblake5551@hotmail.com).

# ICON Food for Thought Benefit Show

The leaves are changing and the holidays are approaching quicker than ever. It is once again time for the Imperial Court of Nebraska to host it's annual Food 4 Thought show to benefit the clients of Nebraska Aids Project.

We cordially invite you to join us in beautiful downtown Omaha for this joyous gathering of friends and family Sunday, November 14th, 2010 at The MAX. The show will begin at 9:00 pm. A bake sale will start at Happy Hour (4 pm) and continue throughout the night. We also will have raffles and auctions throughout the evening.

If you are unable to join us for the evening, we encourage donations through our website, [www.imperialcourtofnebraska.org](http://www.imperialcourtofnebraska.org), under the events tab.

We look forward to seeing you there!

Wishing you Holiday Cheer,  
Emperor XXX Of All Nebraska  
Chippy and  
Empress XXX Of All Nebraska  
Wendy Dey



## Want to Make a Difference?

### Volunteer

**Volunteers  
Needed For:  
Administrative  
Client Support  
Special Events**

Nebraska AIDS Project is currently looking for volunteers who want to make a difference in our community. Call Kyle today to find out how you can help.

**Phone: 402-552-9260**  
**E-mail: [kyleb@nap.org](mailto:kyleb@nap.org)**

250 South 77th St  
Suite A  
Omaha, NE 68114

# NOVEMBER <sub>2010</sub> @ THE MAX

FRIDAY NOV 5TH - 7pm

**MEN'S NIGHT**  
**AMATEUR STRIP CONTEST**  
**\$1000 CASH PRIZE**

SUNDAY NOV 7TH - 10pm

The Roast of Anna Roxia

SUNDAY NOV 14TH - 9pm

ICON's Annual Food4Thought

SUNDAY NOV 21ST - 9pm

Best of Gay Omaha Show & Awards  
Presented by Lana Caine

SUNDAY NOV 28TH - 9pm

Miss Merry Christmas Pageant



MOBILE:  
**M.THEMAXOMAHA.COM**



**FACEBOOK.COM/THEMAXOMAHA**