

The GayZette



Published by the Rainbow Outreach Metro Omaha GLBT Community Center

Milk Writer Takes Original Screenplay Prize at WGA Awards

Saturday night's Writers Guild of America awards, held at the Century Plaza in Los Angeles and hosted by Neil Patrick Harris, honored Milk writer Dustin Lance Black with the award for Best Original Screenplay. The Milk screenplay triumphed over Burn After Reading, Vicky Cristina Barcelona, The Visitor, and The Wrestler.

In accepting the award, Black said, "I want to thank God for making my dreams come true, and I want to thank God for giving us Harvey Milk."

Black, who is gay, also wrote and directed the film The Journey of Jared Price and has worked on the television series Big Love.



Milk, which chronicles the political life and tragic murder of gay rights activist Harvey Milk, is also up for eight top prizes at the Academy Awards on February 22. Black has his first Academy Award nomination, also for Best Original Screenplay. (Advocate.com)

Gay Immigration Bill Heads to Congress

New York representative Jerrold Nadler will reintroduce a bill on February 12 that would allow gay Americans to sponsor their foreign-born domestic partners for U.S. citizenship.

The 2009 version of the Uniting American Families Act, which is to be introduced on Thursday, has 43 original cosponsors, according to Nadler's spokesman Ilan Kayatsky, with the list of cosponsors growing as the date of introduction approaches.

The bill is currently unchanged from Nadler's original House bill, introduced in May 2007, which ended up with 118 congressional cosponsors.

Gays cannot currently sponsor their partners for citizenship because, in the eyes of the federal government, same-sex partners cannot be considered spouses. The proposed legislation would require binational same-sex couples to prove that they intend lifelong commitment to one another as permanent partners, that they are financially interdependent, that they are currently unmarried to anyone else, that they are unrelated to each other, and that they are unable to "contract with that person a marriage cognizable under the Immigration and Nationality Act," according to the original bill. The bill would also change terminology to define those couples as "permanent partners" instead of "spouses." (Michelle Garcia, Advocate.com)

Imperial Court of Nebraska Announces Annual Election of Officers

The Imperial Court of Nebraska will be having as part of its regular meeting the annual election of officers. There are two executive positions and two member at large positions up for re-election. These are all two year terms and full voting positions on ICONs Board of Governors. If you have an interest in becoming a part of the governing board, please email a letter of intent to the Secretary, Emperor 26, Andrew Janzen at iconxxvi@yahoo.com. The meeting will be held at The Rainbow Outreach Center on February 16, 2009 at 6:00 p.m. If you have any questions regarding these positions, you may email me at the same address.

It's Prom Time!!!

Mark your calendars for a FUN! experience. MCC-Omaha is holding its Third Annual Prom on March 28, 2009, at the Tip Top Ballroom, 1524 Cuming Street from 8pm to midnight. Join with 200+ GLBTS family and friends in the event of the year! This event complete with decorations, dancing, silent auction, raffles, photographer, and cash bar will be fun for everyone! This is an inclusive party – all ages welcome. Tickets are \$15.00 for one person or \$25.00 for two people.



(Continued on page 6)

February 13, 2009 - February 27, 2009

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We do not discriminate against anyone! Persons of all races, religions, gender identities and sexual orientations are welcome.

Come as you are or however you would like to. Share ideas and information with no pressure to be something you're not.

Refreshments and snacks served at meetings. Come join us for information, fun and making new friends!

Meeting on the 3rd Saturday of each month at the Rainbow Outreach GLBT Center, 1719 Leavenworth St., Omaha NE. from 6PM to 9:30PM

We are looking to assemble our first Board of Directors. Interested parties should email to the address below.

For more info email flowerofhopeofomaha@yahoo.com



GAYZETTE AD RATES, PRINTED COPY AND ON THE WEB

Whole Page 7 1/2W X 10H \$100.00

Half Page 7 1/2W X 4 3/4H \$ 50.00

Fourth Page 3 3/4W X 4 3/4H \$ 25.00

Business Card \$ 15.00

All ads should be emailed to Gayzette@cox.net. Checks should be made payable to Rainbow Outreach GLBT Resource Center. 10% Discount for on-going ads of any size. Payment and ads may also be delivered to the Rainbow Outreach GLBT Resource Center, P.O. Box 8583, Omaha NE 68108 on or before the deadline or you may pay with credit card on our web site at www.RainbowOutreach.org and email the ad. We reserve the right to refuse any ad which we deem to be inappropriate.

Ad Deadlines: Friday, Feb 20th, for Publication Feb 27th Friday, Mar 6th for Publication Mar

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Saturday February 14th

Grand Opening Miss D.C.'s
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A Benefit for Gay American Heroes

Friday February 20th

Nebraska Pride Iodl
Preliminary #1 9pm

A Benefit for the kids of Camp
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Saturday February 21st

Friday February 27th

Touche' Magazine Kick off Party
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Diamond Princess 2009 Stella Dallas's
Presents...

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Participants

Saturday February 21st

Prince Royal 28

Mark Presents Tuff Drag

Sunday February 15th 9pm

Miss Gay Pride Nebraska

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Sunday March 1st 9pm

Mr & Miss D.C.'s Saloon

Step Down Show

Saturday March 7th 8pm

Mr & Miss D.C.'s Pageant

Applications Available at the

bar.



Omaha GLBT Sports Dodgeball 2009

One day only Fundraiser Tournament for Rainbow Outreach Center

Dodgeball: Saturday March 14th

Where: Christie Heights Gym (37th & "Q")

Time: 1 p.m. – 4 p.m.

Cost: \$10 per player or \$5 per student

Free will donation per spectator

Register: www.omahaglbtsportsleague.org

Register individually or up to 5 players. All individuals/groups less than 5 players will be combined to create a team of 5 players. **All players must register online.**

Registration open January 26th – March 10th 5 p.m.

Diane's Story

"My partner and I had been together for 14 years when I received the worst phone call of my life. There had been a terrible accident, and she was being flown to the hospital by helicopter. The hospital staff wanted to know how to get in touch with her next of kin. Mine was the only phone number they could find in her wallet. I gave them her parents' phone number, got into the car and drove straight to the hospital.

When I arrived at the hospital, I couldn't get any information on Susan's condition. The hospital staff informed me that medical information could only be released to Susan's family. For them, family did not include live-in partners regardless of the length of the relationship. It took six hours for Susan's parents to arrive at the hospital. During that time, I sat in the hospital waiting room and wasn't allowed to see or comfort her.

Only after Susan's parents arrived was I able to see her. Thankfully, they were caring people who accepted our relationship. The doctors predicted that Susan would not make it through the night. She died within the next hour. All that time had been wasted as I sat in that dark waiting room. She had been slowly dying alone, when I should have been holding her hand and couldn't."

We can help you avoid this from ever happening and the cost is only \$200. Even better, if you would like to have access to the documents you need 24 hours a day, 7 days a week the cost is only an additional \$150. Call us today so you can travel this holiday season with peace of mind.



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(MCCO Prom Time, Continued from page 1)



This year's theme is "The Color of Magic You don't need a date, but to take advantage of the cheaper ticket prices, you might want to team up with a friend. This will be a great way to celebrate the arrival of spring, shake off the winter doldrums. Bring out your most glamorous outfit or your most comfortable and let's dance!

Tickets are available at MCC-Omaha, 819 S. 22nd St. or you can purchase your ticket at the door!



MCC-Omaha to Hold Noon Ash Wednesday Service

Deacons Karla Oliver and Kevin Marik will be conducting a special 12:00 noon Ash Wednesday Service on February 25, 2009 at MCC-Omaha.

This 30-45 minute worship service will begin the Lent Season for many Christians throughout our community. Special music will be played and distributing of the ashes will occur. Come and begin the journey throughout the Lent season with your spiritual family at MCC-Omaha.

All are welcomed, you don't have to be a member of MCC-Omaha or any church to attend, MCC-Omaha welcomes all and teaches and proclaims God's All Inclusive Love.

MCC-Omaha to Host

6 Weeks of Fish Frys

Beginning on February 27, from 4:30-7:30pm the community is invited to attend the annual fish frys put on by MCC-Omaha. The event is open to our community family, friends and supporters of MCC-Omaha.

The menu will be Alaskan Pollack, Chicken Strips, potato salad, Cole slaw, bread, dessert and coffee, tea or punch all for the low cost of \$7.00 for an adult meal or \$4.00 for a mini-meal.

The fish fry's will be held on every Friday during Lent and will be held in the social hall of MCC-Omaha.

Carry out orders will be taken during the hours of 4:30-5:30pm by calling the church number at 402 345-2563.



All proceeds will go to the general fund, so that many of our ministries can continue to benefit the community.

Hope to see everyone at one of the Friday fish fry's.

Omaha Lesbian Community Needs To Keep Their Support Among Us

**A word from the CONNECTIONS crew....
May We Have Your Attention...Please?!**

Hello readers. I would like to introduce myself first of all. My name is Tammy Doyle, and I joined forces as co-owner with Kelly Thomas at CONNECTIONS in August of '08. Thus far, it has been a very rewarding experience. I have been fortunate to meet a lot of you in our community, and hope to continue meeting new faces as time goes on.

We would like to take a moment to thank you all for your patronage to CONNECTIONS bar. We love each and every one of you, and are proud to see you walk through our doors! We are all family! We would not be here today if it were not for your loyalty and support!

Let's face the facts. Whenever any of us makes the decision to go out for the evening, we are affected by the economy situation, the no-smoking ban, and the stricter drunk driving laws. We understand these issues and obstacles keep a lot of you from going out as much as you'd like, or from venturing too far from the home front.

However, what we need you to understand is that CONNECTIONS is now Omaha's only remaining lesbian bar. We saw the efforts and struggles of our sister competition CHIXX fail, and we certainly do not want to follow in their demise.

Many of our clientele are frequenting neighborhood straight bars for whatever reason: to meet their friends, to save a few bucks or to stay closer to home, etc. We understand that variety is the spice of life. We also understand that "people go where people are." At the same time, we need your continued support right here at home...CONNECTIONS!

We will continue to do our best to keep our prices at a reasonable rate, updating our decor, planning theme nights, providing live entertainment, free pool nights--whatever it takes to keep all you ladies coming back and enjoying your visits to our establishment.

Your opinions matter to us, and we always welcome any suggestions you may have to share with us. We strive to create some variety, giving you all a little of what you like and want. Please don't hesitate to share with us any ideas or thoughts you may have.

Once again, thank you all for your loyalty and support. Let's all pull together and keep CONNECTIONS what we are proud to be today.. "Omaha's one and only lesbian establishment." "THE PLACE WHERE WOMEN CONNECT!"

Thank you,
Tammy & Kelly

Marriage Action!

By Chris Orr

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February 13th will mark the 8th year of Marriage Action. This is an event put on by MCC-Omaha and this year they are having other organizations join them. They have invited First Unitarian and Second Unitarian Churches and have received help planning this event from them.

The plan is like it has been in the previous Marriage Action demonstrations. The groups will meet as one on February 13th at 8:30 a.m. when the Marriage Bureau opens at the Douglas County Courthouse and the couples will apply and then be denied marriage licenses. Pastor Tom Emmett of MCC-Omaha has recalled that in the past anywhere from 2 couples to 10 couples participated in each demonstration. He also informs that a press conference will be held after the event on the steps of the courthouse. MCC-Omaha has put out a press release for the event and like previous years, media will be there to report. All groups involved would like anyone who supports marriage equally for all people to attend.

Like an actual solidified marriage, this event has a little confusion and miscommunication. Join The Impact has decided to join in on the group effort too. Omaha Gay Village released on myspace.com mid afternoon February 5th a bulletin listing the Marriage Action event. In the bulletin it says "civil disobedience (sit-in) not currently planned, but contact Tom Fennell if you are interested." Interesting as this had sounded I contacted Tom Fennell on February 6th about what Join The Impact was going to do. He had responded later in the afternoon on the same day. "No civil disobedience or sit-in was ever planned by Join The Impact, and we just had an excellent meeting with MCC-Omaha on Wednesday (February 4th) where there was no talk of MCC-Omaha endorsing or not endorsing any non-existent sit-in." He goes on to say "Everyone at JTI (Join The Impact) looks forward to working together with MCC-Omaha and numerous other groups, organizations, and faith communities to secure equal family and civil rights for LGBT people in our country, and our feelings of brother and sisterhood with LGBT people and allies are strong." Thrown off by the endorsing and sit-in parts? Here's why.

On February 6th, early in the morning, Nebraska GLBT Events on myspace.com released a bulletin on the Marriage Action demonstration. Attached to that bulletin was a statement from MCC-Omaha. "The Metropolitan Community Church has no intention of planning, endorsing, or participating in any acts of civil disobedience. We recognize the value of civil disobedience and we recognize that this is not an appropriate time or place for such actions. As Omaha's oldest GLBTQ organization we work to be open to making space for others. We recognize that those associated with Join The Impact may have dif-

ferent priorities than ourselves and may wish to organize an act of civil disobedience. Although we want to be in solidarity with others, we do not feel that these acts would enhance our leverage on this critical issue.” The statement had MCC-Omaha’s mailing heading, phone, and email information. Emailing MCC-Omaha had ended up with a response from Pastor Tom Emmett. The response came early on the morning of February 7th. Here is an explanation from Pastor Tom. “The grass roots Join The Impact organization had separately planned to do an event. When a community organizer learned of MCC-Omaha’s long standing event, they contacted us. We have invited JTI to walk with us into this important action. There is only one organized united event. I am not aware of any conversations to have multiple events. There will be no civil disobedience or sit-in at this event. We understand there has been some confusion on this matter. Whenever several different organizations come together for the first time to organize an event on a sensitive topic, there are bound to be miscommunications. These are nothing other than necessary growing pains nearly always associated with community organizing. It is critical that our focus remain on our community’s right to legally marry.”

At this point all the smoke has cleared and all groups are on the same page and there will be no civil disobedience. All this talk of civil disobedience, what does it mean? Merriam-Webster online dictionary says, refusal to obey governmental demands or commands especially as a nonviolent and usually collective means of forcing concessions from the government.

A Valentine Massage

By Chris Orr

This is a three part segment about a member of our community. His name is John Valentine. Do you know the faces of this John? Part 1.

So what is the story about John and his massage therapy? “In 1988 I experienced a dramatic and violent near death experience that propelled me deep into the practice and study of meditation as a way of healing the physical and symbolic wound from that experience. When I returned to Omaha in the early 90’s from NYC, friends and family began encouraging me to become a massage therapist. Coincidentally, I had been feeling an inner pull toward the healing arts, and in 2000 I became an LMT and SHES Minister. Massage therapy, along with being an accredited T’ai Chi Chih teacher, and Reiki master, embodies the spiritual path I have been on since 1984. I am grateful to my family friends, clients, students, and teachers for their great support of the healing arts.”

That is an interesting life to this point to say the least. What persuaded you to go into this field? “It was a way for me to express the wish summed up in this Buddhist Prayer Of Loving-Kindness: May all sentient beings be happy, may all be free from fear and any subtle anxiety, may all be healed and whole, liberated and free and may there be peace on Earth and throughout the entire universe. The violence I experienced in the aforementioned near death experience, combined with a mystical healing experience after the incident, was the catalyst that set me firmly on this path.” His best tool for advertising his massages is the old classic “word of mouth” by his clients. “All of my clients have come to me via, personal contacts and networking. I have worked with many of them over a long period of time. Potential clients grasp the therapeutic value of regular treatments when they hear a testimonial from a current client whom they trust. I thank my

clients, that share their healing experiences with friends and family, for the thriving practice I enjoy today. This in turn shows the dramatic effect on society as a whole as more and more people seek out the healing energy of massage.” The clients of John’s are as wide range as the style of his massages. “My clients are my teachers, my mirrors. We grow together in an atmosphere of complete non-judgement, open inquiry, and emotional safety. I provide healing space for a wide variety of individuals, from all walks of life. Everyone deserves loving-kindness and healing. If I encounter a homophobe I suggest to them that they would be best served by a massage therapist that is not gay, and a mental health practitioner that can help them heal their homophobia. I have treated clients with, cancer, ms, spinal injuries, depression, mental illness, migraines, digestive problems, scleroderma, sprains, strains and automobiles! I have worked with people in hospital and hospice.”

Who needs the massage the most? Older, younger, mentally stressed vs. physically stressed? “Virtually everyone needs positive, healing experiences of touch. There are millions of cells in the skin that exist solely to provide the experience of touch. Touch is intrinsic and fundamental to our human nature and to our health and survival. Perhaps this is why massage is the oldest healing arts practice on the planet. Stress is the root of the majority of disease processes. Through therapies like massage, meditation, and T’ai Chi Chih one can experience a life of happiness, vitality and balance that has a direct effect on longevity and overall quality of life.”

John takes his massage oil seriously, even down to the oil. His care is clearly on the client. “I use vegetable based oils like olive, sesame and jojoba, precisely because it is so rare to find anyone that is allergic to them. Many massage products contain petroleum that clogs the pores of the skin. Sometimes I add essential oils like, lavender, sage, bergamot, basil or thyme for their specific aromatic and healing effects in relationship to the needs of a client.”

He likes to concentrate on his clients breathing. It is an essential factor to a massage. “During emotional or physical stress the breathing becomes rapid and shallow, increasing the heart rate and elevating blood pressure. By learning and practicing to understand the breath more deeply clients begin to wake up to their natural ability to empower themselves through breath awareness techniques. My sessions always begin with a guided breath meditation and the live sounds of metal singing bowls. This has a tremendous grounding effect on the body-mind.”

Although a massage may be the best thing in the world, there is a bad time to receive a massage. “There are contraindications for massage therapy. One must not receive treatment during the acute phase of any illness, including a cold or the flu as massage could cause a systemic spread of the illness.”

Where do you work, why is this, and what is your contact info? “I work at home in Midtown Omaha. Working from home provides the best opportunity to provide a sacred healing atmosphere where clients can experience slowing down and letting go. They also get to be loved by Nurse Blanche, who is my house mate and therapy dog. Booking a massage with me is easy. Just call, 402-321-2333. My hours of operation are 11-6, Monday-Friday. Length of treatment and pricing will be explained upon booking.”

Do you know the faces of this John? Part 2 in the next issue of The Gayzette.

SideBar

Koenig & Tiritilli, P.C., L.L.O.

Irrevocable Advocacy

- Susan Ann Koenig
Author of Divorce in Nebraska
- Angela Dunne Tiritilli
- Marcy Kristen Hascall



1266 South 13th Street
Omaha, NE 68108
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www.NebraskaDivorce.com

By SheldonBailey.com

Who Does It When You Can't?

Hello, faithful friends, and thank you for joining me for SheldonBailey.com's monthly information column.

This month we will discuss protecting your interests if you become incapacitated due to illness or injury. This information may also be useful if you become incarcerated (heaven forbid!) or are going to be out of your state or the country for a period of time.

We all take care to keep our passwords safe, jot them in notebooks or even commit them to memory. However, there are times you just have to trust someone else to handle your personal, financial, healthcare, or legal matters. For LGBT people (and others!), married, single or in a relationship in which the majority of assets are maintained separately, you may want to make arrangements to care for matters when you can't. Even if you and your partner combine assets, you should make advance preparations for unforeseen or catastrophic events. You will want to consider any event that would render you unable to attend to financial and other matters for days or weeks at a time.

One way is to create documents called Durable Power of Attorney and Healthcare Power of Attorney. The Power of Attorney is not a court form. It is a document in which you would give a person (or persons) legal authority to handle your financial and healthcare decisions. States have varying names for these documents, including "durable power of attorney," "conventional power of attorney," "general power of attorney," "healthcare power of attorney," "advanced medical directive,"

FRIDAY YOUTH NIGHT

DROP-IN 6PM-9PM
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and the like. The person you designate acts as your "agent," sometimes called an "attorney in fact." This person must be of legal age in your state and recognized as old enough to enter into a legal contract. You should always ask the permission of the person you want to name since it is voluntary. However, if the person accepts the responsibility, they will be under a duty to act in your best interests. If you want to revoke your power of attorney, you would do so in writing unless the power of attorney has an expiration date.

How do you get one? I am glad you asked! The easiest way is to hire a lawyer to draft it for you. You and your designee would visit the lawyer's office and sign the documents in the presence of a Notary Public and/or witnesses.

You may choose to draft your own documents, purchase them at an office supply store or download them from document websites for a fee. Sometimes the forms are included in your state's general statutes. Be sure to check your state's statutes to make sure your version complies with the laws of your state. It is always advisable to consult an attorney before you create a document that gives someone else authority over your matters.

Thanks for reading, and I'll see you next month!

For the full text of this column, visit sheldonbailey.com and click on the reader's forum.

Obama Appoints Gay Leader to Faith Office

Expanding the White House's Office of Faith-Based and Neighborhood Partnerships, Pres. Barack Obama appointed Fred Davie, the openly gay leader of Public/Private Ventures, to the office's governing council.

The council of 25 appointees, serving one-year terms, is composed of secular and religious leaders who will promote localized involvement and community improvement.

Davie joined P/PV in 2001 and became president in 2006, according to the organization's website. Prior to joining P/PV, Davie worked at various positions in New York City government as well as for philanthropic groups and community-service programs. As the program officer for the Ford Foundation's faith-based community development office, he managed grants for programs in the United States and Africa.

Public/Private Ventures describes itself as an "action-based research, public policy, and program-development organization" that especially focuses on programs like education, employment, prisoner reentry, crime reduction, and community health.

"There is a force for good greater than government," Obama said in a statement on Thursday. "It is an expression of faith, this yearning to give back, this hungering for a purpose larger than our own, that reveals itself not simply in places of worship, but in senior centers and shelters, schools and hospitals, and any place an American decides."

The president signed an executive order expanding the Office of Faith-Based Initiatives launched by former



president George W. Bush. He appointed as its director Joshua DuBois, a 26-year-old Pentecostal pastor from Massachusetts who worked with Obama on religious outreach both as a senator and on the campaign trail.

When campaigning, Obama condemned Bush policies that allowed religious organizations to receive federal money despite exercising discriminatory practices in employment and aid work.

"If you get a federal grant, you can't use that grant money to proselytize to the people you help and you can't discriminate against them -- or against the people you hire -- on the basis of their religion," Obama said. (Michelle Garcia, Advocate.com)

Student Accused of Using Facebook for Sexual Blackmail

An 18-year-old male student is under investigation for allegedly posing as a girl and coercing former male classmates to send him nude photographs.

An 18-year-old male student is under investigation for allegedly posing as a girl and coercing former male classmates to send him nude photographs.

A former student of Wisconsin's New Berlin Eisenhower Middle/High School, Anthony R. Stanci is accused of then using those photos as leverage and blackmailing some of the boys into performing sexual acts by threatening to release the photos.

Stanci allegedly convinced at least 31 students to send him nude photographs. All of the students attend school at New Berlin Eisenhower.

Police stumbled on the photos and more than 600 hours of professionally made pornographic movies featuring children after they confiscated Stanci's computer in connection with a bomb threat investigation.

Officers investigating bomb threats that led to the closure of the school on November 14, 2008, discovered that the threat came via an e-mail sent from a computer at the New Berlin Public Library. According to reports, Stanci was logged on to the computer at the time.

During the bomb threat investigation, a student -- who was 15 at the time of the assaults -- came forward to police. He said Stanci had repeatedly forced him into sexual acts. He said he came forward because Stanci had requested that the student send him naked photos of his brother.

Authorities say they believe there are more victims and they are urging them to come forward. According to New Berlin police lieutenant Mike Gilder, an investigation showed that Stanci had lifted photographs of women from their Facebook pages and used them to lure male students.

The maximum penalty if convicted on all charges is nearly 300 years in prison. (Advocate.com)

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*Jim,
attending
since 2007*



Wyoming House Kills Anti-Gay Marriage Bill

Wyoming's house of representatives voted down a proposed amendment to the state constitution on Friday that would have defined marriage between a man and a woman as the only legal union recognized in the state.

Wyoming's house of representatives voted down a proposed amendment to the state constitution on Friday that would have defined marriage between a man and a woman as the only legal union recognized in the state.

A two-thirds majority was needed to pass the resolution and move it to the senate, but 35 out of 60 representatives voted against the measure, named House Joint Resolution 17.

Wyoming law already prohibits marriage by same-sex couples, but House Joint Resolution 17 would have written that law into the state's constitution, making the decision significantly more permanent and difficult to reverse. Representatives Cathy Connolly, Pat Childers, and Roy Cohee were among the 35 representatives who rejected the proposed amendment.

On receiving news that the amendment had been voted down, Joe Solmonese, president of the Human Rights Campaign stated in a release, "We are grateful that the Wyoming house of representatives stood up for equality and refused to write discrimination into the state constitution." (Neal Broverman/Shannon Connolly, Advocate.com)

GAYZETTE COMING EVENTS

**Rainbow Outreach
Metro Omaha GLBT Center
1719 Leavenworth, Omaha**
(mail address: PO Box 8583 Omaha NE 68108)

WALK-IN HOURS

Sundays	4:00PM - 6:00PM
Tuesdays	closed temporarily
Thursdays	7:30PM - 9:00PM
Fridays	6:00PM - 11:00PM

***Closed Most Major Holidays
(402) 341-0330
www.rainbowoutreach.org**

The GLBT Center welcomes gay, lesbian, bisexual, transgender, and allied persons; we encourage all to attend GLBT Center events and activities. We celebrate unity and diversity - sexual orientation, gender identity, sex, race, religion, age, ability, ethnic and national origin.

**SATURDAY FEBRUARY 14TH
HGRA BOARD MEETING, 3PM, DC's
Saloon in the basement**

**SATURDAY MARCH 14TH
HGRA BOARD MEETING, 5PM, DC's
Saloon in the basement**

WEEKLY EVENTS

Every Sunday

**WORSHIP SERVICES:
AUGUSTANA LUTHERAN CHURCH,
ELCA, 3647 LaFayette Ave., Omaha GLBT
friendly, www.augustanalutheran.com**

CROSSROADS COMMUNITY FELLOWSHIP. Meeting at the Rainbow Outreach GLBT Community Center, 1719 Leavenworth St., Fellowship starts at 6PM, services begin at 6:30PM, Everyone Welcome!

DIETZ METHODIST 1423 S.10, Coffee-house casual downstairs at 9am, Traditional Worship at 11am

EPISCOPAL GLBT FELLOWSHIP, St. Andrews Church, 84th & Pacific, 6-7PM, email: EpiscopalGLBT@yahoo.com

FIRST CENTRAL CONGREGATIONAL CHURCH, UNITED CHURCH of CHRIST, info at: www.firstcentral.org

FIRST UNITED METHODIST 7020 Cass, 8:30 & 10:45am services

FIRST UNITARIAN 3114 Harney, 11am services

GAMES DAY AT THE GLBT CENTER, 1719 Leavenworth, 2PM to 4PM

GAY MEN'S ALCOHOLICS ANONYMOUS 4pm Lowe Avenue Presbyterian, 1023 N. 40 St Info call Mark 639-3055

HASTINGS COLLEGE GSA 8PM
FFI: Judy Sandeen (402) 461-7372

HIV+ SUPPORT GROUP 7-8:30 pm at the NAP office located at 1921 South 17th Street in Lincoln, NE.

LOWE AVE PRESBYTERIAN, 1023 N 40 10am service

METROPOLITAN COMMUNITY CHURCH OF OMAHA 819 S. 22nd St., 345-2563 Sunday Worship 9am and 11am & Wednesday Worship at 7pm

ONE PROMISE GROUP, Narcotics Anonymous, every Sunday at 6PM, MCC-Omaha, 819 South 22nd St., for info contact Tamara B. at 714-8552

RIVER CITY II MIXED BOWLING, 3pm, Maplewood Lanes,

SECOND UNITARIAN, 10:30am Sunday service, 3012 South 119th St., Omaha NE

UNITY CHURCH OF OMAHA, 3424 N. 90, Omaha, 10:30am service and Wednesday meditation service at 7pm

WIMMIN'S SHOW, KZUM 89.3 12:30pm

Every Monday

A A GLBT "RAINBOW GROUP"
Meeting Place, 28 & S, Lincoln, 7:30 pm

**GAY/BI/STRAIGHT SUPPORT GROUP
HIV+ MEN** 7pm every Monday, NAP, 2147 S. 15th St., Lincoln NE, contact Nick or Rick at 402-476-3144

RIVER CITY MIXED CHORUS REHEARSALS, 6:45PM—9:15PM, First United Methodist Church, 7020 Cass St.

Every Tuesday

HASTINGS COLLEGE ALLIANCE, meet Tuesdays at 7PM (when college is in session), Please contact Dr Antje Anderson at anderson@hastings.edu or Judy Sandeen at jsandeen@hastings.edu for further information.

UNL LESBIAN/BI/QUESTIONING SUPPORT GROUP, 7-8:30PM, Women's Center, Nebraska Union, Lincoln, 472-5644

Every Wednesday

AA FOURTH DIMENSION, 7pm, Open to men and women, 219 North 48th Street

FRONTRUNNERS RUN/WALK

6:30pm, Elmwood Park Parking Lot by softball field, Omaha

HIV TESTING LINCOLN, 4-7 pm, results in 20 minutes, 1921 So. 17th St. 402-476-7000

KARAOKE W/ STACY 9:00 pm DC's

LGBT A A 7:30pm, Alcohol Ctrl., 2116 W. Faidley, Grand Island. Peggy (308) 226-8286, Center (308) 398-5427

NAP HIV TESTING, 1:30pm to 4 pm by appt. ONLY, 139 S. 40 St., same day results, call 402-552-9260 for info

UNITY CHURCH OF OMAHA, 7pm

WORSHIP SERVICES

MCC OMAHA, Bible Study, 7pm

Every Thursday

KARAOKE 9pm, Connections Bar

NAP HIV TESTING 5pm- 9pm walk-in, 139 S. 40th Same day results,

Every Friday

DANCE LESSONS WITH GORDON
7-9pm, DC's Saloon

AA ALTERNATIVE MEETING, 7pm, open to men and women, at Lowe Avenue Presbyterian Church in the basement, 1023 North 40th Street

AA LIVE & LET LIVE, 8:15pm, Open to men and women, at Underwood Hills Presbyterian Church, 851 North 74th Street

CAN WE TALK SUPPORT GROUP

Open to everyone, every Friday 6:30pm to 8pm, MCCO, 819 South 22nd St., Omaha

GLBT CENTER YOUTH NIGHT, 6PM to 10PM, for ages 13 to 23. Youth sponsored and organized activities, under adult supervision. Every Friday, excluding holidays. 1719 Leavenworth Street

GLBT AA 7PM to 8PM, Lowe Avenue Presbyterian, Call 556-8364, ask for Sanford

NAP HIV TESTING 5pm-9PM walk-in, NAP, 139 S. 40th Same day results

NAP OUTREACH CENTER HIV TESTING 7 TO 10PM, walk-in, **2202 St. Marys Ave.,** Same day results

RAINBOW BIBLE STUDY, 6 to 7:30PM, Lowe Ave. Presbyterian, 1023 No. 40th St.

Every Saturday

AA SATURDAY AFTERNOON, 1:30pm, Open to men and women, 219 North 48th Street, call 402-558-0733 for more info

PROUD HORIZON YOUTH GROUP 4-6pm, First United Methodist Church, 291-6781 proudhorizons@yahoo.com

MONTHLY EVENTS

1st Tuesday

LINCOLN MIXED CHORUS 6:30pm,
Unitarian Church, 6300 A, Lincoln

1st Thursday

**GAY & BISEXUAL MEN'S SUPPORT
AND DISCUSSION GROUP** 7 to 8:30pm,
Meeting in Lincoln first and third Thursdays of
the month. Call 434-9880 / 476 9668 for loca-
tion and information.

GLBT PROFESSIONALS, meeting at 6PM.
Email at: glbtprofessionals@cfep-ne.org or see
www.omahaglbtprofessionals.org for info

1st Friday

FIRST FRIDAY COFFEE HOUSE 8pm,
Musicians, poets, open mic, First Unitarian
Church, 3114 Harney, Omaha

1st Saturday OR Sunday

**HEARTLAND GAY RODEO ASSOCIA-
TION**, Meeting days and times may vary,
call 402-505-3331 for info or see www.hgra.net
for meeting schedules etc.

1st Sunday

GAY GUYS SPAGHETTI NIGHT, at a Lin-
coln restaurant, call 402-483-6183 to reserve a
seat up until the day before

TRANSGENDER DROP-IN, 2 to 4pm at
Rainbow Outreach GLBT Center, 1719 Leaven-
worth St.

2nd Thursday

PFLAG- OMAHA, 7pm, First United Meth-
odist Church

2nd Saturday

LEARNING TO EXCHANGE POWER
L2EP@aol.com 2pm; DC's Saloon

2nd Sunday

INTEGRITY 6-7:30pm, St. Marks,
Lincoln NE

OUUT SECOND SUNDAY SCREENING

(glt film shown at 7pm followed by discus-
sion) First Unitarian, 3114 Harney

3rd Monday

IMPERIAL COURT OF NE, Board of Gov-
ernors meeting, 6pm, meeting at the Rainbow
Outreach GLBT Community Center,
www.imperialcourtofnebraska.org

PFLAG SOUTH CENTRAL (HASTINGS, NE)

Meeting on 3rd Mondays at First Con-
gregational United Church of Christ, 7th and
Marian St., 7PM, email to
jsandeen@inebraska.com or call 402.462.2961
or 402.460.8696

3rd Thursday

**GAY & BISEXUAL MEN'S SUPPORT
AND DISCUSSION GROUP**

7- 8:30pm, Meeting in Lincoln on the third
Thursday of the month. Call 434-9880 / 476
9668, held at the Unitarian Church, 6300 A
Street, Lincoln NE

LINCOLN MIXED CHORUS 6:30pm,

Unitarian Church, 6300 A, Lincoln

COFFEE HOUSE Unitarian Church,
6300 A, Lincoln

3rd Saturday

FLOWER OF HOPE Transgender
Group, Meeting on the 3rd Saturday of
each month at the Rainbow Outreach
GLBT Center, 1719 Leavenworth St.,
Omaha NE. from 6PM to 9:30PM

3rd Sunday

TRANSGENDER DROP-IN, 2 to 4pm
at Rainbow Outreach GLBT Center, 1719
Leavenworth St.

4th Tuesday

PFLAG-CORNHUSKER Unitarian
Church, 6300 A, Lincoln, 7 p.m.

YOUTH HIV TEST Lighthouse, 2530
N, Lincoln, ages 13 to 18, FFI: 475-3220.
3-5:30 pm

4th Friday

**LEO LEATHER ENGINEERS—
OMAHA**
Not currently meeting.

Last Saturday of the Month

NAP HIV TESTING, 11AM-3PM,
WALK-IN, 139 SOUTH 40TH ST.

**Email Your Event to:
GAYZETTE@COX.NET**

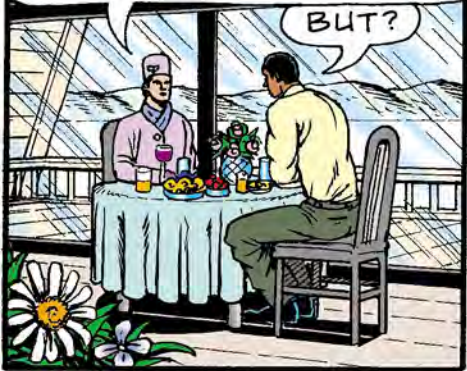
**See, I have open space
Here for your
Event! Send it to me!**

You know You're a Redneck When.....

1. You take your dog for a walk and you both use the same tree.
2. You can entertain yourself for more than 15 minutes with a fly swatter.
3. Your boat has not left the driveway in 15 years.
4. You burn your yard rather than mow it.
6. The Salvation Army declines your furniture.
7. You offer to give someone the shirt off your back and they don't want it.
8. You have the local taxidermist on speed dial.
9. You come back from the dump with more than you took.
10. You keep a can of Raid on the kitchen table.
11. Your wife can climb a tree faster than your cat.
12. Your grandmother has 'ammo' on her Christmas list.
13. You keep flea and tick soap in the shower.
14. You've been involved in a custody fight over a hunting dog.
15. You go to the stock car races and don't need a program.
16. You know how many bales of hay your car will hold.
17. You have a rag for a gas cap.
18. Your house doesn't have curtains, but your truck does.
19. You wonder how service stations keep their rest-rooms so clean.
20. You can spit without opening your mouth.
21. You consider your license plate personalized because your father made it.
22. Your lifetime goal is to own a fire-works stand.
23. You have a complete set of salad bowls and they all say 'Cool Whip' on the side.
24. The biggest city you've ever been to is Wal-Mart.
25. Your working TV sits on top of your non-working TV.
26. You've used your ironing board as a buffet table.
27. A tornado hits your neighborhood and does \$100,000 worth of improvements.
28. You've used a toilet brush to scratch your back.
29. You missed your 5th grade graduation because you were on jury duty.
30. You think fast food is hitting a deer at 65 mph.

Kyle's Bed & Breakfast by Greg Fox

ALL RIGHT, LANCE... I'LL ADMIT, THE JOB OFFER IS **TEMPTING**. YOUR AGENCY HAS A **STELLAR** REPUTATION...
 ... AND THE **MONEY** YOU'RE OFFERING ME... CONSIDERING THE STATE OF THE WORLD **ECONOMY**... IS **STAGGERING**.



BUT... I'VE LIVED IN LONDON, ROME, PARIS, RIO, SYDNEY, MUNICH AND TOKYO.



PROXIMITY. TO NEW YORK CITY. IT'S ONLY AN **HOUR** FROM HERE... YET YOU CAN ENJOY THIS **CHARMING HARBOR-TOWN** LIFE.



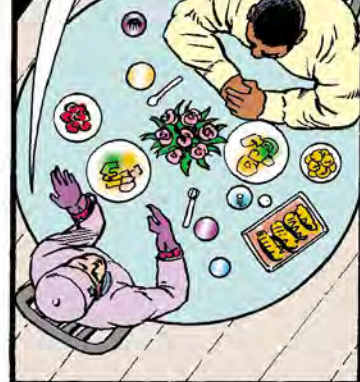
IT **WOULD BE NICE** TO HAVE ACCESS TO MANHATTAN.



...WOULD I BE ABLE TO LIVE IN A PLACE AS **LOVELY AND PICTURESQUE** AS THIS **LITTLE INN** YOU'VE RENTED OUT TO WINE AND DINE ME?



THAT'S THE **BEST PART** OF THE OFFER... YOU CAN LIVE **HERE**... ALL EXPENSES PAID.



I DO. THE COMPANY HAS AN **ARRANGEMENT** WITH **KYLE**, THE OWNER, TO PAY ALL OF MY **LIVING EXPENSES**.



SO... WE'D BE **HOUSEMATES**?
 I SUPPOSE SO.
 MY, YOU'VE **ORCHESTRATED** THIS NICELY. WHAT COULD BE **NEXT**?



HEY, LANCE... DID I LEAVE MY **JOGGING SHORTS** OUT HERE?
BRAD!
 NOT NOW!



IS THIS PART OF YOUR **SALES PITCH**?
NO, IT'S NOT. I APOLOGIZE.
 OH, NO **NEED TO.** I THINK I'M **SOLD**...



GLBT RESOURCE LIST

OMAHA BASED

Alphabet (ABC) Soup at UNO,
http://groups.yahoo.com/group/uno_abcoup,
Phone Student Organizations at 554-2711.

BiMenNebraska, Social Support for Bi and BiCurious Men <http://groups.yahoo.com/group/BiMenNebraska> and <http://groups.yahoo.com/group/Bi-MEN-MIDWEST>

Camp Kindle, Nebraska based summer camp for kids affected by HIV/AIDS, 877.800.CAMP, www.CampKindle.org

Citizens for Equal Protection 1105 Howard St. Suite 2, Omaha NE 68102, 398-3027 www.cfep-ne.org, email to: Michael@cfep-ne.org

Diamond Foundation, making a difference through music and education, call 877-87-DIAMOND or see www.diamond-foundation.org

Family Foundations Therapy for individuals, couples or families, for info call 558-3856

First Central Congregational Church UCC, 421 South 36th St., 402-345-1533, www.firstcentral.org, GLBT-affirming

First Lutheran Church, 542 So. 31st St., 402-345-7506, GLBT Friendly www.firstlutheranomaha.org

First United Methodist Church, 7020 Cass St., 402-556-6262, www.fumcomaha.org, GLBT-affirming

Flat Water Bears, (group disbanded)

Front Runners/Walkers, Wednesdays at 6:30pm, Elmwood Park Parking Lot by softball field, Omaha

Gay Lesbian Straight Education Network - Omaha, Box 641676, Omaha 68164, 712-325-0117 <http://www.glsenomaha.org>

GayLibrary.com, World Wide Resources

GLBT PROFESSIONALS, meeting at 6PM. Email at: glbtprofessionals@cfep-ne.org or see www.omahaglbtprofessionals.org for info

Heartland Gay Rodeo Association, see www.hgra.net for information

Ice Bowl Invitational Bowling Tournament (IBIT) P.O. Box 31838, Omaha, 68131 R. Hollendieck (402) 556-5556

Imperial Court of Nebraska, Box 3772, Omaha 68103 556-9907, Board Meets 3rd Monday, Rainbow Outreach GLBT Center, www.icon.impcourt.org

Learning to Exchange Power, L2EP@aol.com; Social, educational group novices in Leather, S/M, B/D Lifestyle

Leather Engineers of Omaha (LEO) Box 8101, Omaha, 68108-8101 Gay men in leather lifestyle, not currently meeting

LinOma Bares, for more Info email linomabares@yahoo.com or mail to P.O. Box 24547, Omaha NE 68124

Low Avenue Presbyterian Church, 1023 No. 40th St., fully open to GLBT's,

Mpower Program, 139 S. 40, Omaha 68131 email: mpower@nap.org website: www.mpower-nap.org phone:

402.552.9260x20, Holistic Gay Men's Health Program

Metropolitan Community Church of Omaha, 819 S. 22 St., Omaha 68108 345-2563, mccomaha@mccomaha.org Website: www.mccomaha.org Sunday Worship 9am and 11am, Wed. Worship at 7pm

NA Rainbow Group, Narcotics Anonymous, meets every Sunday at 6pm, MCC -Omaha Church, 819 South 22nd St

Nebraska AIDS Project, 552-9260 Watanabe Wellness Ctr, 139 S. 40, Omaha 68131, Testing Wed from 1:30-4PM by appointment only, Thurs 7PM-9PM results in a week, Fri 5PM-10PM with 20 minute results Call 402-552-9255 info

NebraskaEquality.org, Find out everything about Nebraska and the GLBT Community

Nebraska GLBT Events, Community Events Calendar web site, see www.NebraskaGLBTEvents.com

Nebraska Pride IDOL, PO Box 241733, Omaha NE 68124, 866-4-NE-IDOL, www.NebraskaPrideIDOL.com

Nebraska Zen Center, Soto Zen Buddhist, 3625 Lafayette Ave., 402-551-9035, www.prairiewindzen.org GLBT inclusive

Northside Christian Church 5555 Larimore, Sunday worship 9:30am, Contemporary service at 11:00am

The 'Ohana Group, (GLBT / Non-traditional Family group), email to: Theohanagroup@msn.com

Omaha Bi Married Men Yahoo Group <http://groups.yahoo.com/group/OmahaBiMarriedMen>

Omaha NE Gay Pride Web Page <http://ONGP.com>; email to: omahanegaypride@cox.net or ongp1@cox.net

Omaha GLBT Professionals, Contact omahaglbtprofessionals@cox.net for more info.

Omaha Metro GLBT Sports League, See www.omahaglbtsportsleague.org for more information

Onyx Images, Box 31026, 68131-0026 Social/Support Organization for African American Males age 21 and over

Out and About in Nebraska, website: www.travel.to/outabout Email: NeOutAboout@yahoo.com

OUUT (Omaha Unitarian Universalists for Tolerance) First Unitarian Church, 3114 Harney, 68131, 345-3039, www.ouut.org

Parents and Friends of Lesbians And Gays (PFLAG) Omaha Chapter Box 390064, Omaha, 68139-0064 291-6781 Website: www.pflag-omaha.org, email info@pflag-omaha.org Meet 2nd Thurs, 1st United Meth, 7020 Cass

Proud Horizons Youth Group, Sat Afternoon, info: (402) 291-6781 or email proudhorizons@yahoo.com

Prairie Bares, male nudist group, no

further info available

Rainbow Outreach GLBT Resource Ctr, 1719 Leavenworth, Omaha, 341-0330

Rainbow Bible Study, Fridays, 6-7:30pm, Lowe Ave Presbyterian, 1023 N. 40 St.

Rainbow Celebrations, PO Box 8488, Omaha, 68108, 402-212-6302 locally, 866-NE-PRIDE toll free, sponsors of annual Gay Pride & National Coming Out Day, for complete information see www.rainbowcelebrations.org

River City Gender Alliance, P.O. Box 4083 Omaha, NE 68104, for info call 402.813.1842 or Email: info@rivercitygenderalliance.org

River City Mixed Bowling II 3pm, Sundays, Maplewood Lanes, Omaha Norma Harrison (402) 731-5706

River City Mixed Chorus, Box 3267, Omaha, NE 68103, 402-341-SING Website: www.rcmc.org

SNAP Productions, Box 8464, Omaha, NE 68108 www.snapproductions.com

Temple Israel Synagogue, 7023 Cass St., 402-556-6536, member of the Union for Reform Judaism, GLBT inclusive

Unity Church of Omaha 3424 N. 90, Omaha, Sunday worship: 10:30am Wednesday meditation service 7pm; 571-1344; www.unityomaha.org

WomenSpace, no current info is available

Youth Emergency Services, Inc. (Y.E.S.) Offices: 2679 Farnam Street, Suite. 205 Omaha, NE 68131, 402-345-5187, email to info@yesomaha.org

Y.E.S. Drop-in Center, 2057 Harney Street Omaha, NE 68102, 402-505-6922

LINCOLN BASED

LGBTQ and Ally Programs and Services Resource Center, Pat Tetreault, LGBTQ Resource Center Director, <http://involved.unl.edu/lgbtqa> - 402.472.1752 or 402-472-1652 <http://www.unl.edu/health/sexuality>

Queer Student Alliance, UNL, contact unlqsa@yahoo.com for info

GLBT and Allies coffee house, 3rd Fridays, Unitarian Church, 6300 A, 7:30 to 10:30pm

Lincoln Women's Center, Lincoln 402/472-2597.

Nebraska AIDS Project, Lincoln, 1921 S. 17th St. (402) 476-7000

Omaha Women's Riverboat Cruise, 4949 N. 73rd, Lincoln, 68507 467-5737

Parents, Friends of Lesbians & Gays, Cornhusker Chapter; Box 30128, Lincoln 68508, Meet 4th Tues, Unitarian Church, 6300 A, email to Barbara Kimberly, jbkiber@hotmail.com. Website: <http://pflag.ineb.org/>

Planned Parenthood, F2M and Questioning Support group & Partners of FTM Support Group, meet monthly at 10am Saturday, for info call Ryan Sallans at 441-3321 or email sindu.s@gmail.com

SAGE, Box 22043, Lincoln 68542 Coffee House 2nd Sat, 6-9pm, Lesbian Videos 7:15pm, 3319 S. 46

Straight Spouse Support Grp 402-429-6094
 TriCity GLBT, serving Central Nebraska, web site at <http://www.tri-city-glbtc.com/>
 UNL Committee on GLBT Concerns, Contact Pat Tetreault, (402) 472-1752 or email: ptetreault1@unl.edu / www.unl.edu/cglbtc
 Women In Trades/YWCA, 1432 N St., Lincoln 68508; 434-3494,
 Youth Support Group, (402) 434-9880

Iowa Based

Council Bluffs Pride, www.councilbluffspride.org
 Iowa Equality, GLBT -allied against change to the state and federal Constitutions, <http://www.IowaEquality.org>
 Sioux City, Iowa Resource Web Site: www.siouxlandpride.net

Nationally Based

Trevor-24-hour National Suicide Hotline for GLBT and Questioning Youth 1-800-850-8078 or see web site at <http://www.thetrevorproject.org/helpline.html>

Omaha GLBT Sports

by Chris Orr

The dodgeball registration deadline keeps getting closer. Dodgeball is a fundraiser tournament hosted by Omaha GLBT Sports and is a benefit for Rainbow Outreach Center. Dodgeball will be played on Saturday March 14th at Christie Heights Gym (37th & "Q" Street) from 1 p.m. – 4 p.m. The cost of this will be \$10 per player or \$5 for students (with i.d.). There is a free will donation per spectator. Players can register up to 5 people on a team. Anything less than 5 players will be combined to create a team. Registration online only at www.omahaglbtsportsleague.org by March 10th 5 p.m. Player fees and spectator donations go to Rainbow Outreach Center.



Volleyball games on February 1st became a slush night. The teams got all mixed up for the evening. It was an entertaining evening to see the players interact as a team with those they haven't played together with on a team before. The games on February 8th mark only two weeks until the end of the season. Gray played Purple for the evening. Gray had a great plan of action in the first two sets of getting the ball back over and some ace serves. Purple went with more of a routine of bump, set, spike. There was a ball pushing match between a player off of each team that lasted for a while. The team mates was on standby waiting for the ball to come to them. At the end of the sets Purple would take all three.

Febraury 1st
 No recorded scores

February 8th

Blue 9 3 6	VS.	White 21 21 21
Purple 21 22 21	VS.	Gray 19 20 10
Dixie Quicks 21 20 22	VS.	Orange 19 22 20
Flixx 13 16 19	VS.	Louie M's 21 21 21
Chixx 19 21 19	VS.	Green 21 19 21
Red 21 21 22	VS.	Brown 19 12 20
Yellow 15 14 14	VS.	Black 21 21 21

Happy Birthday
&
Valentine's Day!




You're the best every day

*Community
Announcements*

**Post your
announcement here!**

It's FREE!

Send it to gazette@cox.net

Did you know that you can see the entire *GAYZETTE* on our web site?

Go to:

www.rainbowoutreach.org

And click on the Publications link.

George W. Bush reads the Gayzette.

(Ok, he just looks at the pictures.)



Quote of the day:

"Whatever you give a woman, she will make greater. If you give her sperm, she'll give you a baby. If you give her a house, she'll give you a home. If you give her groceries, she'll give you a meal. If you give her a smile, she'll give you her heart. She multiplies and enlarges what is given to her. So, if you give her any crap, be ready to receive a ton of shit."

Coming soon to *The Gayzette*...
GLBT & Friendly Business Directory
 Release date: March 27th



If you are a GLBT business owner, frequently visit or employed by a GLBT owned or Friendly business and want to be listed **FOR FREE** email orrthumper83@yahoo.com with business name, address, phone number, and type of business.

Where Can You Find *The Gayzette*?

Omaha:

Connections, 1901 Leavenworth	933-3033
DC's Saloon, 610 South 14th Street	344-3103
Dixie Quick's Restaurant, 1915 Leavenworth	346-3549
Flixx, 1015 South 10th Street Omaha	408-1020
Gnome's Bar, 1951 Saint Marys Ave	991-6470
The Max, 1417 Jackson St.	346-4110
Metropolitan Community Church, 819 South 22nd Street	
Omaha Mining Co., 1715 Leavenworth	449-8703
Mystery Bookstore, 1422 South 13th St	342-7343
Nebraska AIDS Project, 139 South 40th St	552-9260
Rainbow Outreach Metro Omaha GLBT Resource Center, 1719 Leavenworth St. (home of <i>The Gayzette</i>)	341-0330

Lincoln:

Panic Bar, 200 South 18th Street (as available)	435-8764
Q Bar, 226 South 9th Street (as available)	475-2269

Would you like to have the *Gayzette* at your Place of business? Email your request to:
Gayzette@cox.net

Fitness Corner

You need a good night's sleep as a foundation for your health and fitness. You should spend approximately one-third of each day in bed and dreaming of pleasant thoughts. My suggestions this week should help you earn your sleep chevrons for that nocturnal letterman's robe.



Light a scented candle and let the aroma waft you into happiness. The scent acts as a therapeutic agent for your body when it registers in your brain. Get in the habit of lighting one or two of these each day when you arrive home from work. Keep them burning until you are ready for the trek down the hall and into the bedroom. The pleasant aromas should linger long enough to float you to sleep.

Get an aquarium and some county fair goldfish to swim around in it. Find some time each night before bed to sit and watch your fish tank. It won't be the same dramatic intensity as an episode of the Bachelor on ABC but it'll certainly be a much better calming agent. Put the aquarium in your bedroom and let this aquatic show be the last thing your eyes see before calling it quitting time for the day.

Uncork the wine bottle and have a glass or two of Cabernet Sauvignon. Don't get all goofy and turn that glass or two into a magnum or two. You aren't Jesus and your job isn't to start changing water into wine. This moment of alcoholic enjoyment can be healthy and relaxing if it stays within the reasonable limits. Too much wine will actually cause you to have a disruptive night of sleep.

Several logs, some kindling, a match, and an open flue are the perfect recipe for a roaring fire. You don't necessarily need a bearskin rug in front of the hearth to make it utopia. Try turning out all the lights and just watch the flames dance around and speak to you. They will gladly trade your day's problems for their wavy warmth and kaleidoscope of orange, red, and blue.

Turn on the stereo and put in your favorite classical music CD. If you aren't a fanatic of the classical genre I can guide you to some fine selections of this acoustic enjoyment. Debussy, Brahms, and Strauss Jr. are all excellent choices of musicians to ease you into your pajamas and away from the rambunctious ramifications of your workday. You can go anywhere you want when the music begins. Just relax, capitulate to the moment, and the music will take you to the farthest reaches of your imagination!

A nice hot bath can also squire you toward your soporific retreat. A bathtub full of bubbles and the water's warm embrace on your body can lull you into respite quite quickly. Twenty minutes of this treatment and you won't even remember the economic nightmare or the looming cutbacks at your job.

You need sleep to function properly and the aforementioned are my best methods for achieving that ample amount of slumber. An additional suggestion is to combine some of these sleep inducing measures on any given evening. It would be a nifty plan to take a bath surrounded by several scented candles while classical music massages your auditory zone and red wine pirouettes upon your palette. Choose your favorite bedtime prerequisites and watch as your sleep enhances your state of health

and fitness.

This health and fitness column is brought to you by that guy who realizes now that life begins at 40! That guy who just turned 40 is Ron Blake and he can be reached at blake.fitness@yahoo.com.

Kansas Lesbian Discharged From National Guard

A nine-year member of the Kansas Army National Guard was discharged under the military's ban on gay, lesbian, and bisexual service members. Amy Brian was the Kansas Guard's first discharge under the nearly 16-year-old "don't ask, don't tell" policy, according to the Associated Press.

A civilian coworker saw Brian kissing another woman in a Wal-Mart checkout line. The Iraq war veteran was investigated and was "separated" in January.

"I was not separated because of any type of misconduct but plain and simply because someone else had a problem with my sexuality," she said. She added that everyone she went to Iraq



with "knew I was gay, and no one had a problem with it."

In July 2008 another gay guardsman warned Brian that someone was targeting her and recommended that she delete her MySpace account, in which she says she is a lesbian. Someone sent anonymous e-mails to her superiors, notifying them of her sexual orientation, prompting an investigation. The following month, a lieutenant told her she was being investigated for homosexual conduct.

Brian joined the Guard in 1991, serving through 1994. She then reenlisted in 2003.

From 1994 to 2007, nearly 12,500 service members were dismissed from the military under "don't ask, don't tell." (Michelle Garcia, Advocate.com)

I Spy.....



I Spy.....

Hello there reader.

My name is Chris Orr and I am doing an opinion column of just whatever. I'll be expressing views or sometimes giving a heads up on persons, places, or things that need to be mentioned at all or more of. Remember this is an opinion column and does not reflect the opinions of those who are responsible (staff, owners, persons, etc.)

I'll believe it when I see it. Yep, that's how many live their lives today. It is a pretty good rule of thumb. Words are pretty much meaningless these days. Think of how text messaging has sort of ruined that source of communication. Not even the emoticon can sometimes save a message from being finagled. Lots of people these days don't even read what is out there for them, which can be a fantastic or worthless resource. I fall into the see it category when I hear someone say, "yes I am going to be there or register for that." This lasted for quite a while. Then it gets so disappointing that you just wait until they appear before your eyes.

Take global warming as an example. Call it what you want for the non-believers but when you see glaciers melting away and western state's mountainous trees dead brown, there needs to be a call to action. Just because you can't see it, smell it, or hear it, doesn't mean it's happening. You have that friend that won't get so wasted at the bar this time they promise; then you focus your time on watching how much the friend drinks instead of enjoying the night out. Well some nights it isn't so bad but other nights turn into late night, it's a hit and miss but very annoying. It also appears when we are to have elected government officials represent us but on who's real interest? They say a bill is getting worked on, this or that, or another elected official isn't paying taxes and we wonder, what the fuck? Seeing is

believing. It is sort of like checking your math when you have the two phrases side by side. $2 + 3 = 5 / 5 - 3 = 2$. For believing it when I see it, well the disappointment levels have gone down, words are meaningless anymore.

Let's see some things going on in Omaha. Emperor 25 Dan Kanobe & Empress 24 Crystal DeLight, along with The Max and Nebraska Pride will be hosting "A Night In Paris" on Valentine's Day. The dinner will be a formal six course French meal. Dinner will begin at 6 p.m. Dinner prices will be \$40 per person or \$60 per couple. Last year's dinner Dan and Crystal hosted was wonderful and very well attended. Dinner was delicious, very well prepared and it is no doubt that this year will be the same.

Nebraska Pride Idol will have its first preliminary of its sixth season on Friday February 20th at the newly opened Flixx Cabaret and Show Bar. Pride Idol is bringing more talent with its preliminary contests. The best part of the show is of course the talent but also the audience determining the winner and sending that person to the finals. This is a benefit for Camp Kindle, children affected by HIV/AIDS. This event begins at 9 p.m.

Bat Boy is having a pre show party on February 26th. It is said there are great seats to those who come to the pre show party. The production is at Omaha Community Playhouse and the party begins at 6:30 p.m. You can contact the director of sales at 553-4890x147 or email knewman@omahaplayhouse.com to purchase pre party and performance tickets.

Any gripes, comments, or having something checked out? Email me orrthumper83@yahoo.com

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9pm



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Project Kindle,
& AIDS Project of Central Iowa
10pm

FRIDAY MARCH 6TH
MEN'S NIGHT
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\$100 CASH PRIZE

UNDERWEAR NIGHT 9PM

THE MAX
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DESIGN BY: CHRISTOPHER TUCKER