



Transgender Job-Seeker Told to Dress Like a Man

By Winston Gieseke

A U.K. transgender woman says she was told by her local employment office that her chances of finding work would improve if she dressed as a man.



Eighteen months ago, Andrew Cook was laid off from a construction job and began collecting unemployment benefits. Last February, Cook—who has felt like a female since age 6 and has been cross-dressing for decades—started gender-reassignment treatment and began living as Tina.

Cook, 54, alleges that last week at the Darlington Jobcentre she was advised to dress like a man for interviews to increase her chances of finding work.

“I have been living in the wrong body for 53 years and have only recently summoned up the courage to be the way I want,” she told *The Northern Echo*. “I have given up so much for this. My family don’t really talk to me and I have no friends. How can they expect me to give it up to get a job? I think it is really insensitive.”

According to the terms of her treatment, Cook—who is only a quarter of the way through the reassignment process—must dress and present herself as a woman to avoid being dropped from the program.

Emma Roebuck, joint project coordinator at Gay Advice Darlington, called the Jobcentre’s advice “unprofessional,” saying that “people need help and support through this process. If you have a Government agency saying you are never going to get a job dressing like that, then they are effectively saying you are a failure.”

A spokesman for the U.K. Department for Work and Pensions said the Jobcentre is committed to providing fair treatment to

all individuals and that the incident is under investigation.

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I grew up on a farm in Plattsmouth, NE. I am the youngest of 4 kids. I belonged to 4H and showed horses. Since graduation, I have been in the salon industry for over six years and have

(Continued on page 6)

February 11, 2011 - February 25, 2011

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(Miss Max 27, Continued from page 1)

worked downtown at Sirens Salon and Spa for the past five years.

My journey towards becoming Miss Max began on May 9, 2010 at The Fresh Fish Pageant. Since then, I have appeared in numerous shows at The Max, and other venues in Omaha. And I have also performed in Des Moines at The Saddle, and Le Boi.

I recently won the award for "Best Newcomer" at The Best of Gay Omaha Awards. I take the title of Miss Max very seriously and I am prepared to work hard to maintain the integrity and prestige of the title of Miss Max and am excited to be a part of The Max Family.

I'm very excited for the next year and what I will bring to the stage and what I can do for our community. Please feel free to say 'hi' if you see me out and about.

Baby You're a Firework!

*Cause baby you're a firework
Come on show 'em what your worth
Make 'em go "Oh, oh, oh!"
As you shoot across the sky!*

"Firework" by Katy Perry

...And shoot across the sky she did! Susan Elizabeth Davis was a "Firework" of service to the LGBT community and all those in need in Nebraska. "Hi, I'm Susan!" she would introduce herself as she extended that big hand with the gentle touch and smiled at you from a soft round face with a twinkle in her eye! Coming out in the LGBT community later in life is difficult, to say the least. Coming out as a Transgender woman, after marriage, a child and service in the military, is even harder. Make no doubt about it though, Susan was a woman!

Femininity is redefined by each female within her own sphere of existence. As big in stature as she was, Susan was still a lady. In the almost 10 years I knew her, I never heard her use profanity once, not even in anger. Oh, she had a temper, but it only erupted in instances of extreme hurt or frustration. Being inadvertently referred to as "he" or being ignored when she really wanted to help would bring out that flash.

I mentioned, "Wanting to help". Helping was the dedication and definition of Susan's life. Raising money for those less



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fortunate was her passion. Susan worked tirelessly and sometimes in great personal pain to raise money for charities. Carrying several titles to her credit, proudly serving ICON in several reigns, and as a former MS Nebraska Pride, Susan continued to serve on the Rainbow Celebrations board and to raise money for charity. Her stubbornness and strong will would keep her going when most others would have given up.

*You don't have to feel like a waste of space
You're original, cannot be replaced
If you only knew what the future holds
After a hurricane comes a rainbow*

Susan would push that cart with her oxygen tanks through miles of blocks, or ride the bus all over the city to accomplish what she wanted. In her earlier days, she raised incredible amounts of money collecting the nickels and dimes she found on the floor when she helped to clean THE Q! Though she had very little herself, and a limited income, she would always share what she had, and would always be the first to volunteer. She didn't care what the task was; she would do it---even when no one else would. I remember the after-hours breakfasts at Dixie Quicks. There she would be, oxygen in tow, washing dishes with Dino, folding napkins or towels, sweeping the floor... whatever needed to be done---even to 4am!

At Pride, there was no better gatekeeper! Ever vigilant, Susan earned the respect and admiration of the Security Guards, and those she caught trying to sneak in, earned her wrath. Susan Davis, under any circumstances, was a force to be reckoned with and Pride was her devotion. Pride, in who she was as a person and a belief in working hard to make the world more accepting and compassionate, motivated her to serve others. Susan fought for what she believed in, fought for those who had no voice of their own, fought for the acceptance of the transgendered and compassion for all those who were unique---all the while fighting for her own survival as her health declined.

*Maybe you're reason why all the doors are closed
So you can open one that leads you to the perfect road
Like a lightning bolt, your heart will blow
And when it's time, you'll know*

Susan Elizabeth Davis left this earth the same way she lived in it---fighting! As I remember our times together, Susan taught me several important lessons, and these stand out as shining examples for our world :

The most important thing in life is doing what is right. Not for any personal reward, you do right just because it IS right.

Doing great things is not important. Greatness is doing the little things that make the great things happen!
Susan Davis achieved greatness in the everyday living of life. Some define a saint as one who lives the everyday heroically. Some define angel as one who loves unconditionally and serves without thought of themselves. Susan certainly did both of these. I can hear her in my heart saying: "I am sorry Dan... I am gonna miss the next Rainbow Celebrations board meeting... I got tired and I needed to take a rest...now, you can't fault me for that, can you?"

No, Dear Susan, I can't fault you for that! You've earned your wings, and a halo far more beautiful than any tiara you could have worn on this earth. Rest in Peace, bright Angel!

*Boom, Boom, Boom,
Even brighter than the moon, moon, moon
It's always been inside of you, you, you
And now it's time to let it through*

**Susan Elizabeth Davis
June 9, 1956 - January 29, 2011**

*Cause baby you're a firework
Come on show 'em what your worth
Make 'em go "Oh, oh, oh!"*

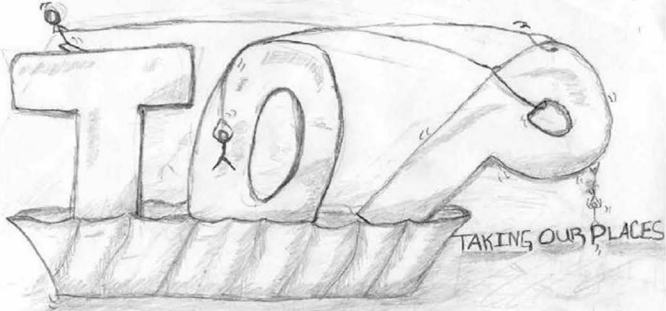
(Continued on page 8)

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As you shoot across the sky!

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Another Reason to Live in Iowa

Two gay members of the CBCA, who are legally married in Iowa and who have homes in both Council Bluffs and Phoenix, Arizona, recently reviewed their homeowners insurance policies on their two homes. They discovered that the homeowners insurance on their Council Bluffs home is cheaper because they are now legally married in Iowa. Married couples in Iowa, which includes married gay and lesbian couples, get a discount on their insurance just because they are married. They also get discounts on their auto and umbrella insurance, too, simply because they are legally married.

This couple also has insurance on their home in Arizona through the same Des Moines-based company. The insurance company said that it could not give the discount to the married couple on their Arizona home, even though they get the discount on their Iowa home. The reason is because Arizona law, like Nebraska law, forbids recognition of the relationship of same-sex couples. This is just one more reason to move across the river to Iowa to live a life of equality.

CBCA Joins Chamber of Commerce

The Council Bluffs Community Alliance has joined the Council Bluffs Chamber of Commerce. The business community in Council Bluffs recognizes that the ever growing LGBT community in town is good for business. Major businesses like Google and Harrah's have lead the way in being inclusive, and now other businesses are following suit. This also gives greater credibility and visibility to the gay community in town. Additionally, any member of the CBCA will be able to attend any Chamber event throughout the year. This will allow us to influence more people to become allies for our cause. The Chamber of Commerce will provide speakers for the next CBCA monthly membership meeting, to be held on Sunday, February 20th at 5 p.m. at St. Paul's Episcopal Church, 22 Dillman Drive in Council Bluffs. A pot luck dinner will follow the meeting. Simply bring your favorite dish to serve at a pot luck. Please feel free to attend the meeting and learn more about the Chamber.

A New Advice Column. Coming Soon to the Gayzette

(Continued on page 10)

Research Study Participants Wanted IRB 300-10-EP

The University of Nebraska at Omaha is looking for people to take part in a research study about perceptions of others at work. This research study involves 2 ½ to 3 hours of your time to watch videos and answer some questionnaires.

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The “D” word

Michael Kimmel
[beyondtherapy@cox.net]

Is it a weakness to feel depressed? What is depression anyway? Does it show up differently for men than for women? These are questions I hear a lot of in my private practice. So many of my male clients talk about depression without really knowing what it is. In the past couple of years, psychological research is discovering that depression in men often looks really different than it does in women. This is pretty surprising news. If it's true, what does this mean for all you gay, bi and trans men out there? Let's talk about the “D” word.



According to Los Angeles Times writer Melissa Healy, “for men, depression is melancholy on steroids...fast driving, heavy drinking, lots of recreational drug use - for all too many men - are symptoms of depression.” What happens if these symptoms are ignored and not addressed? In researching her article, Healy found that, for almost 25,000 men a year, the end result of unrecognized depression is suicide. For many depressed men - regardless of sexual orientation - there is often no cry for help: no river of tears, not even much sadness, just a quiet, tragic ending of a man's life. According to Healy, in the United States, a depressed man is four times more likely than a woman to commit suicide, yet he is only half as likely to be diagnosed with depression. It's the “D” word indeed: Don't ask for help, Don't tell anyone how lousy you feel, and Don't get better.

As gay, bi and trans (GBT) men, is this true for us? According to most of the research I've read, depression is more prevalent among GBT men than in heterosexual men. Historically, oppressed communities (e.g., non-white, non-middle class, non-heterosexual, non-male) have higher rates of depression than straight, white, middle class men. If so many of us are likely to be depressed, what exactly is depression anyway?

Depression in GBT men often looks different than the stereotypic cluster of sadness, guilt and withdrawal that many of us think of when we imagine a depressed person. Some depressed GBT men suffer symptoms of depression - such as impotence and loss of sexual interest, but others may become wildly promiscuous, complain of sleep troubles, fatigue, headaches or stomach problems - without ever considering that there may be a psychological source to all or some of their symptoms. Statistically, depressed GBT men are more likely to behave recklessly (e.g., unsafe sex), self-medicate with alcohol and/or drugs, drive too fast and/or seek out emotional confrontation. All those feelings of depression have to go somewhere! We turn the unhappiness on ourselves and have internal symptoms or we aim it at other people and fuck with our relationships big-time.

What causes depression? No one knows for sure. For all the research that shows that there are genetic markers that run in families, there is equal research that shows it is more environmentally-based. In my experience, it's likely a combination of the two. The success of anti-depressants acknowledges that there is a biological component of depression, yet anti-depressants don't make you “happy”, they just keep you from feeling super shitty. They don't solve your problems and they don't make life great. They can take away that totally hopeless feeling that makes you feel like crawling into bed and never coming out...but once you crawl out of bed, then what? This is where pills don't help much. Facing the CAUSE of our depression usually means walking through fire. Ironically, this is something that we GBT men have been trained to do. But we're told we should do it ON OUR OWN. Is this why we're so bad at asking for help? Would John Wayne, James Bond or any of the X-MEN be able to turn to their best friend and say, “Dude, I think I'm depressed”?

Historically, there's the machismo thing: depression has long been equated with “weakness”, being a “sissy” and “shame”. Where I grew up, in rural Ohio, you were supposed to just “grin and bear it” or “pull yourself up by your bootstraps” as my grandpa (the local butcher) told me when I was little. We may be living in 2009, but the psychological remnants of “boys don't cry” are still with us. So instead of admitting we feel like shit, many of us react in the exact OPPOSITE way: we hide our feelings of depression by acting tough, cool, like we have it all together. We smile in the clubs, drink way too much and go home with someone cute because we don't want to wake up alone. Sound familiar?

How can you tell if you're “clinically depressed” or just “a little depressed”? Easy: does it go away on its own and you feel good about life again? If so, you're what I call “normally depressed” by the usual crap that life throws us all. When you can bounce up in a week or two, you're not clinically depressed. But when you feel like shit for three, four, five weeks or more, then you may be “clinically depressed”. You can't just “snap out of it”, as Cher told Nicholas Cage in “Moonstruck”.

GBT Latino, African American and Asian Pacific men may suffer the most from cultural taboos against depression. For example: a recent survey found that 63% of African Americans considered depression “a personal weakness”. In his book “Lay My Burden Down”, Harvard Medical School psychiatrist Dr. Alvin Poussaint writes that an epidemic of suicide among young black males is only part of the hopelessness and self-hate among African American men. These kinds of heavy cultural messages don't easily go away, and all men suffer - silently - as a result. So what can we do?

As GBT men, once again, it is up to us to lead our straight brothers out of ignorance and into a new way of being a man. Many of us, although raised in the same world as our hetero brothers, found that as GBT men, we had to make our own way in the world. The traditional rules of the world didn't work for us; we were forced to be pioneers and create our own paths. Once again, we need to be pioneers and create a new path to mental health. When we find that we feel shitty for weeks at a time, we need to be man enough to get help. Depression is debilitating; most of us can't beat it alone. This is where our friends, our chosen families, our homeboys come in: we need to be honest with each other, ask for help and notice when someone we love needs help but may be too embarrassed to ask. We need to be man enough to admit, “Hell yes, I'm depressed.”

For many of us, the first step in healing our depression is to hear, “I think you're depressed” from someone close to us. If you suspect depression in your friend or partner, don't downplay the changes you see or criticize his behavior. Instead, tell him that you're worried about his mood or behavior. Educate him: let him know that depression is common in GBT men and doesn't always feel like sadness. Let him know that that “talk therapy” - with or without anti-depressants - brings relief to four out of five men (according to recent research). Urge your friend/partner to see his doctor and talk with him/her about how he feels. Many doctors have a short “depression quiz” they give clients to see if depression is just beneath the surface of other more physical symptoms. You could also talk to a psycho-therapist, trusted older friend or minister/rabbi to get a reality check on if you seem depressed or not.

Above all, don't be afraid to talk about the “D” word: ask for help, tell someone you trust how lousy you feel and know that you can get better. We're all in this together...isn't this what Brotherhood is really about?

(CBCA Joins Chamber of Commerce, Continued from page 8)

Need help making a decision? Want another opinion on the matter? Email your dilemma, thought or concern to deardavid33@gmail.com and take some weight off your shoulders.

Dear David is meant to inform and entertain. The advice given should never be used in place of mental/medical professionals, legal counsel, spiritual guidance or your own inner conclusions. Dear David acts as his own independent writer and the views expressed are not those of The Rainbow Outreach Center, The Gayzette, staff or volunteers.

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LGBT Buyer and Seller Tips: What to Expect in the 2011 Real Estate Market

Every state in the USA except for Hawaii had snow recently, and the nation is a long way from springtime – which is traditionally the busiest time of year for residential real estate sales. Most of the country is still within the deep freeze of winter weather, and very few LGBT buyers are in the mood for looking at houses while trudging around in slush and slipping on icy walkways.

But LGBT buyers and sellers do need to start looking ahead in order to prepare for the 2011 real estate market. This year promises to be a pivotal one as the general economy gains momentum and the real estate sector leads the way in that recovery. Here are some highlights of what to expect in the coming months, based on current market data, housing trends, and the predictions of many experts within the industry.

Interest Rates on Mortgage Loans

The best news for both buyers and sellers is that mortgage interest rates are near the lowest levels they have been since banks started keeping historical records on mortgage data. That means that in 2011 it is possible to take out a home loan and get a mortgage that would make several generations of parents and grandparents jealous.

To put today's rates into perspective it is worth pointing out that during the past 50 years there were many times when Americans paid extra points to get a loan that was lower than seven percent. In fact many people were thrilled to get a loan that was under 10 percent. By contrast, rates on reliable fixed-rate loans today have been hovering slightly above or below 4.5

percent and are a bargain by any historical measure.

But they are not expected to last forever, and the Fed has been wrestling with inflation for months while artificially keeping rates down in order to stimulate the economy. Once the economy appears healthy enough to handle it, rates will likely start going up and may never come down this far again – so those who want to take advantage of them need to act now. By next year these phenomenal rates and exceptionally attractive low monthly payments may be a relic of the past.

The Foreclosure Market

The Massachusetts high court recently reversed two foreclosures, taking the homes back from the lenders who had repossessed them and returning them to the original homeowners. Justice Ralph Gants, writing for the Massachusetts Supreme Court, explained that the banks had “failed to make the required showing that they were the holders of the mortgages at the time of foreclosure.” In the wake of the so-called “robo-signing” scandal – which exposed the fact that lenders were foreclosing without reviewing documents or showing enough legal proof – the courts may hear thousands of similar cases in 2011.

It is much too soon to predict the outcome or impact of those decisions. But many real estate, mortgage finance, and legal experts do anticipate that the unprecedented high volume of foreclosures will drop off dramatically as lenders double check their paperwork. Especially following those landmark cases in Massachusetts, mortgage companies want to ensure that they are not breaking the law or risking an expensive lawsuit from a wronged investor or homeowner.

What that means in practical terms for LGBT buyers and sellers is a return to normalcy. While there will still be foreclosures, calming down the frantic pace of processing them will help prevent the rapidly plummeting prices seen over the past 2-3 years. In lieu of these developments, LGBT buyers may want to avoid the foreclosure market for the time being, as volatile legal issues get resolved. Meanwhile LGBT home sellers can expect

(Continued on page 12)

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more price support and fewer unexpected negative surprises in the market. That will enhance home values – or at least hold them steady so that they don't continue a precipitous decline.

The Overall Real Estate Climate

Economist Christopher Thornberg – who was one of the only experts to accurately predict the real estate crash – was recently quoted in the Los Angeles Times. He summed up today's real estate market rather well when he said, "Prices went from stupid-high levels to levels that made sense again."

LGBT consumers should not expect the real estate market to come roaring back in Roaring 20s style. Those days of ridiculous price inflation and constant flipping of houses for higher profits – supported by toxic assets and predatory lending practices – are gone for good. But by the same token they should trust that the worst is over and real estate is not a scary place to invest for those who use common sense.

Interest rates are dirt cheap. The selection of homes for sale is excellent. Prices are reasonable, and housing is affordable. So 2011 should be a great year for buying and a much better year for selling – with an optimistic outlook that will continue to improve as the overall economy strengthens.

To find real estate and mortgage professionals dedicated to support of the LGBT community, visit www.GayMortgageLoans.com and www.GayRealEstate.com, or call toll free 1-888-420-MOVE (6683).

Heartland Pride News

FOR SALE NOW! A Night with Lady GaGa! We are partnering with the Diamond foundation to split the proceeds.

The night includes two tickets to see Lady GaGa, dinner for two and a hotel stay in downtown Omaha. \$2 per ticket! Email us for more information. We will be posting ticket sales information soon.



Two fundraising dates, please add to your calendar! Saturday, March 5th 6pm doors, 7pm show. The Max will be home to this show involving some unique live talent that we have not seen before! Get ready for something new! And Sunday, June 19th 9pm doors, 10pm show. We are still working on entertainment for this show.

Kids Korner is going to be a great feature of pride this year. Kids Korner Sponsor Cox Communications is making programming for this possible (thank you!) Our Kids Korner Partners: Omaha Public Library, Joslyn Art Museum are both on board to help provide some great events for our kids.

We are currently reaching out to the Omaha Children's Museum, the Henry Doorly Zoo, a face painter and clown and the Rock Climbing wall team from the City Parks and Rec. team. Kids Korner this year will be from 12 p.m. until 4 p.m.

Our temporary web site is up and running! www.heartlandpride.org is now up. It is basic, for now! Download Pride Guide Advertising forms and information AND vendor booth information and pricing. Parade entry forms will be posted soon!

A change in our board meeting location has been made. The board meetings will now be held at the Rainbow Outreach Center. Same date/time: 1st Monday of each month at 6 p.m.

We are currently working with the CBCA and CFEP to determine Harrah's Entertainment lineup for our Pride Activities. As soon as the entertainment has been confirmed we will share the information with you. Stay tuned for more!

We are always looking for volunteers and a few Committee Chairs. If you are interested, please email us, call us or come to one of our meetings! Thank you! For up-to-date information on pride, tune in to our FaceBook Page: Heartland Pride

Heartland Pride PO Box 8273 Omaha, NE 68108. (402) 516-8475 info@heartlandpride.org

GAYZETTE EVENTS

Rainbow Outreach
Metro Omaha GLBT Center
1719 Leavenworth, Omaha
(mail address: PO Box 8583 Omaha NE 68108)

NEW WALK-IN HOURS

Saturdays 4:00PM - 11:00PM
Sundays 4:00PM - 6:00PM
Thursdays 7:30PM - 9:00PM
Fridays 6:00PM - 11:00PM

***Closed Most Major Holidays**
(402) 341-0330
www.rainbowoutreach.org

The GLBT Center welcomes gay, lesbian, bisexual, transgender, and allied persons; we encourage all to attend GLBT Center events and activities. We celebrate unity and diversity - sexual orientation, gender identity, sex, race, religion, age, ability, ethnic and national origin.

WEEKLY EVENTS

Every Sunday

WORSHIP SERVICES:
AUGUSTANA LUTHERAN CHURCH, ELCA, 3647 LaFayette Ave., Omaha GLBT friendly, www.augustanalutheran.com

DIETZ METHODIST 1423 S.10, Coffee-house casual downstairs at 9am, Traditional Worship at 11am

EPISCOPAL GLBT FELLOWSHIP, St. Andrews Church, 84th & Pacific, 6-7PM, email: EpiscopalGLBT@yahoo.com

FIRST CENTRAL CONGREGATIONAL CHURCH, UNITED CHURCH of CHRIST, info at: www.firstcentral.org

FIRST UNITED METHODIST 7020 Cass, 8:30 & 10:45am services

FIRST UNITARIAN 3114 Harney, 9:30 a.m. "eclectic service" and 11:15 a.m. "traditional service"

GAY MEN'S ALCOHOLICS ANONYMOUS 4pm, Augustana Lutheran Church 3647 Lafayette Ave., Info call Mark 639-3055

HASTINGS COLLEGE GSA 8PM FFI: Judy Sandeen (402) 461-7372

HIV+ SUPPORT GROUP 7-8:30 pm at the NAP office located at 1921 South 17th Street in Lincoln, NE.

METROPOLITAN COMMUNITY

CHURCH OF OMAHA 819 S. 22nd St., 345-2563 Sunday Worship 9am and 11am & Wednesday Worship at 7pm

ONE PROMISE GROUP, Narcotics Anonymous, every Sunday at 6PM, MCC-Omaha, 819 South 22nd St., for info contact Tamara B. at 714-8552

RIVER CITY MIXED BOWLING LEAGUE, 3pm, Maplewood Lanes, at 402-572-9393

SECOND UNITARIAN, 10:30am Sunday service, 3012 South 119th St., Omaha NE

UNITY CHURCH OF OMAHA, 3424 N. 90, Omaha, 10:30am service and Wednesday meditation service at 7pm

WIMMIN'S SHOW, KZUM 89.3 12:30pm

Every Monday

A A GLBT "RAINBOW GROUP" Meeting Place, 28 & S, Lincoln, 7:30 pm

GAY/BI/STRAIGHT SUPPORT GROUP **HIV+ MEN** 7pm every Monday, NAP, 2147 S. 15th St., Lincoln NE, contact Nick or Rick at 402-476-3144

NA RAINBOW GROUP, Narcotics Anonymous, meets Fridays thru Mondays at 10pm, MCC-Omaha Church, 819 South 22nd St

RIVER CITY MIXED CHORUS REHEARSALS, 6:45PM—9:15PM, First United Methodist Church, 7020 Cass St.

Every Tuesday

HASTINGS COLLEGE ALLIANCE, meet Tuesdays at 7PM (when college is in session), Please contact Dr Antje Anderson at anderson@hastings.edu or Judy Sandeen at jsandeen@hastings.edu for further information.

UNL LESBIAN/BI/QUESTIONING SUPPORT GROUP, 7-8:30PM, Women's Center, Nebraska Union, Lincoln, 472-5644

Every Wednesday

AA FOURTH DIMENSION, 7pm, Open to men and women, 219 North 48th Street

FRONTRUNNERS RUN/WALK

6:30pm, Elmwood Park Parking Lot by softball field, Omaha

HIV TESTING LINCOLN, 4-7 pm, results in 20 minutes, 1921 So. 17th St. 402-476-7000

KARAOKE W/ STACY 9:00 pm, at DC's Saloon

LGBT A A 7:30pm, Alcohol Ctrl., 2116 W. Faidley, Grand Island. Peggy (308) 226-8286, Center (308) 398-5427

NAP HIV TESTING, 250 South 77th St., by appointment only on Wednesdays from 1:30 to 4:00pm, Thursday and Friday Walk-In from 5pm to 9pm, & at the Respect Clinic walk-in from 5:30pm to 7pm

UNITY CHURCH OF OMAHA, 7pm

WORSHIP SERVICES

MCC OMAHA, Bible Study, 7pm

Every Thursday

CONNECTIONS THIRSTY THURSDAYS Club Passion Party

DANCE LESSONS WITH GORDON

7pm, free, DC's Saloon, Classes run from Sept 9th thru May 20th annually

KARAOKE W/ STACY 9:00 pm, at DC's Saloon

NAP HIV TESTING 5pm- 9pm walk-in, 250 So. 77th, Same day results

OMAHA GLBT SPORTS LEAGUE, playing Softball every Thursday 6-10pm, at Churchich park (50th and C). Games will be played through August 12th

Every Friday

LIVE & LET LIVE AA Meeting, 8:15pm to 9:15pm, Open to men and women, at Underwood Hills Presbyterian Church, 851 North 74th Street

LIVE & LET LIVE AL-ANON, a group focused on support and recovery for the friends and relatives of alcoholics, 7pm to 8pm at the Underwood Hills Presbyterian Church, 851 North 74th Street

OUT & ABOUT SOCIAL CLUB

Open to everyone 21 and over, every Friday 6:30pm (time may vary), for more info email outandaboutsocialclub@gmail.com

DJ & LIVE ENTERTAINMENT at Connections Bar, theme nights and shows

GLBT CENTER YOUTH NIGHT, 6PM to 11PM, for ages 13 to 23. Youth sponsored and organized activities, under adult supervision. Every Friday, excluding holidays. 1719 Leavenworth Street, snacks, soda's provided

NAP HIV TESTING 5pm- 9pm walk-in, 250 So. 77th, Same day results

Every Saturday

AA SATURDAY AFTERNOON, 1:30pm, Open to men and women, 219 North 48th Street, call 402-558-0733 for more info

DJ MUSIC AND DANCING 10PM, Connections Bar (open Thurs., Fri., Sat. nights from 6PM to 2AM)

PROUD HORIZON YOUTH GROUP 4-6pm, First United Methodist Church, 291-6781 proudhorizons@yahoo.com

Every Other Friday

CBCA SOCIAL GET-TOGETHER at Broadway Joe's (34th & Broadway in CB) starting at 5:15pm every other Friday

MONTHLY EVENTS

1st Monday

Heartland Pride Board Meetings,
105 S. 49th Street, at 6pm (402) 516-
8475 heartlandpride2011@gmail.com

1st Wednesday

FREE RAPID HIV TESTING, 8pm to 10pm
at Flix Show Bar, STD testing also available
for \$10, call 552-9260 ext. 113 or 142 or visit
www.nap.org for more info

1st Thursday

GLBT PROFESSIONALS, meeting at
5:30pm in various locations. Email at: GOglbt@cfep-ne.org
or see www.GOglbt.org for
info

1st Friday

FIRST FRIDAY COFFEE HOUSE 8pm,
Musicians, poets, open mic, First Unitarian
Church, 3114 Hamey, Omaha

1st Saturday

**HEARTLAND GAY RODEO ASSOCIA-
TION**, Meeting days and times may vary,
call 402-505-3331 for info or see www.hgra.us
for meeting schedules etc.

RIVER CITY GENDER ALLIANCE, at 7:00
pm . See www.rivercitygenderalliance.org

1st Sunday

SPIRITUAL FRIENDS OF LINCOLN
12-1pm Fellowship and 1p-2p worship
Meets Lincoln at Bennett Martin Library
info@inclusivelife.org and on FaceBook

2nd Thursday

PFLAG- OMAHA, 7pm to 9pm, First United
Methodist Church

2nd Saturday

LEARNING TO EXCHANGE POWER
L2EP@aol.com 2pm; DC's Saloon

TOP TRANSGENDER DROP-IN, 6 to 9pm
at Rainbow Outreach GLBT Center, 1719 Leav-
enworth St.

3rd Monday

IMPERIAL COURT OF NE, Board of Gov-
ernors meeting, 6pm, meeting at the Rainbow
Outreach GLBT Community Center,
www.imperialcourtofnebraska.org

PFLAG SOUTH CENTRAL (HASTINGS,

NE), Meeting on 3rd Mondays at First Con-
gregational United Church of Christ, 7th and
Marian St., 7PM, email to
jsandeen@inebraska.com or call 402.462.2961
or 402.460.8696

3rd Thursday

COFFEE HOUSE Unitarian Church, 6300 A,
Lincoln

LINCOLN MIXED CHORUS 6:30pm,
Unitarian Church, 6300 A, Lincoln

3rd Sunday

BCA MEETING 5 PM until about 6:30 PM
is our monthly meeting with potluck. We meet
at St Paul's Episcopal Church in Council Bluffs

4th Tuesday

PFLAG-CORNHUSKER Unitarian Church,
6300 & A, Lincoln, 7 p.m.

YOUTH HIV TEST Lighthouse, 2530
N. Lincoln, ages 13 to 18, FFI: 475-3220,
3-5:30 pm

4th Friday

**LEO - LEATHER ENGINEERS OF
OMAHA**, Not currently meeting.

**Email Your Event to:
GAYZETTE@COX.NET**

The value of a # 2 pencil

The value of a Catholic education and a
#2 pencil.

Little Susie was not the best student in
Catholic School . Usually she slept
through the class.

One day her teacher, a Nun, called on her
while she was sleeping.

'Tell me Susie, who created the universe?'

When Susie didn't stir, little Johnny who
was her friend sitting behind her, took his
pencil and jabbed her in the rear.

'God Almighty!' shouted Susie.

The Nun said, 'Very good' and continued
teaching her class..

A little later the Nun asked Susie, 'Who is
our Lord and Savior?'

But Susie didn't stir from her slumber.
Once again, Johnny came to her rescue
and stuck her in the butt.

'Jesus Christ!!!' shouted Susie.

And the Nun once again said, 'Very
good,' and Susie fell back asleep.

The Nun asked her a third ques-
tion...'What did Eve say to Adam after
she had her twenty-third child?'
Again, Johnny came to the rescue. This
time Susie jumped up and shouted, 'If you
stick that damn thing in me one more
time, I'll break it in half!'

The Nun fainted.

The Lion Cage

A Harley Biker is riding by the zoo in
Washington, DC when he sees a little girl
leaning into the lion's cage. Suddenly, the lion
grabs her by the collar of her jacket and tries
to pull her inside to slaughter her, under the
eyes of her screaming parents.

The biker jumps off his Harley, runs to the
cage and hits the lion square on the nose with
a powerful punch.

Whimpering from the pain the lion jumps back
letting go of the girl, and the biker brings her
to her terrified parents, who thank him end-
lessly. A reporter has watched the whole
event.

The reporter addressing the Harley rider says,
'Sir, this was the most gallant and brave thing
I've seen a man do in my whole life.'

The Harley rider replies, 'Why, it was noth-
ing, really, the lion was behind bars. I just saw
this little kid in danger and acted as I felt
right.'

The reporter says, 'Well, I'll make sure this
won't go unnoticed. I'm a journalist, you
know, and tomorrow's paper will have this
story on the front page... So, what do you do
for a living and what political affiliation do
you have?'

The biker replies, 'I'm a Gay U.S. Marine and
a Democrat.'

The journalist leaves.

The following morning the biker buys the
paper to see if it indeed brings news of his
actions and reads on the front page:

HOMO MARINE ASSAULTS AFRICAN IMMIGRANT AND STEALS HIS LUNCH

That pretty much sums up the Fox media's
approach to the news these days...

Little Johnny grew up to be a United States
Senator. Little Susie grew up to become a
Nun. Her rear suffered no real damage from
Johnny's poking. The Nun recovered from her
fainting spell with no ill effects.

The lion was more surprised by the punch and
suffered no ill effects. The little girl grew up to
be a lion tamer in Las Vegas . The Fox jour-
nalist.... Well... he still reports the news in the
Fox News Fair and Balanced way.

As for our gay Marine hero, What more can
I say

except.... **Semper Fi**



GLBT RESOURCE LIST

OMAHA BASED

Alphabet (ABC) Soup at UNO,
http://groups.yahoo.com/group/uno_abcoup,
Phone Student Organizations at 554-2711.
BiMenNebraska, Social Support for Bi and
BiCurious Men <http://groups.yahoo.com/group/BiMenNebraska> and <http://groups.yahoo.com/group/Bi-MEN-MIDWEST>
Camp Kindle, Nebraska based summer
camp for kids affected by HIV/AIDS,
877.800.CAMP, www.CampKindle.org
Citizens for Equal Protection 1105 How-
ard St. Suite 2, Omaha NE 68102, 398-
3027 www.cfep-ne.org, email to:
Michael@cfep-ne.org
Diamond Foundation, making a difference
through music and education, call 877-87-
DIAMOND/www.diamond-foundation.org
Family Foundations Therapy for individu-
als, couples or families, for info call 558-
3856
**First Central Congregational Church
UCC**, 421 South 36th St., 402-345-1533,
www.firstcentral.org, GLBT-affirming
First Lutheran Church, 542 So. 31st St.,
402-345-7506, GLBT Friendly
www.firstlutheranomaha.org
First Unitarian Church, 3114 Harney
Street, 402-345-3039,
www.firstuuomaha.org, GLBT Wel-
coming Congregation
First United Methodist Church, 7020 Cass
St., 402-556-6262, www.fumcomaha.org,
GLBT-affirming
Flat Water Bears, (group disbanded)
Front Runners/Walkers, Wednesdays at
6:30pm, Elmwood Park Parking Lot by
softball field, Omaha
**Gay Lesbian Straight Education Network -
Omaha**, Box 641676, Omaha 68164,
712-325-0117 <http://www.glsenomaha.org>
GayLibrary.com, World Wide Resources
GOglbt Professionals, meeting at 5:30PM.
Email at: GOglbt@cfep-ne.org or see
www.GOglbt.org for info
Heartland Pride
PO Box 8273 Omaha, NE 68108 (402) 516-
8475 heartlandpride2011@gmail.com
June 23-25th 2011 Find us on Facebook
Heartland Gay Rodeo Association, see
www.hgra.us for information
**Ice Bowl Invitational Bowling Tournament
(IBIT)** P.O. Box 31838, Omaha, 68131 R.
Hollendieck (402) 556-5556
Imperial Court of Nebraska, Box 3772,
Omaha 68103 556-9907, Board Meets 3rd
Monday, Rainbow Outreach GLBT Center,
www.icon.impcourt.org
Inclusive Life
402-953-5900 www.inclusivelife.org
Offering religious and non-religious care and
services to all without exception. Weddings,
Funerals, Coaching and Pastoral Care.
Learning to Exchange Power, no current
info available
Leather Engineers of Omaha (LEO) not

currently meeting
LinOma Bares, for more Info email
linomabares@yahoo.com or mail to P.O.
Box 24547, Omaha NE 68124
**Metropolitan Community Church of
Omaha**, 819 S. 22 St., Omaha 68108
345-2563, mccomaha@mccomaha.org
Website: www.mccomaha.org Sunday
Worship 9am and 11am, Wed. Worship
at 7pm
NA Rainbow Group, Narcotics Anony-
mous, meets Friday thru Monday at
10pm, MCC-Omaha Church, 819 South
22nd St
Nebraska AIDS Project, 250 So. 77th St.,
testing Wed from 1:30-4PM by appoint-
ment only, Thurs & Fri 5PM-9PM with 20
minute results Call 402-552-9255 for info
NebraskaEquality.org, Find out every-
thing about Nebraska and the GLBT
Community
Nebraska Pride IDOL, PO Box 241733,
Omaha NE 68124, 866-4-NE-IDOL,
www.NebraskaPrideIDOL.com
Nebraska Zen Center, Soto Zen Bud-
dhist, 3625 Lafayette Ave., 402-551-
9035, www.prairiewindzen.org GLBT
inclusive
North Side Christian Church 5555 Lar-
imore Ave., Contemporary service Satur-
day night at 5:30pm
The 'Ohana Group, (GLBT / Non-
traditional Family group), email to:
Theohanagroup@msn.com
Omaha NE Gay Pride Web Page
<http://ONGP.com>; email to: oma-
hanegaypride@cox.net or
ongp1@cox.net
Omaha Metro GLBT Sports League,
See www.omahaglbtsportsleague.org for
more information
Onyx Images, Box 31026, 68131-0026
Social/Support Organization for African
American Males age 21 and over
Out and About in Nebraska, website:
www.travel.to/outabout
Email: NeOutAbout@yahoo.com
**OUUT (Omaha Unitarian Universalists
for Tolerance)** First Unitarian Church,
3114 Harney, 68131, 345-3039,
www.ouut.org
**Parents and Friends of Lesbians And
Gays (PFLAG) Omaha Chapter**
Box 390064, Omaha, 68139-0064
291-6781 Website: [www.pflag-
omaha.org](http://www.pflag-
omaha.org), email info@pflag-omaha.org,
meet at 7pm, 1st United Methodist
Church, 7020 Cass
Proud Horizons Youth Group,
Sat Afternoon, info: (402) 291-6781 or
email proudhorizons@yahoo.com
Rainbow Outreach GLBT Resource Ctr,
1719 Leavenworth, Omaha, 341-0330
Rainbow Celebrations, PO Box 8488,
Omaha, 68108, call 866-NE-PRIDE
toll free, sponsors of annual Gay Pride &
National Coming Out Day, for complete
info see www.rainbowcelebrations.org
River City Gender Alliance, for info see

www.rivercitygenderalliance.org
River City Mixed Bowling Sundays,
Maplewood Lanes Omaha, at 3PM call
402-572-9393 for details
River City Mixed Chorus, Box 3267,
Omaha, NE 68103, 402-341-SING Web-
site: www.rcmc.org
SECOND UNITARIAN CHURCH,
3012 South 119th Street, 402-334-0537,
www.secondunitarianomaha.org, GLBT
Welcoming Congregation
SNAP Productions, Box 8464, Omaha, NE
68108 www.snapproductions.com
Temple Israel Synagogue, 7023 Cass St.,
402-556-6536, member of the Union for
Reform Judaism, GLBT inclusive
TOP, Taking Our Places, meets 2nd Satur-
days at 6pm at Rainbow Outreach Center
Unity Church of Omaha 3424 N. 90, Oma-
ha, Sunday worship: 10:30am Wednesday
meditation service 7pm; 571-1344;
www.unityomaha.org
Youth Emergency Services, Inc. (Y.E.S.)
Offices: 2679 Farnam Street, Suite. 205
Omaha, NE 68131, 402-345-5187, email to
info@yesomaha.org
Y.E.S. Drop-in Center, 2057 Harney Street
Omaha, NE 68102, 402-505-6922

LINCOLN BASED

**LGBTQ and Ally Programs and Services
Resource Center**, Pat Tetreault, LGBTQ
Resource Center Director,
<http://involved.unl.edu/lgbtqa> - 402.472.1752
or 402-472-1652
<http://www.unl.edu/health/sexuality>
Queer Student Alliance, UNL, contact un-
lqsa@yahoo.com for info
GLBT and Allies coffee house, 3rd Fridays,
Unitarian Church, 6300 A, 7:30 to 10:30pm
Lincoln Women's Center, Lincoln
402/472-2597.
Nebraska AIDS Project, Lincoln, 1921 S.
17th St. (402) 476-7000
Omaha Women's Riverboat Cruise,
4949 N. 73rd, Lincoln, 68507 467-5737
**Parents, Friends of Lesbians & Gays,
Cornhusker Chapter**: Box 30128, Lin-
coln 68508, Meet 4th Tues, Unitarian
Church, 6300 A, email to Barbara Kimber-
ly, jbkiber@hotmail.com. Website: <http://pflag.ineb.org/>
**Planned Parenthood, F2M and Question-
ing Support group & Partners of FTM
Support Group, meet monthly at 10am
Saturday**, for info call Ryan Sallans at
441-3321 or email sindu.s@gmail.com
SAGE, Box 22043, Lincoln 68542 Coffee
House 2nd Sat, 6 - 9pm, Lesbian Videos
7:15pm, 3319 S. 46
Spiritual Friends of Lincoln
Offering fellowship and worship for those
seeking radical hospitality, openness, and in-
clusiveness. Meets the 1st and 3rd Sunday in
Lincoln
info@inclusivelife.org and on FaceBook
Straight Spouse Support Grp 402-429-6094

TriCity GLBT, serving Central Nebraska, web site at <http://www.tri-city-glbtc.com/>
UNL Committee on GLBT Concerns, Contact Pat Tetreault, (402) 472-1752 or email: ptetreault1@unl.edu / www.unl.edu/cglbtc
Women In Trades/YWCA, 1432 N St., Lincoln 68508; 434-3494,
Youth Support Group, (402) 434-9880

Iowa Based

Council Bluffs Community Alliance
www.councilbluffscommunityalliance.org
Council Bluffs Pride, www.councilbluffspide.org
Iowa Equality, GLBT –allied against change to the state and federal
Constitutions, <http://www.IowaEquality.org>
Sioux City, Iowa Resource Web Site: www.siouxlandpride.net

Nationally Based

Trevor-24-hour National Suicide Hotline for GLBT and
Questioning Youth 1-800-850-8078 or see web site at
<http://www.thetrevorproject.org/helpline.html>

Teens 'N' Theater's Pride Players to Bring Its Largest Cast Ever to The Rose's Hitchcock Stage

Pride Players: Project 12 will be presented by The Rose's Teens 'N' Theater Program February 10, 12 and 13, 2011. Pride Players is a show for teens, by teens, which uses improvisation, songs, poetry, monologues and skits to shed light on what it means to be a gay, lesbian, bisexual, transgendered (GLBT) or straight-allied teen in Omaha.

Pride Players: Project 12 will feature 31 Omaha students (more than ever before!) representing 10 area high schools: Omaha South, Omaha North, Marian, Millard South, Omaha Central, Burke, Westside, Papillion-LaVista, Bryan and home school. Half are returning cast members, while 16 are new to Teens 'N' Theater. Pride Players is directed by Brian Guehring, Amanda Kibler, Dani Jo Stephenson and teen directors Dan Burgdorff and Nik Whitcomb.

"We have a great cast, full of returning leaders and exciting new students – many of whom are new to theater, altogether," said Guehring, Pride Players director and co-founder. "The project empowers young people to stand up for what they believe in and make a difference in our community."

Guehring and Tracy Iwersen, who passed away in 2009 after a battle with cancer, founded Pride Players 12 years ago. It was intended to be just a one-year project, but has grown to address new important issues that arise each year. Pride Players is a proud recipient of a National Education Association Human and Civil Rights Award.

This year, Pride Players will tackle the topics of high smoking rates among LGBT teens, the recent tragic GLBT suicides due to bullying, low self body image among gay teens and more.

The cast will have met and rehearsed for 9 weeks by the time their approximately 75 minute, 25-part production reaches the stage. Guest speakers from First Congregational Church and PFLAG: Parents, Friends & Families of Lesbians & Gays will talk to the teens as they prepare their performance pieces.

Pride Players toured to Hastings, Nebraska in the fall 2010 and will tour at the University of Nebraska at Omaha in the spring of 2011. This coming summer, the Pride Players troupe will host a national Queer Youth Theater Conference.

"The audience will laugh, think and be impressed by the courage and creativity of these amazing teens," said Guehring.

Pride Players will be presented in the intimate Hitchcock Theater on the fourth floor of The Rose Theater, located at 2001 Farnam Street. Performances will be offered Thursday, February 10 at 7 p.m.; Saturday, February 12 at 4:30 p.m.; and Sunday, February 13 at 4:30 p.m. On Sunday, February 13 at 7 p.m., Pride Players will hold an annual benefit performance to raise money for its community partners: GLSEN (Gay, Lesbian, Straight Education Network), PFLAG and Proud Horizons (a youth support group for LGBT and questioning youth).

Pride Players tickets are \$6 each and available at the door or in advance by calling The Rose Box Office at (402) 345-4849. The production is recommended for ages 13 and up.

Where Can You Find The Gayzette?

Omaha:

Broadway Joe's Bar, 35th & Broadway	Council Bluffs IA
Connections, 1901 Leavenworth	933-3033
DC's Saloon, 610 South 14th Street	344-3103
Dixie Quick's Restaurant, 1915 Leavenworth	346-3549
Flixx, 1015 South 10th Street Omaha	408-1020
The Max, 1417 Jackson St.	346-4110
Metropolitan Community Church, 819 South 22nd Street	
Mystery Bookstore, 1414 South 13th St.	342-7343
Nebraska AIDS Project, 250 South 77th St	552-9260
Omaha Mining Co., 1715 Leavenworth	449-8703
Rainbow Outreach Metro Omaha GLBT Resource Center, 1719 Leavenworth St. (home of The Gayzette)	341-0330

Lincoln:

Panic Bar, 200 South 18th Street (as available)	435-8764
Q Bar, 226 South 9th Street (as available)	475-2269

Would you like to have the Gayzette at your
Place of business? Email your request to:
Gayzette@cox.net

The Rose's 2010-2011 Teens 'N' Theater season is sponsored by the Mammel Foundation, the Nebraska Arts Council and The Mukti Fund.

House Members Call to Give Benefits Earned to Those Discharged Under DADT

U.S. Representatives Gwen Moore (D-Wis.), Barney Frank (D-Mass.), Tammy Baldwin (D-Wis.), Jared Polis (D-Colo.) and David Cicilline (D-R.I.) wrote to the Secretaries of Defense and Veterans Affairs to ensure that gays and lesbians discharged under "Don't Ask, Don't Tell" get the benefits they earned.

Late last year, President Obama signed legislation authorizing the repeal of "Don't Ask, Don't Tell." These letters come at a crucial time in the repeal process as Secretary Gates has requested a plan – by tomorrow – that moves repeal forward and recommends Department policy changes.

The letters ask Secretaries Gates and Shinseki to address the issue of discharge characterizations in the repeal process. Some gay and lesbian service members discharged under "Don't Ask, Don't Tell" or previous policies were discharged in a way that may block access to health care for veterans, education through the GI Bill and other benefits.

Congresswoman Moore said, "Even after we have ceremoniously repealed 'Don't Ask, Don't Tell' we know there are still consequences. For some gays and lesbians the policy might as well have been – don't ask, don't tell, don't provide veterans benefits they earned. We need to get rid of that silent part because we can't leave anyone behind as our nation moves forward.

Congressman Frank said, "While we cannot completely undo the injustice that has been done to gay and lesbian service members, we can at least diminish the harm they suffered by preserving the benefits they earned."

Congresswoman Baldwin said, "It's time to right a grievous wrong and fully recognize the military service of gay and lesbian Americans discharged under "Don't Ask, Don't Tell." One way of recognizing their service is to allow them the benefits they rightly earned. We cannot undo the injustice these former servicemembers have already suffered, but we can begin to serve them as honorably as they served our country."

Congressman Polis said, "All the men and women who wear the uniform of this country deserve not only our deepest respect, but also our unwavering support regardless of whether they are straight or gay. Repealing DADT was an incredible victory for our nation and strengthens our armed forces, but the fight is not yet entirely over. As we fully implement the repeal of DADT, we must take action to ensure fair treatment for the many soldiers who, despite bravely serving our country, were discharged under this policy. They have earned it."

Congressman Cicilline said, "While the discriminatory DADT policy has been repealed, there are still soldiers who may suffer from lack of benefits due to a former dishonorable discharge. The brave men and women defending our country abroad put

their lives on the line so that we at home do not have to. These courageous servicemen and women deserve the benefits they rightly earned."

Full text of the letters can be found on Congresswoman Moore's website. Letter to Secretary Gates Letter to Secretary Shinseki

Also signing the letters were: Representatives John Yarmuth, Henry Waxman, Luis Gutierrez, Shelley Berkley, Pete Stark, Bobby Rush, Ed Markey, Anthony Weiner, Lois Capps, Mike Doyle, Betty McCollum, Betty Sutton, Barbara Lee, Edolphus Towns, Danny Davis, Maxine Waters, Eleanor Holmes Norton, Russ Carnahan, Chellie Pingree, Al Green, Gregory Meeks, Bob Filner, Jan Schakowsky, Keith Ellison, Jim Moran, Karen Bass, Donna Edwards, and John Lewis.

Couple Billed for Rejected Wedding Ad

By Advocate.com Editors

Mark Reed-Walkup (left) and Dante Walkup A gay couple whose wedding announcement was rejected by The Dallas Morning News has now been billed \$1,034 for the ad that never ran.

In Decembe, the News told Mark Reed-Walkup and Dante Walkup that their wedding announcement would not be included in the newspaper's Weddings section since their wedding — conducted by an officiant in Washington, D.C., through Skype — was not legally recognized in Texas. Instead, the newspaper offered to put them in the Commitments section, which typically appears on the same page as Weddings.

According to Change.org, Reed-Walkup wrote an e-mail to the newspaper, wanting to know why they were recently issued a bill for the announcement that never ran.

"Does TheDallas Morning News always send out invoices to 'customers' who placed an ad online but it was never published due to the paper's discriminatory policies? We just received an invoice today for our December ad that you banned from your paper because our wedding wasn't 'really' a wedding in your eyes. Unbelievable," Mark wrote.

Publisher and CEO James Moroney wrote back, agreeing that issuing the bill was "not a good practice." He thanked the couple for bringing the matter to his attention and said he would take the matter up with the sales department.

Kyle's Bed & Breakfast by Greg Fox

IN HONOR OF THE 300TH EPISODE OF KYLE'S B&B, LET'S TAKE A LOOK AT WHAT THE B&B WOULD BE LIKE IF IT TOOK PLACE 300 YEARS IN THE FUTURE... IN THE 24TH CENTURY!

(WITH MUCH LOVE AND GRATITUDE TO ALL THE PUBLICATIONS AND READERS WHO HAVE MADE THIS SUCH A WONDROUS ENDEAVOR!)




52,000 MILES ABOVE NEPTUNE... IN GEOSYNCHRONOUS ORBIT...

AND I'M TELLING YOU KYLE... THE SEX IS OUT OF THIS GALAXY...



...ISN'T THAT RIGHT, X-63?

ACTUALLY, RICHARD, I WOULD LIKE TO BREAK UP WITH YOU.

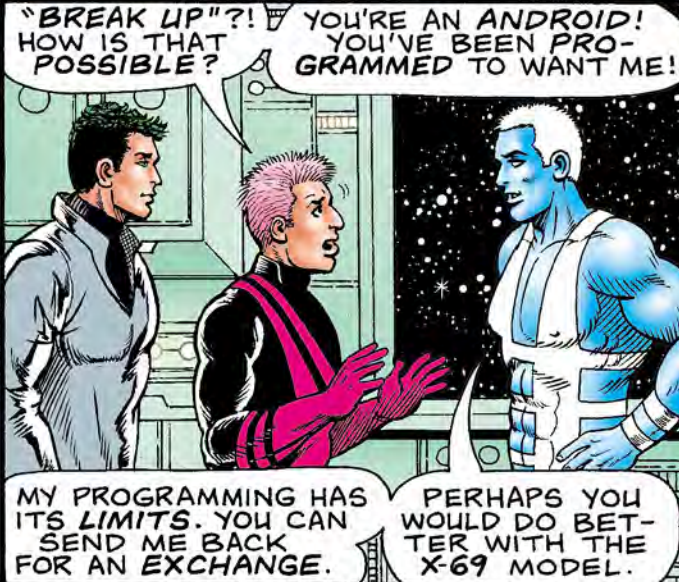


"BREAK UP"?! HOW IS THAT POSSIBLE?

YOU'RE AN ANDROID! YOU'VE BEEN PROGRAMMED TO WANT ME!

MY PROGRAMMING HAS ITS LIMITS. YOU CAN SEND ME BACK FOR AN EXCHANGE.

PERHAPS YOU WOULD DO BETTER WITH THE X-69 MODEL.

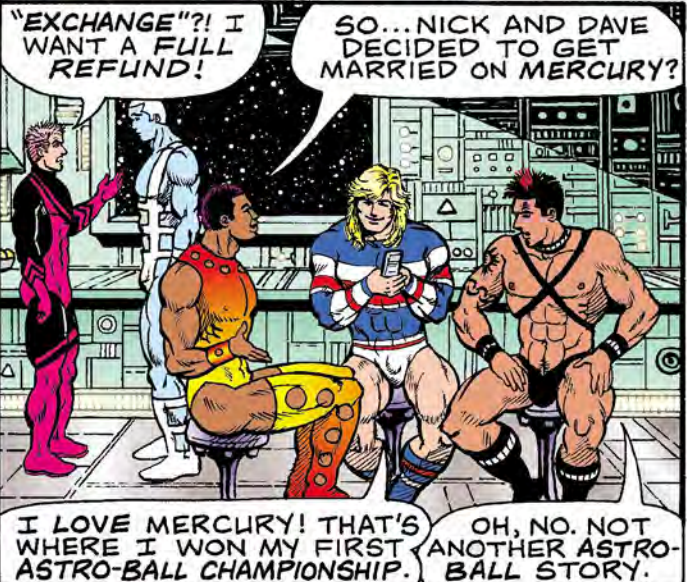


"EXCHANGE"?! I WANT A FULL REFUND!

SO... NICK AND DAVE DECIDED TO GET MARRIED ON MERCURY?

I LOVE MERCURY! THAT'S WHERE I WON MY FIRST ASTRO-BALL CHAMPIONSHIP.

OH, NO. NOT ANOTHER ASTRO-BALL STORY.



HEY, YOU SHOULD BE HONORED THAT YOU'RE LIVIN' WITH A THREE-TIME ASTRO-BALL CHAMPION, EDUARDO.

WHO HAS THREE EX-HUSBANDS. YEAH... YOU'RE A REAL ROLE MODEL, JOCK-FACE.

YOU'RE LUCKY YOU'RE NOT LIVING, SAY... THREE HUNDRED YEARS AGO, BRAD. GAY SPORT STARS BACK THEN HAD TO HIDE THEIR SEXUAL ORIENTATION.

HA. NOT ME. I NEVER WOULD'N HIDDEN WHO I AM!

Greg Fox © 2011



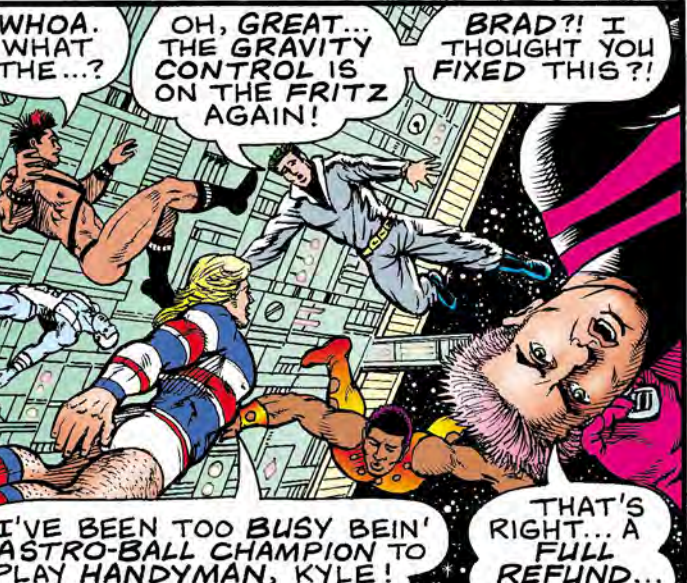
WHOA. WHAT THE...?

OH, GREAT... THE GRAVITY CONTROL IS ON THE FRITZ AGAIN!

BRAD?! I THOUGHT YOU FIXED THIS?!

I'VE BEEN TOO BUSY BEIN' ASTRO-BALL CHAMPION TO PLAY HANDYMAN, KYLE!

THAT'S RIGHT... A FULL REFUND...



Fitness Corner

By Ron Blake



Save your money and stop using those energy drinks! You are deluding yourself if you think these are the answer to getting the power for your workouts and everyday life routine. If you are dependent upon these types of drinks then you are doing something wrong.

The energy drinks are nothing more than coffee disguised as a superhero. Sure there are plenty of vitamins that are loaded into these drinks, but you can get all those benefits from a daily multivitamin. If you need a jolt then just grab a one dollar cup of joe from McDonalds. However, you should not have to continuously rely upon coffee and caffeine to shake you from the grips of fatigue.

You need to know why you are tired and not able to have enough energy for your day. My first guess is that you aren't getting the sleep you require. Adults should get 7 to 8 hours of sleep each night. This is not up for discussion! If you get less sleep than this you will not be operating at full capacity. Change your routine and make room for your recommended sleep routine. Begin with the hours of the day that you will be sleeping and plan the rest of your day around that. Sleep is your foundation for everything else. If you don't have the right foundation then you will be navigating through a haze of impairment.

Get enough exercise during the week and you should be able to fall asleep faster when the head and pillow meet. An exercise routine is a fantastic sleep prerequisite that naturally works to prepare you for bedtime. The exercise also helps with more restful sleep through the night. You aren't likely to need any energy drinks when you're well rested.

Eat three meals and enjoy snacks between those meals each day. These meals will provide you with the strength you need to replace your \$5 energy drinks. Correct eating habits will go a long way in keeping you with pep in your step for all the demands of your day.

Be certain to include carbs, protein, and fat in your meals. Stay away from those diets that restrict carbs, protein, or fat. Each of these is important in maintaining a healthy balance in your life. A good healthy equilibrium just means that you will have the necessary vigor for completing your daily routine.

Water is going to keep your body alert and ready for action too. The recommended eight glasses of water every day will keep the body operating efficiently. Energy drinks and their caffeine are diuretics that push water out of your body. Small doses of caffeine are not bad for you, but continued doses will disrupt the levels of water in your system.

The energy drinks are a way for companies to make money from you by making you think you really need their product. You don't need their product though! Change your life for the better and begin experiencing the long-term benefits of healthy living. Say goodbye to yesterday and hello to today!

This health and fitness article is brought to you by that guy who will be six years old in dog years this week. That sign of Aquarius guy is Ron Blake and he can be sent birthday spankings in lieu of flowers at rblake5551@hotmail.com.

Volunteers Needed for LGBT Cigarette Smoking Survey

If you are lesbian, gay, bisexual, or transgender and smoke cigarettes, please participate in a national and anonymous survey study on reasons for adult LGBT tobacco use. The purpose of the study is to better understand ways of being, thinking, and feeling that influence adult LGBT cigarette smoking. The study is being conducted by Dr. Darrell Greene and Dr. Paula Britton, through John Carroll University and the JCU Education and Allied Studies Department. Benefit to you as a participant involves contributing to our understanding of the causes of cigarette use in our communities, and your knowledge of helping counselors help LGBT smokers. The study will take about 15 to 20 minutes to complete. If interested, please go to the following survey link:

<https://www.surveymonkey.com/s/LGBTcigaretteSmokingSurvey>



PRESENT...

**FREE RAPID HIV TESTING THE
FIRST WEDNESDAY OF EVERY
MONTH FROM 8-10PM.**

- ALL TESTING CONDUCTED ON
SHOW BAR SIDE ON WALK IN
BASIS
- STD TESTING ALSO AVAILABLE
FOR \$10
- CALL 552-9260 (X117 OR X118)
OR VISIT WWW.NAP.ORG FOR
DETAILS

FEBRUARY @ THE MAX

2011

SUNDAY 13TH - 10pm

"Black Hearts Bash"
HOSTED BY MACY RILEY
PROUD HORIZONS BENEFIT

SUNDAY 20TH - 10pm

"Lovestoned"
HOSTED BY MR MAX 19
SEAN FERGIE

SATURDAY 26TH

"One Man, Many Voices"
BLACK-R-WHITE BENEFIT
HOSTED BY MARK LEDBETTER
6pm Doors Open / 7pm Show

SUNDAY 27TH - 10pm

"Hooray For Hollywood"
Oscar Night Extravaganza
DIAMOND FOUNDATION BENEFIT



MOBILE:
M.THEMAXOMAHA.COM

