



# Homelessness in San Francisco



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## Introduction and Selection of a Community in Need

- Homelessness is the state of being without a home. An individual who is homeless is someone who lacks a secure, structured, and sufficient nighttime residence.
- The community of San Francisco is currently the third-largest population experiencing homelessness in the United States (2).
- There are numerous contributing factors as to why the homeless population is growing in San Francisco; one of the main reasons is due to the unsafe and dangerous sheltered homes.

## Community Assessment and Analysis

- San Francisco is a city located in northern California and the San Francisco bay area. It is the fourth largest county in California and is a tourist-attracted city (1).
- Since 2017, there has been a 17% increase in the homelessness population which was recorded to be 9,784 in 2019 (2).
- San Francisco's ethnic and cultural patterns consist of 46.7% white, 34.2% Asian, 15.2% Hispanic or Latino, 5.2% black or African American, 0.3% of both Native American and American Indian, and 5.4% of two races or more (2).

## Problems in the Community

- Homelessness is a public health issue:
- Individuals without housing have higher rates of chronic physical and mental health conditions, which are made worse by poor living conditions (4).
- They lack access to proper health care and transportation (6).
- Homelessness presents an economic issue:
- Those who are homeless are high consumers of public resources(4).
- This population experience high rates of health disorders & are more susceptible to injuries they often rely on Emergency Department visits for medical care.
- These individuals face competing factors in their daily lives.:
- Factors such as finding food and shelter may take priority over their health conditions
- The National Alliance to End Homelessness states, without stable housing, they cycle in & out of emergency departments, inpatient hospital stays, psychiatric centers, detoxification programs, and jails resulting in high public costs- costing the taxpayer an average of \$35,3578 per year per homeless person (5).
- Causes of Homelessness:
- Mental illness, addiction, job loss, domestic violence, and disabilities are all causes of homelessness.
- These factors are also a result of homelessness
- Homelessness in the US:
- Homelessness is a continuous issue in the United States, every year the number of individuals who are homeless increases.
- 567,715 individuals were reported to be homeless in the U.S. (2).
- San Francisco alone accounted for 9,784 of those individuals (2).

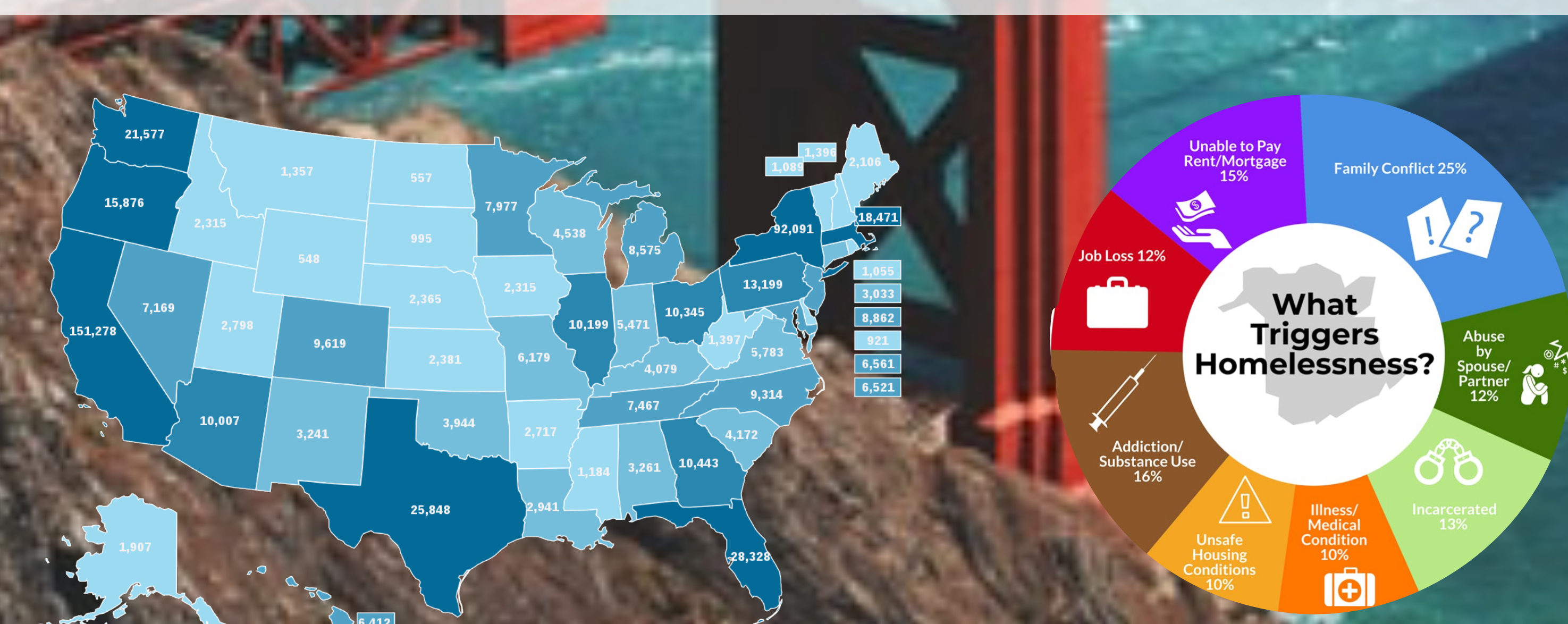
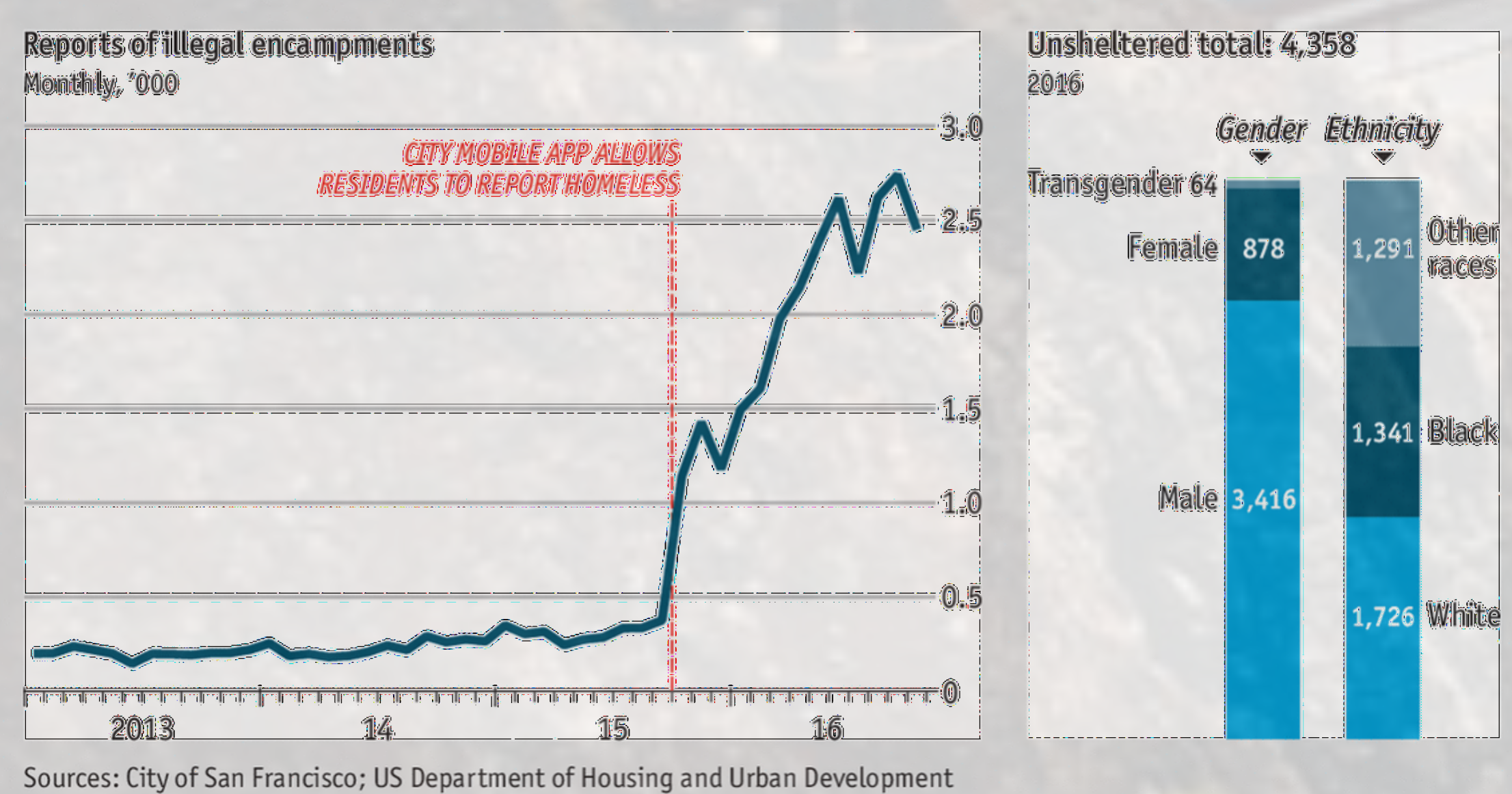
## Proposed Solution

### Mind and Body

- We chose the name *Mind and Body*, because without adequate mental and physical health, one is not able to get the best quality of life.
- Mental aspects are addressed/mentally prepared and in the right state of mind to get back on their feet.
- *Mind and body* will provide:
  - Easily accessible health clinics for all.
  - Health teaching & health promotion.
  - Teach and identify healthy coping strategies.
  - Accessible mental health services.
- Identify the causes that are disabling them to function as independently as possible.
- Modify modifiable risk factors that jeopardize one's health, which will gear client's towards an optimal level of health.
- Objectives for the population include:
  - Adhering to our program, Mind and Body.
  - Learning skills to obtain and maintain employment.
  - An overall decrease of homelessness in the San Francisco area.
- Paramount of this program is to turn around such poor quality of life into the best of each person's ability and help them become employed.
- Return to a normal state of function.
- Thus, staying off the streets.



## Streets of San Francisco



## References

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