



GOODWILL

NITZU

#7



READ OUT LOUD!

Goodwill Zine

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#7

\$3.00 or trade

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Get your stocking stuffed
with the sex issue of GWZ

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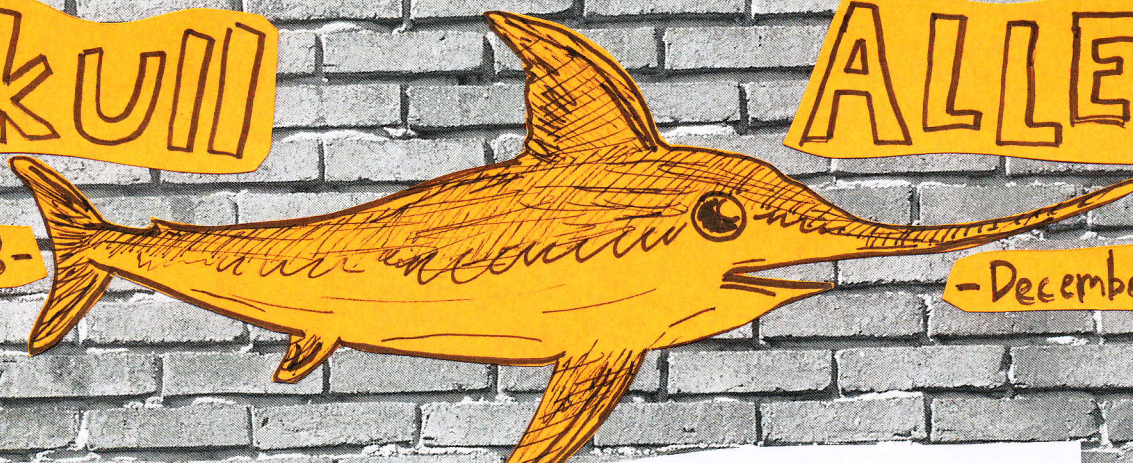


Skull

ALLEY

JUNE 2008 -

- December 2010



This venue hosted a variety of independent DIY oriented music since June 2008, and has housed over 400 events during its tenure including concerts, art showings, poetry events and workshops, as well as a full service screen printing shop to subsidize the project.

Why The Close?

1) In May, the fire marshal shut down the screen print shop, which was 40% of Skull Alley's income.

"Turns out when the building was renovated and the coding changed over for assembly use, it included a condition that the basement was not to be used for anything, including storage, unless a sprinkler system or firewall was installed." - Jamie

2) Decline in turnouts during the summer. More shows were being booked, but the crowds shrank.

3) At the end of October the venue lost its beer license due to owing back taxes.

Check out some of the last shows at Skull Alley
Dec 20th - Trophy Wife, Resister, Vaderbomb 7:30pm \$5
Dec 21st - Late Ones, Trap Them, Red Light Revival, Mustangs, Skinwalkers, Walkthrough. 7pm \$5
Dec 31st - Lemuria, Reading Group, Black God, Young Lions, The Foxery. 7pm \$7

Skull Alley is GWZ's favorite venue in Louisville. For most of GWZ staff being 18 when the venue opened, owner Jamie Prott offered a place for innovative youths to show what they got. And we jumped on that by holding our first release show there. It was a success, and we hoped to have all our shows there, never seeing a space or atmosphere that better suited our endeavors. We got to see our friends and our favorite musicians of today play there.

Skull Alley's closure is a blow to Louisville music and the DIY culture that GWZ embraces. We appreciate everything Skull Alley and Jamie Prott have done for us and our friends. We only hope that something this cool comes around again in our town.



The theme is

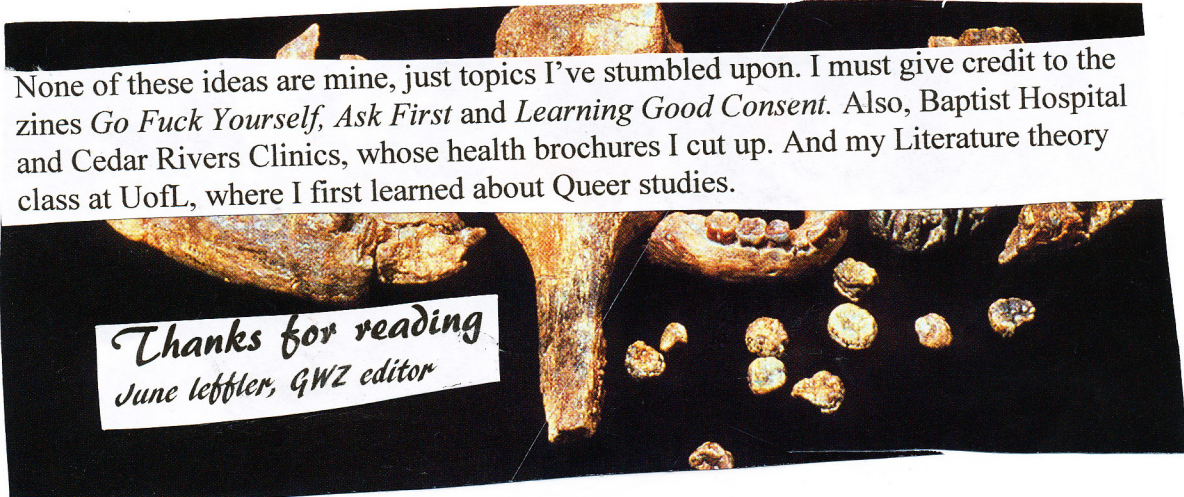
sex

A few words from the editor

I aimed to compile some useful information on the theme that would address important discussions people are having about theory, safety and health by empowering all different sexualities.

This is just a starter, much more information is available in comprehensive formats.

If you are interested in any of the topics, I just received tons of zines from the Louisville women's health collective *Wench*, and would be glad to share with you. Or contact them at wenches.wordpress.com



None of these ideas are mine, just topics I've stumbled upon. I must give credit to the zines *Go Fuck Yourself*, *Ask First* and *Learning Good Consent*. Also, Baptist Hospital and Cedar Rivers Clinics, whose health brochures I cut up. And my Literature theory class at UofL, where I first learned about Queer studies.

Thanks for reading
June leffler, GWZ editor

Mommy

Let's make
a baby

sex is
the reproductive organs of an individual
the instinctual act of intercourse

THE MANIFESTATION OF OUR
UNCONSCIOUS DESIRES

Freud and his followers, like Jacques Lacan, believed that we are traumatized when we realize we are separate from our mothers. When we realize we have our own conscious and life **outside of our mothers we feel a lack**, which cannot be resolved. We try to gain that attachment in a similar but socially accepted way through sex. That infantile desire is quenched, but never entirely fulfilled.



I'm so hot

She's hot so

he's going to TEAR ME APART

this'll make her so JEALOUS

a notch on my belt

Or we might use sex to fulfill other desires

a place to stay tonight

we want intimacy, love, stability, chaos, fear, SELF WORTH.

This is so
ANTI-ESTABLISHMENT

What would Lou Reed do?



we want to be like somebody.

Queer theorists say that desire is **mimetic**. We may have sex just to be like someone or some idea. We desire the **imitation**, rather than the object in front of us.



OR WE WANT MONEY AND OBJECTS

I need these
RIMS to
feel good

They make
me WET

Like the hunger of food and sex, we can often times NEVER BE SATISFIED. We buy for social acceptance, which is always changing according to styles. We buy to look better than others. We buy for the act of buying, wanting and getting, and DOING IT ALL OVER AGAIN FOR SOME OTHER PRODUCT.

Not to say we want to have sex with objects (most times), but the insatiable desire for sex is so similar to our unconscious desires for everything else: abstract ideas and tangible beings and objects that embody those ideas.

GWZ isn't going to tell you what sex is for. It's for everything, more than any of us individually can think of. So whatever kind of relationships or acts you are into, go for them. We support the huge spectrum of desire, and want everyone to get their comings. It might not be nirvana or heaven or anything like that, but it's pretty close, especially when you can accept your own particular desires. So do it. "It's the most fun you can have without laughing."

Do-it-yourself: Make Your Own Dildo

Perfect DIY
stocking stuffer

Materials

Plaster of Paris,
Molding clay(won't dry out)
Spray cooking oil
Silicone, in tubes for sealant
purposes
Caulk gun
Aluminum can
Tin snips, something to cut the can
Rubber bands
Bowl and spoon for mixing

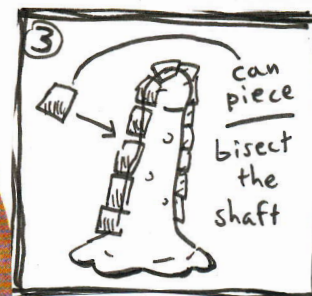
You can substitute plaster for alginate, which is that stuff dentists use to make teeth molds. If your mom is a dentist, you should ask her.

1. Fun part. Mold your ideal dildo with the clay. Add a flange if you can, which is a wide base(for harnesses and ass safety). You will be casting this and filling it with silicone. So ribs and smooth bumps are a great addition, but harsh angles will be hard to fill in.

2. Spray the mold with cooking oil.



3. Cut the can into three inch by one inch rectangles. Stick them in the mold, bisecting it along the whole shaft.



There are make your own dildo kits that run \$80! Do it from scratch, and perplex your local hardware store with a large order of silicone. 😊

4. Mix the plaster with water. Cover the mold with the plaster. The aluminum squares are there so that the mold can come apart in halves, so do not cover those pieces completely. I would apply one thin coat and then another thin coat. The plaster needs to be able to dry and a thick coat won't dry even in a day or two's time. It is difficult to get a mold that will dry and not break apart, but you can do it. If the plaster needs to sit for a whole day, let it.

5. Once the plaster is completely dry, pull the plaster so that you have the two halves. Take out the aluminum strips before or after, it's on you. Be gentle and patience. It's easy to break the mold before you even get to use it. Take the clay out of the mold. If you are afraid the mold will crumble by splitting it, you can take out the tin strips and scoop out the clay. This is a pain.

6. With the two halves, put rubber bands around them to form the cast you will use. The bands should not be that tight.

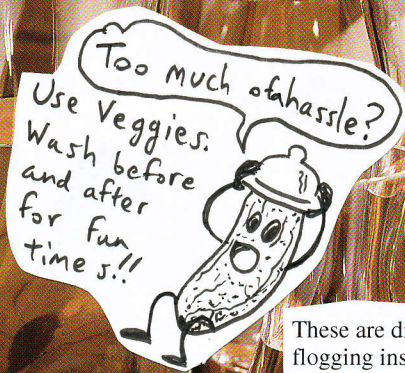
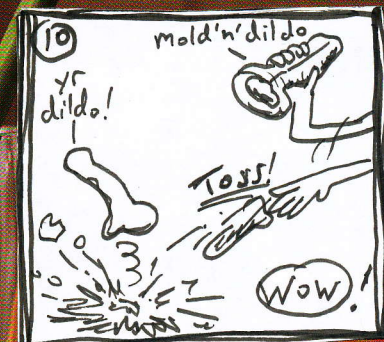
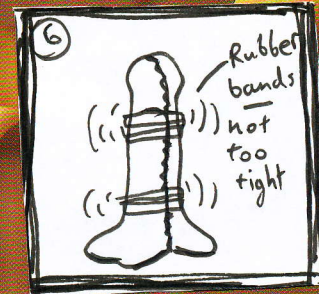
7. Spray the inside of the cast with a lot of cooking oil.

8. Load up the caulk gun with the silicone. Caulk silicone into the cast until it is full. Get as much silicone as you can in there because you do not want air pockets or flimsy areas. To do this, keep filling the cast and pushing the silicone down in there with a flat board you can throw away (cardboard?).

9. Once the cast is as full as you think it can handle, let it sit for a whole day.

10. After the mold has sat and you are for sure it doesn't need to harden any longer, break the mold. Drop it on concrete or whatever. You will have your rough looking dildo. Let it sit for another day before you do anything. Then, it might need some touch ups(scissor off anything you need to) and will have to be boiled. Afterwards, go at it.


Caution- the silicone is completely safe if it is completely solid. If you feel like there are liquidy spots in it do not use it. I would poke a hole in the area and let the air hit it.



How Democratic!
A Project for Singles,
Couples, Boys & Girls!

These are directions from Annie Danger's zine, *Go Fuck Yourself*, containing more DIY info about everything leather flogging instruments, gender bending, dick pumps, clit vibrators and the second most practical use of household objects.

Contact her at touchtwice@yahoo.com



We Want good clean Fun!

Contraception and viral protection: This should be a duh, but sadly it's not. Always have condoms on you. Don't think you won't be having sex because you're going to your partner's parents house or just running errands or going to the library or going to church. Be optimistic and ready.

Also, share condoms (not after use). If you have roommates, keep a stash for everyone to take from. Buy a big box at half price and give 'em to friends. Don't hoard 'em, and don't be shy.

Condoms don't just apply to straight vaginal sex. Use 'em.

Make a safe word: Especially if you are into some dynamic where 'no' doesn't actually mean 'stop,' you need a safe word. Partners (even for the first time) should establish a safe word that actually means stop. It should be something you would never normally say in bed. Fruits and vegetables seem to be a good choice for most people. If you are into gagging or choking, make some obvious nonverbal cue to use.


Consent: More on that later in this zine. Remember that some people won't care if you say no. Use your gut, and please do not take anybody home that you can't entirely trust. Also, make sure to communicate with anyone you have any kind of sex with, one time or long term partner: what about STDs? Contraception? How far do you want to go? Can this emotionally aggravate you?

Safety tips for bondage, sadism and sadomasochism!

Not everything you may need is here, but if you are interested in trying it out here are some basic safety tips. Overall, consent is the biggest safety must.

Communication- Use a safe word! What is off limits for you might not be the same for your partner. The only thing I would assume from a safe, sane and consensual S&M intercourse would be that the person isn't trying to kill you. Even then, if partners don't communicate, a very bad accident could happen. No joke people. Have a conversation, before anything hot starts, about limits and desires. During sex, give cues to your partner (use a safe word) that everything is alright. Some people aren't okay with bruises and some want to bleed. There really aren't any absolute no goes in S&M. Inflict to the highest degree that you and your partner want. The more damage you might inflict, the more explicit and detailed your conversations should be. The feeling is what they want, not some surprise.

Also, know your body. The worst thing would be hurt in a way you didn't want because you simply misunderstood how your body would react. Remember you have precious bones and organs. Know what exactly ropes and whips can do to your body. Go slowly and feel out new territories.



Some sex safety tips

Hitting- Flog until one of you bleeds for all I care. Be careful where you are hitting somebody, though. Don't aim anywhere near an organ or artery. Your mama wouldn't have been so cruel as to spank your stomach, so don't do it to your partner. Like a mother's love, the butt is a good place to start spanking. Stay away from the torso. If you need to hit or be hit there then do some research on what bones and parts are positioned where.

Bondage- You can tie somebody up with different kinds of natural and synthetic ropes. Each one acts a little different on the skin. Ropes can rub and burn the skin (which you might like) in different degrees. Don't cut off anyone's circulation. Ropes around necks are a bad idea. I'm sure you could do this, but you would need to research it. Hands are probably the safer way to go if you need to be choked.

Can you inflict pain on yourself? I guess you can, but it's not smart. Autoerotic asphyxiation caught on recently, and that is dumb as hell. People die from it. Nothing against choking, nothing against masturbating, but if you are performing on yourself and no one is there to watch your back (loosen ropes, call an ambulance if you need it) you could be in a worse hurt than you wanted.

Butts and vaginas: Be careful what you stick up there.

Germs- Clean all dildos and other objects you use. Boil dildos to clean them. Put a condom on your dildo so you don't have to boil them all the time. If the condom breaks, it's best to go ahead and clean the dildo.

Assholes carry lots of germs. Anything you stick in should not be used elsewhere until it's cleaned. For the girls, do it front ways, then back ways, then clean that thing. Phew.

Unlike vaginas, objects can get lost in your asshole. Scary, right? When using objects it's best to have a very thick base, a flange, to hold onto that could not penetrate the hole. If there is no flange, just don't let the piece be completely inside of you. Bad times.

A SEXY RoundTable Discussion



Nosferatu is a 23-year-old man. He maintains that he is not a weirdo, but we'll let you be the judge of that.

We got a group of friends to discuss their different sexual experiences. All the names have been replaced to secure a more honest discussion.



Batman is a 20-year-old gay man. Sorry guys, but his secret identity is not a genius billionaire playboy.



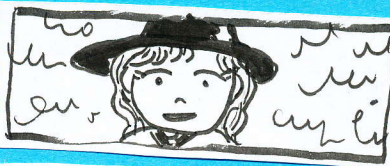
Santa Claus is a 20-year-old gay woman, but we think there's a small chance she would go straight for a shot with Johnny Mathis or Robert Plant.



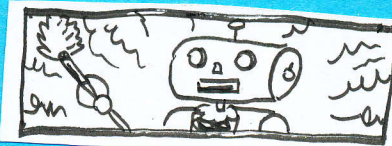
Thomas Jefferson is a 20-year-old straight woman. Unlike the real Jefferson, she has not fathered any illegitimate children that... that she knows of.



Mick Jagger is a 23-year-old straight man. He volunteered for this panel because he said it "needed a boring straight guy."



Christine O'Donnell is a 20-year-old straight woman. We're willing to bet that she actually does like tea and parties, but probably not the tea party.



Rosie from the Jetsons is a 24-year-old male-bot. He kept poking his head in the room at various times through the discussion and yelling random things.

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How many partners have you had?

Batman- I think that counting only serves two purposes, which are bragging rights and self hate, and I'm not down with either.

Mick Jagger- that's a long answer. Mine is five.

Nosferatu- below ten I think.

Cristine O'Donnell- this question is lame.

Thomas Jefferson- four.

Santa Claus- five.

Cristine O'Donnell- two.

When is the last time you had sex?

Mick Jagger- back in August, before I moved.

Nosferatu- fuck this question.

Batman- the last Goodwill Zine party.

Cristine O'Donnell- fuck this question too. Over a year.

Thomas Jefferson- over a year.

Santa Claus- three hours ago.

Weirdest act a partner has suggested?

Batman- I peed on someone and I didn't care for it.

Mick Jagger- my girlfriend bought a penis pump to see what it would do. It doesn't do much, it feels okay.

Nosferatu- I've done it in the shower, not that that's weird, it just didn't go well, too slippery. I kept trying to pick her up and almost fell. Then she was locking her knees, so we just went to bed, but we were clean.

Thomas Jefferson- he asked me to lick my finger and stick it in his butt hole.

Santa Claus- "let me be on top." In a lesbian relationship there is still the man and the woman, so that's the weirdest thing I've heard.

Batman- but I can go either way. I can tell from the guy if I want to be on top or he should be.

Thomas Jefferson- if I was dating someone for awhile I would do what we wanted. I would want my partner to do something I want to do.

Casual sex? What's with that?

Batman- that's all I do. It's a lot different when there are two boys, because no one says no.

Mick Jagger- I was opposed to it because of how I was brought up, and I had to get over that. Since I've been single I've gotten used to it, and it's fine if both parties consent to it.

Batman- in the gay community that's what you do. That's how you find out if you

like someone. Some relationships are not worth going forward with.

Nosferatu- sometimes it does not click in bed. With the shower girl, shit did not click. She was hot. She was attracted to me. When we were finally both satisfied we stopped.

So many mishaps.

Mick Jagger- one girl I didn't like at all. I found out she's kind of crazy. I really liked another girl, and if I didn't move I probably would have dated her.

Santa Claus- no probably not.

Thomas Jefferson- I am down for it. Great, if you can find someone. What freaks me out is STDs. Maybe one night with a friend. Not trying to get STDs.



Cristine O'Donnell- I'm down for casual sex. I don't know how one night things even happen. I think of one night stands with a stranger, and I do not want a stranger in my bed.

Thomas Jefferson- I'll tell you how one night stands happen: Xanax, shots, depression, loneliness.

Santa Claus- are we reciting Jenny Lewis lyrics now?

Polyamory? Open relationships and threesomes?

Thomas Jefferson- no.

Cristine O'Donnell- no.

Santa Claus- no.

Batman- Threesomes are only good if it's a one night stand. Not good for repeat.

Santa Claus- Not that I would propose it or date someone that would, but even if I was cool with it initially I would get mad as soon as I was the third party.

Batman- That's why it's good to do it with a couple. You're new and interesting and they want you there.

Cristine O'Donnell- I don't need two dicks. I don't want anyone's dick in my butt.

Batman- I would only be in an open relationship if I decided on it. If it's someone else's idea then I wouldn't.

Mick Jagger- I was sort of in one of those relationships. We slept together, but it wasn't the right time to be serious. We were both sleeping with other people, and I had to learn to deal with typical male jealousy and not have that double standard of what I could do and what she could do.

What is not allowed in your bed?

Nosferatu- murder. Pissing is alright, I can get pissed on... if we're in her house.

Batman- no cross dressing.

Nosferatu- no poop. I'm trying to think if I would do it. I haven't had sex in years. I hope I'm never in that dilemma. I can't run out on someone about to have sex with me.

Batman- I don't think they'd be surprised if you said 'no.'

Thomas Jefferson- no strap on.

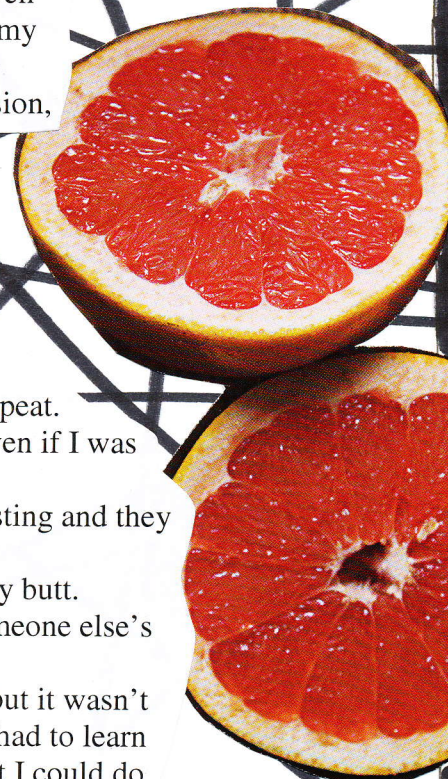
Cristine O'Donnell- don't put it in my butt, because I know it's going to hurt. I've lost my virginity once and I don't want to deal with that again.

Santa Claus- no butt hole.

Cristine O'Donnell- the vagina's more fun.

Batman- screw you, you've never felt how good this is!

Cristine O'Donnell- we don't have a prostate.



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Orientation bending?

Batman- vagina, never ever.

Nosferatu- I've been in a three way make out with a girl and this guy with a mohawk.

Batman- I have made out with my straight girl friends. It's fun and safe. You both know there is a boundary, and there's not going to be any predicament afterwards.

Mick Jagger- nothing remotely gay at all.

Cristine O'Donnell- I've kissed girls, probably made out with them if I had to guess. They got some nice bodies, but I want at least a foot and a half between me and a naked vagina.

Thomas Jefferson- nothing with a girl without a man present.

Sadistic acts?

Cristine O'Donnell- I could do that. A spanking, use a paddle.

Thomas Jefferson- hurt me but like...don't really hurt me.

Cristine O'Donnell- no blood, bruises are fine.

Santa Claus- biting?

Everyone- yes

Rosie from the Jetsons- it lets you know you're doing it right.

Batman- that's fine, but don't sit and flog me.

Cristine O'Donnell- no hitting in the face

Interesting Places?

Batman- on the highway against the car, outside while other cars are going past.

Rosie from the Jetsons- library, elementary school playground.

Santa Claus- a drive-in theatre in Paris, KY. Places that aren't your house, in the bathroom, in the library twice with two different people, the walk-in refrigerator at work.

Cristine O'Donnell- the living room with roommates in the house.

Santa Claus- on the first floor with the window open.

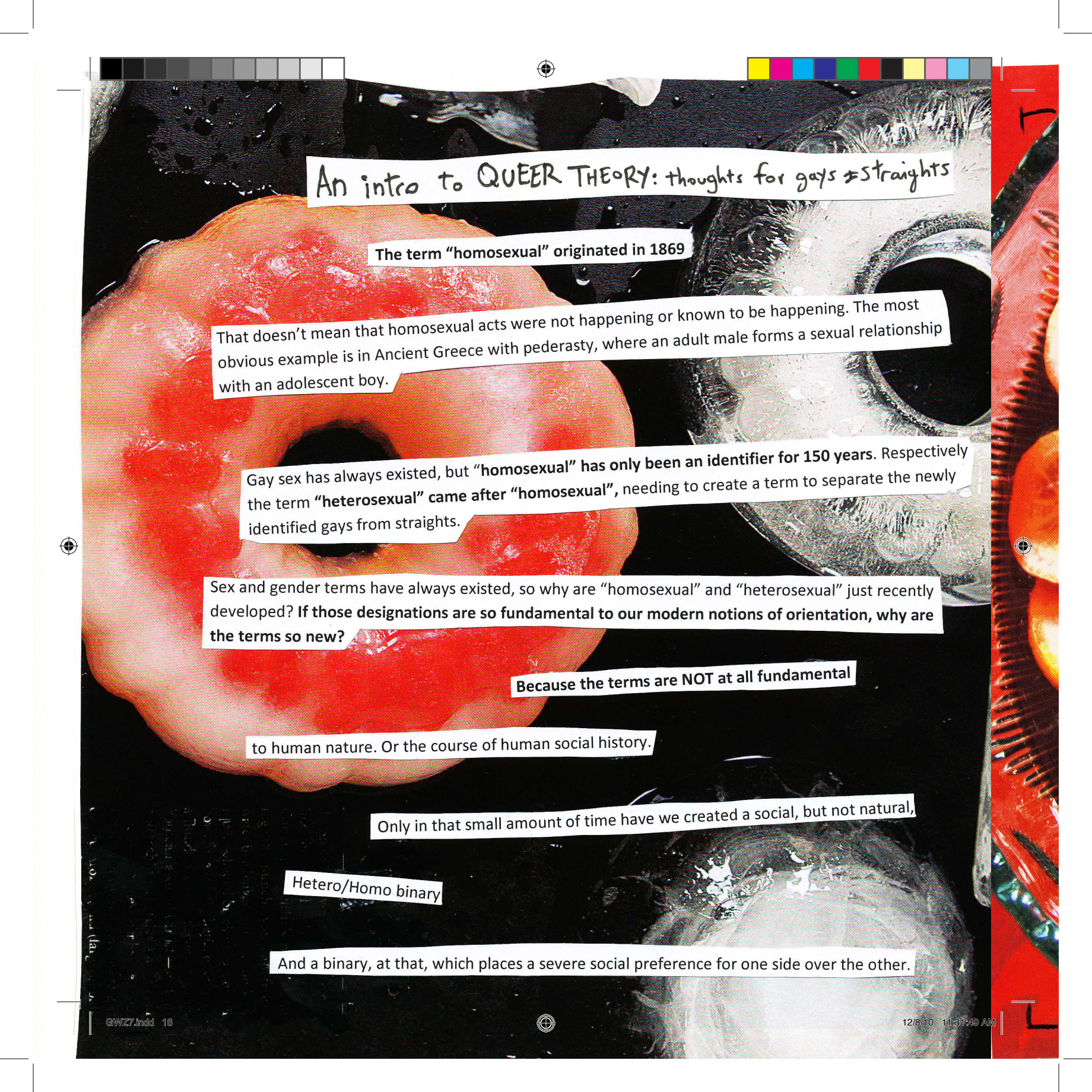
Role of sex in your life? How often do you think about it?

Mick Jagger- not a big role, especially now. I think about it but everyone does, and it'd be nice if it was happening. In a relationship it's much more important. Whether or not you're sexually compatible.

Batman- It has a big role for me. The idea of obtaining it, meeting people and judging if they would have sex with me. Then you get them.

Nosferatu- only when I'm around girls.

Rosie from the Jetsons- when you're eating a hot dog and there's a donut nearby.



An intro to QUEER THEORY: thoughts for gays & straights

The term "homosexual" originated in 1869

That doesn't mean that homosexual acts were not happening or known to be happening. The most obvious example is in Ancient Greece with pederasty, where an adult male forms a sexual relationship with an adolescent boy.

Gay sex has always existed, but "homosexual" has only been an identifier for 150 years. Respectively the term "heterosexual" came after "homosexual", needing to create a term to separate the newly identified gays from straights.

Sex and gender terms have always existed, so why are "homosexual" and "heterosexual" just recently developed? If those designations are so fundamental to our modern notions of orientation, why are the terms so new?

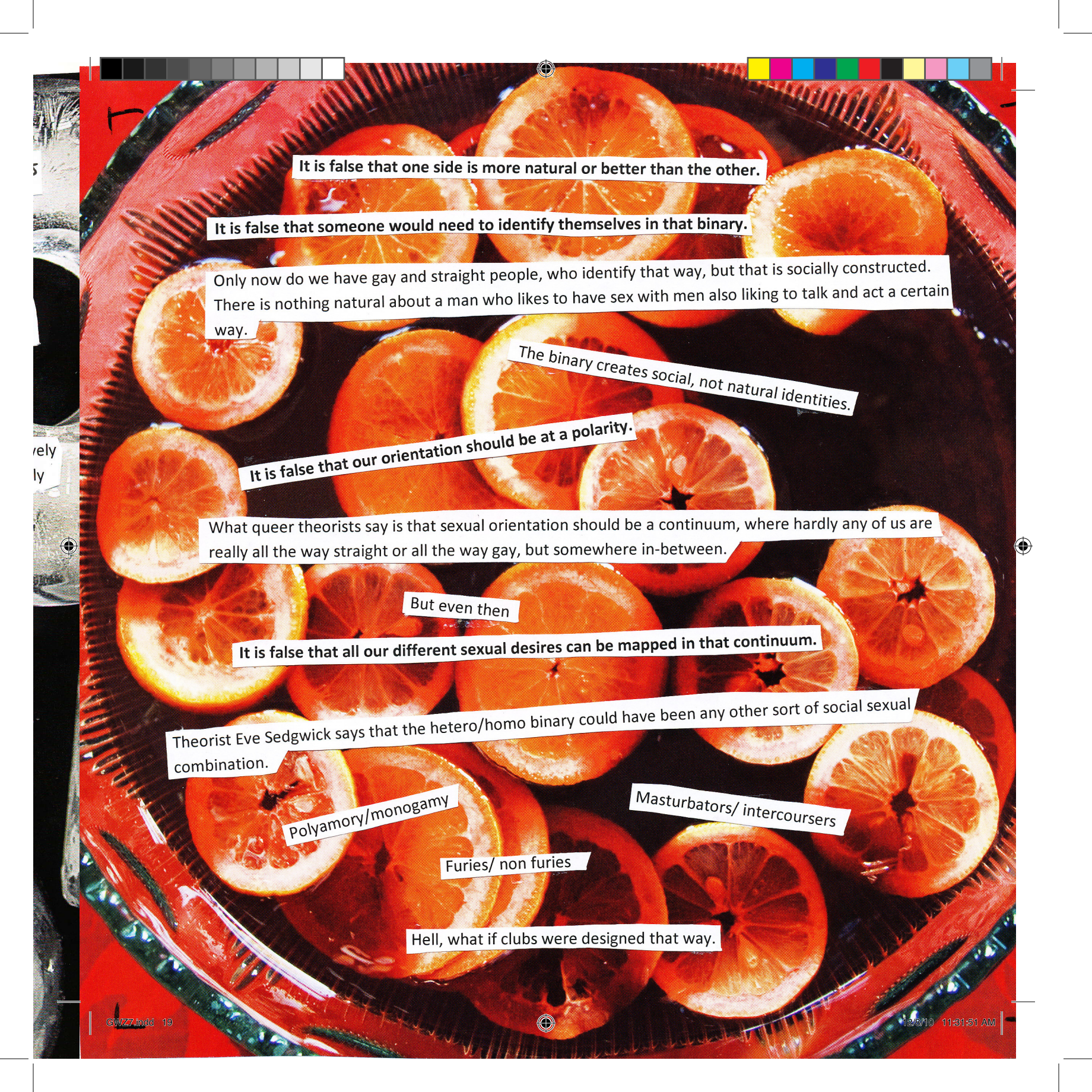
Because the terms are NOT at all fundamental

to human nature. Or the course of human social history.

Only in that small amount of time have we created a social, but not natural,

Hetero/Homo binary

And a binary, at that, which places a severe social preference for one side over the other.

A collage of orange slices in a basket, with various text overlays. The background is a vibrant red. The orange slices are arranged in a circular pattern, filling most of the frame. The text is presented in white boxes with black borders, some of which are tilted to match the orientation of the orange slices. At the top of the page, there are two color calibration bars: a grayscale bar on the left and a multi-colored bar on the right. There are also small registration marks (crosshairs) at the top, bottom, and right edges of the page.

It is false that one side is more natural or better than the other.

It is false that someone would need to identify themselves in that binary.

Only now do we have gay and straight people, who identify that way, but that is socially constructed. There is nothing natural about a man who likes to have sex with men also liking to talk and act a certain way.

The binary creates social, not natural identities.

It is false that our orientation should be at a polarity.

What queer theorists say is that sexual orientation should be a continuum, where hardly any of us are really all the way straight or all the way gay, but somewhere in-between.

But even then

It is false that all our different sexual desires can be mapped in that continuum.


Theorist Eve Sedgwick says that the hetero/homo binary could have been any other sort of social sexual combination.

Polyamory/monogamy

Masturbators/intercourse

Furies/non furies

Hell, what if clubs were designed that way.



It seems ridiculous, because we don't think furies have enough of a presence to create such an all encompassing binary. But if over the course of time, a majority of men were having gay sex(in Ancient Greece) to now only about 10 percent, it is just as likely that the proliferation of another aspect of sexuality could fluctuate drastically and receive a new social acceptance.

Where is the room for fetishisms? Why do I need to come out to my parents and outwardly show my orientation? Why am I not expected to outwardly show I'm monogamous? Hell, we're more concerned about a person's orientation label than their STD status.

Again, that binary does place a bigger social importance in this current society, but that is only the now.

A wonderful quote from Queer/Feminist theorist Judith Butler

"Hetero is not to homo as original is to copy. Hetero is to homo as copy is to copy."

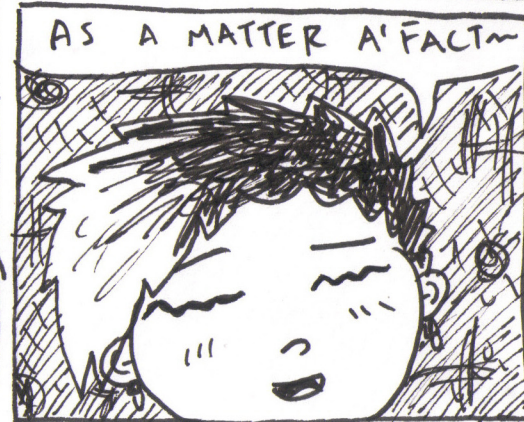
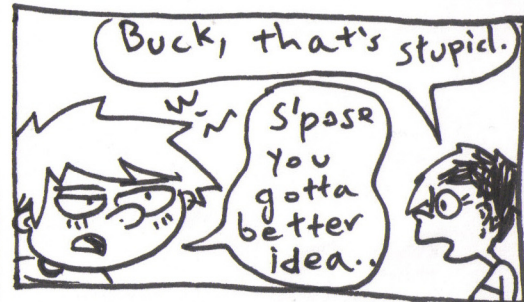
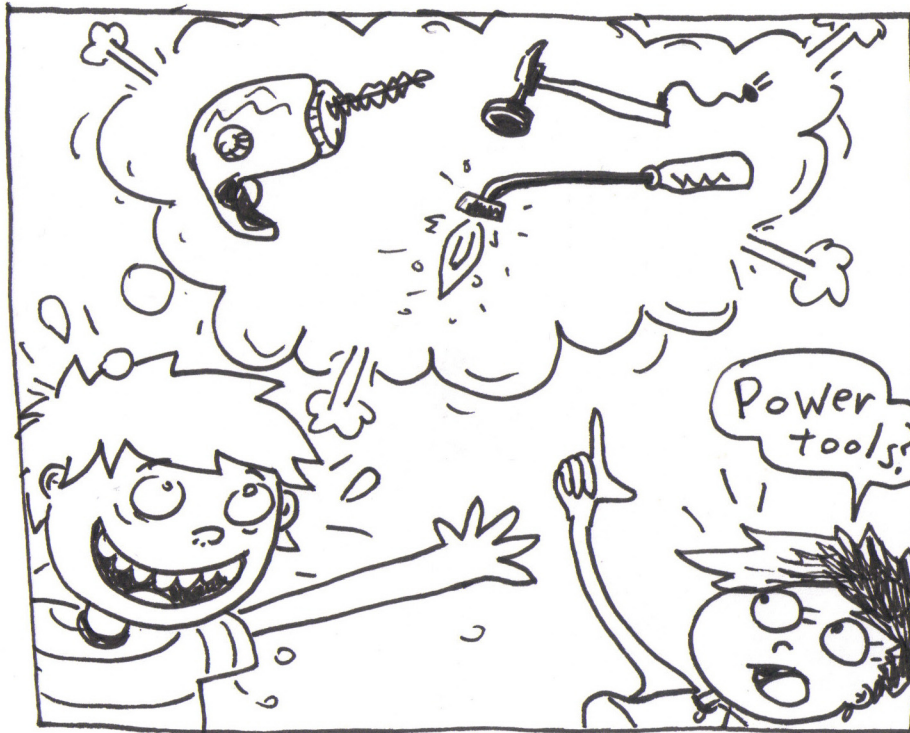
None of these ideas are mine, just what I've learned from the queer smarties before me.

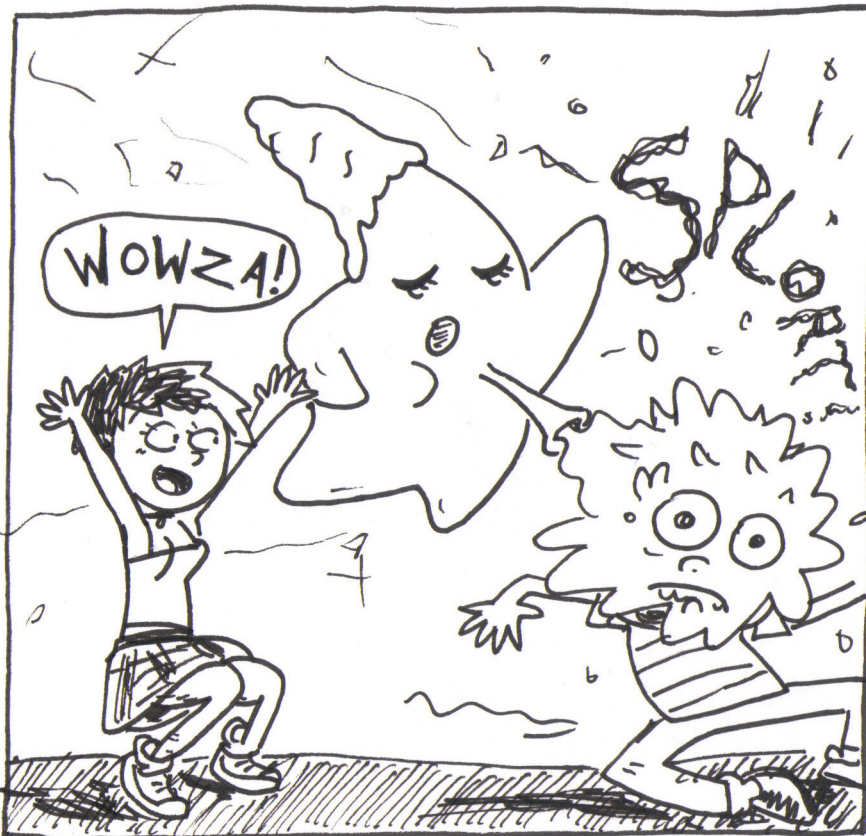
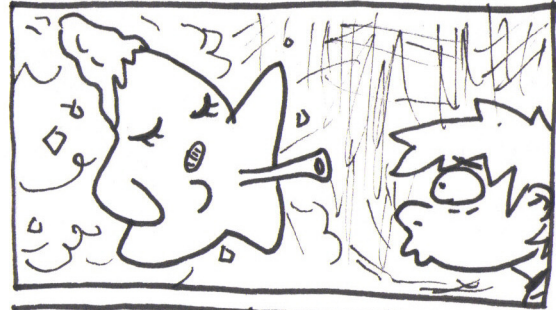
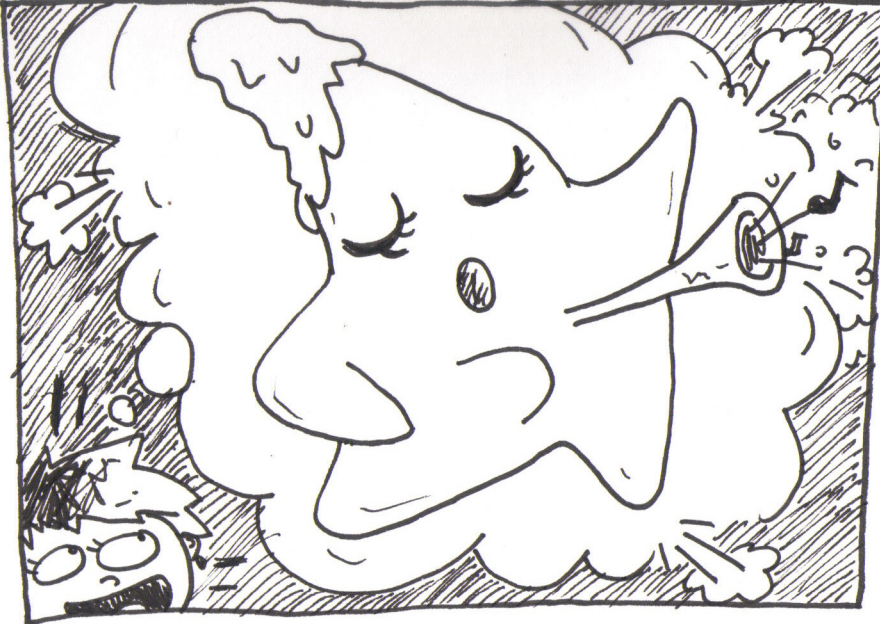
GUESSES

What

EM


Thinking





A COMIC BY
Alex "the can't believe
he went there" Major.





Making Midnite Oil

Let's start by getting this out of the way: this is about porn, not against it. To say it's bad, to try and say what so many Mothers and religious groups have, is never going to work. The existence, and abundance, of pornography, and erotic arts, have usually been a sign of a healthy, prosperous society. When it's restricted you get the Dark Ages. America, and thanks to the internet, the whole world, has plenty of porn. Maybe too much? One has to wonder where all these naked people are coming from. From fake tits to small cups; from large dicks to strap-ons; from professional videos to grainy webcam mirror photos - it's all there.

There's a saying that goes: if you can think of a fetish, then it exists on the internet. While it's a joke, it's not off the mark. If you have a perversion, just type it into Google, sit back with one hand on the mouse and one hand... elsewhere... and get ready to go. You can find it. The only thing you can't find on the 'net is real sex. Sure, you can go to Craigslist, but then you have to leave your chair, get in a car, and hope there's not a slave trader behind the door you knock on with palms sweatier than your hand being... elsewhere.

Perhaps this has always been a thing... but there are a lot of girls in the 25-30 age group that like to wear panties with cartoon characters on them, or gym outfits, in rooms that are painted pink with stuffed animals. It's rare to see 18-24 girls wearing tweed sweaters, garter belts, beehive hair-dos, and glasses. Strange, no? Stranger, you can find men wearing panties with cartoon characters on them. You can also find men with the beehives and tweed. They can be any age.

Some might say that, without porn, we wouldn't know how much we wanted out of sex. The years of pubescent pulling and gawking at countless pictures, videos, anonymous chats, lead to discoveries. Would you know about whips and gags? Would you know feet can be utilized in an erotic fashion? Would you ever consider yourself an animal - and have sex with others that consider themselves animals - and have sex in the manner of that animal? Maybe.

It's letting your 'freak flag' fly... in private. A way to discover and play out fantasies without ever having to face the flesh of the matter. Good or bad. Besides, 'don't knock masturbation - it's sex with someone I love.'

by 1999 Gainsbourg

SILENCE MEANS NO NO THANKS MEANS NO LET'S JUST GO TO SLEEP MEANS NO

GWZ' s number one tip for hot sex

Get
Give

CONSENT

Consent is hot! Consent can prevent straight up assault, but even in a relationship or with two people attracted to each other, something can go wrong if we don't communicate well. Just because someone likes you doesn't mean they want to go to bed in X amount of dates/days. Or they might need to talk to you about your sexual history before they're comfortable engaging in anything.

The only fear shouldn't be being called out(having someone accuse you of assault). You probably won't be called out by a date that didn't actively communicate their wants, but the emotions will be off and it probably doesn't make for hot sex.

The least sexy thing you can do in bed is disregard your partner needs for your wants. It's so sexy to tell your partner/potential partner what you are interested in and have them say 'yes'. How hot is YES! compared to an unsure and reluctant 'okay'. When everyone's needs and wants can be respected you're gonna have a good time.

1. Needs and wants Needs- Your boundaries. Any information you need from your partner(STDs, past sexual history, what will this *mean*). The pace at which you want to become involved. Ability to communicate these needs and communicate your wants.

Wants- Whatever kind of play you are interested in with this person. You are entitled to ask what you want, but not to the act itself.

2. Talk before you get hot and heavy. You can more accurately discuss your boundaries and wants beforehand. The stress is less demanding beforehand, neither party is immediately questioning, uncomfortable or feeling guilt about their needs. Pius, it's sexy to talk about sex outside of the bedroom, get yourself excited for what and your partner both want to do.

However, late is better than never! Just because you are in bed with someone doesn't mean you can't say 'stop' at anytime.

3. Intoxication makes everything even less clear. Someone can not really give their full consent while intoxicated. Even if you are completely explicit, someone could get called out. It's not smart to go to bed with anyone for the first time completely out of it.

REALLY LIKE YOU BUT... MEANS NO

YOU'RE NOT MY TYPE MEANS NO



4. **Checking in.** Make sure to ask questions while you're hot with someone. "Can I kiss you" " Can I touch you". This might sound dumb, but just because you might not be used to it.

A much better question to ask is simply "what do you want to do?". It's very easy to be unsure of what you want, or feel pressure to do some things. So getting a 'sure' or 'okay' probably means they aren't feeling it.

Ask open ended questions that concern their needs. If the other person won't look at you or gives some other physical signs, notice those too.

5. **Ask every time, don't assume based on...**

- *their gender*: don't assume that guys always want it. And just because his member is up, doesn't mean he's down for it. Don't assume that girls are playing hard to get or are naturally shy and bashful. That is not the case at all. Sure coy works when you meet someone, but in bed shyness means no.

- *their reputation*: I don't care if you've heard this person likes to have all kinds of sex, it doesn't mean they want to do it that way with you.

- *you two did it before*. Maybe the person regretted the first time, or figured out they didn't want that sort of relationship with you. Even if everything was great the first time, there are plenty of reasons they wouldn't want to have sex this time/stop having sex with you entirely.

- *you're in a relationship*. There are plenty of reasons why a partner might not want to have sex. Fights, outside stress, fatigue. I don't even want to think about it if I haven't bathed in a while. Most times it reflects nothing on the other partner, just that person's particular mood at the time. No sweat, you'll both want it soon enough.

*** respectively, don't assume you have to put out because of these assumptions***

6. **Speak up.** Not everyone is aware of explicit consent, so engage in it first. At least tell your partner what your needs and wants are and invite them to talk about them too.

7. **Try not to be freaked out by people's wants.** We want to encourage people to ask, instead of just doing it. So when someone asks you, politely refused them instead of calling them a 'queer' or a 'slut'.

8. **Need some consent practice?** Role play with a friend that you are in a scenario where you two could potential hook up. What would you say?

Info compiled by June Leffler, from the zines *Learning Good Consent* and *Ask First*

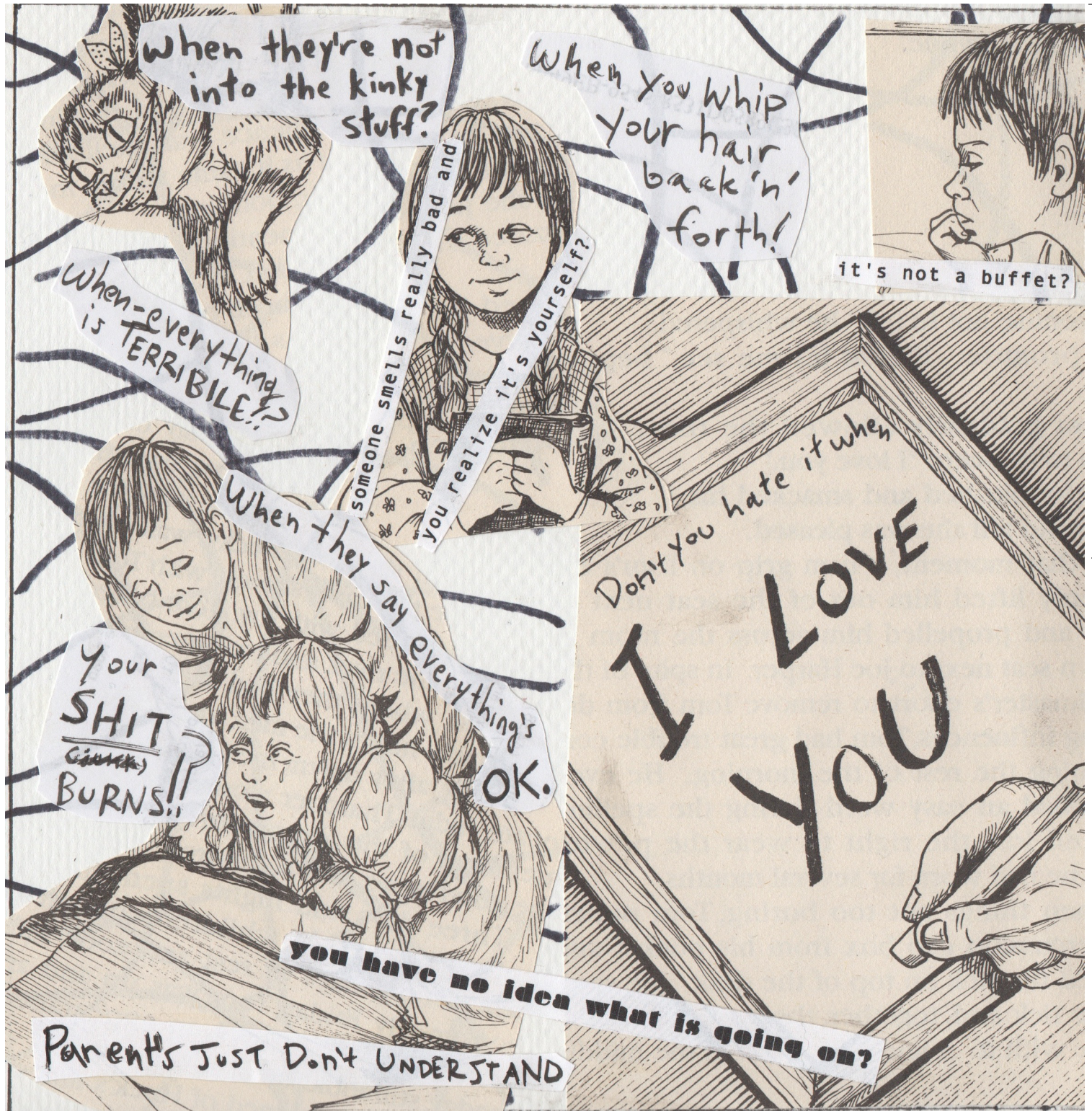
I HAVE A BOYFRIEND MEANS NO
YOU'VE BEEN DRINKING MEANS NO

10

"NOT NOW" MEANS NO I'M NOT SURE MEANS NO MAYBE LATER MEANS NO







Self Cervical Exam



Why self exam?

Why is the cervix so important? As the opening to the uterus, it is the cervix through which menstrual blood flows, babies are born, and pregnancies are terminated. Several methods of birth control work by placing a barrier over the cervix and keeping sperm out. When a woman ovulates, cervical mucus has a distinctive texture and appearance. With the aid of a speculum, viewing the cervix can be easy.

Self cervical exam is not a replacement for regular Pap Smears, nor does it substitute for screening for sexually transmitted infections, both of which rely on microscopic analysis of cells.

The cervix appears as a rounded or flattened knob about the size of a quarter or half-dollar. The hole or opening in the center is called the cervical os.

How to:

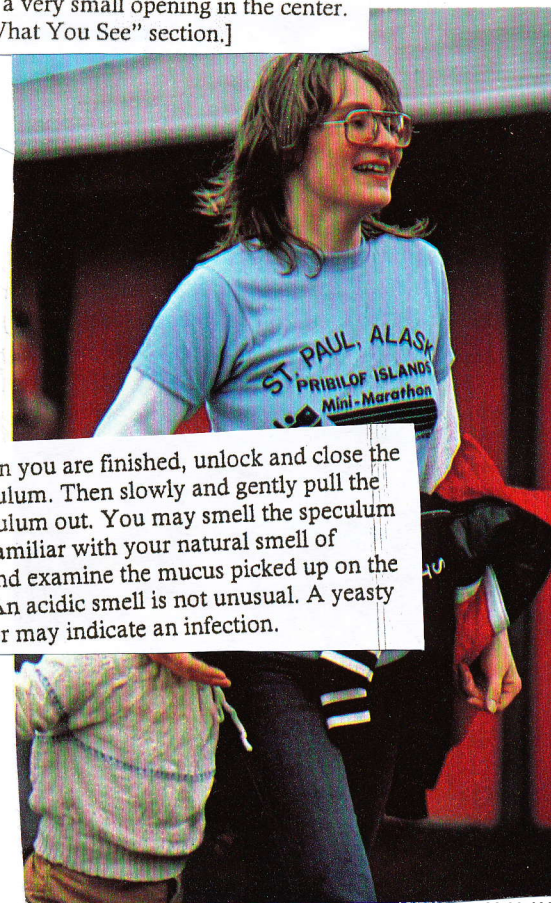
Three Easy Steps to Self Exam

In addition to the hand-held mirror, flashlight, and speculum, you may want KY lubricating jelly or water on the speculum for easier insertion. Before you start, practice opening and closing the speculum; and make sure you understand how to lock it open, as well as how to unlock and close the bills. Then sit comfortably; leaning back with your legs open, knees up, on a bed or couch with pillows behind you.

1 Put some KY jelly or water onto the bills (the rounded part) which you will insert into your vagina). Take a deep breath. As you exhale, let your muscles relax. To insert the speculum, hold it in one hand, handles up, bills together. Using your other hand, spread the labia and insert the bills of the speculum as you would a tampon.

2 When you have inserted it as far as it will comfortably go, open the bills using the mechanism on the handles that you practiced with earlier. You will feel the speculum stretch your vagina open. Lock the speculum into place. Then you can let go of it. With both your hands free, you can now hold the flashlight and mirror. You can shine the beam of the flashlight into the mirror so it reflects into the vagina lighting up the internal space. Or you can shine the flashlight directly inside. Adjust the mirror and flashlight so you can see inside. At the back of your vagina is your cervix. It looks like a small donut with a very small opening in the center. [Refer now to "What You See" section.]

3 When you are finished, unlock and close the speculum. Then slowly and gently pull the speculum out. You may smell the speculum to become familiar with your natural smell of secretions and examine the mucus picked up on the speculum. An acidic smell is not unusual. A yeasty or fishy odor may indicate an infection.



What's Normal

Your cervix may be pink and smooth or it might have reddish blemishes. It can also be uneven, rough or splotchy. All of these are normal.

There may be mucus covering the cervix or coming out of the os. Mucus is natural. The character of the mucus changes throughout the menstrual cycle in response to hormones. It ranges from pasty-white (non-fertile) to clear and stretchy egg-white texture (fertile). It does not have a strong odor.

Recognizing what is normal for you is the primary reason for performing self exam. By knowing what is normal, you can tell what is unusual — for you.

With the exception of visible sores caused by the herpes virus, sexually transmitted infections cannot be seen visually during self-exam. Chlamydia, gonorrhea, HIV, hepatitis — all require testing by a clinician for diagnosis and prescription medication for treatment.

Similarly, when you have a Pap test, the clinician removes a few cells from the cervical os. The cells are sent to a laboratory and examined under a microscope for signs of cancer. Your visual exam is not a replacement for a Pap smear.

The cervix may have fluid-filled sacs on it that look like blisters. These are called Nabothian cysts and are not a problem. They are caused by a blockage in the mucus-producing glands of the cervix. In some women they come and go, and others have them for years. They do not need treatment.

You may see polyps, outgrowths of tissue that dangle on a stalk and protrude through the os. They may bleed easily but do not need to be removed unless they bother you.

Cervical bluing may be the first sign that a woman is pregnant. Fifty percent of women who are pregnant will have a blue or purplish colored cervix due to an increase in blood circulation. During pregnancy, the cervix may also look puffy and softer and the os more open.

What's Not Normal

It is normal to have vaginal and cervical discharge. However, if any of the following are found during self exam, it may indicate an infection. A health professional can take a sampling of cells, put them under a microscope, and let you know.

- > green, gray or dark yellow discharge
- > discharge with a texture that is curd-like (like cottage cheese)
- > significant change in amount of discharge from what is normal for you
- > strong odor that is unusual for you.

to get your own plastic speculum, see the FWHC website at fwhc.org/sale.htm.

SPECULUM CARE

Wash your speculum with soap and hot water before and after using it. Do not put it in the dishwasher or microwave. It is not necessary to sterilize the speculum because the vagina is not sterile.

or ask your own local
wenches at wenches.wordpress.com



Self Testicular Exam

A simple three-minute self-examination, once a month, can detect one of the cancers most common among men ages 15-34. If detected early, testicular cancer is one of the most easily cured. The best time to check yourself is in the shower or after a warm bath. Fingers glide over soapy skin, making it easier to concentrate on the texture underneath. The heat causes the skin to relax, making the exam easier.



What are the symptoms?

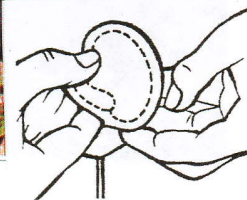
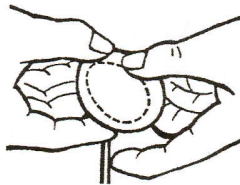
In early states, testicular cancer may be symptomless. When symptoms do occur, they include:

- Lump on the testicle
- Slight enlargement of one of the testes
- Heavy sensation in testicles or groin
- Dull ache in lower abdomen or groin

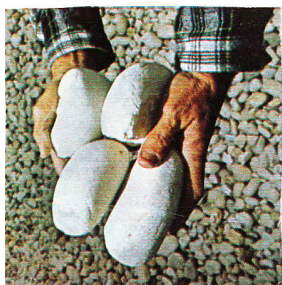
If you do find any hard lumps or nodules, see your doctor promptly. Only your doctor can make a diagnosis.



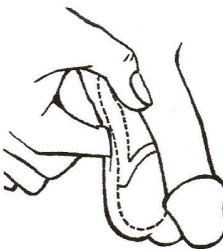
1. Start by examining your testicles. Slowly roll the testicle between the thumb and fingers. Try to find hard, painless lumps.



2. Now examine your epididymis. This comma-shaped cord is behind each testicle. It may be tender to the touch. It's also the location of most non-cancerous problems.



3. Continue by examining the vas (sperm-carrying tube that runs up from your epididymis). The vas normally feels like a firm, movable smooth tube. Now repeat the exam on the other side.





Roots

THERE IS A MARS

By: Jeff Hipster

Now watch out nephews,

there are attics

full of Atari 2600s

that you will never visit

There are attics

just like there is a Mars

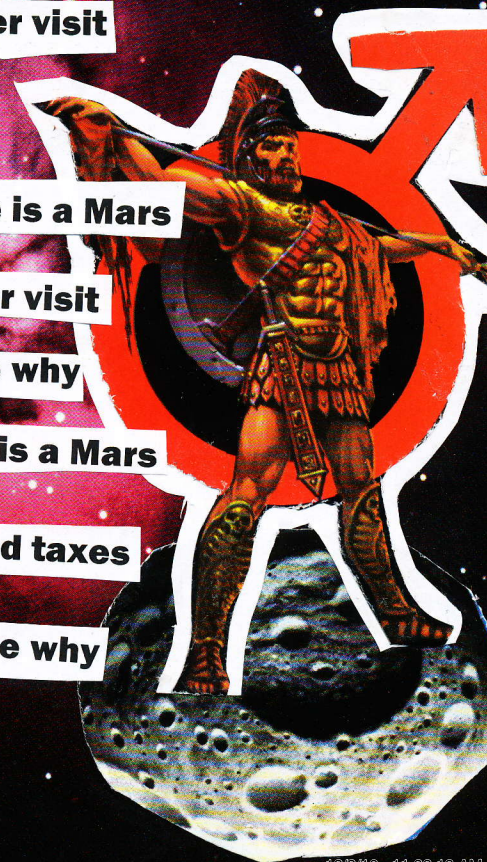
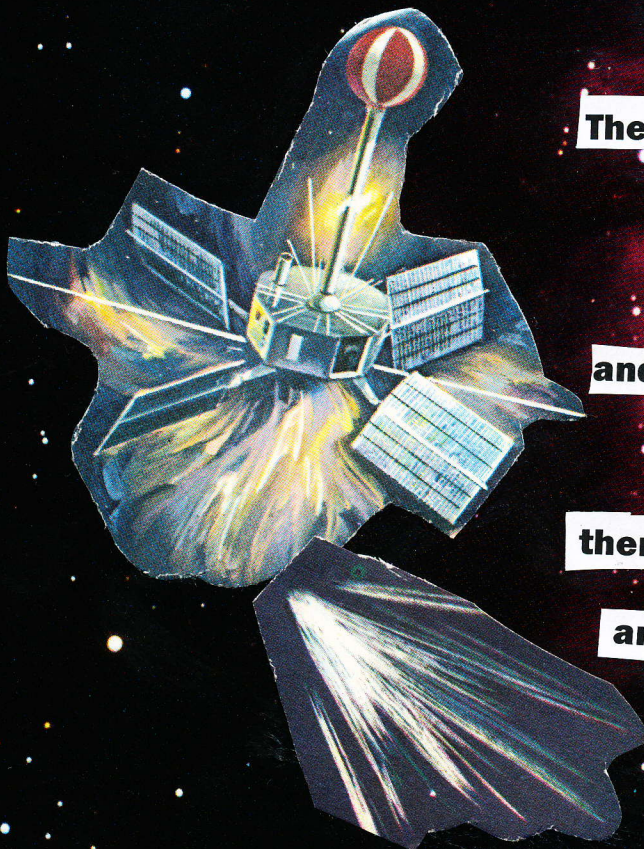
that you will never visit


and I'm not quite sure why

Just like there is a Mars

there are step dads and taxes

and I'm not quite sure why



The background is a vibrant, orange-red landscape of Mars, likely a volcanic region, with a large satellite dish antenna in the lower right foreground. The text is presented as white strips with black lettering, arranged in a staggered, descending pattern from top-left to bottom-right. The strips contain a mix of direct quotes and paraphrased phrases.

and I'm pretty sure they're in Virginia somewhere

there are step dads and taxes

filling every house in the future

and I'm pretty sure they're in Virginia somewhere

Besides, soon enough, space will be an empty bed,

filling every house in the future.

And you are there, tucking in a nephew, and telling him

"Besides, soon enough, space will be an empty bed."

as living rooms empty themselves of in-laws

And you are there, tucking in a nephew, and telling him

"Just watch out is all"

as living rooms empty themselves of in-laws

out into the street to find Mars.

IS THIS TOO MUCH?

CONYER
CLAYTON

I think your fire alarm's battery is about to die, he said. I don't even hear the chirping. Not at this point. You pull back your hair to keep it from my face. Does it always feel this good? you ask, cartooned pupils and heavy brow questioning. No, I lie. But no one's eyes are quite the same. We dance with other couples, exchange loaded glances over freckled shoulders and distracted backs. I'd tell you a dream I had if I hadn't forgotten.

The wood floor swells under scrambled jeans and carefully positioned panties, a used kleenex dropped by a wire hanger and the door shut.

The fire alarm's still beeping, warning warning, and we're warming one another in loosened grips.





Badger's Daughter

By Adam Day

My girl is perched, horse-nostriled,
on the edge of the couch,
jelly-blotched chin, fumbling
a doughnut with shapely fingers.
She's a ballerina with a god-big
butt, and tiny thumbs,
pointing with a cigarette
to her box of Nutty Bars
wishing she could remember
the name of her nail polish
or the face of her crush –
his freckling of tiny moles
and gold tooth. She moves
with the locomotive cadence
of a horse taking a water-hurtle; she is
a bear swimming like men swimming
as bears. She smells
like a hospital; shrivels
children. She is a Jew
afraid of Jews. She greets you,
God bless you. Eat shit.



Waiting on Sexy Paul

Whoever Paul was,

it was his birthday.

This much I gathered from reading the cake in the walk-in fridge as I left with a tub of butter balls.

Happy Birthday

Sexy Paul in cursive blue on white, and encased in transparent plastic.

then,

Love, Miranda

I laughed as I walked out.

That night I received a few more tables than I could handle,

plus

Sexy Paul

and

Miranda

But

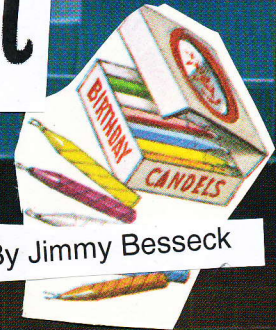
Miranda

she was out of his, mine, and most leagues.

Her only flaw being that she was clearly artificially the color of expired carrot juice.

He was balding, middle-aged. To say he was ugly would imply that he stood out in some way.

By Jimmy Besseck



I was late
with their every course
and water refill.

Miranda was gracious

through my apologetics.

and

Paul didn't seem capable

of any emotion
beyond nonchalance.

Then they'd go back
to their conversation.

The night had been a disaster.
After defeated,
I had progressed to ornery
as sometimes happens.

It was time to present
the cake.

I had to get people to sing with me.

But instead of asking,
I just brought the cake
to the sever station.
Started lighting the 4
and the 0
with my Zippo
and said;

"If anyone wants to hear me
call this guy

Sexy Paul

to his face,

come sing "Happy Birthday."

I got six people.

As we walked
the hostess asked me;
"Will you really?"

And I said
"I think so."

I looked straight at him
as I sang his name
as it read
on the cake.

It was amazing.
His facial expression
was somewhere between
smirk
and
death threat.

And

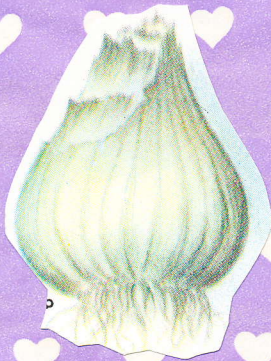
Miranda

applauded

through suppressed laughter.



Baby Names



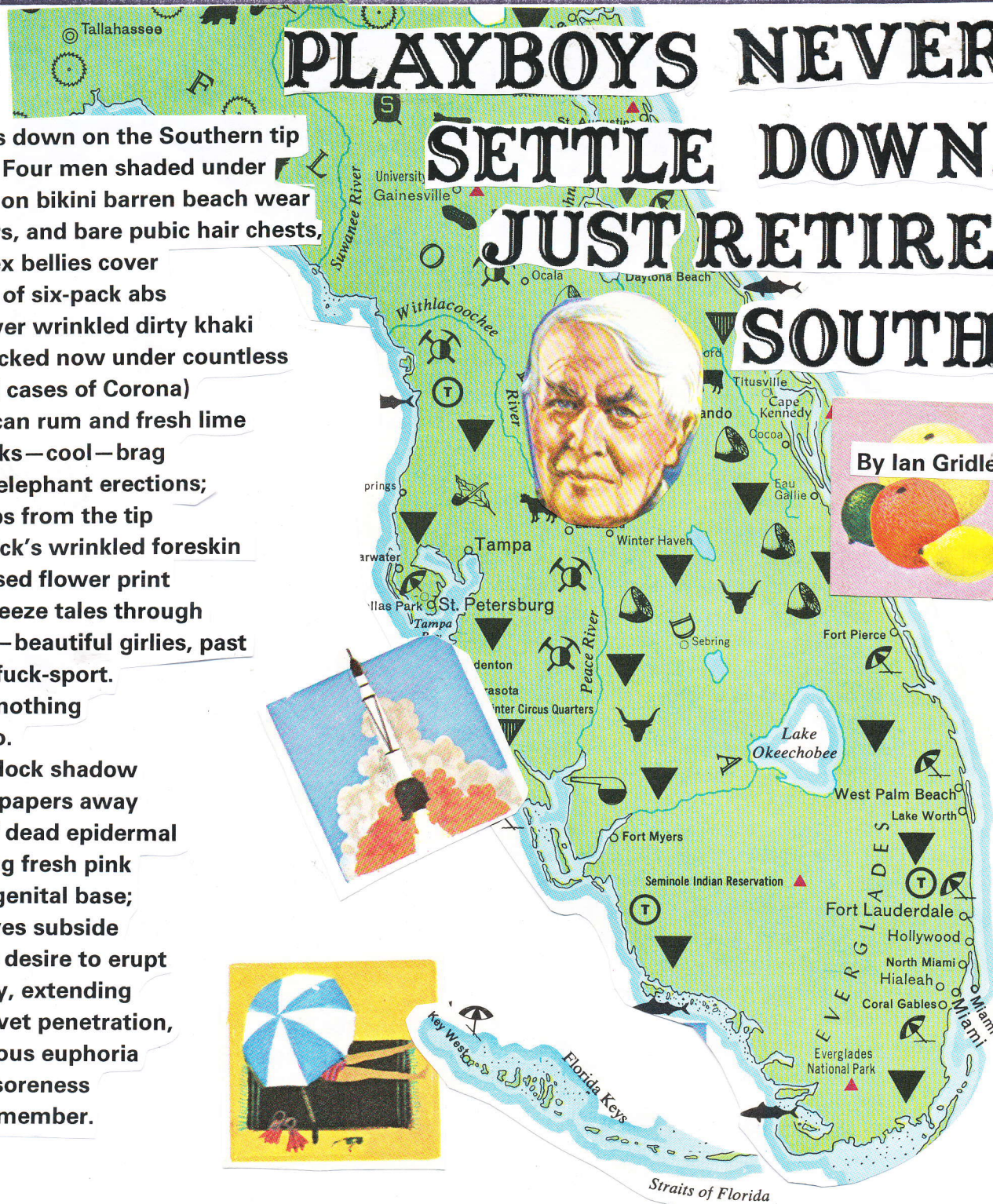
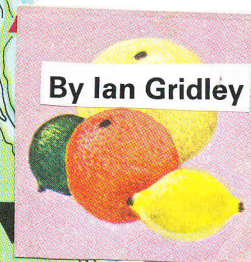
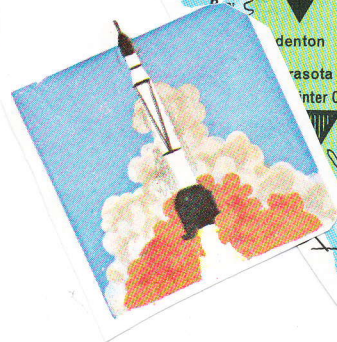
Your vertebrae are lovely,
I can feel each one when I rub your back.
I'd like to get you pregnant,
to feel your belly like a bulb
to round out your jagged edges,
and pad your hips to rest baby on



Su
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und
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PLAYBOYS NEVER SETTLE DOWN, JUST RETIRE SOUTH

Sun shines down on the Southern tip of Florida. Four men shaded under umbrellas on bikini barren beach wear neon visors, and bare pubic hair chests, (red convex bellies cover memories of six-pack abs rippling over wrinkled dirty khaki pants—packed now under countless consumed cases of Corona) sip Jamaican rum and fresh lime on the rocks—cool—brag imagined elephant erections; sweat drips from the tip of limp prick's wrinkled foreskin under pressed flower print shorts, squeeze tales through false teeth—beautiful girlies, past success at fuck-sport. They have nothing better to do. Her five o'clock shadow pelvis sandpapers away the layer of dead epidermal cells, leaving fresh pink skin at his genital base; aching nerves subside the organ's desire to erupt prematurely, extending the wet velvet penetration, the repetitious euphoria his lasting soreness will long remember.



I am Primal sex

