Bill Urban leaves a truly loving legacy

WILLIAM CASTRONUOVO/992

THE BOSTON READER

BILL URBAN, founder, publisher, and editor of the Baltimore Alternative, the main gay newspaper in that city, died June 24 of complications due to AIDS. He was 37.

Bill was born in Lancaster, Pa. He attended the University of California at Santa Barbara, Loyola College, and Coppin State

College in Maryland.

Selling ads from his bicycle, Bill founded the Baltimore Alternative in 1986, committing the newspaper to extensive coverage of the AIDS crisis, gay and lesbian civil rights, and privacy issues. He guided the paper throughout his six-year battle with AIDS and left the monthly in the loving hands of his life-partner Charles Mueller.

The above facts are terse, standard, and expected. Bill and Charlie are two people I know very well. I worked with them for a number of months as an associate editor of the Alternative. Baltimore is a great town, and it was a joy to work with a paper that truly reflected the region it served, in this case the gay community of Maryland's largest city.

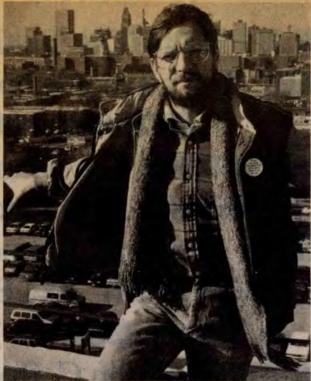
When Bill's lover Charlie called to break the news to me, it was not unexpected. Yet, it was no easier to take. The gay press needs Bill Urban right now – in fact, now more

than ever. But this is not to be.

I think about what made Bill tick. Working with him in the small basement office of the Alternative, I was struck by his energy. I found it remarkable that the fires of life kept the fire in Bill's life going, burning ever so bright in the feisty pages of his beloved Baltimore Alternative.

He was so much the old-school news reporter, always with a story to tell, gossip to share, facts to clear misunderstanding. He disliked people, gay or straight, who were not professional. Bill was a professional journalist and, as was his right, was firecely proud of that fact.

What was so wonderful about Bill was that you always knew where you stood with him. If you were his friend he treated you as such, and even the people he counted among his foes held him in respect. He was a



STEVE BROWN / BALTIMORE ALTERNATIVE

Bill Urban, 1955 - 1992

man who sought to be embraced and who embraced. He cared deeply for Baltimore. He cared deeply for people who, like him, wanted the truth and wanted to improve gay life.

Bill wanted to live life on his terms – and he wanted to die on his terms. He was able to do both. Yet, as independent as he was, Bill sustained his faith in God. Never once during his illness did I hear him blame anyone or anything. His faith allowed him an inner freedom, and he took each day and judged it on its merits.

He once said to me, "If God loves a sinner, and being gay is a sin, I'm in pretty good standing." Indeed. But being gay is not a sin. It's something to be proud of, and

Bill was so proud.

The night after Bill was buried I called the Alternative's newsroom. Answering, and obviously alone, was Charlie. He was working on the July issue of the newspaper. "I just can't believe he's gone," Charlie kept saying to me – voice cracking. It was hard to hear, but I was thinking the same thing. "This was Bill's paper!" he said. I sensed

what was coming next - Charlie's handling of the paper's transition. It's an awful predicament, succeeding your lover. Charlie seemed overwhelmed by the course of events. I would be.

Running through my mind was a line from Lyndon Johnson's speech to Congress following the assassination of John Kennedy. "All I have," the new president told his former colleagues, "I would have given gladly not to be standing here today...." Charlie, the mourning lover, was now the editor and publisher – and he was facing a deadline.

If you wonder about newspaper deadlines, understand this: The least distraction for people putting a paper together can provoke a lion's roar. I can not imagine the emotional pressure Charlie was under that night. He had buried Bill in the morning and now he was putting out his lover's funeral edition.

"Overwhelming" and "fantastic" are almost too weak to describe this situation.

Which brings me to why this event is significant to gay publishing in America. The Baltimore Alternative was Bill Urban's dream. Bill's legacy is not just that he founded one of the most respected gay newspapers in the country, but that he shared it with someone who cares equally about its security and continued existence — his dear lover Charlie Mueller.

The love between these two devoted men was a wonderful thing. Charlie had been in construction – a foreman and a draftsman – but he left his career for love. And recently it has been hell for Charlie, caring for Bill and running the Alternative. I will always marvel that he managed to do it.

Bill's death left a major void. Yet his lasting love for and through Charlie is a fire that will continue to burn in the pages of the paper. Love ultimately held an incredible situation together. Not deadlines, not accounts payable, not even AIDS was able to harm all that was dear to Bill Urban.

PHIL URSICH, a popular bartender, died of AIDS complications March 9. A few years ago, Ursich sued when he was allegedly harassed and punched by guards when trying to visit a friend at Cook County Jail. 76

ULLMAN—Jeffrey. My friend, the dearest, kindest and most devoted human among us passed on Tuesday, March, 10, 1992, snatched away from us by AIDS. I will miss him terribly. Marci Weiner Collins

upton—Mark. (41.) Died quietly of AIDS related complications on Sal., May 8 at Memorial Sloan Kettering. The Pashcal Liturgy will be celebrated at the church of St. Luke in The Fields at Hudson and Grove St, on Fri., May 14 at 7 PM. In lieu of flowers donations will be accepted by the church.

GREGORY URBAUER, 50,

past pres. of the American Society of Interior Designers/Illinois, died Feb. 13 of AIDS complications? UMILE-In Melrose, March 19, Ronald G beloved son of James and Gloria (Spadafora) Umile, Ioving brother of James Jr, Rich and Patricia Umile, Ioving brother in law of Patricia and Rose Umile, also survived by nieces, Kristin, Courtney, Tricia and Katik Umile and nephews James and John Umile Funeral from the A. J. Spadafora Funeral Home, 865 Main St., MALDEN, Monday at Sam. Funeral Mass from St. Mary's Church Melrose at 10 am. Relatives and friends are respectfully invited. Visiting Hours Sunday 24, 7-9. In lieu of flowers contributions may be made to AIDS Action Committee of MASS 131 Clarendon St. Boston, MA.

UGI-Of Boston formerly of Brockton, David Wage 34 yrs., beloved son of Priscilla A (Ugi) DeLorenzo of Brockton and the late Joseph Ugi. Devoted brother of Robert Richard, James and Pamela. Loving Unce of Jeana, Joseph, Siobhan and Cristin. Funeral Mass will be held at The Jesuit Urban Center, 775 Harrison Ave., Boston, on Saturday July 15 at 10 a.m. Relatives and friends respectfully inivited. Visiting hours at the Jesuit Urban Center, Friday 7-9p.m. Funera arrangements under the supervision of J.S Waterman & Sons-Eastman-Waring, Boston

Roy A. Uribe 1956-1993

On his birthday, April 3, we



celebrated the life of our dear friend and brother Roy. In the rolling hills of Sonoma County, where his spirit will rest, friends and family gathered to remember him and plant a flaming liquid amber

maple tree as a testimonial to that spirit.

Born in Yucatan, Mexico, Roy spent many years in San Francisco where he was influential in the dance music scene of the '70s and '80s. He was featured as lightman at a number of disco extravaganzas of that time and worked as manager of top 25 disc jockey association.

In 1989 he moved back to Southern California to be close to his family. During the past four years he continued his career in record promotion as co-owner of Pacific Coast DJ Association, where he worked until his death.

We will always remember his smile and love of life. Roy remains a special friend to those who were lucky enough to know him.

GOODBYE DEAR FRIEND! ▼

Lewin Hepburn Usilton III Feb. 27, 1943 - Nov. 22, 1994

Lewin died of AIDS complications at Coming Home Hospice; he was 51. He was



was 51. He was well-known in New York's West Village as manager of the popular Mad Monk ceramics store. After moving to San Francisco, he became clean and sober and earned his LVN degree. A tireless fighter against AIDS, he

applied his keen rationality and administrative ability to the benefit of the Berkeley Free Clinic's Gay Men's Health and Peer Counseling Collectives, and served as president of the board of directors of Healing Alternatives Foundation.

Lewin loved reading and had a highly developed aesthetic appreciation. He greatly enjoyed participating in choreographer Anna Halperin's Wheel of Life performances, for and by PWAs.

Lewin was a rare and utterly unique person. His mother, Eleanor; sister, Betty; and many relatives, coworkers and friends deeply mourn his

passing.

A memorial and potluck are planned at Kairos House, 114 Douglass Street, San Francisco, on December 4, 2-6 p.m., with a formal gathering at 3:30 p.m. For information, call (415) 695-2823. Donations to either Healing Alternatives Foundation, 1748 Market, SF, CA 94102 or the Berkeley Free Clinic, 2339. Durant Ave., Berkeley, CA 94704 would be greatly appreciated.

Gregory Clydesdale Usher

Cooking-School Director, 43

PARIS, Feb. 8 (AP) — Gregory Clydesdale Usher, an American who was the former director of three top cooking schools in France, died Friday in his home in Paris. He was 43.

The cause was complications from AIDS.

He had been director of the Ritz Escoffier cooking school at the Ritz Hotel in Parid and of the La Varenne and Cordon Bleu schools. He moved to the Ritz in 1987.

He had been chairman of the Paris board of the American Institute of Wine and Food, an organization founded by Julia Child and other specialists to promote high standards in preparing food and drink.

2/4/94

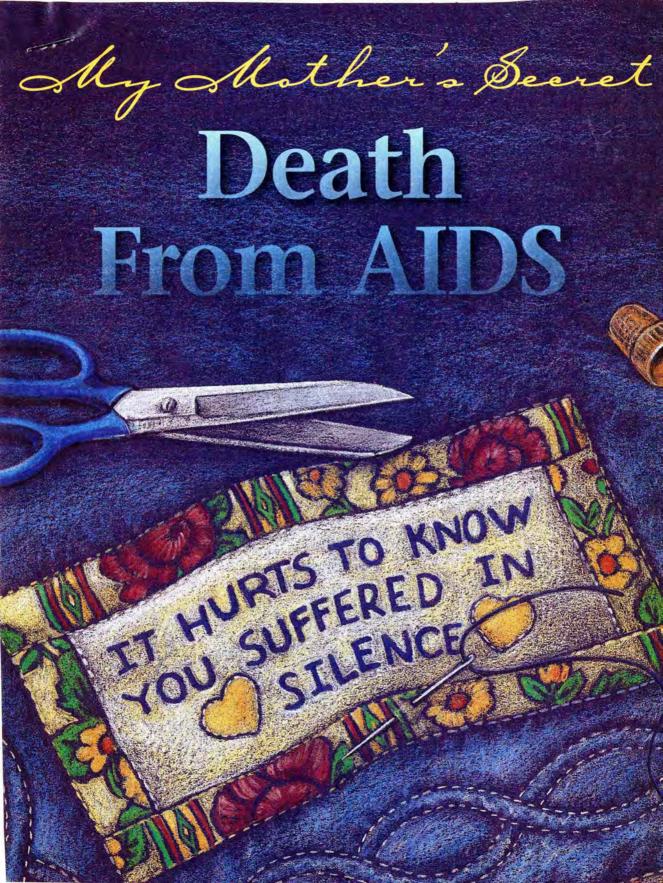
Mr. Usher was born in Montclair, N.J., but moved to Portland, Ore., in 1962. He attended the University of Oregon before moving to Paris in 1970 to study art history at the Sorbonne.

He began his career as an apprentice cook in several restaurants.

He is survived by a companion, Patrice Bachelard, and by his parents and three brothers in the United States.

RICHARD K. "RICK" UPPLING, 42, died peacefully Nov. 20 of complications from AIDS. Dr. Uppling worked as a psychologist at the Victor C. Newman School, and he was an active Horizons Community Services volunteer, facilitating support groups for people with AIDS and leading "Grief and Healing" weekend retreats for AIDS caregivers. He also led support groups for AIDS patients at Cook County Hospital, and for adolescents at the Center for Cranial and Facial Anomalies at the U. of I./Chicago. He is survived by Horizons **Executive Director Tom** Buchanan and many family members and friends, and his green-wing macaw, Sammy. Contributions: Horizons, 961 W. Montana, 60614. 93

Unknown Parasite Killed AIDS Patient: A type of parasite never before seen by doctors was responsible for the death of a San Francisco AIDS patient according to doctors at Stanford University. The patient died two years ago, but it has taken doctors this long to understand the nature of the parasite. Still unnamed, it is a distant relative of the tapeworm. It formed a large growth in the patient's abdomen and destroyed three-fourths of his liver. Doctors stressed this was a freak situation and there is no evidence the parasite poses a general threat, even to those with AIDS. "We do not want people to become afraid over this one report," said Dr. Luis Fajardo, a Stanford pathologist. "If more are found, then there may be reason to worry."



window felt refreshing on my face as I sat on the bed after a long, restless night. I felt completely depleted of any physical or emotional energy. My mother and I had just left the freezing temperatures of Maine and had flown down to be with my father in

Since my mother was too weak

to drive with my father, I flew

down with her. Dad was shocked

when he met us at the airport

the night before. He couldn't

believe how her health had dete-

riorated in just the few days since

he had left home. I had stayed

with her since she was unable to

take care of herself. She had lost

her sense of balance and kept

falling, but she still wanted to

I marveled at the beautiful

go back to Florida.

their Florida home.

N MID-JANUARY, THE BREEZE

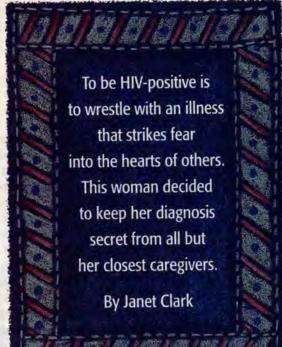
blowing in from the bedroom

I didn't break down in front of her, but I felt lonely, scared and desperate. I needed someone to hold me, to support me and understand what I was going

worn voice, "Janet, you're precious. I

I tried to hold back my emotions so

love you."



palm trees in the front yard. It was such a welcome change from New England. As I walked into the kitchen, I heard my father

talking to Mom. When I entered her bedroom, I saw her tiny, frail body lying listlessly between her floral pink

sheets. She woke up confused and disoriented. She wasn't the mother I had loved for so many years. She was losing her memory, her ability to speak coher-

ently and her ability to walk. I was los-

ing my mother to AIDS! She loved her

Dogg, as she called a stuffed animal

she treasured. After all, Dogg was one

of the few with whom she could freely share her sorrow. Certainly, this silent mascot would not reveal the family secret that we had been concealing for the past two years. Only a handful of family members knew Mom had contracted the virus

eight years ago during a heart bypass operation. Now, instead of having the surgery increase her life span so she could enjoy her retirement years, she was living a nightmare and close to death.

I looked at her face, pale and drawn, but her large brown eyes stared deeply into mine. She whispered in a tired,

through. But I couldn't do that! My parents didn't want anyone to

know about Mom's condition. They

were afraid of what had happened to Ryan White and other victims of AIDS. My mother also worried about her grandchildren. She thought other children at school would make fun of them and tease them. Professionals and clergymen differed in their opinion as to whether to reveal this secret. I felt overwhelmed and frustrated, and my physical body was experiencing the consequences of concealing the fact that Mom was dying of AIDS.

For two years my two teenage sons didn't know their grandmother was HIV-positive. My husband, Ken, and I constantly whispered when they were in the house. We told them she was dving of cancer, but the constant secrecy was straining our marriage. We

were both suffering without any sup-

port. Since I didn't have anyone else to

affect anyone. I felt a tremendous sense of relief after telling them. At least we didn't have to whisper anymore. That first morning in Florida

share my sorrow with, I depended on Ken for consolation. He was hurting

After much discussion, we finally

decided to inform our sons about their

grandmother. Even though they were

deeply saddened, they seemed to han-

dle it well. They had been edu-

cated about AIDS in their health

class in high school and were

aware it was a virus that could

we heard a knock on the door.

One of Mom's neighbors came

to the house to welcome her back

to Florida. All morning, however,

Mom had been talking incoher-

ently and was not making any

sense. I couldn't let anyone see

as much as I was.

her like this. I made an excuse and said that she was sleeping. My poor father couldn't take much more! Up four to five times a night to help her to the bath-

room and give her medication,

I sat by her bed watching her

drift in and out of sleep. My eyes burned with fatigue. My energy was zapped, but I was still trying to hold on.

he was totally exhausted.

January 20

Death at the Door

This afternoon we drove to the doc

tor's office. I waited impatiently while Mom was being examined. My hear pounded with fear. A few minutes late the doctor called my father and me into her office. Her face was somber She had always taken a special interes in my mother. In a very soft, gentle voice, she

turned to my father and said, "I'm so sorry, but your wife is dying. She's in the last stages of the disease. It's tim now for you and your daughter to tr to make her last few weeks or days a comfortable as possible."

My father sat stunned by the news Even though he knew AIDS was fata it was difficult for him to accept the final verdict of death. Tears trickled down his cheeks.

"Have you thought of the possibility of having Hospice help you?" she inquired. I had already thought of the idea and we made a phone call from the doctor's office. They would be sending someone to the house on Monday.

I thought of the long weekend we were going to have to ourselves. Since my mother needed more intimate care, the doctor and nurse recommended using rubber latex gloves when we were dealing with bodily fluids.

After our discussion with the doctor, my father and I went into the examining room where my mother had been waiting patiently in a wheelchair. I felt bad that we had left her alone for so long. Surely, she knew what we were discussing. As we walked over to her, I choked up and attempted to console her, but discovered my voice seemed paralyzed with immense emotion. I knew I had to gain control over my feelings. I didn't want her to realize how painful this was for me.

She looked so beautiful. I had washed and set her hair that morning, and she appeared so childlike, with a pleasant smile on her face. She didn't

want to cause us any pain or trouble. That smile melted my heart! She was dying. I was going to lose her soon. How could I make her days more tolerable? She was plagued with constant head pain and no medication would relieve it completely.

Before we left the doctor's office, the nurse instructed us in the care of an AIDS patient and of the occasions when it was necessary to take extra precautions and use bleach to kill the virus. It was so horrifying! I prayed that God would give me the strength to know what to do and say to Mom.

I walked into the main waiting room and noticed a mother and daughter sitting together. It was obvious that the mother had overheard the discussion and instructions the nurse had given us. As I tried to maneuver the wheelchair and all the packages and pamphlets I was carrying, I accidentally dropped the rubber gloves on the floor. As we both stooped down to pick them up, our eyes met. "Here, you dropped these," she said as she placed her hand on my shoulder to offer her support and sympathy in the tragedy we were facing.

The tropical rain poured down relentlessly as we drove back home. Suddenly, without any quivering in her

voice, Mom asked me, "How long did the doctor say I had?" My heart sank.

Knowing there was no comforting answer, I stumbled over the words, "Mom, no one knows how long any of us has to live, but the doctor did notice that you were weaker." I felt I wasn't lying to her and I knew that in her heart she was aware that it wouldn't be much longer. I didn't feel she needed me to reinforce that fact now.

January 22 Unclean

Today is Sunday. Dad went to Mass this morning while I stayed with Mom. The pain in her head was intensifying. I rubbed her head and stroked her arms. She seemed to enjoy that. Her hand kept reaching out to touch me. She spoke with garbled words.

"I don't understand," she said haltingly. "The doctor back home said I could live with this for many years."

"I know, Mom," I replied. "You have lived a long time after being diagnosed."

I could see she didn't want to give up the fight. She's so brave. Then with a worried look on her face, she said weakly, "I hope God isn't mad at me."

"How could God ever be angry at you, Mom?" I asked, perplexed.

In a soft voice she answered, "Well, I have not been to church in the past few weeks."

"But Mom, you're not strong enough to sit in church. God knows that," I said reassuringly. "He loves you so much and so do I." I kissed her on the cheek.

It was time for her medicine. Opening the pill bottle, I dropped a tablet onto the floor. I picked it up and placed it on the nightstand. "I'll give you another one. That one is dirty."

"It doesn't matter. I'm already dirty," she uttered sadly.

I turned my head so she couldn't see my tears. How could she ever think of herself in such an ugly manner? Society has treated AIDS as a dirty disease instead of recognizing it as another virus that is affecting our entire world. Because of this, Mom thought she was

How Safe Is the Blood Supply?

AIDS (Acquired Immune Deficiency Syndrome) is a condition that depends upon transmission of a virus, HIV (Human Immunodeficiency Virus), directly into the bloodstream. This can happen primarily in one of four ways: through sexual intercourse, by using infected needles and syringes, from an infected mother to her unborn baby, or by receiving infected blood or blood products.

In March 1985, HIV screening of blood and blood products was begun. The blood transfusion which resulted in this woman's illness and death occurred in 1983.

All blood collected in the United States is now screened for six infectious agents: HIV-1, HIV-2, HTLV-1, hepatitis B virus, hepatitis C virus and syphilis. At the end of June 1992, the Centers for Disease Control and Prevention (CDC) had received reports of 4,959 AIDS cases resulting from receipt of blood transfusions, blood components or tissue. Most of these cases are due to transfusions received before March 1985.

HIV infections from transfusions of blood screened as negative for the HIV antibody have been extremely rare and have become progressively infrequent, even in areas with a high incidence of HIV. unclean and soiled for having contracted AIDS, even through a blood transfusion. Society had made her feel ashamed of her illness. I felt bitter and angry.

She was certain that if people discovered she had AIDS they would reject her. She was trying to protect all of us by keeping it confidential. It was causing tension, however, and my health was being affected by the stress and secrecy.

Initially, I believed that people would naturally support us. As I sat by my mother's bedside, however, I remembered the day I had lunch with one of my closest friends. The topic of AIDS came into our conversation. She didn't think facts about AIDS should be taught in public schools. I disagreed. After all, it was a health epidemic affecting all segments of society. She was a devout Christian and we had often attended church together.

"Pam, what if I had AIDS? Would you still be my friend?" I asked.

"Janet, I'm going to be honest with you," she responded, leaning over the table as she looked straight into my eyes. "I'd call you on the phone and wish you well, but I wouldn't want to be with you or hug you. I'm sorry, but that's exactly how I feel."

I remember putting my sandwich back on my plate and leaning back into my seat in shock. I sighed in disbelief. "You've been my closest friend for 12 years. How could you possibly turn your back on me?" I asked, hurt and confused.

She continued to repeat her view. "I'm really sorry, but I could only support you from a distance. I wouldn't want to be near you. I guess I'm afraid I'd catch it from you," she said.

"But the only way you could contract the virus would be through sex or blood products. You cannot catch it through casual contact like hugging me," I explained.

I tried not to overreact for fear she'd think I had AIDS or suspect that someone I knew had it. After all, we had just been talking about my mother's illness—which she thought was cancer.

I thought pensively, If this is how my Christian friends react, then how would my mother's and father's friends respond to her? Mom had heard dreadful stories of rejection and discrimination. She was too old and sick to fight people who wouldn't understand. I knew some would be supportive, yet there might be some people who would turn against them. But she needed that support from friends and other relatives who did not realize she had AIDS.

January 26 Like a Baby

I woke up at 5 a.m. A few minutes later I heard a loud noise in my mother's bedroom. I reached out past my father sleeping on the couch. Apparently, he hadn't heard her this time. It must have been a long night for him.

As I entered the bedroom, I saw her sprawled on the floor. "Hi, Doll," she said nonchalantly, as if she were simply resting in bed. I stood over her for a few seconds just staring at the pitiful body lying contentedly on the floor.

I went back to get help from my father. We lifted her and laid her on the bed. I watched as my father changed the diaper shield she was wearing. She had become incontinent. I had been the first one to put a diaper on my mother before we came to Florida. It wasn't easy for me to treat my mother like a baby.

During breakfast I tried to eat my cereal but the lump in my throat prevented it from passing down. I sipped my tea, trying to hold back my tears as she stared incessantly at me.

"I don't want you to fly home today," Mom said in a sad voice. "I'll miss you." Her head dropped down to gaze at the floor.

"I promise I'll be back, Mom." She looked mournfully at me.

After I had dressed, I went into her bedroom and sat for 45 minutes as I stroked her head. Her eyes were glued to my face. Suddenly, she began sobbing. She had no words, just tears. I hugged her and said, "I love you, Mom."

The people taking me to the airport were close friends of my parents but were not aware of the tragedy we were

experiencing, so I couldn't share my sorrow with them. I cried all the way to the airport.

February 10 . Wordless

I knew this would be my last visit with Mom. When I arrived at their home, it was late but she was waiting for me. I stood by her hospital bed. "I told you I'd be back," I said, trying to be strong. I felt so weak!

My father encouraged her to talk, but dementia had caused her to lose the ability to talk to anyone. "That's O.K., Mom. I know you're saying, 'Hi, Janet,' in your heart." I rested my hand on her chest. "You don't have to say anything. Just be. I'm here," I reassured her.

February 16
Release

This morning I watched Jean, my mother's Hospice nurse, take care of her. I felt so grateful that Mom was receiving love from someone else who knew about her illness. She was dying with love and dignity in her own home. Jean whispered, "Be careful what you say in front of her because hearing is the last to go."

After she left, I sat by Mom's bedside gazing at the oxygen tank that was making her final days more bearable. I thanked God I was able to be with her, to hold her hand and just be by her side.

Before supper, my father went out to do some errands. I was alone with Mom. I leaned over her hospital bed with tears flowing down my face and said, "Mom, I know you can probably see things I can't. There's a beautiful place waiting for you. I want you to know that it's O.K. to let go whenever you're ready.

"Please don't worry about me, Mom. I'll be all right. I'll miss you, but I promise I'll be O.K. You've been a wonderful mother and I love you very much. Whenever you're ready,

was quivering with emotion, but I needed to tell her how I felt.

I saw her chest heave with a release of emotion. Her hand was entwined in mine. I only had a few more hours to hold her and to touch her physical body. I was flying home tonight to be with my family. The next time I would see her would probably be when she was in a casket. I wanted to memorize every facial feature, especially her sentimental drown eyes and her soft gentle hands.

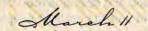
She loved listening to her tape recorder. I played the song "The Wind Ber eath My Wings." Her breathing was becoming extremely labored. Her kidneys were shutting down.

Mom was on her way to another land, a land of peace and love and freedom from suffering. How could I wish her to linger? I looked at her eyes, one half open, the other closed.

As I left her that night, I said, "Mom, remember I love you. We'll meet again in another place in another time. It's O.K. to let go." I kissed her on the forehead. Leaving was heart-wrenching and the most difficult thing I've ever had to do.

The phone gang at 1:15 a.m. on February 21. "She's gone, Janet," my father's voice cried. "She died in my ar. as a few minutes ago, but it was

beautiful. I held her while she took her last few breaths. She's at peace now."



Secret Burden

I stayed with my father after the funeral services since we needed each other so much. I was still having a difficult time holding my emotions in and pretending. Lord, I prayed, please give me someone to share my sorrow with—and to understand the pain I'm going through.

The secrecy was destroying me. As I boarded the plane to return home, I noticed my seat was in the very last row. My eyes were red from crying at the airport. The woman sitting next to me knew something was wrong.

"Are you all right?" she asked sympathetically.

"My mother died two weeks ago," I said. She held my hand to offer consolation. She began telling me about a young man for whom she had just recently cared. He was a teacher who died of AIDS. I couldn't believe she was revealing this to me.

Wow, Lord, I thought, that was a quick answer to my prayer. There was no question in my mind that God wanted me to share my secret burden

with this woman.

I leaned over close to her and whispered softly, "My mother also died of AIDS," Tears flowed freely from her eyes. We both cried as she comforted me during my long flight. She knew what it was like to watch a loved one die of AIDS and to fight the discrimination that sometimes accompanies it. As I gazed into the clouds, I felt so close to heaven and to my mom. She was indeed "the wind beneath my wings."

A Quilt Square

Shortly after I returned home I shared my secret with three close friends. They have been a tremendous support system to me. I still keep this a secret to many other friends whom I would like to tell because of a few family members' wishes. Fortunately, my father tested negative for the HIV virus.

I wanted my mother's memory to remain alive, so I made a panel for her for the Quilt Project which displays over 18,000 panels which stand for people who have died of AIDS. My mother's quilt was chosen to be on display at the AIDS International Convention in Florence, Italy. Hopefully, it will make a statement and touch the hearts of people who see it.

To protect our privacy, I only put "Mom" on it. In the comer of the panel I wrote the sentence, "It hurts to know you suffered in silence."

I pray that as people become more educated about HIV and AIDS, fear and prejudice will be eradicated from their minds and they will reach out in compassion as Christ did to those who were sick and scorned by society. Hopefully, others will not have to suffer in silence with such an agonizing secret as we had to do.

Janet Clark is the pseudonym of the daughter and author. She says, "Unfortunately, because of the social stigma and misunderstanding about AIDS, the names and places have been changed. It hurts me to have to do this, but I want people to understand the isolation and anguish people with AIDS—and their families—endure because society has made it difficult for them to be open about their illness."

Catholic Ministry to People Living With HIV/AIDS

The National Catholic AIDS Network (NCAN) is a nonprofit organization responding to the AIDS pandemic by providing education, technical assistance and a support network for HIV/AIDS for those affected by HIV—as individuals, as groups or as service providers. Their mission is to help the Church respond in an informed and compassionate manner to challenges such as those faced by Janet Clark and her mother and father.

NCAN maintains a database for referrals as well as technical support. In collaboration with Catholic Charities USA and the Catholic Health Association of the United States, NCAN publishes the National Catholic HIV/AIDS Resources Directory with more than 500 listings of Catholic-identified medical, social-service and pastoral-care organizations to assist those living with and affected by HIV/AIDS.

Contact NCAN at P.O. Box 422984, San Francisco, CA 94142, or by e-mail at ncan@sonic.net.

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6	2	43		4-3-93
7	2	51	GREGORY Clydesdale Usher	
8	. /	34	Lewin Hepburr UsiLTON ITT	11-22-94
9	2	42	David W. Ugi: Richard K. "Rick Uppling	7-15-95
10	A-34	3)	ALAN YOUNG Up Church	12-1-94
11	A-37	58	PATRICIA UNDERWOOD	
12	1	50	GREGORY URBAUER	IN 1882
13	1		this ursich	2-13-86
14	3		UNKYOWN PARASITE	3-9-96
15	4		UNKNOWN	
16				2-29-99
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18	General Character			· · · · · · · · · · · · · · · · · · ·
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