

**AIDS COALITION OF NOVA SCOTIA  
BLACK OUTREACH PROJECT  
TRAINING SESSION OUTLINE**

1. Introduction (30 mins.)

- names
- purpose
- background
- ice breaker
- introduction to the manual

2. The Reality of AIDS (120 mins.)

- AIDS in African Nova Scotia
- AIDS and Opinions
- life with HIV

3. The Larger Picture of AIDS (120 mins.)

- how AIDS fits into other Black Community issues
- positive approaches to addressing AIDS in the Black Community
- identifying steps to move forward

4. AIDS Education (120 mins.)

- HIV and AIDS
- how is HIV passed from one person to another
- what helps stop HIV from passing from one person to another
- how to use this manual in sharing this information

5. Reflection (30 mins.)

- what you have learned
- what is useful
- what follow-up is necessary

6. Evaluation (30 mins.)

- strengths and weaknesses of the training session
- ideas for changes