

ATDK

SEVERALYN

PLEASE  
ADJUST  
YOUR  
SEX



# PLEASE ADJUST YOUR SEX: A 20-MINUTE VIDEO BY AND FOR YOUNG PEOPLE SPEAKS DIRECTLY ABOUT

- making informed choices about sex & drugs
- using condoms effectively
- cleaning needles & works with bleach & water
- thinking critically about media & messages
- taking care of our immune systems & watching our use of potentially harmful substances
- communicating openly with each other about our concerns, needs & desires

**YOUTH AGAINST MONSTERZ** is a non-profit, self-directed group of young people (pre-teens, teens & young adults) who made this video with no funds.

Among us are people who have experience with AIDS and immune illness, AIDS activism, drug and needle use, addiction recovery, sex-trade work, imprisonment, psychiatric treatment and mistreatment and organizing around these and other issues.

Suggested donations to cover tape costs:

\$25/tape for individuals

\$40/tape for organizations

[please make cheques payable to Tracey Thomas]

Contact Youth Against Monsterz at:  
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