Neonatal Continuous Improvement System (NCIS): 1 Year Update

The Problem

Our improvement efforts often have difficult challenges, including:

- Few mechanisms for translating bedside challenges identified by clinical staff into improvement activities;
- Limited involvement of front-line staff in the identification and implementation of improvement opportunities;
- Absence of mechanisms to ensure improvement projects are completed in a timely fashion; and
- Absence of integrated communication systems resulting in redundant and uncoordinated work efforts.

The Team

- Jane Smallcomb, Perinatal Director
- Munish Gupta, QI Director
- Susan Young, CNS
- Kathy Tolland, Nurse Manager
- Pam Dunleavy, Practice Administrator
- Dave Miedema, Data Engineer
- DeWayne Pursley, Chief

Aim / Goal

On November 1, 2012, we launched the Neonatal Continuous Improvement System (NCIS), a new platform for coordinating improvement efforts in the NICU. Here we describe our experience with NCIS after 1 year.

Interventions

Project board

- NCIS is built around a project board that organizes ongoing and completed improvement efforts.
- Daily rounds by NICU staff and leadership are conducted to review new and ongoing improvement opportunities (IOs).
- Board has undergone several revisions over first year, including adjustment of section sizes, addition of "Key" defining categories, and addition of plastic card holders in several areas.

Neonatal Continuous Improvement System

Improvement Opportunity (IO) Cards

- Completed by any NICU staff member at any time
- New IOs reviewed daily: assigned owner, prioritization category
- Categories: Just Do It (target completion < 7 days), Short-term (< 30 days), Long-term (< 90 days), Holding, No Action

Microsoft Access Database

- During NCIS rounds, new IOs entered and existing IOs updated
- Reports sent to submitters after initial entry and each update
- Owner reports with outstanding IOs sent weekly by email
- · Cumulative summary of completed IOs posted weekly on board



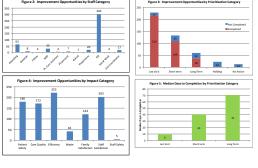


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Results / Progress to Date through January 31, 2014

- Submitted and Completed Improvement Opportunities (Fig 1)
 - * 457 improvement opportunities submitted
 - * Submission rate fairly consistent: 15-30 per month
 - * 352 (77%) have been completed
- · Submissions by Discipline (Fig 2)
 - * Submitted by all disciplines
 - * 66% by RNs
- Prioritization Category (Fig 3)
 - * 228 (50%) assigned to "Just Do It"
 - * 36 (8%) to "Holding" or "No Action"
- Impact Category: all represented (Fig 4)
- Median Days to Completion (Fig 5)
- * For all completed items: 18 days
- * > than target for Just Do It and Short Term





Examples of Improvements Resulting from NCIS:

- Enabled central monitoring of third bed space in all rooms
- Instituted family identification badge system
- Developed visual system for cleaning and stocking eye exam kits to ensure availability
- Adjusted virus scan to avoid previously seen unit-wide nightly computer slowdown
- Updated nitric oxide guideline to match new standards of care
- Initiated Last Name / Last Four patient ID system

Lessons Learned / Next Steps

Key Features

- After 1 year, staff involvement remains consistent, with 15-30 new submissions per month from all disciplines
- Daily review of items critical for maintaining momentum, encouraging action, and completing items
- Periodic improvements to process, project board, and database increase NCIS impact and ease of use



Challenges

- Ownership of items still almost exclusively NICU leadership (87% are owned by six individuals)
- Time investment for daily NCIS rounds and improvement work remains substantial, although less time needed in other committee and group meetings

Next Steps

- Repeat culture of safety survey to measure impact of NCIS (baseline conducted in January 2013)
- Extend system to newborn nurseries, post-partum units, and BID-Plymouth Continuing Care Nursery