

# Evidence Based Practice Education of Early Breast Pumping and Hand Expression during Immediate Postpartum Period

## INTRODUCTION/PROBLEM

- Lower than ideal rates for early pumping initiation

## AIM/GOAL

- Improve rates of pumping in the 1<sup>st</sup> six hours postpartum
- Increase nursing confidence in related pt education

## THE TEAM

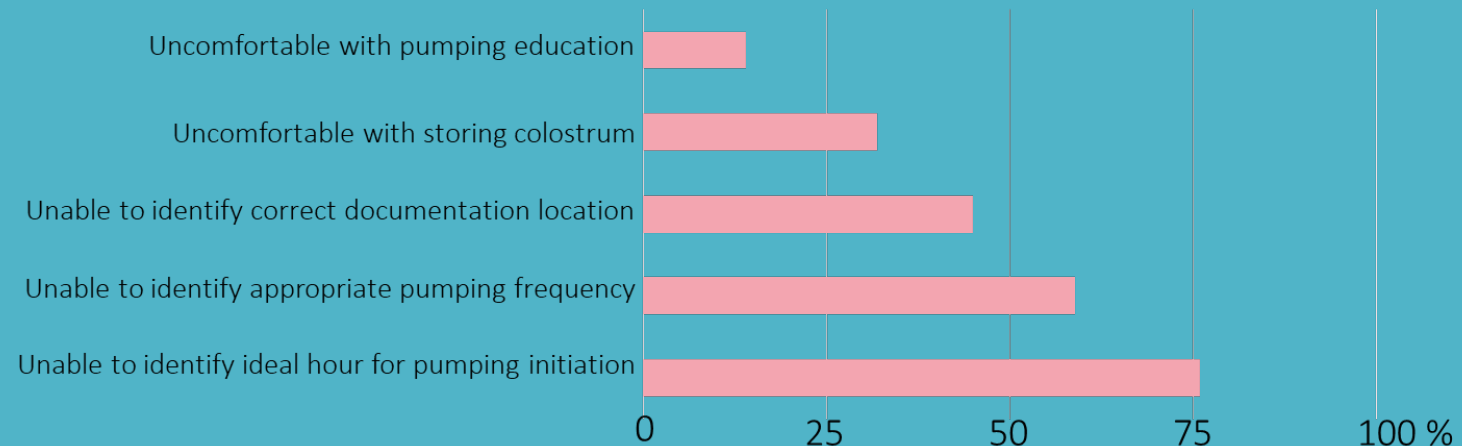
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## INTERVENTIONS

- Assess nurses' baseline comfort and perceptions
- Educate nurses through 45 minute module
- Secondary survey to assess effectiveness interventions

## RESULTS/PROGRESS TO DATE

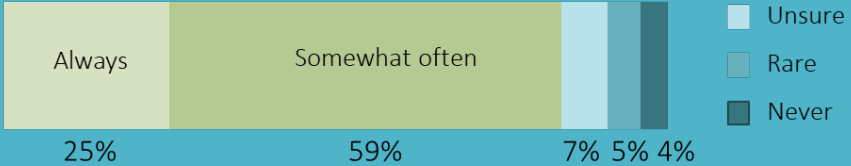
- Preliminary survey of 75 L&D nurses



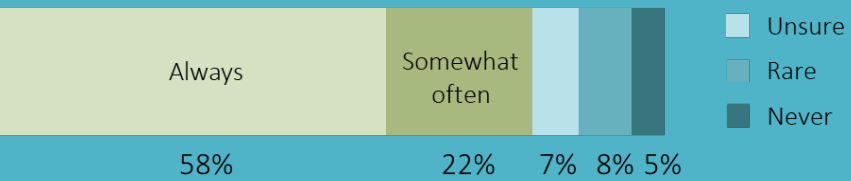
# RESULTS/PROGRESS TO DATE

## CONTINUED

Nurses who self identify as initiating pumping in 6 hour goal



Nurse documentation frequency



- Education Provided to approximately 95% of unit nurses
- Secondary assessment of effectiveness of education
  - In progress

## LESSONS LEARNED

- Time necessary for unit based quality improvement projects
- OB competencies occur once per year so opportunity to fill the gap for ongoing education throughout the year

## NEXT STEPS

- Review results from second survey
- Pull data of rates from before and after educational module
- Publish findings on rates of pumping and hand expression related to nurse confidence