

2010

EMDR International Association Annual Conference

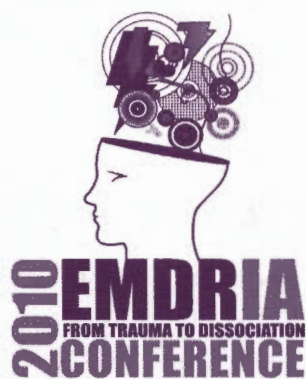
September 30th - October 3rd

Hilton Minneapolis | Minneapolis, MN

[www.emdria.org/2010Conference.com](http://www.emdria.org/2010Conference.com)

# EMDR: FROM TRAUMA TO DISSOCIATION

Conference Program



# Welcome to the 2010 EMDRIA Conference

## EMDR: From Trauma to Dissociation

The EMDR International Association strives to provide a Conference dedicated to high quality presentations by trained clinicians and researchers to establish, maintain, and promote the highest standards of excellence and integrity in EMDR practice, research, and education. With this in mind, participants will be able to identify best practices and emerging research in the treatment of trauma; they will be able to apply advanced clinical skills in the use of trauma treatment modalities; and they will be able to identify ethical dilemmas and appropriate resolutions in educational settings, clinical supervision and clinical practice.

### ROOM ASSIGNMENTS

#### Thursday

<b>Session 101</b>	<b>Adler-Tapia; Settle</b>	Conrad D
<b>Session 102</b>	<b>E. Shapiro; Laub</b>	Conrad B/C
<b>Session 103</b>	<b>Wesselmann</b>	Salon E/F/G
<b>Session 104</b>	<b>Kiessling</b>	Conrad A
<b>Opening Address</b>	<b>Knipe</b>	Salon E/F/G

#### Friday

<b>Session 201</b>	<b>van der Hart</b>	Salon D/E/F/G
<b>Session 211</b>	<b>van der Hart; Solomon; Gonzalez</b>	Salon D
<b>Session 221</b>	<b>R. Shapiro</b>	Conrad B/C
<b>Session 222</b>	<b>Greene</b>	Rochester
<b>Session 223</b>	<b>Nickeson</b>	Duluth
<b>Session 224</b>	<b>Martin</b>	Conrad A
<b>Session 225</b>	<b>Wheeler</b>	Conrad D
<b>Session 231</b>	<b>Miller</b>	Rochester
<b>Session 232</b>	<b>Seubert</b>	Duluth
<b>Session 233</b>	<b>Forgash</b>	Conrad A
<b>Session 234</b>	<b>Manfield</b>	Conrad B/C
<b>Session 241</b>	<b>Korzekwa; Chang</b>	Conrad D
<b>Session 251</b>	<b>Evans; Alter-Reid; Schaefer</b>	Conrad D

#### Saturday

<b>Session 301</b>	<b>Ross</b>	Salon D/E/F/G
<b>Session 311</b>	<b>Gomez</b>	Duluth
<b>Session 312</b>	<b>Parnell</b>	Salon D
<b>Session 321</b>	<b>Mosquera; Gonzalez; Seijo</b>	Conrad B/C
<b>Session 322</b>	<b>Horne</b>	Conrad A
<b>Session 323</b>	<b>Cotraccia</b>	Rochester
<b>Session 324</b>	<b>deGraffenried; Welte-Lake; Greten</b>	Conrad D
<b>Session 325</b>	<b>Lendl</b>	Directors Row 3
<b>Session 331</b>	<b>Bergmann</b>	Rochester
<b>Session 332</b>	<b>Lanius &amp; Paulsen</b>	Conrad B/C
<b>Session 333</b>	<b>Leeds</b>	Conrad A
<b>Session 334</b>	<b>E. Shapiro; Laub</b>	Salon G
<b>Session 335</b>	<b>Ranck</b>	Conrad D
<b>Session 341</b>	<b>Greenwald</b>	Directors Row 3
<b>Session 351</b>	<b>Greenwald</b>	Directors Row 3

#### Sunday

<b>Session 401</b>	<b>Knipe</b>	Salon D/E/F/G
<b>Session 421</b>	<b>Lendl; Kong</b>	Conrad A
<b>Session 431</b>	<b>Knipe</b>	Salon D
<b>Session 432</b>	<b>Paulsen; Lanius</b>	Conrad B/C
<b>Session 433</b>	<b>Marich; Stiles-Bodnar</b>	Duluth
<b>Session 434</b>	<b>Murray</b>	Conrad D
<b>Session 435</b>	<b>Grey</b>	Rochester
<b>Session 441</b>	<b>Eliscu</b>	Conrad A

### OTHER EVENTS

**Registration:** Red Wing Room

**Exhibit Hall:** Salon A - C  
(Breaks, Breakfast & Receptions)

**Quiet Room:** Board Room 1

**Awards Dinner:** Salon D

For more Event locations go to Page 6 in the Conference Program

## Schedule At A Glance

THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>7:00am – 8:00am</b> Pre-Conference Registration Continental Breakfast	<b>7:00am - 8:15am</b> Continental Breakfast	<b>7:00am to 8:15am</b> Continental Breakfast	<b>7:00am to 8:15am</b> Continental Breakfast
<b>7:00am – 6:00pm</b> Exhibit Hall Open	<b>7:00am - 5:30pm</b> Registration Open Exhibit Hall Open	<b>7:00am to 5:00pm</b> Registration Open	<b>7:00am to 3:30pm</b> Registration Open Exhibit Hall Open
<b>8:00am – 3:30pm</b> Pre-Conference Sessions 101 - 104	<b>8:15am - 10:00am</b> Plenary - Session 201 Speaker: Onno van der Hart, Ph.D.	<b>7:00am to 7:30pm</b> Exhibit Hall Open	<b>8:15am to 10:00am</b> Plenary - Session 401 Speaker: Jim Knipe, Ph.D.
<b>10:00am – 10:30am</b> Coffee Break	<b>10:00am – 10:30am</b> Coffee Break	<b>8:15am to 10:00am</b> Plenary - Session 301 Speaker: Colin Ross, M.D.	<b>10:00am – 10:30am</b> Coffee Break
<b>12:00pm – 1:30pm</b> <b>LUNCH</b> (On your own)	<b>10:30am - 5:00pm</b> Full Day Session 211	<b>10:00am – 10:30am</b> Coffee Break	<b>10:30am to 12:00pm</b> 90-Minute Session 421
<b>2:00pm – 6:00pm</b> Early Registration for Main Conference	<b>10:30am - 12:00pm</b> 90-Minute Sessions 221-225	<b>10:30am to 5:00pm</b> Full Day Sessions 311 - 312	<b>10:30am to 3:00pm</b> Half Day Sessions 431 - 435
<b>4:00pm – 5:00pm</b> Opening Address Speaker: Jim Knipe, Ph.D.	<b>12:00pm - 1:30pm</b> <b>LUNCH</b> (on your own)	<b>10:30am to 12:00pm</b> 90-Minute Sessions 321 - 325	<b>12:00pm to 1:30pm</b> <b>LUNCH</b> (on your own)
<b>5:00pm – 6:00pm</b> Opening Reception	<b>1:30pm to 5:00pm</b> Half Day Sessions 231 - 234	<b>12:00pm to 1:30pm</b> <b>LUNCH</b> (on your own)	<b>1:30pm to 3:00pm</b> 90-Minute Session 441
	<b>1:30pm - 3:00pm</b> 90-Minute Session 241	<b>1:30pm to 5:00pm</b> Half Day Sessions 331 - 335	
	<b>3:00pm - 3:30pm</b> Coffee Break	<b>1:30pm to 3:00pm</b> 90-Minute Session 341	
	<b>3:30pm - 5:00pm</b> 90-Minute Session 251	<b>3:00pm – 3:30pm</b> Coffee Break	
	<b>5:15pm to 6:15pm</b> How to Become an EMDRIA Volunteer	<b>3:30pm to 5:00pm</b> 90-Minute Session 351	
	<b>7:00pm to 9:30pm</b> EMDRIA Awards & Recognition Dinner	<b>5:30pm to 6:30pm</b> EMDRIA General Membership Meeting	
	<b>9:30pm to Midnight</b> EMDR HAP Dance	<b>6:30pm to 7:30pm</b> Networking Reception & Poster Sessions	

We would like to acknowledge the **EMDRIA Conference Committee, Conference Volunteers, Volunteer Monitors, University Student Monitors, Board of Directors** and **EMDRIA Staff** for the effort and time they have contributed to this event as well as their dedication to EMDRIA as an organization. This Conference would not be possible and EMDRIA would not be the successful organization it is today without their help! Thank you!

## Conference Committee

---

Rosalie Thomas, RN, Ph.D. | **Chair**  
 Susan Brown, LCSW, BCD  
 Mark Dworkin, LCSW  
 Jennifer Lendl, Ph.D.  
 Zona Scheiner, Ph.D.  
 Jocelyne Shiromoto, MSW, LCSW  
 Mary Ellen Tormey, MSN, RN, CNS

Robert Broad, Ph.D.  
 Carol Cole, Psy.D.  
 Irene Giessl, Ed.D.  
 Helen Morton, MSW, LCSW, LMFT  
 Janie Scholom, RN, LCSW-C  
 Laurie Tetreault, MA  
 Bennet Wolper, MSW

## Conference Volunteers

---

Wendy Freitag, Ph.D.      Jocelyne Shiromoto, MSW, LCSW      Laura Steele, Psy.D., MFT

## Board of Directors

---

Sara Gilman, MFT | **President**  
 Gary Peterson, M.D. | **Secretary**  
 Terry Becker-Fritz, MS, RN, CS  
 Sandra Kaplan, LCSW  
 Sharon Rollins, MS, LPC

Uri Bergmann, Ph.D. | **President Elect**  
 Stephen LaMotte, Ph.D. | **Secretary Elect**  
 Warren Faber, Ph.D.  
 Amy Konkle, M.D.  
 Kate Wheeler, Ph.D., APRN, FAAN

## EMDRIA Staff

---

Scott Blech, CAE | **Executive Director**  
 Nicole Evans | **Communications Specialist**  
 Shira Kundinger | **Event Planner**  
 Lynn Simpson | **Membership Services Coordinator**

Gayla Turner, CAE | **Associate Director**  
 Laura Hoyer, MPH | **Education & Training Coordinator**  
 Jennifer Olson | **Administrative Assistant**

## Quiet Room in Board Room 1

During a working conference of this nature, you might find yourself over-saturated by the material or experiencing sensory fatigue due to changes in lighting, noise levels and temperature. If you would like to take a moment to sit quietly undisturbed, or reflect in solitude, you may seek an oasis in the room we have reserved as a dedicated Quiet Room. We invite you to utilize this service, at any time during Conference program hours, if you feel the need. We hope you find it helpful.

# Meetings & Networking Events

**THURSDAY SEPTEMBER 30**

## **Military SIG Meeting**

12:15PM - 1:15PM

Directors Row 3

## **Performance Enhancement SIG**

12:15PM - 1:15PM

Directors Row 2

## **Opening Address**

4:00PM - 5:00PM

Salon E, F, G

## **Opening Reception**

5:00PM - 6:00PM

Salon A, B, C & Foyer

*"Dissociation through the AIP Lens" | Jim Knipe, Ph.D.  
This session is open to ALL Conference attendees. No  
CEU's will be given.*

*You are invited to join us for hors d'oeuvres and cocktails. This is a  
great opportunity to meet new people, become reacquainted with old  
friends and meet our 2010 Exhibitors. Everyone is welcome. A cash  
bar will be provided.*

## **FRIDAY OCTOBER 1**

*All Regional Coordinators are invited to a meeting to discuss policies  
and activities of the EMDRIA Regional Coordinating program. If you  
are interested in becoming a Regional Coordinator, you are welcome  
to attend. Lunch will not be provided.*

## **Regional Coordinators Meeting**

12:15PM - 1:15PM

Salon G

## **HAP Volunteer Meeting**

12:15PM - 1:15PM

Directors Row 2

## **Child Adolescent SIG**

5:15PM - 6:15PM

Conrad A

## **How to Become an EMDRIA Volunteer**

5:15PM - 6:15PM

Conrad D

*EMDRIA invites Committee Members and anyone interested in  
opportunities to volunteer to attend. At this meeting, you can  
have your questions answered about volunteering for EMDRIA as a  
Committee Member or about becoming a Board Member.*

## **Medical Illness SIG**

5:15PM - 6:15PM

Directors Row 4

## **Nicollet Mall**



## **Target Field**



## **Mall of America**



# Meetings & Networking Events

**FRIDAY OCTOBER 1**

*In recognition of those who have dedicated their time, expertise and knowledge to the preservation and growth of EMDR. Poster Award winner's will be announced. On-site registrants and those RSVP'd "not attending" will not be able to attend.*

*Join EMDR HAP at their annual fundraiser as they honor HAP Volunteers at the HAP Dance. Entertainment will be provided.*

**SATURDAY OCTOBER 2**

*Examine further common interests of physicians and brainstorm ways of increasing awareness of EMDR among the physician community.*

*This is an opportunity to talk directly with your EMDRIA Board of Directors about your views about the future direction of EMDRIA. Bring your friends and contribute your thoughts so we can all move forward together.*

*This is an opportunity to meet the authors of the posters selected for the Conference and to ask questions. Hors d'oeuvres and a cash bar will be provided. (See page 26 for a list of Poster Sessions.)*

## **Research SIG**

5:15PM - 6:15PM  
Directors Row 3

## **Energy & Medicine SIG**

5:15PM - 6:15PM  
Directors Row 2

## **EMDRIA Awards & Recognition Dinner**

7:00PM - 9:30PM  
Salon D, E, F, G

## **EMDR HAP Dance**

9:30PM - Midnight  
Salon D, E, F, G

## **Public Practice & Diversity SIG**

12:15PM - 1:15PM  
Directors Row 2

## **Eating Disorders SIG**

12:15PM - 1:15PM  
Salon F

## **Physician Meeting**

12:15PM - 1:15PM  
Directors Row 3

## **EMDRIA General Membership Meeting**

5:30PM - 6:30PM  
Salon D

## **Networking Reception & Posters Session**

6:30PM - 7:30PM  
Salon A, B, C & Foyer

Lake Calhoun



## **Minnehaha Falls**



## **Guthrie Theater**



## **Minnesota Orchestra**



## Plenary Speakers

### 2010 EMDRIA Conference Guest Speakers



**Onno van der Hart, Ph.D.**

#### **Dissociation of the Personality:**

##### **The Key to Understanding Chronic Traumatization and its Treatment**

Friday 8:15AM - 10:00AM, Salon D

Dr. van der Hart is an Honorary Professor of Psychopathology of Chronic Traumatization at Utrecht University, and a psychologist/psychotherapist at the Sinai Center for Mental Health, Amstelveen, the Netherlands. He specializes in the diagnostics and treatment of clients with complex trauma-related disorders, including dissociative disorders, and his consultations, teaching and research are also in this area. He is a past president of the International Society for Traumatic Stress Studies. With colleagues Ellert Nijenhuis and Kathy Steele, he wrote *The Haunted Self: Structural Dissociation and the Treatment of Chronic Traumatization* (New York/London: W.W. Norton & Co. 2006).



**Colin Ross, M.D.**

#### **Psychobiology of Dissociation**

Saturday 8:15AM - 10:00AM, Salon D

Dr. Ross is an internationally renowned clinician, researcher, author and lecturer in the field of traumatic stress and trauma related disorders. He is the founder and President of the Colin A. Ross Institute for Psychological Trauma. Dr. Ross is also the Executive Medical Director of three trauma programs located at: Timberlawn Mental Health System in Dallas, TX, Forest View Hospital in Grand Rapids, Michigan and Del Amo Hospital in Torrance, California. In addition to his treatment programs, Dr. Ross has authored over 140 professional papers and 23 books. He has reviewed for numerous professional journals, is a member of the American Psychiatric Association, and is a past President of the International Society for the Study of Trauma and Dissociation with brief session transcripts and video segments.



**Jim Knipe, Ph.D.**

#### **What the Adaptive Information Processing Model**

##### **Brings to the Assessment and Treatment of Dissociative Disorders**

Sunday 8:15AM - 10:00AM, Salon D

In writing and in EMDRIA presentations, Jim Knipe has described specific procedures, or "tools" that can be utilized to extend EMDR to clients who present with self-defeating psychological defenses and/or dissociative symptoms and personality structure. He has served as Research and Training Director for EMDR HAP and is co-author of published outcome research documenting the effects of EMDR with survivors of 9/11 and with those traumatized by the 1999 Marmara earthquake in Turkey.

## Guest Speakers

### **Roger Solomon, Ph.D. | Friday Workshop**

Session 211 | The Theory of Structural Dissociation as a Guide for EMDR Treatment of Chronically Traumatized Clients  
Dr. Solomon is a clinical psychologist who specializes in the treatment of trauma and grief. He is on the Senior Faculty of the EMDR Institute and provides EMDR training internationally. At the present time, he is a consultant to NASA, the US Senate, South Carolina Department of Public Safety, and Polizia di Stato (Italy). He has also worked with the FBI, Secret Service, US Department of State Diplomatic Security, Bureau of Alcohol, Tobacco and Firearms, and several national security agencies. Dr. Solomon has authored 31 articles and book chapters on topics of trauma, grief, stress, and EMDR.

### **Paul Miller, M.D. | Cutting Edge Workshop**

Session 231 | EMDR Treatment of Psychotic Disorders, Including Schizophrenia: A Case Series

Dr. Miller is qualified in Medicine from the Queen's University of Belfast (1994), obtained a Postgraduate Diploma in Mental Health and was elected to the Royal College of Psychiatrists (1999). He is an EMDRIA Approved Consultant and EMDR Institute Facilitator. He set up EMDR clinics with Dr. Michael Paterson in the NHS-UK in the private sector (TMR). He is involved with the Genetic Epidemiology of Mental Illness in Northern Ireland (GEMINI) Research Project. It is an international collaboration between Professor Kenneth Kendler - Virginia Commonwealth University, and Dr. Tony O'Neill - The Queen's University of Belfast and The Mater Hospital Belfast. GEMINI is looking at the genetic epidemiology of schizophrenia and poor outcome schizoaffective disorder.

# Pre-Conference Speakers

Pre-Conference Workshops | Thursday, September 30th | 8:00AM - 3:30PM

## Robbie Adler-Tapia, Ph.D.

**Session 101 | From Sandboxes to the Classroom: EMDR for the Treatment of Trauma and Dissociation in Children**  
As a psychologist who has worked with trauma, attachment and dissociation for more than 25 years, Robbie provides psychological services for children and families, emergency responders, law enforcement, and forensic services for the Courts. Her recent publications include EMDR and the Art of Psychotherapy With Children; Healing the origins of trauma; An introduction to EMDR in psychotherapy with children and adolescents; and EMDR Assessment and Desensitization Phases with Children: Step-by-Step Session Directions. Robbie has presented at EMDRIA Conferences, at the ISST-D Conference, and at the Child and Family Maltreatment Conference. An EMDRIA Approved Consultant, EMDR Institute Facilitator, and EMDR HAP Trainer, Robbie is providing EMDR HAP trainings throughout the USA and in Kenya where her goal has been to make EMDR available to the poorest and most vulnerable clients.

## Roy Kiessling, LISW

**Session 104 | EMDR Case Conceptualization from a Belief Focused Perspective**

Roy is an EMDRIA Approved Basic Training Provider and Approved Consultant. He has presented over 40 advanced training courses in either resource development or EMDR case conceptualization. Roy has been a consistent presenter at the EMDRIA Conferences since 1998. As an EMDR Institute Senior Trainer, he has taught the basic EMDR course throughout the United States. Roy is also a Senior Trainer for EMDR-HAP, having taught overseas in Bangladesh, Poland, The Middle East, and Russia. In 2007, Roy received the Liz Snyder award for being the outstanding HAP volunteer for his efforts in providing training as well as mentoring new EMDR HAP trainers through out the continental United States.

## Brurit Laub, M.A.

**Session 102 | The Recent Traumatic Episode Protocol (R-TEP) for Early EMDR Intervention**

Brurit Laub is a senior Clinical Psychologist, with over 30 years of experience working in a community mental health centre in Israel. She is an accredited supervisor in psychotherapy and family therapy. In 1998, she became an EMDR Institute Facilitator. She developed a Resource Connection Envelope (RCE) to the Standard EMDR Protocol and presented it in workshops in Israel and abroad. She is co-author of Co-Therapy with Individuals, Families and Groups - Jason Aronson, 1994, and Innovative Interventions in Psychotherapy - Universal Publishers 2006.

## Carolyn Settle, MSW, LCSW

**Session 101 | From Sandboxes to the Classroom: EMDR for the Treatment of Trauma and Dissociation in Children**

Carolyn Settle is in private practice in Scottsdale, Arizona, and has over 32 years of experience of working with children, adolescents, and adults that have experienced abuse, trauma or loss. She is an EMDRIA Approved Consultant, and EMDR Institute Facilitator and an EMDR HAP Trainer. She has presented at numerous conferences nationally and internationally on treating children with EMDR. Ms. Settle is a co-investigator on a fidelity study with EMDR and Children and it is a co-author of the book and manual, EMDR and the Art of Psychotherapy with Children. She has co-authored two chapters in two separate books and two journal articles on EMDR and Children.

## Elan Shapiro, Ph.D.

**Session 102 | The Recent Traumatic Episode Protocol (R-TEP) for Early EMDR Intervention**

Elan Shapiro is a Psychologist in private practice with over 30 years of experience working in a community psychological service in upper Nazareth, Israel. Originally specializing in Adlerian psychology, he came to EMDR in 1989, after attending one of the first trainings Francine Shapiro ever gave. In 1994, he became an EMDR Institute Facilitator and was among the founding members of EMDR Europe. He is Secretary of the EMDR Europe Association.

## Debra Wesselmann, MS, LIMHP

**Session 103 | Facilitating the Journey from Fear to Love: Using EMDR to Treat Insecure and Disordered Attachments in Children and Adults**

Debra Wesselmann is co-founder of The Attachment and Trauma Center of Nebraska in Omaha, Nebraska, and has specialized in treating trauma and attachment problems in adults, children, and families for the past twenty years. She is the author of The Whole Parent: How to Become a Terrific Parent Even if You Didn't Have One (Perseus, 1998). Ms. Wesselmann is an EMDR Institute Facilitator and EMDRIA Approved Consultant. She has presented workshops and preconference workshops for EMDRIA, as well as invited presentations at the Menninger Clinic, EMDRIA, and European EMDR Conferences in Rome, Amsterdam, and Holland.

## Accrediting Agencies

### American Psychological Association

EMDR International Association is approved by the American Psychological Association to sponsor continuing education for psychologists. EMDR International Association maintains responsibility for the program and its content.

### California Board of Behavioral Sciences

For California, the course meets the qualifications for 22 hours of continuing education credits for MFT's and/or LCSW's, as required by the California Board of Behavioral Sciences. EMDR International Association (Provider #PCE233)

### EMDR International Association

All sessions of this Conference are approved for EMDRIA Credit except those indicated in the program.

### National Association of Social Workers

This program is approved by the National Association of Social Workers (Provider # 886370850) for 22 Continuing Education Contact Hours.

### National Board for Certified Counselors

EMDRIA is an NBCC-Approved Continuing Education Provider (ACEPTM) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. (NBCC #5757)

### Texas State Board of Marriage and Family Therapists

EMDR International Association is approved by the Texas State Board of Marriage and Family Therapists to provide continuing education to Marriage and Family Therapists. Provider #233

### Texas State Board of Social Work Examiners

EMDR International Association is approved by the Texas State Board of Social Work to provide continuing education to Social Workers. Provider #2689

**\*The Texas Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation, informed EMDRIA that the 2010 EMDRIA Conference is not eligible for TNA CE Credits.**

SESSIONS	CE CREDITS	TOTAL POSSIBLE
<b>THURSDAY</b>		<b>5.5</b>
101 - 104	5.5	
<b>FRIDAY</b>		<b>6</b>
201	1.5	
211	4.5	
221 - 225	1.5	
231 - 234	3	
241	1.5	
251	1.5	
<b>SATURDAY</b>		<b>6</b>
301	1.5	
311 - 312	4.5	
321 - 325	1.5	
331 - 335	3	
341	1.5	
351	1.5	
<b>SUNDAY</b>		<b>4.5</b>
401	1.5	
421	1.5	
431 - 435	3	
441	1.5	
<b>TOTAL</b>		<b>22</b>

## What To Do To Receive Credit

In order to receive credit for the sessions you attend, you must scan your badge into your session no later than **15 minutes** after it has begun, and you must scan your badge when you leave the session no more than **15 minutes** before the end of the session. There will be **NO EXCEPTIONS**. The Continuing Education agencies whom we apply for credit with require this in order for us to be granted approval. Please be aware that all credit hours will be awarded according to the individual requirements of each continuing education agency.

## How To Get Your Certificates

Certificates will not be available until after the Conference. For this Conference, we have new software that will allow you to print your certificates just two weeks after the Conference by going to EMDRIA's Conference webpage, [www.emdria.org/2010Conference.com](http://www.emdria.org/2010Conference.com) and instructions will be listed on the General Information page. Not only will this allow you to receive your certificates faster, it will also assist in EMDRIA's "Going Green" initiative. This means that we will NOT be sending certificates in the mail this year. Please contact Shira Kundinger, [skundinger@emdria.org](mailto:skundinger@emdria.org), if you require special assistance in printing your certificates.

# Author Book Signings

sponsored by  
**MENTOR  
BOOKS™**

**All book signings will be held at the Mentor Books Booth (Booth #112)**

## THURSDAY | SEPTEMBER 30TH

Opening Reception 5:00PM - 6:00PM

Debra Wesslmann, M.S., LIMHP

*"Whole Parent: How to Become a Terrific Parent Even if you Didn't Have One"*

Robin Shapiro, MSW, LICSW

**\*NEW\*** *"Trauma Treatments Handbook: Protocols Across the Spectrum"*

*"EMDR Solutions: Pathways to Healing"*

*"EMDR Solutions II: For Depression, Eating Disorders, Trauma and More"*

## FRIDAY | OCTOBER 1ST

Morning Coffee Break 10:00AM - 10:30AM

Onno van der Hart, Ph.D.

*"The Haunted Self"*

Robbie Adler-Tapia, Ph.D. &

Carolyn Settle, MSW, LCSW

*"EMDR and the Art of Psychotherapy with Children";*

*"EMDR and the Art of Psychotherapy with Children: Manual and Children's Protocol"*

Afternoon Coffee Break 3:00PM - 3:30PM

Colin Ross, M.D.

*"Trauma Model Therapy"*

*"The Trauma Model"*

*"Moon Shadow"*

Kate Wheeler, Ph.D., APRN, FAAN

*"Psychotherapy for the Advanced Practice Psychiatric Nurse"*

Andrew Seubert, LPC, NCC

*"Courage to Feel"*

## SATURDAY | OCTOBER 2ND

Morning Coffee Break 10:00AM - 10:30AM

Colin Ross, M.D.

*"Trauma Model Therapy"*

*"The Trauma Model"*

*"Moon Shadow"*

Robin Shapiro, MSW, LICSW

**\*NEW\*** *"Trauma Treatments Handbook: Protocols Across the Spectrum"*

*"EMDR Solutions: Pathways to Healing"*

*"EMDR Solutions II: For Depression, Eating Disorders, Trauma and More"*

Philip Manfield, Ph.D.

*"Dyadic Resourcing: Creating a Foundation for Processing Trauma"*

Andrew Leeds, Ph.D.

*"Guide to the Standards of EMDR Protocols of Clinicians, Supervisors and Consultants"*

Afternoon Coffee Break 3:00PM - 3:30PM

Ana Gomez, MC, LPC

*"Dark Bad Day Go Away"*

*"The Thoughts Kit for Kids"*

Carol Forgash, LCSW, BCD

*"Healing and the Heart of Trauma and Dissociation with EMDR and Ego State Therapy"*

Sandra Paulsen, Ph.D.

**\*NEW\*** *"Looking Through the Eyes of Trauma and Dissociation"*

## SUNDAY | OCTOBER 3RD

Morning Coffee Break 10:00AM - 10:30AM

Laurel Parnell, Ph.D.

*"EMDR in the Treatment of Adults Abused as Children"*

*"Tapping In"*

*"Transforming Trauma: EMDR"*

*"A Therapist's Guide to EMDR"*

Christine Ranck, Ph.D., LCSW

*"Ignite the Genius Within"*

## THURSDAY SEPTEMBER 30

8:00 AM - 3:30 PM

### PRE-CONFERENCE WORKSHOPS

5.5 Credit Hours Per Session

#### SESSION 101

#### **From Sandboxes to the Classroom: EMDR for the Treatment of Trauma and Dissociation in Children**

*Robbie Adler-Tapia Ph.D.*

*Carolyn Settle MSW, LCSW*

Recognizing and treating symptoms of attachment trauma and dissociation are imperative clinical skills for effective treatment throughout the eight Phases of the EMDR Protocol with clients of any age. The presentation will review AIP theory and the eight-phase EMDR treatment protocol, the three-phase Dissociative Theory treatment, and tools for assessing dissociation in children and adolescents. Once evaluated, therapists will need to continue to assess emerging symptoms that can continue to arise and impede EMDR treatment. Clinical skills including grounding techniques, visualizations, identifying and integrating ego states, and mirroring and nurturing techniques, will be described and demonstrated for participants to implement throughout the EMDR Protocol.

**(Intermediate & Advanced) 100% EMDR**

#### SESSION 102

#### **The Recent Traumatic Episode Protocol (R-TEP) for Early EMDR Intervention**

*Elan Shapiro Ph.D.*

*Brurit Laub M.A.*

EMDR has demonstrated effectiveness in treating chronic PTSD and old trauma memories, yet Early EMDR Intervention (EEI) has not received much attention from EMDR researchers or clinicians. It is proposed that EEI, while trauma memories have not yet been integrated, may be used not only to treat acute distress but may also provide a window of opportunity in which a brief intervention, possibly on successive days, could prevent complications and strengthen resilience. Checking for sub-clinical sticking points which can obstruct the Adaptive Information Processing (AIP) and don't necessarily show up on the DSM radar, the R-TEP may reduce the sensitization and accumulation of trauma memories. As part of a comprehensive approach to EEI, this workshop presents the Recent Traumatic Episode Protocol (R-TEP) which is an integrative protocol that incorporates and extends existing protocols within a new conceptual framework, together with additional measures for containment and safety. The R-TEP will be taught with video case illustrations, live demonstration and a practicum. **\*\*Limited to 100 attendees\*\***

**(Intermediate & Advanced) 90% EMDR**

#### SESSION 103

#### **Facilitating the Journey from Fear to Love: Using EMDR to Treat Insecure and Disordered Attachments in Children and Adults**

*Debra Wesselmann M.S., LIMHP*

Participants will learn to identify the anxious core beliefs of adults and children and the unspoken bonding contract developed in early childhood. Participants will discover new tools for creating more secure attachments, including resource development exercises to strengthen adults' capacity to nurture self and others, resource development for strengthening attachments between children and parents, and parenting techniques to help facilitate attachment in children. Participants will learn to adapt EMDR to help children with Reactive Attachment Disorder effectively resolve attachment traumas and remove obstacles to love. The presenter will share research data illustrating the impact of EMDR on attachment issues.

**(All Levels) 75% EMDR**

#### SESSION 104

#### **EMDR Case Conceptualization from a Belief Focused Perspective**

*Roy Kiessling LISW*

While many understand the EMDR Approach to Psychotherapy, many do not fully understand the power of using core beliefs as the focal point of their EMDR case conceptualization. This workshop, through lecture, case examples and practice, will assist EMDR Trainers, Approved Consultants, Certified Therapists and the newly trained EMDR therapists, in understanding the EMDR Approach, based upon the AIP model, from the core



## Pine Grove

located in Hattiesburg, Mississippi, is known as one of the nation's most comprehensive treatment campuses. Our programs range from inpatient to outpatient and residential care. We offer several

highly specialized programs:

- Next Step – Helping men regain freedom from the disease of chemical dependency,
- The Women's Center – Featuring individual residential treatment programs for eating disorders and chemical dependency,
- Professional Enhancement – Serving professionals struggling with interpersonal relationships and vocational issues, and
- Gentle Path – Treating sexual addictions.

To learn more visit us at  
[www.pinegrovetreatment.com](http://www.pinegrovetreatment.com)  
or call 1-888-574-HOPE.



**PINE GROVE**

BEHAVIORAL HEALTH & ADDICTION SERVICES

PAID ADVERTISEMENT

belief perspective. Using this core belief focus, targeting sequence plans will be designed, necessary and/or needed resources will be developed, and intervention strategies anticipated to help facilitate processing.

**(All Levels) 100% EMDR**

# FRIDAY OCTOBER 1

8:15 AM - 10:00 AM

## PLENARY | 1.5 Credit Hours

### SESSION 201

#### **Dissociation of the Personality: The Key to Understanding Chronic Traumatization and its Treatment**

*Onno van der Hart Ph.D.*

EMDR treatment of complex trauma-related disorders may benefit from a clear understanding of the dissociative nature of these disorders. Dissociation is an undue division of the personality among two or more psychobiological systems or "dissociative parts" that comprise the survivor's personality. One or more of them function in daily life; others are fixated in traumatic experiences. The more severe the traumatization, the more dissociative parts, involving more complex trauma-related disorders, can be expected to exist. Dissociative parts have psychobiological boundaries that are maintained, to a large degree, by different trauma-related phobias, which should be systematically resolved in phase-oriented treatment. Participants will be able to describe structural dissociation of the personality as a specific form of integrative failure that needs to be overcome in phase-oriented treatment, identify ways of relating dissociative symptoms to the underlying dissociation of the personality, and identify targets for EMDR interventions in each of the three treatment phases in terms of overcoming specific phobias.

**(All Levels) 25% EMDR**

10:30 AM - 5:00 PM

## FULL DAY WORKSHOP | 4.5 Credit Hours

### SESSION 211

#### **The Theory of Structural Dissociation as a Guide for EMDR Treatment of Chronically Traumatized Clients**

*Onno van der Hart Ph.D.*

*Roger Solomon Ph.D.*

*Anabel Gonzalez Ph.D.*

Chronically traumatized clients with complex dissociative disorders need careful preparation. There is currently consensus that the EMDR standard protocol needs to be modified for chronically traumatized clients, as it may destabilize them. Thus, the therapist needs to have a good understanding of the dissociative personality structure that exists in their clients, the dissociative parts, their strengths and deficits, and their interrelationships. Using the framework of phase-oriented treatment and the theory of structural dissociation of the personality, this workshop will help participants understand the preparatory work necessary before integrating traumatic

memories and discuss important procedural considerations for each phase of EMDR.

**(Advanced) 60% EMDR**

10:30 AM - 12:00 PM

## 90-MINUTE WORKSHOPS | 1.5 Credit Hours Per Session

### SESSION 221

#### **EMDR for Trauma-Based, Attachment-Based, and Endogenous Depression**

*Robin Shapiro MSW, LICSW*

EMDR's Protocol is a powerful intervention that can impact many kinds of depression. Participants will learn about Bessel van der Kolk's research, other research and clinical experience to bring the EMDR Protocol to the treatment of trauma-based, attachment-based and endogenous depression and mood disorders. They will understand the etiology, assessment, and treatment for each kind of depression. They will take home EMDR skills to work with mood disorders and endogenous depression. The AIP is cited throughout. Other interventions, including ego-state and biological are described, when appropriate. The presentation is user-friendly, with interventions that can be implemented immediately.

**(All Levels) 75% EMDR**

### SESSION 222

#### **Mindfulness and EMDR: Strengthening Key Skills in Preparation Phase**

*Julie Greene M.A.*

Clinicians will learn the synergy of Mindfulness and EMDR, focusing on key skills developed in the Preparation Phase. The workshop reviews mindfulness basic principles, their relationship with EMDR and the AIP Model, and outcome research relating mindfulness with neuroplasticity. The session also explores Mindfulness strategies for strengthening observer capacity (dual attention), affect tolerance, somatic, and sensory awareness, including techniques useful for both rigid/conceptualizing clients and chaotic/overemotional clients. Finally the workshop addresses options for integrating Mindfulness with Resource Development Installation (RDI). The presentation includes lecture, slides, client case examples, and guided experiential Mindfulness exercises.

**(Introductory & Intermediate) 60% EMDR**

### SESSION 223

#### **EMDR and Panic Disorder**

*Carl Nickeson Ph.D.*

This workshop will be a practical presentation on how to use EMDR in the treatment of panic disorder. Information will be given on what needs to be accomplished in each of the eight phases of EMDR to be effective with this population. Participants will be taught how to provide psycho-educational information using the AIP model to explain panic disorder. In panic disorder, interoceptive cues become triggers for

subsequent panic attacks and it is useful to view panic disorder as a phobic reaction to bodily sensations. The workshop will conclude with the presentation of a structured protocol for treatment planning and target selection.

**(Introductory & Intermediate) 75% EMDR**

## SESSION 224

### **Fraser's Dissociative Table Technique: A Phase 2 Strategy**

**Kathleen Martin MSW**

Accessing, identifying, and communicating with internal ego states are necessary for effective treatment of complex trauma and dissociation. To facilitate this, clinicians establish an imaginary internal meeting place where all parts of the client's personality can gather. This gathering place provides a means to identify, stabilize, negotiate with, and prepare ego states for trauma reprocessing. In this workshop, Fraser's Dissociative Table Technique will be taught and demonstrated as a Phase 2 strategy for stabilization and preparation for Phase 4 trauma reprocessing. Using Fraser's Dissociative Table Technique when Phase 4 reprocessing is stopped due to dissociation will also be demonstrated.

**(All Levels) 80% EMDR**

## SESSION 225

### **Research EMDR in Your Practice**

**Kate Wheeler Ph.D., APRN, FAAN**

Research in EMDR practice is critically important in determining the 'value' of EMDR to clients, insurers, policymakers, the general public and ourselves. This presentation will provide the EMDR clinician with levels of evidence; the elements of the research process; the how, when and where to measure outcomes; and components of a time-series case study design. Comparing the client's own to the scores at different points in time to themselves is considered a bona fide research design that makes an empirically valid case study worthy of publication. Resources and opportunities available to the budding EMDR researcher are examined. *Research consultation for your project will be available by members of EMDRIA's Research Committee from 12:15pm to 1:15pm in the same room after this presentation.*

**(Introductory) 100% EMDR**

**1:30 PM - 5:00 PM**

## **CUTTING EDGE WORKSHOP | 3 Credit Hours**

### SESSION 231

### **EMDR Treatment of Psychotic Disorders, Including Schizophrenia: A Case Series**

**Paul Miller M.D.**

Psychotic phenomena are challenging to treat; the most severe being schizophrenia, which has a heavy burden: life expectancy

being reduced by 10 years, mostly through suicide. After over 100 years of experience only a minority make a full recovery. This workshop will examine the role of EMDR in the treatment of schizophrenia - as defined by the genetic epidemiological work of Professor Kenneth Kendler - and follows three patients treated with EMDR; one met strict criteria for schizophrenia and remains in recovery after 3 years. The workshop will discuss case selection and protocol development.

**(Intermediate & Advanced) 30% EMDR**

## **HALF DAY WORKSHOPS | 3 Credit Hours Per Session**

### SESSION 232

### **The Unforgiven: EMDR, Ego State Therapy, Attachment Repair and Forgiveness in the Treatment of Eating Disorders**

**Andrew Seubert LPC, NCC**

This workshop will explore the presence of dissociation in clients with eating disorders, particularly anorexia nervosa. The approach employs an EMDR phase model, expanding the evaluation and preparation phases. Preparation presents a 4-step method of teaching emotional competence, attachment repair strategies, as well as the use of ego state therapy. Processing requires the ability to titrate released disturbance and re-stabilize after EMDR application to touchstone events. Self-forgiveness emerges as internal "parts" develop mutual compassion and support. Video clips, case studies and case reviews will reinforce learning.

**(Intermediate & Advanced) 60% EMDR**

### SESSION 233

### **Dissociation in the Dental Chair: Implications for the EMDR Treatment of Health Issues**

**Carol Forgash LCSW, BCD**

EMDR treatment is effective in dealing with many health problems (exacerbated by dissociation) encountered by many complex trauma clients. The negative sequelae of abuse on the physical and mental health of these clients includes flashbacks and dissociative episodes. They are frequently avoidant of health care, which can lead to further consequences. This presentation will focus on expanding the EMDR Preparation Phase; presenting strategies to deal with dissociation, emotional issues, and PTSD symptoms. The Desensitization and Reprocessing Phase will deal with earlier traumatic events, health issues and current and past dissociative events which are frequently at the root of these problems.

**(Intermediate & Advanced) 70% EMDR**

### SESSION 234

### **EMDR with Difficult Clients: Dyadic Resourcing**

**Philip Manfield Ph.D.**

This workshop introduces "dyadic resourcing," a resourcing

approach designed to facilitate EMDR processing of very early trauma with severely deprived clients, including those with attachment disorders. The goal of this process is to help clients connect affectively to an internal experience of being in a nurturing parent-child relationship. This workshop will address the basic principles and processes central to this form of resourcing, including each of the five steps involved in establishing this resource. The process will be illustrated using clinical videos, resourcing transcripts, and a live demonstration.  
**(All Levels) 100% EMDR**

1:30 PM - 3:00 PM

## 90-MINUTE WORKSHOP | 1.5 Credit Hours

### SESSION 241

#### Research Symposium

Two research papers will be presented during this workshop. An informal Q & A session will follow each presentation.

#### **Strategic Developmental Model for EMDR in Borderline Personality Disorder post Dialectical Behavior Therapy**

*Marilyn Korzekwa M.D.*

This pilot study (2 cases) tests the feasibility, safety and efficacy of 24 sessions of the Strategic Developmental Model for EMDR in Borderline Personality Disorder subjects who have completed Dialectical Behavior Therapy.

**(Intermediate) 75% EMDR**

#### **The Role of Eye Movement in the Therapeutic Mechanisms of EMDR: An Evidenced-Based Experimental Approach**

*Sue-Hwang Chang Ph.D.*

This presentation will address differential effects of EMs and exposure from outcome/process measures, interplays of EMs, valence of cognitions, and presentation order from theoretical/clinical viewpoints, and how EMDR might work from informational processing evidence.

**(Intermediate) 100% EMDR**

3:30 PM - 5:00 PM

## 90-MINUTE WORKSHOP | 1.5 Credit Hours

### SESSION 251

#### **Therapy for Therapists Project: Impact of Intensive EMDR Treatment Post-Katrina**

*Sue Evans M.A., LP*

*Karen Alter-Reid Ph.D.*

*Susan Schaefer Ph.D.*

An EMDR-HAP team provided three EMDR sessions to 21

Gulf State clinicians 2½ to 3 years after Hurricane Katrina. This presentation investigates the impact of treatment on clinicians' suffering from the stress of disaster on their emotional health. The hypotheses that clinicians receiving EMDR treatment would show statistically significant reductions in depression, anxiety, and trauma symptoms at one week post-treatment were supported. Implications of results include adding a treatment component to EMDR-HAP trainings for clinicians in disaster stricken areas. Clinicians' trauma resolution could lead to improved learning of EMDR, greater immunity to compassion fatigue, and hence have EMDR reach exponentially into the community and the public practice domain.

**(Intermediate) 100% EMDR**

## SATURDAY OCTOBER 2

8:15 AM - 10:00 AM

## PLENARY | 1.5 Credit Hours

### SESSION 301

#### **Psychobiology of Dissociation**

*Colin Ross M.D.*

The session will: explain four different meanings of the word "dissociation" and clarify which ones are relevant to the psychobiology of dissociation; review the structural model of dissociation and how it unifies the dissociative disorders and PTSD; and describe examples of dissociations between declarative and procedural memory from neurology and experimental cognitive psychology. Most of the session will focus on existing and future research on the biology of dissociation from a trauma perspective. Data on hippocampal volume reduction, the hypothalamic-pituitary-adrenal axis and other biological systems will be reviewed.

**(All Levels) 0% EMDR**

10:30 AM - 5:00 PM

## FULL DAY WORKSHOPS | 4.5 Credit Hours Per Session

### SESSION 311

#### **Treating Children with Pervasive Emotion Dysregulation Using EMDR and Adjunctive Approaches**

*Ana Gomez MC, LPC*

This presentation will provide theoretical and practical step-by-step strategies to assist clinicians working with children with severe dysregulation of the affective system such as: children exhibiting insecure patterns of attachment, complex trauma and dissociation. A broader perspective is presented by integrating concepts from the AIP model, attachment theory, affect regulation theory, and interpersonal neurobiology. An overview of how to incorporate other approaches such as play therapy, ego state therapy, therapy activities and

somatic intervention, while maintaining adherence to the protocol, will be addressed. How to use interweaves that can help complete defensive responses, repair the attachment system and integrate dissociated material will be presented. **(Advanced) 70% EMDR**

## SESSION 312

### **Integrating an Attachment Repair Orientation into EMDR Treatment for Clients with Relational Trauma**

**Laurel Parnell Ph.D.**

Clients who have experienced childhood traumas that have impacted their sense of safety and capacity to form close emotional relationships in adulthood require adjustments to the EMDR phases and procedural steps. These relational traumas can include childhood physical or sexual abuse, neglect, early losses, birth trauma, medical trauma, caregiver misattunement and vicarious trauma. In order for EMDR therapists to be most successful with this population it is important to incorporate an attachment repair orientation into the therapy. Through lecture, case examples, and video clips, participants will learn how an attachment-repair orientation can be integrated into all phases of EMDR treatment.

**(Intermediate & Advanced) 95% EMDR**

10:30 AM - 12:00 PM

## **90-MINUTE WORKSHOPS | 1.5 Credit Hours Per Session**

### SESSION 321

#### **Understanding "Dissociative Language"**

**Dolores Mosquera Ph.D.**

**Anabel Gonzalez Ph.D.**

**Natalia Seijo Ph.D.**

In order to get a complete and comprehensive case conceptualization in Phase 1 of the EMDR protocol, it is important to explore dissociative symptomatology. In consultation a therapist often presents a "complex case" and this "complexity" has to do with dissociation. This presentation will show the many different ways dissociation can be manifested during EMDR sessions. Another goal is to give practical examples of interventions with dissociative patients during EMDR processing. Many examples of subtle manifestations ("dissociative language") will be illustrated with video cases.

**(Intermediate) 90% EMDR**

### SESSION 322

#### **Contain the Case: Set a Clear Path to Recovery**

**Barbara Horne MASc**

This workshop will provide simple and specific tools for constructing a file so that it becomes a powerful clinical tool. It will teach,

through live demonstration, a case illustration through all 8 Phases, and practice activities, how to take, record and summarize client-information on one-page Genograms, Trauma Recovery Plans and Resources Records, for ready access at any moment. This documentation system is informed by the AIP, as demonstrated by the neuroscientists, who show us why we need to take a good history from conception including both "T" traumas and "t" disturbing life events, as well as resources and developmental factors.

**(Introductory & Intermediate) 100% EMDR**

## SESSION 323

### **Bio-Psychosocial Adaptive Information Processing**

**Tony Cotraccia LCSW**

The role of neurobiological structures in Adaptive Information Processing (AIP) is becoming more understood. This workshop considers specific psychological and social components of the AIP model. Attunement and internal working models of self and world are suggested as additional components of a systemic AIP model. The psychotherapy relationship is conceptualized as a dynamic feedback system modeled after a securely attached caregiver-child dyad. This workshop draws from affective neuroscience, information theory, philosophy of mind and general systems theory to consider how components interact at multiple levels to resolve disturbing life experiences and enhance bio-psychosocial functioning. The additions to the model will be used to highlight clinical phenomenon relevant to EMDR practice.

**(Intermediate) 100% EMDR**

## SESSION 324

### **Working with Homicide Survivors in Community Mental Health: Effective Use of the EMDR Recent Event Protocol**

**Don deGraffenried LCSW**

**Christina Welte-Lake LCSW**

**Barbara Greten LCSW, M.Div.**

Dixwell Newhallville Community Mental Health Services in New Haven, CT, is pioneering an EMDR program to provide treatment for individuals who have survived the recent or past homicide of a loved one. The Recent Event Protocol can be used in the treatment of homicide survivors and offers a structured way for clients to desensitize and recover from the trauma of murder. This workshop will include a review of the protocol and effective use of a time-limited, ten-session model of treatment. A case study will be presented, including the use of a simple visual tool to support treatment.

**(All Levels) 80% EMDR**

## SESSION 325

### **Basics for EMDRIA Conference Submissions**

**Jennifer Lendl Ph.D.**

Are you interested in presenting at the EMDRIA Conference but don't know where to start? Have you had a submission rejected? Are you bored with the Conference offerings? Then this is the workshop for you. We will review the Call for Presentations application, the use of the EMDRIA Definition of EMDR, applicable APA ethics and standards, and possible resources for the evidence base. The EMDRIA Conference program review process will be explained and a sample application will be provided as a model.

**(All Levels) 15% EMDR**

1:30 PM - 5:00 PM

## HALF DAY WORKSHOPS | 3 Credit Hours Per Session

### SESSION 331

#### **The Neurobiology of Information Processing: Recent Findings and Insights**

**Uri Bergmann Ph.D.**

This presentation will synthesize the existing neurobiological research on information- processing. Specific attention will be given to recent empirical findings, involving the hippocampus and thalamus in perceptual, memorial, emotional, cognitive, and somatosensory integration. This data will be reviewed in reference to the organizing constructs of the Parallel Distributed Processing/Connectionism and the Thalamo-Cortical-Temporal-Binding models of information processing. Given that EMDR's application has historically been guided by information processing theory, this presentation will illustrate the neurobiological underpinnings of this foundation.

**(Introductory) 30% EMDR**

### SESSION 332

#### **Part I - Towards an Embodied Self: The Neurobiology of Traumatic Dissociation**

**Ulrich Lanius Ph.D.**

**Sandra Paulsen Ph.D.**

Recent neuroscience research is discussed with a view towards increasing our understanding of underlying neurobiological processes with respect to the phenomenology of dissociation. It is suggested that dissociation is a result on a breakdown in cognitive-temporal binding (Crick & Koch, 2003), thus disrupting the linking of different neural networks in the time domain, e.g. information processing. It is suggested that this process is essential to our understanding both dissociation on one hand, as well as Adaptive Information Processing on the other. *Please note: Part I (Session 332) and Part II (Session 432) each stand alone without prerequisite and are designed to complement each other. You do NOT have to take Part I to take Part II.*

**(Intermediate) 100% EMDR**

### SESSION 333

#### **EMDR Treatment of Panic Disorder with and without Agoraphobia: Two Model Treatment Plans**

**Andrew Leeds Ph.D.**

This presentation will review strengths and limitations of treatments for PD and PDA with a focus on cognitive and behavioral therapies, pharmacotherapy, and EMDR. Two EMDR treatment plans will be presented: a Model I plan for PD without agoraphobia or other co-occurring disorders, and a Model II plan for more complex cases of PDA or PD with co-occurring anxiety or Axis II disorders. Clinical examples and specific guidelines will be presented for identifying PD targets and for when to extend preparation phase work and postpone reprocessing of core attachment material in Model II cases.

**(Intermediate) 90% EMDR**

### SESSION 334

#### **Advanced Supervision & Practicum Session with the R-TEP (Recent Traumatic Episode Protocol)**

**Elan Shapiro Ph.D.**

**Brurit Laub M.A.**

This session is intended for participants who have previously attended an R-TEP workshop and would like to have more practice with this protocol. Depending on the needs of the group there will be an opportunity for live demonstration, case supervision, and/or closely supervised practicum including an option of working on suitable personal material. *The session is limited to a maximum of 24 participants who attended a previous R-TEP workshop (includes attendance of 2010 workshop).*

**(Intermediate & Advanced) 100% EMDR**

1:30 PM - 5:00 PM

## INNOVATIVE WORKSHOP | 3 Credit Hours

**No EMDRIA Credit**

### SESSION 335

#### **Innovative Session: Quantum EMDR: Examining EMDR with Quantum/Holographic Theory**

**Christine Ranck Ph.D., LCSW**

Quantum physics, called the "science of consciousness," challenges our assumptions about the nature of reality. At the subatomic level everything is interconnected, though the connections are hidden. EMDR too is a process of revealing an Essential Truth that, because of trauma, has been hidden. Two principles will be examined: 1) Belief creates reality: Quantum physics states that the way we look at things changes what we see. This relates directly to EMDR cognitions; and 2) The part contains the whole: Consciousness and memories may be distributed everywhere (holographically) throughout the brain. The brain may use holograms for memory storage and

retrieval, and EMDR may amplify this process. These fascinating concepts will illuminate EMDR in new and creative ways.

## **(Introductory) 70% EMDR**

Discussant Panelists: Jennifer Lendl, Ph.D. & John Hartung, Psy.D.

1:30 PM - 3:00 PM

### **90-MINUTE WORKSHOP | 1.5 Credit Hours**

**No EMDRIA Credit**

#### **SESSION 341**

#### **Presentation Skills**

*Ricky Greenwald Psy.D.*

Many aspiring presenters hold back because of anxiety and/or lack of knowledge/skill about how to go about presenting. And some who do present fail to convey their message as effectively as they could. This workshop will teach key presentation methods, proven-effective by professional presenters. Participants will learn a set of strategies for how to manage anxiety, prepare for a presentation, and present effectively. Using this information, participants will be guided to complete an assessment of their own strengths and weaknesses as a presenter and develop a step-by-step plan for preparing their next presentation.

**(Intermediate & Advanced) 0% EMDR**

3:30 PM - 5:00PM

### **90-MINUTE WORKSHOP | 1.5 Credit Hours**

**No EMDRIA Credit**

#### **SESSION 351**

#### **Writing for the Journal of EMDR Practice & Research**

*Ricky Greenwald Psy.D.*

Many EMDR therapists have something to contribute to the field, but may be unsure about how to write a paper for a scholarly journal. Participants in this workshop will learn to identify the types of papers that might be submitted and how to determine in which category their own project belongs. Participants will also learn a clear structured model for composing a paper, so it will have its best chance of favorable review. Finally, participants will be guided to evaluate their own project and develop a plan to bring the project to publication.

**(Intermediate & Advanced) 0% EMDR**

## **SUNDAY OCTOBER 3**

8:15 AM - 10:00 AM

### **PLENARY | 1.5 Credit Hours**

#### **SESSION 401**

#### **What the Adaptive Information Processing Model Brings to the Assessment and Treatment of Dissociative Disorders**

*Jim Knipe Ph.D.*

Clients with a dissociative personality structure can be very vulnerable to dissociative abreaction – i.e. “reliving” the trauma with intense disturbance while experiencing a loss of present orientation and safety. In addition, a client who has repeatedly experienced this type of traumatic intrusion is likely to have developed complex psychological defenses. This presentation will include the description of certain AIP “tools” that can be used to help dissociative clients who have strong phobic fears of their own post-traumatic material and who have developed additional mental actions to prevent the emergence of that troubling material. These “tools” will be illustrated with brief session transcripts and video segments.

**(All Levels) 100% EMDR**

10:30 AM - 12:00 PM

### **90-MINUTE WORKSHOP | 1.5 Credit Hours**

#### **SESSION 421**

#### **EMDR-AIP Update for EMDRIA Approved Consultants**

*Jennifer Lendl Ph.D.*

*Cynthia Kong MFT*

Consultation is playing a larger role in EMDR training. It is necessary for completion of the basic training, for EMDRIA Certification, and for becoming an Approved Consultant. Participants will be able to cite EMDRIA's Definition of EMDR and apply it in consultation sessions; describe the concept of Adaptive Information Processing (AIP) as it informs the EMDR psychotherapy methodology; and explain the eight-Phase/three-Prong Protocol through the AIP lens. The workshop will include lecture, handouts, and role-play of consultation situations, with time for questions from participants' consulting experiences. This workshop will not discuss EMDRIA Certification requirements or how to become an Approved Consultant.

**(All Levels - Limited to EMDRIA Approved Consultants and Consultants-In-Training) 100% EMDR**

10:30 AM - 3:00 PM

### **HALF DAY WORKSHOPS | 3 Credit Hours Per Session**

#### **SESSION 431**

#### **Shame is my Safe Place: AIP Targeting of Shame as a Psychological Defense**

*Jim Knipe Ph.D.*

Within the AIP model, psychological defense can be defined as the part of the trauma-based dysfunctionally stored memory network that blocks access to other parts of the network. For many clients, an essential first step in therapy is to identify and target defense, in order to then access and resolve post-traumatic emotional disturbance. For the AIP therapist, it is useful to categorize defenses as avoidant, idealizing and/or

shame-based (i.e. shame as a distortion in identity, left over from a time when it was "better to be a bad kid with good parents than a good kid with bad parents"). This presentation will focus on a method of targeting and processing an identity of shamefulfulness that is functioning as a defense against full realization of the original trauma.

**(Intermediate) 100% EMDR**

#### SESSION 432

##### **Part II - Towards an Embodied Self: The Treatment of Traumatic Dissociation**

**Sandra Paulsen** Ph.D.

**Ulrich Lanius** Ph.D.

This workshop synthesizes neurobiology, EMDR, and elements from ego state, somatic, and attachment therapies. 1) Prior to EMDR: a) somatic interventions for affect and soma tolerance, b) hypnotic containment, c) ego state maneuvers to decrease, d) resetting affective circuits, and e) planning fractionation. 2) During EMDR: a) temporal integrationism or fractionating by time segments from conception to repair attachment b) accelerating processing with somatic, ego state, imaginal, and information channel interweaves, and c) decelerating processing by further fractionating by channel. *Please note: Part I (Session 332) and Part II (Session 432) each stand alone without prerequisite and are designed to complement each other. You do NOT have to take Part I to take Part II.*

**(All Levels) 70% EMDR**

#### SESSION 433

##### **Using EMDR as a Complement to 12-Step Recovery**

**Jamie Marich** Ph.D.

**Amber Stiles-Bodnar** M.S.Ed, LPCC-S, LCDC III

Twelve-step recovery models and EMDR are highly complementary when appropriately combined. In this workshop, participants will identify the most common problems encountered in traditional addiction treatment models and consider how proper implementation of EMDR can provide elegant solutions. Participants will learn how to apply knowledge from the literature to formulate a list of "best practices" for using EMDR with addicted populations. Finally, participants will learn how to utilize the standard EMDR protocol (along with some simplified variations) in a recovery-specific fashion to help clients overcome their recovery roadblocks. This workshop contains interactive lecture, video clips/discussion, small group discussion activities, and a live demonstration/discussion.

**(Intermediate) 100% EMDR**

#### SESSION 434

##### **EMDR to Reduce Fears of Recurrence of Breast Cancer**

**Katy Murray** MSW, LICSW, BCD, CDP, AC-EMDR

How can we support women with breast cancer (BC) in their bio-psycho-social healing? Are fear of recurrence inevitable or a re-experiencing of unresolved BC diagnosis and treatment experiences? Participants will identify traumatic stress symptoms in women with BC, and the impact on treatment, quality of life, and fears of recurrence; review the seven cancer treatment stages, and potential traumas, triggers, and EMDR interventions of each; describe phase two interventions to manage worry, develop healing imagery and promote coping and positive health behaviors; and explain how past-present-future targeting can address fears of recurrence. Expanded from 2008, this workshop draws on psycho-oncology literature, clinical observations, and one client's EMDR journey from "coping" to "living".

**(All Levels) 75% EMDR**

#### SESSION 435

##### **RSVP: Validating and Expanding AIP Tenets**

**Earl Grey** Ph.D.

This workshop is designed to enhance the EMDR case conceptualization and treatment. It is necessary for clinicians to be able to translate the Adaptive Information Processing model into practical application. This presentation is conceived from five years of research on EMDR, stress, and the brain. It is very interactive with a moderate amount of didactic information. Participants will leave having reviewed the AIP model, eight-phase protocol, and three-pronged approach; gain an understanding of current research in the AIP model; gain knowledge of current research of neuroscience of the three-pronged approach; and practice case conceptualization.

**(All Levels) 100% EMDR**

1:30 PM - 3:00 PM

#### **90-MINUTE WORKSHOP | 1.5 Credit Hours**

##### **SESSION 441**

##### **EMDR and Diversity: A Panel Presentation Discussion**

**Moderator: David Eliscu** M.S., LCSW

**Panelists: Joseph Fitzgerald**, LCSW; **Ana Gomez**, MC, LPC; **Uri Bergmann**, Ph.D.; **Robert Page**, LCSW, BCD; **Lloyd Cloud**, LCSW; **Katherine Davis**, MSW; **K. Olivia Janis**, LPCC

The workshop will consist of a panel of EMDR clinicians who work with a particular population of clients with whom the clinician shares a background or heritage or with whom he/she has a deep sense of empathy and understanding. Each presenter will explain how he/she came to work with this population. This will be followed by a response to three questions about using EMDR with a particular population. In addition, presenters will explain what special approaches and adaptations (if any) work to benefit the population they serve. They will also address what unspoken issues may be important in treating each population.

**(Intermediate & Advanced) 75% EMDR**

## **Karen Alter-Reid, Ph.D.**

Karen Alter-Reid is a clinical psychologist with 25 years of clinical practice, specializing in the treatment of traumatic stress. Since Hurricanes Katrina and Rita, Karen has worked on several EMDR-HAP projects in New Orleans. This included providing treatment to first responders, EMDR clinicians and locals, providing specialty training and consultation, and serving as Facilitator at EMDR Institute trainings. She has published in numerous psychology journals in the field of sexual abuse and taught for ten years in the Psychology Departments at the University of Connecticut.

## **Uri Bergmann, Ph.D.**

Uri Bergmann is an EMDR Institute Senior Facilitator and Presenter, as well as an EMDRIA Approved Consultant. He has served on the EMDRIA Board of Directors and is currently the President-Elect for EMDRIA. He has lectured and consulted throughout the United States, Europe and South America on the neurobiology and the integration of EMDR with psychodynamic and ego state treatment. He has authored and published journal articles and book chapters on the neurobiology of EMDR and the treatment of dissociation and is currently serving on various journal editorial boards. He is currently in full-time private practice in Commack and Bellmore, NY.

## **Sue-Hwang Chang, Ph.D.**

Sue-Hwang Chang is an associate professor of the Department of Psychology at National Taiwan University, and a clinical psychologist / psychotherapist and associate research fellow at the Department of Psychiatry, National Taiwan University Hospital, Taiwan. She specializes in the psychopathology and treatment of clients with anxiety/depression-related issues, including OCD, GAD, panic disorder, phobic disorder, and cognitive processes of mental control for intrusive unwanted thoughts, emotional regulations, and suicidality. Her clinical work, consultations, and teaching also correspond with these areas. Dr. Chang's main research interests are cognitive processing approaches to these disorders and therapeutic mechanisms of EMDR.

## **Lloyd Cloud, LCSW**

After getting a Master's Degree in Community Psychology, in 1994, Lloyd Cloud served 20 years in the military. In 1995, he became a social worker for the Department of Children and Families. He got his MSW, in 2001 from Southern Connecticut State University, earning his LCSW in 2004. He became a supervisor for DCF in 1999, his current position. He has worked at Dixwell Newhallville Community Mental Health Services in New Haven, as a clinical Social Worker since 2001. Mr. Cloud completed EMDR training in 2008. He chairs the EMDRIA Public Practice and Diversity SIG.

## **Tony Cotraccia, LCSW**

Tony Cotraccia is a licensed clinical social worker in private practice from Ithaca, New York. He has fifteen years of clinical psychotherapy experience with individuals and families. Tony has practiced in a variety of clinical settings providing psychotherapy to children and adults including outpatient, day treatment and private practice. He has been trained in EMDR since 2000. His areas of interest and experience are in the treatment of trauma, dissociation, attachment issues and adjustment disorders. In addition to being an EMDRIA Approved Consultant, he also provides trainings in EMDR applications.

## **Katherine Davis, MSW**

Katherine Davis, Connecticut Social Worker of the year 2009, EMDR HAP Trainer, and Approved Consultant, co-founded the first Connecticut EMDR study group. Her specialties include children, women, and families. She is the author of "Treating Birth Related Post Traumatic Stress" in EMDR Solutions II, 2009; Co-author of "EMDR and family systems therapy under community-wide stress", in Handbook of EMDR and Family Therapy Processes, 2007; Co-author of Traumatology and Stabilization, EMDR Humanitarian Assistance Program, Revised 2010; co-author of SAGE Trauma and Addiction Recovery Paraprofessional Training Program, 2005. She is a trainer and consultant for SAGE, Stand Against Global Exploitation, an international program to assist ex-sex workers.

## **Donald F. deGraffenried, LCSW**

Donald deGraffenried is the Clinical Director for the Dixwell Newhallville Community Mental Health Services, an outpatient clinic serving an inner city neighborhood in New Haven, CT. The clinic has eleven EMDR trained clinicians and in September of 2008, with a ribbon cutting by Francine Shapiro, formally opened the Urban Trauma Center, an EMDR program working with the victims of inner city violence. Mr. deGraffenried is a Facilitator for EMDR Humanitarian Assistance Programs and the EMDR Institute. He is a passionate advocate for diversity and in building supports to bring EMDR into community mental health and non-profit agencies.

## **David Eliscu, M.S., LCSW**

David Eliscu lives in New Haven, CT, where he has a private practice. He's an EMDRIA Certified Therapist at Connection, Inc., where he does outreach and engagement with seniors in public housing. Under a grant from Connecticut's Agency on Aging, he offers clinical services to seniors in their own homes. He began his professional career in the theatre. He worked for 20 years as a special education teacher and program coordinator in Bridgeport, CT. He has also worked as a musician. He was a member of the EMDRIA Conference Committee and Chair of EMDRIA's Public Practice Diversity SIG. He is an EMDRIA Consultant-in-Training.

**Sue Evans, M.A., LP**

Sue Evans has been in private practice since 1981. Previously she spent five years designing and providing women's only substance abuse programs in the country. She has presented papers and offered training, both nationally and internationally. She was Director of Jamaican Institute, a week-long consortium for therapists to present their cutting edge work. She, along with Dr. Susan Schaefer, have been past recipients of the APA Award for Best Research on Women. Sue organized the EMDR treatment component for Eve Ensler's V Day-Superdome event in New Orleans and provided Special Topics workshops to local EMDR clinicians.

**Joseph Fitzgerald, LCSW**

Joseph Fitzgerald has been practicing psychotherapy for over 30 years, specializing from the start of his practice in gay men's issues. He has worked with gay men in individual, group and couples therapy. His interests include the developmental stages of gay male relationships over the life span, as well as the generational differences in life stressors faced by gay men of varying ages, given how different the social environments have been for different age groups. Joe is an EMDRIA Certified Therapist and Consultant-in-Training, an EMDR HAP Facilitator-in-Training, and an experienced body worker.

**Carol Forgash, LCSW, BCD**

Carol Forgash provides EMDR psychotherapy for complex PTSD, dissociative disorders, and Axis 2 disorders. She is an EMDR Institute Facilitator, and EMDRIA Approved Consultant and an internationally known lecturer on the integration of EMDR with Ego State therapy and psychodynamic treatment; complex PTSD, and the complex health issues of sexual abuse survivors. She has presented at EMDRIA and ISSTD conferences and co-authored/edited "Healing the Heart of Trauma and Dissociation with EMDR and Ego State Therapy", the first book to offer an integrative approach to successfully treating clients with the most severe trauma-related disorders. She is a past board president and current board member of EMDR HAP.

**Ana Gomez, MC, LPC**

Ana Gomez is in private practice in Phoenix, Arizona. Ana speaks nationally and internationally on the topics of complex trauma, attachment and dissociation, and the use of EMDR with children and adolescents. Ana was an invited Pre-Conference speaker at the 2008 EMDRIA Conference. She is an EMDRIA Approved Consultant, Facilitator for the EMDR Institute, specialty trainer on EMDR with children and EMDR-HAP trainer. Ana is the author of "Dark, Bad Day...Go Away" and "The Thoughts Kit for Kids". She is currently conducting a research study with Dr. Scheeringa from Tulane University on the use of EMDR with depressed children.

**Anabel Gonzalez, Ph.D.**

Anabel Gonzalez works as a psychiatrist and psychotherapist in the Public Mental Health System and in private practice. She coordinates a Trauma and Dissociation Program and has broad clinical experience with Dissociative Disorders and Complex Trauma. Trained in different psychotherapeutic approaches, she is an EMDR Supervisor, Facilitator, and Board Member of the EMDR Spanish Association. She provides regular training on Dissociative Disorders as Complementary Training with the EMDR Spanish Association. She is an ESTD and ISSTD member. She is the author of several articles and presentations about Dissociative Disorders and the book "Dissociative Disorders: Diagnosis and Treatment". She coordinates the webpage: [www.trastomosdisociativos.com](http://www.trastomosdisociativos.com).

**Julie Greene, M.A.**

Julie Greene is an EMDRIA Approved Consultant, Basic Training Provider, and EMDRIA Credit Provider, through her company Awake Mind, LLC. She is incorporated EMDR in her private practice since 1998, working with adults with PTSD, complex PTSD and developmental trauma. The synergy between mindfulness and EMDR is one of Julie's current areas of interest. She has taught at Naropa University in Boulder, Colorado, for more than ten years in the areas of psychology and meditation.

**Ricky Greenwald, Psy.D.**

Ricky Greenwald is founder and executive director of the Trauma Institute and Child Trauma Institute, affiliate professor at the SUNY University at Buffalo School of Social Work, and a Fellow of the American Psychological Association. Dr. Greenwald is a pioneer on EMDR training and practice and author of several books, including EMDR in Child and Adolescent Psychotherapy (1999), Child Trauma Handbook (2005), EMDR Within a Phase Model of Trauma-Informed Treatment (2007), and Treating Problem Behaviors (2009). He is active in research on trauma assessment, treatment, and training.

**Barbara J. Greten, LCSW, M.Div.**

Barbara Greten is a Mental Health Clinician/Trauma Therapist at Dixwell Newhallville Community Mental Health Services Urban Trauma Center, New Haven, CT. Committed to bringing quality mental health services to underserved populations, Greten optimizes the healing process by providing a combination of both individual EMDR therapy and gender-specific group trauma treatment to women survivors. The group process utilizes affect-management techniques and focuses on crafting/strengthening adaptive coping mechanisms as the client discerns/embraces new life patterns of behavior. Greten has taught at Yale, University of Connecticut School of Social Work, and Kent State University, and also provides crisis intervention/pastoral counseling at area hospitals.

## **Earl Grey, Ph.D.**

Earl Grey is a leader in treating and researching human stress. In 2009, his poster was recognized by EMDRIA for his investigation of AIP tenets. He has been researching neuro-science and EMDR for the past five years. Clinically, he works with severely traumatized individuals dealing with drug and alcohol and mental health issues simultaneously. Dr. Grey provides supervision and consultation in the treatment of stress and the application of EMDR. He is currently working with EMDR HAP to train EMDR providers. Dr. Grey has presented internationally on the brain and is currently an adjunct faculty at West Virginia University.

## **Barbara Horne, MASc**

Barbara Horne is a Registered Marriage and Family Therapist and founding partner of the Niagara Stress & Trauma Clinic in Niagara, Canada, providing couples therapy and EMDR since 1996, when she completed her EMDR trainings. Since 2006, she has been with Fraser Training as an EMDRIA Approved Basic Training Provider and has taught over 25 commercial courses in Central and Eastern Canada since that time. Working with EMDR clinicians in trainings and consultation, Barbara has become interested in the nature of the therapeutic relationship and the impact of EMDR on the therapist. She has made presentations to provincial and national conferences on EMDR in Canada.

## **K. Olivia Janis, LPCC**

K. Olivia Janis has been working for the past 20 years with diverse populations including people in urban Indian communities, university programs for Native American students, and some reservations and landless tribes in the west. Common themes among her clients include identity issues; generational, historical and complex grief; trauma and complex trauma. Knowing access to EMDR is limited for Native Americans, she has worked to make EMDR HAP training available to as many Indian people as possible. She lives in Red Wing, Minnesota, with her husband and 16 year old son.

## **Cynthia Kong, MFT**

Cynthia Kong is an EMDRIA Certified Therapist and Approved Consultant and has provided EMDR group and individual consultation for many years. She has been a Facilitator for the EMDR Institute since 1995, and is a Facilitator and Trainer for EMDR HAP. In these roles she has traveled extensively in the U.S. and abroad to teach EMDR. She has been a licensed psychotherapist in practice for 30 years in the San Francisco Bay area. Her primary treatment model is EMDR-AIP, within which she incorporates many other therapy modalities in which she has been trained.

## **Marilyn Korzekwa, M.D.**

Marilyn Korzekwa received her MD degree from the University of Toronto in 1982 and completed psychiatry residency at McMaster University in Hamilton in 1986, where she is an assistant professor. She is acting director of the Dialectical Behavior Therapy (DBT) Day Hospital at St. Joseph's Hospital. She has published five papers about Borderline Personality Disorder (BPD), including two examining dissociation. She completed EMDR training in 1995 and DBT in 1999; she is a member of ISSTD and EMDRIA. In her hospital outpatient practice she sees patients with BPD, complex PTSD and Dissociative Disorders for trauma therapy using Ego State therapy and EMDR.

## **Ulrich F. Lanius, Ph.D.**

Ulrich Lanius is a Registered Psychologist in Vancouver, BC, with a practice in Clinical and Neuropsychology. He has a particular interest in brain-behaviour relationships, particularly the neurobiology of traumatic stress syndromes and dissociation. Dr. Lanius specializes in the treatment of trauma and attachment related problems, working from a client-centered perspective, integrating EMDR, body therapy, and ego-state interventions. Dr. Lanius has presented both in North America, as well as internationally, and he has authored and co-authored a variety of book chapters and articles on the treatment and neurobiology of dissociation.

## **Andrew Leeds, Ph.D.**

Andrew Leeds is a licensed Psychologist in Santa Rosa, California, with 35 years of psychotherapy experience. He has conducted EMDR trainings for 15,000 clinicians in the United States, Canada, Europe and Japan; published the 2009 "Guide to the Standard EMDR Protocols" book chapters and articles on EMDR; and presented papers on EMDR at national and international conferences. He serves on the Editorial Board of the Journal of EMDR Practice and Research. He named and published the EMDR procedure Resource Development and Installation (RDI). In 1999, he received the EMDRIA award for creative innovation and the EMDR Institute Ronald A. Martinez, Ph.D. Memorial Award.

## **Jennifer Lendl, Ph.D.**

Jennifer Lendl is the 2006 Francine Shapiro Award Recipient for Outstanding Contribution to EMDR. Trained in 1990, she was one of the first twelve clinicians chosen to be EMDR Trainers by Francine Shapiro. Since then, she has traveled extensively, both nationally and internationally, promoting EMDR as a speaker, trainer, Facilitator, and specialty presenter on a variety of topics. She currently serves on EMDRIA's Conference Committee. She is a licensed Psychologist with a private practice in San Jose, CA.

**Philip Manfield, Ph.D.**

Philip Manfield has been a psychotherapist in private practice in the San Francisco Bay Area for 35 years and has been involved in EMDR trainings as a Facilitator and later an EMDRIA-Approved Basic Training Provider for the past 15 years in the United States, Canada, Europe, Asia and the Middle East. He is author of *Split Self/Split Object* (1992, Aronson) and editor of two casebooks, *EMDR Casebook* (1998) and *Extending EMDR: A Casebook of Innovative Applications* (W.W. Norton, 2003). His most recent book is *EMDR Clinical Skills: Case Conceptualization and Dyadic Resourcing* (In press).

**Jamie Marich, Ph.D.**

Jamie Marich, an EMDRIA Certified Therapist and Approved Consultant, is currently a part of PsyCare, Inc. in Youngstown, Ohio. Jamie specializes in using EMDR as an adjunct to addiction treatment. Jamie was the 2008 research poster winner at the EMDRIA Conference in Phoenix, AZ, and has several peer-reviewed and popular publications on EMDR. A seasoned presenter and award-winning speech coach, Jamie also offers workshops and trainings for counselors. Jamie began her social services career working in Bosnia-Herzegovina from 2000-2003. Jamie is an avid musician, having recorded two CDs, *Give Us Your Peace* (2002), and *Under My Roof* (2004).

**Kathleen Martin, MSW**

Kathleen Martin is a Clinical Social Worker in private practice in Rochester, New York. She is an EMDRIA Certified Therapist and Approved Consultant, and an EMDRIA Approved Basic Training Provider. She teaches EMDR and related topics regionally, nationally and internationally. As a trauma specialist, she works extensively with dissociation. Trained in EMDR in 1995, she provides consultation to EMDR clinicians on utilizing EMDR with complex trauma nationally and internationally.

**Dolores Mosquera, Ph.D.**

Dolores Mosquera is psychologist and psychotherapist. She is director of four Private Practice Clinics, specializing in the field of Personality Disorders. She has been trained in different psychotherapeutic approaches: Cognitive-Behavioral, Systemic, Group Therapy and EMDR. She has extensive docent experience, with many seminars, workshops and lectures all over Spain. She is member of EMDRIA, IIPD, and ISSTD and member of a Suicide Prevention Program. She has published many books and articles on borderline personality disorder and complex trauma and is a recognized expertise on this field. She has worked with EMDR for many years on personality disorders and complex trauma.

*"Generosity is a luxury we can't do without"*

*Your gift to the EMDRIA Foundation puts quality, unbiased research into action. Give as generously as you are able.*

*Please, give today.*

EMDRIA Foundation | [www.emdriafoundation.org](http://www.emdriafoundation.org) | 866.451.5200

## **Katy Murray, MSW, LICSW, BCD, CDP, AC-EMDR**

Katy Murray maintains a full-time practice in Olympia, WA, treating adults with complex PTSD, depression, anxiety, chemical dependency, and breast cancer. Trained in EMDR in 1996, she finds inspiration in the approach's ease of stimulating each client's innate healing capacity. As an EMDRIA Approved Consultant, and EMDR Institute/EMDR HAP Facilitator, Katy is energized by her work providing consultation, practicum, and training to EMDR clinicians in individual and group settings. She currently is in training to become a trainer for EMDR HAP. Katy serves on the SW-Washington EMDRIA Regional Meeting Steering Committee and EMDRIA's Standards and Training Committee.

## **Carl Nickeson, Ph.D.**

Carl Nickeson is a psychologist in private practice in Orlando, Florida, with 34 years of clinical experience. He specializes in the use of EMDR with anxiety disorders, trauma, and depression. He is an EMDRIA Approved Consultant and has been a Facilitator for the EMDR Institute since 1995.

## **Robert Page, LCSW, BCD**

Robert Page is executive director of Dixwell Newhallville Community Mental Health Services, an outpatient and family support center, serving New Haven's urban communities. He is founder of Mental Health Associates of Greater New Haven, a private practice, which he has maintained for over twenty years. A member of the African American Network of Executives (AANE), Page works tirelessly to foster the sustainability of high impact nonprofits. He is an EMDR practitioner who serves on the EMDR Humanitarian Assistance Programs board. He has clinical practice and research interest in the effects of traumatic experiences and anxiety on human development.

## **Laurel Parnell, Ph.D.**

Laurel Parnell is an internationally recognized psychologist, author, EMDRIA Approved Consultant and EMDRIA Approved Basic Training Provider. She is the author of four books; *Tapping In: A Step-by Step Guide to Activating Your Healing Resources Through Bilateral Stimulation*, *A Therapist's Guide to EMDR*, *Transforming Trauma: EMDR*, and *EMDR in the Treatment of Adults Abused as Children* as well as articles and a chapter in *The EMDR Casebook*. Since 1991, Dr. Parnell has immersed herself in the practice and development of EMDR and has trained thousands of clinicians in the US and abroad. An EMDR innovator, she brings a client-centered, attachment-focused approach to the work.

## **Sandra Paulsen, Ph.D.**

Sandra Paulsen authored "Looking Through the Eyes of Trauma and Dissociation: An Illustrated Guide for EMDR Therapists and Clients." She was invited faculty at two World Congresses of Ego State Therapy, Task Force member of the ISSTD Treatment Guidelines, ISSTD Fellow and EMDRIA Masters Series Lecturer. She authored chapters of five books on dissociation, and has collaborated with J.G. Watkins, originator of ego state therapy; Ulrich Lanius, somatic therapies; and Katie O'Shea, early trauma. She was Assistant Professor of Psychiatry and Associate Professor of Psychology at the University of Hawaii and Acting Chief Psychologist at Queens Medical Center in Honolulu.

## **Christine Ranck, Ph.D., LCSW**

Christine Ranck is an EMDRIA Approved Consultant and psychoanalyst in private practice in New York City. She is the author of the experiential, quantum creativity book, "Ignite the Genius Within" and a nationally known speaker and corporate seminar leader on the topic of freeing creativity. After 9/11, she worked with hundreds of survivors and first-responders. She is affiliated with St. Luke's/Roosevelt Rape Intervention Program in NYC, and was the volunteer director of the east coast speaker's bureau for Amnesty International for over 20 years. Christine is also a professional singer. She performed at EMDRIA's 20th anniversary celebration in Atlanta, and at EMDRIA Award Ceremonies in 2003 (Denver), 2005 (Seattle), and 2006 (Philadelphia).

## **Susan Schaefer, Ph.D.**

Susan Schaefer provided consultation to EMDR trained clinicians as part of EMDR HAP's project which offered services to New Orleans EMDR therapists and survivors of Hurricane Katrina. Although she has presented papers and conducted numerous trainings in the United States and abroad, her true passion is clinical work. She previously taught at the University of Minnesota Social and Behavioral Sciences Program and the Program in Human Sexuality, University of Minnesota Medical School. Susan is published in a variety of clinical areas. Among her published works are two co-authored monographs which were selected by Harvard psychologist, Brendan Maher, Ph.D., for publication.

## **Natalia Seijo, Ph.D.**

Natalia Seijo is a psychologist and psychotherapist with 11 years of experience. She works in an Outpatient Clinic in Private Practice and is training in different psychotherapeutic approaches. She has an Art and Body Postgraduate and is developing a research activity and doctoral thesis on the subject. She is interested in somatoform dissociation and integration of body and group therapies and EMDR. She has been collaborating during the last 8 years with the Spanish EMDR Association and has considerable experience as an EMDR therapist.

## Andrew Seubert, LPC, NCC

Formerly an educator, musician and Peace Corps volunteer, Andrew Seubert is a licensed psychotherapist with 25 years experience. He has extensive training in Existential-Gestalt therapy and is an EMDRIA Approved Consultant and trainer. Andrew specializes in working with trauma, posttraumatic stress, eating disorders, and the integration of spirituality and psychotherapy. His first book, "The Courage to Feel: A Practical Guide to the Power and Freedom of Emotional Honesty", was published in June of 2008.

## Robin Shapiro, MSW, LICSW

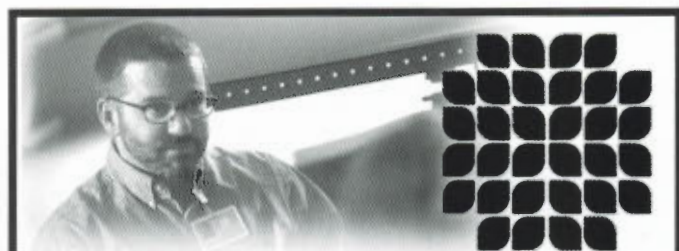
Robin Shapiro is an EMDR practitioner and EMDRIA Approved Consultant in Seattle, known for user-friendly explanations of complex material. She has presented workshops at four Northwest and two international EMDR conferences. She is skilled at synthesizing diverse therapy modalities and explaining them, simply, to other therapists. Robin edited and contributed to EMDR Solutions: Pathways to Healing (Norton, 2005) and EMDR Solutions II: Depression, Eating Disorders, Performance and More (2009) and wrote Trauma Treatments Handbook: Protocols Across the Spectrum (2010). She presented the Depression material in Boise, Idaho, in 2007 and at the EMDR Canada Conference in Vancouver in 2009.

## Amber Stiles-Bodnar, M.S.Ed., LPCC-S, LCDC III

Amber Stiles-Bodnar graduated from Youngstown State University with an M.S.Ed. in Community Counseling. She currently works at Homes for Kids – Child and Family Solutions, a foster care and mental health counseling agency in northeastern Ohio, where she supervises a multi-dimensional therapeutic foster care program. She has experience working with dually diagnosed clients and provides counseling services through local outpatient counseling agencies. She also works at a community mental health residential crisis stabilization unit. Amber is an EMDRIA Certified Therapist working towards Approved Consultant status. Clinical areas of interest include trauma, PTSD, sexual abuse, LGBT issues, co-occurring disorders and children's issues.

## Christina Welte-Lake, LCSW

Christina Welte-Lake is a Clinical Social Worker currently working in a Correctional Facility in the state of Connecticut, which is designated for persons with mental illness. She is developing and nurturing her passion for helping persons of color to thrive by assisting them in the healing process as a mental health clinician. She accomplishes this both at the Garner Correctional Facility and as a one year Clinical Fellow in EMDR training at Dixwell Newhallville Community Mental Health Services in New Haven, CT. She has been a licensed clinical social worker since 1991. She enjoys assisting clients in remembering their inherent "goodness".



### EMDR Intensives™ are now available at Sierra Tucson's Progressions Program!

Designed for individuals who are currently in therapy and want to accelerate the healing process, Sierra Tucson's two-week EMDR Intensives™ offer individual EMDR therapy, assessment services, Somatic Experiencing®, Equine-Assisted Therapy, Integrative Therapies, and more.

Call to learn more about Sierra Tucson's dedicated EMDR Department and EMDR Intensives™.

*"Compassionate Care, Clinical Excellence"*

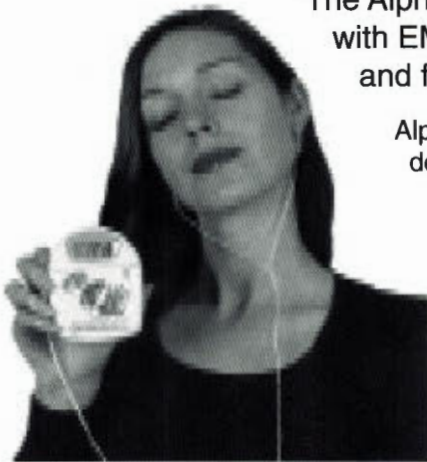
**SIERRA TUCSON®**  
800-842-4487  
[www.SierraTucson.com](http://www.SierraTucson.com)

A Member of CRC Health Group  
Dually Accredited by The Joint Commission  
Accredited by the American Academy of Pain Management

## Kate Wheeler, Ph.D., APRN, FAAN

Kate Wheeler is an EMDRIA Certified Therapist and Certified adult psychiatric-mental health nursing, psychiatric nurse practitioner, psychotherapy and psychoanalysis, hypnosis and outcome measurement. She is a Professor of Nursing at Fairfield University and has a part-time private practice specializing in trauma. Kate is currently conducting outcome research on EMDR and is on the Editorial Board of the Journal of EMDR Practice and Research. She has published and presented numerous research projects and is currently serving as research consultant on several EMDR HAP projects. Her award winning book "Psychotherapy for the Advanced Practice Psychiatric Nurse" is based on the Adaptive Information Processing model and provides a framework for psychotherapy practice.

# Increase Effectiveness of EMDR



The Alpha-Stim® is clinically proven to lower anxiety. Using it in conjunction with EMDR enables patients to stay more grounded in adult resources and facilitates easier and quicker retrieving of deeper information.

Alpha-Stim® is a patented medical device that treats anxiety, insomnia and depression with microcurrent using a method called cranial electrotherapy stimulation (CES). Anxiety reduction is usually experienced during the initial treatment. Depression and insomnia control are generally experienced within 2 to 3 weeks of treatment that may only take 20 minutes a day. Alpha-Stim is suitable for clinical or home use and has no significant lasting side effects.

**Alpha Health Systems**  
Alpha-Heath.com

9 out of 10 Patients Experience  
Significant Results

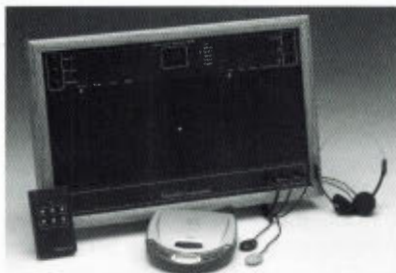
**Free  
Demo**

Come by Alpha Health Systems' booth the get the EMDR Protocol and abstracts of many of the over 130 published studies on CES.

PAID ADVERTISEMENT

## Advanced EMDR Technology from NeuroTek

Stop by our booth to see what's new



See our complete selection of  
EMDR tools on our web site or  
call us for a free catalog

**NeuroTek  
Corporation**

EMDR Technology since 1991

### Our full line of EMDR Clinician's Assistants

**Advanced LapScan 4000**  
Portable visual, *any* auditory, tactile

**EyeScan Deluxe**  
Blue/Green/Red/tactile/auditory/music  
**EyeScan 4000 Green**  
Green lights/tactile/auditory/w or wo music

**EyeScan 4000 Blue**  
Blue lights/tactile/auditory/w or wo music

**EyeScan 2000S**  
The original light-bar with auditory

**Advanced Tac/AudioScan**  
Portable tactile & *any* auditory

**Basic Tac/AudioScan**  
Portable tactile & auditory

12100 W. 52nd Ave. #116  
Wheat Ridge CO 80033

303 420-8680 Voice  
303 422-9440 Fax

emdrtools@neurotekcorp.com - email  
www.neurotekcorp.com - web site

PAID ADVERTISEMENT

# Poster Sessions

- 1 **Concentrated EMDR: A Case Study of EMDR with Co-Morbid Depression and Anxiety**  
*Earl Grey, Ph.D.*  
 Contributing Faculty at Walden University  
 Pittsburgh, PA
- 2 **Comparison of Eye Movement Desensitization and Reprocessing (EMDR) and Cognitive Processing Therapy (CPT) for Symptom Reduction in Veterans with PTSD: A Nonrandomized Study in a Residential Clinical Setting**  
*Joseph J. Graca, Ph.D., L.P.*  
 Clinical Psychologist - St. Cloud VA Medical Center  
 St. Cloud, MN  
  
*Glen A. Palmer, Ph.D., FACP*  
 Licensed Psychologist - St. Cloud VA Medical Center  
 St. Cloud, MN  
  
*Kylene E. Occhietti*  
 Psychometrist - St. Cloud VA Medical Center  
 St. Cloud, MN
- 3 **Comparing Dialectical Behavior Therapy to Eye Movement Desensitization and Reprocessing: A Phase-based Trauma Treatment Pilot Project**  
*M. Meghan Davidson, Ph.D.*  
 Assistant Professor - University of Nebraska  
 Lincoln, NE  
  
*Ann E. Potter, Ph.D.*  
 Clinical Psychologist - YMCA Omaha  
 Omaha, NE  
  
*Debra Wesselmann, M.S., L.I.M.H.P.*  
 Psychotherapist - Attachment and Trauma Center of Nebraska  
 Omaha, NE
- 4 **Bridging the Gap between Clinical Practice and Research with EMDR**  
*Tiina Heimonen, HBSW, MA, CT*  
 Mental Health Clinician - St. Joseph's Care Group, Sister Margaret Smith Centre  
 Thunder Bay, Ontario, CANADA  
  
*Carol Watson, MSW, RSW, CT*  
 Mental Health Clinician - St. Joseph's Care Group, Sister Margaret Smith Centre  
 Thunder Bay, Ontario, CANADA  
  
*Ron Davis, Ph.D.*  
 Associate Professor of Psychology - Lakehead University  
 Thunder Bay, Ontario, CANADA
- 5 **A Recipe for Health: Combining Expressive Arts with EMDR in the Treatment of Eating Disorders**  
*Lauren Lazar Stern, MA, ATR-BC, LPC*  
 Psychotherapist - The Group for Psychotherapy  
 Pittsburgh, PA  
  
*Earl Grey, Ph.D.*  
 Founding Director / Independent Researcher - Chrysalis Mental Health & Wellness Inc.  
 Pittsburgh, PA
- 6 **The Effect of Resolving Early Memories on the Level of Distress Associated with Later Memories: Two Cases**  
*Ricky Greenwald, Psy.D.*  
 Executive Director - Trauma Institute & Child Trauma Institute  
 Greenfield, MA  
  
*Andrew Seubert, LPC*  
 Director - ClearPath Healing Arts Center  
 Mansfield, PA

# Exhibit Hall Hours

Thursday | 7:00AM - 6:00PM

Friday | 7:00AM - 5:30PM

Saturday | 7:00AM - 7:30PM

Sunday | 7:00AM - 3:30PM

*The following pages may contain advertisements for products, programs, publications and/or services. EMDRIA provides this information as a service to Conference attendees, however, these services are not endorsed by EMDRIA and/or its Board of Directors or Officers.*

## CONFERENCE RAFFLE!

Some of our Exhibitors have generously donated items for our Stamp Stop Raffle. Take your Raffle Card that you received at registration, and visit ALL the participating exhibits. Once your card is completely full, drop it in the box at the Registration Desk. Drawings will occur throughout the Conference. Good luck!

**Thanks to the following Exhibitors for their generous donations:**

Convention Media Solutions  
EMDR Journey  
HeartMath  
Performance And Realization  
The Meadows  
Elements Behavioral Health:  
Promises Treatment Centers and The Ranch

EMDR in Action  
EMDR International Association  
Mentor Books  
Springer Publishing Company  
Trauma Institute/Child Trauma Institute, Inc.

# Sponsors & Exhibitors

## Conference Handout CD's Sponsor

Pine Grove Behavioral Health (Booth #218)

Contact: Allison Sutton

2255 Broadway Drive

Hattiesburg, MS 39402

Phone: 601.288.4942

Fax: 601.288.4756

Email: [asutton@forrestgeneral.com](mailto:asutton@forrestgeneral.com)

Web: [www.pinegrovetreatment.com](http://www.pinegrovetreatment.com)



**PINE GROVE**

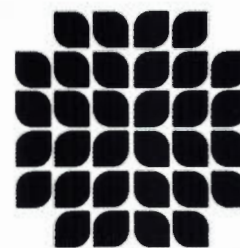
**BEHAVIORAL HEALTH & ADDICTION SERVICES**

Pine Grove Behavioral Health and Addiction Services is one of the largest comprehensive treatment campuses in the country. For twenty-five years Pine Grove has offered a continuum of services ranging from outpatient to inpatient and residential treatment. Pine Grove has developed nationally recognized programs treating men and women suffering from a variety of addictions and behavioral disorders such as chemical dependency, eating disorders, sex addiction, personality disorders, trauma, and vocational issues. For one life with many seasons – Pine Grove is one place with many solutions. 1-888-574-HOPE (4673).

## Networking Reception Sponsor

### Sierra Tucson (Booth #206)

Contact: Lila Duffy  
39580 S. Lago del Oro Parkway  
Tucson, AZ 85739  
Phone: 520.818.5885 ext. 2303  
Fax: 520.818.5869  
Email: eduffy@SierraTucson.com  
Web: www.SierraTucson.com



**SIERRA TUCSON®**

Sierra Tucson is internationally renowned as a leader in the treatment of coexisting disorders. Specialized programs are offered for Chemical Dependency, Eating Disorders, Mood Disorders, Trauma, Sexual Compulsivity, Chronic Pain, and Complex Assessment and Diagnosis. Our bio-psycho-social-spiritual approach incorporates medical/psychiatric services, 12-Step philosophy, experiential and integrative therapies, and a Family Program. Located in the foothills of the Santa Catalina Mountains near Tucson, Arizona, Sierra Tucson provides a safe, healing environment with the highest level of confidentiality. Dual Accreditation by The Joint Commission plus Accreditation by the American Academy of Pain Management. A member of CRC Health Group (800.842.4487).

## Saturday Coffee Breaks Sponsor

### NeuroTek Corporation (Booth #113 & #115)

Contact: Doug Fisher  
12100 W. 52nd Ave., Unit #116  
Wheat Ridge, CO 80033  
Phone: 303.420.8680  
Fax: 303.422.9440  
Email: emdrtools@neurotekcorp.com  
Web: www.neurotekcorp.com



NeuroTek Corporation has been manufacturing quality EMDR products since 1991. Visit our booth and experience the latest technology designed to assist the EMDR clinician.

## Lanyards Sponsor

### The Meadows (Booth #106)

Contact: Intake Department  
1655 North Tegner  
Wickenburg, AZ 85390  
Phone: 800.632.3697 or 928.684.4000  
Fax: 928.694.4037  
Email: info@themeadows.com  
Web: www.themeadows.com



The Meadows is a multi-disorder facility located in Wickenburg, Arizona specializing in the treatment of trauma and addiction. Intensive treatment focuses on drug and alcohol addiction, sexual disorders, psychological conditions, affective disorders and compulsive behaviors. The Meadows is licensed as a level one psychiatric acute hospital. The Meadows also offers extended care at three facilities: Mellody House: Extended Care for Trauma, Dakota: Extended Care for Sexual Recovery, and The Meadows Texas: Extended Care for Addiction and Trauma. At The Meadows "Recovery Becomes Reality."

## FREE TAKE ONE TABLE

Pamphlets, brochures, cards, leaflets, magazines, and similar materials will be displayed at the Take One Table in the Exhibit Hall. Please feel free to drop by and pick up anything that may be of interest to you.

### **PLEASE DO NOT ADD YOUR MATERIALS TO THE TAKE ONE TABLE!**

*Inclusion of your materials on the Take One Table requires payment to EMDRIA. The table is checked periodically during the Conference and any materials left without payment are thrown away. If you are interested in adding your materials, please visit the Registration Desk.*

## Friday Full Day Workshop - Session 211 Sponsor

### EMDR in Action (Booth #111)

Contact: Colleen West or Cynthia Lubow  
3020 El Cerrito Pl.  
El Cerrito, CA 94530  
Phone: 510.412.2155  
Email: [contact@EMDRinAction.com](mailto:contact@EMDRinAction.com)  
Web: [www.EMDRinAction.com](http://www.EMDRinAction.com)



**EMDR**  
IN ACTION.COM

EMDR in Action is a dynamic, interactive website, which features information, EMDR therapist listings, therapist recommendations, and video of actual EMDR sessions for the client seeking EMDR. It is also an online community for EMDR Professionals, offering them a place to list their practice, publicize their publications and classes, read and download articles of clinical interest, see book and equipment recommendations, and watch video interviews with EMDR thought leaders.

## Saturday Full Day Workshop - Session 311 Sponsor

### I Think, I Feel, I Am (Booth #108)

Contact: Melinda Halpern-Collins  
61263 Paulina Ln.  
Bend, OR 97702  
Phone: 541.749.0535  
Email: [melinda@ithinkifeeliam.com](mailto:melinda@ithinkifeeliam.com)  
Web: [www.ithinkifeeliam.com](http://www.ithinkifeeliam.com)



I Think, I Feel, I Am Cards is a therapeutic card deck of 50 cards created for children, adolescents, and adults. The cards provide visually stunning statements to encourage conversation and clarity for clients and students of all ages.

## Exhibitors

### Alpha Health Systems (Booth #207)

Contact: Terry Argast, Ph.D.  
30101 Town Center Dr. Ste. 201  
Laguna Niguel, CA 92677  
Phone: 949.495.1262  
Fax: 949.249.5681  
Email: [DrArgast@cox.net](mailto:DrArgast@cox.net)  
Web: [www.Alpha-Health.com](http://www.Alpha-Health.com)

**Alpha Health Systems**

Alpha Health Systems is an authorized distributor of Alpha-Stim electromedical products, which are FDA registered for the treatment of anxiety, depression, insomnia and pain. These devices can be used in the office or home. Using an electrical microcurrent (with a unique waveform), treatment normalizes electrical activity in the brain and body. The Alpha-Stim SCS (Stress Control System) is especially useful in conjunction with EMDR, increasing the effectiveness and speed of treatment. We also distribute HeartMath's emWave Desktop and emWave PSR, effective biofeedback devices that help patients control stress. The emWave PC operates on most PC's.

### Aura Photo & Reading (Booth #107)

Contact: Belle Star  
385 Pearl Street  
Boulder, CO 80302  
Phone: 303.249.6958  
Email: [LaBelleStar@earthlink.net](mailto:LaBelleStar@earthlink.net)  
Web: [www.bellestar.net](http://www.bellestar.net)



Be yourself - Everyone else is taken! Aura Photographs/readings are a powerful aid to understanding one's life pattern and potential. They can be defined as an energetic bank account. The color, size, shape, and intensity of the aura can reveal the extent of one's energetic assets. There are also special auras dealing with the identification of cosmic contracts. Are you a healer, a mystic, a minister, teacher or cosmic peaceworker? Belle Star has over 50 years of reading experience. Full color personal photo and analysis cost \$40. Also available: Swarovski crystal chakra necklaces & fine gemstone jewelry at reasonable prices.

## Convention Media Solutions

Contact: Tom Isom  
PO Box 459  
Cedar Park, TX 78630-0459  
Phone: 512.834.9492  
Fax: 512.697.8402  
Email: tom@conventionmedia.net  
Web: www.conventionmedia.net



Convention Media provides audio recordings of the breakout sessions of the EMDRIA 2010 Conference. We offer a product range that includes handouts, the power points of the speakers and the audio recordings coupled together. If you have this product, it will be similar to being in the classroom live. Please see our booth for a live demonstration. We also offer the sessions as downloads as well as on audio CD. So, since its not possible for you to attend all breakout sessions this is a great way to hear what you have missed.

## EasyEMDR (Booth #125)

Contact: Brady Robinson  
PO Box 2921  
Denton, TX 76202  
Phone: 940.300.6462  
Fax: 480.275.3816  
Email: sales@easyemdr.com  
Web: www.easyemdr.com



EasyEMDR is a software tool for presenting visual and auditory stimuli within the context of EMDR therapy. EasyEMDR requires almost no technical or computer skills to operate. Client and therapist work together to design a processing experience that is tailored to the client's individual preferences. Choose from over 600 images and sounds. Control speed, direction, and size of stimuli. Client's preferences can be saved for fast and easy setup for future sessions. EasyEMDR is available for both PC and Mac users.

## Elements Behavioral Health:

### Promises Treatment Centers and The Ranch (Booth #212 and #214)

Contact: Terri O'Connor  
3919 North Janssen, 2E  
Chicago, IL 60613  
Phone: 773.610.5601  
Email: toconnor@theelements.com  
Web: www.theelements.com



Elements Behavioral Health, Parent Company for:  
*Promises Treatment Centers, California*

As an industry leader over 21 years, Promises Treatment Centers has defined modern addiction treatment, offering a confidential and serene environment for men and women to begin recovery from addiction and co-occurring disorders. Promises provides individualized, structured, 12-step based programs along a full continuum of care.

*The Ranch, Tennessee*

Residential programs offer a spiritually focused, community -based environment that allows the time and space to address the specific core issues, which are the foundation of our need to self-medicate. Primary treatment for CD, ED and/or Mood Disorder for both Men and Women. Both programs provide variety evidence-based treatments including EMDR and Bio-Neuro- Feedback to elevate results.

## EMDRIA Foundation (Booth #101)

5806 Mesa Dr., Suite 360  
Austin, TX 78731  
Phone: 512.451.5200  
Fax: 512.451.5256  
Email: info@emdriafoundation.org  
Web: www.emdriafoundation.org

# EMDRIA Foundation

"Investing in the Health and Well-Being of People Everywhere"

The EMDRIA Foundation is dedicated to furthering the development of EMDR through the promotion of quality, unbiased research as well as the education of mental health professionals and the public. Funding and promoting scientific research is crucial to the advancement of EMDR and its positive impact on people's lives. By supporting EMDR research, the EMDRIA Foundation is investing in the health and well-being of people everywhere.

Your generous donation makes a difference. Visit our booth to learn more.

**EMDR Humanitarian Assistance Programs (Booth #201 & #202)**

Contact: Robert Gelbach  
 2911 Dixwell Avenue, Ste. 201  
 Hamden, CT 06518  
 Phone: 203.288.4450  
 Fax: 203.288.4060  
 Email: [contact@emdrhap.org](mailto:contact@emdrhap.org)  
 Web: [www.emdrhap.org](http://www.emdrhap.org)



EMDR HAP is the humanitarian assistance arm of the EMDR community. We provide education and clinical training to reach underserved populations anywhere in the world, as well as direct service to first responders and survivors in the wake of disaster. We are a partnership of volunteers and donors to promote life, hope, and healing through EMDR.

**EMDR International Association (Booth #102)**

5806 Mesa Drive, Suite 360  
 Austin, TX 78731  
 Phone: 512.451.5200  
 Fax: 512.451.5256  
 Email: [info@emdria.org](mailto:info@emdria.org)  
 Web: [www.emdria.org](http://www.emdria.org)



The EMDR International Association (EMDRIA) is a membership organization of mental health professionals dedicated to the highest standards of excellence and integrity in EMDR. Its purposes are: a) to establish and uphold standards of practice, training, certification, and research; b) to provide information, education, and advocacy; and c) to assist practitioners in fulfilling their responsibilities to the public. Visit our booth for more information about programs, services and membership.

**EMDR Journey (Booth #205)**

Contact: Deborah Courtney, LMSW, MA  
 85 Myrtle Avenue  
 Mahopac, NY 10541  
 Phone: 914.907.6046  
 Fax: 845.621.2153  
 Email: [deborahmccourtney@yahoo.com](mailto:deborahmccourtney@yahoo.com)  
 Web: [www.emdrjourney.com](http://www.emdrjourney.com)



"The EMDR Journey" is an innovative board game that puts phases 3-7 of Dr. Francine Shapiro's Protocol into action for a variety of ages, while providing fun visual and tangible aids. Any therapist utilizing "The EMDR Journey" must be trained in the 8 Phase EMDR Protocol. The Therapists' Guide assists the clinician in leading the client through the protocol. You will also find the following included in the game: Experience Cards, Negative and Positive Cognition Cards, Safe Place Card, and VOC and SUDs Dial.

**HeartMath (Booth #208 & #210)**

Contact: John White  
 14700 West Park Avenue  
 Boulder Creek, CA 95006  
 Phone: 831.338.8711  
 Fax: 831.338.9861  
 Email: [jwhite@heartmath.com](mailto:jwhite@heartmath.com)  
 Web: [www.HeartMath.com](http://www.HeartMath.com)



HeartMath provides a range of unique services, products, and technology to increase health and well-being while dramatically reducing stress. The emWave® technology and HeartMath system are currently being used by Duke Medical Center, Stanford, Kaiser, UNC, Blue Cross Blue Shield, Sutter Health and many other top healthcare organizations to reduce stress, depression, fatigue, sleep problems and improve emotional fitness.

**Mentor Books (Booth #112)**

Contact: Blair Dunn  
 5318 Lowell St.  
 Denver, CO 80221  
 Phone: 303.975.1950  
 Fax: 303.975.1936  
 Email: [blair@mentorbooks.com](mailto:blair@mentorbooks.com)  
 Web: [www.mentorbooks.com](http://www.mentorbooks.com)



Your conference bookstore selling books, CD's, music and DVD's on EMDR, Trauma, ACT, Mindfulness, Neurobiology and other cutting edge therapy topics. Our goal is to enhance your EMDRIA conference learning experience. Please call us if you need anything 303.975.1950, or visit our website [www.mentorbooks.com](http://www.mentorbooks.com).

**Performance And Realization (Booth #109)**

Contact: Adrienne B. Casadaban, Ph.D.  
 110 Lafayette Circle, Suite 100  
 Lafayette, CA 94549  
 Phone: 925.946.9991  
 Fax: 925.935.3123  
 Email: DrCasa8@gmail.com  
 Web: www.PerformanceAndRealization.com



Adrienne, an EMDRIA Approved Consultant, teaches mental health professionals and others about the brain-mind-self framework, which uses scientific understanding to provide an overview of human nature and ground effective psychotherapy. The mind-brain-self framework contributes a basis for understanding how and why EMDR has so much to offer psychotherapy. Performance And Realization provides consultation, psychotherapy, coaching, articles, books, psycho-educational aids, and other resources. Adrienne offers therapists in-office, telephone, and internet (Skype) consultation for EMDRIA Certification and Approved Consultant status at affordable prices.

**Roy Kiessling, EMDRIA Approved Consultant (Booth #117)**

Contact: Roy Kiessling, LISW  
 P.O. Box 43273  
 Cincinnati, OH 45243  
 Phone: 513.324.EMDR(3637)  
 Fax: 513.561.EMDR(3637)  
 Email: roykiessling@me.com  
 Web: www.roykiessling.com

Roy provides affordably priced group and individual telephone and internet (Skype & IChat) consultation for EMDR Basic Training Courses, and EMDRIA Certification and Approved Consultant status. Additionally, he offers distance learning courses and advanced workshops for EMDRIA credit in EMDR Case Conceptualization, Belief Focused EMDR and Resource Development. Coming in the fall of 2010 is a DVD series of presentations under the title of, "EMDR for Newbies". These DVDs will consist of series of EMDR lectures based upon, and presented for those just learning the basic EMDR protocols and procedures." Topics will include EMDR Basics Parts 1 & 2 and Resource Development Basics.

**Soldier Center (Booth #117)**

Contact: E.C. Hurley, DMin, LMFT  
 P.O. Box 20626  
 Clarksville, TN 37042  
 Phone: 931.553.6981  
 Fax: 931.553.6982  
 Email: HurleyEC@gmail.com  
 Web: www.Soldier-Center.com



Soldier Center provides EMDR advanced specialty training and consultation in working with active duty military personnel with combat trauma and their family members. Training ranges from one day workshops to a year long training program working with complex PTSD issues among soldier clients seen at Soldier Center. Participants join a training team of experienced, seasoned EMDR consultants who provide opportunities for advanced development in EMDR clinical skills working with complex combat trauma. Our objective is to assist in the development of confidence and competency using EMDR in treating complex combat trauma issues.

**Springer Publishing Company (Booth #105)**

11 W. 42nd St., 15th Floor  
 New York, NY 10036  
 Phone: 877.687.7476 (Toll-Free)  
 Fax: 212.941.7842  
 Email: cs@springerpub.com  
 Web: www.springerpub.com



For sixty years, Springer Publishing Company has been serving the health care and medical industries in both the professional and education fields. Our books and journals provide vital information for practitioners, students, academics, and researchers in nursing, psychology, gerontology, social work & counseling, public health and medical education.

**Trauma Institute / Child Trauma Institute (Booth #216)**

Contact: Ricky Greenwald  
 P.O. Box 544  
 Greenfield, MA 01302  
 Phone: 413.774.2340  
 Fax: 413.772.2090  
 Email: rg@childtrauma.com  
 Web: www.childtrauma.com; www.trauma.info



Trauma Institute/Child Trauma Institute provides training programs, home study programs, consultation, assessment instruments, books, and other resources for mental health professionals and others.

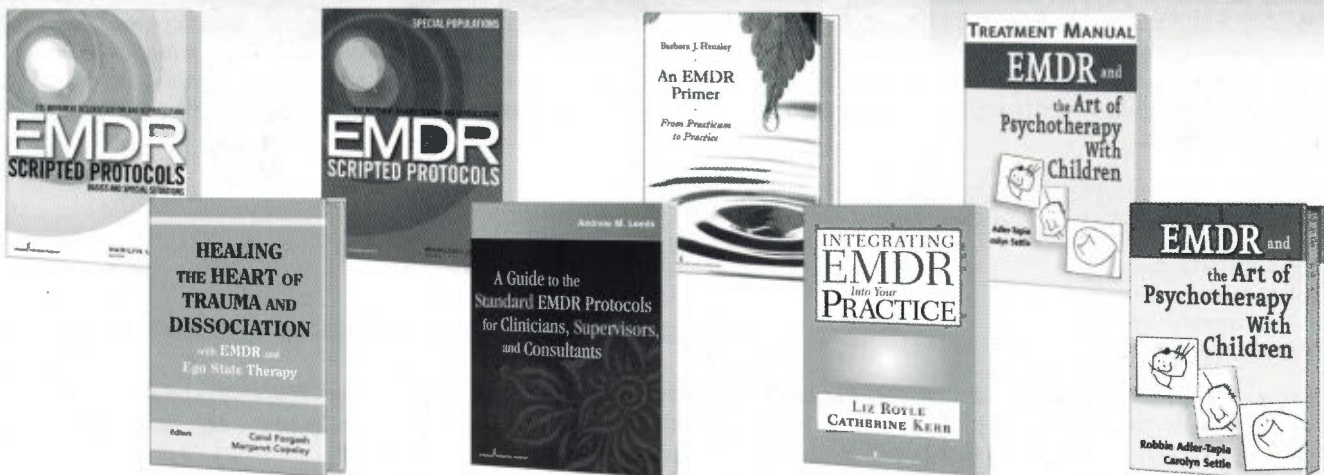
# Available from the EMDRIA BOOTH

**Please visit the EMDRIA Booth or the Registration Desk  
to order any of the following products:**

*EMDRIA Conference Handout CD's (2003 - 2009)*  
*What is EMDR? (for clients) Brochures*  
*EMDR & Children Brochures*  
*EMDR for Professionals Brochures*  
*EMDR Presentation Packet*  
*EMDR Jewelry*  
*20 Years of EMDR: Francine Shapiro Interview DVD*

...and more!

**SPRINGER PUBLISHING COMPANY**  
CELEBRATING 60 YEARS OF SERVICE TO THE HEALTH CARE AND HELPING PROFESSIONS



**VISIT THE MENTOR BOOKS BOOTH TO PURCHASE THESE EMDR TITLES  
AND SPRINGER PUBLISHING COMPANY'S BOOTH  
FOR MORE INFORMATION!**

Order Toll-Free: 877-687-7476 · Order Online: [www.springerpub.com](http://www.springerpub.com)

PAID ADVERTISEMENT