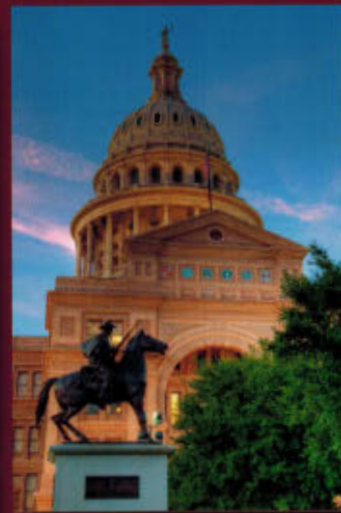
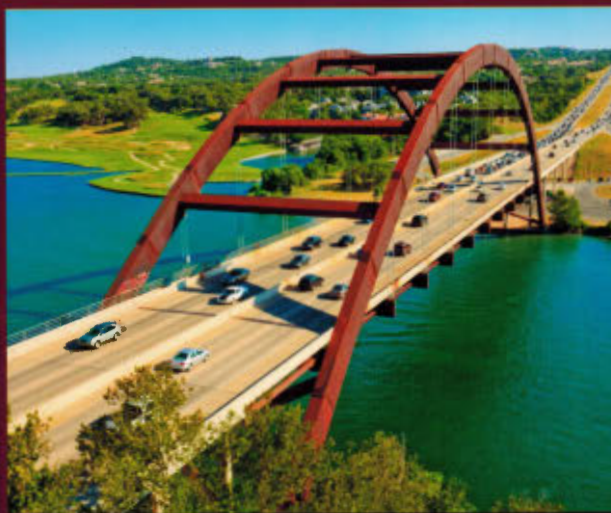


2013 EMDRIA CONFERENCE

EMDR: WHERE SCIENCE & RESEARCH MEET PRACTICE



September 26-29, 2013 | Austin, Texas | www.emdriaconference.com

2013 EMPRIA CONFERENCE

EMDR: WHERE SCIENCE & RESEARCH MEET PRACTICE

The EMDR International Association strives to provide a Conference dedicated to high quality presentations by trained clinicians and researchers to establish, maintain, and promote the highest standards of excellence and integrity in EMDR practice, research, and education. With this in mind, participants will be able to identify best practices and emerging research in the treatment of trauma; they will be able to apply advanced clinical skills in the use of trauma treatment modalities; and they will be able to identify ethical dilemmas and appropriate resolutions in educational settings, clinical supervision, and clinical practice.

ROOM ASSIGNMENTS

THURSDAY

SESSION 101	APPLICATIONS OF AIP MODEL FOR CHILDREN AND ADOLESCENTS YORK	BALLROOM B
SESSION 102	THE NEUROBIOLOGY OF TRAUMA AND EMDR PROCESSING URAM & BERGMANN	BALLROOM A
SESSION 103	THE LEGAL AND ETHICAL GAME SHOW CHALLENGE MITCHELL	TRINITY

FRIDAY

SESSION 201	THE CUTTING EDGE OF MIND-BODY MEDICINE BORYSENKO	GRAND BALLROOM
SESSION 221	EMDR AND COMPLEX TRAUMA MILLER	BALLROOM B
SESSION 222	PHYSIO-LOGICAL PSYCHOTHERAPY: THE INTEGRATIONS OF HEART VARIABILITY FEEDBACK CHAMBERLIN	SABINE
SESSION 223	REACHING THE UNSEEN FIRST RESPONDER WITH EMDR GILMAN & MARSHALL	PECOS
SESSION 224	EASY ATTACHMENT RESOURCING FOR EMDR SHAPIRO	BALLROOM A
SESSION 225	THE EQUILATERAL PROTOCOL JENKINS	SAN ANTONIO
SESSION 226	"I'VE LOST MY SOUL" - WORKING WITH MORAL INJURY USADI & LEVINE	TRINITY
SESSION 227	DEFINING NEW CREDENTIALING STANDARDS: AN UPDATE FREITAG, BARRETT, ERREBO & MORROW	SAN MARCOS
SESSION 231	ANCIENT WISDOM MEETS MODERN SCIENCE BORYSENKO	BALLROOM A
SESSION 232	A WINDOW INTO THE BLACK BOX: SUBTLETIES OF EMDR PROCESSING MANFIELD	TRINITY
SESSION 233	KEEPING IT IN THE ZONE: ASSESSMENT AND TECHNIQUES FOR OPTIMAL PROCESSING LITT	BALLROOM B
SESSION 234	TREATING PREVERBAL TRAUMA WITH EMDR WESSELMANN, ARMSTRONG, SCHWEITZER	SAN ANTONIO
SESSION 235	BREAKING THE ACE (ADVERSE CHILDHOOD EXPERIENCES) POOR HEALTH CYCLE FORGASH	SABINE
SESSION 236	THE STRENGTHS & WEAKNESSES OF THE AIP ZANGWILL, LIPKE, KIESSLING & ROUANZOIN	SAN MARCOS
SESSION 237	APPLICATION OF INTUITIVE SKILLS, RESONANCE, AND MINDFUL AWARENESS IN EMDR SIEGEL	PECOS

SATURDAY

SESSION 301	ADVERSE CHILDHOOD EXPERIENCES STUDY FELITTI	GRAND BALLROOM
SESSION 311	THE UNFORGIVEN: EMDR, EGO STATE THERAPY & ATTACHMENT IN EATING DISORDER TREATMENT SEUBERT	PECOS
SESSION 312	RELATIONAL EMDR - THE NEXT GENERATION DWORKIN	SABINE
SESSION 313	EMDR HAP DISASTER RESPONSE COLELLI, ALTER-REID AND SIMONS	SAN MARCOS
SESSION 321	UNDERSTANDING AND TREATING NARCISSISTIC PERSONALITY DISORDER WITH EMDR MOSQUERA	TRINITY
SESSION 322	RECOGNIZING AND WORKING WITH AFFECT PHOBIAS IN EMDR - IN CLIENT AND CLINICIAN LEEDS	BALLROOM B
SESSION 323	SIX PRACTICE-CHANGING TIPS FROM NEUROSCIENCE AND DEVELOPMENT PAULSEN	BALLROOM A
SESSION 324	AIP UTILITY IN TREATING COMBAT VETERANS PONDER AND MAYHUGH	SAN ANTONIO
SESSION 331	THE ADVERSE CHILDHOOD EXPERIENCES (ACE) STUDY, ADDICTION, AND EMDR BROWN	TRINITY
SESSION 332	FREQUENT PROBLEMS USING EMDR LEEDS, GONZALEZ AND MOSQUERA	BALLROOM B
SESSION 333	RESTORING DIGNITY: HEALING CULTURALLY-BASED WOUNDS NICKERSON	SAN ANTONIO
SESSION 334	THE NEUROBIOLOGY OF OCD UTILIZING EMDR SPROWLS AND MARQUIS	BALLROOM A

SUNDAY

SESSION 401	THE SCIENCE OF EMDR: AN UPDATE ON CURRENT THEORIES REGARDING MECHANISMS OF EMDR STICKGOLD	GRAND BALLROOM
SESSION 431	NEUROBIOLOGY, ADAPTIVE INFORMATION PROCESSING, AND TRAUMATIC DISSOCIATION LANIUS	BALLROOM B
SESSION 432	THE USE OF EMDR IN PREVERBAL TRAUMA KLAUS	BALLROOM A
SESSION 433	PSYCHOSIS, TRAUMA, DISSOCIATION, AND EMDR ROSS	TRINITY
SESSION 434	EARLY EMDR INTERVENTIONS LAIDLAW-CHASSE AND MILLER	SABINE
SESSION 435	EMDR TREATMENT OF MIGRAINE AND CHRONIC DAILY HEADACHE KONUK	SAN ANTONIO
SESSION 436	ENHANCING COMPETENCY IN EMDR THROUGH SUPERVISION AND CONSULTATION FERRELL	PECOS

Conference

SCHEDULE-AT-A-GLANCE

ENJOY 4 SUPER-CHARGED
DAYS OF EXCITEMENT!

Wednesday, September 25th

4:00PM - 6:00PM

Pre-Conference Registration

Plaza Level Foyer

Thursday, September 26th

7:00AM - 8:30AM

7:30AM - 8:30AM

7:30AM - 6:30PM

8:30AM - 5:00PM

10:00AM - 10:30AM

12:00PM - 1:30PM

2:00PM - 6:00PM

3:00PM - 3:30PM

5:00PM - 6:00PM

Pre-Conference Registration

Continental Breakfast

Exhibit Hall Open

Sessions 101 - 103

Coffee Break

LUNCH

Main Conference Registration

Coffee Break

Opening Reception

Plaza Level Foyer
Back of Exhibit Hall (Rio Grande Hall)
Exhibit Hall (Rio Grande Hall)
Room Locations on Page 3
Back of Exhibit Hall (Rio Grande Hall)
On your own
Plaza Level Foyer
Back of Exhibit Hall (Rio Grande Hall)
Exhibit Hall (Rio Grande Hall)

Friday, September 27th

7:30AM - 5:30PM

7:30AM - 8:30AM

7:30AM - 5:30PM

8:45AM - 10:30AM

10:30AM - 11:00AM

11:00AM - 12:30PM

12:30PM - 2:00PM

2:00PM - 5:30PM

3:30PM - 4:00PM

5:45PM - 6:15PM

7:00PM - 9:30PM

9:30PM - Midnight

Registration

Continental Breakfast

Exhibit Hall Open

Plenary Session 201

Coffee Break

Sessions 221 - 227

LUNCH

Sessions 231 - 237

Coffee Break

Become an EMDRIA Volunteer

EMDRIA Awards & Recognition Dinner

EMDR HAP Dance

Plaza Level Foyer
Back of Exhibit Hall (Rio Grande Hall)
Exhibit Hall (Rio Grande Hall)
Grand Ballroom
Back of Exhibit Hall (Rio Grande Hall)
Room Locations on Page 3
On your own
Room Locations on Page 3
Back of Exhibit Hall (Rio Grande Hall)
San Saba
Grand Ballroom
Grand Ballroom

Saturday, September 28th

7:30AM - 5:30PM

7:30AM - 8:30AM

7:30AM - 7:45PM

8:45AM - 10:30AM

10:30AM - 11:00AM

11:00AM - 5:30PM

11:00AM - 12:30PM

12:30PM - 2:00PM

2:00PM - 5:30PM

3:30PM - 4:00PM

5:45PM - 6:45PM

6:45PM - 7:45PM

Registration

Continental Breakfast

Exhibit Hall Open

Plenary Session 301

Coffee Break

Sessions 311 - 313

Sessions 321 - 324

LUNCH

Sessions 331 - 334

Coffee Break

General Membership Meeting

Networking Reception & Poster Session

Plaza Level Foyer
Back of Exhibit Hall (Rio Grande Hall)
Exhibit Hall (Rio Grande Hall)
Grand Ballroom
Back of Exhibit Hall (Rio Grande Hall)
Room Locations on Page 3
Room Locations on Page 3
On your own
Room Locations on Page 3
Back of Exhibit Hall (Rio Grande Hall)
Ballroom B
Back of Exhibit Hall (Rio Grande Hall)

Sunday, September 29th

7:30AM - 3:30PM

7:30AM - 8:30AM

7:30AM - 2:00PM

8:45AM - 10:30AM

10:30AM - 11:00AM

11:00AM - 3:30PM

12:30PM - 2:00PM

3:30PM

Registration

Continental Breakfast

Exhibit Hall Open

Plenary Session 401

Coffee Break

Sessions 431 - 436

LUNCH

Conference Concludes

Plaza Level Foyer
Back of Exhibit Hall (Rio Grande Hall)
Exhibit Hall (Rio Grande Hall)
Grand Ballroom
Back of Exhibit Hall (Rio Grande Hall)
Room Locations on Page 3
On your own
See you next year!

Acknowledgements

THANK YOU TO OUR VOLUNTEERS & STAFF

We would like to acknowledge the EMDRIA Conference Committee, Conference Volunteers, Volunteer Monitors, University Student Monitors, Board of Directors and EMDRIA Staff for the effort and time they have contributed to this event as well as their dedication to EMDRIA as an organization. The Conference would not be possible and EMDRIA would not be the successful organization it is today without their help. Thank you.

2013 Board of Directors

Kate Wheeler, Ph.D. - President
Terry Becker-Fritz, MS, RN, CS - Secretary
John "Jac" Carlson, Ph.D.
James Cole, Ed.D.
Dean Dickerson, Ph.D., A.A.E.T.S.
DaLene Forester, Ph.D., LMFT
Warren Faber, Ph.D. - Advisory Director

Mark Nickerson, LICSW - President-Elect
Susan Packwood, LCSW - Secretary-Elect
Carrie Cherep, MA, LCPC
Diane DesPlantes, LCSW
Ira Dressner, Ph.D.
Sandra Kaplan, LCSW

Conference Committee

Rosalie Thomas, RN, Ph.D. - Chair
Robert Broad, Ph.D.
Carol Cole, Psy.D.
Mark Dworkin, LCSW
Jennifer Lendl, Ph.D.
Helen Morton, MSW, LCSW
Janie Scholom, RN, LCSW-C
Storey Smith, MSW

Mary Ellen Tormey, MSN, RN, CNS
Susan Brown, LCSW, BCD
Irene Giessl, Ed.D.
Carol Miles, LCSW
Zona Scheiner, Ph.D.
Jocelyne Shiromoto, MSW, LCSW
Lesia Swanson, LICSW
Bennet Wolper, MSW

Conference Volunteers

Wendy Freitag, Ph.D.

Jocelyne Shiromoto, MSW, LCSW

Laura Steele, Psy.D., MFT

EMDR International Association Staff

Mark G. Doherty, CAE - Executive Director
Nicole Evans - Communications Specialist
Christal Rosa - Membership Development Coordinator
Sarah Tolino - Education & Training Coordinator

Gayla Turner, CAE - Deputy Executive Director
Jennifer Olson - Administrative Coordinator
Lynn Simpson - Membership Services Coordinator
Lisa Gallo, CMP (Horizon Meetings) - Meetings Project Manager

QUIET ROOM - Located in the Guadalupe Room (Atrium Level)

During a working Conference of this nature, you might find yourself over-saturated by the material or experiencing sensory fatigue due to changes in lighting, noise levels and temperature. If you would like to take a moment to sit quietly undisturbed, or reflect in solitude, you may seek an oasis in the room we have reserved as a dedicated Quiet Room. We invite you to utilize this service at any time during Conference program house, if you feel the need. We hope you find it helpful.

Special Events

NETWORK WITH YOUR PEERS

OPENING RECEPTION

THURSDAY, SEPTEMBER 26TH | 5:00PM - 6:00PM

EXHIBIT HALL

You are invited to join us for hors d'oeuvres and cocktails. This is a great opportunity to meet new people, become reacquainted with old friends and meet our 2013 Exhibitors. Everyone is welcome. A cash bar will be provided.

NEW MEMBER & FIRST-TIME ATTENDEE BREAKFAST

THURSDAY, SEPTEMBER 26TH | 7:30AM - 8:30AM

FRIDAY, SEPTEMBER 27TH | 7:30AM - 8:30AM

THE ARBOR (ATRIUM LEVEL)

New EMDRIA members and first-time Conference attendees are invited to join us for an exclusive breakfast reception. Come and mingle with the EMDRIA Board of Directors, committee members and other first-time attendees and new members. Take advantage of this exclusive opportunity to network with peers, establish connections and learn about EMDRIA member benefits.

HOW TO BECOME AN EMDRIA VOLUNTEER

FRIDAY, SEPTEMBER 27TH | 5:45PM - 6:15PM

SAN SABA ROOM

EMDRIA invites Committee Members and anyone interested in opportunities to volunteer to attend. At this meeting, you can have your questions answered about volunteering for EMDRIA as a Committee Member or about becoming a Board Member.

EMDRIA AWARDS & RECOGNITION DINNER

FRIDAY, SEPTEMBER 27TH | 7:00PM - 9:30PM

GRAND BALLROOM

EMDRIA recognizes those who have dedicated their time, expertise and knowledge to the preservation and growth of EMDR and EMDRIA. On-Site Registrants and those who RSVP'd 'not attending' will not be able to attend. Ticket Required.



EMDR HAP DANCE

FRIDAY, SEPTEMBER 27TH | 9:30PM - MIDNIGHT

GRAND BALLROOM

Join HAP at their annual fundraiser as they honor HAP Volunteers at the HAP Dance immediately following the EMDRIA Awards & Recognition Dinner. Entertainment and cash bar will be provided.



EMDRIA GENERAL MEMBERSHIP MEETING

SATURDAY, SEPTEMBER 28TH | 5:45PM - 6:45PM

BALLROOM B

The EMDRIA Board of Directors welcomes this opportunity to listen to your perspectives regarding the paths EMDRIA needs to take to keep us strong, vibrant and relevant as the future unfolds. Please come help plan the organization's future. Door prizes of a complimentary EMDRIA membership and complimentary Conference registration will be given out.

NETWORKING RECEPTION

SATURDAY, SEPTEMBER 28TH | 6:45PM - 7:45PM

EXHIBIT HALL

This reception is a great opportunity to network with colleagues and exhibitors. Take advantage of this opportunity to meet new people, reconnect with friends and broaden your connections. Hors d'oeuvres and a cash bar will be provided.

POSTER SESSIONS

SATURDAY, SEPTEMBER 28TH | 6:45PM - 7:45PM

EXHIBIT HALL

This is an opportunity to meet the authors of the posters selected for the Conference and to ask questions. Hors d'oeuvres and a cash bar will be provided.

Poster Sessions

& EMDRIA SIG MEETING SCHEDULE

POSTER SESSIONS

A Poster is a visual presentation of research or clinical project. Using schematic diagrams, graphs, tables and other strategies, presenters direct to the visual attention of the viewer, rather than writing text as you would for a journal article. Posters at the Conference may contain the results of a case study on a unique application of EMDR, the findings from research on evaluations of components of the EMDR protocol, a tool for assessing EMDR effectiveness, or a literature review of an aspect of the treatment.

Presenters will be available at the Posters Session on Saturday, September 28th from 6:45PM-7:45PM in the Exhibit Hall to answer questions and dialogue with others who are interested in the content.

- 1 **GETTING TRAINEES TO USE EMDR**
Ricky Greenwald, Psy.D. | Trauma Institute & Child Trauma Institute | Greenfield, MA
Scott D. McClintock, Ph.D. | West Chester University of Pennsylvania | West Chester, PA
- 2 **USING EMDR IN INTERNET VIDEO SESSIONS**
JoAnna Watson Wong, MFT | Los Angeles, CA
- 3 **EMDR AND INTERNAL FAMILY SYSTEMS THERAPY TEAM UP TO TREAT TRAUMA IN CHILDREN/ADOLESCENTS**
Janis Clark Johnston, Ed.D. | Oak Park, IL
- 4 **USE OF PRETREATMENT MENTAL HEALTH SCREENING MEASURES TO PREDICT POSTTRAUMATIC GROWTH IN VETERANS TREATED WITH EMDR**
Joseph J. Graca, Ph.D.; Glen A Palmer, Ph.D.; and Kylene E. Occhietti, MSW | St. Cloud VA Health Care System | St. Cloud, MN

EMDR SIG MEETING SCHEDULE

MILITARY - FRIO ROOM
THURSDAY, SEPTEMBER 26TH | 12:15PM - 1:15PM
FRIDAY, SEPTEMBER 27TH | 12:45PM - 1:45PM
SUNDAY, SEPTEMBER 29TH | 12:45PM - 1:45PM

CHILD & ADOLESCENT - CONCHO ROOM
FRIDAY, SEPTEMBER 27TH | 12:45PM - 1:45PM

EATING DISORDERS - SAN SABA ROOM
FRIDAY, SEPTEMBER 27TH | 12:45PM - 1:45PM

ENERGY MEDICINE - CONCHO ROOM
FRIDAY, SEPTEMBER 27TH | 5:30PM - 6:30PM

PUBLIC PRACTICE & DIVERSITY - SAN SABA ROOM
SATURDAY, SEPTEMBER 28TH | 12:45PM - 1:45PM

MEDICAL ILLNESS - CONCHO ROOM
SATURDAY, SEPTEMBER 28TH | 12:45PM - 1:45PM

FIRST RESPONDERS - SAN SABA ROOM
SUNDAY, SEPTEMBER 29TH | 12:45PM - 1:45PM

Continuing Education

INFORMATION

Accrediting Agencies



American Psychological Association:

EMDR International Association is approved by the American Psychological Association to sponsor continuing education for psychologists. EMDR International Association maintains responsibility for the program and its content.

National Board for Certified Counselors:

EMDR International Association is an NBCC-Approved Continuing Education Provider (ACEPTM) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. (NBCC #5757)

California Board of Behavioral Sciences:

For California, the course meets the qualifications for 22.5 hours of continuing education credit for MFTs and/or LCSWs, as required by the California Board of Behavioral Sciences. EMDR International Association, Provider #PCE233

Texas State Board of Marriage & Family Therapists:

EMDR International Association is approved by the Texas State Board of Marriage and Family Therapists to provide continuing education to Marriage and Family Therapists. Provider #223

Texas State Board of Social Work Examiners:

EMDR International Association is approved by the Texas State Board of Social Work Examiners to provide continuing education to Social Workers. Provider #2689

National Association of Social Workers:

This program is approved by the National Association of Social Workers (Approval #886370850-2188) for 22.5 Social Work continuing education contact hours.

EMDR International Association:

All sessions of this Conference are approved for EMDRIA Credit except those indicated in the program.

Credit Designation Statement:

Physician:

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Institute for the Advancement of Human Behavior (IAHB) and EMDR International Association (EMDRIA). The IAHB is accredited by the ACCME to provide continuing medical education for physicians.

The IAHB designates this live activity for a maximum of 22.5 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurse:

The Institute for Advancement of Human Behavior is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This course is co-provided by IAHB and EMDR International Association (EMDRIA). Maximum of 22.5 contact hours.

Please be aware that all credit hours will be awarded according to the individual requirements of each continuing education agency.

Satisfactory Completion:

Participants must complete an evaluation form in order to receive a certificate of completion/attendance. Your chosen sessions must be attended in their entirety. Partial credit of individual sessions is not available. It is imperative that you scan in and out of every session you attend, as you will not be able to obtain credits if you do not. **NO EXCEPTIONS.**

Overall Conference Educational Objectives:

1. Participants will be able to discuss EMDR treatment for PTSD and other diagnoses to improve practitioner competence and patient outcomes.
2. Participants will be able to apply new strategies for integrative treatment of clinical cases.

Target Audience:

National audience of mental health professionals including psychiatrists, psychologists, social workers, nurses, advanced nurse practitioners, counselors and marriage and family therapists.

Continuing Education

INFORMATION

EARN CEU'S

We will be using software that allows you to print your certificates just two weeks after the Conference by going to our Conference website. This process will allow you to receive your certificates faster. This means that we will not be sending certificates in the mail. Please go to our Conference website and click on the Continuing Education link for more details. Please contact our office if you require special assistance in printing your certificates.

It is imperative that you scan in and out of every session you attend, as you will not be able to obtain credits if you do not. You must attend each workshop you sign up for, in its entirety, to receive credit for it. NO EXCEPTIONS. Please plan your travel schedule accordingly.

Sessions	CE Credits	Total Possible
Thursday 101-103	6	6
Friday 201	1.5	6
221-227	1.5	
231-237	3	
Saturday 301	1.5	6
311-313	4.5	
321-324	1.5	
331-334	3	
Sunday 401	1.5	4.5
431-436	3	
TOTAL		22.5

2013
EMDR Institute
Advanced
Clinical Applications
Workshops
featuring

Visit
EMDR Institute
website
www.emdr.com

EMDR Basic
Training
Schedules

Domestic &
International
Schedules

Research

Books
DVDs

Referrals

Carolyn Settle, LCSW
EMDR & Psychotherapy with Children
Reno NV-October 12-13, 2013

Uri Bergmann, PhD
Neurobiology of EMDR:
A Glimpse Inside the Brain
Chicago IL October 26-27, 2013

Jim Knipe, PhD
Using the EMDR AIP Model for
Treating Clients with Complex PTSD
Orlando FL November 1-2, 2013

Jennifer Lendl, PhD
Integrating Performance Enhancement
with Your Current EMDR Clients
San Diego CA December 14-15, 2013

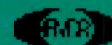
offering
APA ASWB NBCC RN BBS
& EMDRIA CE Credits

CE Credit
Distance
Learning Courses

EMDR Book Courses
EMDR: Basic Principles,
Protocols & Procedures
Francine Shapiro
Light in the Heart of Darkness
Silver & Rogers
Healing the Heart of Trauma
& Dissociation
Forgash & Copeley

EMDR DVD Course
Utilization of EMDR with
Dissociative Symptoms
Curt Rouanzoin

EMDR Institute Inc
PO Box 750
Watsonville CA 95077
831-761-1040



Plenary Speakers

HEAR LEADING THINKERS AND INNOVATORS



Joan Borysenko, Ph.D.



Vincent J. Felitti, M.D.



Robert Stickgold, Ph.D.

Joan Borysenko, Ph.D.

Joan Borysenko is a Harvard Medical School trained cancer cell biologist, a licensed psychologist and a New York Times bestselling author of 15 books. A pioneer in psychoneuroimmunology, mind-body medicine, and stress management, Joan is known for her tender exploration of the human spirit—what kindles it and what snuffs it out. The founder of Mind-Body Health Sciences, LLC in Boulder, Colorado, she is a perennially popular national speaker known for her gracious presence and world-class ability to engage her audience heart to heart while imparting well-researched information and practical skills. She is a blogger for the Huffington Post and other websites including Oprah.com. Joan's work has appeared in scientific journals and in newspapers ranging from The Washington Post to the Wall Street Journal. You can find out more about her at <http://www.joanborysenko.com> or join the lively conversation daily at <http://www.facebook.com/joanborysenkocommunity>.

Vincent J. Felitti, M.D.

Vincent J. Felitti is co-Principal Investigator of the Adverse Childhood Experiences (ACE) Study, ongoing collaborative research between the Kaiser Permanente Medical Care Program and the Centers for Disease Control. A 1962 graduate of the Johns Hopkins Medical School, Dr. Felitti is an internist who started as an infectious disease physician in 1968 at Kaiser Permanente in San Diego and then in 1975 founded the Department of Preventive Medicine; he served as the Chief of Preventive Medicine until 2001. Under Dr. Felitti's leadership over the years, the Department provided comprehensive, biopsychosocial medical evaluation to assess the health risks and disease burden of over one million individual adults, one-by-one. Major health-risk abatement programs were developed for obesity, smoking, and stress, as well as population-based screening for the genetic disease, Hemochromatosis. Dr. Felitti is Clinical Professor of Medicine at the University of California and a Fellow of The American College of Physicians. He may be reached at VJFMSDCA@mac.com.

Robert Stickgold, Ph.D.

Robert Stickgold is an associate professor of psychiatry at Beth Israel Deaconess Medical Center and Harvard Medical School. He received his B.A. from Harvard University and his Ph.D. from the University of Wisconsin, Madison, both in biochemistry. He has published over 100 scientific publications, including papers in Science, Nature, JAMA, and Nature Neuroscience. His current work looks at the nature and function of sleep and dreams from a cognitive neuroscience perspective, with an emphasis on the role of sleep and dreams in memory consolidation and integration. His work is funded in part by NIMH.



Pre-Conference Speakers

THURSDAY, SEPTEMBER 26TH



Carol York, MSSW, LCSW



Shelley Uram, M.D.



Uri Bergmann, Ph.D.



Clifton Mitchell, Ph.D.

Carol York, MSSW, LCSW

Carol York is a licensed clinical social worker. She was the founding Executive Director of EMDRIA and has received awards for her outstanding contributions and service to EMDR and EMDRIA. Having been a speech pathologist, she has extensive training in an information processing model as well as continuing education in the current information emerging from neuroscience. She is an EMDRIA-Approved Training Provider and Consultant. She serves as senior facilitator and specialty presenter for the EMDR Institute and is authorized by the EMDR Institute to teach EMDR Basic Training regionally. She has taught specialty application workshops for the use of EMDR Therapy with children/adolescents, eating disorders, affect management and PTSD both nationally and internationally. Carol has a full time private practice in Austin, Texas.

Shelley Uram, M.D.

Shelley Uram is a Harvard trained, triple board-certified psychiatrist who speaks nationally and internationally on trauma, and how it impacts and often interferes with our ability to thrive. She is best known for taking very complex information and turning it into "easy to understand", fascinating, and helpful presentations. Dr. Uram conducts lectures, workshops, and seminars to audiences across the United States, Canada, Ireland, and the U.K. Dr. Uram is a Senior Fellow at The Meadows and conducts many of the patient lectures, and provides ongoing training and consultation to the treatment staff. She is also a Clinical Associate Professor of Psychiatry at The University of Arizona College of Medicine, and treats patients in her office in Phoenix, Arizona. Dr. Uram is an EMDR Institute and HAP Facilitator, and an EMDRIA Certified Therapist and Approved Consultant.

Uri Bergmann, Ph.D.

Uri Bergmann is an EMDR Institute Senior Facilitator and Presenter, as well as an EMDRIA Approved Consultant. He is a past president of EMDRIA. Dr. Bergmann is an active lecturer and consultant on EMDR, the neurobiology of EMDR, and the integration of EMDR with psychodynamic and ego state treatment. He has authored and published journal articles and book chapters on the neurobiology of EMDR and the treatment of dissociation, and authored the book, "Neurobiological Foundations for EMDR Practice" (Springer Publishing Company, 2012). He is currently serving on the editorial boards of Traumatology and the Journal of EMDR Practice and Research. He is in full-time private practice in Commack and Bellmore, New York.

Clifton Mitchell, Ph.D.

Clifton Mitchell has a love for teaching and over 20 years experience as a trainer and keynote speaker. He has taught and written on legal and ethical issues for over 15 years. He has trained thousands of mental health professionals in the management of difficult, perplexing legal and ethical issues and is now introducing his latest training in a exciting, dynamic game show format. Dr. Mitchell is currently a professor of counseling at East Tennessee State University in Johnson City, Tennessee, where he received the Teacher of the Year award in 2002. For more information please visit: www.cliftonmitchell.com.



#EMDRIA13

Speakers

MEET YOUR 2013 CONFERENCE SPEAKERS

Stefanie Armstrong, MS, LIMHP

Stefanie Armstrong specializes in treating trauma resolution and attachment problems in children and adolescents. She is an EMDRIA Certified Therapist and Consultant-in-Training. Ms. Armstrong is one of the co-founders of The Attachment and Trauma Center of Nebraska and helped develop the EMDR and Family Therapy Integrative Model: Treatment for Attachment Trauma in Children research project. She is an author and has presented her expertise in treating and parenting traumatized children to numerous parent and professional groups. Ms. Armstrong has a background in public school education.

Jocelyn L. Barrett, MSW, LICSW

Jocelyn Barrett maintains a private practice in Natick, Massachusetts. Prior to becoming a therapist, Jocelyn worked in education training teachers. She is an EMDRIA Approved Consultant and a Facilitator for the EMDR Institute and EMDR HAP. Jocelyn also is co-chairperson of EMDRIA's Standards and Training Committee. She is a member of the EMDRIA Professional Development Subcommittee.

Susan Brown, LCSW, BCP

Susan Brown is a Licensed Clinical Social Worker, Board Certified Diplomate in private practice in San Diego, CA, specializing in the treatment of trauma and addictions. She was a principal investigator in a pilot study using an Integrated Trauma Treatment Program (ITTP) in an adult Drug Court combining Seeking Safety and EMDR. She co-authored a chapter, *EMDR: Mental Health-Substance Abuse* (Brown, Stowasser, & Shapiro) and co-authored the article, 'EMDR in the treatment of Borderline Personality Disorder' (Brown & Shapiro, 2006). She has presented nationally on the use of EMDR with co-occurring trauma and addiction. She is an EMDRIA-Approved Consultant and Basic Training Facilitator for the EMDR Humanitarian Assistance Program and the EMDR Institute.

Catherine Cattell, LCSW

Catherine Cattell has been a psychotherapist in private practice for the past 25 years and works with both adults and children. As a resident of Belle Harbor, New York, a town in the Rockaway's, she has experienced three disasters in the past 11 years: 1) September 11, 2001, 2) the crash of Flight 587 on November 12, 2001 in Belle Harbor which killed 265 people and 3) Hurricane Sandy which hit the east coast of the U.S. with devastating water and wind on October 29, 2012. She also volunteered as a therapist with the Red Cross and with HAP to help people traumatized by these events. During her 27 years as a social worker and school psychologist in the NYC public school system, she developed an expertise in testing, evaluating and remediating learning disabilities. She found that many behavioral issues for students result from undiagnosed and/or unremediated learning problems, and when properly diagnosed were helped by EMDR.

D. Eric Chamberlin, M.D.

D. Eric Chamberlin is a Neuropsychiatrist practicing Mind-Body Medicine in Glastonbury, Connecticut. He has served on the faculty of Dartmouth and Harvard Medical Schools, and has practiced EMDR since 2001. Most recently his work has focused on the integration of Heart Rate Variability Feedback into Psychotherapy.

Gina Colelli, LCSW

Gina Colelli has been integrating EMDR into a wide variety of cases since 1993. She is an EMDRIA Approved Consultant in NYC. Gina's video, EMDR Refresher and Advanced Specialty workshop, reviews the eight phases of EMDR and the use of EMDR with special situations and populations. Gina is an EMDRIA Approved Training Provider. Gina has extensive experience working with adults who were abused and neglected as children. Gina was the EMDR NYC HAP coordinator after 9/11 and continues in that capacity heading up a NYC team of clinicians. She is a member of the NYC Community Emergency Response Team.

W. Michael Crouch, LCSW

W. Michael Crouch is a psychotherapist in private practice in Stamford, CT. He is certified in EMDR and is Co-Coordinator of the Fairfield County Trauma Response Network. He coordinated the team's response to the provision of treatment for local and state police, teachers, parents and children affected by the Newtown school shooting and led the FCTRN's response to the 2011 Christmas Day fire in Stamford. Michael serves on the board of the Fairfield County American Foundation for Suicide Prevention.

Noelle Damon, MSW

Noëlle Damon is an EMDRIA Certified Therapist and Consultant-in-Training. She is a psychotherapist in private practice who utilizes a holistic approach to her work and specializes in the treatment of traumatic stress. With a focus on crisis intervention and disaster mental health, she was involved with EMDR HAP after 9/11 and again after Hurricane Sandy, offering pro bono therapy to first responders, volunteers, and families. She became involved with Red Cross during the Hurricane Katrina response, and more recently with the Crisis Care Network. She is a member of the Academy of Experts on Traumatic Stress and offers consultation, trainings, and presentations on the topics of trauma, anxiety, and stress reduction.

David J. Dockstader, MA, CAGS, CTR

Captain David Dockstader retired from Southborough Fire after thirty years as firefighter, EMT-B, shift officer, training officer, and Emergency Planning Committee Chairman. Dave coordinates a community Trauma Response Network and is a clinician on the Central Mass CISM Team serving first responders. He is a

Speakers

MEET YOUR 2013 CONFERENCE SPEAKERS

School Social Worker and art instructor at the Assabet Valley Collaborative Alternative School. He coordinated, through the NYC TRN, a response of Boston area therapists to Staten Island in the aftermath of Super Storm Sandy. Following the bombings at the Boston Marathon, Dave became a founder and co-coordinator of the Boston Area Trauma Recovery Network.

Mark Dworkin, LCSW

Mark Dworkin is a clinical social worker with over 35 years of experience in the mental health and substance abuse field. He has worked with adults and adolescents, in individual and marital therapy, treating them for problems of depression, anxiety, trauma (especially military traumas), relationship problems, phobias, alcohol and drug issues and survivors of sexual, physical, and emotional abuse. He is an EMDRIA-Approved Training Provider and Consultant, and wrote the definitive text in the EMDR on the therapeutic relationship, and is a Francine Shapiro 2010 Award Recipient. Mark mentors EMDR clinicians about the importance of this neglected area and hopes to be a mentor and influence for the next generation of EMDR therapists. He lives at home with his wife and their demented cairn terrier (think Wizard of Oz), Zody.

Nancy Errebo, Psy.D.

Nancy Errebo is a psychologist from Missoula, Montana and works for the VA and in private practice. She is an EMDRIA Approved Consultant, EMDR Institute Facilitator, and EMDR HAP Trainer. Among other EMDR publications, she authored "Like a Ghost: Using EMDR to Revive a Traumatized Vet's Marriage" in the *Psychotherapy Networker* (2007). In 2010, she was an invited presenter at the First EMDR Asia Conference in Bali, Indonesia. She helped revise the latest edition of the *EMDR Institute Training Manual* and is a member of the EMDRIA Professional Development Subcommittee. Dr. Errebo was the 2008 recipient of the Elizabeth Snyker Memorial Award.

Derek Farrell, Ph.D.

Derek Farrell is a Senior Lecturer in Psychology, an EMDR Europe Approved Trainer and Consultant, as well as a Chartered Psychologist with the British Psychological Society, and an Accredited Psychotherapist with the British Association of Cognitive & Behavioural Psychotherapies (BABCP). He is President of EMDR Europe Humanitarian Assistance Programmes, is a member of the EMDR Europe Science & Research Committee, Co-chair EMDR Europe Practice Sub-Committee and is a member of the EMDR Europe Board, Past President of EMDR UK & Ireland, and Chair EMDR UK & Ireland Accreditation Committee. He has been involved in a number of Humanitarian Assistance programmes training mental health workers in the aftermath of the Turkish and Pakistan earthquakes and the Indian Ocean Tsunami. Derek is presently involved in a long-term project in Pakistan

developing mental health psychological trauma services mainly around the intervention of EMDR. In October 2012, Derek moved to University of Worcester being involved with both undergraduate and postgraduate programmes. In addition, he is an Honorary EMDR Consultant/Cognitive Behavioural Psychotherapist with Birmingham & Solihull Mental Health NHS Trust. Derek runs academic training programmes in EMDR.

Carol Forgash, MSH, LCSW, BCP

Carol Forgash has a clinical and consulting practice in Smithtown, NY. She is an EMDR Institute Facilitator and an EMDRIA Approved Consultant and Credit Provider. Ms. Forgash is a lecturer and consultant on the integration of EMDR with Ego State therapy and psychodynamic treatment. She provides psychotherapy utilizing EMDR and Ego State therapy for: complex post-traumatic stress disorders, dissociative disorders, Axis 2 disorders, performance enhancement, depression, anxiety, and problems associated with serious illness. Carol has been an invited speaker at international EMDR and ISST-D conferences and at workshops in the United States, Europe and Asia. She is a past president of the Board of Directors of EMDR Humanitarian Assistance Programs.

Wendy Freitag, Ph.D.

Wendy J. Freitag is a clinical psychologist in private practice in Wauwatosa, WI. She has a general practice, serving adults with trauma, anger, and grief issues as well as specializes in performance enhancement and coaching. She also conducts both group and individual consultation for EMDR clinicians at all levels of credentialing. Dr. Freitag served on the EMDRIA Board for 8 years in the positions of President, Secretary and as a Director. She is an EMDRIA Approved Consultant, Credit Provider and Regional Coordinator, and an EMDR Institute Facilitator and Logistician. During her tenure on the Board she served on several EMDRIA committees and chaired the task group dealing with EMDR educational programs and the professional development of EMDR clinicians. After leaving Board service, she continued to chair the administrative task group responsible for the development of the new Basic Training Curriculum requirements. She is currently President of the EMDR Research Foundation. Dr. Freitag was the Francine Shapiro Award recipient in 2004.

Sara Gilman, MFT

Ms. Gilman is a licensed Marriage & Family Therapist in private practice, specializing in the areas of Traumatic Stress, Addictions and Peak Performance training with athletes and other performers. She graduated in 1983 from California State University, Fullerton with a Masters of Science Degree in Clinical Psychology. Sara is a former San Diego Rural Firefighter/EMT. She served on the San Diego Critical Incident Stress Management Team for over 10 years. She

Speakers

MEET YOUR 2013 CONFERENCE SPEAKERS

is a Diplomat in Forensic Traumatology, holds Fellowship status with the American Academy of Experts in Traumatic Stress and is an EMDR Approved Consultant and Past-President of the EMDR International Association Board of Directors. Sara lectures nationally and has appeared on TV on the topics of Stress in the work place, Trauma & Addiction, & Mental Toughness. With her passion for assisting all first responders she consults with agencies to build strong peer support teams and trains personnel in "Peak Performance and Mental Toughness for the First Responder". Her trainings focus on the importance of maintaining personal health in this uniquely demanding profession, addressing issues such as the wear and tear of first responders and how to stay healthy from a physiological and psychological standpoint.

Sarah Jenkins, MC, LPC

Sarah Jenkins is an EMDRIA Approved Consultant & Certified Therapist and has trained with EAGALA and the OK Corral Series. Her private practice, Dragonfly International Therapy, is located in Tempe, Arizona, where she specializes in EMDR and equine assisted therapies. Sarah has created EquiLateral, the first EMDR protocol for integrating EMDR and Equine-Assisted Therapy. A trauma therapist and EMDR provider for over ten years, Sarah's experience also includes having served as a clinical supervisor for a grant funded, EMDR trauma treatment program. As a public speaker Sarah has spoken at local and international conferences including the 2009 EMDR Canada Conference, Vancouver, where she spoke on multi-cultural approaches to dissociation. Sarah is also an adjunct faculty member for Arizona State University and the University of Phoenix, and is the author of several books on trauma recovery.

Roy Kieseling, LISW, ACSW

Roy is an EMDRIA Approved Consultant and Training Provider, and is considered by many to be a Master EMDR Basic Trainer for having conducted over 200 basic training parts (Part 1 or 2) since 2001 as well as providing mentoring for many of EMDR HAP's trainers-in-training. Additionally, he has presented over 50 advanced EMDRIA Approved courses and a decade (2000-2010) of presentations at the annual EMDRIA Conference. In 2006 Roy received EMDR-HAP's Liz Snyder Award for his outstanding volunteer contributions to the EMDR-HAP Community.

Phyllis Klaus, MFT, LCSW

Phyllis Klaus was EMDR trained in 1991 and she became one of the first trainers in the U.S. and Europe. Formerly on the faculty of the Department of Family Practice, Michigan State University, she currently practices in Berkeley and Palo Alto, California. She works with families in the perinatal period and has been involved in research and teaching for maternity

caregivers for over 30 years. She focuses in treating trauma-related disorders; PTSD, attachment and dissociative disorders, somatic/medical disorders and adult survivors of abuse. She incorporates EMDR, Hypnosis and Ego-State Therapy. She consults and presents workshops internationally and is co-author of numerous publications including; "The Doula Book; Bonding; Your Amazing Newborn; When Survivors Give Birth" and the video, "The Amazing Talents of the Newborn."

Emre Konuk, MA

Emre Konuk is a clinical psychologist in Istanbul, Turkey. He received family therapy training at the Mental Research Institute (MRI), Brief Therapy Center, Palo Alto, California. He is the president of the Institute for Behavioral Studies-Istanbul, president of EMDR Association and EMDR-HAP-Turkey, and general secretary of Couples and Family Therapy Association-Turkey. He was a board member of the Turkish Psychologists Association, Istanbul Branch from 1990-2002. At present he is a member of the ethics committee, Turkish Psychologists Association. After the 1999 Marmara earthquake, Mr. Konuk was responsible for bringing EMDR-HAP and EMDR basic trainings to Turkey, where more than 600 professionals were trained in EMDR. Over the years, he has participated in EMDR-HAP projects in Thailand, Palestine, Kenya, Lebanon and Iraq. His major concern is to establish EMDR as a major therapy approach in Turkey.

Beverlee Laidlaw-Chasse, MC, LPC

Beverlee Laidlaw-Chasse is an integrative psychotherapist who has been in private practice since 1984. She has combined a fusion of state of the art treatment modalities that allow her to look at the big picture when developing a treatment plan for her clients. She has been utilizing EMDR since 1996, became an EMDR Institute Facilitator in 2000, and is an EMDRIA Approved Consultant and Certified Therapist. Beverlee is passionate about Recent Incident trauma treatment, training and research, and in furthering the understanding and use of Early EMDR Interventions (EEI's) to prevent PTSD. In 2010, she was instrumental in putting together the Arizona EMDR Trauma Response and Recovery Network, an EMDR HAP TRN.

Ulrich Lanius, Ph.D.

Dr. Ulrich F. Lanius is a Registered Psychologist in Vancouver, BC, with a practice in Clinical and Neuropsychology. He has a particular interest in brain-behaviour relationships with regard to attachment, trauma and dissociation. Dr. Lanius specializes in the treatment of trauma and attachment related problems, working from a client-centered perspective, integrating EMDR, body therapy, ego-state interventions and neurotherapy. Dr. Lanius has presented both in North America, as well as internationally and he has authored and co-authored a variety of book chapters and articles on both the treatment and the neurobiology of dissociation.

Speakers

MEET YOUR 2013 CONFERENCE SPEAKERS

Andrew Leeds, Ph.D.

Andrew M. Leeds is a licensed Psychologist with 36 years of private practice experience. He is Director of Training for Sonoma Psychotherapy Training Institute, accredited by EMDRIA and EMDR Europe to provide basic training in EMDR. He completed EMDR training in 1991. He has conducted EMDR training for 13,000 clinicians in the USA, Canada, France, England, and Japan. He has presented EMDR at numerous conferences; published book chapters and articles on EMDR; served the on EMDRIA Board of Directors 2003-2005; is on the Editorial Board for the Journal of EMDR Practice and Research. In 1999 he received EMDRIA's award for creative innovation for Resource Development and Installation and the Ronald A. Martinez, Ph.D. Memorial Award from Francine Shapiro. He is the author of the 2009 book, *A Guide to the Standard EMDR Protocols for Clinicians, Supervisors, and Consultants*.

Fr. (Cpt) Sean A. Levine

Father Sean A. Levine, an Eastern Orthodox Christian priest (OCA), has served in the Army Chaplain Corps for ten years and has been stationed in New York, South Korea, Washington State, Iraq (two 1-year combat tours), Afghanistan (one short tour and one 9-month combat tour), and, presently, at Ft. Bliss, Texas. He holds an MA in Theological Studies (2003), an MA in Biblical Studies (2008), and a Master of Divinity (2010). His military awards include two Bronze Star Medals, four Army Commendation Medals, and five Army Achievement Medals. He has been married for 24 years and has two sons.

Howard Lipke, Ph.D.

Howard Lipke is a former director of the residential PTSD treatment program, and the outpatient PTSD program at what is now the Lovell Federal Health Care Center. Among other publications he has authored the book, *EMDR and Psychotherapy Integration*, co-authored a chapter in Moore and Penk's *Treating PTSD in Military Personnel*, and the EMDR entry in Charles Figley's forthcoming *Encyclopedia of Trauma*. He is the co-editor of the International Society for Traumatic Stress Studies newsletter column *Trauma and World Literature*, and is on the editorial board of *The Journal of EMDR Practice and Research*. Some of his work for mental health professionals can be found at <http://www.HowardLipke.com/technical>.

Barry Litt, MFT

Barry received his Masters degree in family therapy in Philadelphia where he studied contextual therapy with founder, Ivan Boszormenyi-Nagy. Barry has gone on to become an AAMFT Approved Supervisor, an EMDRIA Approved Consultant, and a member and frequent presenter for the International Society for the Study of Trauma and Dissociation. He has authored three chapters in as many

therapy, and has presented workshops at 11 annual EMDR Conferences and numerous two-day workshops around the country. Barry is a licensed Marriage and Family Therapist in Concord, NH.

Phillip Manfield, Ph.D.

Phillip Manfield has been a psychotherapist in private practice in the San Francisco Bay Area for 35 years and serves as adjunct faculty at John F. Kennedy University in Berkeley, California. He has been involved in EMDR trainings as a facilitator and later an EMDRIA-Approved Training Provider for the past 15 years in the United States, Canada, Europe, Asia and the Middle East. He is author of *Split Self/Split Object* (1992, Jason Aronson) and editor of two casebooks, *EMDR Casebook* (1998) and *Extending EMDR: A Casebook of Innovative Applications* (W.W. Norton, 2003). His most recent book, *Dyadic Resourcing: Creating a Foundation for Processing Trauma* (Cornucopia Publishers, 2010), has been widely hailed as a breakthrough in preparing difficult clients for trauma processing.

Jim Marshall, MA, LLP

James Marshall is President of MasterCare Institute, P.C., has been a clinical psychotherapist for 25 years and is a Certified EMDR Therapist focusing on treatment of relationships and traumatic stress. He is also Director of 911 Training Institute and founding Chair of the 911 Wellness Foundation which is devoted to fostering the mental health of 911 telecommunicators, our nation's first First Responders. "Jim" has trained over 3,000 911 telecommunicators to manage their exposure to trauma and to master emergency calls involving suicide, mental illness and domestic violence. As Co-chair of the National Emergency Number Association (NENA) Working Group on 911 Stress he is currently assisting the 911 industry in establishing an official standard of care for 911 Acute, Traumatic and Chronic Stress. Jim serves on the Editorial Board for the Journal of the National Academies of Emergency Dispatch (NAED) and his articles on these subjects have been published in 911 industry journals since 2005. He regularly presents at state and national 911 conferences urging 911 professionals to adopt policy and practices safeguarding their mental health. Jim and EMDRIA Past President Sara Gilman introduced the topic of EMDR for First Responders to EMDRIA members at the 2011 Conference in Anaheim. Jim is also author of *Journey into Love*—an interactive multimedia experience for couples.

Mark Mayhugh, MS

Mark Mayhugh served in the United States Air Force from 1989 until 1994. After being discharged from the military, he obtained a Bachelor degree in Liberal Arts from Saint Leo College in 1995 and a Master of Science degree in Counseling and Psychology in 1996 from Troy State University. After graduation, he was

Speakers

MEET YOUR 2013 CONFERENCE SPEAKERS

employed at Life Management Center working with children and families and then for the Department of Justice, Federal Bureau of Prisons from 1999 until 2001. In 2001, he became employed with the Department of Veteran Affairs and is currently working at the Fort Worth Vet Center treating combat veterans. He attended the EMDRIA Basic Training Classes in Austin, Texas and recently became an EMDRIA certified therapist in April 2013.

Julie Miller, MC, LPC, LISAC

Julie Miller is an EMDRIA-Approved Consultant and Certified Therapist in private practice in Tucson, Arizona. Julie has practiced EMDR in outpatient, residential and inpatient settings with seriously mentally ill clients. Julie specializes in complex trauma, substance abuse, depression, dissociation, and anxiety. Julie is an experienced presenter, having presented locally and nationally on topics including complex trauma, the integration of EMDR and substance abuse treatment, depression, motivational interviewing, resource development, dual diagnosis, and vicarious trauma. Julie is also a facilitator for the EMDR Humanitarian Assistance Program and volunteer for the Arizona EMDR Trauma Response and Recovery Network.

Dolores Mosquera, MD, Psy.

Dolores Mosquera is a psychologist and psychotherapist. She is the director of three Private Practice Clinics, specializing in the treatment of Personality Disorders, complex trauma and dissociation. She has been trained in several psychotherapeutic approaches and is an EMDR Europe Supervisor and Facilitator. She has extensive teaching experience, leading seminars, workshops and lectures throughout Spain and Europe. She has published 12 books and many articles on personality disorders, complex trauma and dissociation and is a recognized expert in this field.

Regina D. Morrow, Ed.S., LMFT, LMHC

Regina Davis Morrow has a private practice in Windermere, FL. Reg's interests include working with individuals, couples and families to reduce the impact of trauma and to maneuver through transitions with resiliency and closer connections. She attended the University of Florida Counselor Education Program with a special emphasis on marriage and family therapy. She is an EMDRIA Approved Consultant, EMDR Institute Facilitator, EMDR HAP Trainer and EMDR Institute Regional Trainer. Mentoring and developing new EMDR therapists is a special interest of hers. She is currently a Regional Coordinator and TRN Coordinator for the Orlando, FL area. She currently serves on the EMDRIA Professional Development Subcommittee. Reg presented "Essential Skills for EMDR Consultation" at the 2012 EMDRIA Conference.

Warren Ponder, LCSW

Warren Ponder graduated in 2003 from Texas Tech University with a BA in psychology. He joined the Army in July 2004 and

was honorably discharged in December 2007. He deployed as a combat infantryman to Iraq in support of Operation Iraqi Freedom (OIF) for fifteen months. Post military he earned a MSSW degree from UT Arlington and is in the process of a dissertation. He attended the EMDRIA Basic training in Austin TX, and recently became an EMDRIA certified therapist. He is an LCSW working for the Department of Veterans Affairs at the Fort Worth Vet Center treating combat veterans.

Ann E. Potter, Ph.D.

Ann E. Potter is a licensed clinical psychologist, has worked for over 35 years in the mental health field as a psychiatric nurse, educator, therapist, psychologist, speaker, and consultant. She has published articles on the roles adults played as children in alcoholic families, adult attachment, and interpersonal violence, and books on trauma treatment. She conducts individual, group, couples' and family therapy related to a wide range of issues. She is a certified EMDR therapist and approved consultant in EMDR. She has piloted outcome research related to phase-based trauma treatment (DBT/EMDR) for adults.

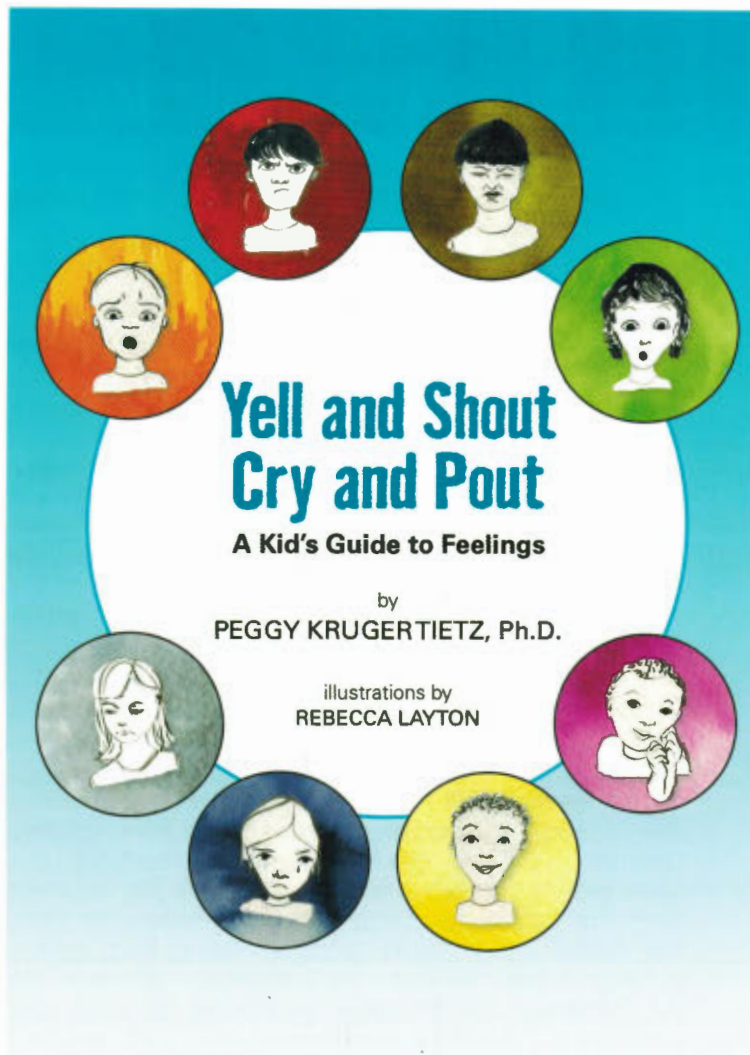
Rebecca E. Rosenblum, Psy.D.

Rebecca E. Rosenblum is a bilingual Portuguese Psychologist who has been practicing in Cambridge, MA for over 15 years. In addition to a primary specialty in interpersonal trauma, she holds a M.S. in Clinical Psychopharmacology and frequently supervises trainees in the Behavioral Medicine program at the Cambridge Health Alliance hospital group. Feminist psychotherapy, anti-racism work, cross- and multi-cultural issues, service to the LGBT and polyamorous communities, and community psychology interventions and research constitute areas of interest and expertise in her practice. Following the bombings at the Boston Marathon, Rebecca became a co-founder of the Boston Area Trauma Recovery Network.

Colin Ross, M.D.

Dr. Ross is an internationally renowned clinician, researcher, author and lecturer in the field of dissociation and trauma-related disorders. He is the founder and President of the Colin A. Ross Institute for Psychological Trauma. Dr. Ross obtained his M.D. from the University of Alberta in 1981 and completed his training in psychiatry at the University of Manitoba in 1985. He has been running a hospital-based Trauma Program in Dallas, Texas since 1991. He also consults to Trauma Programs in Grand Rapids, Michigan and Torrance, California. Dr. Ross is the author of 27 books and over 170 professional papers; has reviewed for numerous professional journals and grant agencies and is a past President of the International Society for the Study of Trauma and Dissociation. He has appeared in a number of television documentaries and has published essays, aphorisms, poetry, screen plays and short stories.

A Guide For You To Help Kids Identify and Understand Their Emotions



This book:

- **Defines and illustrates our eight basic emotions**
- **Gives examples of situations that trigger each emotion**
- **Asks questions so children can share their own experiences**
- **Helps children understand their behavior**

To buy this book with a 20% discount and free shipping, visit:
<http://peggy-tietz-phd.myshopify.com/> *discount code: emdr2013

To receive a free download of the illustrations of each emotion,
visit: [facebook.com/pktietz](https://www.facebook.com/pktietz) and sign up for the newsletter!

Speakers

MEET YOUR 2013 CONFERENCE SPEAKERS

Linda Rost, LCSW

Linda Rost is an EMDRIA Approved Consultant. She specializes in the treatment of adults, adolescents and couples with issues around trauma and mood disorders. Ms. Rost maintains a private practice in Wilton, CT for the past 20 years. Most recently, she has participated as a member of the Fairfield County Trauma Recovery Network, providing services to families, teachers, therapists and first responders affected by the shootings in Newtown.

Curt C. Rouanzoin, Ph.D.

Curtis C. Rouanzoin is a licensed psychologist and Marriage and Family Therapist (MFC 8790) in southern California. Dr. Rouanzoin served on the Board of Directors of EMDRIA for 8 years. He was a founding board member and also served as EMDRIA's President. He chaired the Standards and Training Committee during the development of Certification in EMDR and Approved Consultant Status in EMDR. Dr. Rouanzoin is a CAMFT Certified Supervisor in MFT. He is Certified in EMDR, an Approved Consultant, and Training Provider. Dr. Rouanzoin serves as a senior trainer and specialty presenter for the EMDR Institute. Dr. Rouanzoin taught for 22 years as a Professor of Psychology at Hope International University (HIU) in Fullerton, CA. He initiated the M.A. in MFT which he chaired until May 2002. He taught the first graduate university course in EMDR at HIU in 1995. Dr. Rouanzoin has trained mental health practitioners in EMDR both nationally and internationally. He is one of two professionals who make up the Traumatic Stress Network (TTSN) in southern California. TTSN provides educational workshops (offering EMDRIA Credits and CEU's) in topics related to EMDR as well as regional basic training in EMDR in conjunction with the EMDR Institute. Dr. Rouanzoin was honored with awards for outstanding contribution and service by EMDRIA and he also was the recipient of the Ronald A. Martinez, Ph.D. Memorial Award from the EMDR Institute. Dr. Rouanzoin has treated PTSD and Dissociative Disorders for 30 years. He resides in San Clemente, California. and has a fulltime private practice in Irvine, California.

Cathy Schweitzer, MS, LMHP

Cathy Schweitzer specializes in treating trauma resolution and attachment problems in children and adolescents. Ms. Schweitzer is one of the co-founders of The Attachment and Trauma Center of Nebraska and helped develop the EMDR and Family Therapy Integrative Treatment for Attachment Trauma in Children research project. She is an author and has presented on treating and parenting traumatized children at numerous conferences. Ms. Schweitzer is EMDR Certified and is an EMDRIA Approved Consultant.

Andrew Seubert, LPC, NCC

Andrew Seubert is a licensed psychotherapist in private practice and is the co-director of ClearPath Healing Arts Center at Seneca Lake, NY and Corning, NY. He has written *The Courage to Feel: the Power and Freedom of Emotional Honesty*, as well as chapters in *EMDR Renewal* (1&2) and a recent article in the Journal of EMDR Practice and Research (Vol. 4:4, 2010). He is a member of EMDRIA and EMDR Trainer. He is also affiliated with NBCC and the NY State Mental Health Counselors Association. Andrew specializes in working with trauma, PTSD, eating disorders, and the integration of spirituality and psychotherapy.

Robin Shapiro, MSW, LICSW

Robin Shapiro is an EMDRIA Approved Consultant and Certified Therapist, based in Seattle. She has presented workshops at four Northwest and six international EMDR Conferences. She is skilled at synthesizing diverse therapy modalities and explaining them, simply, to other therapists. Robin edited and contributed to *EMDR Solutions: Pathways to Healing* (Norton, 2005) and *EMDR Solutions II: Depression, Eating Disorders, Performance and More* (2009) and wrote *Trauma Treatments Handbook: Protocols Across the Spectrum* (2010). She is proud to serve on the board of the EMDR Humanitarian Assistance Program. She enjoys writing, presenting, psychotherapy and clinical consultation.

Irene Siegel, Ph.D., LCSW

Irene Siegel is director of Center Point Counseling in Huntington N.Y. where she conducts her integrative EMDR psychotherapy practice and teaches meditation and healing. She received her masters in Social Work from Columbia University in 1977, advanced clinical training through the Long Island Institute for Mental Health in 1983, and her doctorate from the Institute of Transpersonal Psychology in 2011. She studied ancient Native American healing, leads spiritual journeys, and teaches an integrated approach to psychotherapy and innovative applications to EMDR. She presented at the EMDRIA conferences in 2000, 2001, and 2012 and has taught internationally and regionally.

Eva Usadi, MA, BCP

Eva J. Usadi specializes in the assessment and treatment of PTSD, Complex PTSD (attachment and developmental trauma) and Combat-related PTSD. In her private psychotherapy practice in Manhattan she treats New York City firefighters, police officers and warriors (active duty and veterans) as well as civilians. She holds a Certificate in Traumatic Stress Studies from the Trauma Center in Boston, Mass, is Certified in EMDR and Equine Assisted Psychotherapy, has completed all levels of training with the Sensorimotor Psychotherapy Institute (SPI) of Boulder, CO. In 2007-2008 Ms. Usadi spent 7 months

Speakers

MEET YOUR 2013 CONFERENCE SPEAKERS

treating traumatized soldiers and their families at Ft. Drum, home of the 10th Mountain Division of the U.S. Army and in 2010 provided weekly Equine Assisted Psychotherapy sessions for warriors enrolled in a DoD funded Military Wellness Program, located at an inpatient psychiatric facility in New York City. She is an approved provider for Military OneSource and Tricare, a Military Family Life Consultant, a POPPA clinician (Police Organization Providing Peer Assistance) and a contract therapist with the FDNY. Ms. Usadi has taught courses and presented at numerous public conferences in the United States and the United Kingdom, as well as providing advanced clinical trainings on the topics of PTSD, Complex PTSD and Combat Trauma. She is the Founder and Executive Director of Trauma and Resiliency Resources, Inc.

Debra Wesselmann, MS, LIMHP

Debra Wesselmann is co-founder of *The Attachment and Trauma Center of Nebraska* in Omaha, Nebraska and has specialized in treating trauma and attachment problems in adults, children, and families for the past twenty years. Ms. Wesselmann helped develop the *EMDR and Family Therapy*

Integrative Treatment for Attachment Trauma in Children research project. She is the author of articles, chapters, and books on attachment and trauma treatment and is an EMDR Institute facilitator and EMDRIA-approved consultant. She presents nationally and internationally.

William Zangwill, Ph.D.

William M. Zangwill is one of the original EMDR trainers certified by Dr. Francine Shapiro and has trained therapists in EMDR and other methodologies in this country and abroad. His publications include "Combining EMDR and Schema-Focused Therapy" (2002), "The Need to Strengthen the Mindfulness Component of EMDR," (2001), and a chapter on sexual victimization in "OUR SEXUALITY" (2002). For the past several years he has worked on combining EMDR and Schema Therapy and EMDR and Meditation. He has studied with Jeff Young, Tara Brach, Jack Kornfield, and others. Currently, he practices in New York where he conducts trainings in EMDR and specializes in the treatment of PTSD and of sexual, marital and family problems. Years ago he was a galley boy for Zim Israeli Shipping Lines.



PRE-CONFERENCE SESSIONS

THURSDAY, SEPTEMBER 26, 2013

8:30AM-5:00PM

6 CREDIT HOURS

SESSION 101

APPLICATIONS OF AIP MODEL FOR CHILDREN AND ADOLESCENTS IN EMDR THERAPY

PRESENTER | CAROL YORK, MSSW, LCSW
ROOM | BALLROOM B

This workshop is designed for clinicians who treat children, adolescents, and adults who are seeking to deepen their understanding of EMDR principles, protocols, and procedures. The presenter will present an overview of important theoretical concepts that provide a comprehensive foundation to the understanding of the Adaptive Information Processing Model (AIP). Building on the basic precepts of the model, participants will enhance their understanding of EMDR Therapy as a three pronged approach and the purposes and procedures of the eight phases of EMDR treatment.

(All Levels) 100% EMDR

SESSION 102

THE NEUROBIOLOGY OF TRAUMA AND EMDR PROCESSING

PRESENTERS | SHELLEY URAM, M.D.; URI BERGMANN, PH.D.
ROOM | BALLROOM A

Part 1

This workshop explains the neurobiology of trauma in a simple, yet highly usable manner. Upon completion of this workshop, attendees should be able to readily apply this information for better formulating their clients' issues and EMDR treatment planning. The topics include: 1 - How does a normal nervous system operate? 2 - What is Trauma? 3 - What is the "bottom line" of chronic trauma syndromes (e.g., PTSD)? 4 - How does childhood development factor into adult trauma symptoms? 5 - Treatment.

Part 2

What exactly happens on a neurobiological basis when we live our normal existence? What are the online/wakeful underpinnings of consciousness? How does this vary from offline/sleep information processing? What are the implications of these data on the Adaptive Information Processing (AIP) model? This workshop will examine current neurobiological research regarding online/wakeful information processing, including sensation, perception, somatosensory integration, cognition, memory, language and motricity. In addition, off-line/sleep information processing, such as slow wave sleep and cognitive memorial processing, as well as REM/

dream sleep and its function in emotional memory processing will be examined. The final section will integrate these data to illustrate their consistency with the tenets of the AIP model and the implication of this material with respect to current EMDR treatment principles.

(Introductory / Intermediate) 25% EMDR

SESSION 103 | NO EMDRIA CREDITS

THE LEGAL AND ETHICAL GAME SHOW CHALLENGE: ARE YOU SMARTER THAN A FIFTH GRADER?

PRESENTER | CLIFTON MITCHELL, PH.D.
ROOM | TRINITY

Get your annual legal and ethical CE training in a dynamic, entertaining game show format! This program is designed to test your legal and ethical knowledge while having lots of fun! Management of some of the most perplexing legal and ethical quandaries will be explored. Topics include child abuse, confidentiality, dual relations, suicide, duty to warn, elder abuse, HIPAA, and more. The material is applicable to all disciplines, practices, and states. For more information please visit: www.cliftonmitchell.com.

(All Levels) 0% EMDR

MAIN CONFERENCE SESSIONS

FRIDAY, SEPTEMBER 27, 2013

Plenary Session - 8:45AM-10:30AM

1.5 Credit Hours

SESSION 201

THE CUTTING EDGE OF MIND-BODY MEDICINE:
FROM IMMUNOLOGY TO NEUROSCIENCE

PRESENTER | JOAN BORYSENKO, PH.D.
ROOM | GRAND BALLROOM

The most important determinant of physical health is mental health. Adverse childhood experiences set the stage for chronic illness, substance abuse, and trauma later in life through epigenetic changes, neurochemistry, immune function and brain wiring. We will examine how evidence-based psychological interventions rewire neurohormonal circuitry and help restore both physical and mental homeostasis. Interventions include the modification of explanatory style, stress hardiness and resilience training, narrative medicine, meditation and mindfulness techniques, imagery, and cognitive approaches. Since the quality of the provider-client relationship is key to healing, there will be a focus on how to optimize the therapeutic bond.

(Introductory / Intermediate) 100% EMDR

90-Minute Sessions - 11:00AM-12:30PM

1.5 Credit Hours

SESSION 221

EMDR AND COMPLEX TRAUMA: ESSENTIAL SKILLS BEYOND BASIC TRAINING

PRESENTER | JULIE MILLER, MC, LPC, LISAC
ROOM | BALLROOM B

How many of you left your EMDR Basic Training, so excited to start the next day with a client, only to find that your client did not respond well to EMDR treatment planning, to the safe place exercise, or looped endlessly in Phase 4? These clients may present as highly defended, personality disordered, chaotic, avoidant, uncontained, and/or dissociative. This workshop will focus on case conceptualization from the AIP perspective and provide concrete practical skills, resources and strategies to assist the clinician to help these complex clients. This training picks up where Basic Training leaves off, a "Weekend 3" for complex trauma.

(Introductory & Intermediate) 95% EMDR

SESSION 222

PHYSIO-LOGICAL PSYCHOTHERAPY: THE INTEGRATIONS OF HEART VARIABILITY FEEDBACK INTO EMDR

PRESENTER | D. ERIC CHAMBERLIN, M.D.
ROOM | SABINE

Heart Rate Variability Feedback is a powerful clinical tool for emotional regulation that can be readily incorporated into EMDR. This workshop will introduce participants to the biological, psychological and clinical effects of HRV-F relevant to EMDR, which includes its integration into the specific phases of the EMDR protocol. Powerpoint display, video case vignettes, and demonstration with audience volunteers of an HRV-F training protocol (time permitting).

(Introductory) 100% EMDR

SESSION 223

REACHING THE UNSEEN FIRST RESPONDER WITH EMDR: TREATING 911 TRAUMA IN EMERGENCY TELECOMMUNICATORS

PRESENTERS | SARA GILMAN, MFT; JIM MARSHALL, LLP
ROOM | PECOS

In the United States there are 220,000 emergency telecommunicators who serve as the first First Responders to the public's worst tragedies, yet few receive EMDR. Participants will identify steps to establish trust-based treatment relationships with their local 911 professionals. Case studies will feature intervention with dispatchers utilizing the 8 Phase EMDR protocol and addressing special treatment issues with these telecommunicators including overcoming the law enforcement taboo against seeking mental health assistance.

(All Levels) 40% EMDR

SESSION 224

EASY ATTACHMENT RESOURCING FOR EMDR

PRESENTER | ROBIN SHAPIRO, MSW, LICSW
ROOM | BALLROOM A

Easy Attachment Resourcing for EMDR presents several user-friendly ego-state-based resources, fitted to the phases and prongs, for enhancing attachment skills, self-soothing, and maintaining dual attention during processing. Preparation phases: find and install skill-based parenting, protecting, or coping ego states, which can be "front-loaded" just before the Assessment phase begins. Safe Places will contain a nurturing and protective attachment-object. The Two-Hand Interweave "front-loads" or finds targets or attaches a dissociated child part to a nurturing/protective adult part. If dual-attention is lost during Desensitization, participants will know to interweave/reinstall an Adult nurturing/protective part in order to keep clients present and processing.

(Introductory & Intermediate) 85% EMDR

SESSION 225

THE EQUILATERAL PROTOCOL: THE FIRST EMDR PROTOCOL TO INTEGRATE ANIMAL ASSISTED THERAPY

PRESENTER | SARAH JENKINS, MC, LPC
ROOM | SAN ANTONIO

This highly interactive workshop introduces the first Animal Assisted EMDR Protocol. The EquiLateral™ Protocol offers clients, via the integration of Equine Assisted Therapy within the standard EMDR protocol, highly beneficial and unique approach to EMDR that still maintains fidelity to EMDR's research based, eight phase, three pronged, standard protocol. The EquiLateral™ Protocol offers clients with complex trauma opportunities to learn affect tolerance, grounding skills and the ability to maintain the dual attention necessary to complete the eight phases of EMDR while maintain treatment fidelity. This beneficial and highly interactive workshop will include case studies, discussion, role-plays, videos, and case studies.

(Intermediate) 70% EMDR

SESSION 226

"I'VE LOST MY SOUL" — WORKING WITH MORAL INJURY: SOUL LOSS AS AN ASPECT OF COMBAT-RELATED DISSOCIATION

PRESENTERS | EVA USADI, MA, BCD; FR. (CPT.) SEAN LEVINE
ROOM | TRINITY

This presentation will describe an in-depth case review of the treatment of a Gulf War Marine Veteran whose symptoms of combat trauma had been ineffectively treated for over 15 years. The co-presenter, Fr. (Cpt.) Sean Levine, Military Chaplain, US Army, who recently redeployed from Afghanistan, will discuss this case in terms of spiritual crisis, with an emphasis on military culture.

(Intermediate & Advanced) 75% EMDR

SESSION 227

DEFINING NEW CREDENTIALING STANDARDS: AN UPDATE OF THE WORK OF THE EMDRIA PROFESSIONAL DEVELOPMENT SUBCOMMITTEE

PRESENTERS | WENDY FREITAG, PH.D.; JOCELYN L.
BARRETT, MSW, LICSW; NANCY E. ERREBO, PSY.D.;
REGINA D. MORROW, ED.S., LMFT, LMHC
ROOM | SAN MARCOS

The Professional Development Subcommittee has been charged by the EMDRIA Standards and Training Committee to set new standards and requirements for the different levels of EMDRIA credentialing. This workshop will delineate the Subcommittee's progress on the Certification level. These are foundational steps, grounded in Sperry's Core Competency Model and adapted to fit the EMDR Approach. Future steps in the Subcommittee's work product and process will also be explained. At this stage of development, no EMDRIA policy changes or decisions are proposed.

(Intermediate & Advanced) 100% EMDR

Half Day Sessions - 2:00PM-5:30PM

3 Credit Hours

SESSION 231

ANCIENT WISDOM MEETS MODERN SCIENCE

PRESENTER | JOAN BORYSENKO, PH.D.
ROOM | BALLROOM A

The new brain science is an exciting window into the nature of consciousness, emotional balance, physical health, and the interconnection of subtle energies-systems of information – we call the mind. The new field of interpersonal neurobiology describes how the mind is both embodied in our brain and nervous system as well as embedded in our relationships. The quality of those relationships- whether they evoke love, compassion, and mindfulness or fear, anger, and constriction – affect the release of informational molecules. These “mind molecules” in turn create epigenetic changes that affect both physical and mental health.

(Introductory & Intermediate) 100% EMDR

SESSION 232

A WINDOW INTO THE BLACK BOX: SUBTLETIES OF EMDR PROCESSING

PRESENTER | PHILIP MANFIELD, PH.D.
ROOM | TRINITY

EMDR processing can seem like a black box, a process that mysteriously results in healing. Clients often spontaneously use the word, “magic.” As clinicians, we are gratified by the results, and may not be so interested in specifically what caused EMDR to be effective in a particular session, except when it wasn't.

That's when we need to know what is going on in that black box so that we can fix it. This presentation uses video segments of five EMDR sessions to illustrate how to think about EMDR processing and get it back on track when it's not working.

(Introductory & Intermediate) 100% EMDR

SESSION 233

KEEPING IT IN THE ZONE: ASSESSMENT AND TECHNIQUES FOR OPTIMAL PROCESSING

PRESENTER | BARRY LITT, MFT
ROOM | BALLROOM B

This workshop focuses on identifying and maintaining the conditions necessary for optimal processing. Part one describes a model for rapid assessment of negative cognitions and predicts the course of the processing: the Domains of Self. Part two describes the conditions for effective processing: the zone of optimal arousal. The zone is the intersection of two dynamic client variables: dual attention and autonomic arousal. This allows the therapist to assess if, when, and what phase four interventions are needed. Some of these interventions include somatic interweaves. Described in part three, these are body-oriented techniques that can be utilized in phase four.

(Intermediate) 90% EMDR

SESSION 234

TREATING PREVERBAL TRAUMA WITH EMDR: TWO CHILD CASES

PRESENTERS | DEBRA WESSELMANN, MS, LMHP; STEFANIE
ARMSTRONG, LMHP; CATHY SCHWEITZER, LMHP;
ANN POTTER, PH.D.
ROOM | SAN ANTONIO

Two child cases will be presented illustrating implementation of EMDR to treat children with severe symptoms and behaviors and a history of preverbal trauma. An EMDR child therapist and a parent therapist collaborated in the treatment of an eight-year-old child who had a liver transplant at age one and resided in the hospital until age two. An EMDR child therapist and family therapist collaborated in the treatment of a twelve-year-old child who spent the first 8 months of life in orphanage care. The presentation includes pre-treatment and post-treatment scores on several child and parent measures as well as video footage.

(Intermediate & Advanced) 70% EMDR

SESSION 235

BREAKING THE ACE (ADVERSE CHILDHOOD EXPERIENCES) POOR HEALTH CYCLE WITH EMDR TREATMENT

PRESENTER | CAROL FORGASH, MSW, LCSW, BCD
ROOM | SABINE

EMDR treatment will be presented as a successful model for dealing with the ACE*/Poor Health cycle of problems of trauma survivors. The development of an EMDR Treatment Plan to treat both health and ACE problems with a focus on a Health

History and specific target selection is highlighted. Specialized techniques will be utilized in phases 1-3 to help the patient experience self soothing, develop emotional regulation, and to avoid re-traumatization in the health care setting. Phases 4-7 will emphasize specific work on past attachment ruptures as well as specific health issues. Skills development such as rehearsal will also be presented.

(Introductory) 100% EMDR

SESSION 236

A CLOSER LOOK AT THE STRENGTHS AND WEAKNESSES OF THE AIP: A FAIR AND BALANCED REVIEW

PRESENTERS | WILLIAM ZANGWILL, PH.D.; HOWARD LIPKE, PH.D.; ROY KIESSLING, LISW; CURT ROUANZOIN, PH.D.
ROOM | SAN MARCOS

Over the past few years, there has been an increasing emphasis on the role of the AIP in EMDR. Yet, while there is substantial research supporting the efficacy of EMDR procedures, the underlying assumptions of the AIP are unproven. Thus, the purpose of this presentation is to look at the strengths and weaknesses of the AIP from both a theoretical and clinical perspective. It is posited that a frank, open, and nuanced discussion of the AIP will be of benefit to the participants and greater EMDR community. Significant time has been allotted for audience questions and comments.

(All Levels) 99% EMDR

SESSION 237 | INNOVATIVE SESSION

An Innovative presentation is considered an alternative procedure, protocol or explanation other than the standard EMDR method and model. The innovation seeks to expand, strengthen, and/or explain the already successful method and/or model. The intent is to assist in the development of promising innovations by providing an opportunity for the presentation, discussion, and support for research to validate the innovation and/or potential applications.

APPLICATION OF INTUITIVE SKILLS, RESONANCE, AND MINDFUL AWARENESS IN EMDR

PRESENTER | IRENE SIEGEL, PH.D., LCSW
ROOM | PECOS

This experiential workshop teaches the development of a dual focus of attention from egoic to expanded awareness through intuitive mindful skills and resonance, enhancing the AIP model within which EMDR is based. Identify intuitive feedback mechanisms with guided imagery, and apply it within a nonlinear, moment to moment integrative therapy. The convergence of psychology, science, and spirituality will be discussed, as client intervention is drawn from the integration of each field of knowledge. Relationship to brain integration and processing will be linked to tools of

intuitive processes within an interconnected field of energy and informational flow between therapist and client.

(Introductory & Intermediate) 70% EMDR

SATURDAY, SEPTEMBER 28, 2013

Plenary Session - 8:45AM-10:30AM

1.5 Credit Hours

SESSION 301

ADVERSE CHILDHOOD EXPERIENCES STUDY

PRESENTER | VINCENT FELITTI, M.D.
ROOM | GRAND BALLROOM

The Adverse Childhood Experiences (ACE) Study is a long term, in-depth, epidemiologic analysis of over 17,000 middle-aged, middle-class Americans, matching their current health status against 10 categories of adverse childhood experiences that occurred on average a half-century earlier. This ongoing collaborative effort by Kaiser Permanente and the CDC found that:

- Adverse childhood experiences are surprisingly common although typically concealed and unrecognized because of time, shame, secrecy, and social taboo.
- They still exert a profound effect 50 years later, although now transformed from life experience into organic disease and mental illness.
- Adverse childhood experiences are the main determinant of the health and social well-being of the nation, as well as of adult medical care costs.
- Integrating these findings into primary care medical practice appears to produce a significant reduction in medical care costs, and is surprisingly resisted.

The Adverse Childhood Experiences Study thus has direct and important relevance to the practice of medicine and psychiatry, and to the field of social planning.

(All Levels) 0% EMDR

Full Day Sessions - 11:00AM-5:30PM

4.5 Credit Hours

SESSION 311

THE UNFORGIVEN: EMDR, EGO STATE THERAPY AND ATTACHMENT IN EATING DISORDER TREATMENT

PRESENTER | ANDREW SEUBERT, LPC, NCC
ROOM | PECOS

The Unforgiven: EMDR, ego state therapy, attachment repair and forgiveness in the treatment of eating disorders explores the presence of dissociation in clients with eating disorders, particularly anorexia nervosa. The approach employs an

EMDR phase model, expanding the evaluation and preparation phases. Preparation presents a 4-step method of teaching emotional competence, attachment repair strategies, as well as the use of ego state therapy. Processing requires mindful body awareness, as well as the ability to titrate released disturbance and re-stabilize after EMDR application to touchstone events. Self-forgiveness emerges as healing occurs. Video clips and case studies will reinforce learning.

(All Levels) 50% EMDR

SESSION 312 RELATIONAL EMDR – THE NEXT GENERATION

PRESENTER | MARK DWORKIN, LCSW
ROOM | SABINE

Ever had the experience of feeling triggered by a patient with Complex PTSD, and not know what to do? Early trauma turns the learning brain of the infant into the survival brain, defending against harm rather than feeling safe to explore. This difference has implications for an enhanced relational approach. You will learn how to use dyadic regulation of affect to lessen ruptures; identify ruptures to attunement, and learn relational strategies to repair these ruptures including the relational interweave. The mirror neuron system demonstrates that it is impossible to, "Stay out of the way." Videos will illustrate these strategies.

(All Levels) 80% EMDR

SESSION 313 EMDR HAP DISASTER RESPONSE IN THE WAKE OF TRAGEDY AND LOSS

PRESENTERS | GINA COLELLI, LCSW; KAREN ALTER-REID, PH.D.; NANCY SIMONS, LMHC

FACILITATORS | W. MICHAEL CROUCH, LCSW; DAVID J. DOCKSTADER, MA, CAGS, CTR; BEVERLEE LAIDLAW CHASSE, MC, LPC; JULIE MILLER, MC, LPC, LISAC; REBECCA E. ROSENBLUM, PSY.D.; LINDA ROST, LCSW
ROOM | SAN MARCOS

EMDR HAP has been on the front lines creating Trauma Recovery Networks. TRN's are a collective of EMDR clinicians who provide a multi-tiered response in communities traumatized by natural and manmade disasters. This workshop is designed to teach participants how to design and implement a TRN in their own community. Teaching the creation of a working model will occur in two formats:

Panel of TRN members will present:

- The effectiveness of the use of the R-TEP on the ground will be reviewed
- Presentation of the use of the TRN Manual

(All Levels) 99% EMDR

90-Minute Sessions - 11:00AM - 12:30PM

1.5 Credit Hours

SESSION 321 UNDERSTANDING AND TREATING NARCISSISTIC PERSONALITY DISORDER WITH EMDR

PRESENTER | DOLORES MOSQUERA, MA, PSY
ROOM | TRINITY

The DSM-IV description of narcissistic personality disorder focuses on the "overt" qualities of narcissism while omitting the less obvious and subtle "covert" characteristics. All of these aspects may be present in both abusers and victims, in either overt or subtle presentations. To conceptualize these cases it is important to understand the developmental pathways from early experiences to present problems. Being able to identify (and reprocess) the etiological experiences at the roots of the symptoms is crucial for an adequate case conceptualization. Video cases will be shown to illustrate adaptations and treatment methods.

(Advanced) 95% EMDR

SESSION 322 RECOGNIZING AND WORKING WITH AFFECT PHOBIAS IN EMDR – IN CLIENT AND CLINICIAN

PRESENTER | ANDREW LEEDS, PH.D.
ROOM | BALLROOM B

In cases of dissociative and personality disorders, affect phobias in the client or clinician can disrupt reprocessing. EMDR therapy can still be effective when clinicians have the conceptual understanding and perceptual skills to recognize these defenses and use a flexible set of advanced EMDR procedures for responding. After reviewing hypnotic approaches for affect tolerance (Daitch, 2007) and McCullough's affect phobia model (1997, 2003), we will explore published, advanced EMDR procedures for defense and affect restructuring. Finally, we will consider how clinicians can mitigate the potential impact of countertransference, vicarious traumatization, and their own affect phobias in their clinical work.

(Intermediate) 80% EMDR

SESSION 323 SIX PRACTICE-CHANGING TIPS FROM NEUROSCIENCE AND DEVELOPMENT THAT INFORM THE EMDR TREATMENT OF VERY EARLY TRAUMA AND NEGLECT

PRESENTER | SANDRA PAULSEN, PH.D.
ROOM | BALLROOM A

Developments in neurobiology of attachment and affect (Lanius, Paulsen & Corrigan, in press) are foundational to

THANK YOU

to all of our Visionary Alliance members and donors!
Your continued support allows the EMDR Research Foundation to invest in the health and well-being of people everywhere.



Thanks to our Visionary Alliance members who provide monthly support for our mission.

Visionary Alliance members contribute \$15 or more monthly

**denotes a Charter Member—joined in 2011*

Cossette Ahlborn*	Tonya Edmond*	Margo Jacquot*	Yukiko Matsu-Pissot*	Beverly Sigel
Carl Ahonen	Nancy Errebo*	Josie Juhasz	Lynette McDonald	Dorit Silver*
Karen Alter-Reid*	Sue Evans*	Wally Juraschka*	Paul Miller	Story Smith*
Susan Arland*	Warren Faber*	Roy Kiessling*	Margaret Moore*	Lisha Song*
Kass Atkinson	Dawn Fabian	Frances Klaff	Rik Muroya*	Southern AZ EMDRIA
Peggy Avent	Robin Fennel	Karin Kleiner	Evelyn Murray*	Regional Network*
Pritam Babrah*	Rosalie Fine	Maxwell Knauss*	Katy Murray*	Charlene Spears*
Wilma Bass*	DeLane Forester*	Cynthia Kong &	Valerie Myers*	Southwest WA EMDRIA
Scott Blech	Karen Forte*	Gerald Puk*	Larry Nieters*	Regional Network*
Soozi Bolte*	Wendy J. Freitag*	Amy Konkle*	David Ogren	Lesa Swanson
Suzanne Borstein*	Jim Gach*	Deborah Korn*	Coy Osgood*	Susan Symons
Sarah Boss*	Carolyn Galatzan*	Lisa Kornberg	Alicia Outcalt*	Laura Taylor*
Linda Bowers	Lauren Gaspar	Diane Koury	Liz Pechous*	Rosalie Thomas*
Pamela Brown*	Irene Giessl*	Wendy Krauss*	Anabelle Pollock	Susan Tieger*
Susan Brown*	Patty Giffin	Susan Kravit	Esta Porter*	Jamie Vavaroutsos*
Burke Burgin	Sara Gilman*	Sandra Kremer	Merrill Powers*	Rachel Walker*
Robyn Butler-Hall	Andrea Goldberg*	Stephen LaMotte*	Elizabeth Prince*	Vanessa Watt*
Connie Campbell*	Susan Goodell*	Lynne Lande*	Mary Jane Pringle*	Kathleen Wheeler
Susan M. Carson*	Cassandra Gorman*	Linda Lazure*	Diana Renee Pugh	Christine Wilson
Catherine Cattell	Michelle Gottlieb*	Andrew Leeds*	Carolyn Rasche*	Bennet Wolper*
Beverlee Chasse	Joe Graca*	Jennifer Lendi*	Lynnea Ritz	Mio Yamashita*
Victoria Claravall	Dailey Grainger*	Donna Lindley*	Sharon Rollins*	Wendy Yoder*
James Cole	Celia Grand	Farnsworth Lobenstine	Nancy Rubin*	Camille Zeiter*
E. Ruth Cummins	Lynda Grundy*	Elizabeth Loux*	Lynda Ruf	
Ann Daly	Roxann A. Hassett*	Marilyn Luber*	Sandra Russell*	
Stephen Dansiger	Patricia Henry-	Linda Lunsted	Zona Scheiner*	
Barbara Detlefsen*	Schneider*	Carol Maker*	Janie Scholom	
Lynne Dixon*	Barbara Hensley*	Maureen Martens	Gene Schwartz*	
Robbie Dunton*	Pennisue Hignell*	Maria Masciandaro*	Francine Shapiro*	
Nezhat Edalatain*	E.C. Hurley	Christi Matschke*	David Sherwood*	

Thanks to those who made separate donations of \$250 or more in 2012 and/or 2013.

Altria Group, Inc.	Carol A. Forgash	Jean Hawks	Katy Murray	Southwest WA EMDRIA
Susan Brown	Sandra L. Foster	Barbara Hensley	No. California EMDRIA	Regional Network
Lynn Buhler	Wendy J. Freitag	E.C. Hurley	Regional Network	Kay Wait
Barbara Chuko	James Funke	Karin Kleiner	Barbara A. Parrett	
Robbie Dunton	Mary L. Gannon	Patti Levin	Kenneth Podruza	
EMDRIA Child and	Marley Gannon Pagel	Ron E. Masters	Francine Shapiro	
Adolescent SIG	Robert Gelbach	Kathryn Mehler-Clark	Robin Shapiro	

The EMDR Research Foundation donor list can be found online at www.emdrresearchfoundation.org.

clinical advances in repairing early trauma and neglect. Innovations in the EMDR field (O'Shea, 2009, O'Shea & Paulsen, 2007; Paulsen & O'Shea in press) for repairing trauma and neglect in infancy are built on this foundation of neurobiological developments. These include: subcortical affective circuits, gestational learning, the amygdale and other basal ganglia as the locus for object relations affect processing, polyvagal theory of resources and social engagement, the right hemisphere locus of somatic, implicit and relational memory, mirror neurons and clinical intuition, and more.

(Advanced) 95% EMDR

SESSION 324

AIP UTILITY IN TREATING COMBAT VETERANS FROM VIETNAM TO THE WAR ON TERRORISM

PRESENTERS | WARREN PONDER, LCSW; MARK MAYHUGH, MS
ROOM | SAN ANTONIO

This session will use the Adaptive Information Processing (AIP) model to cover the eight phases of the EMDR protocol with special application to combat veterans. One presenter will focus on contemporary war veterans (Desert Storm, OIF/OEF/OND) while the other addresses problematic scenarios working with Vietnam veterans. Each different war cohort faces unique and distinct challenges that require in-depth knowledge to successfully navigate treatment. At the end of this session attendees will have greater knowledge and understanding when treating a combat veteran of any era.

(Introductory & Intermediate) 90% EMDR

Half Day Sessions - 2:00PM - 5:30PM

3 Credit Hours

SESSION 331

THE ADVERSE CHILDHOOD EXPERIENCES (ACE) STUDY, ADDICTION, AND THE ROLE OF EMDR

PRESENTER | SUSAN BROWN, LCSW, BCD
ROOM | TRINITY

This workshop will present an overview of the 'addiction-specific' outcomes from the Kaiser Permanente-CDC Adverse Childhood Experiences (ACE) Study (Felitti et al, 1998), the largest, most influential epidemiological study of our time. Case conceptualization with the AIP with addictions will be explored as well as the converging evidence between the ACE Study and our current understanding of the neurobiology of addictions. Proposed "novel" treatment approaches suggested by current research such as "cue extinction" and "reconsolidation" (Torregrossa & Taylor, 2012) will be compared and contrasted with both standard EMDR and 'addiction-specific' protocol modifications using case study data.

(Intermediate & Advanced) 90% EMDR

SESSION 332

FREQUENT PROBLEMS USING EMDR IN THE SPECTRUM FROM NOVICE TO EXPERIENCED EMDR CLINICIANS

**PRESENTERS | ANDREW LEEDS, PH.D.; ANABEL GONZALEZ, M.D.;
DOLORES MOSQUERA, MA, PSY**
ROOM | BALLROOM B

This workshop explores practical problems therapists face applying the AIP model and EMDR procedures across all eight phases of EMDR as identified in consultation. These issues begin at the "novice" level with the discovery the safe place exercise can be a trigger for clients who never learned what "safe" is. They continue with "experienced" clinicians who encounter subtle (and overt) reenactments in the therapeutic relationship. Common clinical dilemmas, essential concepts and practical skills are illustrated with numerous clinical vignettes and video recordings that add clarity and humor to the presentation. Participants will learn how to identify and manage their own difficult clinical situations.

(Intermediate) 85% EMDR

SESSION 333

RESTORING DIGNITY: HEALING CULTURALLY-BASED WOUNDS

PRESENTER | MARK NICKERSON, LICSW
ROOM | SAN ANTONIO

Culturally-based social identities such as gender, age, socioeconomic status, race/ethnicity, sexual orientation, physical appearance, cognitive ability, and mental health capacity can be contaminated by traumatic experiences of social stigmatization and discrimination. Research supported information from the fields of social psychology and social work informs a culturally attuned EMDR approach that can help restore the core dignity of the person mistreated or oppressed just for being who they are. Useful treatment strategies will be taught including a culturally aware psycho-social history, guidelines for case formulation, resource development, alternative NCs/PCs, and strategic target selection. A protocol for treating prejudice will be described.

(All Levels) 80% EMDR

NeuroTek Corporation

*Manufacturer of Quality EMDR
products since 1991*

303-420-8680 www.neurotekcorp.com
303-422-9440 fax emdrtools@neurotekcorp.com

New, advanced EMDR technology now available

PAID ADVERTISEMENT

SESSION 334

THE NEUROBIOLOGY AND TREATMENT OF OBSESSIVE COMPULSIVE DISORDERS UTILIZING EMDR

PRESENTERS | CHRISTIE SPROWLS, PSY.D.;
PRISCILLA MARQUIS, PH.D.
ROOM | BALLROOM A

Dr. Marquis and Dr. Sprowls will present on the Neurobiology of OCD and the treatment of Obsessive Compulsive Disorder, using EMDR. This treatment is based on clinical research and practice, integrating discussion of current neuroscience about the "Worry Circuit" and Anxiety Disorder treatments such as interoceptive exposure, psycho-education, mindfulness, relaxation training, breathing retraining, cognitive techniques and exposure and response prevention with EMDR.

(All Levels) 70% EMDR

FRIDAY, SEPTEMBER 29, 2013

Plenary Session - 8:45AM - 10:30AM

1.5 Credit Hours

SESSION 401

THE SCIENCE OF EMDR: AN UPDATE ON CURRENT THEORIES REGARDING MECHANISMS OF EMDR

PRESENTER | ROBERT STICKGOLD, PH.D.
ROOM | GRAND BALLROOM

Over the last decade, several theories have been put forward to explain the mechanism of action of EMDR, including Shapiro's Accelerated Information Processing (AIP) model as well as models built around the concepts of working memory, de-arousal, the relaxation response, inter-hemispheric communication, and REM sleep mimicry, not to mention the nihilistic "it's just exposure plus hand waving" hypothesis. In this session, we will present an overview of how such models can be evaluated, and then review each of them, asking what it can tell us both about how EMDR works and about the effects of eye movements in specific. Our own REM sleep mimicry model will be presented in more detail, and its fit with the AIP model examined.

(All Levels) 75% EMDR

Half Day Sessions - 11:00AM - 3:30PM

3 Credit Hours

SESSION 431

NEUROBIOLOGY, ADAPTIVE INFORMATION PROCESSING, AND TRAUMATIC DISSOCIATION

PRESENTER | ULRICH LANIUS, PH.D.
ROOM | BALLROOM B

Recent neuroscience research is discussed with a view towards

increasing our understanding of underlying neurobiological processes with respect to the phenomenology of dissociation. It is suggested that dissociation is a result on a breakdown in the linking of different neural networks in the time domain, e.g. information processing. Recent research suggests that both lower brain structures as well as higher brain structures are involved. It is suggested that this process is essential to our understanding both of dissociation on one hand, as well as Adaptive Information Processing on the other.

(Intermediate) 90% EMDR

SESSION 432

THE USE OF EMDR IN PREVERBAL TRAUMA

PRESENTER | PHYLLIS KLAUS, MFT, LCSW
ROOM | BALLROOM A

Psychological, somatic and medical problems often have their origins in more obscure beginnings. This EMDR workshop teaches a deep and comprehensive history taking and decision-making process to help the clinician choose the level of complexity to use in the face of a client's distress. Thus enabling the clinician to help the client more quickly gain access to preverbal underlying factors, which may block healing. A clearer picture of the condition provides a clearer targeting sequence for EMDR processing. Participants will learn methods to work within the mind/body memory of, fetal or infant life and early preverbal years to retrieve trauma information. Examples of how EMDR Therapy easily integrates into other psychological methods, which have been used with this population, will be presented.

(All Levels) 80% EMDR

SESSION 433

PSYCHOSIS, TRAUMA, DISSOCIATION, AND EMDR

PRESENTER | COLIN ROSS, MD
ROOM | TRINITY

In order to treat psychosis with EMDR, one must have a psychological model that is consistent with the adaptive information processing model of EMDR, and with the targets of EMDR including traumatic material held in dissociated form in the psyche. In this workshop, such a model of psychosis will be presented. The presenter will describe strategies for engaging psychotic voices in psychotherapy; he proposes that a combination of EMDR and strategies drawn from the psychotherapy of dissociative identity disorder could be very useful for a large subset of individuals with psychotic diagnoses.

(Intermediate) 30% EMDR

SESSION 434

EARLY EMDR INTERVENTIONS: PREVENTING PTSD AND OTHER DISASTER RELATED INJURIES

PRESENTERS | BEVERLEE LAIDLAW-CHASSE, MC, LPC;
JULIE MILLER, MC, LPC, LISAC
ROOM | SABINE

This workshop will familiarize participants with early EMDR interventions for those involved in a recent traumatic event. Participants will briefly address the science behind early psychological intervention after a trauma/disaster, including the physical, cognitive, emotional, and spiritual impacts during and after the event, with and without intervention. The memory of recent trauma differs from that of a more distant trauma in that it tends to be more fragmented or unconsolidated and less integrated into a coherent, narrative sequence of events or theme cluster (Shapiro, Francine, 2001) (Shapiro, Elan, 2008). Several EEI protocols will be reviewed.

(Introductory & Intermediate) 95% EMDR

SESSION 435

EMDR TREATMENT OF MIGRAINE AND CHRONIC DAILY HEADACHE

PRESENTER | EMRE KONUK, MA
ROOM | SAN ANTONIO

Chronic headache is one of the most common and disabling problems that one can have. EMDR treatment was used for its treatment and has provided promising results. An EMDR Chronic

Headache Protocol was developed and a pilot study was conducted to see its effectiveness. The preliminary analyses revealed that the frequency, duration and the strength of the headaches, the number of Emergency Care visits, and the number of pills taken by patients decreased significantly. The aim of this workshop is to present how to use this protocol in the treatment of patients diagnosed with Chronic Daily Headache and Migraine.

(All Levels) 100% EMDR

SESSION 436

ENHANCING COMPETENCY IN EMDR THROUGH EFFECTIVE CLINICAL SUPERVISION AND CONSULTATION

PRESENTER | DEREK FERRELL, PH.D.
ROOM | PECOS

The effective integration of the teaching and learning of EMDR into clinical practice is sometimes easier said than done. Recent research has indicated that over 40% of EMDR training participants struggle to integrate EMDR into their clinical practice post EMDR training. This workshop will outline initially some of the findings from a Delphi study which explored EMDR Consultant's experiences in relation to the teaching and learning of EMDR and how this relates to clinical practice, and more specifically, EMDR clinical supervision and consultation. Key attributes of EMDR clinical supervision/Consultation will be reflected upon using various models and frameworks.

(All Levels) 100% EMDR

Available from the **EMDRIA STORE**

Please visit the EMDRIA Booth or the Registration Desk to order any of the following products:

EMDRIA Conference Handout CD's (2003 - 2012)

What is EMDR? (for clients) Brochures

EMDR & Children Brochures

EMDR for Professionals Brochures

EMDR Presentation Packet - (Updated April 2013)

EMDRIA Travel Mugs

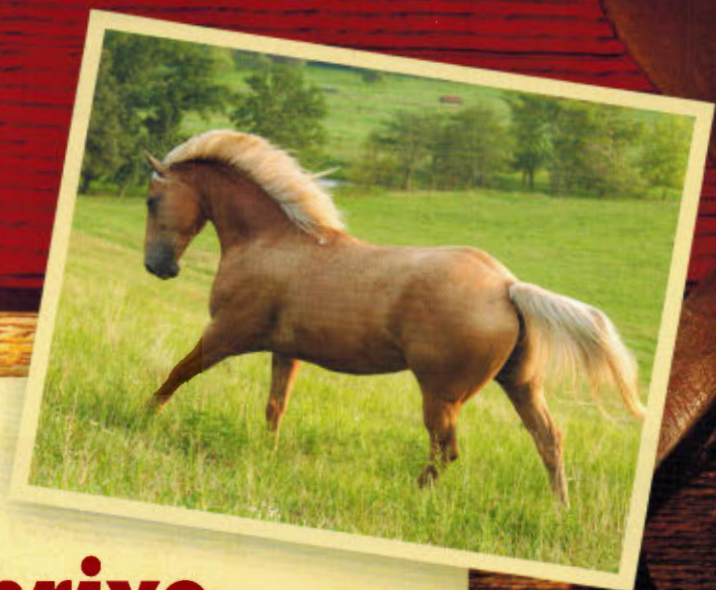
EMDRIA T-Shirts

Stress Balls

20 Years of EMDR: Francine Shapiro Interview DVD



A family member of Elements Behavioral Health™



Move from Survive to Thrive...

The Ranch offers hope and healing from:

- ◆ Trauma
- ◆ Grief & Loss
- ◆ Mood Disorders
- ◆ Chemical Dependence
- ◆ Sex or Intimacy Disorders
- ◆ Eating Disorders
- ◆ Other Behavioral Health issues



Meet the real you and
embrace the life you want.

800-849-5969
recoveryranch.com



Exhibitors

THANK YOU TO OUR 2013 EXHIBITORS

Exhibit Hall Hours

Thursday | 7:00AM - 6:30PM
Saturday | 7:30AM - 7:45PM

Friday | 7:30AM - 5:30PM
Sunday | 7:30AM - 2:00PM

This program contains advertisements for products, programs, publications and/or services. EMDRIA provides this information as a service to Conference attendees, however, these services are not endorsed by EMDRIA and/or its Board of Directors or Officers.

CONFERENCE RAFFLE!

Some of our Exhibitors have generously donated items for our Stamp Stop Raffle. Take your Raffle Card that you received at registration, and visit ALL the participating exhibits. Once your card is completely full, drop it in the box at the Registration Desk. Drawings will occur throughout the Conference. Good luck!

Thank you to the following Exhibitors for their generous donations:

Celtic Art Therapy
EMDR Consulting: Roy Kiessling
EMDR International Association
EMDR Research Foundation
Grief Watch

HeartMoth
Luv Splats & Womb Songs
Peggy Avent
The Biomat Company

The Meadows
The Ranch
Timberlawn Mental Health
Trauma Institute

Exhibitors

Alpha Health Systems (Booth #1)

Contact: Terry Argast
30101 Town Center Dr., Suite 201, Laguna Niguel, California 92677
Phone: 949.495.1262 Fax: 949.249.5681
Email: drargast@cox.net Web: www.alpha-health.com

Alpha Health Systems is an authorized distributor of Alpha-Stim electromedical products, which are FDA registered for the treatment of anxiety, depression, insomnia and pain. These devices can be used in the office or home. They can be used in conjunction with EMDR to speed progress. Come see the new digital units.

Bright Shadow Aura Photo + Reading (Booth #12)

Contact: Belle Star
385 Pearl Street, Boulder, Colorado 80302
Phone: 303.249.6958
Email: labellestar12@gmail.com Web: www.bellestar.net

Be yourself – everyone else is taken! What energetic gifts do you bring to your practice? Check out your Bright Shadows and find out. Belle Star has over 50 years of reading experience and degrees in psychology, life coaching and Shamanic training. Is there a book inside of you? JamesDennyTownsend.com Editor/Book Developer/Ghostwriter.

Celtic Art Therapy from Ravensdaughter Designs (Booth #14)

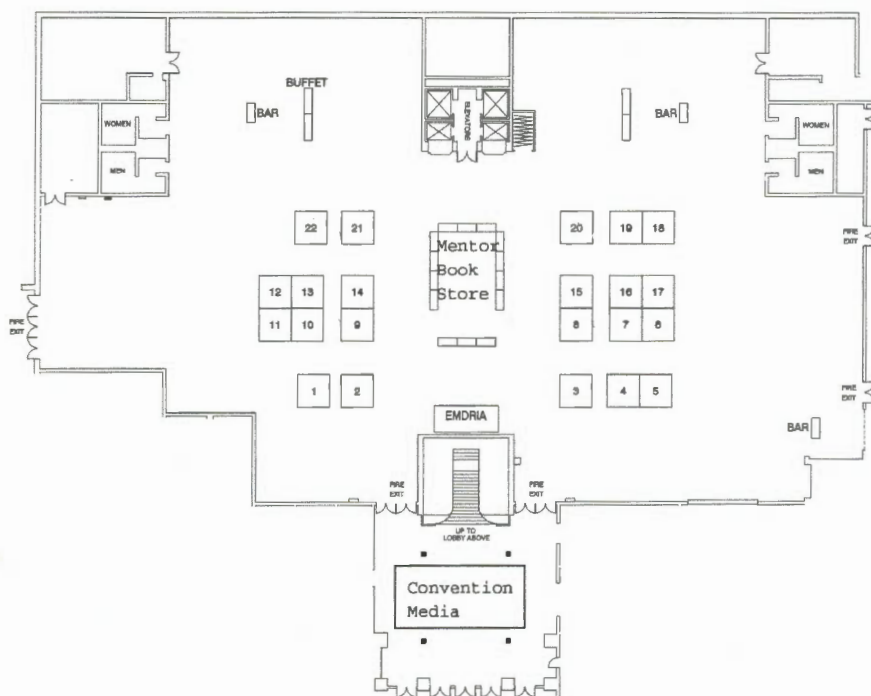
Contact: Erin Rado
P.O. Box 2997, Crestline, California 92325
Phone: 909.273.5285
Email: celticarttherapy@verizon.net Web: <https://facebook.com/CelticArtTherapy>

Celtic Art Therapy is a "tracing therapy" tool that induces and sustains mindfulness. Celtic Art Therapy has shown results helping to manage and decompress behaviors associated with Autism, ADHD, anxiety and PTSD. It has also shown results promoting neuroplasticity with some neurological conditions including stroke recovery, TBI, and some tremor/seizure disorders.



Exhibitors

THANK YOU TO OUR 2013 EXHIBITORS



- 1 - Alpha Health Systems
 - 2 - Child Trauma & Child Trauma Institute
 - 3 - EMDR Humanitarian Assistance Programs
 - 4 - The Ranch
 - 5 - Peggy Avent
 - 6 - DNMS Institute, LLC
 - 7 - HeartMath
 - 8 - EMDR Research Foundation
 - 9 - The Meadows
 - 10 & 11 - NeuroTek Corp
 - 12 - Bright Shadow Aura Photo + Reading
 - 13 - Timberlawn Mental Health Systems
 - 14 - Celtic Art Therapy
 - 15 - Sierra Tucson
 - 16 - EMDR Consulting: Roy Kiessling
 - 17 - Pieces of Bali
 - 18 - Grief Watch
 - 19 - EMDR Therapist Network/Inner Courage, LLC
 - 20 - The BioMat Company
 - 21 - Silpada Designs Jewelry
 - 22 - Luv Splats & Womb Songs
- Convention Media - Plaza Level Foyer
EMDRIA - Exhibit Hall Entrance
Mentor Books - Center of Exhibit Hall

Convention Media (Plaza Level Foyer)

Contact: Tom Isom
P.O. Box 459, Cedar Park, Texas 78630-0459
Phone: 512.834.9492 Fax: 512.697.8402
Email: tom@conventionmedia.net Web: <http://www.conventionmedia.net>

Convention Media provides audio recordings of the breakout sessions of the 2013 EMDRIA Conference. We offer a product range that includes handouts, the powerpoints of the speakers and the audio recordings coupled together. If you have this product, it will be similar to being in the classroom live. Please see our booth for a live demonstration. We also offer the sessions as downloads as well as on audio CD. So, since it's not possible for you to attend all breakout sessions this is a great way to hear what you have missed.

DNMS Institute (Booth #6)

Contact: Shirley Jean Schmidt
6421 Mondean St., San Antonio, Texas 78240
Phone: 210.561.7881 Fax: 210.561.7806
Email: dnms@dnmsinstitute.com Web: www.dnmsinstitute.com

DNMS Institute provides continuing education and support materials for mental health professionals around the world. Co-owners Jurgen Schmidt and Shirley Jean Schmidt are holders of the patent on the TheraTapper(TM), a device for providing bilateral tactile stimulation. The TheraTapper(TM) is used by therapists around the world in conjunction with a number of treatment modalities including the DNMS and EMDR. The DNMS Institute publishes "The Developmental Needs Meeting Strategy: An Ego State Therapy for Healing Adults With Childhood Trauma and Attachment Wounds" written by Shirley Jean Schmidt, MA, LPC. The book is the foundation for onsite workshops, a home study course, telecourses and consulting for psychotherapists.



EMDR Consulting: Roy Kiessling, EMDRIA Approved Trainer and Consultant (Booth #16)

Contact: Roy Kiessling, LISW, ACSW
P.O. Box 43273, Cincinnati, Ohio 45242
Phone: 513.324.3637 (EMDR) Fax: 513.561.3437 (EMDR)
Email: roykiessling@me.com Web: <http://www.emdrconsulting.com>

Roy Kiessling, EMDRIA Approved Trainer and Consultant, developed EMDR Consulting to support you in integrating EMDR into your practice. Roy offers basic trainings, refresher and specialty workshops, home study courses and free worksheet downloads. He also moderates a free EMDR focused internet discussion list, opened to everyone, regardless of their EMDR training provider. Check out Roy's EMDR Consulting and see what he can do for you!



Exhibitors

THANK YOU TO OUR 2013 EXHIBITORS

EMDR Humanitarian Assistance Programs (Booth #3)

Contact: Andrea Savino
2911 Dixwell Avenue, Ste. 201, Hamden, Connecticut 06518
Phone: 203.288.4450 Fax: 203.288.4060
Email: asavino@emdrhap.org Web: <http://www.conventionmedia.net>

EMDR HAP is the humanitarian assistance arm of the EMDR community. We provide education and clinical training to reach underserved populations anywhere in the world, as well as direct service to first responders and survivors in the wake of disaster. We are a partnership of volunteers and donors to promote life, hope and healing through EMDR.



EMDR International Association (Entrance of Exhibit Hall)

Contact: Mark G. Doherty, CAE - Executive Director
5806 Mesa Drive, Suite 360, Austin, Texas 78731
Phone: 866.451.5200 Fax: 512.451.5256
Email: info@emdria.org Web: www.emdria.org

The EMDR International Association (EMDRIA) is a membership organization of mental health professionals dedicated to the highest standards of excellence and integrity in EMDR. Its purposes are: a) to establish and uphold standards of practice, training, certification and research; b) to provide information, education and advocacy; and c) to assist practitioners in fulfilling their responsibilities to the public.



EMDR Research Foundation (Booth #8)

Contact: Angie Schlanger
2920 N. Quinlan Park Road, Suite B20 - #115, Austin, Texas 78732
Phone: 512.571.3637
Email: info@emdrresearchfoundation.org Web: www.emdrresearchfoundation.org

The EMDR Research Foundation is a charitable foundation dedicated to the promotion of quality, unbiased research in EMDR. EMDR is an evidence-based psychotherapy effective in the treatment of a variety of symptoms and conditions. In an effort to inform, strengthen and expand the understanding and effective use of EMDR, ultimately the Foundation enhances the quality of life for people everywhere by facilitating healing, health and well-being.



EMDR Therapist Network/Inner Courage, LLC (Booth #19)

Contact: Carol Maker, LCSW
21 NE Alberta Street, Portland, Oregon 97211
Phone: 503.341.4325
Email: joinus@emdrtherapistnetwork.com Web: www.emdrtherapistnetwork.com & www.innercourage.com

If EMDR therapy is your focus, then our focus is on you. Stop by and preview our all-new, mobile-optimized website design (before we launch it), and get 3 months free membership. Get listed on the most robust and broad-reaching database of EMDR therapists on the web!



Grief Watch (Booth #18)

Contact: John Schweibert
2116 NE 18th Ave., Portland, Oregon 97212
Phone: 503.281.3697
Email: john@tearsoup.com Web: <http://www.griefwatch.com>

Grief Watch is a non-profit purveyor of resources designed to help persons who are grieving because of personal loss, and the friends and professional persons who walk with them through their grief. We are publishers of the book "Tear Soup," and several other books on perinatal bereavement and grief in general. In addition we have developed other resources that are described and available for purchase through our website, <http://www.griefwatch.com>, and at our booth here at the EMDRIA Conference.



HeartMath (Booth #7)

Contact: Carol Thompson
14700 West Park Avenue, Boulder Creek, California 95006
Phone: 831.338.8781
Email: carol@heartmath.com Web: <http://www.heartmathstore.com>

HeartMath provides a range of unique services, products and technology to increase health and well-being while dramatically reducing stress. The emWave technology and HeartMath system are currently being used by Duke Medical Center, Stanford, Kaiser, UNC, Blue Cross Blue Shield, Sutter Health and many other top healthcare organizations to reduce stress, depression, fatigue, sleep problems and improve emotional fitness.



Exhibitors

THANK YOU TO OUR 2013 EXHIBITORS

Luv Spats & Womb Songs (Booth #22)

Contact: Lauren Satt

Phone: 818.635.3488

Email: Lauren.Nicole.Satt@gmail.com Web: <https://facebook.com/LuvSpats> and www.wombsongs.com



Get a free Luv Spats phone app: It's like a hallmark card on your phone. Helps clients network with friends and reduces isolation. Increases daily romance and sensuality between your therapy couples. Helps clients begin the repair process after a relationship rift. Be a stabilizing and nurturing resource to your clients between sessions. For the big picture learn how this app will organize people across the world to use Daily Mass Focused Intention, or mass prayer to change human suffering and elevate the human emotional tone.

Join "The Attunement Cause". Anyone doing complex trauma work has come to understand the importance of being lovingly in sync with baby. Otherwise we have adults with limited capacities to love. Join the cause of teaching all women how to attune with children. Learn how A Sound Beginning will guide the way.

Mentor Books (Center of Exhibit Hall)

Contact: Blair Dunn

5318 Lowell St., Denver, Colorado 80221

Phone: 303.975.1950 Fax: 303.975.1936

Email: blair@mentorbooks.com Web: <http://www.mentorbooks.com>



Your Conference bookstore selling books, CD's, music and DVD's on EMDR, Trauma, ACT, Mindfulness, Neurobiology and other cutting-edge topics. Our goal is to enhance your EMDRIA Conference learning experience. Please call us if you need anything, or visit our website.

NeuroTek Corp (Booth #10)

Contact: Doug Fisher

12100 W. 52nd Ave. Unit #116, Wheat Ridge, Colorado 80033

Phone: 303.420.8680 Fax: 303.422.9440

Email: emdrtools@neurotekcorp.com Web: www.neurotekcorp.com



NeuroTek Corporation has been manufacturing quality EMDR products since 1991. Visit our booth and experience the latest technology designed to assist the EMDR clinician.

Pieces of Bali (Booth #17)

Contact: Anne Thierry

6705 Hwy. 290 W., Ste 502-185, Austin, Texas 78735

Phone: 512.918.3069

Email: piecesofbali@yahoo.com



A beautiful collection of sterling silver jewelry, hand-made in Bali.

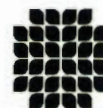
Sierra Tucson (Booth #15)

Contact: Lila Duffy

39580 S. Lago Del Oro Pkwy, Tucson, Arizona 85739

Phone: 520.818.5885 Ext. 2303

Email: eduffy@sierratucson.com Web: www.sierratucson.com



SIERRA TUCSON®

Established in 1983, Sierra Tucson is dually licensed as both a Special Hospital and a Behavioral Health Residential Treatment Center. Sierra Tucson blends time-tested techniques and innovative emerging methodologies to create clinically superior, patient-directed courses of treatment.

Silpada Designs (Booth #21)

Contact: Beth Moller - Silpada Designs Star Leader

Phone: 210.638.9503

Email: bmoller@gvtc.com Web: www.mysilpada.com/beth.moller

» SILPADA DESIGNS®

Hip-classic .925 sterling silver, handcrafted from artisans worldwide and backed with a lifetime warranty. Silpada Designs Jewelry was founded in 1997 by two stay at home moms in Kansas; Bonnie & Teresa. They wanted to create a company that would empower women and give them financial freedom.

Exhibitors

THANK YOU TO OUR 2013 EXHIBITORS

The BioMat Company (Booth #20)

Contact: Joyce Carrington
P.O. Box 56, Fort White, Florida 32038
Phone: 352.215.9725 Fax: 386.497.4451
Email: joyce@thebiomatcompany.com Web: <http://www.thebiomatcompany.com>



Sharing Health, Wellness and Recovery through Crystal Infrared Technology and the BioMat. Used by Practitioners and Consumers around the world. Whole Body Vibration achieved through 8 different infrared Heat settings and Negative Ions...Boosts your immune system, increases the circulation and oxygenation of the blood, Breaks apart free radicals, puts you in the Theta State of rest producing serotonin improving your mood. It softens the connective tissue, reduces inflammation and draws lactic acid off the muscles. Whole Body Detox while you take a 30 minute nap or sleep on it all night long An effortless Whole Body Tune Up.

The Meadows (Booth #9)

Contact: Carrie Steffensen, CMP
1655 N Tegner Street, Wickenburg, Arizona 85390
Phone: 928.684.4077 Fax: 928.684.7821
Email: csteffensen@themeadows.com Web: www.themeadows.com



The Meadows is the most trusted name in trauma and addiction treatment. Our legacy extends over 35 years with more than 45,000 in-patient and workshop attendees having chosen The Meadows to support their hopes for a sober and fulfilling lifestyle. Our unique approach to treatment is based on The Meadows Model of Core Issues and forms the backbone of a patient's inpatient stay.

The Ranch (Booth #4)

Contact: Cheryl Brown, Director of Marketing & Outreach Services
P.O. Box 38, Nunnally, Tennessee 37137
Phone: 800.849.5969 Fax: 931.729.9632
Email: cbrown@recoveryranch.com Web: www.recoveryranch.com



Since 1999, The Ranch has provided comprehensive therapeutic programs that treat the underlying causes of trauma, eating disorders, addictions and other self-defeating behaviors. The Ranch offers innovative therapies to address the multidimensional aspects of the whole person while teaching personal accountability in a safe, nurturing, real-life environment. Located on a working horse ranch in the beautiful rolling hills of Nunnally, Tennessee, The Ranch offers programs with a variable length of stay, which allows each client to anchor new recovery behaviors needed for lasting change. For more information about The Ranch, call (800) 849-5969 or visit www.recoveryranch.com.

Timberlawn Mental Health Systems (Booth #13)

Contact: Kristi Lewis
4600 Samuell Blvd., Dallas, Texas 75228
Phone: 214.662.3963
Email: kristilew@verizon.net Web: www.timberlawn.com



TIMBERLAWN
MENTAL HEALTH SYSTEM

Dedicated to patient care, education and research since 1917.

Timberlawn Mental Health System provides a comprehensive and integrated system of psychiatric and substance abuse services for children, adolescents and adults. We provide all levels of care, from inpatient stabilization to partial hospital programs to intensive outpatient programs and traditional outpatient care. We are also the campus for the Ross Institute for Trauma, led by Dr. Colin Ross, one of the nation's leading clinicians in the field of trauma. This program specializes in the treatment of all trauma based disorders, such as PTSD, dissociation, borderline personality disorder and all co-morbid conditions for adults.

Trauma Institute & Child Trauma Institute (Booth #2)

Contact: Karen Steward
P.O. Box 544, Greenfield, Massachusetts 01302
Phone: 413.774.2340
Email: cti@childtrauma.com Web: www.trauma.info and www.childtrauma.com



The Trauma Institute & Child Trauma Institute is a nonprofit organization dedicated to developing and disseminating effective methods of trauma assessment, treatment, and training. We provide trauma-related on-site (at your location) training in the USA and internationally, including PC and EMDR basic training, as well as Professional CE/EMDR CE workshops and distance learning (home study) programs.