

EMDR International Association presents:

EMDR
"United We Stand"

June 20 - 23, 2002

Acknowledgements

The EMDR International Association wishes to acknowledge the EMDRIA Administrative Staff and Conference Committee volunteers for their hard work and devotion in putting together the 2002 EMDRIA Conference. Special appreciation is also expressed for all those volunteering their time to present and work at the Conference. We couldn't have done it without you.

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Conference at a Glance

Friday

Registration Open
7:00am - 5:30pm

Welcome Address
8:00am - 8:30am
by Byron Perkins, Psy.D.
& *Carol York, MSSW, LMSW-ACP*

Plenary - Session 1
8:30am - 10:00am
with Bruce Perry, M.D., Ph.D.

Session 2
10:30am - 5:30pm

Session 3 - 10
10:30am - 12 Noon

Lunch - Awards & Recognition Luncheon
12 Noon - 2:00pm

Sessions 11 - 15
2:00pm - 5:30pm

Session 16
2:00pm - 3:30pm

Session 17
4:00pm - 5:30pm

Session 18
2:00pm - 3:00pm

Session 19
3:30pm - 4:30pm

EMDRIA General Membership Meeting
6:00pm - 7:00pm

Thursday

Pre Conference Registration
7:00am - 8:30am

Pre Conference Sessions PC1, PC2, PC3
8:30am - 5:00pm

Lunch (on your own)
12 Noon - 1:30pm

Early Registration for Main Conference
2:00pm - 7:00pm

Opening Reception
5:30pm - 7:00pm

Saturday

Registration Open
7:00am - 5:30pm

Plenary - Session 20
8:30am - 9:30am
with Francine Shapiro, Ph.D.

Surprise Appearance from Special Guest
9:30am - 10:00am

Sessions 21 - 29
10:30am - 12 Noon

Lunch - Networking Luncheon
12 Noon - 2:00pm

Sessions 30 - 37
2:00pm - 5:30pm

**Formal Poster Sessions
with Closing Reception**
6:00pm - 7:30pm

Sunday

Registration Open
8:00am - 12 Noon

Plenary - Session 38
8:30am - 10:00am
with Malcolm MacCulloch, M.D., FRC Psych.

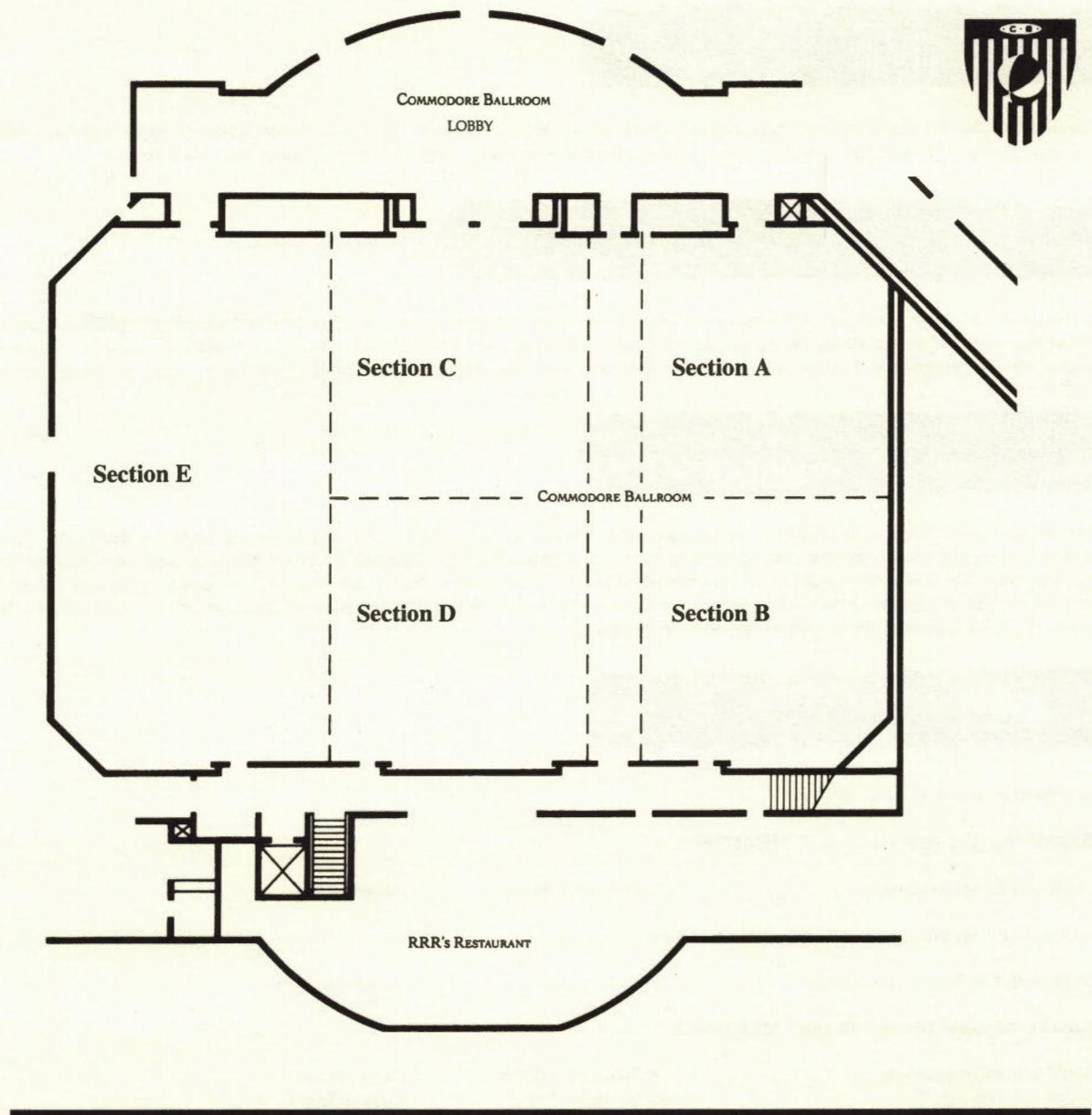
Sessions 39 - 42
10:30am - 12 Noon

Sessions 43 - 44
10:30am - 11:30am

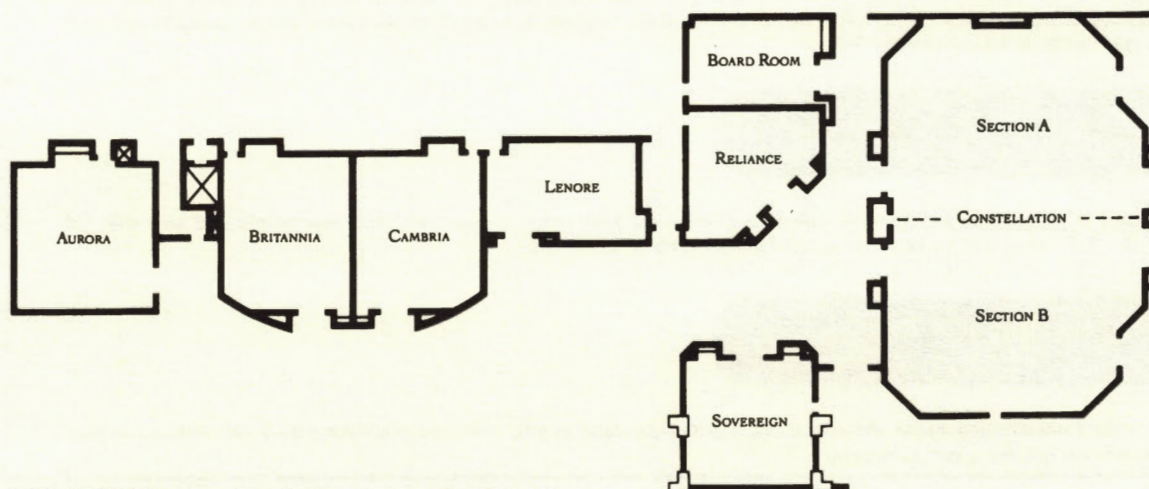
Lunch - Box Lunches will be provided
12 Noon - 2:00pm

Sessions 45 - 51
2:00pm - 5:30pm

Session 52
2:00pm - 3:30pm



SECOND FLOOR



Opening Reception

Thursday, June 20th 5:30pm to 7:00pm

Please join us for this year's Opening Reception to be held out on the **Bay Terrace**. There will be hors d'oeuvres and a cash bar. Take this opportunity to meet others attending this year's Conference or catch up with old friends. Everyone is welcome!

Awards & Recognition Luncheon

Friday, June 21st 12 Noon to 2:00pm

In recognition of those who have dedicated their time, expertise, and knowledge to the preservation and growth of EMDR, we invite you to join us at the annual Awards & Recognition Banquet. This event will be held out on the **tennis courts** of the resort. This is a banquet held to recognize and award those who have dedicated their time, expertise, and knowledge to the preservation and growth of EMDR.

EMDRIA General Membership Meeting

Friday, June 21st 6:00pm to 7:00pm

Members and Non-Members of EMDRIA are encouraged to attend. The meeting will be held in the **Commodore Ballroom**. This meeting is designed to provide you with updates on what our organization has accomplished in the past year and our vision for the upcoming year. You will be introduced to the various Committees and find out what they do and how you can become involved if you have a special interest or experience that would benefit the Committees' work. The EMDRIA Board of Directors and Officers will also be introduced at this meeting. Please join us and become involved.

Special Interest Group Meetings

Friday & Sunday * See below for times

Pre scheduled meetings are as follows:

FRIDAY "Special Interest Group" MEETINGS

EMDR and Eating Disorders	7:00pm to 8:00pm	Aurora Room
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SATURDAY "Special Interest Group" MEETINGS

EMDR with Children & Adolescents	5:45pm to 6:45pm	Sovereign Room
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SUNDAY "Special Interest Group" MEETINGS

EMDR and Psychoanalysis	12 Noon to 2:00pm	Commodore E
EMDR and Writing	12 Noon to 2:00pm	Commodore E
EMDR and Energy Medicine & Spirituality	12 Noon to 2:00pm	Commodore E
EMDR and Peak Performance	12 Noon to 2:00pm	Commodore C
EMDR and Medical Illness	12 Noon to 2:00pm	Commodore C

If there is interest in another group other than those specified, please go to the registration desk to request an application and see if there are any meeting rooms available. Please feel free to contact Zona Scheiner at zonags@comcast.net with any questions and mail applications to the EMDRIA Administrative Office.

Networking Luncheon

Saturday, June 22nd 12 Noon to 2:00pm

This lunch is a time to get together and network with other Conference participants in your area, meet new people, and visit with old friends worldwide. This event will be held out on the **tennis courts** of the resort.

Formal Poster Sessions with Reception

Saturday, June 22nd 6:00pm to 7:30pm

Please join us in the **Constellation Foyer** for hors d'oeuvres and cocktails as you stroll and converse with poster authors as they present their posters for questions and comments.

About the Guest Speakers

RICKY GREENWALD, Psy.D., is currently Assistant Clinical Professor in the Department of Psychiatry at Mount Sinai Medical School in New York, and previously served as Senior Psychologist for the Mokihana Project, Kauai, HI Department of Education. Dr. Greenwald is a pioneer in developing EMDR applications for children and adolescents, conducts child trauma assessment and treatment research, and provides training and consultation internationally. He is the author of Using EMDR with Children (EMDR Institute, 1993), EMDR in Child and Adolescent Psychotherapy (Jason Aronson, 1999), Trauma and Juvenile Delinquency (Haworth, in press), and Risking Connection for Children: A Trauma Curriculum (Sidran, in preparation).

ANDREW LEEDS, Ph.D., is a California licensed Psychologist and Marriage Family Therapist with 26 years of private practice psychotherapy experience. He is the 1999 recipient of the EMDR International Association award for creative innovation in the development of EMDR and the EMDR Institute Ronald A. Martinez, Ph.D. Memorial Award. Dr. Leeds is a senior EMDR Institute trainer and has conducted EMDR training for 6,000 clinicians at 80 training programs in the United States, Canada, France, England, Brussels, and Japan. He has presented numerous papers on EMDR for national and regional professional associations. He is the author of two book chapters and co-author of a research article on EMDR. In 1996, he helped to establish and through 2000, served as moderator of the EMDR Institute electronic discussion list on the Internet. Dr. Leeds has contributed to the evolution of EMDR by articulating, publishing and teaching a protocol known as Resource Development and Installation (RDI) which has extended the range of patients who can be helped with EMDR treatment. In recent years, Dr. Leeds has continued the evolution of EMDR by proposing a neuroaffective model to expand EMDR from a trauma based model to an affect and attachment restructuring model that can better meet the treatment needs of adult survivors of severe emotional neglect and abuse.

JENNIFER LENDL, Ph.D., is a California licensed Clinical Psychologist specializing in the areas of trauma and performance. She has been in private practice for over 20 years in San Jose, California. In addition, she is the trauma and performance specialist at the Amen Clinic. Dr. Lendl is a Trainer for the EMDR Institute and a Board Certified Expert in Traumatic Stress. She is a frequent presenter and has authored the *Manual for EMDR and Performance in the Workplace*. She is also a Diplomate of the National Association of Sports Psychologist and serves as the sport psychologist to the Women Involved in the Sports Evolution (WISE) training program in Ventura, California.

MALCOLM MacCULLOCH, M.D., FRC Psych., is Professor Emeritus of Forensic Psychiatry in the University of Wales College of Medicine, Cardiff, UK. His early researches included physiological and behavioral responses to aversive conditioning and the automated measurement of changes in attitudes by semantic differentials. Forensic assessment of cases of trauma led to his interest in PTSD and later to its treatment by EMDR. His current research includes the development of a theory which accounts for individual differences in initial response, chronicity and response to treatment in cases of PTSD and a theory of the action of EMDR.

FRED ORR, Ed.D., has been in private practice for 30 years. He trained in EMDR I and II, is a member of EMDRIA, and incorporates EMDR in his private practice and teachings. Dr. Orr is a Focusing trainer working with Dr. Eugene Gendlin of The Focusing Institute on combining therapeutic methods to enhance significant improvement.

BRUCE D. PERRY, M.D., Ph.D., is an internationally-recognized authority on the effects of maltreatment on children. His work has been instrumental in understanding the impact of traumatic experiences and neglect on the neurobiology of the developing brain. Dr. Perry is the Provincial Medical Director in Children's Mental Health for the Alberta Mental Health Board. In addition, Dr. Perry is the Senior Fellow of the ChildTrauma Academy (www.ChildTrauma.org), a Houston-based organization dedicated to research and education on child maltreatment. Both a clinician and a researcher, Dr. Perry has been consulted on many high-profile incidents involving traumatized children including the Columbine, Colorado school shootings and the Branch Davidian siege. He is the author of more than 200 articles, chapters and proceedings and the recipient of numerous awards.

FRANCINE SHAPIRO, Ph.D., the originator and developer of EMDR, is a Senior Research Fellow at the Mental Research Institute, Palo Alto, California. She serves as Executive Director of the EMDR Institute in Pacific Grove, California, and the Founder and President Emeritus of the EMDR Humanitarian Assistance Programs, a non-profit organization that coordinates disaster response and pro bono trainings worldwide. Dr. Shapiro was designated as one of the "Cadre of Experts" of the American Psychological Association and Canadian Psychological Association Joint Initiative on Ethnopolitical Warfare. She is a member of the Board of Scientific & Professional Advisors of The American Academy of Experts in Traumatic Stress and is on the Founding Editorial Advisory Board of Journal of Traumatology. She has written more than 40 articles and chapters and three books about EMDR: Eye Movement Desensitization and Reprocessing: Basic Principles, Protocols and Procedures (Guilford Press, NY, 1995), EMDR: The Breakthrough Therapy for Overcoming Anxiety, Stress and Trauma (Basic Books, NY, 1997) and the forthcoming EMDR and the Paradigm Prism (American Psychological Association Press). She has been an invited presenter at most major psychology conferences over the past 12 years and has served as adviser to three trauma journals. She was awarded the 1993 Distinguished Scientific Achievement in Psychology Award presented by the California Psychological Association. She strongly believes that clients can best be treated by a comprehensive approach that integrates aspects of all the major psychological orientations. Further, she believes that a major challenge confronting the profession is to find a way to close the gap between science and practice. In order to do this, clinical standards need to be incorporated into clinical outcome research.

PRE CONFERENCE

8:30am - 5:00pm

FULL DAY SESSIONS

SESSION PC1

CONSTELLATION A&B

Strengthening Identity and Performance

Andrew M. Leeds, Ph.D.

This workshop will articulate an enlarged set of EMDR related Resource Development and Installation (RDI) protocols. All these procedures emphasize the deliberate incorporation of positive emotion as part of restructuring and developing new affect scripts across discrete behavioral states.

A majority of workshop time will be devoted to experiential practice in dyads and small groups of these clinically relevant procedures. Strategies for accessing and evoking positive emotion will include movement, posture, music, artistic and emotional expression, and a variety of imagery processes.

In these experiential exercises, participants will identify personally relevant areas of desired professional development including issues of recurring countertransference stressors and compassion fatigue. The aim of these procedures is to access naturalistic capacities for positive emotion and incorporate these capacities into new affect scripts that strengthen identity and enhance performance and interaction. (BIA)

SESSION PC2

COMMODORE C&D

Brain Performance and Possible EMDR Intervention

Jennifer Lendl, Ph.D.

New brain imaging technologies are giving a clearer picture of how memories are stored and how effective treatment may alter brain function. Neuroimaging researchers Bessel Van der Kolk and Daniel Amen are investigating EMDR treatment effects. Van der Kolk is studying how traumatic memories differ from memories of ordinary events, while Amen concentrates on evaluating difficult psychiatric cases, A.D.D., head trauma, memory problems, dementia, aggression, and exposure to toxic substances. This workshop will focus on Amen's research regarding frequently found patterns of brain performance, including specific area functions and problems from a clinician's view. Significant attention will be devoted to integrating EMDR with the Amen multi-discipline intervention approach for problem brain areas. (IA)

SESSION PC3

BRITANIA/CAMBRIA

Getting to EMDR: Structuring Treatment So That EMDR Fits In

Ricky Greenwald, Psy.D.

The commonly-reported difficulty in identifying opportunities to use EMDR reflects the fact that relatively few EMDR-trained clinicians were previously trauma specialists. This workshop will present a comprehensive model of trauma-informed treatment that will help participants to utilize their preferred orientation and methods in a manner conducive to trauma treatment and to EMDR. Participants will learn specific interventions to help their clients understand why EMDR can help them to resolve their presenting problem. Participants will learn a conceptual framework with which to organize and sequence a range of interventions to prepare their clients for EMDR. Participants will learn specific interventions to prepare their clients for EMDR. This workshop is appropriate for clinicians working with children, adolescents, and adults with a range of presenting problems (not just PTSD). (BIA)

MAIN CONFERENCE

8:30am — 10:00am

PLENARY

SESSION 1

COMMODORE BALLROOM

Traumatic Memory and Neurodevelopment: A Proposed Mechanism of Action for EMDR

Bruce D. Perry, M.D., Ph.D.

This presentation will provide an overview of the neurodevelopmental process of creating neural networks mediating various functions. A general understanding of those "memory" processes can provide a plausible mechanism to explain the efficacy of EMDR and other therapeutic approaches which use repetitive, rhythmic sensory stimulation and cognitive recall to treat the symptoms of trauma. (BIA)

10:30am — 5:30pm

FULL DAY WORKSHOP

SESSION 2

CONSTELLATION A

Clinical Work with Maltreated and Traumatized Children: Evolving Innovations in Treatment

Bruce D. Perry, M.D., Ph.D.

Building upon the concepts and principals outlined in the Keynote, clinical implications for a neurodevelopmental understanding of childhood trauma will be presented. Specific assessment processes, treatment planning activities and intervention strategies will be discussed. The use of EMDR and music and movement treatments with traumatized and maltreated children will be presented. (BIA)

10:30am — 12 Noon

90 MINUTE WORKSHOPS

SESSION 3

COMMODORE C

EMDR/Ego State Work in Trauma Response Situations; Working with Survivors of the WTC 9/11 Tragedy

Carol Forgas, CSW

Therapists who respond to massive trauma find that some clients (i.e.: people who escaped from the WTC Towers, rescue workers, firefighters, and those who have lost family members) may be triggered into reexperiencing earlier traumas and may present with a dissociative disorder. Integration of EMDR and Ego State Therapy provides a safer approach. Unresolved trauma necessitates dealing with ego states that hold earlier memories/symptoms to prevent poor response to standard EMDR. This presentation emphasizes practical, safety focused innovations; planning for longer EMDR treatment; developing resources, stability and readiness; container and imagery exercises to help clients deal with triggering stressful situations. This workshop will provide handouts and bibliography; case illustrations and slides of clients treated in the aftermath of the disaster. (IA)

SESSION 4

LENORE

Integrating EMDR with Psychoanalytic Constructs in Dealing with Open-ended Trauma

Ruth Heber, Ph.D.; Sandra Shapiro, Ph.D.

Recent acts of terrorism dictate re-examination of therapeutic strategies when dealing with traumatic events without true closure and involving environmental stressors common to therapist and client. The participant will learn to 1) identify issues that arise open-ended and shared events; 2) identify and address transference, counter-transference and subjective counter-transference; 3) the therapist's own triggers, responses, and needs for personal support; 4) utilize the client's narrative to identify past and current issues and client coping methods. Case illustrations will be included. (BIA)

THURSDAY

FRIDAY

SESSION 5 COMMODORE E**DeTur™ A New Way to Address Addictions and Dysfunctional Behaviors***Arnold J. Popky, Ph.D.*

This protocol has been used effectively by EMDR therapists over the years in dealing with a wide range of addictions and behaviors, including substances, eating, gambling, sex, etc. This presentation will consist of didactic, visuals, demonstrations of the various phases with case examples from the author and other therapists and case examples. Also addressed will be some of the many different pitfalls in dealing with this population and methods to deal with the problems. (IA)

SESSION 6 AURORA**EMDR and Traumatized Children/Adolescents: Systemic Affect Regulation***Laurie Donovan, MSSW*

Developmental and systemic perspectives support incorporating the caregiver/family in EMDR treatment of children and adolescents to maximize efficacy and minimize risks. Participants will learn to: 1) identify multiple options, risk factors, and guidelines (e.g. for timing, sequencing, identifying the need for EMDR/RDI in the traumatized parent/caregiver as well as the child); 2) identify strategies to maximize vicarious processing, and promote resource development and affect regulation in the caregiver/family; 3) define with the family ways to provide safety, take responsibility, and guide choices, and 4) utilize the natural relational context to develop affect regulation in the child/adolescent. (IA)

SESSION 7 COMMODORE D**EMDR in the Treatment of OCD and Eating Disorders***Ida O'Donnell, LCSW*

This presentation will familiarize participants with an overview of the assessment, case conceptualization, and methodology involved in the treatment of persons with Obsessive Compulsive Disorder (OCD) and Eating Disorders (ED). OCD and ED will be addressed together and will be viewed as Disorders of Obsession and Compulsion. The specific dynamics of each disorder will be clarified. However, description of how the approach presented here is similarly applied to each disorder will be highlighted. The application of EMDR and how it can be used, in conjunction with more traditional Cognitive Behavioral approaches will be the main focus of the presentation. (IA)

SESSION 8 BRITANNIA/CAMBRIA**EMDR and Conjoint Couples Therapy***Mark D. Moses, Ph.D.*

This presentation represents an integration of EMDR with Conjoint Couples Therapy. The protocol offered is clinically and anecdotal derived, applying EMDR with both members of a couple witnessing the other's work. This mutual sharing around triggers and traumas, holds powerful potential for building mutual understanding, compassion and empathy in the relationship. As a work in progress, the presenter will welcome dialog and empirical investigation of this protocol. The workshop will include: guidelines; potential benefits; indications and contraindications; protocol for EMDR and Conjoint Couples Therapy; case illustration; do's and don'ts; coordination with other therapies/therapists; and when Conjoint EMDR is not possible or indicated. (BIA)

SESSION 9 CONSTELLATION B**Being Brief with EMDR***Roy Kiessling, MSW; Rachel Kacsar, LCSW*

While there have been many modifications of the standard EMDR protocol to address a multitude of client issues, little has been said about integrating EMDR with Brief Therapy. Many clients seeking EMDR treatment may have a specific problem needing immediate relief, or have limited time, financial resources, or insurance benefits. This workshop is designed to help the EMDR clinician adapt brief treatment strategies to the standard EMDR approach. A belief/feeling cluster focused history taking approach is combined with a narrowly focused targeting strategy that efficiently addresses identified past, present and future targets. The installation phase of treatment is extended into present and future targeting strategies. This strategy not only addresses present and future

issues more rapidly, but also identifies additional blocking beliefs that may require targeting in order for the client to achieve full resolution of the presenting problem. (BIA)

SESSION 10 SOVEREIGN**Current Research Perspectives: What We Know and Don't Know About EMDR***Louise Maxfield, MA*

Besides providing an overview of current EMDR research, this presentation examines related clinical implications. Although EMDR is efficacious in PTSD treatment, different studies have achieved a range of results. Factors that might account for this disparity are examined, and their therapeutic relevance is emphasized. Possible explanations for poor outcomes in phobia/panic disorder studies are discussed, with treatment recommendations highlighted. Although findings for the contribution of eye-movements are inconclusive, this research suggests aspects of dual attention stimulation that could be clinically monitored. Finally, suggestions are made to assist clinicians in objectively assessing client progress and evaluating evidence from their own practices. (BIA)

2:00pm—5:30pm**HALF DAY WORKSHOPS****SESSION 11 BRITANNIA/CAMBRIA****Portrait of a Family: Fitting EMDR to the Family and Child***Frankie Klaff, Ph.D.*

What is particularly unique is that this presenter has documented verbatim scripts and filmed sessions of two families over a time span covering 8 years. It is possible from this data to track recurring themes and issues and demonstrate how EMDR was helpful to the recipients over time. Presented are practical and creative ways of incorporating parents into treatment and viewing the treatment of the child in a broad context. It demonstrates how to make actual systemic maneuvers during an EMDR session, how to work with the individual on systemic family issues and how to follow up EMDR sessions with further family work. (BIA)

SESSION 12 CONSTELLATION B**Protocol for the Utilization of EMDR with Grief and Mourning***Roger Solomon, Ph.D.; Therese McGoldrick, BA*

EMDR can be utilized within an overall framework for treatment of grief and mourning. Processes that mourners go through to accommodate and assimilate the loss, and how EMDR can be utilized for each process, will be discussed. EMDR can also be utilized in the safe development of an adaptive "inner representation" that enables the mourner to move from "loving in presence" to "loving in absence". A protocol for the utilization of EMDR in treating traumatic grief will be discussed. Data from a study involving parents of murdered children, where EMDR was utilized, will be presented. (IA)

SESSION 13 COMMODORE E**The Somatic Interweave: Integrating EMDR and Somatic Experiencing***Victoria Britt, MSW; Nancy Napier, MA*

EMDR practitioners find their sessions include substantial amounts of body processing. While EMDR includes body awareness in the protocol, its potential has not yet been fully explored. Somatic Experiencing (SE), developed by Dr. Peter Levine, offers ways to shift traumatic responses frozen in the nervous system. This workshop will explain and incorporate the principles of SE into EMDR treatment protocols; teach using SE as a "Somatic Interweave" when patients are stuck; and demonstrate how to enhance the safe place and RDI protocols with SE. Participants who complete the workshop will be able to apply basic Somatic Experiencing concepts to their EMDR treatment. (IA)

SESSION 14 COMMODORE C**How the Body Remembers Trauma***Babette Rothschild, MSW*

Memory is comprised of the encoding, storage, and retrieval of information gathered from the communication network of the body's nervous system. Traumatic memory can go awry when communication between brain and nervous system become short circuited. In this

workshop, theoretical lecture and simple exercises will inform participants on how the brain and body communicate to form normal and traumatic memories. Participants will have the opportunity to: learn the difference between explicit and implicit memory; become familiar with physiology of memory; participate in direct, non-touch, experience of somatic memory; become able to apply theory to practice for use with EMDR. (BIA)

SESSION 15 COMMODORE D

Using EMDR with Eating Disorders *Eileen Freedland, MSW*

This presentation will focus on the integration of EMDR into the treatment of Eating Disorders, primarily Bulimia and Binge Eating Disorder. Participants will learn the aspects of history taking, treatment planning, and preparation unique to working with this population. Videotaped client sessions will demonstrate how to implement a variation of Resource Installation before, during and after EMDR processing and choose EMDR targets, including those based on the client's "Eating Disorder Myths". Moving flexibly through the eight phases of treatment, allowing for relapse, will be highlighted and handouts will be given to assist clinicians in organizing these complex cases. (BIA)

2:00pm—3:30pm 90 MINUTE WORKSHOPS

SESSION 16 SOVEREIGN

So You're Thinking About Doing Some Research: What's the Next Step?

Nancy J. Smyth, Ph.D., CSW, CASAC; Ricky Greenwald, Psy.D.
Many EMDR clinicians are interested in beginning to do some research, often on new applications of EMDR that they've identified. This workshop will cover how to begin doing research. Topics covered will include: how to make a contribution to EMDR research, how to test a new intervention you've developed, sources of brief assessment instruments for use in clinical practice research, resources to assist you in exploring the research process. (BIA)

4:00pm—5:30pm 90 MINUTE WORKSHOPS

SESSION 17 SOVEREIGN

Setting Guidelines for EMDR Research: A Roundtable Discussion
EMDR Research Committee: Nancy J. Smyth, Ph.D. (Chair); Kent Bath, Ph.D.; Ad de Jongh, Ph.D.; Ricky Greenwald, Psy.D.; Christopher Lee, B.Sc., M.Sc.; Louise Maxfield, MA, CTS

(Please note: No CE credits will be awarded for this session.)
Research on EMDR has reached the stage where it is now important to have recommended directions and strategies for research on specific applications of EMDR. This session will be a working discussion of research committee members, and any other interested participants on this topic. The goal of this session is to develop guidelines for EMDR research on PTSD, phobias, complex trauma, and components analyses/dismantling studies. (BIA)

2:00pm—3:00pm ONE HOUR WORKSHOPS

SESSION 18 AURORA

Encopresis and Enuresis: Use of EMDR to Treat These Two Behaviors

Terry Becker-Fritz, MS, RN, CS

This workshop will provide an assessment list to rule out medical causes for the behaviors of encopresis and enuresis. It will create a step by step process to prepare the child for EMDR. Then a protocol using EMDR and play therapy that can be used for children age 3 and older will be shared. Finally, several case studies will be presented where the protocol has been used successfully after only 2 sessions, 1 hour each. (BIA)

3:30pm—4:30pm ONE HOUR WORKSHOPS

SESSION 19 AURORA

Tina Doesn't Talk at School — Utilizing EMDR to Treat a Child with Selective Mutism

Rita M. Weinberg, Ph.D.; Julie Dye, Ed.D.

Selective mutism is a relatively rare disorder in which individuals who have the ability to speak and comprehend spoken language are unable to speak in specific social situations. This condition is typically resistant to intervention, becoming more intractable the longer it persists. *Tina Doesn't Talk at School: Utilizing EMDR Within a Multi-Modal Intervention to Treat a Child with Selective Mutism* describes a qualitative research study of a 4th grade student who went almost 5 years of no talking at school despite multiple intervention attempts. Surprisingly rapid results ensued shortly after initiating the EMDR technique, and the goal of speech in the school environment was successfully attained. (BIA)

8:30am—9:30am PLENARY

SESSION 20 COMMODORE BALLROOM

Protecting the Future

Francine Shapiro, Ph.D.

In the past 12 years, EMDR has evolved into an integrative treatment approach emphasizing not only symptom elimination, but learning and personal growth as well. However, the degree to which the client is benefited is determined by the orientation of the clinician. Likewise, the degree to which society is benefited is determined by the orientation of our field. What have we accomplished so far and what remains to be done? This presentation will review the history of EMDR over the last 12 years and the implications of these events for the future. (BIA)

10:30am—12 Noon 90 MINUTE WORKSHOPS

SESSION 21 CONSTELLATION B

A Perfect Complement: EMDR and Internal Family Systems

Michael Radke, MSW, ACSW

EMDR and the Internal Family Systems (IFS) model share a common treatment approach and their integration significantly increases the effectiveness of both. The workshop will provide a brief overview of the central IFS components. It will then demonstrate how IFS "parts" work can facilitate developing target events and memories, cognitions, feelings, and sensations, plus assist with reducing client resistance and looping. The IFS idea of "self leadership" will give a new context for "resource installation" and "cognitive interweave". A case example of abandonment by self or family will show how IFS enhances the timing and content of EMDR protocol. (BIA)

SESSION 22 SOVEREIGN

Multimodal Approach to Trauma within Cross-Cultural Context

Stephen Paul Adler, Ph.D.; Ruth Heber, Ph.D.

Working with trauma, therapists must be aware of different community fabrics, support systems, cultural metaphors, and belief systems that may be different from their own. Participants will be able to identify: Why, How and When combinations of modalities, including EMDR can be tailored for maximum effectiveness to specific populations. Illustrations include Latin American, European and American populations living with trauma as a result of terrorism. Additional vulnerabilities of the therapist who share past trauma histories or work in the same current environment under the threat of terrorism will be addressed. (BIA)

SESSION 23**CONSTELLATION A****Focusing with EMDR***Fred Orr, Ed.D.*

Dr. Orr will experientially introduce participants to the step-by-step Focusing method of accessing a physically felt body sense of a problem and moving it forward. Participants will be able to identify the six step Focusing method of finding the door to where they live inside their body. Dr. Orr will present his method and experience of combining Focusing and EMDR. (BIA)

SESSION 24**BRITANIA/CAMBRIA****Using EMDR with Juvenile Sex Offenders and Sexually Reactive Children***Daniel P. Gates, MFT*

Participants will witness through audio/video presentation how EMDR facilitates the therapeutic treatment of Juvenile Sex Offenders and Sexually Reactive Children by accessing their innate information processing system. Participants will view a Juvenile Sex Offender (JSO), discover and process different parts of himself leading to resolution of his issues and another JSO resolve past and present issues of power and trust. Participants will also learn to identify the criteria that names Sexually Reactive Children and by demonstration be exposed to various forms of bilateral stimulation in order to expand their repertoire of techniques. Finally, participants will witness a Sexually Reactive Child process how to protect himself, find solutions to his problems and discover his power. (BIA)

SESSION 25**AURORA****The Neurobiology of Opiates, Opioid Antagonists and EMDR***Ulrich F. Lanius, Ph.D.; Robert K. Ferrie, M.D.*

Endogenous opiates not only play a major role in attachment, but are also involved in dissociative processes and somatoform dissociation. We present a series of case studies of severely dissociative clients. In our sample administration of an opioid antagonist significantly enhanced EMDR processing. Possible caveats and contraindications are discussed. Findings support the notion of a differential mechanism for EMDR as compared to exposure treatment. (IA)

SESSION 26**COMMODORE E****Is Unresolved Anger the Problem?***Wendy Freitag, Ph.D.*

Unresolved anger, when not previously identified or prepared for, can halt EMDR processing in an instant. It is often at the root of or an integral part of the clinical pictures for individuals suffering from anxiety disorders, depression and some personality disorders as well as Chronic Fatigue Syndrome and Fibromyalgia. Because unresolved anger is not often conscious and evident at first glance, it can be missed or not readily addressed, prior to EMDR processing. Participants who attend this workshop will 1) be better able to identify unresolved anger in their clients with a variety of presenting complaints; 2) learn ways to prepare and assess their client's readiness to do EMDR when dealing with unresolved anger issues; and 3) learn effective cognitive interweaves to use when EMDR processing gets stuck. (IA)

SESSION 27**COMMODORE C****Self-Belief and Mastery: Integration of EMDR & Hypnotherapy***Shanti Shapiro, LICSW*

This workshop will focus on how a resource oriented approach enhances the treatment of EMDR. The effects of attachment deficits within a framework of early childhood development, the lack of object constancy as it relates to internalization, and self-development, will be reviewed. The importance of integrating a resource oriented model within a framework of EMDR treatment will be discussed. The main emphasis will be on the application of specific resource and hypnotherapeutic techniques. The clinician will learn how this eclectic approach can titrate the deleterious effects of trauma, and strengthen self-belief and self-efficacy. Workshop format: lecture, case presentation, and videotape. (I)

SESSION 28**COMMODORE D****EMDR and Consultation***Presented by the EMDRIA Standards and Training Committee*

This workshop is designed for Approved Consultants in EMDR or those who plan to pursue this designation. Consultation in EMDR is essential to the development of competence in the use of EMDR procedures and the integration of the EMDR model into clinical practice. This course will cover the philosophy of consultation, the ethical and legal considerations, models of consultation, and the different ways in which the consultation process can be completed. A question and answer period will also be available. (IA)

SESSION 29**LENORE****Research Networking Meeting***Nancy J. Smyth, Ph.D., CSW, CASAC*

(Please note: No CE credits will be awarded for this session.)

This is an open meeting to: 1) facilitate networking among EMDR Researchers; and 2) generate ideas on how EMDRIA might best be able to support the needs of the EMDR research community. All EMDR researchers and those interested in doing EMDR research in the future (e.g., students, clinicians, aspiring to do research, academics training future EMDR researchers) are encouraged to attend. (BIA)

2:00pm—5:30pm**HALF DAY WORKSHOPS****SESSION 30****CONSTELLATION B****Utilization of EMDR within Critical Incident Stress Management***Roger Solomon, Ph.D.; Jeffrey Mitchell, Ph.D.; Arne Hofmann, M.D.*

Critical Incident Stress Management (CISM) involves a continuum of interventions to deal with the emotional aftermath of a critical incident. The goals of these interventions are to mitigate the impact of the event and promote recovery. EMDR can be integrated within a CISM framework. This workshop will discuss the components of CISM, utilization of EMDR, assessment issues, indications and contradictions of EMDR. Data illustrating the efficacy of EMDR within a CISM framework will be presented. Utilization of EMDR following the attack of the WTC will also be discussed. (IA)

SESSION 31**AURORA****Open Forum to Share Clinical Use of EMDR with Child/Adolescent Population***Facilitated by the EMDRIA Child/Adolescent Special Interest Group Chairs*

Terry Becker-Fritz, MS, RN, CS; Suzie Carson, LISW; Laurie Donovan, LMST, LMSW-ACP; Mary Froning, Psy.D.; Marsha Heiman, Ph.D.; Susan Packwood, LMSW-ACP, LMFT, CGP; Gary Peterson, M.D.

Because many clinicians struggle with applying the EMDR protocols with children and adolescents, this workshop will provide a panel of professionals from different fields of expertise to lead a discussion on this topic. The members of the panel are the current chairs of the EMDRIA Child/Adolescent SIG and will share their clinical expertise with similar clinical situations presented from the audience. This session will also encourage participants to share their own experiences that have been successful with this population. (BIA)

SESSION 32**COMMODORE E****EMDR in the Treatment of Adults Abused as Children***Laurel Parnell, Ph.D.*

EMDR therapists need specific and advanced understanding of the EMDR method, as well as additional skills, to complete treatment successfully. In this workshop the overall course of treatment with EMDR is briefly outlined, but specific areas are focused on in more detail. These areas include 1) the development and installation of resources; 2) strategic target development, including the bridging technique; 3) modifications of the standard EMDR procedural steps; 4) techniques for unblocking blocked processing including advanced interweave strategies; and 5) techniques for closing incomplete sessions. (BIA)

SESSION 33**BRITANIA/CAMBRIA****EMDR Applications in Addictive Disorders***Edward C. Wipson, MS*

Participants will be able to explain the addictive brain process in relationship to EMDR treatment goals, list client readiness safety factors, and list appropriate client resources for R.I. They will learn appropriate N.C. & P.C. for Addictive Illness treatment. Participants will learn a variety of Addictive Illness issues to be targeted with EMDR including the "initial connection". They will learn an EMDR Addictive Disease Treatment Model with accompanying flowchart. (BIA)

SESSION 34**COMMODORE D****Innovations in Child Trauma Treatment: Combining EMDR and Drawings***Linda Cohn, MFT, ATR-BC; Linda Chapman, MA*

This workshop will feature a treatment intervention for traumatized children who have experienced incident based trauma. The intervention is being utilized in a controlled study funded by the Centers for Disease Control Injury Prevention Grant at University of California San Francisco and Children's Hospital Oakland. Through lecture, slide and case format, this presentation will describe a protocol combining EMDR and drawing for the remediation of PTSD symptoms in children. The presenters will discuss how developmental, psychological and neurological functioning affect the storage and retrieval of traumatic memories and sensations. They will demonstrate how and why the combination of EMDR with drawings is effective as a method of trauma resolution therapy for children. (BIA)

SESSION 35**CONSTELLATION A****All for One and One for All: Integrating EMDR, Ego-state Therapy and Energy Psychology***Maggie Phillips, Ph.D.*

One of the most challenging barriers to healing from past trauma is the inner conflict triggered by dissociative fragmentation. This workshop presents several ways of synthesizing ego-state therapy, EMDR and energy psychology methods to resolve competing inner needs and reactions and promote more integrated functioning within a comprehensive four stage model. Specific protocols incorporating ego-state work, EMDR and meridian (energy) techniques will be demonstrated and practiced. Special emphasis will be given to the resolution of mindbody symptoms that interface with trauma. (IA)

SESSION 36**SOVEREIGN****A Somatosensory Anchoring of Confidence Using EMDR***Krystyna Kinowski, Ph.D.*

This workshop will present a treatment protocol that is specifically aimed at finding and strengthening a somatosensory basis for confidence to help clients deal with recurrent difficulties. Short sets of slow eye movements are used. Participants will see video illustrations of different sections of the protocol and review in session outcomes with follow-up reports by clients that suggest a generalization towards increased resilience. Participants will also learn the conjectured theoretical underpinnings of the protocol in terms of neurophysiological processes and relationship/attachment issues. This treatment protocol does not replace the standard EMDR protocol but may be used as an adjunct or as a stand alone therapy for mild to moderate range GAF problems. (IA)

SESSION 37**COMMODORE C****Don't Go with That!***Philip Manfield, Ph.D.; Elizabeth Snyder, MSW*

One of the beauties of EMDR is that, in most cases, clients can simply begin each set of eye movements by focusing on their associations from the previous set. The therapist simply says, "Go with that". This workshop will identify clients for whom "Go with that" will probably not work, clients who use avoidance or dissociation to defend against painful affect or who associate loosely and cause targets to "pancake". We will use video and transcripts to illustrate a variety of interventions and techniques to handle these more challenging clients and situations. (BIA)

8:30am — 10:00am**PLENARY****SESSION 38****COMMODORE BALLROOM****Physiological Data Confirms that EMDR is a Unique Reprocessing Therapy: A Synergistic Theoretical Approach to the Nature of Both EMDR and PTSD***Malcolm MacCulloch, MD, F.R.C.Psych.*

In 1996, the existence of a cerebral de-arousal reflex was predicted. A suite of computer programs has been developed to administer EMDR and take sequential measurements of changes in PTSD symptoms. Physiological data show that computer-induced eye movements produce de-arousal, causing attitude and mood changes **within** and **between** EMDR treatments. Theories to explain the variation in symptomatology in PTSD in terms of individual differences in "the strength of the nervous system" and the mechanism of EMDR are presented. (BIA)

10:30am — 12 Noon**90 MINUTE WORKSHOPS****SESSION 39****COMMODORE C****EMDR with Mentally Handicapped Clients (MH/MR Diagnosis)***Andrew Seubert, MA, NCC; John McDonagh, Ph.D.*

Only within the past few decades has the use of counseling and psychotherapy for this much neglected population been validated and explored. Given the non-verbal and "right-brain" characteristics of EMDR, it seems there would be a natural fit between the needs of this population and the way in which EMDR works. Case studies will demonstrate successful use of EMDR with dually diagnosed (MH/MR) clients as well as ways in which the standard protocol may need to be adapted for this work. Theoretical speculation regarding EMDR's effectiveness with mentally impaired clients will be explored. (BIA)

SESSION 40**CONSTELLATION A****Use of Therapeutic Alliance for Resource Installation***Stephan Tobin, Ph.D.*

Dr. Tobin will show why it is important to address the often overlooked therapeutic relationship; how to notice transference and countertransference issues; how to foster the therapeutic alliance; and how to utilize EMDR to install the alliance, once it has been established, as a resource to foster increased self-support, grounding, enhanced self-esteem and self-soothing capacities. Relevant psychodynamic theory on transference and countertransference, the applicability of this approach to various diagnostic groups will be discussed, contraindications will be cited and clinical examples will be presented. (BIA)

SESSION 41**COMMODORE D****EMDR and TANF Recipients: Effective Home-Based Interventions***Donald F. deGraffenried, LICSW, ACSW*

As a result of domestic violence many women who receive Temporary Assistance to Needy Families (TANF) develop PTSD and other anxiety disorders. Participants in this workshop will 1) be able to summarize the components of a home-based model of EMDR that helps TANF recipients resolve domestic abuse and reduce barriers to employment; 2) evaluate the advantages of using EMDR in a strength based, solution oriented, capitated, home-based model; and 3) via a powerpoint presentation and videos, identify five specific skills that support the successful use of EMDR in home-based settings. (I)

SESSION 42**CONSTELLATION B****EMDR: Clarifying Points of Confusion and Providing Information***Byron Perkins, Psy.D.; Curtis Rouanzoin, Ph.D.*

Confusion regarding EMDR has lead to the need for the education of clients and professionals alike. Participants will learn the theoretical, empirical and historical issues regarding EMDR and: 1) placebo effects; 2) exposure procedures; 3) the eye movement component; 4) treatment fidelity issues; 5) outcome studies; and 6) charges of "pseudoscience". This information can then be used to educate clients and other professionals regarding EMDR. (IA)

SUNDAY

10:30am—11:30am
ONE HOUR WORKSHOPS

SESSION 43 BRITTANIA/CAMBRIA

Modification of the RDI Protocol for Inpatient Use

Susan Hauschild, MSW; Jane Vecchio, MA

A recent pilot project was initiated on an inpatient adult psychiatric unit to enhance programming and provide interventions to individuals in crisis. The project added a group component to the existing RDI protocol. This presentation will summarize the recent pilot study and results. It will include a review of RDI procedures, and guidelines for assessing patients' needs and choosing appropriate RDI protocols. Participants will leave the workshop with new tools that will enable them to evaluate the clinical needs of their inpatient populations and modify the RDI protocol to suit them. Participants will also discuss data collection and research methods. (BI)

SESSION 44 COMMODORE E

Effective EMDR for High-Functioning Clients with Intimacy Problems

David Yarosh, Ph.D.

To treat high-functioning clients who suffer from intimacy problems EMDR must be integrated into a necessarily long-term treatment where issues of relationship and attachment are paramount. Participants will learn to integrate EMDR into existing long-term treatments or to create new comprehensive treatment plans with the cooperation of the client. Participants will learn to use Greenwald's Motivational Interview to set goals, a Trauma History to prioritize EMDR targets, and the interweaving of Resource Development and Installation into the ongoing treatment. Special interweaves helping clients integrate the successful parts of their lives into the parts where they are developmentally immature will be illustrated. Issues of timing and ego stabilization will be discussed. (IA)

2:00pm—5:30pm
HALF DAY WORKSHOPS

SESSION 45 COMMODORE D

A Protocol for Building Emotional Resilience within a Troubled World

Melissa Easterling, DO

The participant will be able to 1) develop the imaginational context of and employ this stabilizing protocol, useful in clients with insecure attachments, strategically ordered to elicit and allow desensitization of the inhibitory and adaptive affects within the basic EMDR protocol to allow completion typically within a fifty minute session; 2) teach to clients necessary integrated aspects of short term anxiety regulating psychotherapy and Heartmath methods, including how innate affects can act to guide adaptive behavior within a functional and dysfunctional system and how commonly used defenses and inhibitory affects impede adaptive behavior. Case examples and videos demonstrate the protocol. (A)

SESSION 46 CONSTELLATION A

The Neurobiology of EMDR: Recent Insights and Their Contribution to the Treatment of Complex PTSD and Dissociation

Uri Bergmann, LCSW, Ph.D.

This presentation will explore the formation and consolidation of emotions and memory, various possible neural mechanisms of EMDR's treatment effects; with an emphasis on cerebellar mechanisms, and their direct relation to information processing and frontal lobe activation. Recent knowledge regarding Allan Schore's work on the orbitofrontal cortex and Steven Porges' work on the brainstem will be explored; with a major emphasis given to their implication for improved techniques to facilitate EMDR processing. (BIA)

SESSION 47 BRITTANIA/CAMBRIA

"Hospital Trauma" in Children: When Hurting is Actually Helping

Joan Lovett, M.D.

"Hospital trauma" may result when medical procedures are painful or frightening, making a child feel threatened and helpless. This presentation will describe three cases of trauma resulting from necessary medical treatment. Participants will watch videos of clinical sessions and view slides which demonstrate ways to integrate EMDR with stories, artwork, and play for treating "hospital trauma". Treatment is aimed at reframing painful and frightening medical interventions as actually helpful and important. Participants will be able to trace behaviors to their traumatic beginnings and to use EMDR-facilitated stories, play, and artwork to help children recover from "hospital trauma". (IA)

SESSION 48 COMMODORE E

Panic Disorder and Physiology Phobia: EMDR Treatment

Carl Nickeson, Ph.D.

Panic disorder can be viewed as a phobic fear of the body's physical sensations. It results from conditioning by the traumatic experience of having panic attacks. Conceptualizing panic disorder in this way provides a powerful way to structure treatment with EMDR since EMDR is clearly effective with trauma resolution. This workshop will describe how the preparation phase is especially important and must be expanded in order for reprocessing to be successful. Participants will also learn how to select appropriate targets for the desensitization phase, how to identify suitable negative cognitions and positive cognitions, and how to employ cognitive interweave when needed. A videotape illustrating an important part of a client's work will be shown. (BIA)

SESSION 49 COMMODORE C

Using Energy Psychology Techniques with EMDR

Pat Yoder, Ph.D.

EMDR is a proven treatment for many disorders including emotional distress and trauma. At times, however, the level of distress can be so severe that the use of EMDR may be difficult or impossible to use without flooding the client with overwhelming and debilitating emotions. The incorporation of Energy Psychology techniques into the standard protocol for EMDR can contain and reduce the level of distress to allow for successful treatment with EMDR. This workshop will introduce participants to the basic theory of Energy Psychology and teach several techniques to reduce overwhelming affect and to relax and center the client. (BIA)

SESSION 50 AURORA

Relational Strategies in EMDR

Mark Dworkin, MSW

Many memories, explicit and implicit, and their concomitant sensations, are stimulated intersubjectively, spontaneously, and continuously, forming a multiplicity of feedback loops from clinician's witting and unwitting participation in these processes. Transference remarks may become sources of potential targeting, which may spontaneously bring the client back to old unfinished material. Somatosensory countertransference reactions may serve as sources of rich data to identify and work out blocks at a moment that a session seems to stall. The Relational Interweave, a relatively new intersubjective strategy, takes reactions of clinician and client into account and opens opportunities for new and more powerful links to positive neural networks enhancing the work. This workshop will teach rapid methods of identifying and sequencing and intervening in these intersubjective processes. (BIA)

Treating Survivors of the World Trade Center Disaster with Natural Flow EMDR Resourcing

David Grand, Ph.D., RCSW, MSW

Since the 9/11 attack, EMDR clinicians have been treating hypertraumatized clients aided by the Natural Flow EMDR model. This resourcing approach uses: dilution of SUDs with positive body sensations, modified eye movements, continuous auditory BLS, and self-administered tactile pressing. This model draws from the creative flow of EMDR processing with "essential listening" and "no assumptions" leading to the clients "essential truth" and healing resolution. (IA)

2:00pm—3:30pm

90 MINUTE WORKSHOP

Becoming an Independent EMDRIA Approved Instructor

Presented by the EMDRIA Standards and Training Committee

This workshop is designed for Approved Instructors in EMDR or those who plan to pursue this designation. Becoming an Approved Instructor in EMDR requires an even greater commitment to mastery of EMDR's processes, procedures, theories and research. It also entails the skills necessary to impart this information, to untrained clinicians, in such a way, that allows them to responsibly practice. This workshop will cover the steps necessary to become an EMDRIA Approved Instructor. It will offer ideas for getting started, for meeting the new EMDRIA criteria, for developing instructional tools and for managing the course structure to maximizing success. A question and answer session will be available to help with specific questions. (BIA)

EMDR...Peace of Mind

Events from my past haunt my memory

They hold me prisoner not wanting to let go

When I least expect it, they jump out at me

Hurting, hating, they take my breath

Must I continue to endure this pain?

Please move through and be on your way

Release your hold on me, your grasp is smothering

I am so weary from carrying such great weight

Deep within my soul I gather courage and strength

Even though it appears to be only a faint glimmer

Like a natural spring of water, they will continue to flow

They've been there all along, they are a part of me

Reveal the memories, face them without fear

Change the pictures presenting themselves, I am in control

Nothing worth having does not involve hard work

The reward is priceless and peace of mind.

As I walk away, though tired from such great effort,

I stand tall, the weight is gone

I reach for the stars because I can!

The world is brighter, more beautiful than before.

~ Author Unknown

Continuing Education Information

American Psychological Association

EMDR International Association is approved by the American Psychological Association to offer continuing education for psychologists. EMDR International Association maintains responsibility for the program.

California Psychologists, please note that as of January 2002, the **California Board of Psychology** directly recognizes the American Psychological Association. Psychologists will have the responsibility to report these hours to the accrediting agency.

California Board of Behavioral Sciences

For California, this Conference meets the qualifications for the number of hours of continuing education credit listed below for each session for MFCC's and/or LCSW's, as required by the California Board of Behavioral Sciences. Approval #PCE-233.

EMDR International Association

This Conference is approved by the EMDR International Association for EMDRIA Credits.

National Association of Social Workers

The EMDR International Association is approved by the National Association of Social Workers to provide continuing education for Social Workers. This program, including the Pre Conference, was approved by the National Association of Social Workers for 24 CEUs and 24 contact hours. The EMDR International Association maintains responsibility for the program. Course Approval # 886370850.

National Board for Certified Counselors

EMDR International Association is recognized by the National Board for Certified Counselors to offer continuing education, provider #5757, for National Certified Counselors. EMDR International Association adheres to NBCC Continuing Education Guidelines.

Texas Nurses Association

At the time of the printing of this program, approval from the Texas Nurses Association was still pending. Please see your Certificate of Completion for approval number, if applicable.

Texas State Board of Social Worker Examiners

EMDR International Association is approved by the Texas State Board of Social Worker Examiners to provide continuing education for Social Workers. Approval #CS2689.

CONTACT HOURS

SESSIONS		RN	ALL OTHERS
	PC1, PC2 & PC3		
	1	7.2	6
	2	1.8	1.5
	3-10	5.4	4.5
	11-15	1.8	1.5
	16	3.6	3
	17	1.8	1.5
	18-19	~ No Credits ~	
	20	1.2	1
	21-28	1.2	1
	29	1.8	1.5
	30-37	~ No Credits ~	
	38	3.6	3
	39-42	1.8	1.5
	43-44	1.8	1.5
	45-51	1.2	1
	52	3.6	3
		1.8	1.5

Continuing education credit will be available for individual sessions and certificates will be given at the end of each session. Participants are responsible for scanning their badges at the beginning and closure of each session in order to obtain credit.

REMINDER:

Continuing education certificates will be available only at the Conference. It will not be possible to grant continuing education credits after the Conference.

About the Presenters

Stephen Paul Adler, Ph.D., Senior Control Psychoanalyst, Hypnotherapist, maintains private practices in New York and Mexico City. EMDRIA Consultant and International Trainer. Director International Programs New York Society for Milton H. Erickson Psychotherapy and Hypnotherapy. Executive Director CEETIA (Center for Treatment, Training, Teaching and Trauma Research in the Americas) Mexico City. Worked intensively training and treating trauma in Mexico, Guatemala, Costa Rica, El Salvador, Honduras, and Nicaragua. Worked with PTSD survivors of civil war in Guatemala, and currently with survivors of World Trade Center bombing and supervising therapists conducting treatment in the New York area.

Kent Bath, Ph.D., is a clinical psychologist in private practice in Amherst, New York, and a clinical assistant professor at the University at Buffalo School of Social Work in Buffalo. He is also a Certified EMDR Therapist and a member of the EMDRIA Research Committee. Dr. Bath has a special interest in health behavior change, emotional intelligence, and performance enhancement.

Terry Becker-Fritz, MS, RN, CS, is a Clinical Nurse Specialist in Child and Adolescent Mental Health. Terry is a specialist and "violence expert" in the family, community, school and workplace environments. As a psychiatric nurse, she has worked in every type of treatment facility-inpatient, outpatient, day treatment, residential, psychiatric crisis centers, and private practice settings. She has created programs for hospitals and out patient mental health clinics to treat the most disturbed children, teenagers, and adults. Terry has been the keynote speaker at many conferences. She is a nationally known speaker on out of control children and adolescence at school and childcare arenas.

Uri Bergmann, LCSW, Ph.D., is in full-time private practice, in Commack and Bellmore, New York. He is an EMDR Institute, Senior Facilitator and Presenter and an EMDRIA, Approved Consultant in EMDR and Regional Coordinator. Dr. Bergmann is a lecturer and consultant on EMDR, the neurobiology of EMDR and the integration of EMDR with psychodynamic and ego-state treatment. He has authored and published articles on the neurobiology of EMDR. Dr. Bergmann has been awarded board certification in Clinical Social Work (American Board of Examiners in Clinical Social Work), Behavioral Medicine (International Academy of Behavioral Medicine, Counseling and Psychotherapy) and Pain Management (American Academy of Pain Management).

Victoria Britt, LCSW, was trained in both levels of EMDR in 1994 and is an EMDR Facilitator and EMDRIA Approved Consultant. She will have completed two years of Somatic Experiencing training at the time of the EMDRIA Conference. She utilizes both modalities extensively in her practice and in her supervision and consultation groups. She has been a professional public speaker, workshop presenter on the subjects of EMDR, Thought Field Therapy and Marriage and Family Therapy since 1995, and has consistently received excellent feedback for her teaching expertise.

Susan M. Carson, LISW, is a Licensed Independent Social Worker in the State of Ohio with over 600 hours of supervision in Marriage and Family Therapy by Certified AAMFT Supervisors. Ms. Carson has provided therapy and case management for adolescents in residential treatment facilities, in partial hospitalization settings with children, and in an outpatient child and family guidance center. She was trained in EMDR in 1993 and 1994 and has utilized EMDR in all those settings. She is an EMDRIA Certified Consultant and is currently consulting at Children's Hospital in Columbus, OH, at a multiservice private agency, and with Level One and Level Two trained clinicians privately. She is currently in private practice in Powell, Ohio. Ms. Carson is also an EMDR Institute facilitator.

Linda Chapman, M.A., ATR-BC, RPT-S, is a board certified art therapist and registered play therapist supervisor, who currently directs the Art Therapy Institute of the Redwoods. Linda is a nationally recognized expert in child art therapy and play therapy for children who are victims of abuse and trauma. She co-authored, and authored chapters in California Art Therapy Trends, and Group Play Therapy. A former faculty member with the University of California School of Medicine, she is currently conducting research with the USCF Injury Center on the treatment of PTSD symptoms in pediatric trauma. Linda lectures and teaches throughout the US and in Europe.

Linda Cohn, M.S., MFT, ATR-BC, is a Marriage, Family Therapist and board certified art therapist specializing in the treatment of abuse and trauma with children and adults. A Senior Facilitator for the EMDR Institute since 1991, and EMDRIA Consultant and Certified in Interactive Guided Imagery, Linda integrates various forms of imagery with EMDR treatment. Her chapter, "Art Psychotherapy and Eye Movement Desensitization Reprocessing, An Integrated Approach" is published in California Art Therapy Trends and her work is also profiled in Trauma in the Lives of Children. She is a known lecturer and teacher throughout the US and abroad and has a private practice in San Francisco, California.

Ad de Jongh, Ph.D., is a psychotherapist, and dentist. He specializes in the treatment of trauma-related anxiety disorders, particularly phobias. He is associate professor in the department of behavioral science at the Academic Centre for Dentistry in Amsterdam (ACTA; University of Amsterdam, The Netherlands). Ad de Jongh is senior investigator of The Netherlands Institute for Dental Sciences (IOT) and one of the world's leading expert's in the field of dental phobia. Furthermore, he is faculty member of the Institute for Psychotrauma (IVP) in Zaltbommel and director of the Centre for Psychotherapy and Psychotrauma in Bilthoven. Moreover, he is director of an organization which provides critical incident stress management services after robberies and other traumatic incidents to shops, banks and other companies. He is the author of more than 90 scientific articles and book chapters on (the treatment of) anxiety disorders. He is board member of the EMDR European Association (EMDREA), the scientific advisory board of the War Trauma Foundation International (WTFI), the Federation of Dutch scientific associations in dentistry (FTW), and on the Research Committee of the EMDR International Association (EMDRIA). Ad was Level I and Level II trained in EMDR in 1992 and 1993, respectively. Now he is facilitator and approved trainer for the EMDR Europe Association.

Donald F. deGraffenried, LICSW, ACSW, is the Clinical Director of Familystrength in New Hampshire. He is EMDR Level II trained and is responsible for clinical supervision, administration, training, ethical practice and quality assurance. Family strength is a statewide, family preservation agency that provides intensive, solution oriented, home based services. Mr. deGraffenried is Adjunct Faculty with the University of New Hampshire School of Social Work in Durham, New Hampshire and has published several articles on home-based services. His experience includes presenting at both local workshops and national trainings. Mr. deGraffenried maintains a small practice specializing in the home-based treatment of PTSD and anxiety disorders.

Laurie Donovan, MSSW, is a Licensed Marriage and Family Therapist and Licensed Master Social Worker - Advanced Clinical Practitioner. She has worked since 1992 as a therapist with ATCMHMR Children's Mental Health in Austin, TX, with children and families affected by abuse, neglect, and multiple traumas. She has a private practice, and is an Adjunct Faculty member of St. Edwards University. She lived in Santiago, Chile from 1971-1991, was an Assistant Professor of Psychology at the Universidad Catolica de Chile, and Coordinator of Child and Adolescent Services at the university's Psychological Clinic. She has published articles in Chile and presented in numerous conferences both in Chile and in the US.

Mark Dworkin CSW, LCSW, is a member of the Board of Directors of EMDRIA, an Approved Consultant and an EMDRIA Instructor. He is also a member of EMDRIA's Standards and Training and Conference committees, and he is a Long Island Regional Coordinator. He is an EMDR Institute Facilitator. He is a graduate of Columbia University School of Social Work; Past President of the Nassau Chapter of the NYS Society for Clinical Social Work; and a Diplomate of the Society. He is a graduate of The Manhattan Institute for Psychoanalysis. He served on the faculty of the Mount Sinai School of Medicine from 1983-90. Mr. Dworkin has been trained in many forms of psychotherapy including Gestalt, Ericksonian Hypnotherapy, and Rational Emotive therapy. He is currently in full time private practice in East Meadow, NY. His experience in working with traumatized populations started in 1975 when he began working for the Bx VA Medical Center, just as the war in Viet Nam was ending. He worked for many years in the outpatient clinic treating traumatized veterans. He currently treats traumatized clients regularly in East Meadow, consults to different professional organizations, and trains professionals in the treatment of Post Traumatic Stress Disorder.

Julie Dye, Ed.D., has extensive experience working with children in the educational environment. She currently serves as School Psychologist for Geneva Community Unit School District #304 in the far-western suburbs of Chicago. Dr. Dye was previously both a teacher and an administrator before returning to school for further graduate training in the area of School Psychology. Despite initial skepticism regarding EMDR, Dr. Dye has become an avid proponent of the technique after observing its positive impact on a variety of students coping with anxiety-based disorders.

Melissa Easterling, D.O., has been practicing as a full-time psychotherapist and psychiatrist for the past 5 ½ years in a private psychiatric and neurological clinic in Alaska after completing a residency at the Menninger Clinic. She is an EMDR Institute facilitator and has a special interest in EMDR therapy in difficult clients with multiple interacting disorders and in the psychological aspects of medical care.

Robert K. Ferrie, M.D., after practicing surgery for 15 years, followed a life long interest in psychology and retrained in psychotherapy. He practiced, using primarily the Jungian model since 1984. After reading Francine Shapiro's textbook, he received his Level 1 training in 1996 and has been using EMDR daily in his practice since then. With his wife of 30 years, a science writer, he raised 15 children (12 adopted). He is a keen cyclist, skier and carpenter. His idea of soul food are poetry (especially the Sufi Rumi), the company of his two large dogs and five cats and classical music. He sees 35 patients per week in his home office.

Carol Forgash, C.S.W., is in practice in Smithtown, NY. She provides treatment integrating EMDR and Ego State Therapy for complex posttraumatic stress disorders, performance issues, and serious illness. She provides consultation to groups and individuals. Ms. Forgash is an EMDR Institute Facilitator, an EMDRIA Approved Consultant and an Executive Board member of EMDR-HAP. Ms. Forgash has presented at international EMDRIA and ISSD conferences and presents workshops on the integration of EMDR, Ego State therapy and psychodynamic treatment at EMDR trainings and conferences in the US and Europe. Her co-authored article on the health issues of survivors was published in "Women and Health".

Eileen Freedland, MSW, ACSW, is a graduate of Wayne State University (Detroit, Michigan) and the University of Michigan. She has been treating Eating Disorders and lecturing on the subject since 1985. In 1995, she trained in EMDR and began incorporating it into the treatment of Eating Disorders. Since then she has become the first EMDR Facilitator in the state of Michigan, sponsor of the EMDR trainings held in the Detroit area, an EMDRIA Approved Consultant, and Chair of the Eating Disorders Special Interest Group of EMDRIA. Eileen Freedland maintains a private practice in Bloomfield Hills, Michigan.

Wendy J. Freitag, Ph.D., is a licensed psychologist in private practice in Wisconsin. She received her doctorate from the University of Wisconsin-Milwaukee in 1991. She has a general practice with clinical expertise in trauma, anger, forgiveness, depression and anxiety issues. She is also a personal and professional coach specializing in performance enhancement, life & work transitions and positive psychology. Dr. Freitag served as the EMDRIA Secretary from '98-'99, as President from '00-'01, and is the current Past-President. She also serves on numerous EMDRIA committees and is the Conference Co-Chair, coordinating the conference Exhibits. She is an EMDRIA-Approved Consultant who provides group and individual EMDR consultation, the Wisconsin EMDRIA Regional Coordinator, and serves the EMDR Institute as a logistician and facilitator.

Mary L. Froning, Psy.D., is a licensed psychologist, certified EMDR Therapist, and EMDRIA-Approved Consultant. She is currently Membership Chair of the EMDRIA Child and Adolescent Special Interest Group and former Secretary, National Organization on Male Sexual Victimization. She maintains a private practice diagnosing, treating, and providing consultation to individuals and organizations in the area of post-trauma. She has specialized in sexual victimization since 1984, and has spoken nationally, as well as published articles and book chapters, on the subject.

Daniel P. Gates, MS, MFT, is a licensed Marriage and Family Therapist in private practice in the State of Connecticut. He is an EMDRIA Clinical member and has been working with children, adolescents with inappropriate sexual behaviors for 13 years. He is a clinical member of the Connecticut Association for the treatment of Sex Offenders and a co-founder of a comprehensive treatment program for sexual abuse in NW part of the State of Connecticut. He has presented at the EMDRIA 2001 Conference in Austin, Texas, and is also in the process of becoming an Approved EMDRIA Consultant.

Celia Grand, LCSW, BCD, is a licensed clinical social worker who is in private practice in Portland, Maine. She specializes working with adults abused as children. Celia is a certified EMDR therapist, EMDRIA Approved Consultant, on the EMDRIA Board of Directors, and a member of the EMDRIA Standards and Training Committee.

David Grand, Ph.D., RCSW, MSW, is an internationally known expert on innovative and integrative EMDR which he has developed into "The Natural Flow EMDR Model". He is the author of *Emotional Healing at Warp Speed: The Power of EMDR*. Dr. Grand is an EMDR Facilitator and EMDRIA Approved Consultant who has presented at the EMDRIA International Conference six times, as well as in London, Amsterdam and Jerusalem. Dr. Grand is the author of a chapter in *Extending EMDR* and is the developer of BioLateral Sound Products. He has integrated EMDR into performance/creativity enhancement and acting coach. He has also been part of an MRI research team studying EMDR's effects on brain function.

Susan Hauschild, LICSW, CADAC, is a Senior Clinician on an inpatient adult psychiatric unit, and is also a psychotherapist in a private outpatient clinic. She has worked in the mental health and addictions field for the past twenty years, specializing in cognitive/behavioral, ego support and psychodynamic approaches. Ms. Hauschild is a Level II EMDR practitioner who is currently working toward certification. She recently completed a research project on an inpatient acute admission unit using a modified RDI protocol.

Ruth Heber, Ph.D., Psychologist, maintains private practice in New York City and is an Assistant Clinical Professor in Psychiatry at The Mount Sinai School of Medicine. She is an EMDR Institute Facilitator and EMDRIA Approved Consultant. Since 1994 she has worked to integrate EMDR and the Psychoanalytic approaches; has repeatedly lectured about EMDR; given bridge courses, supervision courses, and holds ongoing groups that focus upon integration of EMDR and Psychoanalysis. She has worked extensively with PTSD, survivors of Holocaust, cross-generational vicarious traumatization, and currently with survivors of the World Trade Center bombing and the therapists who, themselves affected, are conducting treatment.

Marsha Heiman, Ph.D., is a Clinical Psychologist in private practice in Metuchen, New Jersey, specializing in the area of trauma and sexual abuse. She is Clinical Director of the Child Sexual Abuse Case Consultation Project, a grant-funded state program that provides training to therapists treating sexually abused children and their families. Dr. Heiman is a long-standing member of the NJ Task Force on Abuse and Neglect and is the Founding and Past-president of the NJ Chapter of the American Professional Society on the Abuse of Children. She is a consultant in EMDR and has been using EMDR to treat children and adolescents for a number of years.

Arne Hofmann, M.D., is a consultant for psychological and internal medicine. He learned about psychological trauma in 1991 during a residency in Palo Alto (USA) where he also met Francine Shapiro, Ph.D., and learned the EMDR-method. He became the first European trainer in the EMDR-method. Currently, he is head of the EMDR-Institut Germany where he researches and teaches about psychological trauma and EMDR. Since 1994, he helped build and headed different pioneer institutions that help patients with different psychological trauma. Dr. Hofmann is a member of the national guideline commission for PTSD and the national guideline commission for dissociative disorders in Germany. He is also a member of a European working group that develops the standards for the treatment of traumatized refugees (ECRE). He is founding and present board member of several scientific trauma societies (DeGPT, German ISSD, and German EMDRIA as well as the present vice president of EMDRIA Europe). He consults and conducts research in the area of psychological trauma and is teaching at the University of Cologne.

Rachel Kacsur, LCSW, has a private EMDR practice in Fairbanks, Alaska. She works with children, adolescents and adults with a wide range of diagnosis including severe PTSD, DID, Bi-Polar disorder, as well as attachment disorders, and oppositional defiant disorder in adolescents. Rachel completed her EMDR Level I and II training in 1996. She became EMDRIA Certified in 1999. She has attended numerous post-graduate art and play therapy training courses and has been integrating these techniques with EMDR and more specifically with Resource Installation strategies since 1999. When not treating clients, Rachel strives to survive the long Alaska nights, heavy snowfall, and 50 degree below zero weather!

Sandra E. Kaplan, MSW, CSW, has a private practice in clinical social work and EMDR therapy. She is EMDRIA Certified in EMDR and an EMDRIA Approved Consultant in EMDR, Professor Emerita in Social Work and Mental Health, and Associate Clinical Professor and Director of the EMDR Training Department of Psychiatry at the SUNY Upstate Medical University in Syracuse, NY. She co-authored *Therapeutic Interweave in EMDR: Before and Beyond*.

Roy Kiessling, LISW, is a Licensed Independent Social Worker with a private practice in Cincinnati, Ohio specializing in EMDR and brief treatment. He has been an EMDR Institute Facilitator since 1996 and became certified as an EMDR-HAP Trainer in 2001. In addition to being an EMDRIA Certified Consultant and Training Provider, Roy is also an EMDRIA Board Member. Roy has presented on numerous topics at the EMDRIA International Conference. He also teaches an advanced EMDR workshop co-sponsored by the EMDR Institute for EMDRIA EMDR credits titled: "Integrating Resource Installation Strategies into Your EMDR practice." Roy has also participated in various HAP trainings, both within the US as well as in Bangladesh, Poland and the Middle East.

Krystyna Kinowski, Ph.D., R.Psych., has had an independent psychology practice in Victoria, BC, since 1991, specializing in adult and child psychotherapy from an object relations perspective. She has integrated EMDR into her practice since 1994 and is EMDRIA certified. She has taught graduate courses in projective assessment techniques and child psychotherapy, and has made numerous workshop presentations since 1975 on a diverse range of topics including attachment issues, women's health, and parent-child relationship problems. Her current interests are the integration of somatosensory processing into trauma therapy, ego state therapy, and the reworking of attachment, and the neurophysiology of mental health.

Frances (Frankie) Klaff Ph.D., is a senior Facilitator and Specialty Trainer/Children for the EMDR Institute and one of the pioneers in adapting EMDR to child/family work. Her family therapy was with Salvador Minuchin.

Ulrich F. Lanius, Ph.D., R. Psych., is a psychologist in private practice in West Vancouver, BC. He is also a Facilitator for the EMDR Institute and an EMDRIA Approved Consultant. He has a background in both clinical and neuropsychology and has taught several courses on psychopathology. He specializes in the assessment and treatment of trauma and related disorders. He has a particular interest in the neurobiology of dissociation.

Christopher Lee, B.Sc., M.Sc., is a Clinical Psychologist working in private practice and is a consultant to The Queen Elizabeth Medical II Centre in Perth, Australia. He conducts trainings in EMDR in Australia, New Zealand and Asia. He was the first person outside of the USA to have a training program accredited by EMDRIA. He has published theoretical articles and an outcome study on the efficacy of EMDR. In 1999, he received the EMDRIA Award for Research Excellence.

Joan Lovett, M.D., is a behavioral pediatrician, EMDR facilitator, and EMDRIA Approved Consultant in Berkeley, California. Dr. Lovett has given presentations on EMDR with children at four EMDRIA conferences, Costa Rica, Level II trainings in the US and France, and has presented at The Menninger's Clinic in Kansas, as well as the ID Institute in Germany. She is the author of Small Wonders: Healing Childhood Trauma with EMDR.

Philip Manfield, Ph.D., has been a psychotherapist in private practice in the San Francisco area for the past twenty-four years, with offices in Berkeley and Walnut Creek. He provides treatment to individuals and couples and conducts group and individual consultation. As an EMDR facilitator and presenter, he has participated in training in the United States, Canada, Europe, Turkey and the Middle East. He is the Northern California EMDRIA coordinator. He is the editor of *Extending EMDR: A Casebook of Innovative Applications*, (W.W. Norton, 1998) and author of *Split Self/Split Object: Understanding and Treating Borderline, Narcissistic and Schizoid Disorders* (Jason Aronson, 1992).

Louise Maxfield, MA, is a doctoral candidate in Clinical Psychology at Lakehead University in Thunder Bay. She is a Certified Trauma Specialist and a Registered Clinical Counselor, with many years experience working with trauma survivors. Louise was Executive Director of the Sexual Assault Center in Vernon, BC, and was contracted by the BC government for 3 years to train counselors working with abuse victims. She has taught many other workshops and seminars. Louise has been an investigator in four EMDR research studies, and is the author of many articles and chapters about EMDR, five of which were co-authored with Francine Shapiro.

John McDonagh, Ph.D., has been in private practice in Cold Spring Harbor, NY, since 1975. Over the years, he has been interested in biofeedback therapy, having first experienced it at the Menninger Foundation in 1972. He is also interested in near death experience research, having incorporated some of the research into bereavement counseling and suicide prevention. He is the author of Christian Psychology: Toward a New Synthesis (1982) and has been doing EMDR since 1994.

Therese McGoldrick, BA, has extensive international speaking experience. As a Researcher she has presented at numerous international conferences on her work with EMDR.

Jeffrey Mitchell, Ph.D., the Director of the International Critical Incident Stress Foundation, and originator of the Critical Incident Stress Debriefing (Mitchell Model), has extensive international speaking experience. He provides workshops internationally on CISM and has made numerous presentations at academic conferences. He has authored 7 books on CISM and numerous articles.

Mark D. Moses, Ph.D., is a licensed psychologist maintaining a private practice of psychotherapy in Portsmouth, New Hampshire. Founder of the Portsmouth Family Institute in 1983, Dr. Moses serves as a consulting psychologist for local schools and social service agencies. His specialties include trauma, grievous loss, active techniques in couples therapy and has developed a protocol for EMDR with couples. Dr. Moses is a Guest Supervisor and Associate Faculty Member in the Marital and Family Therapy Graduate Program at the University of New Hampshire, as well as an AAMFT Approved Supervisor. He has been practicing EMDR since 1993, and is a member of the EMDRIA Public/Professional Relations Committee. Dr. Moses is an EMDRIA Approved Consultant.

Nancy J. Napier, MA, LMFT, was trained in both levels of EMDR in 1994, will have completed two years of Somatic Experiencing training at the time of the EMDRIA conference. She utilizes both modalities extensively in her practice. She is an expert in traumatic stress and has published 4 books in this area. She has an extensive public speaking background including being an invited presenter in many national and international conferences. Ms. Napier presents her own workshops year round in the United States and Canada. She also has appeared many times on local and national television.

Carl Nickeson, Ph.D., is a Clinical Psychologist in private practice in Orlando, Florida. He specializes in the treatment of anxiety disorders and is a member of the Anxiety Disorders Association of America. He is an EMDRIA Approved Consultant and has been a Facilitator for the EMDR Institute since 1995.

Ida O'Donnell, LCSW, is a licensed clinical social worker, with a psychotherapy practice in South Portland, Maine. She is EMDRIA certified and is an EMDRIA Consultant in training. Ida specializes in treating persons with Eating Disorders, Obsessive Compulsive Disorders, and Post Traumatic Stress Disorders. She has presented her work of treating persons with Disorders of Obsession and Compulsion to EMDRIA regional meeting participants. She has also presented numerous workshops to Crisis Programs throughout the State of Maine, regarding working with Trauma Survivors in Crisis.

Susan Packwood, LMSW-ACP, LMFT, CGP, is a clinical social worker in private practice in the Houston area. She has worked with traumatized children and their families since the early eighties. Susan has a special interest in the use of EMDR with children to strengthen the ego and install inner resources.

Laurel Parnell, Ph.D., is an internationally recognized clinician, author and EMDR trainer. She is the author of two books on EMDR: *Transforming Trauma: EMDR and EMDR in the Treatment of Adults Abused as Children*. Other publications include "Eye Movement Desensitization and Reprocessing and Spiritual Unfolding" in the *Journal of Transpersonal Psychology*, and "Post-partum Depression: Helping a New Mother to Bond" in *Extending EMDR*. She is an EMDRIA approved EMDR instructor and teaches EMDR courses nationally and internationally. Dr. Parnell has a private practice in San Rafael, California and is adjunct faculty at California Institute of Integral Studies in San Francisco.

Byron R. Perkins, Psy.D., is a clinical psychologist in private practice in Irine and Corona, California, specializing in the treatment of developmental arrests and trauma. He is currently President of EMDRIA. Byron is a part-time core faculty member at the Trinity College of Graduate Studies, an EMDR Institute Facilitator (since 1993), and an EMDRIA Approved Consultant. His presentations include a clinical and theoretical bridge between development psychoanalysis and EMDR. He also provides group and individual supervision and consultation on the use of EMDR to licensed and pre-licensed mental health professionals.

Gary Peterson, M.D., maintains a private practice in Chapel Hill, NC. He is an EMDRIA Approved Consultant and Approved Instructor. As an Adjunct Associate Professor of Psychiatry at the UNC-CH School of Medicine, he serves as a consultant with the Program on Childhood Trauma and Maltreatment. Dr. Peterson is a board member on the Executive Council of the International Society for the Study of Dissociation and has received that Society's President's Award of Distinction as well as the Distinguished Achievement Award. He is Board Certified in psychiatry and in Child and Adolescent psychiatry.

Maggie Phillips, Ph.D., is a licensed psychologist in full-time private practice in Oakland, California. She is director of the California Institute of Clinical Hypnosis and has served on the faculties for conferences held by the American Society of Clinical Hypnosis (ASCH), the European Society of Hypnosis in Psychotherapy and Psychosomatic Medicine, the International Society of Hypnosis (ISH), Congresses of Ericksonian Hypnosis and Psychotherapy, EMDRIA, and the Association for Comprehensive Energy Psychology (ACEP). Dr. Phillips has also led invited workshops on hypnosis and psychotherapy in the UK, Scandinavia, France, Germany, and Japan and has authored numerous papers and articles on trauma, ego-state therapy, hypnosis, and mindbody healing. Dr. Phillips is co-author of *Healing the Divided Self: Ericksonian and Clinical Hypnosis in the Treatment of Post-Traumatic and Dissociative Conditions*, (W.W.Norton, 1995) and the author of *Finding the Energy to Heal: How EMDR, Hypnosis, TFT, and Body Focused Therapy Can Help Restore Mindbody Health* (Norton, 2000). She is a Fellow of the International Society for the Study of Dissociation (ISSD) and a Fellow of the American Society of Clinical Hypnosis.

Arnold (A.J.) Popky, Ph.D., is one of the founders of the EMDR Institute with over 14 years of experience and is also certified in Ericksonian Hypnosis. He is a Senior Facilitator, Consultant, Presenter and Honorary Lifetime Member of EMDRIA. He has interned at Santa Clara County Drug and Alcohol Catholic Charities, Haight Ashbury Free Drug Clinic and at the Mental Research Institute. He is also on the teaching staff of the Los Gatos Institute of Medical Hypnosis integrating Ericksonian Hypnosis and EMDR.

Michael Radke, MSW, ACSW, lives in Kenosha, WI with his wife of 27 years. All their children are spread throughout the US. He has been in private practice for the past 23 years, co-owning and directing Interconnections for the last 14 years. His training has focused on Family Therapy and he has practiced EMDR for the past 6 years. He consulted with the local hospice program for 10 years. For the last five years he has developed and presented a personal growth seminar on mind/body/spirit communication. He recently completed a book for this course.

Babette Rothschild, LCSW, LII EMDR, is a psychotherapist, trainer, and author now based in Los Angeles. After living and working nine years in Copenhagen, Denmark, she returned to her home town where she has a private practice—therapy, supervision, and consultation—while maintaining a demanding world-wide training schedule. She is the author of *The Body Remembers: The Psychophysiology of Trauma and Trauma Treatment* as well as multiple articles on trauma and PTSD. Her approach to the treatment of trauma emphasizes containment and resource building—referred to as, "applying the brakes"—before delving into the Pandora's Box of traumatic memories.

Curtis C. Rouanzoin, Ph.D., is a clinical psychologist and MFT in private practice in Fullerton, California. He chairs the Department of Psychology and is Director of the Marriage, Family and Child Counseling Graduate Program at Pacific Christian College. Curt is an AAMFT Approved Supervisor, a senior EMDR Facilitator (since 1992), Board Member of the EMDR International Association (EMDRIA), and is Chair of the Standards and Training Committee for EMDRIA. He is also an EMDRIA Approved Consultant. Curt taught the first graduate course in EMDR in a professional program setting in 1995. The course continues to be offered on an ongoing basis. He offers a specialty presentation on the use of EMDR with Dissociative Disorders at Level II EMDR trainings, and provides supervision and consultation on the use of EMDR to professionals, masters, and doctoral level students in the mental health professions.

Andrew Seubert, MA, NCC, is a psychotherapist in private practice in Corning, NY and Mansfield, PA since 1980. Formerly an educator, musician and Peace Corps volunteer, he is co-founder of ClearPath Healing Arts Center in Corning and is committed to the integration of mind, body, emotions and spirit. His training has been primarily in creative art therapies, particularly music, and in embodied Gestalt practice. Andrew has employed EMDR since 1995 and is a facilitator and approved consultant since 1999.

Sandra Shapiro, Ph.D., has been actively working to develop meaningful ways to integrate EMDR into a psychoanalytic treatment framework since her own EMDR training in 1994. She is an EMDR Institute Facilitator and EMDRIA Approved Consultant and has lectured, supervised, and taught about the EMDR approach. As a board member at the National Institute for the Psychotherapies, she has encouraged candidates and colleagues to become trained in EMDR and is teaching the EMDR section of an integrative therapy course to fourth year analytic candidates. In addition, she has been working with survivors of the World Trade Center bombing. Her work and private practice are in New York City.

Shanti Shapiro, LICSW, is an EMDRIA Approved Consultant and an EMDR Facilitator for the EMDR Institute. The co-author of *Sexual Trauma and Psychopathology*, she published numerous articles, including, "Enhancing Self-belief with EMDR" (*American Journal of Psychotherapy*, 2001). Ms. Shapiro taught, consulted, and supervised a broad range of professionals including, medical students, psychiatric residents, psychiatrists, and social workers. Ms. Shapiro served on staff of the Institute of Living, Four Winds Hospital, and has lectured nationally. She formerly taught at Smith College School for Social Work, and currently maintains a private practice in Northampton, MA.

Nancy J. Smyth, Ph.D., CSW, CASAC, is currently Associate Professor at the University at Buffalo School of Social Work, in Buffalo, NY, where she teaches courses on EMDR, dual disorders, and practice research. Dr. Smyth also conducts research on addiction, trauma, and EMDR, is co-author of EMDR Chemical Dependency Treatment Manual, and has a small private practice, specializing in work with addicted trauma survivors. She is currently the chair of the EMDRIA Research Committee.

Elizabeth Snyder, MSW, is a psychotherapist in private practice in Encinitas, California. She is an EMDR Facilitator, and HAP Trainer and Approved Consultant. She has authored a number of articles on psychotherapy as well as co-authored articles with Francine Shapiro and Phil Manfield. Her interests are in the areas of complex PTSD, neuroscience, and somatic processing. She has been a previous presenter at EMDRIA conferences.

Roger Solomon, Ph.D., has extensive speaking experience. He is Senior Faculty with the EMDR Institute and provides workshops internationally on EMDR.

Stephan A. Tobin, Ph.D., is a clinical psychologist in private practice with over 30 years of experience doing individual therapy, teaching and supervising therapists and teaching at UCLA, Cal State Northridge and Antioch. He has written numerous articles on psychotherapy and was a co-founder of and trainer in the Gestalt Therapy Institute of Los Angeles. He is currently involved in integrating EMDR with Self Psychology, Intersubjectivity, Gestalt Therapy and Transactional Analysis. He is on the editorial board of the *Journal of Humanistic Psychology*.

Jane Vecchio, MA, is a full-time faculty member in the Psychology Department of Holyoke Community College in Massachusetts, where she teaches Psychology of Women, Human Development, Personality, Child Psychology, and Introduction to Psychology. She is also a Licensed Mental Health Counselor and Level II EMDR clinician who works on a per diem basis at Providence Hospital in Holyoke, MA. Her training includes a doctoral internship at Queens Children's Psychiatric Center in New York, as well as clinical work in inpatient, outpatient and residential settings.

Rita M. Weinberg, Ph.D., is a clinical psychologist with a doctorate from the University of Chicago. She has been in practice for more than 30 years. She has had extensive experience with preschool and school age children. For many years she has also taught graduate courses at National Louis University. Her training in brief psychological therapies includes Neurolinguistic Program (Trainer), EMDR Levels 1 & 2, and Thought Field Therapy (DX). She has conducted research in those areas and has presented numerous papers and workshops worldwide. Her interests currently are chaos theory, brain processing and psychotherapy.

Edward Wipson, MS, CPC, is an EMDR Institute Facilitator since 1998, and is an EMDRIA Approved Consultant. Ed has been Level I and II trained since 1994. Ed was a presenter at the 2001 EMDRIA Conference. He has been in private practice since 1990, treating PTSD, Anxiety Disorders, and Addictions with EMDR. He also sees clients in a college campus setting. Ed started as a professional in Alcohol and Drug Dependency in 1977, and later developed and directed Chemical Dependency treatment programs. He also developed and facilitated groups for the treatment of Sexual Addiction and Relationship Betrayal.

Bennet Wolper, MSW, is currently an EMDRIA Approved Consultant, and Institute Facilitator. He has been working on the EMDRIA Standards and Training Committee for four years where he is presently chair of the Approved Instructor Subcommittee.

David Yarosh, Ph.D., is a Clinical Psychologist who specializes in the treatment of Personality Disorders with high-functioning clients. He works in private practice with individuals as well as couples. He is on the faculty of the Gestalt Associates for Psychotherapy where he teaches Gestalt Therapy.

Pat Yoder, Ph.D., is the owner and director of Alternatives for Healthy Living, a center for healing for mind and body located in Clinton Township, Michigan. She maintains an extensive private practice where she utilizes a variety of treatment approaches including Energy Psychology and EMDR. Dr. Yoder is an EMDRIA Approved Consultant and a Diplomate of the American Academy of Experts in Traumatic Stress. She is trained in TFT, EFT, BSFF, TAT, and other Energy Psychologies. She provides regular training and consultation in her local area as well as presenting in conferences in the United States and Canada.

2002 EMDRIA Poster Sessions

1) *EMDR and the Treatment of Body Image in an Inpatient Eating Disorder Population*

- Andrea Bloomgarden
- Rachel Calogero-Wah
The Renfrew Center
Philadelphia, Pennsylvania

2) *Imaging Violence: Posttraumatic Stress Disorder, Eye Movement Desensitization and Reprocessing, and Functional Magnetic Resonance Imaging*

- Sheila S. Bender ^{1,3}
- Gudrun Lange ^{1,2}
- Jason Steffener ¹
- Uri Bergmann ⁴
- David Grand ⁴
- Wen-Ching Liu ²
- Benjamin M. Bly ²

Departments of Psychiatry ¹ and Radiology ²

University of Medicine & Dentistry NJ—New Jersey Medical School, Newark

This study was supported by seed grant funds from the Violence Institute of New Jersey ³

Private Practice ⁴

3) *EMDR Treatment Process of Two Adult Survivors of Sexual Trauma: What Does External Ear Canal Temperature Suggest?*

- Masaya Ichii
University of the Ryukyus
College of Education
Nishihara-cho, Okinawa
Japan

4) *A Comparison of CBT and EMDR for Sexually Abused Girls in Iran*

- Nasrin Jaberghaderi
- Shiva Dolatabadi
- Shahin Oliaee Zand
Allame Tabatabaee University, Tehran
- Ricky Greenwald
Mount Sinai School of Medicine, New York
- Allen Rubin
University of Texas at Austin

5) *Session Checklist Forms in Treatment Research: A Tool to Support Supervision and Treatment Fidelity*

- Ricky Greenwald
Mount Sinai School of Medicine, New York

6) *A Single Session Intervention for Violent Teens Suspended from School*

- Kathryn A. Johnson
- Mark Cameron
University at Buffalo School of Social Work
- Ricky Greenwald
Mount Sinai School of Medicine, New York

2002 EMDRIA Poster Sessions

7) *EMDR and Breast Cancer*

- Margarete Isermann
 - Christa Diegelmann
- ID Institut f. Innovative Gesundheitskonzepte
Kassel, Germany

- Stefan Priebe
- University of London: St. Bartholomew's and the Royal
School of Medicine
London, United Kingdom

8) *EMDR Psychotherapy Can Help to Cure Negative Impact of Childhood Punishment*

- Qazi Mahmudur Rahman
 - Tahera Hossain
- IBN-SINA Consultation Center
Bangladesh

9) *Using EMDR 'Interweave' to Reprocess 'Defectiveness Schema' in Sexual Abuse Victims*

- Rosamond (Rozz) Nutting
- B.A. Hons (Psych)
Bardon Counseling Centre
Queensland, Australia

10) *The Drama, the Trauma, and EMDR*

- Frances R. Yoeli
- Private Practice
d.n. emek bet shean, Israel

- Tessa-Ava Prattos-Spongalides
- Private Practice
Athens, Greece

11) *Teaching EMDR at the University Level: Strategies, Suggestions, and Solicitations*

- Judy H. Lombana-Wren
- Department of Counselor Education
Division of Educational Services and Research
College of Education and Human Services
University of North Florida
Jacksonville, Florida

12) *Using Imagery and EMDR to Facilitate the Healing of Adults with a History of Abuse and Neglect*

- Peggy Pace
- Private Practice
Ellensburg, Washington

Exhibitor Directory

FREE TAKE ONE TABLES

Pamphlets, brochures, cards, leaflets, magazines, and similar materials will be displayed on tables at various locations inside the Exhibit Hall. Please feel free to drop by and pick up anything that may be of interest to you.

BOOTH 1

EMDR International Association

PO Box 141925
Austin, TX 78714-1925
Tel: (512) 451-5200 Fax: (512) 451-5256
Website: www.emdria.org Email: info@emdria.org

The EMDR International Association (EMDRIA) is a nonprofit, mutual benefit corporation and the professional association for EMDR practitioners. Our bylaws state, "The primary objective of EMDRIA is to establish, maintain, and promote the highest standards of excellence and integrity in EMDR practice, research, and education...". For more information about EMDRIA and our various programs and products, please come by and visit our booth.

BOOTH 2

EMDR Humanitarian Assistance Program

50 West Bridge Street
New Hope, PA 18938
Tel: (215) 862-4312 Fax: (215) 862-4312
Website: www.emdrhap.org Email: HAPNewHope@aol.com

EMDR Humanitarian Assistance Program is a volunteer network of therapists dedicated to aiding victims of trauma in healing their pain and reclaiming their lives. EMDR HAP uses its network to provide the education, psychological intervention, and research necessary to restore emotional resiliency to survivors of natural or manmade disasters, and of violence in all of its forms.

BOOTH 3 & 4

BioLateral Sound Recordings

2415 Jerusalem Ave.

Suite 105

Bellmore, NY 11710

Tel: (516) 826-7996 Fax: (516) 826-7996

Website: www.BioLateral.com Email: Lauriedela@aol.com

BioLateral Sound Recordings produces CD's and cassettes that incorporate left/right sound movement producing bilateral stimulation for in session EMDR processing. They include a variety of water sounds, melodies and click tracks and can also be used in-between sessions with appropriate clients for relaxation, insomnia, and performance enhancement. Over 12,000 CD's and tapes have been sold worldwide since 1995.

BOOTH 5

SchmidtWerks, LLC

6421 Mondean Street

San Antonio, TX 78240

Tel: (210) 561-7881 Fax: (210) 561-7806

Website: www.theratapper.com Email: sales@theratapper.com

The TheraTapper is a wonderful therapy tool for providing gentle, non-intrusive tactile stimulation for EMDR. It features two vibrating hand-held pulsers connected to a small control box by two six-foot, disposable wires. The control box allows for the adjustment of the length of pulse, rate of pulse, and pulse intensity. Come by our booth for a demonstration.

••••• **NeuroTek Corporation**

*Manufacturer of Quality EMDR
products since 1991*

**303-420-8680
303-422-9440 fax**

**www.neurotekcorp.com
info@neurotekcorp.com**

BOOTH 6

NeuView Glasses

One North Street

Hastings-on-Hudson, NY 10706

Tel: (914) 478-4200 Fax: (914) 478-4200

Website: www.neuviewglasses.com Email: Bob@neuviewglasses.com

NeuView Glasses are, in this case, a pair of lateralized sunglasses that allow the user to provide stimulation to one cerebral hemisphere or the other. By simply lifting a peripheral section of the glasses, the user can access greater light on that side which is then transmitted to the opposite hemisphere, resulting in increased activation of that hemisphere.

Striking emotional and cognitive differences are often noted from one side to the other. A negative cognition noted on one side may not at all be present on the other side. Such an experience is empowering to the client while it affords the EMDR therapist a valuable resource. The glasses can be used with or without Ems and can be used separately or in conjunction with audio and tactile stimulation.

A U.S. Patent was granted for these glasses on November 7, 2000.

BOOTH 7

Roy Kiessling, LISW

7815 Cooper Road

Suite C

Cincinnati, OH 45243

Tel: (513) 324-3637 Fax: (513) 561-3637

Website: www.roykiessling.com Email: Roykies@msn.com, roykiess@yahoo.com

Consultation for EMDRIA Certification & Approved Consultants. EMDR Advanced Specialty Workshops, EMDR Institute co-sponsored and EMDRIA approved. Home study videos and workbooks.

BOOTH 8

Heartmath, LLC

14700 West Park Ave.

Boulder Creek, CA 95006

Tel: (831) 338-8700 Fax: (831) 338-9861

Website: heartmath.com Email: carol@heartmath.com

The product that will be exhibited is HeartMath's Freeze-Framer interactive learning program for emotional balance. The software program shows heart rhythms patterns, promotes emotional stabilization, and enhances autonomic nervous system balance.

BOOTH 9 & 10

Mentor Books

1475 Cook Street

Denver, CO 80206

Tel: (800) 795-6198 Fax: (303) 975-1936

Website: www.mentorbooks.com Email: Blair@MentorBooks.com

Mentor Books, EMDRIA's Annual Conference Bookstore, provides the most up to date book selection of EMDR professional titles, family, psychology, growth, and health. We also carry Mark Grant's products on "Pain Control" and "Calm and Confidence".

BOOTH 11

Strengthening the Self - Andrew M. Leeds, Ph.D.

1049 Fourth Street

Suite G

Santa Rosa, CA 95404

Tel: (707) 579-9457 Fax: (707) 579-9415

Website: www.AndrewLeeds.net Email: DrLeedsOfc@aol.com

Strengthening the Self - Home Study Audio Course in the NeuroAffective Therapy Model

A continuing education course for clinicians and researchers who have already completed an EMDRIA approved supervised EMDR training. The 10.5 hour audio course was recorded live before an audience and comes with a bound manual, a comprehensive reference list and an updated RDI worksheet and script for use in your clinical practice. An optional comprehensive examination will soon be available for those who wish to obtain EMDRIA Credit hours, pending approval.

Strengthening the Self - Clinical Application and Practicum

This is an entirely new (in 2002), experiential workshop that provides EMDR clinicians practical training, skills and confidence in two specific sets of procedures: a new Somatic Resource Development and Installation protocol that quickly frees somatic patterns of inhibition and expression supporting state change with stance, gesture and expression and a fully developed Affect Tolerance Protocol that helps fragile, disorganized, highly anxious and over-defended clients learn to tolerate specific affect states and achieve behavioral goals.

BOOTH 12 & 13

NeuroTek Corporation

5151 Ward Road, #3
Wheat Ridge, CO 80033
Tel: (303) 420-8680 Fax: (303) 422-9440
Website: www.neurotekcorp.com Email: info@neurotekcorp.com

NeuroTek Corporation has been manufacturing quality EMDR products since 1992. Visit our booth and experience the latest technology designed to assist the EMDR clinician.

NeuroTek Corporation is moving! Use address above until July 1, 2002. During the month of July, please call for correct address. Beginning August 1, 2002, our new address will be:

9660 Ralston Road, Unit #1
Arvada, CO 80004

BOOTH 14

Personal Development Press

616 Azalea Ave.
Redding, CA 96002
Tel: (530) 223-2777 Fax: (530) 23-0977
Website: www.life-healing.com Email: dwilson@awwwsome.com

Clinical Aids for EMDR: Books, scripts, audiotapes, forms, and quick guides closely related to or in support of EMDR.

BOOTH 15

Neurolateral, Inc.

39 Lakeland Point Drive
Kingston, ON K7M 4E8
CANADA
Toll-free Canada & U.S.: (866) 666-0166 Tel: (613) 384-6967 Fax: (613) 634-7235
Website: www.neurolateral.com Email: contact@neurolateral.com

Neurolateral, Inc. produces an innovative software program for EMDR clinicians. Once easily installed on your computer, you can provide visual, auditory and tactile dual attention stimulation with a click of your mouse. Unique features also include the ability to use a variety of images in the program, or any image of your own, including nature and melodic music tracks and any .wav or .mp3 file of your own. These may be played continuously in the background, or set to gently sweep from side to side. There are numerous choices within the program, including the use of colors and shapes of objects for visual stimulation, 6 paths of movement, a large variety of beep sounds and antihabituation modes. Dr. Mark Grant's Lightstream or longer Relaxation track may be played for your client, or Dr. Emmett Miller's Containment recording to promote grounding and close-down of sessions.

Help us celebrate our third year serving the EMDR community! Drop by the booth for the raffles, special conference pricing, and see the new Neurolateral...to go audio compact disc and Neurolateral software demonstrations.

BOOTH 16

ThoughtWave

3151 Third Ave.
San Diego, CA 92103
Tel: (619) 299-1513 Fax: (619) 299-6441
Website: www.thought-wave.com Email: dlp@thought-wave.com

ThoughtWave puts the brain into a hypersuggestible state to input messages. ThoughtWave is the only system that combines auditory bilateral stimulation and psycho-acoustic technology on audio tape with affirmation cards. Success, Self-Esteem, Anxiety Management, Depression Relief, Spiritual Well-Being, Weight Loss.

BOOTH 17

The Meadows

1655 North Tegner Street
Wickenburg, AZ 85390
Tel: 1-800-MEADOWS / 1-800-632-3697 Fax: (928) 684-3261
Website: www.themeadows.org Email: info@themeadows.org

The Meadows, located in Wickenburg, Arizona, is a 70-bed treatment facility specializing in treating trauma and addiction. The Meadows offers treatment for a broad range of behavioral disorders, psychological conditions and addictions such as alcohol, drugs, sex, and work.

BOOTH 18 & 19

Sound On Tape, Inc.

1800 Stoney Brook
Suite 104
Houston, TX 77063
Tel: (866) 222-8273 Fax: (713) 339-1327
Website: www.soundontape.com Email: jweaver@soundontape.com

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If you answered yes to any of the above, purchase copies of recorded presentations from Sound On Tape. Tapes will be available for purchase on site at our booth soon after each session ends. You may also order tapes at any time.

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A Special Thank You!

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The EMDR International Association would like to
extend a very special “Thank You!” to the

EMDR Institute, Inc.

for their many contributions and continued support
and assistance throughout this past year.

Mark Your Calendar NOW for Next Year!

2003

***EMDR International Association
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October 2 - 5, 2003