



# EMDRIA CONFERENCE

AUGUST 25-28, 2016 • MINNEAPOLIS, MINNESOTA



EARN CEU'S  
HEAR THE EXPERTS ON EMDR THERAPY  
NETWORK WITH CLINICIANS  
HEAR THE LATEST RESEARCH

REGISTRATION BROCHURE





# EMDRIA CONFERENCE

AUGUST 25-28, 2016 • MINNEAPOLIS, MINNESOTA

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## OUR MISSION

The EMDR International Association strives to provide a Conference dedicated to high quality presentations by trained clinicians and researchers to establish, maintain and promote the highest standards of excellence and integrity in EMDR therapy practice, research and education. With this in mind, participants will be able to identify best practices and emerging research in the treatment of trauma; they will be able to apply advanced clinical skills in the use of trauma treatment modalities; and they will be able to identify ethical dilemmas and appropriate resolutions in educational settings, clinical supervision and clinical practice.

# REGISTRATION FEES

REGISTER ONLINE  
TODAY!

## PRE-CONFERENCE & MAIN CONFERENCE

ATTENDEE CATEGORY	EARLY BIRD RATE (BY JULY 1ST)	REGULAR RATE (AFTER JULY 1ST)	ON-SITE RATE (AUGUST 25-28)
EMDRIA Member	\$530	\$580	\$605
Non-Member*	\$655	\$705	\$730
Student	\$200	\$200	\$225

## MAIN CONFERENCE ONLY

ATTENDEE CATEGORY	EARLY BIRD RATE (BY JULY 1ST)	REGULAR RATE (AFTER JULY 1ST)	ON-SITE RATE (AUGUST 25-28)
EMDRIA Member	\$435	\$485	\$510
Non-Member*	\$555	\$605	\$630
Student	\$150	\$150	\$175

## PRE-CONFERENCE ONLY

ATTENDEE CATEGORY	EARLY BIRD RATE (BY JULY 1ST)	REGULAR RATE (AFTER JULY 1ST)	ON-SITE RATE (AUGUST 25-28)
EMDRIA Member	\$170	\$200	\$225
Non-Member*	\$220	\$250	\$275
Student	\$75	\$75	\$100

## SINGLE DAY OF MAIN CONFERENCE

ATTENDEE CATEGORY	EARLY BIRD RATE (BY JULY 1ST)	REGULAR RATE (AFTER JULY 1ST)	ON-SITE RATE (AUGUST 25-28)
EMDRIA Member	\$205	\$235	\$260
Non-Member*	\$260	\$290	\$315
Student	\$75	\$75	\$100

\*All Non-Members who register for the Conference at the Non-Member rate will receive a complimentary one-year membership to EMDRIA. Please see page 5 for Terms & Conditions.

# REGISTRATION INFORMATION

REGISTER ONLINE AT  
[www.emdriaconference.com](http://www.emdriaconference.com)

## INSTRUCTIONS

Please complete the fold out Conference Registration Form in the back of the brochure. All sections must be completed for your registration to be processed. Once completed, please tear the form out along the perforated edge and either mail or fax both sides to EMDRIA. You may also register online at [www.emdriaconference.com](http://www.emdriaconference.com).

## REGISTRATION DEADLINES

To receive the Early Bird discounted registration rate, we must receive your form by July 1, 2016. The deadline to fax or mail in your registration form is August 12, 2016. After this date you must register online or on-site.

## PAYMENT INFORMATION

- You can pay by credit card (Visa, Mastercard or Discover) or by check.
- If you are paying by check, please make the check payable to EMDR International Association and mail it with your registration form. U.S. Funds Only.
- There will be a \$25 processing fee charged if rebilling is required for credit cards and a \$25 charge for all returned checks.

## CANCELLATION POLICY

All cancellations must be in writing and requests for refunds must be received no later than September 30, 2016. A \$30 processing fee will apply to all cancellations postmarked on or before July 25, 2016. For all cancellations received after July 25, 2016, a refund of one half of the paid registration fee will be given. No refunds will be granted after September 30, 2016.

## ON-SITE REGISTRATION

There will be an additional \$25 fee for all on-site registrants. On-site registrants will not be able to attend the Awards Dinner on Saturday, August 27th, because the hotel requires the attendance to be confirmed prior to the Conference.

## SPECIAL REQUESTS

If you wish to attend two single days of the Conference, please call the EMDRIA office or email us at [info@emdria.org](mailto:info@emdria.org).



## COMPLIMENTARY MEMBERSHIP TERMS

You must meet the following conditions in order to qualify for the complimentary 1 year EMDRIA membership:

- Registered for the 2016 EMDRIA Annual Conference. Does not apply to previous or future EMDRIA Conferences.
- Registered as a Non-Member attendee and paid all corresponding registration fees in full. Those attending on EMDRIA scholarships are not eligible.
- Have never been an EMDRIA member for any amount of time prior to May 9, 2016.

The following terms also apply:

- In order to receive the complimentary membership, you must respond to the e-mail EMDRIA sends regarding your appropriate membership level before August 28, 2016.
- Complimentary memberships will not be processed after August 28, 2016.
- Complimentary memberships are not guaranteed and EMDRIA reserves the right to remove the offer at any time.

## STUDENT ELIGIBILITY

Students requesting the "student" fee must enclose an official statement from their university registrar or program director stating a current FULL-TIME enrollment of at least 9 hours per semester. Finding ways of getting the younger generation informed and educated about EMDR is a priority of EMDRIA and getting them to the Conference is a great way to accomplish this goal.

# BE TREATED... TO EXCITING SPECIAL EVENTS

# NETWORK

## NEW MEMBER & FIRST-TIME ATTENDEE BREAKFAST

Thursday, August 25th & Friday, August 26th  
7:30a.m. - 8:30a.m.

New EMDRIA members and first-time Conference attendees are invited to join us for an exclusive breakfast reception. Come and mingle with the EMDRIA Board of Directors, committee members and other first-time attendees and new members. Take advantage of this exclusive opportunity to network with peers, establish connections and learn about EMDRIA member benefits.

## OPENING ADDRESS

Thursday, August 25th | 4:00p.m. - 5:00p.m.

Deany Laliotis, LICSW presents the Opening Address on "The Evolution of EMDR: Adversity into Health."

## EMDRIA GENERAL MEMBERSHIP MEETING

Friday, August 26th | 5:45p.m. - 6:45p.m.

This is an opportunity to talk directly with your EMDRIA Board of Directors about your views about the future direction of EMDRIA. Bring your colleagues and contribute your thoughts so we can all move forward together!

## NETWORKING RECEPTION

Friday, August 26th | 6:45p.m. - 7:45p.m.

Join us at the Networking Receptions to meet new people, become reacquainted with old friends

and meet our 2016 Exhibitors. Hors d'oeuvres and a cash bar will be provided.

## POSTER SESSIONS

Friday, August 26th | 6:45p.m. - 7:45p.m.

The Poster Sessions will be held during the Networking Reception. It is a chance to meet the authors of the posters selected for the Conference and to ask questions. A listing of Poster presentations will be in the on-site Conference program.

## EMDRIA AWARDS & RECOGNITION DINNER

Saturday, August 27th | 7:00p.m. - 9:30p.m.

In recognition of those who have dedicated their time, expertise and knowledge to the preservation and growth of EMDR therapy, we will host our annual Awards & Recognition Dinner. More details will be in the on-site Conference program give to you upon on-site registration. The dinner buffet will include a variety of selections, including vegetarian. Please Note: Those individuals who register for the Conference on-site will not be able to attend.

## TRAUMA RECOVERY/EMDR HAP DANCE

Saturday, August 27th | 9:30p.m. - Midnight

Join TRAUMA RECOVERY/EMDR HAP at their annual fundraiser as they honor HAP Volunteers at the HAP Dance immediately following the EMDRIA Awards & Recognition Dinner. Entertainment and cash bar will be provided.



Minnehaha Falls

# CONFERENCE

## SCHEDULE-AT-A-GLANCE

REGISTER BY JULY 1<sup>ST</sup>  
and receive the Early Bird Discount

### WEDNESDAY, AUGUST 24<sup>TH</sup>

Early Registration (Pre-Conference ONLY)

4:00p.m. - 6:00p.m.

### THURSDAY, AUGUST 25<sup>TH</sup>

Registration (Pre-Conference ONLY)

7:30a.m. - 8:30a.m.

Continental Breakfast

7:30a.m. - 8:30a.m.

Exhibit Hall Hours

7:30a.m. - 5:00p.m.

Pre-Conference Sessions 101-103

8:30a.m. - 3:30p.m.

Coffee Break

10:00a.m. - 10:30a.m.

LUNCH (on your own)

12:30p.m. - 2:00p.m.

Registration (Main Conference)

2:00p.m. - 6:00p.m.

Coffee Break

3:30p.m. - 4:00p.m.

Opening Address

4:00p.m. - 5:00p.m.

### FRIDAY, AUGUST 26<sup>TH</sup>

Registration (Main Conference)

7:30a.m. - 5:30p.m.

Continental Breakfast

7:30a.m. - 8:30a.m.

Exhibit Hall Hours

7:30a.m. - 7:45p.m.

Plenary Session 201: Speaker - Gabor Maté, MD

8:30a.m. - 10:30a.m.

Coffee Break

10:30a.m. - 11:00a.m.

Workshop Sessions

11:00a.m. - 12:30p.m.

LUNCH (on your own)

12:30p.m. - 2:00p.m.

Workshop Sessions

2:00p.m. - 5:30p.m.

Coffee Break

3:30p.m. - 4:00p.m.

EMDRIA General Membership Meeting

5:45p.m. - 6:45p.m.

Opening Reception & Poster Sessions

6:45p.m. - 7:45p.m.

### SATURDAY, AUGUST 27<sup>TH</sup>

Registration (Main Conference)

7:30a.m. - 5:30p.m.

Continental Breakfast

7:30a.m. - 8:30a.m.

Exhibit Hall Hours

7:30a.m. - 5:30p.m.

Plenary Session 301: Speaker - Richard Chefetz, M.D.

8:30a.m. - 10:30a.m.

Coffee Break

10:30a.m. - 11:00a.m.

Workshop Sessions

11:00a.m. - 12:30p.m.

LUNCH (on your own)

12:30p.m. - 2:00p.m.

Workshop Sessions

2:00p.m. - 5:30p.m.

Coffee Break

3:30p.m. - 4:00p.m.

EMDRIA Awards & Recognition Dinner

7:00p.m. - 9:30p.m.

Trauma Recovery/EMDR HAP Dance

9:30p.m. - Midnight

### SUNDAY, AUGUST 28<sup>TH</sup>

Registration (Main Conference)

7:30a.m. - 3:30p.m.

Continental Breakfast

7:30a.m. - 8:30a.m.

Exhibit Hall Hours

7:30a.m. - 2:00p.m.

Plenary Session 401: Speaker - Charles Hoge, M.D.

8:30a.m. - 10:30a.m.

Coffee Break

10:30a.m. - 11:00a.m.

Workshop Sessions

11:00a.m. - 12:30p.m.

LUNCH (on your own)

12:30p.m. - 2:00p.m.

Workshop Sessions

2:00p.m. - 3:30p.m.

Conference Concludes

3:30p.m.

# CONTINUING EDUCATION INFORMATION

## ACCREDITING AGENCIES

### **AMERICAN PSYCHOLOGICAL ASSOCIATION:**

EMDR International Association is approved by the American Psychological Association to sponsor continuing education for psychologists. EMDR International Association maintains responsibility for the program and its content.

### **NATIONAL BOARD OF CERTIFIED COUNSELORS:**

EMDR International Association is an NBCC-Approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. (NBCC #5757)

### **CALIFORNIA BOARD OF BEHAVIORAL SCIENCES**

For California, the course meets the qualifications for 22.5 hours of continuing education credit for MFTs and/or LCSWs, as required by the California Board of Behavioral Sciences. EMDR International Association, Provider #PCE233

### **TEXAS STATE BOARD OF MARRIAGE & FAMILY THERAPISTS**

EMDR International Association is approved by the Texas State Board of Marriage and Family Therapists to provide continuing education to Marriage and Family Therapists. Provider #233

### **TEXAS STATE BOARD OF SOCIAL WORK EXAMINERS**

EMDR International Association is approved by the Texas State Board of Social Work Examiners to provide continuing education to Social Workers. Provider #2689

### **EMDR INTERNATIONAL ASSOCIATION**

All sessions of this Conference are approved for EMDRIA Credit except those indicated in the program.

### **PHYSICIAN**

Accreditation Statement - This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Institute for the Advancement of Human Behavior (IAHB) and EMDR International Association (EMDRIA). The IAHB is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation Statement - The IAHB designates this live activity for a maximum of 22.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **NURSE**

The Institute for Advancement of Human Behavior is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This course is co-provided by IAHB and EMDRIA. Maximum of 22.50 contact hours.

*\*EMDR International Association is applying to the following organizations to provide continuing education credits. The organization will notify EMDRIA of acceptance prior to the Conference. Please feel free to contact our office, Toll-Free at 866.451.5200 to inquire on the status of the application.*

**\*NATIONAL ASSOCIATION OF  
SOCIAL WORKERS (NASW)**

**\*NEW YORK SOCIAL WORKERS**



# CONTINUING EDUCATION INFORMATION

EARN CEU'S

Please be aware that all credit hours will be awarded according to the individual requirements of each continuing education agency.

## SATISFACTORY COMPLETION:

Participants must complete an evaluation form in order to receive a certificate of completion/attendance. Your chosen sessions must be attended in their entirety. Partial credit of individual sessions is not available. It is imperative that you scan in and out of every session you attend, as you will not be able to obtain credits if you do not. NO EXCEPTIONS.

## OVERALL CONFERENCE LEARNING OBJECTIVES

1. Participants will be able to have current information about the impact of adverse childhood experiences on physical and mental health.
2. Participants will be able to discuss EMDR treatment for PTSD and other diagnoses to improve practitioner competence and patient outcomes.
3. Participants will be able to apply new strategies for integrative treatment of clinical cases.

## TARGET AUDIENCE

National audience of mental health professionals including psychiatrists, psychologists, social workers, advanced nurse practitioners, counselors and marriage and family therapists.

## TEACHING METHODS

The teaching methods used by our conference presenters include lecture, PowerPoint presentations, interactive discussions, small group exercises, case study presentations, and question and answer periods.

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It is imperative that you scan in and out of every session you attend, as you will not be able to obtain credits if you do not. You must attend each workshop you sign up for, in its entirety, to receive credit for it. NO EXCEPTIONS. Please plan your travel schedule accordingly.

SESSIONS	CE CREDITS	TOTAL POSSIBLE
THURSDAY		6
101-103	5	
Opening Address	1	
FRIDAY		6
201	1.5	
221-226	1.5	
231-236	3	
SATURDAY		6
301	1.5	
311	4.5	
321-325	1.5	
331-335	3	
SUNDAY		4.5
401	1.5	
431-436	3	
TOTAL		22.5

# TRAVEL INFORMATION



## AIR TRAVEL

The Minneapolis-St. Paul International Airport (MSP) is approximately 13 miles from the Hyatt Regency Minneapolis. We recommend allowing 30-40 minutes for transportation from the airport to Downtown during heavy populated times.

## GROUND TRANSPORTATION TAXIS

Estimated fare is approximately \$45 (including the airport surcharge). All taxis accept major credit cards. Please confirm rate with your driver beforehand.

Terminal 1-Lindbergh - Taxi service is accessible via the Tram Level (Level T). Signs direct passengers one level up to the taxi starter booth, where airport staff will assist passengers in obtaining a taxi.

Terminal 2-Humphrey - Taxi service is available at the Ground Transport Center, located on the ground level of the Purple parking ramp directly across from the terminal building.

## SUPER SHUTTLE

\$16 per transfer-one way  
\$28 round trip-cash or pre-pay credit card

From airport to hotel: Runs between 4:30a.m -11:00p.m. After 11:00p.m. and before 4:30a.m. please call Super Shuttle to arrange pick up. Follow the signs for Hotel Shuttles and Scheduled Vans to the Ground Transportation Atrium. The Super Shuttle guest service desk is located near the center of the shuttle area. Service available 24-hours.

From hotel to airport: Reservations must be made at least 1.5 to 2 hours in advance. Reservations may be made by calling Super Shuttle at 800.258.3826.

## RENTAL CARS

Terminal 1-Lindbergh\* - On-airport rental car counters at Terminal 1-Lindbergh are located on the second and third levels between the Blue and Red parking ramps. Passengers can take the underground tram to the Blue and Red parking ramps and then take an elevator to the second or third floor.

Terminal 2-Humphrey\* - At Terminal 2-Humphrey, on-airport rental car counters are located in the Ground Transport Center on the ground level of the Purple parking ramp directly across from the terminal building.

*\*All on-airport rental car companies have counters at both terminals.*

## DRIVING TO THE HOTEL

The physical address of the hotel is:

Hyatt Regency Minneapolis  
1300 Nicollet Mall  
Minneapolis, Minnesota, USA, 55403

## PARKING

Hyatt Regency Minneapolis will offer valet parking for \$38 per 24-hour period. Self-parking is offered at \$19 per 24-hour period and includes in/out privileges.

Parking is in a covered parking garage with 6'6" clearance, no RVs, most vans will not clear. No motorcycles. Vans over 6'6" can be accommodated directly across the street. The parking garage is privately owned and is managed by Allied Parking Inc.

No special rates or arrangements.



# HOTEL ACCOMODATIONS

MINNEAPOLIS

Our Conference venue this year is the Hyatt Regency Minneapolis. The recently redesigned hotel pays tribute to the unique culture of Minnesota, with sleek mid-century Scandinavian décor highlighted by a spacious lobby featuring an expansive stone fireplace framed by rustic wooden logs. The hotel's premiere downtown location provides convenient access to an incredible array of Twin Cities' attractions, from shopping to sports, the arts or the great outdoors.

## RESERVATIONS

EMDRIA has secured a special group rate of \$179/single/double for EMDRIA Conference attendees. The EMDRIA hotel rate is only available until August 1, 2016. However, we anticipate the Conference to be very well attended and our hotel room block to sell out before then. Do not wait! Book your reservation today! Make your reservation by calling 612.370.1234 and mentioning Group Code: EMDRIA or by visiting [www.emdriaconference.com](http://www.emdriaconference.com) and clicking on the Hotel & Travel tab.

## HOTEL FEATURES

- 645 contemporary guestrooms with deluxe amenities and views of the city skyline or beautiful Loring Park
- FedEx Office and Business Center
- 32,000 square foot StayFit™ gym
- 1-800-CHECK-IN™
- Indoor Heated Pool
- Concierge
- Foreign currency exchange to US dollar
- Gift shop, hair and manicure salon
- Safe deposit boxes at front desk and in each guestroom



## HYATT REGENCY MINNEAPOLIS

1300 Nicollet Mall  
Minneapolis, Minnesota, USA, 55403

## FIND A ROOMMATE

Cut the cost of your Conference attendance by finding a roommate. Please visit [www.emdriaconference.com](http://www.emdriaconference.com) and click on the Hotel & Travel tab to fill out the Find A Roommate form. Your name will be added to a list of individuals looking to share a room. You may also view a list of individuals who are seeking a roommate and contact them directly. Please note: EMDRIA is not responsible for matching roommates.



# VISITING MINNEAPOLIS

Minneapolis is the perfect blend of natural beauty and urban sophistication. No other American city has a chain of lakes, the mighty Mississippi, and 200 miles of walking, biking and cross country ski trails within the city limits. Literally steps from the most vibrant arts and music scene outside NYC, the best shopping in the region, and museums among the finest in the nation.

## LOCAL ATTRACTIONS



### CHAIN OF LAKES

Minneapolis is the perfect blend of natural beauty and urban sophistication. No other American city has a chain of lakes, the mighty Mississippi, and 200 miles of walking, biking and cross country ski trails within the city limits. Literally steps from the most vibrant arts and music scene outside NYC, the best shopping in the region, and museums among the finest in the nation.



### WALKER ART CENTER

The Walker Art Center is a multidisciplinary contemporary art center in the Loring Park neighborhood of Minneapolis, Minnesota, United States. The Walker is one of the most-visited modern and contemporary art museums in the United States and, together with the adjacent Minneapolis Sculpture Garden and the Cowles Conservatory, it has an annual attendance of around 700,000 visitors. The museum's permanent collection includes over 13,000 modern and contemporary art pieces including books, costumes, drawings, media works, paintings, photography, prints, and sculpture.

**Aug. 25–Sept. 5, 2016**



### MINNESOTA STATE FAIR

The Minnesota State Fair the largest state fair in the United States by average daily attendance. Residents of the state and region come to the fair to be entertained, exhibit their best livestock, show off their abilities in a variety of fields including art and cooking, learn about new products and services, and enjoy many different types of food—often on a stick. This year's Fair runs from August 25th - September 5th. The Minnesota State Fair was named the best state fair in the United States in 2015 by readers of USA Today.

# EXHIBITING INFO

## BE AN EXHIBITOR OR SPONSOR

### DEADLINES

Early Bird Rate | July 5, 2016  
Final Deadline | August 3, 2016

### EXHIBIT HOURS

Thursday, August 25th | 7:30a.m. - 5:00p.m.  
Friday, August 26th | 7:30a.m. - 7:45p.m.  
Saturday, August 27th | 7:30a.m. - 6:00p.m.  
Sunday, August 28th | 7:30a.m. - 2:00p.m.

### ADVERTISING OPPORTUNITIES

Highlight your presence by advertising in the 2016 Conference On-Site Program. Advertising is an easy and affordable way to promote your company, program or institution to a targeted professional audience. Space is limited and the deadline to place an order is July 5th.

### EXHIBIT BOOTH OPPORTUNITIES

Reserve your booth space and enjoy more value-added exhibitor benefits. Strengthen your existing relationships, increase your product awareness and generate new sales.

### BOOTH DESCRIPTION

Standard Single Booth (8' x 10'), 8' background drape, 3' side drape, draped 6' table, 17" x 44" ID sign for booth display and wastebasket.

### ALL EXHIBITORS RECEIVE:

- Company logo, a 50-word description and contact information included in the on-site Conference program.
- Company logo, link and 50-word description on the EMDRIA Conference website.
- One complimentary Conference Registration.
- Two complimentary Exhibitor badges per booth.
- Pre- and Post-Conference registration mailing lists to promote your company.

To place your order, or ask questions, please contact Mel Forehand, CEM, CMP at 512.425.0994 or [mforehand@logistex.net](mailto:mforehand@logistex.net).

## SPONSORSHIP OPPORTUNITIES

EMDRIA offers a wide variety of Sponsorship opportunities that are all designed to help you spread your message to EMDR therapists. Most of the sponsorship opportunities include Exhibit Booth space, allowing you to get the most advertising value for your dollar.

Spotlight your company's message and reach prospective clients by participating in one or more of the following EMDRIA Conference Sponsorships.

Lanyards

Coffee Breaks

Participant Pencils

Notepads

Interested in Sponsoring? There is a sponsorship opportunity for every budget level, from a highly visible logo displayed at a sponsored event to your company's name on important Conference materials. These opportunities fill up fast and opportunities will be granted on a first-come, first-serve basis.

To find out more and guarantee your visibility, contact Mel Forehand, CEM, CMP at 512.425.0994 or [mforehand@logistex.net](mailto:mforehand@logistex.net) for more information or questions.

# ON-SITE INFORMATION

## SESSION HANDOUTS

A few weeks before the Conference, EMDRIA will email you an electronic copy of the handouts from the sessions you registered for. You may choose to keep these in electronic form or print them out and bring them with you to the Conference. EMDRIA will not provide printed handouts on-site at the Conference. When checking in at registration to pick up Conference materials, you'll be given a USB that will include all session handouts from participating presenters.

Should you need to print off your handouts on-site, there is a FedEx Office located in the hotel. Hours will be made available during the Conference dates. There is also a Business Center in the hotel where you can print off handouts for a fee. Due to limited workstations we suggest you print your handouts beforehand.

## DRESS SUGGESTION

The suggested dress for the Conference is business casual. We suggest you dress in layers as meeting room temperatures vary and can be unpredictable.

## SESSION HANDOUTS

EMDRIA reserves the right to substitute faculty or cancel and reschedule sessions due to low enrollment or unforeseen circumstances. In the event a speaker is unable to attend, EMDRIA will contact you about selecting a session replacement. If EMDRIA must cancel the Conference, registrants are responsible for requesting a full credit or refund of the registration fee. Refunds cannot be made by EMDRIA for lodging, airfare or any other expenses related to the Conference.

## SPECIAL NEEDS

The Hyatt Regency Minneapolis and EMDRIA are in compliance with the Americans with Disabilities Act. If you have any questions or are in need of special assistance, please contact Mel Forehand at [mforehand@logistex.net](mailto:mforehand@logistex.net).



# CONFERENCE SESSION SELECTION

Need help selecting your sessions? View the information below to view sessions by specific topic, level of expertise and amount of EMDR that is covered.

## LEVEL OF EXPERTISE

- Introductory indicates that the workshop is suitable if you have no prior knowledge of the specific topic or content being presented and the workshop will include basic theory and skills.
- Intermediate indicates that the workshop is suitable if you have some basic knowledge of the specific content being presented, but that you do not need to have in-depth knowledge or skills.
- Advanced indicates that the workshop is suitable if you have a substantial working knowledge or skill level in the specific content area.
- All Levels indicates that the workshop is suitable for introductory, intermediate and advanced clinicians.

## PERCENTAGE OF EMDR

The % listed after the descriptions of the workshop denotes what percentage of the presentation pertains to EMDR theory, practice and/or research. This information was provided by the presenter.

## INNOVATIVE SESSIONS

We have workshops in our program that fall under the category of "Innovative". These are programs that may not fit the EMDRIA Definition of EMDR, but show promise in extending applications of EMDR-based theory or methodology. EMDRIA Credits will be granted for these sessions. They will also be eligible for all other CEUs that we offer for the Conference.

## SESSION CATEGORIES

### ADDICTIONS

Session 201, Session 231

### ALCOHOL & SUBSTANCE ABUSE

Session 325, Session 333

### ATTACHMENT ISSUES/PERSONALITY DISORDERS

Session 331, Session 432

### CHILDREN/ADOLESCENTS

Session 102, Session 323, Session 435

### CHRONIC ILLNESS/MEDICAL ISSUES/ SOMATICS

Session 232

### CLINICAL DILEMMAS

Session 322

### DEATH & DYING

Session 324

### DEPRESSION/GRIEF & MOURNING

Session 225 (Innovative Session)

### DISSOCIATION/COMPLEX TRAUMA

Session 235, Session 321, Session 335

### DIVERSITY/ETHNICITY/CULTURE/ PUBLIC PRACTICE

Session 101, Session 332

### EATING DISORDERS

Session 221

### INNOVATIVE

Session 225

### MILITARY & VETERANS

Session 334, Session 401, Session 436

### MODELS/THEORY

Session 222, Session 433

### NEUROBIOLOGY

Session 224, Session 311

### OFFENDERS/PERPETRATORS

Session 233

### RESEARCH

Session 226, Session 236

### SHAME

Session 301

### SPIRITUALITY

Session 431

### TECHNIQUES/STRATEGIES

Session 103, Session 223, Session 234,  
Session 434

# PLENARY SPEAKERS

HEAR LEADING SPEAKERS AND INNOVATORS



Gabor Maté, M.D.



Richard Chefetz, M.D.



Charles Hoge, M.D.

## GABOR MATÉ, M.D.

Dr. Gabor Maté is a highly sought-after, award-winning author and presenter, for his expertise on a range of topics from addiction to mind-body wellness. Rather than offering quick-fix solutions to these complex issues, Dr. Maté weaves together scientific research, case histories, and his own insights and experience to present a broad perspective that enlightens and empowers people to promote their own healing and that of those around them. His best-selling books include, "In the Realm of Hungry Ghosts: Close Encounters with Addiction;" and "When the Body Says No: The Cost of Hidden Stress." For 12 years, Dr. Maté worked in Vancouver's Downtown Eastside with hard-core drug addicted patients, mental illness and HIV. He has over 20 years of family practice and palliative care experience, as well as extensive knowledge of the latest, leading-edge research.

## RICHARD CHEFETZ, M.D.

Richard A. Chefetz is in the private practice of Psychiatry, Washington, D.C. President of the International Society for the Study of Trauma and Dissociation (2002-2003), he's a Distinguished Visiting Lecturer at the William Alanson White Institute of Psychiatry, Psychoanalysis, and Psychology. He is faculty at the Washington School of Psychiatry, Institute of Contemporary Psychotherapy & Psychoanalysis, and Washington Center for Psychoanalysis. He is an Approved Consultant in Hypnosis and certified in Level I and II EMDR. He published, (2015) [Intensive Psychotherapy for Persistent Dissociative Process: The Fear of Feeling Real](#), Norton, in their Interpersonal Neurobiology Series.

## CHARLES HOGE, M.D.

Charles Hoge is a nationally-known expert on PTSD (post-traumatic stress disorder), mTBI (mild traumatic brain injury) and other physiological reactions to war, as well as treatment strategies for war-related conditions. Dr. Hoge's expertise spans psychiatry, trauma, public health, health policy, and infectious diseases. His articles in The New England Journal of Medicine and The Journal of the American Medical Association are the most frequently cited medical articles about the impact of the current wars in Iraq and Afghanistan. An engaging presenter, Charles Hoge is frequently called upon to provide expert testimony about war-related mental health issues and traumatic brain injury. Over the years, he has testified before the U.S. Senate (Armed Services Committee, Veterans Affairs Committee) and the House of Representatives (Veteran Affairs Committee, Health Subcommittee).



# PRE-CONFERENCE SPEAKERS



## **STEFANIE ARMSTRONG, MS, LIMHP**

Stefanie Armstrong specializes in treating trauma resolution and attachment problems in children and adolescents. Before she co-founded *The Attachment and Trauma Center of Nebraska*, she spent 10 years working in the public school system. She is a Certified EMDR Therapist and Approved Consultant. Ms. Armstrong has co-authored books, articles, and chapters related to EMDR therapy and trauma in children. She has presented her expertise nationally to numerous parent and professional groups.

## **MARK NICKERSON, LICSW**

Mark Nickerson, a psychotherapist in Amherst, MA, is an EMDR therapy Basic and Advanced Trainer, and Past President of the EMDRIA. He conducts advanced EMDR trainings nationally and internationally on topics including treatment for problem behaviors, problematic anger and violence, addictions, cultural competency, and the effective use of EMDR protocols. He has developed award winning innovative programs designed to reduce and resolve interpersonal conflict. He is editor/author of *Cultural Competence and Healing Culturally-Based Trauma with EMDR Therapy: Insights, Strategies and Protocols* (2016) and author of *The Wounds Within* (2015), an expose on the challenges for war veterans and their families.

## **CATHY SCHWEITZER, MS, LMHP**

Cathy Schweitzer specializes in treating trauma resolution and attachment problems in children and adolescents. Ms. Schweitzer is a co-founders of *The Attachment and Trauma Center of Nebraska* and is the co-author of books, articles and chapters related to EMDR therapy and traumatized children. Ms. Schweitzer also has extensive experience working in the private and public school systems. She has presented her expertise nationally and internationally at numerous parent and professional conferences. Ms. Schweitzer is a EMDRIA Certified Therapist and Approved Consultant.

## **ROGER SOLOMON, PH.D.**

Roger Solomon is a clinical psychologist who specializes in trauma and grief. He is the director of Critical Incident Recovery Resources and co-director of Buffalo Center of Trauma and Loss. Dr. Solomon is on the Senior Faculty of the EMDR Institute and teaches EMDR internationally. He is a consultant to the trauma programs of NASA, the U.S. Senate, several U.S. federal and state law enforcement agencies, and the Polizia di Stato in Rome, Italy. He has published 32 articles on EMDR, trauma, grief, critical incident stress, and police psychology.

## **DEBRA WESSELMANN, MS, LIMHP**

Debra Wesselmann is co-founder of *The Attachment and Trauma Center of Nebraska* in Omaha, Nebraska, where she has specialized in treating trauma and attachment problems in adults, children, and families for the past 23 years. Ms. Wesselmann collaborates with The University of Nebraska at Lincoln in developing research for violence prevention and the treatment of traumatic stress and disturbed attachments. Ms. Wesselmann is an EMDR Institute facilitator and EMDRIA Approved Consultant. She presents nationally and internationally and has authored articles, chapters, and books related to attachment and trauma.

# WORKSHOP

## SCHEDULE

PRE-CONFERENCE

**THURSDAY, AUGUST 25<sup>TH</sup>**

**8:30AM - 3:30PM**  
**5 CREDIT HOURS**

### SESSION 101

**CULTURAL COMPETENCE AND  
HEALING CULTURALLY-BASED  
TRAUMA WITH EMDR THERAPY**  
**MARK NICKERSON, LICSW**

Cultural competence in mental health is necessary in a multicultural world. EMDR clinicians can readily embrace this in their work, but it does not come with good intentions alone. It requires a more active commitment, expanding knowledge and skills. Cultural awareness welcomes cultural identities, adapts EMDR therapy to cultural needs and norms, and broadens the scope of our trauma work. Culturally-based wounds based on experiences of discrimination, stigmatization and oppression are triggered by micro-aggressions that often go unnoticed by others. Workshop content will include a culturally aware psycho-social history, expanded NCs/PCs, strategies for social identity resourcing, strategic target selection, and a protocol for dismantling prejudice.

(All Levels) 85% EMDR

### SESSION 102

**BEYOND DESENSITIZATION...  
WIDENING CHILDREN'S WINDOW  
OF TOLERANCE THROUGH  
CURRENT TRIGGER WORK**

**DEBRA WESSELMANN, MS, LIMHP;  
STEFANIE ARMSTRONG, MS, LIMHP;  
CATHY SCHWEITZER, MS, LMHP**

Children with a narrow window of tolerance for ordinary emotions become out-of-control in response to everyday challenges that, for other children, would be very manageable. Participants will learn to assist children in processing ordinary emotions related to ordinary events such as a difficult math assignment or interruption of playtime, with the goal of expanding children's feelings tolerance to eliminate meltdowns, aggression, and other reactive behaviors. Participants will learn creative methods for activating

emotions in session, playful methods of engaging children in processing, and interweaves to activate processing, strengthen emotional coping, and deepen the experience of self-regulation.

(Intermediate) 70% EMDR

### SESSION 103

**THE ART OF EMDR THERAPY**  
**ROGER SOLOMON, PH.D.**

The Art of EMDR Therapy is the dance between client and therapist involving attunement, synchrony, and resonance. It is expressed through optimal dual attention stimulation (DAS), tracking client response, and understanding clinical choice points that maximize processing. This workshop will focus on maximizing and fine-tuning DAS to the needs of the client and discuss clinical choice points regarding interweaving vs. staying out of the way, "pushing through" or containment, or going with an emerging memory or back to target.

(Advanced) 100% EMDR

**4:00PM - 5:00PM**  
**1 CREDIT HOUR**

**OPENING ADDRESS**  
**THE EVOLUTION OF EMDR:  
ADVERSITY INTO HEALTH**  
**DEANY LALOTIS, LICSW**

After almost 30 years after Francine Shapiro's infamous walk in the park, EMDR has evolved from a simple desensitization technique, or EMD, to EMDR, an intervention that reprocesses traumatic memory, to EMDR therapy, a comprehensive treatment approach. Similarly, our field has evolved in its understanding of trauma from PTSD to complex trauma, a spectrum of traumatic stress disorders that has various implications for treatment. We will discuss the current state of the art of EMDR therapy in all its applications and contemplate future directions in this three-pronged approach of understanding where we've come from, where we are now and where we're going.

(All Levels) 100% EMDR

\*Anyone registered for the Conference may attend the Opening Address.\*

# WORKSHOP SCHEDULE

MAIN CONFERENCE

**FRIDAY, AUGUST 26<sup>TH</sup>**

**8:30AM - 10:30AM  
1.5 CREDIT HOURS**

**PLENARY SESSION 201  
THE HUNGRY GHOST: A  
BIOPSYCHOSOCIAL APPROACH TO  
ADDICTION, FROM HEROIN TO  
WORKAHOLISM  
GABOR MATÉ, M.D.**

Helping the addicted individual requires appreciating the function of the addiction in his or her life. More than a disease, is a response to a distressing life history. Once we recognize the roots of addiction and the lack it strives (in vain) to fill, we can develop a compassionate approach toward the addict, one that stands the best chance of restoring him or her to wholeness and health. This talk will explore the following areas: The source of addictions; brain physiology of people with substance dependency or behavioral addiction; the false "blessings" of addiction as experienced by the addict (e.g. an emotional anesthetic, social lubricant, etc.); how early childhood experiences shape the brain; the social basis of addiction in economic, cultural, and political dislocation and disempowerment; developing a therapeutic relationship in which healing is possible, and the prevention of addiction, both in adolescence and before.

(All Levels) 20% EMDR

**90-MINUTE SESSIONS  
11:00AM - 12:30PM  
1.5 CREDIT HOURS**

**SESSION 221  
THE GIRL IN THE MIRROR:  
AWARENESS AND EGO STATE  
PROJECTION IN TREATING BODY  
IMAGE DISTURBANCE  
ANDREW SEUBERT, LPC, NCC**

This workshop approaches negative body image from the inside out. The negative image is understood as a projected ego state/part in need of understanding and

compassion. This is achieved via mindful awareness and ego state dialogue, both of which set the stage for EMDR treatment of the image. The workshop consists of lecture, videos and experiential exercise.

(Intermediate & Advanced) 40% EMDR

**SESSION 222  
MECHANISMS OF ACTION IN  
EMDR THERAPY: MULTIPLEX  
EFFECTS OF BILATERAL  
STIMULATION  
ANDREW LEEDS, PH.D.**

After 25 years of research on EMDR therapy's mechanisms, we cannot provide an evidence based explanation for all its treatment effects. Before examining mechanisms, we must first consider differences between mediators, mechanisms and moderators of change in general psychotherapy (Kazdan, 2007) and in EMDR therapy. An analysis of the literature generates six distinct hypothesized mechanisms of action that provide diverse multiplex effects, sometimes converging and sometimes diverging, leading to various outcomes in different clinical contexts and in different EMDR procedures. Implications for EMDR therapy include moderators such as degree of structural dissociation and mediators including modes of bilateral stimulation.

(Introductory & Intermediate) 95% EMDR

**SESSION 223  
HEAL YOUR BRAIN, HEAL YOUR  
BODY: CREATIVE CLINICAL EMDR  
THERAPY STRATEGIES APPLIED TO  
PHYSICAL HEALING  
ESLY REGINA CARVALHO, PH.D.**

This presentation details creative clinical strategies used in the application of EMDR therapy to physical pain, surgeries, and medical interventions as well as illnesses and their sequela. It includes suggestions for "antidotes" as resource measures to help deal with disease, its consequences, treatment and prevention. The use of drawings, visualizations, and "interviews" of symptoms in role-reversal are presented.

# WORKSHOP

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Physical pain is often released using EMDR applied to symptoms in role-reversal.

(All Levels) 90% EMDR

### SESSION 224

#### LENS NEUROFEEDBACK AND EMDR THERAPY: INTEGRATING

#### NEUROBIOLOGY BASED THERAPIES ULRICH LANIUS, PH.D.; STEVEN MILSTEIN, PH.D.; LEN OCHS, PH.D.

The integration of LENS Neurofeedback and EMDR therapy for Complex PTSD and Attachment Disorders is discussed. Recent research findings supports the AIP model and the notion that EMDR therapy is a neurobiological based therapy. Similarly, neurofeedback is a neurobiologically based intervention that may forge adaptive associations among neural networks in the brain. It is proposed that the addition of neurofeedback during different trauma treatment phases (stabilization phase, trauma processing, re-integration) aids Adaptive Information Processing by directly intervening at the level of the electrical or frequency domain of brain function. The rationale for the integration of LENS with EMDR therapy is discussed.

(All Levels) 50% EMDR

### SESSION 225

#### \*INNOVATIVE SESSION\*

#### INTEGRATING THE INTEGRATIVE: TDD-EMDR, A NOVEL THERAPY FOR DEPRESSION VALERY KRUPNIK, LCSW

*An Innovative presentation is considered an alternative procedure, protocol or explanation other than the standard EMDR method and model. The innovation seeks to expand, strengthen, and/or explain the already successful method and/or model. The intent is to assist in the development of promising innovations by providing an opportunity for the presentation, discussion, and support for research to validate the innovation and/or potential applications.*

*There will be a Moderator to introduce the format of the Innovative session and to chair the discussion, as well as a Discussant to further explore the potential of the innovation and to make suggestions for continued development of promising innovations.*

About 20% of cases of major depression do not respond to conventional treatments. Application of EMDR to depression has lagged behind its use for trauma-related disorders. In the reported studies, it has mostly followed the standard EMDR protocol (Shapiro, 2001). We describe a modified EMDR protocol that was developed by integrating EMDR into a novel evolutionary-based therapeutic frame designed as a specific treatment for depression (Krupnik, 2014). We present the integrated protocol, a case study, and the accumulated data on the protocol's effectiveness. We also address the rationale for the modifications made to the standard EMDR protocol.

Discussant: Curt Rouanzoin, Ph.D.

Moderator: Lesa Swanson, LICSW

(Introductory & Intermediate) 75% EMDR

### SESSION 226

#### ADVANCING EMDR THERAPY THROUGH RESEARCH FOR EMDR THERAPISTS

KATE WHEELER, PH.D.; PMHNP;  
APRN-C; FAAN; JOYCE BAPTIST,  
PH.D., LCMFT; KATY MURRAY, MSW,  
LICSW, BCD

This panel of EMDR therapy researchers provides clinicians an overview of the state of EMDR research and identifies priorities for future studies. The feasibility of conducting a randomized clinical trial is discussed and how to meet the challenges inherent in procuring a site and subjects, obtaining approval, and selecting instruments. Resources available to the budding and seasoned EMDR therapy researcher are presented. Come with your questions for this interactive session.

(Introductory) 50% EMDR

# WORKSHOP SCHEDULE

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## HALF DAY SESSIONS 2:00P.M. - 5:30P.M. 3 CREDIT HOURS

### SESSION 231

#### WHEN THE BODY SAYS NO: MIND/ BODY UNITY AND THE STRESS- DISEASE CONNECTION GABOR MATÉ, M.D.

There is strong evidence to suggest that in nearly all chronic conditions, from cancer, ALS, or multiple sclerosis to autoimmune conditions like rheumatoid arthritis, inflammatory bowel disease or Alzheimer's, hidden stress is a major predisposing factor. In an important sense, disease in an individual can be seen as the "end point" of a multigenerational emotional process. If properly understood, these conditions can provide important openings for compassion and self-awareness, which in turn are major tools in recovery and healing. This workshop will cover: The mind/body unity as explained by modern science (psychoneuroimmunology); The three major stressors: Loss of Control, Uncertainty; and Conflict; How the early environment "programs" us physiologically and psychologically into chronically stressful patterns of feeling and behavior; The stressful work environment: how to recognize it and transform it; How the understanding of stress can inform and enhance clinical practice.

(All Levels) 20% EMDR

### SESSION 232

#### BREAKING THE ACE\*/POOR HEALTH CYCLE WITH EMDR THERAPY (\*ADVERSE CHILDHOOD EXPERIENCE) CAROL FORGASH, PH.D.

EMDR therapy is a successful model for dealing with the health problems of trauma survivors. The development of an EMDR Treatment Plan, to treat both health and ACE problems, using the ACE questionnaire, a health history, and specific target selection is highlighted. Specialized techniques will

be utilized in phases 1-2 to help the patient experience self soothing, develop emotional regulation, and to avoid re-traumatization in the health care setting. Phases 3-7 will emphasize specific work on past attachment ruptures and health issues. Skills development such as rehearsal for medical visits, and procedures will be presented.

(Intermediate) 75% EMDR

### SESSION 233

#### UNCOVER ABUSIVE PATTERNS AND TRANSFORM CYCLES WITH EMDR THERAPY JULIE STOWASSER, MS, LMFT

PTSD and unresolved trauma is believed to underlie the majority of intractable domestic violence perpetration and the sequela of symptoms associated with both perpetrators and victims of domestic and other forms of interpersonal violence. Learn the Cycle of Violence (Walker, 1979) and adapt it for use with verbal and physical violence within the 3-pronged approach of past, present, and future in such a way that clients can see themselves objectively, with reduced shame, and promote their willingness to engage in therapy to the conclusion of treatment. This approach is not limited to domestic violence and can be used with any client.

(All Levels) 95% EMDR

### SESSION 234

#### MEMORY RECONSOLIDATION AND EMDR THERAPY PHILIP MANFIELD, PH.D., LMFT

EMDR produces permanent resolution (transformational change) of traumatic memories. "Memory reconsolidation," the process of refileing a memory after it has been brought into consciousness and altered makes this change possible. Unlike normal memories, traumatic memories are stored in a protected mode that will not allow them to be transformed unless certain specific conditions are met. When an EMDR clinician encounters a stubborn trauma memory that

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is not resolving, at least one of these conditions has probably not been met. This presentation will explain these conditions and show how they play out in two powerful videos of complete EMDR sessions.

(All Levels) 100% EMDR

## SESSION 235 TREATING SOMATOFORM DISSOCIATION WITH EMDR THERAPY DOLORES MOSQUERA, PSY.;; COLIN ROSS, PH.D.

Somatoform dissociation is characterized by multiple somatic symptoms and troubling presentations that initially resemble physical illnesses, however, by definition, no physical explanation for the symptoms can be found. Clients with somatoform dissociation are often given multiple diagnoses and receive trials of multiple ineffective treatments. In the presenters' view, these symptoms are often intrusions of the sensory elements of unresolved traumatizing events, including childhood physical and sexual abuse, neglect and attachment failures. After discussing and defining somatoform dissociation and its placement in DSM-5, the presenters will provide practical examples on how to deal with such symptoms in EMDR therapy.

(Intermediate) 75% EMDR

## SESSION 236 RESEARCH PAPERS

- *"Treating Attachment Injuries with EMDR Therapy: Changes in Frontal Theta Cordance"* - Joyce Baptist, Ph.D., LCMFT; Zenova Williams; Chandra Lasley; Diane Grant
- *"EMDR Therapy with Veterans in Minnesota - Effectiveness, Efficiency, Satisfaction"* - Elaine Wynne, MA, LP; Hector Matascastillo
- *"Cerebral Blood Flow Changes During EMDR Therapy: A Comparison Between Two Cases Each Manifesting Predominantly Flashback and Dissociation"* - Tamaki Amano

- *"The Perceived Effect of Two Protocols of EMDR on Persons with Co-Occurring PTSD and Addictive Disorders"* - April Wise, Psy.D., MFT
- *"Neurofeedback Therapy Impact on EMDR Therapy"* - Carrie Carr, MA, LCPC; Reid Schwartz, Ph.D.

Each presenter will have 30 minutes to present their paper, followed by 5 to 6 minutes of Q&A each. Moderator: Ricky Greenwald, Psy.D.

(All Levels) 75% EMDR

## SATURDAY, AUGUST 27<sup>TH</sup>

8:30AM - 10:30AM  
1.5 CREDIT HOURS

## PLENARY SESSION 301 UNDERSTANDING AND TREATING CATASTROPHIC SHAME RICHARD CHEFETZ, M.D.

Shame wraps a mind in a caul of self-loathing, as if from birth onward, in the wake of interpersonal trauma. The withering of human potential that the shame spectrum of emotion provokes sometimes creates a paradoxical oasis of misery from which a suffering soul cannot seem to be coaxed. In this exploration, shame will become more visible through an understanding of its physiologic and somatic origins, relevant neurobiology, affect theory, role in attachment, and context in the organization of a multiple self-state model of mind. Entry points and pitfalls in the clinical approach to shame will also be explored.

(All Levels) 25% EMDR



Como Park Observatory

# WORKSHOP SCHEDULE

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## FULL DAY SESSION 11:00A.M. - 5:30P.M. 4.5 CREDIT HOURS

### SESSION 311 EMBODIED SIMULATION: HOW CAN RECENT DISCOVERIES IN NEUROSCIENCE RENDER EMDR THERAPY MORE ROBUST? URI BERGMANN, PH.D.

How can developmental neurobiology inform EMDR treatment? Is the unconscious/implicit mind important? Should the emphasis on verbal and symbolic, left hemispheric processing that dominates our field continue? Does today's knowledge of neural function redefine transference and countertransference? The past 20 years have evidenced an avalanche of neurobiological data regarding how the human brain develops in the context of somatosensory stimulation and relational attachment. This data charges us to become more aware, fluent and clinically comfortable with the right hemispheric functioning of our patients and ourselves as we engage in the dance of treatment. This seminar will integrate the data regarding the Default Mode Network and the Mirror Neuron System to illustrate the implications of this material with respect to current EMDR treatment, as well as techniques to render it more robust.

(Introductory) 20% EMDR

## 90-MINUTE SESSIONS 11:00A.M. - 12:30P.M. 1.5 CREDIT HOURS

### SESSION 321 EMDR THERAPY FOR PSYCHOTIC DISORDERS, INCLUDING SCHIZOPHRENIA: A CASE SERIES DISCUSSING THE GROWING CLINICAL EXPERIENCE AND INTERNATIONAL RESEARCH PAUL MILLER, M.D., DMH MRCPsych

Research around EMDR therapy for schizophrenia and psychosis is sparse: much

needs to be critically examined and peer reviewed. Case-reports describe how EMDR therapy has been successful in the treatment of these conditions and case-report evidence appears consistent internationally. Past trauma, when identified as an etiological factor to psychosis, when treated with EMDR therapy, results in its amelioration. PTSD can be safely and effectively treated in people with comorbid psychotic experiences, without destabilizing the psychotic condition. Phenomena such as 'dysfunctional core beliefs' can be tracked back to identify suitable targets for reprocessing. The ICoNN method proposes modifications that are in respect to the identification of targets. This AIP-informed understanding of psychosis explains pathology: guides therapeutic endeavor and is predictive of outcome.

(All Levels) 20% EMDR

### SESSION 322 CONFRONTING KIRSHNAMURTI, JACK NICHOLSON AND CLINICIAN AVOIDANCE WILLIAM ZANGWILL, PH.D.

This experiential workshop is designed to increase our awareness of the ways in which we and our clients avoid; offer the chance to experience the early origins of our own avoidance using the Floatforward and Floatback techniques and create a future template to address those times when we are being less than we could be. Nicholson, of *A Few Good Men* fame, thinks we can't handle the truth. For our sake and the sake of our clients, I hope he's wrong.

(All Levels) 100% EMDR

### SESSION 323 TEACHING KIDS TO PLAY EMDR THERAPY ANNIE MONACO, LCSW; ANN BECKLEY FOREST, LCSW-R, RPT-S

This presentation will address how to treat trauma in very young clients by integrating some play therapy principles with EMDR Therapy to engage children and help them to titrate the intensity of their

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feelings through the tactile grounding of active play. Through a combination of lecture, client videotapes and hands on practice, participants will learn how to use play-based kinesthetic learning, invite play narratives and allow children to approach traumatic material and engage in EMDR Therapy. We will look at creative ways apply bilateral stimulation and identify signs of dissociation and flooding in videotaped child sessions and practice grounding tools.

(Introductory & Intermediate) 90% EMDR

### SESSION 324

#### DEATH WITH PEACE AND DIGNITY: EMDR THERAPY AT THE END OF LIFE

MICHAEL KELLER, MSW, LCSW; JIM REISER, MA, MFT INTERN; BARBARA GANZEL, PH.D., MSW

EMDR therapy is well-suited for work with dying patients. It can help ease pain, reduce the impact of prior trauma on current well-being, and foster positive templates to facilitate peaceful dying. EMDR protocol fidelity is maintained where possible, but can be modified to fit life expectancy and mental status. Many dying patients are lucid and can engage in full EMDR therapy. Abbreviated protocols can follow the EMD model or selectively target current issues. Those with compromised mental status can usually do calming exercises (Phase 2) and then focus sufficiently on traumatic material so that positive change is observed during BLS.

(Intermediate & Advanced) 75% EMDR

### SESSION 325

#### MINDFULNESS AND THE 8 PHASE PROTOCOL AS A TEMPLATE FOR ADDICTIONS TREATMENT

STEPHEN DANSIGER, PSY.D., MFT

One new model for residential and outpatient addictions treatment proposes that readiness for EMDR therapy and treatment planning will take place best in an agency that utilizes mindfulness and adjunctive modalities at the center of its stabilization and

resourcing strategy, while using EMDR therapy, the AIP model and the 8-phase protocol as the theoretical orientation and primary practice on the clinical side. The theory and research behind this and current use of the model are explored through this presentation, including case studies and anecdotal evidence, with recommendations for further research and implications for future development of addictions treatment centers.

(Introductory & Intermediate) 80% EMDR

### HALF DAY SESSIONS

2:00P.M. - 5:30P.M.

1.5 CREDIT HOURS

### SESSION 331

#### THE IMPACT OF ATTACHMENT IN EMDR THERAPY: THEORY AND PRACTICE WITH VIDEO

ANDREW LEEDS, PH.D.; DOLORES MOSQUERA, PSY.

Insecure and disorganized attachments profoundly affect the developmental trajectory of the future adult. In those with an early history of trauma, childhood emotional neglect increases the risk of developing borderline personality and dissociative disorders. Understanding attachment classifications from the adaptive information processing perspective is crucial for case conceptualization and targeting sequence. Attachment organization impacts patients' abilities to provide a history, responses to the calm place and to reprocessing targets. This workshop will illustrate attachment patterns in EMDR therapy sessions and how to adapt interventions along the eight phases of EMDR therapy through videos and case examples.

(Introductory & Intermediate) 80% EMDR

### SESSION 332

#### ON A QUEER DAY: BEYOND TWO GENDERS

MICHEAL PECK, MA, MSW, PH.D.

How many genders exist? At birth, gender is defined by sex organs. We're labeled male or



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female—this is the gender binary. However, individuals with discordant gender assignment and gender identity have been documented since the 18th Century and have existed even earlier than that. The rise in gender variance among our clients, particularly in our younger clients, is of no surprise. Interactive and dynamic teaching tools will assist clinicians to better understand gender diversity, the neurological construction of gender, and neurosexism—with an emphasis on non-binary identities—and how to interweave this knowledge with effective 8-stage, 3-pronged EMDR therapy.

(Introductory & Intermediate) 100% EMDR

## SESSION 333

### NAVIGATING THE EMDR AND ADDICTION TREATMENT

#### MAZE - A CASE CON

#### CEPTUALIZATION WORKSHOP

HOPE PAYSON, LCSW, LADC; KATE  
BECKER, LCSW, RYT

Feeling lost in a maze of Feeling States, Detours and treatment barriers when working with clients with histories of trauma and addiction? Through the use of a scripted handout, diagrams that address critical decision points, client examples and videos we will increase your navigation skills. The workshop ends with a visual demonstration that reviews how the utilization of the eight phases and three prongs of EMDR therapy guided the treatment plan of a complex trauma client with a history of heroin addiction, prostitution and incarceration—ultimately leading to a positive outcome. Leave this workshop with a clearer sense of direction.

(Intermediate) 100% EMDR

## SESSION 334

### A CLINICAL MODEL FOR TREATING COMPLEX PTSD WITH EMDR THERAPY AMONG VETERANS AND TERRORISM SURVIVORS

E.C. HURLEY, DMIN, PH.D.

This presentation provides a model for effectively treating complex PTSD. It is designed to provide resources for persons treating military/veterans and other clinicians working with complex PTSD/DESNOS. Video and PowerPoint presentations are used to illustrate this approach for treating challenging PTSD cases with severe dissociative exhibitions as well as traumatic brain injury. Attendees will learn to incorporate treatment techniques in each of the eight phases of the standard protocol, phase by phase. This presentation describes EMDR therapy treatment formats including weekly, twice-weekly and intensive successive treatment provided once or twice a day for five and ten day periods.

(All Levels) 100% EMDR

## SESSION 335

### EGO STATE/PARTS WORK IN EMDR PSYCHOTHERAPY: FROM ESSENTIALS TO ADVANCED

ANDREW SEUBERT, LPC, NCC

This interactive, "how to" workshop stresses the need for integrating ego state/parts work with EMDR therapy and demonstrates via video clips, case presentation, and practice both basic and advanced aspects of this approach. Participants will learn how to recognize ego state presence, practice Fraser's "dissociative table" technique, learn four steps in working with parts, and explore three advanced topics of internal blaming, negative introjects and ego state attachment repair. Attention will be given to how and when this approach can facilitate EMDR therapy.

(All Levels) 10% EMDR

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## SUNDAY, AUGUST 28<sup>TH</sup>

**8:30A.M. - 10:30A.M.**  
**1.5 CREDIT HOURS**

**PLENARY SESSION 401**  
**ONCE A WARRIOR -**  
**ALWAYS A WARRIOR**  
**CHARLES HOGE, M.D.**

The Iraq and Afghanistan wars have produced 2.5 million combat veterans, with rates of PTSD and co-morbid health concerns comparable to previous war generations. Enormous resources have been directed at reducing stigma, expanding services, and research, with particular emphasis on delivering or refining prolonged exposure (PE) and cognitive processing therapy (CPT). However, these strategies have proved overly narrow, due to low engagement in care, high treatment drop-outs, and co-morbidities. This talk will provide an occupational and physiological perspective for understanding combat-related PTSD, and will synthesize evidence on established and emerging treatment strategies, including the role of EMDR therapy and related treatments, to foster optimal care for veterans.

(Advanced) 30% EMDR

**HALF DAY SESSIONS**  
**11:00A.M. - 3:30P.M.**  
**3 CREDIT HOURS**

**SESSION 431**  
**EMDR THERAPY FROM TRAUMA**  
**TO SPIRITUAL AWAKENING:**  
**A MINDFUL APPROACH**  
**IRENE SIEGEL, PH.D.**

Presentation focuses emergence of spiritual awakening and exceptional peak experience as EMDR therapist becomes a tool of consciousness, moving client from trauma to highest potential. Spontaneous integration of higher self or soul is utilized in positive resourcing, adaptive functioning, ego integration, cognitive interweaves, emotional stabilization, giving spiritual meaning to past,

present, and future, true to AIP model. Literature and research explain this evolutionary perspective as it converges with science and spirituality. Brain integration and processing link to skills of silent intuitive processes within interconnected field of energy and informational flow in EMDR therapy demonstrated through case presentation and experiential exercise.

(All Levels) 65% EMDR

**SESSION 432**  
**EMDR THERAPY PREPARATION**  
**FOR ADULTS WITH ATTACHMENT**  
**TRAUMA**  
**ANN POTTER, PH.D.; DEBRA**  
**WESSELMANN, MS, LIMHP**

The Preparation Phase of EMDR therapy is critical for stabilizing clients who have attachment trauma: Clients need to begin to access, strengthen, and utilize the AIP through repair of the internal structure of enmeshed and cut-off parts, and develop an internal "Resource Team" to assist them in desensitizing present-day triggers, guide them in the sequence and pacing of EMDR processing, and strengthen the installation of future templates. Participants will learn to prepare clients for participating in EMDR trauma processing through: 1) Safe Place installation with Adult and Child parts/ego states, 2) Internal restructuring and resource development, and 3) Strengthening the competent adult state.

(Intermediate) 60% EMDR

**SESSION 433**  
**THE NETWORK BALANCE MODEL**  
**APPLIED TO EMDR THERAPY, WITH**  
**CLINICAL ILLUSTRATION**  
**D. ERIC CHAMBERLIN, M.D.**

There is a revolution in Neuroscience based on the idea that the Brain is a Prediction Machine. This workshop will introduce participants to the science of "Predictive Coding", while reviewing the critical elements of memory reconsolidation. After learning these fundamentals recent developments

# WORKSHOP SCHEDULE

MAIN CONFERENCE

in our understanding of neural networks will be described. You will be introduced to the three principal "resting state networks" (nicknamed the Me, Feel, and Deal networks) and their functions. By combining Predictive Coding, memory reconsolidation, and "resting state networks", the Adaptive Information Processing Model will be illustrated on a biological level. Case vignettes and video will provide clinical illustration. (Introductory) 85% EMDR

## SESSION 434 INTRODUCTION TO SOMATIC & ENERGETIC RESOURCING DEBRA LITTELL, MA, LMHC

This introduction provides participants an overview of using Somatic & Energetic Resourcing activities in Phase 2 of EMDR therapy to assess resources, assess a client's readiness for reprocessing, develop resources and contribute to treatment planning. Experiential activities can identify hidden issues that could show up in reprocessing, ie: undetected dissociation, problems with the therapeutic relationship, emotional overwhelm, neurological issues. Participants will learn how a clinician's resources, or lack of, impacts their client's success developing resource. Some experiential activities will be introduced.

(All Levels) 50% EMDR

## SESSION 435 HEALING THE ORIGINS OF TRAUMA: EMDR PSYCHOTHERAPY FOR CHILDREN EXPOSED TO VIOLENCE AND ABUSE ROBBIE ADLER-TAPIA, PH.D.

This workshop will review mandated reporting responsibilities for mental health professionals who work with children and adolescents and meet licensing requirements. Trauma reprocessing through the 8 phases of EMDR Therapy ignites the healing of abuse histories that drive the origins of trauma. The ACES research has documented that child abuse histories fuel medical issues in adulthood; therefore, identifying and treating

child abuse with EMDR therapy can return children to a health trajectory for their futures and prevent long term suffering.

(Intermediate) 75% EMDR

## SESSION 436 NO HEALING WITHOUT TRUTH PART II: MILITARY VETERANS, MORAL INJURY AND SUCCESSIVE DAYS - EMDR THERAPY AT TRR'S WARRIOR CAMP®

EVA USADI, MA, BCD; REV. SEAN  
LEVINE, MA, M.DIV., CPT. US ARMY;  
ROY KIESSLING, LISW

EMDR therapy has and will continue to play a significant role in healing combat trauma. Trauma and Resiliency Resources will present a single case study describing our EMDR Therapy Protocol for WC® (twice-daily/ successive days) that adheres to the 8-phase protocol and guides our clinicians in navigating each session so that warriors receive maximum therapeutic benefit from this aspect of our integrated treatment program. We will then discuss the seamless weaving together of EMDR, Equine Assisted Psychotherapy, Yoga, and Narrative Writing during this intensive week long program, highlighting our approach to Moral Injury in detail.

(All Levels) 45% EMDR

**REGISTER BY JULY 1<sup>ST</sup>  
TO RECEIVE THE  
EARLY BIRD  
DISCOUNTED RATE!**



# 2016 EMDRIA CONFERENCE REGISTRATION FORM

## AUGUST 25-28, 2016 | MINNEAPOLIS, MN

Please read all instructions carefully and complete all required portions of this form; failure to complete all required portions will result in a delay in processing. If you have any questions regarding this form or the registration process, please call EMDRIA at 512.451.5200 or Toll Free (US & Canada) at 866.451.5200.

Please print your name as you want it to appear on your Conference Badge. If you are joining as a new EMDRIA member, please make sure the address you list is your Directory Listing. **PLEASE PRINT LEGIBLY.**

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**FIRST NAME** **LAST NAME** **CREDENTIALS**

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**EMDRIA MEMBER ID** **LICENSE #**

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**CONTACT ADDRESS**

---

**CITY** **STATE** **ZIP** **COUNTRY**

---

**WORK PHONE** **CELL PHONE**

---

**EMAIL ADDRESS**

---

**EMERGENCY CONTACT NAME** **EMERGENCY CONTACT PHONE NUMBER**

### CONFERENCE PRICING

\*Please call EMDRIA to register for two single days\*  
(All prices in USD)

	<b>EARLY REGISTRATION</b>	<b>REGISTRATION</b>
	<b>(BY JULY 1ST)</b>	<b>(AFTER JULY 1ST)</b>

<input type="checkbox"/> Pre-Conference Only   Member	\$170	\$200
<input type="checkbox"/> Pre-Conference Only   Non-Member	\$220	\$250
<input type="checkbox"/> Pre-Conference Only   Student	\$75	\$75
<input type="checkbox"/> Main Conference Only   Member	\$435	\$485
<input type="checkbox"/> Main Conference Only   Non-Member**	\$555	\$605
<input type="checkbox"/> Main Conference Only   Student	\$150	\$150
<input type="checkbox"/> Pre-Conference & Main Conference   Member	\$530	\$580
<input type="checkbox"/> Pre-Conference & Main Conference   Non-Member**	\$655	\$705
<input type="checkbox"/> Pre-Conference & Main Conference   Student	\$200	\$200
<input type="checkbox"/> Single Day of Main Conference   Member	\$205	\$235
<input type="checkbox"/> Single Day of Main Conference   Non-Member	\$260	\$290
<input type="checkbox"/> Single Day of Main Conference   Student	\$75	\$75

Friday  Saturday  Sunday

*\*\*All Non-Members who register for the Conference will receive a complimentary one-year membership to EMDRIA. Please Note: You must be a NEW EMDRIA Member, not a previous EMDRIA member.*

# WORKSHOP SELECTION

Workshops selections will be granted according to availability, according to the date your registration is received.

## PRE-CONFERENCE

**THURSDAY | AUGUST 25TH**

**FULL DAY SESSION | 8:30AM - 3:30PM**

Session 101       Session 102       Session 103

## MAIN CONFERENCE

Saturday you can either choose to attend a full day session or choose both a morning and afternoon session.  
Please Note: The Opening Address and Plenaries are not listed below because you will automatically be registered for those each day that you are registered for the Conference.

**FRIDAY | AUGUST 26TH**

**90-MINUTE SESSION | 11:00AM - 12:30PM**

Session 221       Session 222       Session 223  
 Session 224       Session 225       Session 226

&

**HALF DAY SESSION | 2:00PM - 5:30PM**

Session 231       Session 232       Session 233  
 Session 234       Session 235       Session 236

**SATURDAY | AUGUST 27TH**

**FULL DAY SESSION | 11:00AM - 5:30PM**

Session 311

OR

**90-MINUTE SESSION | 11:00AM - 12:30PM**

Session 321       Session 322  
 Session 323       Session 324       Session 325

&

**HALF DAY SESSION | 2:00PM - 5:30PM**

Session 331       Session 332  
 Session 333       Session 334       Session 335

**SUNDAY | AUGUST 28TH**

**HALF DAY SESSION | 11:00AM - 3:30PM**

Session 431       Session 432       Session 433  
 Session 434       Session 435       Session 436

# CONTINUING EDUCATION CREDITS

You must attend the sessions in their entirety to receive credits.

- EMDRIA
- APA
- NBCC
- MFT
- NY-SW

- California BBS
- NASW
- ANCC (Nurse)
- ACCME (Physician)
- NONE

## AWARDS DINNER TICKETS

The deadline to RSVP or purchase dinner tickets is August 1st

Do you plan on attending the Awards Dinner? (Registration includes one ticket):

Yes  No

Will you need additional tickets to the Awards Dinner?

Yes  No

If yes, how many tickets? Additional tickets are \$60.00 each.

\_\_\_\_ Number of tickets

## SPECIAL ACCOMMODATIONS

Do you require special accommodations?

Yes  No

*\*EMDRIA is unable to accommodate individual dietary preferences\**

If yes, please specify: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## GENERAL INFORMATION

Are you a first-time EMDRIA Conference attendee?

Yes  No

In order to plan for adequate seating please indicate if you plan on attending the Opening Address on Thursday, August 25th from 4:00PM - 5:00PM?

Yes  No

May EMDRIA make your information available to 2016 Exhibitors?

Yes  No

## CONFERENCE FEE TOTALS

Please combine all subtotals to come up with the final total.

Conference Registration: \$ \_\_\_\_\_

EMDRIA Memorial Scholarship Donation (Optional): \$ \_\_\_\_\_

Extra Dinner Tickets (Optional): \$ \_\_\_\_\_

**TOTAL:** \$ \_\_\_\_\_



# EMDRIA

## CONFERENCE

AUGUST 25-28, 2016 • MINNEAPOLIS, MINNESOTA

### **PAYMENT INFORMATION**

(in USD only)

Payment Method: Check # \_\_\_\_\_

Credit:  Visa  Mastercard  Discover

Credit Card # \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Expiration Date: \_\_\_\_\_ Billing Zip Code: \_\_\_\_\_

Name on the Card: \_\_\_\_\_

Signature: \_\_\_\_\_

### **SUBMIT FORM**

Please double check that you have completed all areas of the form before submitting.  
Failure to complete all required portions will result in a delay in processing.

**Mail To:** EMDRIA  
Attn: Conference Registration  
5806 Mesa Drive, Suite 360  
Austin, TX 78731

**Fax To:** 512.451.5256  
(Make sure you fax both sides of this form)

For questions, please call EMDRIA at 512.451.5200 or  
Toll-Free (US & Canada) at 866.451.5200.

For more information on the 2016 EMDRIA Conference,  
please visit [www.emdriaconference.com](http://www.emdriaconference.com).





EMDR INTERNATIONAL ASSOCIATION  
5806 MESA DR., SUITE 360  
AUSTIN, TX 78731



**REGISTER TODAY!**