

2003
EMDR International
Association Conference

September 18 - 21, 2003

Acknowledgements

The EMDR International Association wishes to acknowledge the EMDRIA Administrative Staff and Conference Committee volunteers for their hard work and devotion in putting together the 2003 EMDRIA Conference. Special appreciation is also expressed for all those volunteering their time to present and work at the Conference. We couldn't have done it without you.

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Roy Kiessling, LISW
Andrew Leeds, Ph.D.

Opening Reception

Thursday, September 18th

5:30pm to 7:00pm

Please join us for this year's Opening Reception to be held in the **Tower Exhibit Foyer**. There will be hors d'oeuvres and a cash bar. Take this opportunity to meet others attending this year's Conference or catch up with old friends. Everyone is welcome!

EMDRIA General Membership Meeting

Friday, September 19th

5:30pm to 6:30pm

Members and Non-Members of EMDRIA are encouraged to attend. The meeting will be held in the **Majestic Ballroom**. This meeting is designed to provide you with updates on what our organization has accomplished in the past year and our vision for the upcoming year. Come and be introduced to our Board of Directors and Officers and Committee Chairs. Find out what's new and what's going on with EMDRIA and how you can get involved.

EMDR HAP Dance

Friday, September 19th

8:00pm to 12:00am

Come join the EMDR Humanitarian Assistance Programs for a Dance in the **Grand Ballroom** featuring live music by *Fredi Soul Shakers* and a cash bar. Tickets are \$20, and all proceeds will benefit EMDR HAP.

Regional Coordinating Breakfast

Saturday, September 20th

7:00am to 8:00am

The Regional Coordinating Committee will be hosting a breakfast meeting for all Regional Coordinators which is scheduled to begin around 7:00am on Saturday, September 20th. Interested attendees may pick up their continental breakfast from the Exhibit Area and then meet with the RC Committee and other participants in **Tower Court D**. At the meeting, nominees for Outstanding Regional Coordinator will share their experiences and suggestions. We hope you will be able to join us and would like to invite all of you to also share some of your activities at our meeting and perhaps take home some new ideas to implement in your region. The Outstanding Regional Coordinator will be honored at the Awards Luncheon on Saturday.

Awards & Recognition Luncheon

Saturday, September 20th

12 Noon to 2:00pm

In recognition of those who have dedicated their time, expertise, and knowledge to the preservation and growth of EMDR, we invite you to join us at the annual Awards & Recognition Banquet. This event will be held in the **Grand Ballroom** of the hotel.

Formal Poster Sessions and Closing Reception

Saturday, September 20th

6:00pm to 7:30pm

Please join us in the **South Convention Lobby** for hors d'oeuvres and cocktails as you stroll and converse with poster authors as they present their posters for questions and comments.

Special Interest Group Meetings

Friday - Sunday

* See below for times

Pre scheduled meetings are as follows:

FRIDAY "Special Interest Group" MEETINGS

EMDR and Psychoanalysis	6:30pm to 7:30pm	Colorado Room
EMDR and Writing	12 Noon to 1:15pm	Tower Court A

SATURDAY "Special Interest Group" MEETINGS

EMDR with Children & Adolescents	5:00pm to 6:00pm	Colorado Room
EMDR and Eating Disorders	5:45pm to 6:30pm	Tower Court A

SUNDAY "Special Interest Group" MEETINGS

EMDR and Peak Performance	12 Noon to 1:15pm	Tower Court A
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Conference at a Glance

The EMDR International Association strives to provide a Conference dedicated to high quality presentations by trained clinicians and researchers to establish, maintain, and promote the highest standards of excellence and integrity in EMDR practice, research, and education. With this in mind, our goal is to keep participants informed on the most current research and findings in EMDR as it pertains to EMDR practitioners and researchers.

Friday

Registration Open
7:00am - 5:00pm

Welcome Address
8:00am - 8:30am

*by Rosalie Thomas, RN, Ph.D.
& Carol York, MSSW, LMSW-ACP*

Plenary - Session 201
8:30am - 10:00am
with Daniel Amen, M.D.

Session 202
10:30am - 5:00pm

Sessions 203 - 209
10:30am - 12 Noon

Lunch (on your own)
12 Noon - 1:30pm

Sessions 210 - 213
1:30pm - 5:00pm

Sessions 214 - 216
1:30pm - 3:00pm

Sessions 217 - 219
3:30pm - 5:00pm

EMDRIA General Membership Meeting
5:30pm - 6:30pm

Saturday

Registration Open
7:00am - 5:30pm

Plenary - Session 220
8:30am - 10:00am
with Francine Shapiro, Ph.D.

Session 221
10:30am - 5:30pm

Sessions 222 - 227
10:30am - 12 Noon

Lunch - Awards & Recognition Luncheon
12 Noon - 2:00pm

Sessions 228 - 232
2:00pm - 5:30pm

Sessions 233 - 234
2:00pm - 3:30pm

Sessions 235 - 236
4:00pm - 5:30pm

**Formal Poster Sessions
and Closing Reception**
6:00pm - 7:30pm

Thursday

Pre Conference Registration
7:00am - 8:30am

**Pre Conference
Sessions 101, 102, & 103**
8:30am - 5:00pm

Lunch (on your own)
12 Noon - 1:30pm

Early Registration for Main Conference
2:00pm - 7:00pm

Opening Reception
5:30pm - 7:00pm

Sunday

Registration Open
8:00am - 12 Noon

Plenary - Session 237
8:30am - 10:00am
with Peter A. Levine, Ph.D.

Sessions 238 - 239
10:30am - 5:00pm

Sessions 240 - 243
10:30am - 12 Noon

Lunch (on your own)
12 Noon - 1:30pm

Session 245
1:30pm - 5:00pm

Sessions 246 - 247
1:30pm - 3:00pm

About the Guest Speakers

DANIEL G. AMEN, M.D., is a psychiatrist, brain imaging specialist, and director of The Amen Clinics, in Newport Beach and Fairfield, California and Tacoma, Washington. He is a nationally recognized expert in the fields of “the brain and behavior” and “brain SPECT imaging.” Dr. Amen has pioneered the use of brain imaging in clinical psychiatric practice. Dr. Amen is the author of numerous professional and popular articles and 19 books, including, *Change Your Brain, Change Your Life* (a New York Times bestseller), *Healing ADD*, *Healing the Hardware of the Soul*, *Healing Anxiety and Depression* (release in August, 2003) and *Preventing Alzheimer’s Disease* to be released in January 2004.

DON BEERE, Ph.D., ABPP, has over 3- years’ experience as a general practitioner specializing in helping people who suffer from trauma and dissociation. He is currently in private practice in the greater Cincinnati area, living in Northern Kentucky. Before he moved south, he was for 29 years a full-time, tenured faculty member in the Psychology Department at Central Michigan University and served as Director of Clinical Training of the department’s accredited doctoral program in clinical psychology. He chaired three dissertations focusing on EMDR. In the early 90’s, he was the Michigan Network Coordinator for EMDR and sponsored five workshops that “brought EMDR to Michigan”. He is a facilitator and a Certified Therapist and Consultant in EMDR. He co-authored (2002) with Ken Welch, “Eye Movement Desensitization and Reprocessing: A Treatment Efficacy Model”, in *Clinical Psychology and Psychotherapy*, 9(3), 165-176. The prior year (2001) he authored with Welch and Simon, “Recommendations and Illustrations for Combining Hypnosis and EMDR in the Treatment of Psychological Trauma” in the *American Journal of Clinical Hypnosis*, 43, 217-231. Don was a member of the Executive Committee of the International Society for the Study of Dissociation (ISSD) from 1999-2002. He has presented and authored many papers on dissociation and has developed one of the few current theories of dissociation. The theory is empirical and phenomenological, and attempts to explain dissociation via perceptual mechanisms. In the last five years he has begun to apply the theory to treatment. He is one of 23 mental health professionals world-wide selected by ISSD to teach a course on the Psychotherapy of the Complex Dissociative Disorders. Most recently, he co-authored (2001), “The Responses of Dissociative Patients on the Thematic Apperception Test (TAT)” in the *Journal of Clinical Psychology*, 57(7), 847-864. As well, Don is an artist and has written an as-of-yet-unpublished novel. He teaches Tai Chi and is a Certified Tai Chi for Arthritis Instructor.

DICK BRUSO, an accomplished speaker and communications authority, presents entertaining high content keynote speeches and workshops throughout the United States and Canada. He is an active member of the National Speakers Association (NSA), NSA/Colorado, and the Colorado Society of Association Executives. Dick has extensive experience serving as a volunteer for various nonprofit organizations. Positions he has occupied include Chairman of the Board for the Rocky Mountain Family Council, President of the Christian Management Association – Denver Chapter, member of the board of directors for NSA/Colorado, and member of the NSA National PR Advisory Task Force. In addition, he has overseen and served on numerous committees for a variety of organizations. As a successful marketing/media consultant and master networker, Dick helps organizations create marketing/relationship-building strategies and develop profitable marketing, promotional, and media related tools.

DEBORAH L. KORN, Psy.D., is the former Clinical Director of the Women’s Trauma Programs at Charter Brookside Hospital in New Hampshire and Charles River Hospital in Massachusetts. Dr. Korn maintains a consultation and psychotherapy practice in Needham, Massachusetts and serves as a Senior Supervisor at The Trauma Center in Allston, Massachusetts. She is currently involved in an NIMH-funded study of EMDR vs. Prozac in the treatment of PTSD with Dr. Bessel van der Kolk at The Trauma Center. She has been an EMDR facilitator and instructor with the EMDR Institute for the past nine years and has been a regular presenter at EMDR International Association conferences. Dr. Korn presents and consults nationally and internationally on EMDR and the treatment of adult survivors of childhood abuse and neglect. She is the first author (along with Andrew Leeds, Ph.D.) of an article entitled “Preliminary Evidence of Efficacy for EMDR Resource Development and Installation in the Stabilization Phase of Treatment of Complex Posttraumatic Stress Disorder”, published in the *Journal of Clinical Psychology* in 2002.

ANDREW M. LEEDS, Ph.D., is a California licensed Psychologist and MFT with 28 years of private practice psychotherapy experience. As a Senior Trainer for the EMDR Institute he has conducted EMDR training for over 7,500 clinicians at 100 training programs in the United States, Canada, France, England, and Japan. Since 1999, 3,000 clinicians have attended his “Strengthening the Self” series of EMDRIA Credit approved workshops on the NeuroAffective Model of therapy. In 1996, he helped establish and through 2000 served as moderator of the EMDR Institute discussion list on the Internet. Dr. Leeds has been an invited presenter at 6 EMDRIA Conferences. He has published two book chapters and several journal articles on his work extending EMDR for survivors of severe early neglect and abuse. In 1999, Dr. Leeds was awarded the EMDR Institute’s Ronald A. Martinez Memorial Award and an EMDRIA award for service and contributions to the evolution of EMDR.

PETER LEVINE, Ph.D., was a stress consultant for NASA on the development of the space shuttle project. He is a member of the Institute of World Affairs Task Force of "Psychologists for Social Responsibility" and serves on the "Presidential Initiative on Ethnopolitical Warfare."

Dr. Levine received his Ph.D. in medical biophysics from the University of California at Berkeley, and also holds a doctorate in psychology from International University. He is the developer of "Somatic Experiencing" and teaches trainings in this work throughout the world. Peter is the author of the best selling book *Waking the Tiger - Healing Trauma*, available in eight languages as well as three audio learning series for "Sounds True": *Healing Trauma, Restoring the wisdom of the Body; It Won't Hurt Forever, Guiding Your Child Through Trauma; and Healing Sexual Trauma-Transforming the Sacred Wound*.

LAUREL PARNELL, Ph.D., is a clinical psychologist who has been treating clients with trauma-related problems since 1979. She is an internationally recognized clinician, author, consultant, and EMDR trainer. She is the author of two books on EMDR: *Transforming Trauma: EMDR and EMDR in the Treatment of Adults Abused as Children*. Other publications include, "Eye Movement Desensitization and Reprocessing and Spiritual Unfolding" in the *Journal of Transpersonal Psychology*, and "Post-partum Depression: Helping a New Mother to Bond" in *Extending EMDR*. Dr. Parnell has presented on EMDR at many professional conferences and has been interviewed for television, radio, and newspapers. Dr. Parnell has a private practice in San Rafael, California.

FRANCINE SHAPIRO, Ph.D., the originator and developer of EMDR, is a Senior Research Fellow at the Mental Research Institute, Palo Alto, California, and President Emeritus of the EMDR Humanitarian Assistance Programs, a non-profit organization that coordinates disaster response and pro bono trainings worldwide. She is a recipient of the International Sigmund Freud Award, for distinguished contribution to psychotherapy, of the City of Vienna and the Distinguished Scientific Achievement in Psychology Award presented by the California Psychological Association. She has served as advisor to a wide variety of trauma treatment and outreach organizations and journals and has been an invited speaker on EMDR at numerous major psychology conferences worldwide, including two divisions of the American Psychological Association and the American Psychological Society Presidential Symposium on PTSD. She has written and co-authored more than 50 articles and chapters and books about EMDR, including *Eye Movement Desensitization and Reprocessing: Basic Principles, Protocols and Procedures* (Guilford Press), *EMDR: The Breakthrough Therapy for Overcoming Anxiety, Stress and Trauma* (Basic Books) and *EMDR as an Integrative Psychotherapy Approach* (American Psychological Association Books).

ROBERT H. TINKER, Ph.D., P.C., a licensed psychologist in private practice since 1975 in Colorado Springs, specializes in EMDR treatment for adults and children. He is senior author of *Through the Eyes of a Child: EMDR with Children* (W.W. Norton, 1999). Dr. Tinker is author and co-author of a number of published EMDR articles. He is a specialty trainer of EMDR for children, and has trained therapists around the world in the application of EMDR with children. He is an EMDRIA Approved Consultant.

SANDRA A. WILSON, Ph.D., is Executive Director and Founder of the Spencer Curtis Foundation in Colorado Springs, which conducts treatment outcome studies of EMDR with special populations, and initiates humanitarian projects to provide psychological services in needed areas. Dr. Wilson's research has been published in the scientifically rigorous *Journal of Consulting and Clinical Psychology* ('95 and '97), and in the *International Journal of Stress Management* (2000). She is second author of *Through the Eyes of a Child: EMDR with Children*. She is an EMDRIA Approved Consultant and Trainer. She and Dr. Tinker are married to each other.

PRE CONFERENCE

8:30am - 5:00pm
FULL DAY SESSIONS

SESSION 101

The Dissociative Disorders: Update, Current Research, and Applications of EMDR

Don B. Beere, Ph.D., ABPP

This workshop will focus on current advances in the dissociative disorders, emphasizing scientific information supporting the diagnosis, recent advances in assessment, and the most current advances in treatment. The application and appropriateness of EMDR will be emphasized throughout the workshop and the most current applications of EMDR with dissociative disorders presented. Data will be presented that support EMDR-interventions with the dissociative disorders. (BIA)

SESSION 102

EMDR in the Treatment of Adults Abused as Children

Laurel Parnell, Ph.D.

EMDR therapists need specific and advanced understanding of the EMDR method as well as additional skills to complete treatment successfully. In this workshop the overall course of treatment with EMDR is briefly outlined, but specific areas are focused on in more detail. These areas include: (1) The development and installation of resources; (2) strategic target development including the bridging technique; (3) modifications of the standard EMDR procedural steps; (4) techniques for unblocking blocked processing including advanced interweave strategies; and (5) techniques for closing incomplete sessions. (IA)

SESSION 103

EMDR, the Emerging Science of Trauma, and Application to the Treatment of Children

Robert H. Tinker, Ph.D.; Sandra A. Wilson, Ph.D.

It is increasingly recognized that psychological trauma causes neurophysiological dysregulation in children, which then alters their developmental course. In this full-day seminar, we will present an organizational framework that clarifies how trauma-based diagnosis relates to traditional nosological systems, such as DSM-IV, and ICD-10, and how to treat these symptoms of dysregulation using EMDR. We will illustrate these concepts with videotapes of EMDR treatment sessions with children. These video segments will cover a variety of applications with children of different ages, including single traumas, multiple traumas, complex disorders of childhood, attachment issues, dissociation, and group application of EMDR with war refugee children. Following the workshop, participants will be able to discuss and understand the above topics. (BIA)

MAIN CONFERENCE

8:30am - 10:00am
OPENING PLENARY

SESSION 201

Brain SPECT Imaging in PTSD and EMDR

Daniel Amen, M.D.

Brain SPECT imaging provides a window into brain activity and helps us understand the underlying physiology of many neurological and psychiatric illnesses. Specific psychological and medical treatments enhance or change brain function. In this lecture, Dr. Amen will describe his extensive clinical experience and research into posttraumatic stress disorder and EMDR. He has been involved in performing before and after brain SPECT scans for PTSD patients for several years and recently completed a formal research project with Karen Lansing on PTSD and EMDR. The results of the study will also be discussed. (BIA)

10:30am - 5:30pm
FULL DAY WORKSHOP

SESSION 202

Change Your Brain, Change Your Life: Breakthrough Information on Seeing and Healing the Brain

Daniel Amen, M.D.

Utilizing the latest, most sophisticated brain imaging technology in medicine, physician and clinical neuroscientist Daniel Amen will give you an intimate look into a "working brain." Based on his brain imaging work with over 16,000 brain SPECT studies, Dr. Amen will teach you what specific parts of the brain do, and graphically show what happens when things go wrong, illustrated by many case stories and a number of the actual brain images. He will correlate different brain patterns with specific feelings and behaviors, such as moodiness, irritability, conflict avoidance, worrying and temper outbursts, along with certain common psychiatric disorders such as depression, attention deficit disorder, anxiety, and substance abuse. In addition, there will be prescriptions for healing each part of the brain, including cognitive, behavioral, nutritional and medicinal strategies. (BIA)

10:30am - 12 Noon
90 MINUTE WORKSHOPS

SESSION 203

Enthusiastic Members = Dynamic Results

Dick Bruso

(Please Note: No CE credits will be awarded for this session.) EMDRIA is a rapidly growing organization that needs and welcomes increased member participation on the Board of Directors, in Regional Coordinator positions, and on various Committees. This powerful and practical workshop, under the auspices of the new Leadership Academy, is designed to encourage and prepare members for such participation. This is a great opportunity to learn how to best use your gifts, talents, and abilities to successfully move EMDRIA forward in the years to come. Your enthusiastic involvement and commitment is guaranteed to produce dynamic results for EMDRIA and the practitioners it serves.

THURSDAY

FRIDAY

SESSION 204

Treating Headaches with EMDR

Steven Marcus, Ph.D.

We will begin with an overview of the etiology and mechanics of migraine and tension headaches. During this seminar the three components of this method of headache treatment utilizing EMDR will be demonstrated and discussed. Participants will be taught to identify the types of headaches that can be successfully treated with this method and distinguish where this treatment is contraindicated. Advanced diaphragmatic breathing techniques, one of the components of this method, will be demonstrated and practiced. The goal of this workshop is that upon completion you can begin to practice an effective, non-pharmaceutical, EMDR based treatment for headaches. (A)

SESSION 205

Choosing the Right EMDR for the Right Client at the Right Time: A Systematic Approach to More Effective EMDR Implementation

William Zangwill, Ph.D.; Phyllis Kominsky, Ph.D.; Cindy Browning, CSW
Substantial variation exists in how, when, and with which clients' clinicians use EMDR. Some clinicians use EMDR early in their work with clients, others spend considerable time on affect management and resource development prior to using standard EMDR. Those in favor of more rapid implementation argue that for many clients' delays in starting EMDR is an unnecessary waste of time and resources. Other EMDR clinicians worry that clients may be harmed by undertaking EMDR processing without extensive prior stabilization. This workshop presents a systematic, comprehensive model to help EMDR clinicians best determine what factors to evaluate in deciding when and how to proceed. (BIA)

SESSION 206

Minding the Body: Integrating EMDR & Somatic Psychotherapy

Janina Fisher, Ph.D.

The need to address subcortical components of PTSD is critical to trauma work, especially with clients who cannot modulate arousal, tolerate positive affect, or maintain mindful states. With such clients, the use of Sensorimotor Psychotherapy in conjunction with EMDR can enhance the effectiveness of both treatments. Sensorimotor Psychotherapy techniques can be utilized to increase affect and autonomic tolerance, to embody EMDR-acquired resources, and to increase the effectiveness of EMDR processing by facilitating an optimal level of arousal. This workshop will introduce participants to Sensorimotor Psychotherapy and describe the integrated use of both modalities to enhance trauma processing. (I)

SESSION 207

After the World Trade Center Disaster - Use of the EMDR Recent Events Protocol

Gina Colelli, CSW

The Recent Events Protocol was used extensively in the treatment of World Trade Center survivors, first responders and recovery workers. In this workshop we will review the Recent Events Protocol and discuss the utilization in treating Post Traumatic Stress Disorder (PTSD). The workshop will describe when it is appropriate to modify the Recent Events Protocol. Clinical examples for civilian and non-civilian personnel will be presented. Specific techniques will be described on how to reprocess PTSD symptoms in 5 sessions or less even when the client has significant previous traumatic memories. The contrast in using the protocol for PTSD symptoms as compared to grief will be discussed. (IA)

SESSION 208

Ghosts in the Nursery: Interrupting the Cycle of Poor Parenting

Debra Wesselmann, MS, LPC

Parents' earliest experiences in childhood directly impact their attachment relationships with their own children. The presenter will identify specific negative cognitions which directly impede parent's interactions with their children. Participants will learn strategies for engaging parents in the therapy and helping parents increase their capacity to attune emotionally and to nurture. The "floatback technique" will be outlined as a method for increasing parental insight and helping parents identify past traumas related to current negative responses to their children, which can then be reprocessed through EMDR. Installation of a future template for more effective parenting will also be demonstrated. (IA)

SESSION 209

Enhancing Somatic Interventions in EMDR

Melanie Smithson, MA, ADTR, LPC

The somatic intervention is key to effective EMDR processing. It makes every possible use of EMDR more effective, whether it be trauma work, performance enhancement or resource development. How then, do we maximize the potential for healing with EMDR through our somatic interventions? In this workshop, specific methods for enhancing somatic intervention will be presented. We will experience some of these methods and review cases where others have been used effectively. We will look at blending movement and creative modalities to flush out the wisdom in the body and enhance EMDR therapy. (BIA)

1:30pm – 5:00pm HALF DAY WORKSHOPS

SESSION 210

Integrating EMDR and Psychoanalytic Psychotherapies

Ruth Heber, Ph.D.; Colette Linnihan, CSW; Pamela Butler, Ph.D.; Jennifer Leighton, CSW; Jim Knipe, Ph.D.

The symposium will explore integration of EMDR into analytic framework and promote a dialogue among clinicians of various orientations. The chair will provide overview and panelists will present three cases representing somewhat different orientations. Issues addressed will include reason for doing EMDR, timing, ways of introducing and incorporating EMDR, relational considerations, and challenges of identifying and dealing with such phenomena as transference, countertransference, enactment or resistance. Discussant will provide additional perspective by reframing some analytic constructs in term of the EMDR trauma-based, information processing model. Second part will consist of audience participation and discussion. Case materials are invited. Clinicians from all perspectives (analytic, cognitive, etc.) are encouraged to participate. (BIA)

SESSION 211

Open Forum to Share Clinical Uses of EMDR with Child/Adolescent Population

Facilitated by the EMDRIA Child/Adolescent Special Interest Group Chairs

Terry Becker-Fritz, MS, RN, CS; Suzie Carson, LISW; Laurie Donovan, LMST, LMSW-ACP; Mary Froning, Psy. D.; Marsha Heiman, Ph.D.; Susan Packwood, LMSW-ACP, LMFT, CGP; Gary Peterson, MD; Barbara Peck, LPC, Med, Doctoral Candidate

Many clinicians who work with children and adolescents struggle with applying the basic protocol for EMDR for this population. It can feel overwhelming for the clinician to be creative within their own practice without support for what they are doing, or suggestions on other strategies that may be more effective. This conversation hour session, lasting 3 hours, will provide a panel of professionals from different fields of expertise to lead a discussion of clinical applications of EMDR when treating children

and adolescents. Topics that will be presented and followed with audience discussion include use of EMDR with the following: attachment disorders, children and adolescents in residential treatment, dissociative disorders, sexually reactive kids, children with AD/HD, and unresolved grief issues. The members of the panel are the current chairs of the Child/Adolescent SIG who will share their expertise with the audience. (IA)

SESSION 212

Don't Go with That!

Philip Manfield, Ph.D.

For some clients and in some situations, "Go with that" is not effective. In these situations "go with that" will lead to looping at best, but most likely to a flat unproductive session or the opposite, an unfinished session with many new and sometimes only loosely related unresolved issues. In this workshop, we will identify these clients and those situations. Using video, structured role play, and transcripts, participants will learn strategies for elaborating targets for these clients that will minimize the occurrence of these situations, and for effectively responding to these situations when they do occur. (BIA)

SESSION 213

EMDR From the Heart: A Relational View of Healing Traumatic Memories

Mark Dworkin, MSW

Many memories, explicit and implicit, and their concomitant sensations, are stimulated intersubjectively, spontaneously, and continuously, forming a multiplicity of feedback loops from clinician to client. This workshop is designed to raise the awareness of the clinician's witting and unwitting participation in these processes. Transfereential remarks may become sources of potential targeting, which may spontaneously bring the client back to old unfinished material. Somatosensory countertransfereential reactions may serve as sources of rich data to identify and work out blocks at a moment that a session seems to stall. The Relational Interweave, a relatively new intersubjective strategy, takes reactions of clinician and client into account and opens opportunities for new and more powerful links to positive neural networks enhancing the work. This workshop will teach rapid methods of identifying and sequencing and intervening in these intersubjective processes. (BIA)

1:30pm to 3:30pm EMDR MASTERS SERIES

SESSION 214

EMDR MASTERS SERIES - I

Deborah Korn, Psy.D.

EMDR MASTER Clinicians will present case examples that outline case conceptualization, treatment planning, and course of treatment. Each presenter will demonstrate 1) the essential elements of EMDR, 2) provide conceptual clarity as to when and why to use EMDR, 3) demonstrate perceptual fidelity using interventions, when interventions are needed and how much is needed, 4) provide clarity about why, when, and where to adapt the protocol given the client's clinical needs. (BIA)

1:30pm - 3:00pm 90 MINUTE WORKSHOPS

SESSION 215

Improving Survivor's Health with Integrated EMDR and Ego State Treatment

Carol Forgash, LCSW

This workshop will present an EMDR and Ego State integrated approach dealing with the health problems of child sexual abuse survivors (CSAS). These problems are exacerbated by dissociative and PTSD symptoms and may have affected clients accessing health care. These complex clients require a tri-phased treatment approach which includes an extended preparation phase (to help the CSAS manage triggers and avoid retraumatization in the healthcare setting) desensitization and reprocessing of earlier trauma, including both sexual abuse, and medical situations, and the future template phase where consumer skills development will be planned, rehearsed and installed. The workshop will include handouts, bibliography and a slide presentation. (A)

SESSION 216

Integrating Inner Child Therapy and Dialectical-Behavior Therapy with EMDR Resource Installation

Ann Potter, Ph.D.

Before clients begin processing traumatic memories with the EMDR trauma protocol, a modified resource development protocol is utilized, integrating Inner Child Therapy and Dialectical-Behavior Therapy, to assist clients in developing skills for affect tolerance/emotion regulation, distress tolerance, and mindfulness. The modified resource installation protocol also helps clinicians in assessing clients' emotional readiness for initiating trauma work with the EMDR trauma protocol. Inner Child Therapy provides an overall cognitive framework for trauma work based on the Transrational stages of change. Inner Child Therapy and Dialectical-Behavior Therapy are employed as strategies to minimize re-traumatization, affect/emotion dysregulation, and problems with impulsive and compulsive behaviors during the trauma-processing phase of therapy. (BIA)

3:30pm to 5:00pm EMDR MASTERS SERIES

SESSION 217

EMDR MASTERS SERIES - II

Andrew Leeds, Ph.D.

EMDR MASTER Clinicians will present case examples that outline case conceptualization, treatment planning, and course of treatment. Each presenter will demonstrate 1) the essential elements of EMDR, 2) provide conceptual clarity as to when and why to use EMDR, 3) demonstrate perceptual fidelity using interventions, when interventions are needed and how much is needed, 4) provide clarity about why, when, and where to adapt the protocol given the client's clinical needs. (BIA)

3:30pm - 5:00pm
90 MINUTE WORKSHOPS

SESSION 218

Personality Disorders as Variants of Dissociative Phenomena: Treatment with an Integration of EMDR and Ego-State Work
Uri Bergmann, Ph.D., LCSW

The integration of EMDR with Ego State therapy will be presented as a comprehensive approach to the treatment of the wide spectrum of personality disorders. The histories of these clients often include early repeat experiences of abuse, deprivation, abandonment, and parental coldness. Historically, the treatment of personality disorders has been described as difficult, if not impossible; manifested by a rigid character armor, defensive resistance. This presentation will propose that the presence of untreated dissociation accounts for these failures and will highlight the use of ego-mapping, exploration, interweaves and the utilization of ego-state-specific EMDR protocols to facilitate robust processing. (IA)

SESSION 219

The Attachment Repair Model (ARM)

Peter Cummings, LCSW, BCD

The Attachment Repair Model (ARM) is a loose and imaginal clinical structure to identify, activate, repair, and purge the negative experiences to one's neurological functioning. The importance of ego repair via integrative interventions takes priority over the purging of traumatic events. This presentation offers a paradigm shift in therapeutic goal setting from purging and desensitization of traumatic events to the integration of ego states. Within the ARM, The Positive Parts and Hurting Parts (PP-HP) Meetings Protocol is an infrastructure of the ARM with sensory extension protocols to the basic EMDR Protocol. The established ethos within clinical practice to first purge negative emotion associated with trauma is upheld by the ARM, but as a second order priority. Participants will be challenged to think about their role as healers. (A)

8:30am - 10:00am
OPENING PLENARY

SESSION 220

Adaptive Information Processing and Case Conceptualization

Francine Shapiro, Ph.D.

EMDR is guided by the Adaptive Information Processing paradigm, which differentiates it from other forms of psychotherapy. The model was formulated to describe clinical phenomena observed in EMDR, successfully predict treatment effects, and guide clinical practice. These principles, along with EMDR protocols, and procedures will be used to evaluate various trends in EMDR clinical practice. Clinical cases and questions collected from participants will be used to illustrate the ways in which EMDR can be applied. (BIA)

FULL DAY WORKSHOP
10:30am - 5:30pm

SESSION 221

Toolkits for Every Body: Working with the Physiology of Emotion
Celia Grand, LCSW; Deborah Grant, LCSW

Learn how to work more directly with the body and the physiology of emotion during key phases of EMDR treatment with individuals, including assessment, case conceptualization, affect tolerance work, resource development and trauma/standard protocol processing. Celia Grand, LCSW; and Deborah Grant, LCSW; will introduce workshop participants to the Four Panes Model as a treatment model for using somatically-based work in the context of EMDR therapy. They will present psychophysical techniques and protocols for managing and regulating arousal states, giving special attention to when to use these techniques and why using them may best support clients in working with complex PTSD. (IA)

10:30am - 12 Noon
90 MINUTE WORKSHOPS

SESSION 222

Weaving Positive Psychology into EMDR Peak Performance Work

Sandra Foster, Ph.D.

This workshop integrates the EMDR Peak Performance protocol with techniques from positive psychology, 'launched' by APA President Martin Seligman as the science of happiness and excellence, and understanding strengths such as courage. Participants will be introduced to the EMDR Peak Performance protocol and learn to guide clients in developing "Peak" resources for empowerment. Participants will learn and practice techniques of positive psychology that amplify the efficacy of the Peak Performance work: using positive emotions in the client's performance venue; the Appreciative Inquiry method for strategic performance improvement; and optimistic explanatory style. (IA)

SESSION 223

Accessing and Repairing Preverbal Trauma/Neglect

M. Kathryn O'Shea, MS

Numerous methods have attempted to repair distress remaining from very early trauma (especially adoption) or neglect, but most have been difficult, cumbersome, even traumatic. The Presenter will describe and demonstrate a direct, simple, safe and incredibly effective EMDR extension, which is based on our current scientific knowledge of early brain development. Participants will (1) learn how to be able to adapt the Basic EMDR protocol when treating preverbal experiences with infants, children, adolescents and adults; (2) what language to use when accessing and repairing preverbal experiences; (3) be able to use "imaginative interweaves" to stimulate release of trapped energy and fully learn from the experience; (4) learn to use the 3 R's (Review, Release, Repair) to ensure that reprocessing of preverbal material is complete. (IA)

SATURDAY

SESSION 224

Effective EMDR for High-Functioning Clients with Intimacy Problems (Expanded with New Cases)

David Yarosh, Ph.D.

Participants will learn to integrate EMDR into the longer-term treatment that is necessary where issues of attachment and relationship are paramount. Trauma treatment of these clients involves an understanding of their unique personality characteristics, a comprehensive treatment plan that engages their cooperation, a Motivational Interview to set goals, and a Trauma History to prioritize EMDR targets. Specific techniques that will be demonstrated are the interweaving of Resource Development and Installation into the ongoing treatment, and body-focused interweaves to promote client safety when working with strong abreaction. Special interweaves helping clients integrate the successful parts of their lives into the parts where they are developmentally immature will be illustrated. (BIA)

SESSION 225

Using EMDR with Young Adoptive Children Who Have Attachment Disorders

Terry Becker-Fritz, MS, RN, CS

Many children and adolescents who present for serious behavior problems have been adopted both from here and from other countries. Parents and teachers are not prepared to deal with the attachment disorders that are part of the child. This workshop will present the symptoms of attachment disorders, as well as highlight those that are different for the Reactive Attachment Disorder. Use of EMDR protocols will be reviewed as they apply to working with young children who have experienced serious trauma and neglect at an early age and have no way to share these experiences except through their behaviors. Part of the presentation will address areas to assess with the parents regarding their own attachment issues that often get in the way of successful treatment. Finally, case review of several children will be presented that gives practical, hands on protocols that can be used to treat these children using EMDR. (IA)

SESSION 226

Connecting Ego States Through Time with EMDR and Lifespan Integration

Peggy Pace, LMHC

Participants will be introduced to Lifespan Integration, an effective new technique, which connects dissociated ego states to one another, and eventually produces an integrated self. This technique brings up images related to the targeted trauma, and gives the client insights about the lifelong pattern of behaviors resultant from the trauma. External resources are rarely needed as clients spontaneously connect to internal resources. Participants will learn how Lifespan Integration can be used adjunctive to EMDR: (1) to quickly resolve feeder memories which are interfering with processing, (2) to help clients who are flooding with emotion regain connection to their cognitive capacities, and (3) to help clients access positive internal resources related to the targeted trauma. (BIA)

SESSION 227

Recent Research Evaluating the Role of Eye Movements in EMDR

Nancy Smyth, Ph.D.; Louise Maxfield, Ph.D.; Susan Rogers, Ph.D.

Findings of component studies are summarized, with a review of studies which reported that EMs reduced memory vividness and emotiveness. The results of three recent studies are presented. (1) A study evaluated the effects of EMs on the components of memory to test working memory explanations of EMDR; (2) A study using participants with dental phobia determined if memories of disturbing dental events, and related dental anxiety, were influenced by EMs; (3) A large-N comparison, with combat veterans, compared EMDR and a non-eye-movement analog to evaluate the effect of EMs on treatment outcome, process, and changes in trauma narratives. (BIA)

2:00pm - 5:30pm

HALF DAY WORKSHOPS

SESSION 228

The Neurobiology of EMDR: Recent Insights and Their Contribution to the Treatment of Complex PTSD and Dissociation

Uri Bergmann, Ph.D., LCSW

This presentation will explore the formation and consolidation of emotions and memory, various possible neural mechanisms of EMDR's treatment effects; with an emphasis on cerebellar mechanisms, and their direct relations to information processing and frontal lobe activation. Recent knowledge regarding Allan Schore's work on the orbitofrontal cortex and Steven Porges work on the brainstem will be explored; with a major emphasis given to their implication for improved techniques to facilitate EMDR processing. (BIA)

SESSION 229

Accelerating Differentiation of Self: EMDR and Bowen Theory

Nancy Knudsen, M.Ed., LMFT

How does one create a Self that is both steady and solid enough to stay on course in the face of pressure to conform, yet capable of maintaining intimate connection with others over time? Bowen theory offers a window into how this fundamental struggle plays out in each human life. Participants will develop a working knowledge of key Bowenian concepts and how to use EMDR to help individuals clear away obstacles to healthy connection to Self and Other. This integrative approach then facilitates the reworking and repairing of significant relationships. The format will be lecture, case presentation, experiential exercise, and discussion. (IA)

SESSION 230

EMDR and Ego State Therapy: Energizing Disowned Aspects of Self with Dissociative Table Technique Interwoven with EMDR

Sandra Paulsen, Ph.D.

Ego State Therapy is a tool for EMDR practitioners seeking to resolve looping, identify early childhood targets, enhance containment, and more. Dissociative Table is an ego state approach that enables rapid visualization of disowned ego states without formal trance induction. It energizes and egotizes aspects of self so that resistance can be reduced through internal education and mediation. EMDR and ego state therapy can be interwoven to manage the lever of affective arousal by creating closeness to or distance from disturbing material. The workshop will also present ACT-AS-IF, a step-wise approach to preparing dissociative clients for EMDR processing. (IA)

SESSION 231

Imaginal Nurturing

April Steele, M.Sc., BCATR

Imaginal Nurturing blends guided imagery with EMDR components to provide a means of weaving nurturing experiences into and through the therapeutic process. These experiences build upon each other to facilitate a new relationship with self, and the development of a secure base within. In this workshop, participants will learn the principles of I-N, how to use it in relation to trauma work, how to develop an attachment-related body resource, and how to ground the imagery in the client's life. There will be a review of ways to deal with problems that arise. Handouts include sample scripts. (BIA)

SESSION 232

Developmental Needs Meeting Strategy for EMDR Therapists

Shirley Jean Schmidt, MA, LPC

This new approach for correcting developmental deficits involves meeting unmet developmental and attachment needs, to help clients get unstuck from the past. Participants will be able to: (a) install a Healing Circle composed of a Spiritual Core, Nurturing Adult, and Protective Adult Self; (b) generally describe the 20-Step protocol for meeting developmental needs; (c) identify which steps in the protocol are for meeting needs, processing strong emotions, and creating secure attachments; (d) identify when to use the 20-Step protocol and when to use trauma-focused EMDR; and (e) describe ways to integrate the Healing Circle with trauma-focused EMDR. (BIA)

2:00pm - 3:30pm
90 MINUTE WORKSHOPS

SESSION 233

Utilizing EMDR Techniques in Trauma and Abuse Recovery Groups
Carole Lovell, Psy.D.; Cathy Langford, LCSW

Group therapy is recognized by clinicians as an effective method for treating victims of trauma and abuse. The presenters of this interactive workshop began their work with groups seven years ago using the basic format of Marcia Linehan. They have completed twelve of these groups. Each year they evaluate the processes, adding theories and techniques to increase its effectiveness. The theories of Colin Ross, John Bradshaw, David Burns, and others combine to create a 32 week format, divided into four modules. EMDR techniques are used within the group to increase the speed and effectiveness of symptom reduction. The uniqueness of this presentation centers around the fact that EMDR is used within the group setting to enhance a program that is already working well to facilitate improved life skills in trauma and abuse victims. (BIA)

SESSION 234

Slaying the Monster: Relieving Trauma in 3-9 Year Olds

Diane Spindler-Ranta, MA, LMFT, LMHC; Sharon Schwartz, LICSW

This technique is significant because it allows relief from trauma without articulating the event that caused the trauma or even fully remembering that event. It combines EMDR with drawing and storytelling. Positive cognitions are installed during the process, leaving the child with self-esteem tools that can serve them in the future. It reduces symptoms of abuse, loss, or accidents. This technique deviates from EMDR protocol to accommodate children's short attention spans and need to play in therapy. Clinicians will be able to: 1) identify the components of the Slaying the Monster technique, 2) solve the dilemma of young children being unable to identify or articulate their trauma, and 3) demonstrate how to reduce symptoms associated with trauma. (BIA)

4:00pm - 5:30pm
90 MINUTE WORKSHOPS

SESSION 235

Family Unification with Reactive Attachment Disorder Children – A Brief Treatment Approach

Raymond J. Taylor, Ph.D.

This presentation will discuss the symptomatology of reactive attachment disorder in children and the affects on the family. In addition, the presentation will focus on the treatment milieu of Eye Movement Desensitization and Reprocessing (EMDR) and how it may be used in the treatment of reactive attachment disorder in children. The discussion also will include a case study of a family with a child age 8 with reactive attachment disorder and the subsequent individual and family therapy. Treatment of choice was EMDR for the child and supportive therapy for the parents. Qualitative evaluation of the process demonstrated that the parents observed an instant changing in the child's attitude. The child reported that she felt better about herself, family, school, and truthfulness. Her statement about the therapy: "It opened a window for me". In relation to outcomes, a 12 and 24-month evaluation demonstrated continued positive effects. The importance of working with the family in understanding the dynamics of reactive attachment disorder and how improvement occurs will be discussed. Objectives of the session will be to give clinical information to practitioners about children with reactive attachment disorder, how this disorder affects the family, and possible therapeutic intervention techniques to open a dialogue that will lead to understanding children who are in treatment. (IA)

SESSION 236

The Binge Cycle Meets EMDR: Bridging the Gap

Susan Schulherr, CSW

The "binge cycle" refers to the repetitive oscillation between bingeing and restrictive eating typical of binge eating disorder. Workshop participants will be enabled to identify and relate under-explored phases of the cycle. They will learn how to use a simple information-gathering tool to quickly enter the client's symptomatic world, make apparent the "inner logic" driving cyclic behaviors and, based on this, engage the client in the therapeutic work ahead. I will then demonstrate how this information can be used to devise an EMDR-based treatment plan and integrate it with various existing models for EMDR with E.D. clients. (BIA)

8:30am - 10:00am
OPENING PLENARY

SESSION 237

The Body Bears the Burden: Somatic Expressions of Traumatic Stress

Peter A. Levine, Ph.D.

Developed over the past thirty years, "Somatic Experiencing" (SE) has gained increasing recognition as a powerful body-based therapy that can awaken one's innate self-regulative response to overwhelm. Based on a naturalistic understanding of how animals in the wild "shake off" repeated exposure to life threatening events, SE has produced surprising results with a variety of difficult symptoms. This model will be presented towards enhancing EMDR practice. (BIA)

10:30am - 5:00pm
FULL DAY WORKSHOPS

SESSION 238

The Body Bears the Burden

Peter A. Levine, Ph.D.

This workshop will be an extension and practical application of the principles presented in the plenary session to the practice of EMDR utilizing somatic awareness to facilitate processing and avoid overwhelm and the potential for 'false memory' and re-traumatization. It will include video presentations, live demonstrations and dyadic practice. (IA)

SESSION 239

Various Uses of Connections to Resources Within and Without the Standard EMDR Protocol

Brurit Laub, MA

In the workshop I will present a procedure of "connecting to resources" which is based on my conception of the therapeutic benefits of utilizing the dialectical movement between the problem and the natural trend towards a healing resolution. The connection to resources in the standard EMDR protocol creates an effective container for the processing of the traumatic material. Other variations of connections to resources without the standard protocol are aimed at empowering and strengthening the client. A video and live demonstration will expose the participants to the clinical use of the procedure and the small groups experience will enable them to practice it and apply it in their work. (IA)

10:30am - 12 Noon
90 MINUTE WORKSHOPS

SESSION 240

EMDR Humanitarian Assistance Programs: Outcome Research, Models of Training, and Service Delivery in New York, Latin America, Turkey, and Indonesia

Jim Knipe, Ph.D.; John Hartung, Psy.D.; Emre Konuk, MA; Gina Colelli, MSW; Michael Keller, MSW; Susan Rogers, Ph.D.

Since 1995, there have been many programs to provide EMDR humanitarian assistance throughout the world, and from these programs, several lessons have been learned. In this presentation, we will describe four recent programs, which, viewed together, define an emerging model of how to best initiate and structure programs of EMDR therapist training and direct service. In addition, EMDR outcome research from three of the sites will be presented. (BIA)

SESSION 241

Using Resources as Cognitive Interweaves

Roy Kiessling, LISW

This workshop is for clinicians having completed an EMDRIA Approved EMDR training. While a great deal has been said about RDI development, little has been said about the paths to follow and pitfalls to avoid when attempting to use them as cognitive interweaves. Through lecture, case example, and interactive participation, participants will be able to describe the difference between "State" and "Trait" change. Participants will be able to discuss how to develop "Target Specific" Resources. And by the conclusion of the workshop, participants will be able to demonstrate a number of traditional cognitive interweave methods using Resource as a means of helping facilitate "State" change during EMDR reprocessing. (I)

SESSION 242

Focus on the Body During EMDR

Keith Andresen, MA, LPC

Clinicians can enhance EMDR results by focusing more on body sensations. This enhances results by helping clients to engage more with the target and with their feelings about the target. Through focusing on the body, clinicians will learn how to help clients access more information about the target, direct clients so they can feel sensations more strongly or clearly, reduce distress that clients may feel about sensation states (sense triggers), and enable clients to better release chronic muscle pain. Participants will be able to assess clients for when to use body focus and when to avoid it. (BIA)

SESSION 243

EMDR and the Integrated Diagnostic Treatment of Somatic Complaints

D. Patrick McGuinness, MA; Lisa Charest, BS

This workshop is designed to prepare clinicians to utilize EMDR in an integrated diagnostic treatment approach with medical professionals for clients with somatic complaints. Participants will learn to explain the principals of emotional pain manifesting itself in physical symptoms and the use of EMDR to facilitate a breakthrough in the patient's overall treatment. Participants will practice a working protocol for treating somatic complaints with EMDR. Participants will also learn cognitive interweave strategies to facilitate the movement of somatic complaints. Participants will have the opportunity to practice these skills in small groups. (IA)

SESSION 244

This Session has been cancelled.

1:30pm - 5:00pm
HALF DAY WORKSHOP

SESSION 245

Playful Approaches to Using EMDR with Children

Jan Yordy, MSW

Expand your ability to conduct EMDR with Children by learning how to playfully incorporate a variety of techniques. Learn easy ways to; set up five different types of positive resources, adapt the basic protocol, incorporate therapeutic storytelling effectively, or "externalize the problem" through creating monsters! Discover the fun of playing the "Energy Connection" game to build positive coping strategies and work at emotional stuck points. Whether you enhance your ability to utilize the EMDR protocol or increase your skill at evaluating which EMDR technique to use, you can count on acquiring some fresh ideas for improving your EMDR therapy with children. (BIA)

1:30pm - 3:00pm
90 MINUTE WORKSHOPS

SESSION 246

Energy Healing Methods to Supplement EMDR in the Treatment of DID

Gary Peterson, M.D.

Eye movement desensitization and reprocessing treatment (EMDR) is a powerful method for the treatment of PTSD. Therapists may uncover a covert dissociative disorder in the course of applying EMDR. The presentation will compare the major components of EMDR and energy psychotherapy techniques. Both of these treatment methods have in common 1) focusing on (attuning to) a disturbing problem, issue or event; and 2) applying a prescribed set of procedures to resolve the disturbance or imbalance. Participants will grasp the indications / risks / contraindications of use of EMDR and energy methods with DID. They will understand how energy healing methods can support EMDR. (IA)

SESSION 247

The Marriage of EMDR and Ego State Theory in Couples Therapy

Barry K. Litt, MFT

By augmenting EMDR with the explanatory power and clinical inventiveness of ego state theory, couples therapy can be brought to new levels of efficacy. This workshop will describe theoretical, clinical and ethical issues in incorporating EMDR into work with couples. Intergenerational pathogenesis of ego fragmentation will be described. Indications and contraindications for conjoint EMDR sessions will be discussed. Through didactic presentation and case illustration, participants will learn how to use ego state theory in their assessment, introduce EMDR into the treatment planning, and learn advanced techniques for facilitating information processing with "stuck" or difficult clients. (IA)

Continuing Education Information

American Psychological Association

EMDR International Association is approved by the American Psychological Association to offer continuing education for psychologists. EMDR International Association maintains responsibility for the program.

California Psychologists, please note that as of January 2002, the California Board of Psychology directly recognizes the American Psychological Association. Psychologists will have the responsibility to report these hours to the accrediting agency.

California Board of Behavioral Sciences

For California, this Conference meets the qualifications for the number of hours of continuing education credit listed below for each session for MFCC's and/or LCSW's, as required by the California Board of Behavioral Sciences. Approval #PCE-233.

EMDR International Association

This Conference is approved by the EMDR International Association for EMDRIA Credits.

National Association of Social Workers

The EMDR International Association is approved by the National Association of Social Workers to provide continuing education for Social Workers. This program, including the Pre Conference, was approved by the National Association of Social Workers for 24 CEUs and 24 contact hours. The EMDR International Association maintains responsibility for the program. Course Approval # 886370850.

National Board for Certified Counselors

EMDR International Association is recognized by the National Board for Certified Counselors to offer continuing education, provider #5757, for National Certified Counselors. EMDR International Association adheres to NBCC Continuing Education Guidelines.

Texas Nurses Association

At the time of the printing of this program, approval from the Texas Nurses Association was still pending. Please see your Certificate of Completion for approval number, if applicable.

Texas State Board of Social Worker Examiners

EMDR International Association is approved by the Texas State Board of Social Worker Examiners to provide continuing education for Social Workers. Approval #CS2689.

CONTACT HOURS

SESSIONS	RN	ALL OTHERS
	Pre-Conference 101 - 103	7
Main Conference		
201	1.8	1.5
202	5.4	4.5
203	~ No Credits ~	
204 - 209	1.8	1.5
210 - 213	3.6	3
214 - 219	1.8	1.5
220	1.8	1.5
221	5.4	4.5
222 - 227	1.8	1.5
228 - 232	3.6	3
233 - 236	1.8	1.5
237	1.8	1.5
238 - 239	5.4	4.5
240 - 243	1.8	1.5
245	3.6	3
246 - 247	1.8	1.5

Continuing education credit will be available for individual sessions and certificates will be given at the end of each session. Participants are responsible for scanning their badges at the beginning and closure of each session in order to obtain credit.

REMINDER:

Continuing education certificates will be available only at the Conference. It will not be possible to grant continuing education credits after the Conference.

About the Presenters

Keith Andresen, MA, has been consulting and in private practice in Boulder, CO, since 1988. Prior to this, he worked at the Mental Health Center of Boulder County with adults and domestic violence perpetrators. He received his Level I and II EMDR training from Francine Shapiro, Ph.D. in 1991 and 1992. In 1994, he became an EMDR Institute Facilitator and has used EMDR in his practice with over 600 clients. Previous to EMDR, he had training/experience with Gestalt, Ericksonian hypnotherapy, and training in body focused healing work. He had an article published in the EMDR Network Newsletter in 1993.

Terry Becker-Fritz, MS, RN, CS, is a Clinical Nurse Specialist in Dublin, Ohio. She has her own consultation and training business and is in private practice. She has been using EMDR for 10 years and is Level II, Certified. Her specialty is working with traumatized children as young as 2 through adolescents. She is currently the Executive Chair of the Child/Adolescent Special Interest Group for EMDRIA.

Uri Bergmann, Ph.D., LCSW, is in full-time private practice, in Commack and Bellmore, New York. He is an EMDR Institute Senior Facilitator and Presenter and an EMDR International Association Approved Consultant in EMDR. Dr. Bergmann is a lecturer and consultant on EMDR, the neurobiology of EMDR and the integration of EMDR with psychodynamic and ego-state treatment. He has authored and published journal articles on the neurobiology of EMDR and serves on the Editorial Advisory Board of the journal *Traumatology*. Dr. Bergmann has been awarded board certification in Clinical Social Work (American Board of Examiners in Clinical Social Work), Behavioral Medicine (International Academy of Behavioral Medicine, Counseling and Psychotherapy) and Pain Management (American Academy of Pain Management).

Cindy Browning, LCSW, is a psychotherapist in private practice in Montclair and Chatham, NJ. She is an EMDR facilitator and has worked with EMDR HAP on several trainings. Ms. Browning is also an EMDRIA-Approved Consultant and has several ongoing consultation groups. Ms. Browning specializes in family therapy, substance abuse and trauma.

Pamela Butler, Ph.D., has been using EMDR in her private practice since her training in 1998. She is particularly interested in the integration of EMDR into psychoanalytic treatment and is Program Chairperson of an EMDRIA Special Interest Group in New York City dealing with the Integration of Psychoanalysis and EMDR. In addition, Pam is a faculty member at New York University and Director of the Vision Research Laboratory at the Nathan Kline Institute for Psychiatric Research where her work focuses on the relationship between visual processing deficits, emotion processing, and higher cognitive functioning in psychiatric disorders.

Susan M. Carson, MSW, is a Licensed Independent Social Worker in private practice in Powell, Ohio. Ms. Carson started utilizing EMDR in 1993, in an adolescent residential setting, and later a family and child outpatient agency. She specializes in trauma, anxiety, and dissociative disorders. Ms. Carson is the Training Chair for the EMDRIA Child and Adolescent Special Interest Group. She is an EMDR Institute Facilitator and EMDRIA Approved Consultant, and provides EMDR consultation for a number of adolescent and childcare agencies in the Columbus, Ohio, area.

Lisa Charest, BS, is the owner and director of Summit Rehabilitation Center. She has over twelve years experience treating complex and chronic pain related diagnosis. She is an advanced student of Integrated Manual Therapy (IMT) and supervises the clinical work of over eight clinicians. Lisa has taken an interest in the effectiveness of EMDR in facilitating patients healing. In her collaboration with EMDR practitioners she has been instrumental in the development of resource installations and cognitive interweave strategies.

Gina Colelli, CSW, is an EMDRIA Approved Consultant and EMDR-HAP Facilitator. Her specialties are EMDR consultation, adults who were abused and neglected as children, substance abuse, and eating disorders. She is the New York City Coordinator of the Disaster Mental Health Recovery Network, a program of EMDR-HAP. She has been a staff therapist in a mental health clinic, alcohol and drug abuse rehabilitation program, and a trainer in the Resolving Conflict Creatively Program in the New York City and Westchester public schools. She is in private practice in Manhattan.

Peter Cummings, LCSW, utilizes EMDR methods adapted to attachment problems. In addition to private practice, Peter received recognition as an EAP practitioner from NIDA for program design and strategic planning to reduce workplace substance abuse problems. He also negotiated, implemented, and managed a flagship Drug and Alcohol Policy, including a disability management program. Peter has worked within the trauma field with over 300 CISD's during the past 10 years. He has extensively consulted on workplace violence, managing fitness-for-duty workplace programs and the American's With Disabilities Act. Currently, Peter maintains a full-time private practice in San Diego.

Laurie Donovan, LMFT, LMSW-ACP, is a family therapist and clinical social worker. She has worked for ATCMHMR Children's Mental Health services in Austin, Texas, for the past 11 years, with extensive experience with families referred for child abuse and neglect, and has a private practice. Previously she spent 20 years in Santiago, Chile, where she received her initial clinical training and was licensed as a clinical child psychologist (1977), taught in the School of Psychology at the Universidad Catolica de Chile for 11 years, and maintained a private practice. She completed Levels I and II training in 1998, and is EMDRIA Certified since 2000. She has presented at multiple conferences in Chile, as well as several TAMFT conferences and the 2001 and 2002 EMDRIA conferences. She is also the current Co-Chair of the Publications Committee in Child/Adolescents Special Interest Group for EMDRIA.

Mark Dworkin, CSW, LCSW, is a member of the Board of Directors of EMDRIA, an Approved Consultant and an EMDRIA Instructor. He is also a member of EMDRIA's Conference Committee and he is a Long Island EMDRIA Regional Coordinator. He is an EMDR Institute Facilitator. He is a graduate of Columbia University School of Social Work; Past President of the Nassau Chapter of the NYS Society for Clinical Social Work; and a Diplomate of the Society. He is a graduate of The Manhattan Institute for Psychoanalysis. He served on the faculty of the Mount Sinai School of Medicine from 1983-90. Mr. Dworkin has been trained in many forms of psychotherapy including Gestalt, Ericksonian Hypnotherapy, and Rational Emotive therapy. He is currently in full time private practice in East Meadow, NY. His experience in working with traumatized populations started in 1975, when he began working for the Bx VA Medical Center, just as the war in Vietnam was ending. He worked for many years in the outpatient clinic treating traumatized veterans. He currently treats traumatized clients regularly in East Meadow, consults to different professional organizations, and trains professionals in the treatment of Post Traumatic Stress Disorder.

Janina Fisher, Ph.D., is a Licensed Clinical Psychologist in a private clinical and consultation practice in Watertown, MA. She is an Instructor and Supervisor at The Trauma Center, an outpatient trauma clinic founded and directed by Bessel van der Kolk; an EMDR Approved Consultant; a Trainer in Sensorimotor Psychotherapy; and a Past President of the New England Society for the Treatment of Trauma and Dissociation. Dr. Fisher frequently lectures on topics related to trauma and dissociation, EMDR, and body-oriented approaches to trauma.

Carol Forgash, LCSW, is a clinician in Smithtown, NY. She provides treatment for complex PTSD, general psychotherapy, serious illness, and performance issues. She is an EMDRIA Approved Consultant, and EMDR Institute Facilitator and a Board member of EMDR-HAP. Ms. Forgash lectures on the integration of EMDR with Ego State therapy; the treatment of complex post-traumatic stress disorder, and health issues of survivors. She has presented at international conferences and is a visiting lecturer at SUNY Stony Brook, School of Social Welfare; Family Violence Research and Education Center. Her co-authored article on the health issues of sexual abuse survivors was recently published in "Women and Health".

Sandra Foster, Ph.D., is a performance enhancement psychologist and coach based for years in San Francisco, and now relocated to Genoa, Italy. She attended Francine Shapiro's first training in 1990 and developed the EMDR Peak Performance protocol with Jennifer Lendl soon after. A former Stanford University faculty member, Dr. Foster is certified as a sport psychology consultant by the Association for the Advancement of Applied Sport Psychology (AAASP) and listed with the USOC Sport Psychology Registry. Her work in positive psychology science includes chairing the new APA Division 47 Committee for Positive Psychology and Performance Enhancement.

Mary L. Froning, Psy.D., is a clinical psychologist in private practice in Washington, DC. She has specialized in post-trauma work since 1984, with a particular emphasis on sexual abuse. She has presented nationally and published articles and book chapters in the field. She has served as President of the District of Columbia Psychological Association and Secretary of the National Organization on Male Sexual Victimization. She is also the current Chair of the Membership Committee in Child/Adolescents Special Interest Group for EMDRIA.

Celia Grand, LCSW, is a licensed clinical social worker in private practice in Portland, ME. Celia is an EMDRIA Approved Consultant, EMDRIA Certified Therapist, an EMDR Institute Facilitator, and is on the EMDRIA Board of Directors. She specializes in working with complex PTSD. She has been integrating body oriented psychotherapies into her work with EMDR for the last 1 ½ years.

Deb Grant, LCSW, an EMDRIA Certified Therapist in private practice, has explored body-oriented therapies and various body disciplines for over ten years, and is a long-time student of somatic therapy approaches, insight meditation, yoga, and improvisational dance. She has trained and led workshops in movement and theater, and is trained in cranio sacral therapy, somatoemotional release, Reiki, and Thai massage. Over the past 7 years she has increasingly brought a somatically oriented approach to her psychotherapy practice.

John Hartung, Psy.D., leads a team of EMDR Institute clinicians and trainers who reside in 10 Latin American countries. He is a clinical psychologist in Colorado Springs, where he is an adjunct faculty member of the University of Colorado, the Colorado School of Professional Psychology, and the Center for Creative Leadership. His recently completed "Energy Psychology and EMDR: Combining forces to optimize treatment", co-authored with Michael Galvin and published by Norton.

Ruth Heber, Ph.D., Psychologist, maintains private practice in New York City and is an Assistant Clinical Professor in Psychiatry at The Mount Sinai School of Medicine. She is an EMDR Institute Facilitator and EMDRIA Approved Consultant. Since 1994 she has worked to integrate EMDR and the Psychoanalytic approaches, has repeatedly lectured about EMDR, and given bridge courses and supervision. She conducts ongoing study groups that focus upon integration of EMDR and Psychoanalysis. She has worked extensively with PTSD, survivors of Holocaust, cross-generational vicarious traumatization, and currently with survivors of the World Trade Center bombing and the therapists who, themselves affected, are conducting treatment.

Marsha Heiman, Ph.D., is a licensed clinical psychologist in private practice in Metuchen, New Jersey, specializing in the area of trauma. She provides treatment, training, supervision, as well as lecturing and publishing in the field of child maltreatment. She is the Clinical Coordinator of the Child Sexual Abuse Case Consultation Project, a grant funded state program that provides training to therapists treating sexually abused children and their families. She is a member of the NJ Task Force on Child Abuse and is the Founding President of the NJ chapter of APSAC. She is an EMDRIA Approved Consultant in EMDR, with a focus on children and trauma. She is also the current Co-Chair of Publications Committee in Child/Adolescents Special Interest Group for EMDRIA.

Michael Keller, MSW, is in independent practice in Wichita, and since 2000, he has been the Coordinator of the Unicef-sponsored EMDR-HAP program in Indonesia. Between 1979 and 2000, he was on the clinical staff of the Menninger Outpatient Clinic, and he taught at the Karl Menninger School of Health Sciences. He has presented at numerous workshops on the after-effects of exposure to trauma, treatment of PTSD, EMDR, and Dialectical Behavior Therapy.

Roy Kiessling, LISW, completed his EMDR training in 1995, became an EMDR Institute Facilitator in 1997, and is an EMDRIA Approved Consultant and Provider. Since 2001, Roy has been offering an EMDRIA Approved advanced specialty workshop titled "Integrating Resource Installation Strategies into Your EMDR Practice" in cities throughout the United States. Roy is an approved HAP Level 1 Trainer and has been conducting HAP Community Based EMDR trainings since the summer of 2001. Roy has been a consistent presenter at the EMDRIA International Conference since 1998, receiving high evaluations on all his workshops and is especially known for his relaxed and practical presentation style.

Jim Knipe, Ph.D., has been using EMDR since 1992. He is an EMDRIA Approved Instructor and EMDRIA Regional Coordinator for Colorado Springs. In addition, he is a member of the Board of Directors of the EMDR Humanitarian Assistance Program, and has been involved in programs in New York (following 9/11), Oklahoma City, Turkey, the Palestinian Territories, and Indonesia. He has a special interest in the application of EMDR to Complex PTSD, Personality Disorders and Dissociative Disorders.

Nancy Knudsen, M.Ed., LMFT, is a licensed marriage and family therapist with a masters degree in counseling psychology from the Harvard Graduate School of Education. With 19 years experience in the field, Nancy currently maintains a diverse psychotherapy and consulting practice in Northampton, MA, where she incorporates her expertise in trauma, family systems work, cross cultural treatment, and EMDR. Nancy has been both an EMDR Institute and HAP Facilitator since 1999, and is an EMDRIA Approved Consultant since 2000. She is currently an EMDRIA Regional Coordinator for Western Massachusetts, and has presented both locally, as well as at the EMDRIA International Conference in Toronto, 2000.

Emre Konuk, MA, is the founder of the Behavioral Sciences Institute, Istanbul, which was the first independent psychological clinic and training facility in Turkey. He has held several leadership positions in the Turkish psychological community, including President of the Turkish Psychological Association, Istanbul Branch, and Director of the Psychology Platform series of annual symposiums. He has presented many times on topics related to EMDR, in Istanbul, Ankara, and on Turkish television. He is the Director of the Earthquake Psychological Aid and Training Project of the Turkish Psychological Association, and the Director of the EMDR outcome study involving earthquake survivors in Turkey.

Phyllis Kosminsky, Ph.D., is a clinical social worker in private practice in Westchester, New York, and at the Center for Hope in Darien, Connecticut, where she works with children and adults individually and runs bereavement support groups. Her areas of specialization are grief, traumatic loss and life threatening illness. Dr. Kosminsky is certified in EMDR and has used it in her work for the past six years. She is co-author, with William Zangwill and Jessica Pearson, of a chapter on EMDR in the *Handbook of Complementary Mental Health (2001)*.

Cathy Langford, LCSW, brings the gift of humor into her presentation. She received her MSW at the University of Tennessee and completed her first year field placement at the Personal Growth and Learning Center. She is a frequent co-presenter with Carole Lovell at local, state, and national levels. She is in private practice at this time and works with couples, children, and adults, as well as leading Trauma and Abuse Recovery Groups. She is trained in Community Health, and has worked extensively with addictions and HIV/AIDS populations. She is trained in Levels I and II and has completed supervision for EMDR Certification.

Brurit Laub, MA, is an integrative clinical psychologist from Israel. She is a certified hypnotist and was also trained in Ernest Rossi's mind body therapy. She is a supervisor in psychotherapy, family therapy, narrative therapy, and EMDR. Her EMDR training started in 1995, and in 1998, she became an EMDR Institute Facilitator. Besides her private practice, she also works in a community mental health center in Rishon LeZion. She teaches and supervises in the Program of Integrative Psychotherapy of the Hebrew University.

Jennifer Leighton, CSW, is a supervisor and training analyst at Harlem Family Institute and formerly faculty, supervisor, and training analyst at Training Institute for Mental Health. She has published and given numerous original papers on issues of gender, trauma, and shame. She is 30 years in private practice in New York City. In addition to psychoanalysis and psychotherapy with adults and adolescents, Ms. Leighton practices EMDR with adults and Imago Therapy with couples. She is on the coordinating committee of NYC Association for Self Psychology and is a member of the EMDR and Psychoanalysis EMDRIA Special Interest Group.

Colette Linnihan, CSW, a Modern Psychoanalyst, maintains a private practice in New York City. She has worked with a traumatized population for many years, beginning with children and their parents in New York's inner city, served by teaching hospitals: Downstate Medical Center-Kings County Hospital and St. Luke's-Roosevelt Hospital. She was a member of the teaching and supervisory staff at St. Luke's-Roosevelt for five years. Her work with PTSD led to EMDR training in 1998. Since then, she has actively pursued, through continuing education, consultation with colleagues, membership in the EMDR and Psychoanalysis EMDRIA Special Interest Group, as well as the ongoing collaboration with individuals in her practice to explore the integration of EMDR with psychoanalysis.

Barry K. Litt, MFT, received his Masters degree in Family Therapy from Hahnemann University in Philadelphia, where he studied Contextual Therapy with Ivan Boszormenyi-Nagy. Barry has been on the faculty of two graduate schools in addition to presenting workshops for EMDRIA and ISSD. He is an Approved Supervisor for the American Association of Marriage and Family Therapists. Also, Barry investigates malpractice complaints on New Hampshire's professional conduct committee. Currently, Barry is a partner with Human Dynamics Associates in Concord, NH. Barry has been practicing EMDR since 1996, and is a Level II practitioner.

Carole Lovell, Psy.D., LCSW, DCSW, is a member of the National Speaker's Association. She is a three time presenter at the National Association of Social Workers, both on the national and state levels. She teaches the Licensed Exam Preparation course for The University of Tennessee. She is a frequent presenter for the International Association of Eating Disorder Professionals, having done a pre-conference workshop in 2001. She is a popular presenter for the American Association of Ambulatory Health. She maintains a private practice in Cookeville, Tennessee, and is the co-founder and owner of the state licensed Community Mental Health Center, Personal Growth and Learning Center. Carole received her training in EMDR Levels I and II in 2000, and began using it to enhance her practice immediately. She has completed EMDR Certification requirements.

Philip Manfield, Ph.D., has been a psychotherapist in private practice in the San Francisco area for the past twenty-four years, with offices in Berkeley and Walnut Creek. He also conducts group and individual clinical consultations. As a presenter, facilitator, and trainer, he has participated in EMDR trainings in the United States, Canada, Europe, Turkey, and the Middle East. He is the editor of *Extending EMDR: A casebook of innovative applications*, (W.W. Norton, 1998) and *EMDR Casebook* (W.W. Norton, anticipated April, 2003) and author of *Split self/split object: Understanding and treating borderline, narcissistic and schizoid disorders* (Jason Aronson, 1992).

Steven V. Marcus, Ph.D., attended Levels I and II EMDR training in 1992 with Dr. Shapiro. Soon after, he became an EMDR Institute facilitator. Dr. Marcus has a private practice in Los Altos, CA. Dr. Marcus has been on staff of Kaiser Permanente in Santa Clara, CA, since 1980. He leads an EMDR team of 7 at Kaiser specializing in PTSD. Dr. Marcus is co-author of the 1997 study of Treatment of PTSD using EMDR in an HMO setting. Dr. Marcus began using EMDR to treat migraine and tension headaches in 1993.

Louise Maxfield, Ph.D., has a private psychology practice in Thunder Bay, ON, Canada. She has about 20 years of clinical experience, and has presented hundreds of workshops and seminars on the treatment of abuse and trauma. Dr. Maxfield has been an investigator in four EMDR research studies and has published more than 16 scientific articles and book chapters about EMDR, many of which were co-authored with Francine Shapiro, EMDR originator. She has also presented widely on EMDR research. Dr. Maxfield is a Certified EMDR practitioner and a member of the EMDRIA Research Committee.

Patrick McGuinness, MA, is a Licensed Psychotherapist in private practice. He is currently the chair of the ethics committee and columnist for the New Hampshire Medical Health Counselors Association. Patrick works as a consulting clinician for Summit Rehabilitation Center in Gilford, NH. In his role as consultant, he utilizes EMDR to assist clients who have reached impasses in their treatment due to psychological concerns. Patrick, an Adjunct Faculty member at Plymouth State College and the University System of New Hampshire, has taught psychology for over five years. In addition, he has been a presenter and professional trainer on his areas of specialization. He is an active community volunteer as a member of the Red Cross Disaster Mental Health Team and the Critical Incident Stress Debriefing Team.

Kate O'Shea, MS, treats the full range of trauma/neglect caused disorders in children, adolescents and adults in Spokane, Washington, where she is in private practice. Kate specialized in the treatment of sexual abuse (victims, non-offending parents and offenders) from 1982-1992, and developed a therapeutic foster care program for sexualized children while working at a rural mental health center in Montana. She has also worked extensively with veterans. Kate began using EMDR in 1990, becoming an EMDR Institute Facilitator in 1993. She teaches the Children's Specialty at Level II's in the northwest US and western Canada and has presented at International and Regional EMDR Conferences.

Peggy Pace, LMHC, is a licensed mental health counselor, licensed marriage and family therapist, and certified EMDR therapist in private practice in Ellensburg, Washington. She specializes in working with adults who were traumatized as children. Before beginning her practice in 1985, Peggy worked in the field of early childhood education. After receiving her degree in counseling psychology from Antioch University, she worked as a marriage and family therapist and worked with individual adult clients using both imagery and active imagination to connect traumatized children to the dissociated adults they have become. After being trained in both levels of EMDR in 2000, she began incorporating EMDR into her imagery work, and out of this combination she developed the Lifespan Integration technique. Peggy's entry in the EMDRIA 2002 Poster Session entitled: "Using Imagery in EMDR to Facilitate the Healing of Adults with a History of Abuse and Neglect" described her method of integrating ego states and won honorable mention.

Susan Packwood, LMSW-ACP, is a clinical social worker in private practice in Sugar Land, Texas. She has worked with traumatized children and their families for over 20 years. She is certified in EMDR and has been using EMDR with traumatized adults and children since 1996. Susan has applied the use of EMDR with children involved with Children's Protective Services who have been sexually or physically abused.

Sandra Paulsen, Ph.D., is an EMDRIA Approved Consultant, and instructor of EMDR Institute co-sponsored workshops, and an EMDR Institute Facilitator since 1992. She has spoken and published on combining EMDR and ego state therapy across the dissociative continuum since 1992, at numerous international conferences, and has authored several articles and book chapters on these subjects. She received her Ph.D. from the University of Hawaii Manoa, and was on the University of Hawaii faculties of the departments of psychology and psychiatry. Currently, she is in private practice of psychology in Fair Oaks, California, near Sacramento. She conducts ongoing consultation groups and individual consultation on ego state therapy, dissociation, performance enhancement, and other complex cognitive interweaves.

Barb Peck, M.S.Ed., LPC, NCC, currently works at Chestnut Ridge Counseling Services, in Uniontown, PA, where she consults with other clinicians around trauma issues and also sees children and adults (ages 4-60). She consults with the staff at the child and adolescent Partial Program and has written a group trauma curriculum for them that has been implemented for one year. Additionally, Barb has a private practice with two offices one in Uniontown, PA, at Wellness Promotion, and in Bridgeville, PA, at Soul Repair. She is a Doctoral Candidate at Duquesne University in Counseling Education. Barb is EMDR Level 2 trained since 1998 thru HAP. She has just completed a two year term of office as president for the Pittsburgh Professional Society for the Study of Trauma and Dissociation, an affiliate of the International Society for the Study of Dissociation (ISSD). Barb has 25 years experience in the mental health field. The last 10 years has focused on trauma issues for adults, and the last 4 years with children.

Gary Peterson, M.D., is an experienced therapist, speaker, and author in the area of the emotional and behavioral effects of trauma. Dr. Peterson conducts training and workshops on Dissociative Disorders, EMDR and Energy Psychotherapies. He is an EMDRIA Approved Consultant and Instructor and is a past member of EMDRIA's Board of Directors. He is a member of the Executive Council, International Society for the Study of Dissociation. He is a Training Program Course Instructor, ISSD Psychotherapy Training for Trauma and Dissociation. He is Certified in Energy Diagnostics and Treatment Methods and is a Level I Certified Instructor.

Ann E. Potter, Ph.D., is a licensed psychologist and a registered nurse currently in private practice at Therapy Resource Associates in Omaha, Nebraska. Dr. Potter earned a bachelor's degree in Nursing from Creighton University, a master's degree in Counseling from the University of Nebraska at Omaha, and a doctoral degree in Counseling Psychology from the University of Nebraska at Lincoln. She has had twenty-five years of experience in the mental health field as a nurse, educator, public speaker, trainer, consultant and supervisor, therapist, and psychologist. Dr. Potter has expertise in working with childhood trauma resolution, EMDR, D.B.T., and body image in eating disorders. She has developed the *Children's Roles Inventory* and published articles in professional journals about roles children play in alcoholic families. She is the author of a therapist manual, client workbook, an visualization tape entitled *Inside Out: Rebuilding Self and Personality through Inner Child Therapy*.

Susan Rogers, Ph.D., is the Assistant Director/Research Coordinator of the PTSD Unit, VA Medical Center Coatesville, PA. She is former chair of the EMDRIA Research Committee and has presented EMDR research at meetings of the International Society for Traumatic Stress Studies, the Association for the Advancement of Behavior Therapy and the Society for Psychotherapy Research. Publications include 3 articles and 1 book on EMDR. She is also a trainer for EMDR-HAP and has taught EMDR in the US and internationally.

Shirley Jean Schmidt, MA, is a Licensed Professional Counselor in private practice in San Antonio, Texas. Trained in EMDR in 1995, she is now an EMDRIA-Approved Consultant. She facilitates the San Antonio Professional EMDR Study Group, which she formed in 1997. She is a member, and past president, of the San Antonio Trauma & Dissociation Professional Study Group. She's published many articles in the EMDRIA Newsletter and given many workshops about integrating EMDR and ego state therapy. She's author of the book, *Developmental Needs Meeting Strategy for EMDR Therapists*. Her articles are posted on her web site: www.shirleyjeanschmidt.com.

Susan Schulherr, CSW, is a psychotherapist in private practice in New York City. She has been EMDR Level II trained since 1994, and attained EMDR Certification in 1999. She has presented on EMDR to other clinicians and supervised groups and individuals on EMDR practice. She has presented to professionals and the general public on issues of compulsive overeating and has published an article on the subject in the journal *Eating Disorders*.

Sharon Schwartz, LICSW, maintains a private practice in Central Massachusetts. She was trained in EMDR in 1997, and is an EMDRIA Approved Consultant. Since then, she has used EMDR extensively with young children and adults. She has also consistently used EMDR in her practice with couples and families. Sharon is collaborating on new and expanded EMDR techniques and is collecting clinical data on them for future presentations.

Melanie Smithson, MA, ADTR, LPC, is a dance movement therapist in private practice in Denver, Colorado. She is a graduate of the Somatic Psychology Department at Naropa University, and currently teaches Clinical Orientation and Creative Art Therapies for the department. She is also the director of the Play Therapy Training Program at Naropa and has been lecturing and leading workshops for adults on the power of play and movement for many years. She is most passionate about blending body, movement, play and spiritual interventions into EMDR.

Nancy J. Smyth, Ph.D., CSW, CASAC, is associate professor at the University at Buffalo School of Social Work, and a clinical social worker, in private practice, who specializes in the treatment of addicted trauma survivors. Dr. Smyth is Chair of the Research Committee of EMDRIA, a Certified EMDR practitioner, and an EMDRIA-Approved EMDR Consultant and Instructor. She consults, teaches, and conducts research on addictions, EMDR, and the connection between complex trauma and substance abuse in addicted families. Dr. Smyth wrote the chapter on EMDR and Cognitive Behavior Therapy with co-author, Dr. Desmond Poole, in Francine Shapiro's most recent book, *EMDR as an Integrative Psychotherapy Approach*; she also is a co-author on the *EMDR Chemical Dependency Treatment Manual*.

Diane Spindler-Ranta, MA, LMFT, LMHC, maintains a private practice in Central Massachusetts and works at a non-profit clinic. She trained in EMDR in 1993, and is an EMDR IA Approved Consultant. She enjoys discovering new and innovative ways to use EMDR with her clients. Diane has developed two new EMDR techniques; Slaying the Monster for young children and Gentle EMDR for adults. She wrote the article 'Slaying the Monsters' for the Special Children's Edition of the EMDRIA Newsletter. She teaches her techniques to other EMDR clinicians. She is presently gathering research to write a book about her techniques.

April Steele, M.Sc., BCATR, is an EMDRIA-Approved Consultant and a Registered Art Therapist in private practice in Nanaimo, BC. She brought together guided imagery, metaphor and EMDR in developing Imaginal Nurturing to meet the needs of her clients with insecure attachment. Since then, she has developed this into a broader approach to attachment, Developing a Secure Self, which she has presented in workshops in Canada, the US, and England.


Raymond J. Taylor, Ph.D., is an assistant professor of social work at the University of Southern Colorado. He received his doctorate in Psychology and Social Psychology with a specialization in Community Health Psychology from the Union Institute and University. He received his Masters in Social Work at San Diego State University. He is currently licensed in Colorado as a Licensed Clinical Social Worker. He has 12 years experience using EMDR in private practice and at the Veterans Administration Medical Center in Grand Junction, Colorado.

Debra Wesselmann, MS, LPC, is a psychotherapist in private practice in Omaha, Nebraska. Ms. Wesselmann is a trained EMDR Institute facilitator and an approved consultant in the use of EMDR, is certified with the American Society of Clinical Hypnosis, and she is the author of *The Whole Parent: How to Become a Terrific Parent Even if You Didn't Have One*. She has made numerous presentations on topics related to trauma and abuse, attachment, and the roots of violence including five for the international ATTACH conference, three for the international EMDRIA conference, as well as conferences in Costa Rica and at The Menninger Clinic.

David Yarosh, Ph.D., is a New York and Connecticut licensed Clinical Psychologist specializing in Couples Therapy and Gestalt Therapy with high functioning clients. He has been in private practice for over 30 years. In addition, he teaches Gestalt Therapy at the Gestalt Associates for Psychotherapy in New York, is the author of two book chapters of Couples and an EMDRIA article. He is Certified in EMDR, and in recent years has worked on integrating EMDR into a longer-term therapy framework that is needed for treating intimacy problems. Previously, he has been a Psychologist for the New York City Department of Correction and has lectured on Substance Abuse. He is a Phi Beta Kappa graduate of Dartmouth College, has a Doctorate from Adelphi University, and was a U.S. Public Health Service Fellow.

Jan Yordy, MSW, is a former teacher with a Master of Education, she pursued further studies by attaining her Master of Social Work and her certification in Play Therapy. Maintaining a private practice since 1996, in St. Jacobs, Ontario, she took her first training in EMDR in 1997. Since that time, she has developed a variety of techniques for conducting EMDR with children. Jan has also been trained in Energy Psychology and has developed a therapeutic game called "Energy Connection" which playfully incorporates EMDR and energy techniques. Jan is an international presenter in the Energy Psychology field.

William M. Zangwill, Ph.D., is an EMDR Institute trainer who has trained therapists in EMDR and other methodologies in this country and abroad. A frequent presenter at EMDRIA and other conferences, his recent published work includes chapters on Combining EMDR and Schema Focused therapy and on Sexual Victimization. He is an adjunct clinical supervisor of psychology at Yeshiva University and an associate with Dr. Jeffrey Young at the Cognitive Therapy Center of New York. He practices in Manhattan and Great Neck, NY, where he specializes in the treatment of PTSD and of sexual, marital and family problems.




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The EMDR International Association (EMDRIA) is a nonprofit, mutual benefit corporation and the professional association for EMDR practitioners. Our bylaws state, "The primary objective of EMDRIA is to establish, maintain, and promote the highest standards of excellence and integrity in EMDR practice, research, and education...". For more information about EMDRIA and our various programs and products, please come by and visit our booth.

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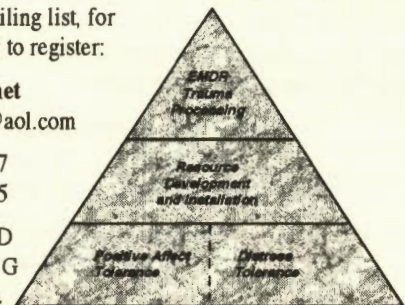
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Telephone Consultation – Individual and Group

Consultation toward EMDRIA™ Certification and complex cases.

Personal Development Press

5200 Churn Creek Rd., Suite E
Redding, CA 96002
Tel: (530) 224-1901 Fax: (530) 223-9700
Website: www.life-healing.com Email: dwilson@awwwsome.com

Personal Development Press offers a series of educational "Quick Guides" on EMDR, attachment issues, and other related topics that can be used by clinicians to quickly reference information on such topics as managing abreactions, using common interweaves, working with EMDR and pain, etc. The press also publishes EMDR related books and materials.

Sante Center for Healing

P.O. Box 448
Argyle, TX 76226
Tel: (800) 258-4250 (940)464-7222 Fax: (940) 464-7220
Website: www.santecenter.com

Sante Center for Healing is an adult polyaddiction residential treatment center specializing in the treatment of substance abuse and dependency, trauma, behavioral disorders, including sexual compulsivity and eating disorders. For more information please visit our website at www.santecenter.com.



NeuView Glasses

– Envisioning the Integrated Self –

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These are the innovative lateralized sunglasses that simply, safely and immediately access the right/left brain experience. It is our ability to shift back and forth between the two hemispheres, tapping into the unique resources to be found on each side, that is so crucial to our sense of well-being. *NeuView Glasses* empower the user by facilitating this shifting process.

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"*NeuView Glasses* have added a powerful, new healing dimension to my practice – they are invaluable!"
David Grand, Ph.D., author of *Emotional Healing at Warp Speed*.

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www.neuviewglasses.com

NEUVIEW INCORPORATED - One North Street - Hastings-on-Hudson, NY 10706 - 914-478-4200

Sierra Tucson

39580 S. Lago del Oro Parkway
Tucson, AZ 85739

Tel: (480) 722-0893 Toll Free: 1-800-842-4487 Fax: (480) 722-0894

Website: www.sierratucson.com Email: lhaas@sierratucson.com

Nestled in the foothills of the Santa Catalina Mountains near Tucson, Arizona, lies a unique international treatment center dedicated to the prevention, education, and treatment of addictions and behavioral disorders. Sierra Tucson is more than a drug treatment center, as it is dually licensed to handle psychiatric issues, as well as many types of addiction. We are committed to helping people find a better way. For information or a confidential consultation, call us anytime at 1-800-842-4487! Sierra Tucson is a dually licensed, accredited special psychiatric hospital and behavioral health center leading the development and practice of progressive, effective therapies. Facilitated by an expert, experienced, and caring staff, Sierra Tucson provides treatment plans where individuals discover, confront, and learn to manage the issues at the very heart of human behavior and disease. The acclaimed Sierra Tucson treatment philosophy, expressed as the Sierra Model®, recognizes that we all exist as mind, body, spirit and emotions. The combination of both traditional and innovative therapies engages patients experientially. Only after healing progresses beyond the symptomatic to embrace the whole person does real recovery begin. Our experience and success is in helping patients move beyond underlying problems to true recovery. Sierra Tucson applies traditional and complementary therapies to assist in the recovery process. Acupuncture, EMDR, psychodynamic role-playing, and yoga, as well as more traditional group and cognitive/behavioral therapies, are utilized to provide a diverse yet highly effective treatment experience. Accessibility, communication, and continuum are cornerstones of the Sierra Tucson programs. Success is always a team effort and, appropriately, we are dedicated to a collaborative, highly communicative process with the entire referral and support network.

Sound On Tape, Inc.

1800 Stoney Brook
Suite 104

Houston, TX 77063

Tel: (866) 222-8273 Fax: (713) 339-1327

Website: www.soundontape.com Email: jweaver@soundontape.com

Too busy seeing your friends and the exhibits?

Couldn't be at two sessions at the same time?

Want to share information with those who couldn't attend?

Didn't catch all the information?

If you answered yes to any of the above, purchase copies of recorded presentations from Sound On Tape. **Tapes & CDs** will be available for purchase on site at the Sound on Tape booth soon after each session ends. Also, order **cassette tapes, cds and the complete conference on CD rom** at any time. We will also take orders for previous years conferences offered at a huge discount. Please come by and sign up for a raffle to be eligible to win a complete set of tapes/CD's from the 2003 conference.

The Meadows

1655 North Tegner Street
Wickenburg, AZ 85390

Tel: 1-800-MEADOWS / 1-800-632-3697 Fax: (928) 684-3261

Website: www.themeadows.org Email: info@themeadows.org

The Meadows is a multi-disorder facility specializing in the treatment of trauma and addiction. Intensive treatment focuses on addictions, psychological conditions, affective disorders and compulsive behaviors. The Meadows is licensed as a level one psychiatric acute hospital. At the Meadows "Recovery Becomes Reality."

What Room is my Session in?

THURSDAY

101: Beere	COLUMBINE
102: Parnell	MAJESTIC BALLROOM
103: Tinker/Wilson	TOWER COURT D

FRIDAY

201: Amen	GRAND BALLROOM
202: Amen	MAJESTIC BALLROOM
203: Brusio	TOWER COURT A
204: Marcus	TERRACE
205: Zangwill	TOWER COURT D
206: Fisher	COLUMBINE
207: Colelli	TOWER COURT C
208: Wesselmann	VAIL
209: Smithson	TOWER COURT B
210: Heber	TOWER COURT A
211: Becker-Fritz	VAIL
212: Manfield	TOWER COURT B
213: Dworkin	TOWER COURT C
214: Korn	TOWER COURT D
215: Forgash	TERRACE
216: Potter	COLUMBINE
217: Leeds	TOWER COURT D
218: Bergmann	COLUMBINE
219: Cummings	TERRACE

SATURDAY

220: Shapiro	GRAND BALLROOM
221: Grand	SILVER
222: Foster	MAJESTIC BALLROOM
223: O'Shea	TOWER COURT D
224: Yarosh	COLUMBINE
225: Becker-Fritz	TOWER COURT A
226: Pace	TERRACE
227: Smyth	TOWER COURT B
228: Bergmann	VAIL
229: Knudsen	TERRACE
230: Paulsen	COLUMBINE
231: Steele	TOWER COURT D
232: Schmidt	MAJESTIC BALLROOM
233: Lovell	TOWER COURT A
234: Spindler-Ranta	TOWER COURT B
235: Taylor	TOWER COURT A
236: Schulherr	TOWER COURT B

SUNDAY

237: Levine	GRAND BALLROOM
238: Levine	MAJESTIC BALLROOM
239: Laub	TOWER COURT A
240: Knipe	TOWER COURT B
241: Kiessling	TOWER COURT D
242: Andresen	TERRACE
243: McGuinness	COLUMBINE
245: Yordy	TOWER COURT D
246: Peterson	TERRACE
247: Litt	COLUMBINE

What Floor is my Session on?

Mezzanine Level

SILVER
COLORADO

Second Floor

GRAND BALLROOM
TOWER COURT A
TOWER COURT B
TOWER COURT C
TOWER COURT D

Street Level

EXHIBIT HALL

Terrace Level

COLUMBINE
TERRACE

Majestic Level

MAJESTIC BALLROOM
VAIL

Directions to Rooms

Mezzanine Level

The Mezzanine Level contains two of our meeting rooms. They are just to the right (Silver) and left (Colorado) as you get off the elevators on the Mezzanine Level.

Colorado
Silver

Second Level

The Second Level contains five of our meeting rooms. As you exit the elevators on the Second Level, the Grand Ballroom will be to one side, near the South Convention Lobby, and Tower Courts A, B, C, & D will be to the other side, near the North Convention Lobby.

Grand Ballroom
Tower Court A

Tower Court B
Tower Court C

Tower Court D

Street Level

Street Level will be host to our **Exhibit Hall and Registration Area**. These directions are a little more complicated. We've included two routes to choose from.

Directions through the Hotel: To get to the Exhibit Area from the main lobby, proceed to the left of the front desk, around the corner and past the Gift Shop. Just past the Gift Shop are the elevators. Go up to the Second Level. Take the bridge across the street toward the Tower Building. Then take the escalator (to your left) down to another Gift Shop. As you come off the escalator head towards Players Sports Bar, take a left (in front of the Front Desk), and proceed all the way down the hall. This should be the Exhibit Hall/Registration Area.

OR

Directions going outside the Hotel: From the main lobby, go outside and cross the street (Court Place) to the alternate entrance of the Adam's Mark. Once inside, go straight down to the end of the hall. This should be the Exhibit Hall/Registration Area.

Terrace Level

The Terrace Level contains two of our meeting rooms. From the Exhibit Hall/Registration Area, take the escalator down to the Terrace Level.

Columbine
Terrace

Majestic Level

The Majestic Level contains two of our meeting rooms. From the Exhibit Hall/Registration Area, take the escalator down to the Terrace Level and then the other set of escalators down to the Majestic Level.

Vail
Majestic Ballroom

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A Special Thank You!

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The EMDR International Association would like to extend a very special “Thank You!” to the

EMDR Institute, Inc.

for their many contributions and continued support and assistance throughout this past year.

Mark Your Calendar NOW for Next Year!

2004

*EMDR International Association
Conference*

to be held in

Montreal, Quebec

CANADA

*at Hotel Wyndham Montreal
(800) 361-8234*

September 9 - 12, 2004