



1996
EMDR INTERNATIONAL
ASSOCIATION CONFERENCE
RESEARCH AND CLINICAL APPLICATIONS
“Linking Theory With Practice”

CONFERENCE GUESTS

Francine Shapiro, Ph.D.
Bessel A. van der Kolk, M.D.
Catherine Fine, Ph.D.
Steve Gilligan, Ph.D.
Jeffrey Young, Ph.D.
Barbara O. Rothbaum, Ph.D.

JUNE 28–30, 1996
DENVER, COLORADO

**An annual conference dedicated to high quality presentations by
trained clinicians to promote the growth and development of EMDR.**

SPONSORED BY:
EMDR INTERNATIONAL ASSOCIATION, INC.
EMDR INSTITUTE, INC.

3900 E. Camelback Rd., Ste. 200; Phoenix, Arizona 85018
Phone: (602) 912-5300 • Fax: (602) 957-4828

Conference At A Glance

Friday, June 28, 1996

7:30 am – 8:15 am	Registration and Tea/Coffee Service
8:15 am – 9:30 am	Welcome Address EMDRIA International Association Board Introduction of EMDRIA Officers EMDRIA General Meeting
9:30 am – 10:00 am	Keynote Address by Francine Shapiro, Ph.D.
10:15 am – 1:30 pm	EMDRIA Board Meetings
10:15 am – 5:00 pm	Workshop Presentations
12:15 pm – 1:30 pm	Lunch (on your own)
6:00 pm – 7:30 pm	Cocktail Party – Cash Bar

Saturday, June 29, 1996

8:00 am – 8:30 am	Registration and Tea/Coffee Service
8:30 am – 10:00 am	Plenary with Bessel van der Kolk, M.D.
10:15 am – 12:00 pm	EMDRIA Board Meetings
10:15 am – 5:00 pm	Workshop Presentations
12:15 pm – 1:30 pm	Lunch (on your own)
6:30 pm – 8:30 pm	Dinner with Francine Shapiro, Ph.D. Humanitarian Assistance Program (seating limited to 150 people)

Sunday, June 30, 1996

8:00 am – 8:30 am	Registration and Tea/Coffee Service
8:30 am – 4:30 pm	Workshop Presentations
12:00 pm – 1:30 pm	Lunch (on your own)
4:30 pm – 5:00 pm	Closing Address with Francine Shapiro, Ph.D.

Conference Program

Friday, June 28, 1996

7:30 am – 8:15 am

REGISTRATION

8:15 am – 9:30 am

WELCOME ADDRESS

*EMDR International Board
Introduction of EMDRIA Officers
EMDRIA General Meeting*

9:30 am – 10:00 am

KEYNOTE ADDRESS

Francine Shapiro, Ph.D.
EMDR Institute, Inc.

10:15 am – 5:00 pm

ALL DAY PRESENTATION

SESSION 1

A

Integrating Schema-Focused Therapy with EMDR
Jeffrey Young, Ph.D. & William M. Zangwill, Ph.D.

10:15 am – 12:15 pm

MORNING PRESENTATIONS

SESSION 2

C

Using EMDR with Children
Robert Tinker, Ph.D.

SESSION 3

A

Addictions: An Integrative Approach and Research Design
Silke Sine-Vogelman, Ph.D., Larry Sine, Ph.D., & Arnold J. Popky, M.A.

SESSION 4

A/R

Efficacy of EMDR for Trauma Survivors as Measured by the Rorschach
Elizabeth Call, Psy.D., Nancy Errebo, Psy.D., & Patti Levin, Psy.D.

SESSION 5

A

EMDR in Loss, Grief and Mourning
Donald L. Weston, Ph.D.

12:15 pm – 1:30 pm

LUNCH (on your own)

1:30 pm – 5:00 pm

AFTERNOON PRESENTATIONS

SESSION 6

A

EMDR in the Treatment of Panic, Phobia, and Obsessive Compulsive Disorders
Marcia Whisman, LCSW

SESSION 7

A

Clinical Applications of EMDR in Treating Survivors of Sexual Abuse
Deborah Korn, Psy.D.

SESSION 8

A/G

Work with Victim Advocates: EMDR and MADD, an Evolving Story
Partnership Between Victim Advocates and Mental Health Professionals
Stephanie Frogge, MTS
From Grief to Mourning: An EMDR Protocol for Complicated Bereavement
Steve Lazrove, M.D.
Creating a National Network Between EMDR Practitioners and Victim Service Organizations
Patti Levin, LICSW, Psy.D.

Conference Program - Friday, June 28, 1996

1:30 pm – 3:00 pm

SESSION 9

C

- ✓ *Creative Approaches to EMDR with Children*
Joan M. Lovett, M.D.

3:30 pm – 5:00 pm

SESSION 10

C

- ✓ *The Future of EMDR for Children and Adolescents*
Michael Abruzzese, Ph.D., Ann Godwin, M.A., Ricky Greenwald, Psy.D.,
Joan Lovett, M.D., Robert Tinker, Ph.D., & Carol York, LMSW-ACP

Conference Program

Saturday, June 29, 1996

8:00 am – 8:30 am

REGISTRATION

8:30 am – 10:00 am

PLENARY

- ✓ *Psychological and Neurobiological Dimensions of the Compulsion to Forget and Repeat Trauma*
Bessel van der Kolk, M.D.

10:15 am – 5:00 pm

ALL DAY PRESENTATION

SESSION 11

A

- ✓ *EMDR Facilitated Trauma Work in Patients with Dissociative Identity Disorders (Level II Recommended)*
Catherine G. Fine, Ph.D.

10:15 am – 12:30 pm

MORNING PRESENTATIONS (extended morning session)

SESSION 12

R

Scientific Investigations into EMDR (Part I)

Lee Becker, Ph.D., Chair

- ✓ *PTSD and EMDR—One Year Later*
Sandra Wilson, Ph.D., Lee Becker, Ph.D., & Robert Tinker, Ph.D.
- ✓ *A Controlled Study of Eye Movement Desensitization and Reprocessing (EMDR) for Combat-Related Post-Traumatic Stress Disorder (PTSD)*
Jack Carlson, Ph.D. & Claude Chemtob, Ph.D.
- ✓ *A Controlled Study of Eye Movement Desensitization in the Treatment of Post-Traumatic Stress Disorder Sexual Assault Victims*
Barbara O. Rothbaum, Ph.D.
- ✓ *Brief Psychological Intervention with Young High-Risk Females: A Comparison of Eye Movement Desensitization and Reprocessing with Active Reflective Listening*
Margaret M. Scheck, M.A., Judith A. Schaeffer, Ph.D.,
& Craig S. Gillette, Ph.D.
- Bessel van der Kolk, M.D., Discussant

10:15 am – 12:15 pm

MORNING PRESENTATIONS

SESSION 13

F

EMDR and Family Therapy

Peggy Moore, MSW, ACSW, LISW, & Maureen Renville, M.A., LPCC

A (Clinical Adult)

C (Clinical Child/Adolescent)

E (EMDR)

F (Clinical Marital/Family)

G (Advocacy/Grassroots)

R (Research)

Conference Program - Saturday, June 29, 1996

SESSION 14 A/R

Use of EMDR to Enhance Learning with Adults Who Have Learning Disabilities

- ✓ • *Effects of EMDR with Adult Literacy Students*
Kay Werk, MSW, LISW, & Thomas W. Raeth, Ph.D.
- ✓ • *Establishing a Research Protocol for EMDR with Basic Skill/Literacy Programs with Adults Suffering from Traumatic Educational Experiences*
Laura Weisel, Ph.D., & Megan Dixon, M.A.

SESSION 15 A

✓ *Using EMDR in the Treatment of Veterans*
Howard Lipke, Ph.D.

SESSION 16 A

✓ *EMDR in Executive Coaching for Leadership Skills Development and Strategic Visioning*
Sandra Paulsen, Ph.D.

10:15 am – 12:15 pm

SESSION 17 A

✓ *Body Oriented Techniques to Help "Unstick" EMDR Processing*
Karl Jacobs, Psy.D. & Ian Macnaughton, Ph.D.

12:15 pm – 1:30 pm

LUNCH (on your own)

1:30 pm – 5:00 pm

AFTERNOON PRESENTATIONS

SESSION 18 A/C

Applying EMDR to Physical Illness, Injury, and Symptoms in Adults and Children

- ✓ • *Applications of EMDR in Treating Medical Conditions in Children*
Joan M. Lovett, M.D.
- ✓ • *EMDR Protocol for the Assessment and Treatment of Physical Phenomena with Selected Applications*
Adrianne Casadaban, Ph.D.
- ✓ • *The Use of EMDR to Unlock the Potential for Healing*
Phyllis Klaus, Med.
- ✓ • *The Use of EMDR with Physically Challenged Individuals*
Robert Gilden, Ph.D.

SESSION 19 A

✓ *Beyond the Cognitive Interweave: The Use of Metaphors, Dreams, Art, and Imagery in EMDR*
John Thompson, M.A., Linda Cohen, M.S., & Laurel Parnell, Ph.D.

SESSION 20 A

✓ *EMDR Applications to Critical Incident Stress Management*
Roger M. Solomon, Ph.D.

SESSION 21 A

✓ *Advanced Case Consultations on EMDR Applications to the Workplace: Enhancing Career Performance*
Sandra Foster, Ph.D., & Jennifer Lendl, Ph.D.

SESSION 22 A/R

- ✓ • *EMDR in Treatment of Offenders (Level II Recommended)*
John G. Hartung, Psy.D.
- ✓ • *Enhancement of Victim Empathy Along with Reduction in Anxiety and Increase of Positive Cognition of Sex Offenders After Treatment with EMDR*
Purna Datta, Ph.D.

SESSION 23 E

✓ *Integrating EMDR with Marital and Family Systems Therapy*
Chad Glang, Ph.D. & Craig Penner, MFCC

Conference Program - Saturday, June 29, 1996

6:30 pm – 8:30 pm

Dinner to Honor Humanitarian Assistance Efforts

Guest Speakers: Francine Shapiro, Ph.D., Executive Director

Steve Silver, Ph.D., Programs Chair

EMDR Humanitarian Assistance Program

(reserved seating only, 150 limited seating)

Conference Program

Sunday, June 30, 1996

7:30 am – 8:30 am

REGISTRATION

8:30 am – 12:30 pm

HALF DAY PRESENTATIONS

SESSION 24

A

✓ Integrative Psychotherapy: Combining Ego State Therapy, Clinical Hypnosis, and EMDR in a Psychosocial Developmental Context

Terence C. Wade, Ph.D. & Darlene Wade, MSW

SESSION 25

A/E

✓ The Basics and Beyond: Conceptual Issues and Advances in Using EMDR

William Zangwill, Ph.D.

SESSION 26

C

✓ EMDR for Adolescents with Disruptive Behavior Disorders

Ricky Greenwald, Psy.D.

SESSION 27

A

16 ✓ Body Processing: Innovative Applications of EMDR to The Somatic Experience

David Grand, MSW, BCD

8:30 am – 10:00 am

MORNING PRESENTATIONS

SESSION 28

R

Scientific Investigations into EMDR (Part II)

Lee Becker, Ph.D., Chair

- ✓ Controlled Study Post-Traumatic Stress Disorder Using EMDR in an HMO Setting*

Steven Marcus, Ph.D.

- ✓ Evaluating the Effectiveness of EMDR in Reducing Trauma Survivors of Adult Childhood Sexual Abuse*

Tonya Edmond, MSSW, LMSW-ACP, & Allen Rubin, Ph.D.

David Baldwin, Ph.D., Discussant

SESSION 29

F

✓ Integrating EMDR and Family Therapy

Frances Klaff, Ph.D.

SESSION 30

G

✓ EMDR Humanitarian Assistance: Oklahoma

Sandra Wilson, Ph.D., Robert Tinker, Ph.D., Joe Westerhiede, Ph.D., &

Karin Kleiner, LCSW

10:30 am – 12:00 pm

MORNING PRESENTATIONS

SESSION 31

R

✓ Process Research in EMDR

Judith Flaxman, Chair

- ✓ • Affective Information Processing of Traumatic Memories: A Process Analytic Investigation*

Kenneth Celiano, M.A., C.A.D.C.

A (Clinical Adult)

C (Clinical Child/Adolescent)

E (EMDR)

F (Clinical Marital/Family)

G (Advocacy/Grassroots)

R (Research)

Conference Program - Sunday, June 30, 1996

~~X~~ *Somaticizers and Eye Movement Desensitization and Reprocessing: A Distinctive Processing Style*

Catherine Wilson, M.A.

~~X~~ *Process Research: Future Directions*

Patricia Flaherty, B.A.

Andrew Sweet, Ph.D., Discussant

SESSION 32

F

~~/~~ *Working with Couples: The Use of EMDR in Relationship Counseling*

Rosamond E. Nutting, M.Ed. Studs., B.A.(hons), Psych.

SESSION 33

G

~~/~~ *EMDR Humanitarian Assistance: Sarajevo*

Steven M. Silver, Ph.D., Susan Rogers, Ph.D., & Gerald Puk, Ph.D.

1:30 pm – 4:30 pm

HALF DAY PRESENTATIONS

SESSION 34

A

~~/~~ *“Love in the Face of Violence”: Self Relations Psychotherapy, Ericksonian, Hypnosis, and EMDR*

Stephen Gilligan, Ph.D.

SESSION 35

A

~~/~~ *Using Internal Dialogue to Achieve Maximum EMDR Results*

Sandra Paulson, Ph.D.

SESSION 36

A/E

~~/~~ *Assessing for EMDR Appropriateness and Readiness and Determining EMDR Targets*

Larry Sine, Ph.D. & Silke Vogelmann-Sine, Ph.D.

1:30 pm – 3:00 pm

AFTERNOON PRESENTATIONS

SESSION 37

E/G

Reaching EMDR in Graduate School Programs

Laurell Parnell, Ph.D., & Curt Rouanzoin, Ph.D.

SESSION 38

R

~~/~~ *Research Design: How to Evaluate Current Research*

Ron Doctor, Ph.D.

SESSION 39

G

~~/~~ *Legal Abuse in Family Court/RX, EMDR+.....*

Barbara Parett, R.N., M.S.

3:15 pm – 4:30 pm

AFTERNOON PRESENTATIONS

SESSION 40

A/E

~~/~~ *Multiple Positive Cognitions*

Chad Glang, Ph.D.

SESSION 41

R

A Treatment Outcome Study of EMDR With Traumatized Children: Preliminary Results

Ricky Greenwald, Psy.D.

4:30 pm – 5:00 pm

CLOSING ADDRESS

Francine Shapiro, Ph.D.

A (Clinical Adult)

C (Clinical Child/Adolescent)

E (EMDR)

E (Clinical Marital/Family)

G (Advocacy/Grassroots)

R (Research)

Guest Speakers

Francine Shapiro, Ph.D.

Francine Shapiro, Ph.D., originator of EMDR, is a Senior Research Fellow at the Mental Research Institute, Palo Alto, California, and the recipient of the 1994 *Distinguished Scientific Achievement in Psychology Award* presented by the California Psychological Association. She is the Author of Eye Movement Desensitization and Reprocessing: Basic Principles, Protocols, and Procedures (Guilford Press, 1995).

Bessel van der Kolk, M.D.

Bessel van der Kolk, M.D., is Director of HRI Trauma Center in Boston, Massachusetts and Associate Professor of Psychiatry, Harvard Medical School. He is past president of International Society for Traumatic Stress Studies. He authors numerous research articles on various aspects of how adults and children deal with traumatic experiences. His most recent book (with Alexander McFarlane) is Traumatic Stress: The Effects of Overwhelming Experience on Mind, Body, and Society New York, Guilford Press, 1996.

Catherine G. Fine, Ph.D.

Catherine G. Fine, Ph.D., is the Assistant Clinical Professor in the Department of Psychiatry at the University of Pennsylvania. She is highly respected for her work in the field of dissociation of the treatment of dissociative identity disorder.

Stephen Gilligan, Ph.D.

Stephen Gilligan, Ph.D., is a licensed psychologist practicing in Encinitas, CA. Since 1975, he has been a highly regarded teacher and trainer in the field of Ericksonian psychotherapy. In addition to publishing many articles and chapters on hypnosis and psychotherapy, he has authored Therapeutic Trances: The Cooperation Principle in Ericksonian Hypnotherapy, co-authored The Winds of Change: Explorations in Ericksonian Hypnosis and Psychotherapy, and co-edited Brief Therapy: Myths, Methods, and Metaphors and Therapeutic Conversations. He is currently writing Love in the Face of Violence: A Self-Relations Approach to Psychotherapy, a description of a new model for the practice of psychotherapy. Stephen is especially well-known and respected for his ability to teach theory and practice in an experiential, comprehensive, and caring fashion.

Jeffrey Young, Ph.D.

Jeffrey Young, Ph.D., is Founder and Director of the Cognitive Therapy Centers of New York and Connecticut. He is on the faculty in the Department of Psychiatry at Columbia University College of Physicians and Surgeons. Dr. Young is the author of Cognitive Therapy for Personality Disorders: A Schema-Focused Approach and Reinventing Your Life, a self help-book based on his approach.

Barbara Olasov Rothbaum, Ph.D.

Barbara Olasov Rothbaum, Ph.D., received her doctorate in clinical psychology from the University of Georgia in 1986. She is Assistant Professor in Psychiatry at the Emory School of Medicine in the Department of Psychiatry and Behavioral Sciences. Dr. Rothbaum specializes in research on the treatment of individuals with anxiety disorders, particularly focusing on exposure therapy. She was on the DSM-IV Workgroup on Post-Traumatic Stress Disorder (PTSD) and served as the Emory Site Coordinator of the DSM-IV Field Trial for Obsessive Compulsive Disorder. She has won both state and national awards for her research, has authored approximately 50 scientific papers and chapters, has two books under contract regarding the treatment of PTSD, and received the Diplomate in Behavioral Psychology from the American Board of Professional Psychology. Along with Dr. Hodges, she has pioneered the application of virtual reality to the treatment of psychological disorders.

Accommodations & Travel

The conference is being held at The Westin Hotel, Tabor Center Denver in Denver, Colorado. A special conference rate of \$125.00 single/double may be obtained by calling (303) 572-9100. Please identify yourself as part of the "EMDR International" group. Cut-off date for reservations is Monday, June 3, 1996. Reservations called in after June 3, 1996, will be accepted on space available basis. One night's deposit is required with each reservation. A cancellation notice must be received at least 48 hours in advance to ensure a full refund.

The Westin Hotel is located on Lawrence Street in downtown Denver development. The Westin Hotel is part of a two square block. The shops at Tabor Center offer a retail complex of over 70 shops and restaurants. The hotel is two blocks from Larimer Square and the Denver Center for the Performing Arts. The hotel has a complete athletic facility.

Travel time from Denver International Airport will be 45-60 minutes depending on peak traffic. The Airport Commuter provides shuttle service for \$15.00 per person, one way. Cab fares are \$30.00-\$38.00 each way.

Conference airfare discounts with United Airlines are available by contacting EMDRIA exclusive travel agent, TOM WACHA at 1-800-328-5668 or fax (415) 321-8809. If by fax, you must include: 1) Traveler's legal ID name, 2) Telephone number, 3) Desired travel dates & times, 4) Seat preference, etc., 5) United Mileage plus #. You may also contact Peninsula World Travel at 1-800-950-2030.

Continuing Education

Continuing Education Units (CEU's) are provided through EMDR Institute, Inc. which is approved by the American Psychological Association, National Board of Certified Counselors, and Board of Registered Nursing State of California. EMDR Institute, Inc. maintains responsibility for the program. Contact hours will be provided to social workers and other professionals.