



EMDR
International Association
Conference

EMDR...

Forward From the Future

A n annual conference dedicated to high quality, presentations by trained clinicians and researchers to establish, maintain, and promote the highest standards of excellence and integrity in EMDR practice, research, and education. ❁

Acknowledgements

The EMDR International Association wishes to acknowledge the EMDRIA Administrative Staff and Conference Committee volunteers for their hard work and devotion in putting together the 2000 EMDRIA Conference. Special appreciation is also expressed for all those volunteering their time to present and work at the Conference. We couldn't have done it without you.

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*September
2000*

Conference at a Glance

Friday

Registration Open

7:00am - 5:00pm

Welcome Address

8:00am - 8:30am

by David Wilson, Ph.D.
& *Carol York, MSSW, LMSW-ACP*

Keynote Plenary

8:30am - 10:00am

Introduction of Bessel van der Kolk, M.D.
by Francine Shapiro, Ph.D.

Full Day Presentations

10:30am - 5:00pm

90 Minute Morning Presentations

10:30am - 12 Noon

Lunch (on your own)

12 Noon - 1:30pm

Half Day Afternoon Presentations

1:30pm - 5:00pm

EMDR International Association RECEPTION/COCKTAIL PARTY & BOOK SIGNING (cash bar)

6:30pm - 8:00pm

Saturday

Registration Open

7:00am - 5:00pm

EMDR International Association GENERAL MEMBERSHIP MEETING

7:00am - 8:00am

Plenary

8:30am - 10:00am

with Allan Shore, Ph.D.

Full Day Presentation

10:30am - 5:00pm

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1:30pm - 5:00pm

90 Minute Afternoon Presentations

1:30pm - 3:00pm

&

3:30pm - 5:00pm

AWARDS & RECOGNITION DINNER

6:00pm (begin boarding) - 10:00pm

(Ship departs promptly at 7:00pm)

Sunday

EMDRIA APPROVED CONSULTANT PRESENTATION & DISCUSSION

7:15am - 8:15am

Registration Open

8:00am - 12 Noon

Plenary

8:30am - 10:00am

with Francine Shapiro, Ph.D.

90 Minute Morning Presentations

10:30am - 12 Noon

Lunch (on your own)

12 Noon - 1:30pm

Half Day Afternoon Presentations

1:30pm - 5:00pm

One Hour Afternoon Presentations

1:30pm - 2:30pm

90 Minute Afternoon Presentations

1:30pm - 3:00pm

&

3:30pm - 5:00pm

Public Research Meeting

Friday, September 8th 5:00pm to 6:30pm

This is an open meeting to: 1) facilitate networking among EMDR researchers; and 2) generate ideas on how EMDRIA might best be able to support the needs of the EMDR research community. All EMDR researchers and those interested in doing EMDR research in the future (e.g., students, clinicians aspiring to do research, academics training future EMDR researchers) are encouraged to attend. This meeting will be held in Jasper 1-266.

Reception/Cocktail Party & Book Signing

Friday, September 8th 6:30pm to 8:00pm

Please join us at our annual Reception/Cocktail Party, hosted this year by the EMDR International Association and the EMDR Association of Canada. We will gather in the Canadian Room for hors d'oeuvres and cocktails. There will be a Book Signing with special guests in conjunction with the reception. The Exhibit area next door in the Ontario Room will also be open until 7:00 or 7:30, for your browsing. Everyone is welcome!

EMDRIA General Membership Meeting

Saturday, September 9th 7:00am to 8:00am

Members and Non-Members of EMDRIA are encouraged to attend. The meeting will be held in the Canadian Room. This meeting is designed to provide you with updates on what our organization has accomplished in the past year and our vision for the upcoming year. You will be introduced to the various Committees and find out what they do and how you can become involved if you have a special interest or experience that would benefit the Committees' work. The EMDRIA Board of Directors and Officers will also be introduced at this meeting. Please join us and become involved.

Special Interest Group Meetings

Saturday, September 9th 12 Noon to 1:30pm

At the request of many of our membership, EMDRIA is sponsoring the formation of Special Interest Groups. There are eight rooms available on Saturday during the lunch break for those of you who are interested in joining, creating, or chatting with others who share your special interests. Rooms have been made available for the following eight Special Interest Groups.

1. Addictions-Confederation 4
2. Anxiety Disorder-Confederation 6
3. Child and Adolescents-Confederation 3
4. Ego States & DID-Upper Canada
5. Eating Disorders-York
6. Forensics-Library
7. Peak Performance - Territories
8. PTSD-Confederation 5

There will be a copy of the Guidelines for Special Interest Groups and an application form for Groups-in-Formation available for each of the meeting rooms. If your special interest is not reflected in this list, feel free to call a meeting, advertise it on the message board, and hold it in your own room and ask the registration staff for a copy of the Guidelines. If the group decides it wants to become a SIG, please fill out the application and send it to Zona Scheiner, Ph.D., at the address given on the application.

Awards & Recognition Dinner Cruise

Saturday, September 9th 6:00pm (begin boarding) to 10:00pm

This is a banquet held to recognize and award those who have dedicated their time, expertise, and knowledge to the preservation and growth of EMDR. Those of you who have purchased a reservation for this three-hour dinner cruise should arrive at the Northern Spirit by 6:00-6:15pm on Saturday evening to begin boarding. The ship departs promptly from the harbor at 7:00pm and returns at 10:00pm. Only those who have purchased reservations prior to the Conference will be allowed to attend. Seating is limited and has been given on a first come, first serve basis. There will be no refunds issued for those who miss boarding. Directions to the Northern Spirit are as follows:

From the Royal York Hotel: The Northern Spirit is docked at the foot of York Street and Queen's Quay West on the south side of the Queen's Quay Terminal Building, 207 Queen's Quay West. Take York Street all the way down to the harbor. You will see the Mariposa Cruise Line Fleet. Follow the signs to the Northern Spirit. We will have a table set out in front of the ship, and you will need to check at this location before boarding.

If you have questions concerning the dinner cruise, please ask EMDRIA Conference Staff or call Mariposa Cruises at (416) 203-0178 or (800) 976-2442.

PLEASE NOTE: The ship that was named in your Conference Brochure, the Capt. Matthew Flinders, is NOT the ship we will be boarding. It has been CHANGED to the Northern Spirit. However, it is in the same location as the Capt. Matthew Flinders. There will be signage to direct you to the correct ship.

EMDRIA Approved Consultant Presentation/Discussion

Sunday, September 10th 7:15am to 8:15am

Open to all EMDRIA Approved Consultants and those wishing to pursue Approved Consultant status. This will be a presentation and discussion time, moderated by the EMDRIA Standards & Training Committee. This meeting will be held in the Upper Canada Room. All interested are welcome.

SESSION 12 CONFEDERATION 6**The Role of Transference and Countertransference in EMDR***Mark Dworkin, MS, Sheila Bender, Ph.D.*

Participants will be able to: (1) identify transference and countertransference issues in an EMDR session; (2) apply knowledge of transference and countertransference during any phase of EMDR therapy protocol; and (3) employ proactive strategies such as cognitive interweaves utilizing transference and countertransference principles. (BIA)

SESSION 13 CONFEDERATION 5**EMDR and Energy Medicine: An Integrative Approach***Irene R. Siegel, CSW*

Participants will: (1) develop an understanding of the role that energy medicine can play within the context of the EMDR protocol; (2) develop an understanding of the dynamic relationship between our physiology, our emotions, and our Human Energy Field; (3) identify the chakra systems and the levels of electro-magnetic frequency that exist within the Human Energy Field, and its relationship to developmental theory; (4) demonstrate an ability to identify vibrational patterns of emotional trauma within the HEF; (5) develop an understanding of the role of EMDR as an effective tool in creating a bridge between science, psychotherapy, and spirituality; and (6) learn to apply effective techniques for integrating the technology of energy medicine into an EMDR practice. (BIA)

SESSION 14 TERRITORIES**Therapeutic Interweave: Before and Beyond***Sandra Kaplan, MSW, CSW, Ginger Gilson, MFT*

Participants will: (1) be able to define the cognitive interweave and go beyond it to be able to define an expanded conceptualization of the therapeutic interweave; (2) be able to identify a range of therapeutic interweaves, including cognitive, affective, body awareness, imaginal, ego state, experiential, dynamic, spiritual, healing, etc.; (3) be able to assess for and build in a foundation of safety, where needed, before beginning EMDR trauma work; (4) be able to explain how the range of therapeutic interweaves can help clients establish appropriate responsibility, safety, and choices and explain how therapists can make a space for clients to be able to effect an adaptive change on their own; (5) learn a framework for deciding when, how, and if to use the therapeutic interweave during EMDR treatment when clients have not spontaneously found their way to an adaptive resolution; and (6) develop competence in assessing for and creating a foundation of safety, be able to share interweave approaches that participants have found to be effective, and develop competence in choosing, developing, utilizing, and timing of the therapeutic interweave in carefully designed experiential learning exercises. (IA)

1:30pm-3:00pm**90 MINUTE WORKSHOP****SESSION 15 YORK****What About Eye Movements in EMDR?***Lee Becker, Ph.D., Nicole Nugent, Debby Black-Tanski*

Participants will learn: (1) the research findings with respect to EMDR dismantling studies; (2) the research findings with respect to the effects of eye movements on cognitive and emotional processes; (3) the components of the model that proposes that eye movements act as a distractor to the avoidance process in psychological trauma; and (4) the results of 2 studies designed to test the "distractor to the avoidance process" model. (BIA)

3:30pm - 5:00pm**90 MINUTE WORKSHOP****SESSION 16 YORK****EMDR Treatment of Phantom Limb Pain with Brain Imaging (MEG)***Sandra Wilson, Ph.D., Robert Tinker, Ph.D., Lee Becker, Ph.D., Arne Hofmann, M.D., James W. Cole, Ed.D.*

Participants will be able to: (1) describe phantom limb pain and its parameters; (2) understand the current use of MEG technology with respect to phantom limb pain; and (3) understand and describe the EMDR treatment protocol for phantom limb pain. (BIA)

8:30am - 10:00am**PLENARY****SESSION 17 CANADIAN****Traumatic Attachment and the Development of the Right Brain**
Allan Schore, Ph.D.

Participants will learn: (1) how a history of early abuse and/or neglect induces severe attachment pathology in infants and toddlers; (2) the deleterious effects of early abuse and neglect on the development of right brain coping systems, specifically focusing on the impairment of the maturation of higher right cortical interconnections into the hypothalamo-pituitary-adrenal axis and the sympathomedullary axis; and (3) a developmental psychoneurobiological model of dissociation. (BIA)

10:30am - 5:00pm**FULL DAY WORKSHOP****SESSION 18 CONFEDERATION 3****Integrating EMDR with Sexual and Relationship Therapy***William Zangwill, Ph.D.*

Participants will: (1) increase their knowledge of sexual and relationship problems; (2) increase their ability to accurately assess sexual and relationship problems; (3) increase their comfort in working with sexual issues; and (4) increase their effectiveness in working with sexual and relationship issues. (IA)

10:30am - 12 Noon**90 MINUTE WORKSHOPS****SESSION 19 TUDOR 8&9****Using a Conference Room of Resources to Process Past, Present, and Future Issues***Roy Kiessling, MSW*

Participants will: (1) learn the basic protocol for developing and installing a "conference room team" of resources; (2) learn how to negotiate cooperation and compromise between established strengths; (3) learn how to utilize this team of resources for managing present and future stress; (4) learn how to strengthen existing and add additional resources through re-evaluation and re-scripting; and (5) learn how to access the solidified resource team in reprocessing past overwhelming traumatic memories. (IA)

SESSION 20 TUDOR 7**EMDR for Conduct Problems***Ricky Greenwald, Psy.D., Glenn Soberman, Ph.D., Diane Shelton, Psy.D., Birgit Fisher, MA*

Participants will be able to: (1) identify several significant contributing factors in the development and persistence of conduct problems; (2) describe several clinical applications of EMDR which are pertinent to the clinical issues presented by the conduct problem population; (3) discuss the findings of the study in which brief EMDR treatment was added to standard care for boys with conduct problems; and (4) discuss the findings of the study in which the MASTR protocol was used with middle and high school students-also the preliminary findings of the MASTR study with incarcerated juveniles; and (5) discuss the findings of the study in which "enhanced" EMDR was used with domestic violence offenders. (BIA)

8:30am – 10:00am

KEYNOTE PLENARY

Introduction by Francine Shapiro, Ph.D.

SESSION 1**CANADIAN****Trauma, Attachment, and the Body***Bessel A. van der Kolk, M.D.*

Participants will: (1) be able to describe current research findings about post-traumatic responses at different developmental levels, and in various domains, and explore in depth the treatment implications of these findings; (2) be able to identify how traumatized people process information; and (3) learn how sensorimotor processing can alleviate traumatic re-experiencing. (BIA)

10:30am – 5:00pm

FULL DAY WORKSHOPS**SESSION 2****UPPER CANADA****The Neurobiology of Attachment and the Origin of the Self: Implications for Theory and Clinical Practice***Allan Schore, Ph.D.*

The participant will: (1) learn how the attachment relationship acts to regulate the child's emotional state; (2) learn how these interactions influence the experience-dependent maturation of the infant's right hemisphere; and (3) learn the structure-function relationships of a regulatory system in the orbital prefrontal areas of the cortex. (BIA)

SESSION 3**CONFEDERATION 3****Introduction to the Diagnosis and Treatment of Dissociative Disorders: Learning the Ropes, Avoiding the Pitfalls (EMDR not the Focus)***Peter Barach, Ph.D.*

Participants will: (1) become acquainted with interview questions and diagnostic instruments that assess for the presence of a dissociative disorder; (2) learn current thinking concerning the etiology of dissociative disorder; (3) learn how to use therapeutic boundaries and pacing to structure a treatment plan for dissociative clients that helps maintain daily functionality; (4) understand the basic issues in the false memory/recovered memory controversy; and (5) understand some of the common traps and errors in the treatment of this population. (BIA)

10:30am – 12 Noon

90 MINUTE WORKSHOPS**SESSION 4****YORK****Brain Performance and Possible EMDR Intervention***Jennifer Lendl, Ph.D.*

Participants will: (1) be able to identify functions and problems of several brain areas; (2) be able to identify specific targets for suggested EMDR interventions; and (3) learn when to refer for possible brain scan. (IA)

SESSION 5**LIBRARY****Integrating the EMDR Approach into Your Clinical Practice***Roy Kiessling, MSW*

Participants will: (1) be able to understand and utilize the EMDR approach in treatment conceptualization, planning, and reprocessing; (2) learn to identify and integrate their years of clinical training and experience seamlessly into their EMDR treatment sessions; and (3) through a live interactive demonstration, practice advanced cognitive interweave strategies based on their clinical training and experience. (BIA)

SESSION 6**CONFEDERATION 5****Towards an Accelerated Differentiation of Self: EMDR and Bowen Theory***Nancy J. Knudsen, M.Ed., Jack LaForte, Ph.D.*

Participants will: (1) develop a working knowledge of the main concepts of Murray Bowen's theory of family systems – differentiation of self, multi-generational transmission process, triangles, and family emotional

field; (2) be able to identify the appropriate use of EMDR in family of origin based treatment; and (3) have the basis to apply key concepts and therapeutic interventions to their own clients. (BIA)

SESSION 7**TERRITORIES****Trust, Intimacy, and Sex: An Integrated Approach***Barry Litt, MFT*

Participants will be able to: (1) identify four dimensions of the relational context; (2) understand inhibited sexual desire using model; (3) formulate assessments and treatment plans using the four dimensional framework; (4) choose relations, systemic or psychological interventions, including EMDR, using the model presented; and (5) elicit salient EMDR targets for maximum therapeutic benefit. (IA)

SESSION 8**CONFEDERATION 6****Breast Cancer: PTSD Symptoms, EMDR and Quality of Life***Margarete Isermann, Dipl. Psych., Christa Diegelmann, Dipl. Psych.*

Participants will: (1) learn about current research on psychological aspects of breast cancer; (2) learn about relevant dimensions of quality of life in breast cancer patients; (3) learn about the efficacy of EMDR in the treatment of breast cancer patients; and (4) learn about adaptations of the standard protocol to criteria for using EMDR in the treatment of breast cancer patients. (BIA)

SESSION 9**CONFEDERATION 4****Use of EMDR to Resolve Neonatal Trauma***Maria J. Becker, M.D., FRCP(C)*

Participants will: (1) develop an understanding of the use of EMDR to resolve very early trauma; (2) be able to identify clinical pictures indicative of early trauma; and (3) be able to demonstrate the collaboration of the caregiver in administering the EMDR protocol to young patients. (I)

1:30pm – 5:00pm

HALF DAY WORKSHOPS**SESSION 10****LIBRARY****Panic Disorder and EMDR: A Primer for Getting Started with this Population***Carl Nickeson, Ph.D.*

Participants will: (1) be presented with the cognitive behavioral explanation of the dynamics of panic and agoraphobia; (2) learn how to teach clients the basic skills they need in order to master their emotional reactions; and (3) learn how to use EMDR in each stage of treatment, that is, to address old memories and past incidents, current triggers and to do future template work. (BI)

SESSION 11**CONFEDERATION 4****Sleep Disorders: From EMDR Obstacles to Keys to Comprehension***Robert Oxlade, M.D., Duncan Day, Ph.D.*

Participants will: (1) be able to recognize and inquire for sleep disorders, such as sleep apnea and restless legs in their trauma patients; (2) learn how to recognize important features of these conditions, and how they are easily confused with, and thereby overlooked, and commonly found in PTSD suffering patients; (3) learn how to apply this knowledge in their clinical practice to achieve referral for effective treatment for these co-morbid primary sleep problems, and also how to spare themselves and their clients fruitless effort through the use of potentially non-productive EMDR; (4) learn how disorders disrupting REM sleep shed light on theoretical mechanisms and physiology of PTSD, and EMDR, and how this knowledge can be employed in numerous clinically helpful ways; and (5) learn how they can use standard EMDR protocols more effectively with patients with pronounced breathing and speech-related patho-physiology, and thereby enhance the range of treatable patients benefiting from EMDR. (BIA)

(5) “compute” positive cognitions that are related to negative cognitions generated by various problems and disorders; and (6) identify negative cognitions that could be used to start targeting problem areas from listening to case examples. (BI)

3:30pm – 5:00pm
90 MINUTE WORKSHOPS

SESSION 33 TERRITORIES

EMDR and Ego State Therapy: Experiential Learning Through Video and Audience Participation

David Grand, MSW, RCSW

Participants will: (1) learn technical complexities, knowledge base and experiential learning in synthesizing EMDR and Ego State Therapy; (2) learn to assess why, how, and when there is value in introducing ego state work in a client’s EMDR process; (3) learn preparatory activation of ego state for resource installation purposes with pre-EMDR clients; and (4) learn calling out ego states as an interweave during desensitization phase, when clients are stuck or looping, and skillful use of engaging ego states helps both in identifying and untangling treatment-impeding conflicts. (BIA)

SESSION 34 YORK

The Relationship Between Efficacy and Methodology in EMDR PTSD Research Studies

Louise Maxfield, MA

Participants will be able to: (1) explain how the Gold Standards can be applied to evaluate the methodology used in EMDR treatment outcome research studies; (2) describe how differences in outcome are related to differences in methodology, and why better methodology predicts better outcome; and (3) explain how the aggregate evidence demonstrates EMDR’s efficacy in the treatment of PTSD. (BIA)

SESSION 35 LIBRARY

Understanding and Controlling Post EMDR Individual Session Negative Responses

Elizabeth Snyder, MSW

Participants will: (1) be able to identify the range of reactions post an individual EMDR session, as well as predict how long (hours, days) the reaction may last; (2) be able to identify the emergence of negative reactions in an individual session; (3) have a basic understanding of the mechanism of action underlying positive/negative reactions; and (4) be able to develop strategies for incomplete sessions for those clients who repeatedly have negative reactions and for whom traditional closings (safe place, R.I., relax) do not work. (IA)

8:30am – 10:00am
PLENARY

SESSION 36 CANADIAN

Accommodation, Assimilation and Growth: Integrating the Future, Now

Francine Shapiro, Ph.D.

Participants will: (1) understand the primary principles of personality development from an information processing perspective; (2) be able to examine the integration and interface of affect and cognition; and (3) be able to examine the parallels of personal and global development. (BIA)

10:30am – Noon
90 MINUTE WORKSHOPS

SESSION 37 MANITOBA

Using the Draw-A-Person Test to Introduce EMDR Protocols with Personality Disorders

Kate Cohen-Posey, MS

Participants will be able to: (1) identify character traits from person drawings using a two-page handout; (2) identify three basic clusters in which dysfunctional personality traits fall; (3) describe and demonstrate how to use drawing interpretations to reduce client resistance to owning

certain character traits through the use of a “therapeutic triangle”; (4) identify NC’s and PC’s for each DSM IV personality disorder and relate them to character traits expressed in drawings; and (5) demonstrate the setup of the EMDR protocol from character traits identified in drawings and related NC’s through role-play in triads. (IA)

SESSION 38 LIBRARY

Unique EMDR Applications for Building Your Private Practice: Escaping Managed Care

Sandra Foster, Ph.D.

Participants will: (1) learn about unique applications of EMDR already in use; (2) be able to identify their practice interests, existing skills and resources, and areas of growth necessary to implement a new practice specialty; and (3) learn systematic ways in which community-based speaking and teaching activities can generate referrals. (BIA)

SESSION 39 UPPER CANADA

Treatment of Bulimia and Binge Eating Disorder Using the Chemotion/EMDR Protocol

John Omaha, MA

Participants will: (1) learn that in Bulimia Nervosa (BN) and Binge Eating Disorder (BED), food, the abused substance, provides the means for reenactment of childhood emotional trauma and how food facilitates a re-experiencing of unresolved affects assembled with the trauma; (2) learn the Chemotion/EMDR protocol; (3) learn how to apply the Chemotion/EMDR protocol to identify what affects are being re-experienced and what traumas are being reenacted through the ingestive disorder; (4) learn how to apply the Chemotion/EMDR protocol to develop resources to tolerate the affects being vicariously reenacted through the ingestive disorder; (5) learn how to apply the Chemotion/EMDR protocol to desensitize and reprocess the traumas being reenacted through the ingestive disorder; (6) learn how to recognize the presence of a dissociative component in BN and BED; and (7) learn how to combine hypnosis and EMDR to treat the dissociative component in BN and BED. (BIA)

SESSION 40 QUEBEC

EMDR and Ego State Therapy: Treating the Spectrum of Personality Disorders

Uri Bergmann, LCSW, BCD

Participants will: (1) learn the applications of the Ego State concepts and techniques to all phases of the EMDR process in order to facilitate the treatment of clients with personality disorders; (2) learn how to developmentally assess, identify, map, and access ego states of personality disordered clients and how to promote their ego state participation in EMDR sessions; and (3) understand how treatment of personality disorder is usually longer-term EMDR, interweaving the activation of fear-based, aggressivized infantile ego states necessary to deepen and accelerate processing and desensitization. (IA)

SESSION 41 ALBERTA

Utilization of EMDR in the Treatment of Grief and Mourning

Roger Solomon, Ph.D.

Participants will: (1) understand and learn about the six processes of grief; (2) learn about the application of EMDR to grief; (3) learn about complications to grief recovery; and (4) learn how to utilize EMDR in resolving complications. (BI)

SESSION 42 TERRITORIES

Advanced Applications of Cognitive Interweave and Resource Development in EMDR

Deany Lalotus, MSW

Participants will be able to: (1) enhance their ability to facilitate the client’s processing with EMDR by broadening their repertoire of cognitive interweaves; (2) identify a variety of clinical situations where interweaves and resource development can be applied during the course of an EMDR session; (3) develop a greater understanding of the different kinds of cognitive interweave that can be used in those clinical situations; (4) apply cognitive interweave and resource development to facilitate closure of an EMDR session and towards the creation of future templates; and (5) develop a greater sense of how and when to intervene during a client’s processing. (BIA)

SUNDAY SCHEDULE

SESSION 21**UPPER CANADA****EMDR – Integrated Coaching for Effective Leadership and Innovative Strategic Visioning**

Sandra Foster, Ph.D., Jennifer Lendl, Ph.D., Sandra Paulsen Inobe, Ph.D.
 Participants will: (1) understand and be able to describe the theoretical foundation for applying a trauma methodology to issues of optimal performance; (2) observe and practice effective techniques for positive resource installation for peak performance; and (3) be able to identify specific targets and negative and positive cognitions for enhancing leadership and increasing productivity using EMDR – integrating coaching. (IA)

SESSION 22**LIBRARY****Exploring the Role of the Cerebellum in EMDR Processing**

Uri Bergmann, LCSW, BCD

Participants will: (1) gain an understanding as to the formation and consolidation of emotions and memory; (2) understand the pathways of trauma in the brain and their respective psychological symptoms; (3) become more knowledgeable about the neurobiological research which appears to support the hypotheses of the accelerated information processing system; and (4) gain an understanding of various possible mechanisms of EMDR's treatment effects, with an emphasis on cerebellar mechanisms, and their direct relation to information processing and frontal lobe activation. (BIA)

SESSION 23**CONFEDERATION 6****The Butterfly Hug Plus Drawings: Clinical and Self-Care Applications**

Judith Boel, M.Ed.

Participants will be able to: (1) identify several vicarious traumatization and negative countertransference issues which commonly arise when working as a therapist with trauma victims; (2) demonstrate the use of contralateral self-stimulation and drawings based on a standard EMDR protocol as applied to stressful work-related issues; and (3) describe how the use of contralateral self-stimulation and drawings based on a standard EMDR protocol may be modified with individuals or groups of adults or older children. (BIA)

SESSION 24**TERRITORIES****EMDR and Ego State Therapy: Theoretical Overview, Diagnostic Approach, and Client Preparation for EMDR**

Carol Forgash, CSW

Participants will learn: (1) the fundamentals of Ego State theory, and application of Ego State work; (2) case conceptualization from an integrated Ego State/EMDR model; (3) how utilization of the Ego State model can prevent EMDR treatment failures; and (4) a variety of Ego State therapy strategies for helping prepare all clients for the EMDR protocol. (BIA)

SESSION 25**YORK****EMDR for Life Enhancement**

Natalie S. Robinson, LICSW

Participants will: (1) learn to adapt known EMDR applications for Life Enhancement; (2) learn to identify appropriate clients for Life Enhancement EMDR; and (3) learn new techniques including mind mapping and TIR. (IA)

1:30pm – 5:00pm

HALF DAY WORKSHOPS

SESSION 26**TUDOR 8&9****Integrating Short Term Dynamic Psychotherapy and EMDR**

Leigh McCullough, Ph.D., Stuart Andrew, MA

Participants will be able to: (1) name the three main components of Malan's conceptual schema of the "Universal Principle of Psychodynamic Psychotherapy" in Short Term Dynamic Psychotherapy: The Two Triangles; (2) describe how EMDR interfaces well with short-term dynamic models of therapy; and (3) describe how exposure to conflicted feelings can be enhanced by EMDR and used to resolve 'small-t' traumas. (BIA)

SESSION 27**TUDOR 7****Using Multi-Sensory Learning in the EMDR Treatment Process**

M. Laurie Leitch, Ph.D.

Participants will be able to: (1) identify aspects of brain function that are relevant to multi-sensory processing in psychotherapy; (2) describe and use a simple method for assessing and using individual information processing styles as reflected in the lateral dominance pattern of brain, eye, ear, hand, and foot; (3) demonstrate how to design multi-sensory interventions which can be used at various stages of the EMDR treatment process; (4) apply the multi-sensory protocol to the EMDR treatment process using at least three presenting problems (body dysmorphia, depression, and sexual abuse); and (5) demonstrate a structured way to use creativity and EMDR to enhance healing. (IA)

SESSION 28**CONFEDERATION 6****Inner Child Therapy as Cognitive Framework for EMDR**

Ann E. Potter, Ph.D.

Participants will be able to: (1) identify the transtheoretical stages of change in therapy; (2) explain how Inner Child Therapy was developed within the Transtheoretical model of therapy; (3) describe three ways Inner Child Therapy can be a useful cognitive framework for EMDR therapy; and (4) apply concepts of Inner Child Therapy to EMDR therapy practice. (BIA)

SESSION 29**UPPER CANADA****Introduction to the Strategic Developmental Model for EMDR**

Maureen Kitchur, MSW

Participants will be able to: (1) employ a rapid strategic history-taking process with clients; (2) quickly formulate a developmentally-based hypothesis about a client; (3) quickly identify and prioritize EMDR targets; (4) employ strategic language that facilitates engagement and minimizes resistance; and (5) provide clients and funders with clearer time-frames for resolution of therapeutic issues. (BIA)

1:30pm – 3:00pm

90 MINUTE WORKSHOPS

SESSION 30**TERRITORIES****EMDR and Ego State Therapy: Practical Implications for the Desensitization and Reprocessing of EMDR**

Sandra Paulsen Inobe, Ph.D.

Participants will learn how to: (1) employ ego state therapy techniques and language to use with clients during the desensitization and reprocessing phases of treatment; (2) work with and strengthen a self-system's internal strengths and weaknesses during processing, installation, and integration; (3) name specific techniques to ensure safety and containment; and (4) identify ways to recover from mid-EMDR processing failures. (BIA)

SESSION 31**YORK****A Field Study of EMDR with Kosovar-Albanian Refugee Children Using a Group Treatment Protocol**

Sandra Wilson, Ph.D., Robert Tinker, Ph.D., Arne Hofmann, M.D.,

Lee A. Becker, Ph.D., Karin Kleiner, MA, MFT

Participants will be able to: (1) describe the modified group EMDR treatment protocol; (2) describe the research design; and (3) describe the results of this research. (BIA)

SESSION 32**CONFEDERATION 5****The Role of 'Second-Order' NCs in Anxiety Disorders and Relationship Problems**

Kate Cohen-Posey, MS

Participants will be able to: (1) list NCs that are frequently acquired as a result of experiencing panic attacks, and OCD; (2) describe how to use EMDR protocols to ensure that clients have integrated adaptive information about their disorder; (3) list negative cognitions that interfere with the ability to acquire communication, parenting, and anger management skills; (4) list negative cognitions that interfere with the process of individuation and enjoying satisfying relationships;

Continuing Education Information

SESSION 53 CONFEDERATION 4

Teaching EMDR in Graduate School Settings and Agency Sites
Curt Rouanzoin, Ph.D., Sandra Kaplan, MSW, Judy Lombana, Ph.D., Sandra Barker, Ph.D.

Participants will: (1) gain some ideas about how to structure a graduate school/agency/internship course on EMDR; (2) learn some of the pros and cons of teaching EMDR in these settings; and (3) learn some teaching tools that can be applied to the instruction of EMDR in these settings. (A)

SESSION 54 LIBRARY

All the Write Stuff: The Integration of Writing to Enhance and Expand the Use of EMDR

Susan Borkin, MA, MFT

Participants will learn to: (1) assist clients in focusing and clarifying targets and cognitions to differentiate between competency blocks vs. creative process blocks; (2) introduce and integrate "literary interweaves"; (3) instruct clients in the use of recording practices to enhance EMDR session follow-up; and (4) employ the use of writing for self-use of EMDR. (BIA)

SESSION 55 YORK

Fire in the Crucible

Faye Heller, ARNP

Participants will be able to: (1) identify when EMDR is appropriate in the treatment of sexuality issues; (2) answer "when medications are being used, is it appropriate to integrate EMDR?"; (3) define isomorphic multi-systemic cognitive interweave; and (4) state two examples of an isomorphic multi-systemic cognitive interweave. (IA)

SESSION 56 ALBERTA

An EMDR Two-Hand Interweave

Robin Shapiro, MSW

Participants will: (1) be able to employ two new methods of using a two-handed interweave with EMDR: (a) with eye movements or other therapist-applied bilateral stimulation, and (b) with client-directed bilateral stimulation; (2) be able to apply this two-handed interweave in a variety of treatment circumstances: (a) with clients who are experiencing ambivalence about a decision, (b) to contrast and sometimes integrate two ego states, (c) to differentiate between a projection on another, and the actual other person, (d) to differentiate between a negative cognition or introject and a true self, (e) to differentiate between a destructive cultural or familial belief or introject and a beneficial alternative, and (f) to tailor the two-hand technique to other circumstances; and (3) through practice, will be able to apply the two-handed interweave to another participant and have the experience of using it on themselves. (BIA)

American Psychological Association

EMDR International Association is approved by the American Psychological Association to offer continuing education for psychologists. EMDR International Association maintains responsibility for the program.

California Psychological Association

EMDR International Association is approved by the California Psychological Association Accrediting Agency (CPAAA), Provider #EYE002, to offer MCEP credits for psychologists. All sessions, 1 through 56, have each been approved for the number of hours indicated in your program by the MCEP Accrediting Agency. Course Approval #EYE002-04. EMDR International Association maintains responsibility for the program.

National Board for Certified Counselors

EMDR International Association is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors. We adhere to NBCC Continuing Education Guidelines.

California Board of Behavioral Sciences

For California, this Conference meets the qualifications for the number of hours of continuing education credit listed below for each session for MFCC's and/or LCSW's, as required by the California Board of Behavioral Sciences. Approval #PCE-233.

Texas State Board of Social Worker Examiners

EMDR International Association is approved by the Texas State Board of Social Worker Examiners to provide continuing education for Social Workers. Approval #CS2689.

Texas Nurses Association

This Conference has been approved by the Texas Nurses Association, which is accredited as an approver of continuing education in nursing by the American Nurses Credentialing Center's Commission on Accreditation. This approval meets Type I criteria for mandatory continuing education requirements toward relicensure as established by the Board of Nurse Examiners for the State of Texas. CNE# O-AO-10596-07-00.

CONTACT HOURS

SESSIONS	RN	ALL OTHERS
	1	1.8
2 & 3	5.4	4.5
4-9	1.8	1.5
10-14	3.6	3
15 & 16	1.8	1.5
17	1.8	1.5
18	5.4	4.5
19-25	1.8	1.5
26-29	3.6	3
30-35	1.8	1.5
36	1.8	1.5
37-43	1.8	1.5
44 & 45	3.6	3
46-49	1.2	1
50-56	1.8	1.5

Continuing education credit will be available for individual sessions and certificates will be given at the end of each session. Participants are responsible for signing the attendance forms at the beginning and closure of each session.

REMINDER:

Continuing education certificates will be available only at the Conference. It will not be possible to grant continuing education credits after the Conference.

SESSION 43**YORK****EMDR as an Approach to Systems Work***Jari Preston, M.Ed.*

Participants will: (1) review basic tenants of systems theory and its application to family or couple therapy; (2) know several important aspects of using EMDR with couples and families, such as safety issues, selection of EMDR targets, and decisions about who should be present during sessions; (3) learn ways to apply systems thinking to work with individuals; and (4) review using EMDR in light of a systemic approach to individual work. (BIA)

1:30pm – 5:00pm**HALF DAY WORKSHOPS****SESSION 44****UPPER CANADA****Treating Core Attachment Issues in Adults and Children***Debra Wesselmann, MS, LPC*

Participants will: (1) be able to describe the specific effects of poor quality attachments on emotional and social functioning in children and adults; (2) be able to describe how problem attachments are transmitted generationally; (3) learn to identify core negative cognitions related to specific types of attachment problems; (4) learn to utilize ego state work in order to strengthen the adult self and develop a self-soothing dialogue prior to the reprocessing of emotionally-laden material; (5) learn to utilize EMDR to help parents understand and change their distorted perceptions and ineffective responses with their children; and (6) learn how to coach parents in providing support and attunement in the child's reprocessing as a way of strengthening the attachment bond. (I)

SESSION 45**MANTOBA****EMDR in the Playroom: Creative Processing***Frankie Klaff, Ph.D., Philip Dutton*

Participants will: (1) understand the necessity of eliciting material from children in indirect, projective ways; (2) understand the meaning of "creative processing" in the EMDR context as a method of both accessing and treating children's problems where direct methods may fail to produce desired outcome; (3) learn specific skills which apply the EMDR method through the medium of fantasy, play, story, metaphor, sensory experience, and enactment; (4) learn how to apply the creative process to separate elements of the standard EMDR protocol, and to make adjustments appropriate to the age and developmental stage of the individual child; (5) observe direct use of EMDR creative processing techniques via case material and videotaped therapy sessions; and (6) recognize the importance of integrating family systemic issues into use of the techniques, as well as embedding the method into a total contextual treatment of the child. (BIA)

1:30pm - 2:30pm**ONE HOUR WORKSHOPS****SESSION 46****LIBRARY****Using a Person's Religious Beliefs to Enhance EMDR Outcomes***Peggy Avent, Ph.D.*

Participants will: (1) learn the importance of addressing religious or spiritual issues; (2) learn how EMDR can interface with religious and spiritual beliefs; (3) learn ways that non-clergy therapists can reduce faith-related resistance; (4) review strategy for dealing with common religious issues, fears, spiritual questions, and blocking beliefs; (5) learn to apply a variety of spiritual and/or Biblical cognitive interweaves; (6) learn how to use EMDR to strengthen positive religious experiences while unraveling destructive ones; and (7) learn how to lead patients in 'EMDR prayer' to enhance safe place and to strengthen outcomes. (BIA)

SESSION 47**YORK****EMDR Treatment of PTSD in a Biracial Client***JoAn Rittenhouse, Ph.D.*

Participants will be able to: (1) identify ways in which EMDR is uniquely helpful to biracial and minority clients; (2) describe ways in which racially mixed individuals are oppressed in the United States; (3) describe how problems stemming from prejudice and discrimination can be resolved using EMDR; and (4) apply EMDR to the difficulties some clients may have due to life experiences relating to ethnicity and will develop a richer understanding of some of the problems caused by racism. (BIA)

SESSION 48**CONFEDERATION 4****Can EMDR Bring About a Remission in Parkinsonism?***John Larson, M.D., Carol Rodriguez, J.D.*

Participants will: (1) understand the neurophysiology of Parkinsonism; (2) learn current theories about the cause of Parkinsonism; (3) understand a new hypothesis about psychological causation; (4) identify how EMDR might remove blocks in neuronal pathways; (5) learn how to measure changes in Parkinsonism severity; (6) experience from a case how EMDR can be used in treatment; and (7) see how Parkinsonism improved with the use of EMDR. (BIA)

SESSION 49**CONFEDERATION 6****Assessing Clinical Outcomes of Therapy***Sandra Barker, Ph.D.*

Participants will be able to: (1) identify at least 2 reasons to assess outcomes in therapy utilizing EMDR; (2) describe the use and interpretation of the Trauma Symptom Inventory in assessing clinical outcomes; (3) describe the use and interpretation of the Impact of Events Scale in assessing clinical outcomes; and (4) demonstrate the appropriate use of assessment results with clients, other healthcare providers, and outside agencies. (BI)

1:30pm – 3:00pm**90 MINUTE WORKSHOPS****SESSION 50****TERRITORIES****EMDR and Ego State Therapy: A Resource-Focused Protocol Using Client Art***Shirley Jean Schmidt, MA, LPC*

Participants will: (1) learn a resource-focused protocol which integrates EMDR, art therapy, and ego state therapy; (2) learn how to elicit clients' drawings of resource ego states and traumatized ego states; (3) learn ways to use these drawings for ego state strengthening; (4) learn how to use ego state drawings as focal points for eye movements; (5) learn sample dialogues to facilitate understanding and cooperation between ego states drawn; and (6) learn ways to use ego state drawings to titrate overwhelming affect. (BIA)

SESSION 51**QUEBEC****The Use of EMDR in the Treatment of Chronic Fatigue Syndrome***Bonnie Kushner, Ph.D.*

Participants will be able to: (1) understand Chronic Fatigue Syndrome (CFS); (2) understand the problems faced by people with CFS; and (3) apply a treatment approach using EMDR that may be helpful for people with CFS. (BIA)

3:30pm – 5:00pm**90 MINUTE WORKSHOPS****SESSION 52****TERRITORIES****Advanced EMDR Adaptations in the Treatment of Dissociative Disorders***Joanne H. Twombly, MSW, LICSW*

Participants will: (1) learn how to incorporate EMDR and EMDR adaptations within the stages of treatment of Dissociative Disorder (DD) clients; (2) learn how to facilitate present time, and height orientation for clients with DDs; (3) learn how to set up a protective format for processing traumatic material with DD clients; and (4) learn how to apply EMDR adaptations in ego state work. (IA)

Lee A. Becker, Ph.D., is a professor of psychology at Colorado University, Colorado Springs, where he teaches courses in methods and data analysis, general psychology, and an occasional course in psychological trauma. When not doing EMDR research he enjoys single track mountain biking and skiing.

Maria J. Becker, M.D., is a Child/Adolescent psychiatrist, in private practice and consultant to community agencies and local hospitals in the Niagara region. She has provided leadership in obtaining a government grant to work on primary prevention of children (birth to age 6 y.o.), created committees and organized workshops to foster and implement infant mental health. She lectures regularly to psychology students at Brock University. She is the founder of the Niagara EMDR network.

Sheila S. Bender, Ph.D., is a New Jersey licensed psychologist and holds a clinical faculty appointment in the Department of Psychiatry at the University of Medicine and Dentistry. Dr. Bender is an EMDR Institute Facilitator, and EMDRIA Approved Consultant, and one of the co-coordinators for the NJ EMDRIA Regional Meetings. She is principle investigator for two grants involving EMDR. She has extensive teaching experience in the areas of clinical hypnosis and family therapy. She is a member of the American Psychological Association for over 20 years. Her private practice is in Florham Park, NJ.

Uri Bergmann, Ph.D., is in full-time private practice in Commack and Bellmore, New York. He is an EMDR Institute Senior Facilitator and an EMDRIA Approved Consultant in EMDR. Dr. Bergmann is a lecturer and consultant on EMDR, the neurobiology of EMDR and the integration of EMDR with psychodynamic and ego-state treatment. He has authored and published articles on the neurobiology of EMDR. Dr. Bergmann has been awarded board certification in Clinical Social Work (American Board of Examiners in Clinical Social Work), Behavioral Medicine (International Academy of Behavioral Medicine, Counseling and Psychotherapy) and Pain Management (American Academy of Pain Management).

Debby Black-Tanski, is an undergraduate student in psychology at Colorado University, Colorado Springs, where she is working on EMDR research for her honors thesis. She has returned to school after 25 years in the 'real world' where for several years she was an on-air personality for rock and country music radio stations. When not at school she lives in the country with her husband, mom, and six cats.

Judith Boel, M.Ed., formerly a teacher and a school psychologist, is a trained EMDR clinician, EMDRIA Approved Consultant and EMDR Institute Facilitator. She resides on Salt Spring Island, B.C., where she has a private practice specializing in trauma recovery. Community development and violence prevention work are passions of hers, and she has traveled around the world. She currently serves as the Vice-Chair of the Gulf Islands School District Board of Trustees, and is on the Board of Directors of EMDR – Humanitarian Assistance Programs (HAP).

Susan Borkin, M.A., is a licensed marriage and family therapist in Los Altos, California. Specializing in creative unblocking and personal transformation through the use of writing, Ms. Borkin integrates traditional therapies with EMDR, hypnosis, and gestalt therapy. She has worked with individuals, couples and stepfamilies in private practice for over 17 years and has taught writing for personal and professional growth for over twenty years in a variety of community, junior college and university settings. Borkin is the author of *Writing From the Inside Out: Using a Journal for Personal Growth and Transformation* and a forthcoming book on writing to heal.

Kate Cohen-Posey, M.S., is a licensed Mental Health Counselor and Marriage and Family Therapist, and is Certified in EMDR. She has practiced in central Florida since 1973, presented at state and national conferences, appeared on the @Health Television Network and various radio shows, is on the expert panel for www.childrentoday.com, and has contributed to articles for several magazines. She is the author of *Brief Therapy Client Handouts* (John Wiley and Sons, Inc., 2000) which provides concise information to review the literature and lists of NCs and PCs for a variety of disorders. She endeavors to share her extensive training in numerous treatment orientations and clinical experience through presentations, writing, and emerging technologies.

James W. Cole, Ed.D., is an EMDR Level II trained psychologist in private practice in a rural setting. He has been trained in EMDR since 1996, and is currently using EMDR with many of his clients.

Duncan Day, Ph.D., has been with the Dept. Of Psychiatry at Queen's University for two years, coordinating the Program for Studies in the Effects of Trauma and Violence as a Clinical Researcher. He trained both as a researcher and clinician at Concordia University, and completed his clinical internship year at the Queen Elizabeth II Health Centre in Halifax. His research has studied the malleability of memory and effects of hypnosis, beliefs and attitudes on autobiographical narratives, under the supervision of Dr. Jean-Roch Laurence, and Dr. Campbell Perry. His clinical work has focused on neuropsychology, treating and assessing the elderly with memory disorders or difficulties coping with loss. He continues to pursue diverse research interests in the area of trauma and memory.

Christa Diegelmann, Dipl. Psych., is a licensed clinical psychologist in private practice in Kassel, Germany, specializing in the treatment of post-traumatic stress disorder, grief, critical life events, breast cancer - and tinnitus - patients. With Margarete Isermann, she is the founder and director of the ID Institute of Innovative Health Concepts. Main subjects of the Institute are advanced trainings for psychotherapists, conferences, workshops etc., research in the field of women's health and psychosomatics. She chairs the Department of Psychotherapy, Psychiatry and Psychosomatic of the German women's health organization (AKF).

Philip Dutton is a Consultant Clinical Psychologist specializing in Child and Maternal Health in Central Scotland, UK, where he has practiced for 21 years with the NHS. He also runs a private practice near Edinburgh. He began using EMDR extensively with children after the Dunblane massacre of 1996, and he is an EMDR Institute Facilitator and EMDRIA Approved Consultant in EMDR. His interests include trauma, bereavement, psychosomatic disorders of children, and health and maternity issues for mothers and children. He has done research on the condition, toddler diarrhoea, and he wrote a book on child management in 1996.

About the Guest Speakers

FRANCINE SHAPIRO, Ph.D., originator of EMDR, is a Senior Research Fellow at the Mental Research Institute, Palo Alto, California. She serves as Executive Director of the EMDR Institute in Pacific Grove, California, and the President of the EMDR Humanitarian Assistance Program, a non-profit organization that coordinates disaster response and pro bono trainings worldwide. She has written more than 40 articles and chapters and three books about EMDR: *Eye Movement Desensitization and Reprocessing: Basic Principles, Protocols and Procedures* (Guilford Press, NY, 1995), *EMDR: The Breakthrough Therapy for Overcoming Anxiety, Stress and Trauma* (Basic Books, NY, 1997), and the forthcoming *EMDR and the Paradigm Prism* (American Psychological Association Press). She was also awarded the 1993 Distinguished Scientific Achievement in Psychology Award presented by the California Psychological Association.

PETER BARACH, Ph.D., is Past President of the International Society for the Study of Dissociation (ISSD). He is Senior Clinical Instructor in Psychiatry, Case Western Reserve University School of Medicine, and is in the private practice of clinical psychology in Cleveland, Ohio. Since 1986, Dr. Barach has presented on dissociative disorders at conferences in North America and Europe. Dr. Barach chaired the committee that wrote ISSD's treatment guidelines for DID. With Robert F. Stamps, Dr. Barach has written *The Therapist's Internet Handbook*, to be published this winter by W.W. Norton & Company.

LEIGH McCULLOUGH, Ph.D., is an Associate Clinical Professor and Director of the Psychotherapy Research Program at Harvard Medical School (Boston, Massachusetts). She was the 1996 Voorhees Distinguished Professor at the Menninger Clinic and received the 1996 Michael Franz Basch Award from the Silvan Tomkins Institute for her contributions toward the exploration of affect in psychotherapy. She is on the editorial board of the journal, *Psychotherapy Research*, and conducts training seminars in Short-Term Psychotherapy worldwide. She is the author of a book entitled, *Changing Character: Short-Term Anxiety-Regulating Psychotherapy for Restructuring Defenses, Affects and Attachments*, published by Basic Books, 1997. Dr. McCullough has held positions as Director of Research at the Beth Israel Medical Center's Short-Term Psychotherapy Research Program in New York City, and Director of Assessment at the Center for Psychotherapy Research at the University of Pennsylvania. For the past seven years, she has been a Visiting Research Associate and Clinical Supervisor for the Norwegian Short-Term Psychotherapy Research Program at the University of Trondheim, where they conducted a clinical trial comparing her short-term dynamic treatment model to a cognitive therapy model. She is in private practice in Dedham, MA.

ALLAN SCHORE, Ph.D., is Assistant Clinical Professor of Psychiatry and Biobehavioral Sciences, University of California at Los Angeles Medical School, and is on the teaching faculties of the Institute of Contemporary Psychoanalysis and the Southern California Psychoanalytic Institutes. Dr. Schore is the author of *Affect Regulation and the Origin of the Self: The Neurobiology of Emotional Development*, as well as numerous articles and chapters in various disciplines. He is on the editorial board of *Neuro-Psychoanalysis*, Special Editor of the *Infant Mental Health Journal*, and has written the Foreword to the reissue of John Bowlby's volume on Attachment. Dr. Schore is now presenting to various national and international audiences – psychoanalysis, psychiatry, neuroscience, pediatrics, developmental psychology, applied psychophysiology, clinical psychology, clinical social work, infant development and mental health, and early childhood education.

BESSEL VAN DER KOLK, M.D., has been active as a clinician, researcher, and teacher in the area of Post Traumatic Stress and related phenomena since the early seventies. His work integrates developmental, biological, psychodynamic and interpersonal aspects of the impact of trauma and its treatment. His book, *Traumatic Stress: The Effects of Overwhelming Experience on Mind, Body and Society*, co-edited with Prof. Alexander McFarlane, is the premier integrative text on the subject, painting the far ranging impact of trauma on the entire person, and the range of therapeutic issues which need to be addressed for recovery. Dr. van der Kolk currently is Professor of Psychiatry at Boston University School of Medicine and Medical Director of the Trauma Center. He is past President of the International Society for Traumatic Stress Studies. He has taught at universities throughout the U.S., Canada, Australia, and Europe, as well as Israel, Japan, China, and South Africa.

About the Presenters

Stuart Andrews, LMHC, NCC, is a Co-Director of the Short-Term Psychotherapy Research Program at Harvard Medical School and the Director of the Center for Families in Transition, which provides parent education workshops to parents undergoing divorce. He is a co-author of a *Transforming Affect: A Treatment Workbook for Short-Term Dynamic Psychotherapy*, Guilford Publications, 2000. Formerly a professional musician, he has treated a wide variety of musicians and artists, both in his private practice and at the Berklee College of Music Counseling Center where he was a staff psychotherapist. Stuart Andrews received an MA in counseling psychology from the Antioch New England Graduate School, and is currently a doctoral candidate in clinical psychology at The Fielding Institute. He is in private practice in Brookline, MA, where he works with individuals, couples and families.

Peggy Avent, Ph.D., was trained in Marriage and Family Therapy and has been in private practice for 17 years. She currently identifies herself as a Christian therapist working in San Antonio, Texas. Since learning EMDR three years ago, she uses it with almost all of her patients and has achieved great success using EMDR to develop and enhance spiritual resources. Dr. Avent has five copyrights including a therapy game and book to improve relationships and build self-esteem.

Sandra Barker, Ph.D., is Associate Professor of Psychiatry, Internal Medicine & Anesthesiology at the Medical College of Virginia at Virginia Commonwealth University in Richmond, Virginia. She currently serves as Associate Director for five inpatient psychiatry programs. Her teaching, research, and clinical interests include trauma, substance abuse, and the human-companion animal interaction. She completed Level II EMDR training in January 1997, and has used EMDR to treat a wide range of client issues, including PTSD, Dissociative Disorders, Depression, Substance Abuse, and Chronic Pain. Dr. Barker is widely published in refereed journals and her presentations have included both national and international professional audiences.

Margarete Isermann, Dipl. Psych., is a licensed clinical psychologist. She worked for over ten years as a psychotherapist in a psychiatric hospital in Berlin (Germany). In her clinical work in private practice she now concentrates on patients with PTSD and on women with breast cancer. For nearly 20 years she has also been engaged in psychological teaching and research at different universities and currently as the project leader of an international breast cancer study. She has published about: self-awareness, attitude and behavior, decision theory, schizophrenia, quality of life and EMDR.

Sandra E. Kaplan, MSW, CSW, has a private practice in clinical social work and EMDR therapy. She is EMDRIA Certified in EMDR and an EMDRIA Approved Consultant in EMDR. She is an EMDR Institute Facilitator, an EMDRIA Regional Coordinator, an EMDRIA Approved Instructor in EMDR, Professor Emerita in Social Work and Mental Health, and Associate Clinical Professor and Director of the EMDR Training Program in the Department of Psychiatry at the SUNY Upstate Medical University in Syracuse, New York.

Roy Kiessling, LISW, has a private practice specializing in EMDR located in Cincinnati, Ohio. Roy received his Level I & II EMDR training in 1995. He became an EMDR Institute Facilitator in 1996. Since then he has participated in numerous EMDR Institute Level I & II trainings throughout the Eastern United States. Roy presented a workshop at the EMDRIA International Conference in 1998, "Implementing Past, Present and Future Templates" and a Poster Board presentation, "Mastering the Cognitive Interweave" in 1999. Roy became an EMDRIA Approved Consultant in 1999, and has provided individual and group face-to-face and telephone consultation to EMDR clinicians throughout the United States. Roy has also participated in two EMDR HAP trainings; Bangladesh (1998) and Poland (1999).

Maureen Kitchur, MSW, RSW, is in private practice in Calgary. She has more than 15 years of clinical experience as a psychotherapist, consultant and trainer. She is an EMDR Institute Facilitator, an EMDRIA-Approved Consultant, and a Certified Hypnotherapist. Maureen is the originator of a strategic, developmental model for EMDR, and trains and consults to practitioners in the fields of psychiatry, psychology, clinical social work and family therapy. Maureen's child abuse treatment research has been published internationally, she is an expert in the cognitive-behavioral treatment of sexual offenders and in strategic EMDR with forensic clients, and she has extensive experience with aboriginal clients.

Frances (Frankie) Klaff, Ph.D., Clinical Psychology, is a senior EMDR Facilitator and specialty trainer on treating children in a family context for the EMDR Institute and HAP and has presented at EMDR International Conferences. Dr. Klaff trained with Salvador Minuchin at the Philadelphia Child Guidance Center and teaches specialty workshops across the country and abroad. She has treated children and adolescents in both inpatient and outpatient settings and maintained a private practice for the past twenty years in Delaware and Maryland.

Karin J. Kleiner, MA, MFT, is a psychotherapist in private practice in Oakland, California, with 25 years clinical experience in a wide variety of settings. She has served as a Facilitator for the EMDR Institute since 1992, and has served on the Board for the EMDR Humanitarian Assistance Program since 1993. She has been involved in HAP projects in the USA and Europe: Oklahoma City Bombing HAP training and treatment program; Oakland/San Francisco HAP trainings and follow-up consultation; SAGE-HAP Project, San Francisco, CA; and Kosovo Albanian Refugees, Germany.

Nancy Knudsen, M.Ed., LMFT, is a licensed marriage and family therapist with a masters degree in counseling psychology from the Harvard Graduate School of Education. She is a clinical supervisor at River Valley Counseling Center where she has worked treating families and individuals on the Child and Adolescent Trauma Team for the past thirteen years and also has an active private practice in Northampton, MA. Over the past four years, Nancy has incorporated EMDR into her work in both settings and became an EMDR Institute Facilitator in December 1999. She offers consultation to others in blending EMDR with family systems treatment.

Bonnie Kushner, Ph.D., maintains a private practice in Toronto, Ontario, Canada. She is a Facilitator with the EMDR Institute and is an EMDRIA Approved Consultant. Dr. Kushner specializes in the treatment of abuse, trauma, depression, and eating disorders. She is currently researching the use of EMDR with sufferers of chronic fatigue syndrome and fibromyalgia. Dr. Kushner has written three published articles on the use of EMDR for the treatment of depression, the treatment of eating disorders, and the treatment of chronic fatigue syndrome and fibromyalgia. Dr. Kushner has lectured at the University of Toronto, McGill University, Concordia University, and Macdonald College, has presented a workshop for the Toronto Anorexia and Bulimia Society, and has been interviewed on numerous radio programs concerning her work as a therapist. Dr. Kushner has presented a workshop at the EMDRAC conference in Toronto in October 1999. This workshop pertained to the use of EMDR in the Treatment of Chronic Fatigue Syndrome.

Jack LaForte, Ph.D., is a licensed psychologist in private practice in Northampton, MA. He is also a licensed marriage and family therapist, the Past President of the Massachusetts Association for Marriage and Family Therapy, and AAMFT Approved Supervisor. Trained as a family therapist, he is attempting to clinically integrate EMDR with couples and family treatment. Dr. LaForte has practiced in the field of mental health for over 20 years serving as a consultant, therapist, teacher and supervisor. Dr. LaForte is the founder of the Family Living Consultants of the Pioneer Valley and LaForte and Titelman Associates, consultants to family owned businesses.

Deany Laliotis, LCSW, an EMDRIA Approved Consultant, is in private practice in Bethesda, Maryland, with over 17 years of clinical experience specializing in the treatment of acute and chronic PTSD, anxiety and dissociative disorders, and performance enhancement work. She has been a senior facilitator with EMDR Institute since 1993, and is an invited presenter at Level II trainings. Deany chairs several ongoing EMDR consultation groups in the DC/Baltimore area.

Mark Dworkin, CSW, LCSW, is a graduate of Columbia University School of Social Work. He is a graduate of The Manhattan Institute For Psychoanalysis. He served on the faculty of the Mount Sinai School of Medicine from 1983-90. Mr. Dworkin has been trained in many forms of psychotherapy including Gestalt, Ericksonian Hypnotherapy, and Rational Emotive therapy. He is an EMDR Institute Facilitator, an EMDRIA Approved Consultant, and one of the Long Island Regional EMDRIA Coordinators. He has also been the chair of EMDRIA's Health Care Committee for the last 4 years. He is currently in full time private practice in East Meadow, New York.

Birgit Fisher, MA, earned her MA from the University of Colorado, Colorado Springs, and is currently completing the final academic requirements for her Ph.D. in clinical psychology from Capella University, Minneapolis, MN. Currently, she is a researcher assigned to the Domestic Violence Program at ComCor, Inc. Her immediate career plans include completing her doctoral degree in clinical psychology, followed by subsequent postdoctoral studies in neuropsychology and forensic psychology. Her professional career includes positions as a mental health worker, positions in residential counseling, as well as various research positions.

Carol Forgash, CSW, BCD, is in private practice in Smithtown, NY. She provides consultation to clinicians in the following areas: EMDR and Ego State therapy with complex clients, trauma work, and performance enhancement. In her practice, Ms. Forgash provides treatment to equestrians and trainers to reduce performance anxiety and increase performance skills. She also treats affective and anxiety disorders, PTSD, chronic illness and stress problems, and also leads groups for incest survivors. Ms. Forgash has presented at international conferences. Her recent article on the health needs of sexual abuse survivors has been accepted for publication in the journal, Women and Health.

Sandra "Sam" Foster, Ph.D., is a performance enhancement psychologist based in San Francisco. She received her doctorate from Stanford University and served several years there as Associate Consulting Professor. Sam is an AAASP-Certified Sport Psychology Consultant listed with the US Olympic Committee Sport Psychology Registry. Sam was among the first 36 professionals trained in EMDR in March 1990. She founded the Peak Performance Special Interest Group in 1990, and is chair of EMDRIA's new Peak Performance SIG, served as the first California Network Coordinator, and managed EMDR's research database for its initial two years. Sam and Jennifer Lendl combined mental training skills with EMDR in their innovative work in peak performance, co-authoring a manual applying EMDR to workplace problems.

Ginger Gilson, MA, MFT, is an EMDR Facilitator with the EMDR Institute, and EMDRIA Approved Consultant, and has sponsored EMDR trainings in Santa Barbara and Palm Springs. Ginger is in private practice in Tarzana, California, specializing in the treatment of trauma and related disorders. She leads EMDR supervision groups, does EMDR consultations, and runs workshops. Her interests include EMDR humanitarian outreach—Oklahoma City, and the Northridge Earthquake.

David Grand, Ph.D., maintains a full-time psychotherapy, and performance enhancement practice in Bellmore and Manhattan, New York. He utilizes performance enhancement with athletes, actors, artists and corporate executives. Dr. Grand co-teaches scene acting at the New Actors Workshop. He is an EMDR Institute Facilitator and an EMDRIA Approved Consultant. During 1999, Dr. Grand presented an all day EMDR seminar at an International Trauma Conference in Israel and lectured in London and Amsterdam on "Advanced EMDR Technique and Performance Enhancement." He has presented at the 1995, 1996, 1997, and 1998 EMDRIA International Conferences and in 1998 led a week-long workshop on "EMDR and Performance and Creativity Enhancement" at the EMDR Retreat, Rehoboth Beach, Delaware. Dr. Grand has contributed a chapter to the book, Extending EMDR and is the developer of the BioLateral Sound Recordings. Dr. Grand has been featured on NBC Extra, radio as well as in the New York Times, the Washington Post and Newsday. He completed a Certificate in psychoanalysis in 1984 from SPSR. Dr. Grand is the past chairman of the EMDR-HAP, has coordinated pro bono training's in Northern Ireland, and co-coordinated the HAP Inner Cities Training's in Long Island and Brooklyn, New York.

Ricky Greenwald, Psy.D., has worked with children and adolescents for 15 years and recently served as Senior Psychologist for the Mokihanna Project, Kauai, HI, Department of Education. Dr. Greenwald is a pioneer in developing EMDR applications for children and adolescents, and provides training and consultation internationally. *Using EMDR with Children* has been distributed by the EMDR Institute since 1993; *EMDR in Child and Adolescent Psychotherapy* was published in 1999; and *Trauma and Juvenile Delinquency* is scheduled for release in 2000. He is active in research on the role of trauma in disruptive behavior disorders, including EMDR treatment outcome studies.

Faye Heller, ARNP, an Advanced Registered Nurse Practitioner and Board Certified Clinical Nurse Specialist, most frequently works with adults, seniors, and adolescents. Her duties include the treatment of sexuality issues, pharmacological interventions, psychotherapy, education, consultation and supervision of individuals seeking certification in the fields of mental health nursing, sex/marital therapy, and EMDR. Her clinical expertise is in the treatment of sexuality issues across the life span and how these issues interface with mental health issues, pharmacological interventions, chemical dependency issues, physical health issues, quality of life, and continuity of care. She employs an eclectic, multi-dimensional treatment approach, known as a Model of Integrity. This model allows integration of many theories for formulating a comprehensive treatment plan to promote the holistic health of her clients. Her use of hypnosis and EMDR enhance the integration of her multidimensional approach to health issues. At Southern Illinois University, Ms. Heller graduated with a Bachelor of Science degree in nursing. Her master's degree in psychiatric nursing and education was attained at the University of Texas. She has specialty certifications from AASECT (therapist/supervisor), EMDRIA (therapist/consultant), and ASCH (clinical hypnosis). Postgraduate continuing education courses in nursing, pharmacology, sexuality, mental/physical health issues, EMDR, hypnosis are ongoing.

Sandra Paulsen Inobe, Ph.D., practices clinical and consulting psychology in Lafayette and downtown San Francisco, California. She has practiced EMDR since 1991, and uses it for clinical purposes as well as for executive performance enhancement. She published the first protocol for conducting ego state therapy and EMDR in 1995, in the journal, *Dissociation*. She established the Hawaii and Minnesota EMDR study groups in 1992 and 1994, respectively, and served on the Board of Directors of EMDRIA. Dr. Paulsen received her Ph.D. in 1986, from the University of Hawaii, Manoa, following completion of her undergraduate studies at U.C. Berkeley in 1981.

Ann E. Potter, Ph.D., is a licensed psychologist and a registered nurse currently in private practice at Therapy Resource Associates in Omaha, Nebraska. Dr. Potter earned a bachelor's degree in Nursing from Creighton University, a master's degree in Counseling from the University of Nebraska at Omaha, and a doctoral degree in Counseling Psychology from the University of Nebraska at Lincoln. She has had twenty-five years of experience in the mental health field as a nurse, educator, public speaker, trainer, consultant and supervisor, therapist, and psychologist. Dr. Potter has expertise in working with childhood trauma resolution, EMDR, DBT, and body image in eating disorders. She has developed the *Children's Roles Inventory* and published articles in professional journals about roles children play in alcoholic families. She is the author of a therapist manual, client workbook, and visualization tape entitled *Inside Out: Rebuilding Self and Personality through Inner Child Therapy*.

Jari Preston, M.Ed., has been in private practice in the greater Seattle area for 20 years. She is an EMDR Institute Facilitator, practicing EMDR for seven years. She sees couples, families and individuals; working with the systemic issues of conflict resolution, family and individual development, parenting issues, sexual problems, as well as, secret keeping, safety and protection. Her individual work has provided ample opportunity to address depression, anxiety, trauma, addictions and childhood abuse and neglect. Much of her family therapy experience has been through agency work with families of addicted adolescents and with families seeking state foster care placement for their adolescents.

JoAn Rittenhouse, Ph.D., is an eclectic feminist psychologist practicing in Las Cruces, New Mexico, since 1985. She specializes in the treatment of Posttraumatic Stress Disorder and other traumas. Using EMDR since 1994, she has worked treating adults, adolescents and children with all sorts of family backgrounds, ethnic and cultural identities who are recovering from experiences such as rape, automobile accidents, verbal and emotional abuse, physical abuse, substance use disorders, child sexual abuse and war. She also works in the area of the forensic assessment of emotional damages due to various life traumas.

Natalie S. Robinson, LICSW, is an EMDRIA Approved Consultant in EMDR who specializes in performance and life enhancement. She has been enthusiastically using EMDR in her private practice since 1996, and more recently in her specialty performance EMDR practice. She has studied Performance Enhancement with Jennifer Lendl and Resource Development and Installation with Deborah Korn and Andrew Leeds. She is experienced in family systems and is the former President of the Society for Family Therapy and Research. Natalie has given numerous presentations for student and professional groups on EMDR.

Carol Rodriguez, JD, is a graduate of Tufts University and New York University Law School, and was admitted to practice in Connecticut in 1982. She has been the Director of the Larson Institute of Stress Medicine since 1996, responsible for planning and organizing the Larson Driver Attitude Change Seminars. These seminars, sponsored by the AAA Foundation for Traffic Safety, teach teenage and adult drivers how to change from aggressive driving to safer, more enjoyable driving. Carol is a co-author of "Road Rage to Road Wise" with John Larson, MD. She has also assisted in developing the materials and exercises and in leading the four-hour Larson Heart Attack Prevention Seminar Program.

Curtis C. Rouanzoin, Ph.D., is a clinical psychologist and MFT in private practice in Fullerton, California. He chairs the Department of Psychology and is Director of the Marriage, Family and Child Counseling Graduate Program at Pacific Christian College. Curt is an AAMFT Approved Supervisor, a senior EMDR Facilitator (since 1992), Past President of the EMDR International Association (EMDRIA), and is chair of the Training and Standards Committee for EMDRIA. He is also an EMDRIA Approved Consultant. Curt taught the first graduate course in EMDR in a professional program setting in 1995. The course continues to be offered on an ongoing basis. He offers a specialty presentation on the use of EMDR with Dissociative Disorders at Level II EMDR trainings, and provides supervision and consultation on the use of EMDR to professionals, masters, and doctoral level students in the mental health professions.

Shirley Jean Schmidt, MA, LPC, is a psychotherapist and consultant in private practice in San Antonio, Texas. She specializes in treatment of adults with trauma, depression, anxiety, fibromyalgia, and chronic pain. She's a Certified EMDR therapist, EMDRIA Approved Consultant, and frequent contributor to the EMDRIA Newsletter. She developed a resource-focused EMDR protocol, which integrates ego state therapy, art therapy, and EMS. She's the founder of the San Antonio EMDR Study Group and a member of the South Texas EMDR Critical Incident Response Team. She's the President of the San Antonio Trauma and Dissociation Professional Study Group for the 1999/2000 term.

Robin Shapiro, MSW, CSW, EMDRIA Approved Instructor and Consultant, teaches EMDR LI and LII weekly classes, leads EMDR consultation groups and has presented workshops at two northwest and one international EMDR conference. She is skilled at synthesizing diverse therapy modalities and explaining them, simply, to other therapists. In private practice for 19 years, Robin is continually grateful for EMDR's influence on the metamorphosis of clients, therapy, and therapists.

John Larson, M.D., went to medical school at Northwestern University and had his residency in psychiatry at the Menninger Clinic. His special interest has been how psychological mood states cause organic illness. Affiliated with the Friedman Institute, he has treated patients with coronary artery disease since 1972, and has published several papers on heart attack prevention. He has been the founder and director of the Institute of Stress Medicine at Norwalk Hospital from 1989-1994, affiliated with Yale Medical School from 1982-1996, and presently the founder of the Larson Institute of Stress Medicine in Norwalk, Connecticut. He is the author of two books: Steering Clear of Highway Madness, and Road Rage to Road Wise (Carol Rodriguez, co-author). He was trained at Level II EMDR in 1996, and has been actively using EMDR in his private practice for the past four years.

M. Laurie Leitch, Ph.D., is in private practice in Washington, DC, where she specializes in the treatment of sexual abuse and relationship problems. She has extensive experience providing training and supervision in family therapy. She combines her psychotherapy practice with program evaluation, focusing on the evaluation of service delivery programs that serve "at risk" populations. Most recently, she has designed and pilot tested a composite questionnaire for use in evaluating EMDR treatment outcomes. For the past three years she has been incorporating neurotherapy into her practice and is interested in exploring the interface between EMDR and neurotherapy in the treatment of PTSD, depression, and anxiety.

Jennifer Lendl, Ph.D., is the trauma and performance psychologist on staff at the Amen Clinic for Behavioral Medicine, Fairfield, CA. A former captain of Stanford's Women's Swim Team, she is presently the Sport Psychologist for women involved in Sport Evolution, Ventura, CA. An EMDR Approved Consultant, she was trained in 1990, and has been a Senior Facilitator since 1991. She taught Level I as a Senior Trainer in 1992-93, and has been a guest presenter at the EMDR International Conferences and Level II training's. In private practice in San Jose, California, for 18 years, Dr. Lendl has co-authored articles and the Practitioner's Manual: EMDR Performance in the Workplace.

Barry Litt, MFT, received his master's degree in family therapy from Hahnemann University in Philadelphia, where he studied Contextual Therapy with its founder, Ivan Boszormenyi-Nagy. Barry has been on the faculty of two graduate schools in addition to presenting workshops to clinicians nationally. He is an Approved Supervisor for the American Association of Marriage and Family Therapists. Also, Barry investigates misconduct complaints for New Hampshire's Professional Conduct Committee. Barry is in private practice as a partner with Human Dynamics Associates of Concord, NH. Barry is a Level II EMDR practitioner and has presented at the '98 and '99 EMDRIA conferences.

Judy Lombana, Ph.D., is Professor and Program Director of the Counselor Education program at the University of North Florida in Jacksonville, Florida. In addition to teaching and administrative responsibilities, Dr. Lombana maintains a private practice, in which she focuses on trauma, loss, and depression. Dr. Lombana completed Level II training in 1994, and has used EMDR to treat a variety of issues, including PTSD, anxiety, depression, sexual difficulties, and phobias. Dr. Lombana has 25 years' experience teaching at the graduate level, including course work in imagery, cognitive therapy, and EMDR.

Louise Maxfield, MA, is a Registered Clinical Counselor (B.C.) and a Certified Trauma Specialist. Presently she is a doctoral student in clinical psychology at Lakehead University, ON. Louise has had a private counseling practice since 1992. Previous to that she was Executive Director and counselor for the Sexual Assault Center in Vernon, B.C., and was contracted for three years by the provincial government to train counselors to work with abuse victims. Louise has been involved in 2 EMDR research studies and has in-press review articles on PTSD treatment research with EMDR.

Carl Nickeson, Ph.D., is a Clinical Psychologist in private practice in Orlando, Florida. He specializes in the treatment of anxiety disorders and is a member of the Anxiety Disorders Association of America. He is an EMDRIA Approved Consultant and has been a Facilitator for the EMDR Institute since 1995.

Nicole R. Nugent is a graduate student in psychology at Colorado University, Colorado Springs, where she is working on EMDR research for her thesis. She is currently working as an intern at the University Counseling Center and as a behavior therapist for autistic children. In her "spare" time she likes to travel, (she did part of her undergraduate work in Austria), and hike.

John Omaha, MA, is a chemical dependency counselor, research investigator, and public speaker. He has lectured widely on Chemotion, his psychodynamic/trauma reenactment model for understanding the range of ingestive disorders, and on EMDR as a treatment modality. Mr. Omaha is presently completing a doctorate in counseling and transpersonal psychology. His dissertation is entitled "The Psychodynamic Basis of Chemical Dependency." He received Level I and II EMDR training in 1997. After several years as coordinating counselor of an intensive outpatient treatment center, Mr. Omaha opened a private chemical dependency counseling practice in Chico, California.

Robert Oxlade, M.D., is a practicing clinical psychiatrist/therapist in private practice who has pioneered the use of EMDR in Eastern Ontario since 1994. He has given numerous presentations in Canada to university and professional groups on EMDR and trauma topics. His current work focuses on exploring the significance of multiple pathologies, particularly respiratory and sleep pathologies, in chronic PTSD sufferers, both civilian and military. He is also an enthusiast and expert on the creative use of reading literature and writing as therapies in trauma treatment, and is a member of the Canadian Association for Bibliotherapy and Applied Literature. He is an Assistant Professor in the Dept. Of Psychiatry, Queen's University Kingston.

Diane R. Shelton, Psy.D., is a licensed psychologist and full time staff clinician at ComCor Inc., providing general mental health and crisis response services, and is the Director of ComCor's Domestic Violence Program. She earned her doctorate from the California School of Professional Psychology in Los Angeles. Her specialized training includes: Certified Domestic Violence Treatment Provider, Level II EMDR and therapy techniques drawn from the field of Applied Kinesiology ("energy psychology"). Her clinical experience includes individual, child and group therapy, clinical supervision, internship development and she currently provides clinical assessments with female sex offenders for the local Sex Offender Treatment Board.

Irene Siegel, CSW, is co-director of The Center for Health, Healing and Attunement in Huntington, New York, and is a psychotherapist in private practice. She received her masters degree in Social Work from Columbia University in 1977, and completed advanced clinical training through the Long Island Institute for Mental Health. Ms. Siegel worked for the New York State Mental Health system for 15 years as a clinician and clinical supervisor. She has studied ancient healing arts throughout North and South America. Ms. Siegel was the co-founder of the Long Island Group for Holistic Therapies (L.I.G.H.T.) She lectures, leads workshops and meditation groups, and is the author of Eyes of the Jaguar.

Elizabeth Snyder, MSW, is a Licensed Clinical Social Worker, EMDR Facilitator, and HAP Trainer. She has a private practice and specializes in the treatment of complex PTSD, personality disorders and military personnel. She was a contributing author to P. Manfield's book, Extending EMDR: A Casebook of Innovative Applications.

Glenn B. Soberman, Ph.D., received his Ph.D. in clinical psychology from Walden University in 1998. Dr. Soberman has over 15 years clinical experience in working with various populations including children, families, youth at risk, and the mentally disabled. Dr. Soberman is also an ordained interfaith minister receiving the degree of ministry of spiritual counseling from the New Seminary in 1986. Dr. Soberman is currently working full time as a psychologist at Goshen Residential Center with adolescent sex offenders and is an adjunct faculty member at Marist College. In addition to his utilizing EMDR with traumatized youth, he also integrates a spiritual/solution-focused perspective in his work.

Roger M. Solomon, Ph.D., is a psychologist with expertise in critical incident trauma, PTSD, and grief. He is the Director of Critical Incident Recovery Resources in Williamsville, NY, which provides trauma recovery services, training programs, and critical incident peer support workshops. He is on the Senior Faculty of the EMDR Institute and teaches Level I and Level II workshops, and advanced workshops, internationally. He is also on the faculty of International Critical Incident Stress Foundation and the Trauma Center in Boston, MA, and teaches workshops on critical incident stress management (CISM) to emergency service personnel. Community caregivers, and mental health professionals. Dr. Solomon is a consultant with the critical incident programs of numerous agencies including the Federal Bureau of Investigation; the Department of Justice; Via Rail Canada and Medcan. He was formally the Department Psychologist with the Washington State Patrol. He has published numerous articles and book chapters on trauma, grief, and EMDR.

Robert H. Tinker, Ph.D., a licensed psychologist in private practice for the past 27 years, specializes in EMDR Treatment for adults and children. He is senior author of "Through the Eyes of a Child, EMDR with Children". (W. W. Norton,). Dr. Tinker is co-author of several published EMDR research articles, (JCCP '95/'97) Dr. Tinker is a specialty trainer in EMDR for children, and has trained therapists around the world.

Joanne Twombly, LICSW, is a clinical social worker in private practice in Waltham, Massachusetts. She is an EMDRIA Approved Consultant with over 10 years experience working with people with complex dissociative disorders, providing consultations, and trainings. She is a past board member of the New England Society for the Study of Dissociation, and is currently on the Nominating Committee.

Debra Wesselmann, MS, LPC, is a trained EMDR Institute Facilitator and an EMDRIA Approved Consultant in the use of the EMDR approach, and is certified with the American Society of Clinical Hypnosis. She is in private practice in Omaha, Nebraska, where she has specialized in treating trauma resolution and attachment problems in adults, children, and families for the past ten years. Wesselmann has taught in the University of Nebraska at Omaha's graduate counseling program and has conducted numerous workshops around the country. Wesselmann is the author of *The Whole Parent: How to Become a Terrific Parent Even If You Didn't Have One*.

Sandra A. Wilson, Ph.D., is Executive Director and Founder of The Spencer Curtis Foundation in Colorado Springs, which conducts scientific research treatment outcome studies of EMDR with special populations, and humanitarian projects. Dr. Wilson's research has been published in the prestigious, The Journal of Consulting and Clinical Psychology. Drs. Tinker and Wilson are currently conducting research with children, CSPD police officers, phantom limb pain, and phantom breast pain. Dr. Wilson was Oklahoma City Bombing EMDR Relief Project Director. She is currently developing programs for wilderness retreats/therapy in the Rocky Mountains. Dr. Wilson is co-author of "Through the Eyes of a Child, EMDR with Children".

William M. Zangwill, Ph.D., received his Ph.D. in clinical psychology from the University of Oregon. He worked at the Human Sexuality Clinic at Long Island Jewish Hospital for nine years; and, for the past several years, he has been an EMDR trainer and the EMDR New York network coordinator. He is also an adjunct clinical supervisor of psychology at Yeshiva University, and an associate with Dr. Jeffrey Young at the Cognitive Therapy Center of New York. He practices in Manhattan and Great Neck where he specializes in the treatment of PTSD and of sexual, marital and family problems.