

this statement is greatly exaggerated, yet the successful treatment of tuberculosis requires the foregoing of most of the usual pleasures and activities of home and business life, and the following of a program entirely apart from that followed by people generally. To be able to lead such a life requires on the part of the patient the will to get well. He must want health and life, and must want it so much that he is willing to follow his program no matter how restricted it may seem, and follow it long enough for healing to become established.

The will to get well will make it easy to follow a rest cure while others are going about their usual activities; it will furnish the note which is so often necessary when friends are urging the patient to overstep the rules; or when his own desires seem to be getting the upper hand. The will to get well makes a positive force for prosecuting the cure instead of a passive compliance or an opposition.

The program for cure which has been established in the sanatoria embodies the experience of those who have been most successful in treating tuberculosis, but, requires the will to get well on the part of the patient in order to make it effective.

The will to get well carries with it a sufficient reward in increased chances of cure. In early tuberculosis a physician who understands the disease, and a patient with the will to get well need face failure in only few instances and in the more advanced cases success will crown their efforts sufficiently often to make the disease one which has lost much of its hopelessness. On the other hand, without the will to get well the guidance of the ablest physician may be unavailing, and simple cases of tuberculosis may readily pass on to be incurable.

—The Stethoscope.

Flappers war cry—Two arms, two arms. Fall In!

## From The Department Of Public Health

State of Oklahoma

Dr. O. O. Hammonds, Commissioner.

### I AM THE ENEMY OF MANKIND

I have destroyed more lives than all the wars of the world.

I destroy more than 600,000 lives in the United States alone, every year.

I steal in the United States each year more than a billion dollars.

I am more powerful than the combined armies and navies of the world.

I have burdened mankind since the birth of history.

I spread disease and desolation; innocent children are my special victims.

I bring pain and sickness and death; few escape me.

I destroy and wreck homes; I give nothing I take all.

I am relentless; the rich and the poor alike I seek weak and strong, young and old, are my prey.

I cause commerce to stand still; I depopulate cities and destroy nations.

### I AM PREVENTABLE DISEASE

I am the conquerer of preventable disease.

I am stronger than all the nations of the world.

I prevent disease, sickness and suffering.

I bring cleanliness, good cheer and wholesome living.

I make mankind happier; I bring prosperity, towns spring up and grow under my protection.

I watch over the children in school; the soldiers in the camp and trenches. The sailors on the sea, and the folks at home.

### I AM SANITATION

plus

IMMUNIZATION AND EDUCATION